

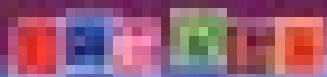
小身材 大味道



陈海叶 编著

自助  
情感表达英语  
Feeling Expression English

东华大学出版社



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情感表达英语

Feeling Expression English


《情感表达英语》

心家材大世道

## 自助情感表达英语

陈海叶 编著



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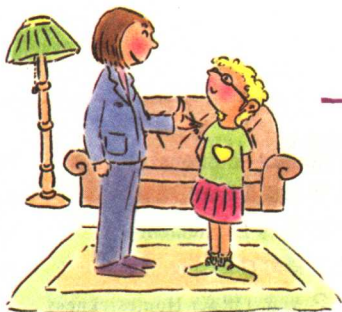
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## *Expressing Positive Emotions*

### 正面情感的表达

#### Unit 1 – 18



## Unit 1 Anticipation 期待



**Anticipation Defined**  
**Anticipation** is a feeling of excitement about something pleasant or exciting that you know is going to happen.

1. I'm longing to see my friend Zhou Jie again.  
我渴望再见到我的朋友周杰。
2. I wish it were the weekend tomorrow.  
我希望明天就是周末。
3. It'll be interesting to attend the concert.  
去听音乐会一定很有趣。
4. We haven't seen each other for ages!  
我们已经多年没见面了!
5. I can't wait to visit you next week.  
我期待下周去拜访你。
6. Won't it be nice to get together with our former high school classmates?  
和中学的同班同学相聚多好啊!
7. We're looking forward to coming back to the village again.  
我们盼望再回到那个村庄。
8. I'm really looking forward to our family vacation this summer!  
我热切期盼今年夏天我们的家庭假期。

Dialogue

A : Hello! This is Chen Jun. May I speak to Chen Lin, please?

你好！我是陈君，请陈林听电话好吗？

B : Yes, speaking. Wow! Is it really you, Chen Jun? I haven't

heard from you for a long time. Where've you been?

我就是。哇！真是你吗，陈君？很久没你的消息了。  
你到哪里去了？

A : I've living in Dalian with my grandparents. I'm calling to

let you know that our former college classmates will  
gather this weekend at the Jinjiang Hotel.

我和爷爷奶奶住在大连。我打电话是要告诉你咱们  
大学老同学这个周末在金江酒店聚会。

B : Really? Then we can have

good chat! I'm looking

forward to seeing every-

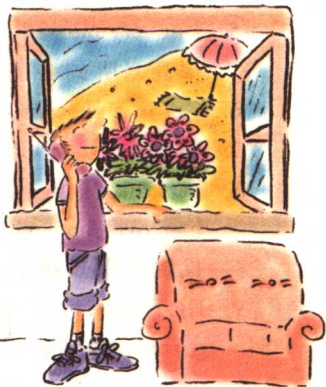
one after so many years!

真的？那我们可以好好

聊聊天了！时隔这么

多年我真盼着见见

大家呢！




A Proverb

While there is a life, there is hope.

留得青山在，哪怕没柴烧。

## Unit 2 Happiness 快乐

### Happiness Defined

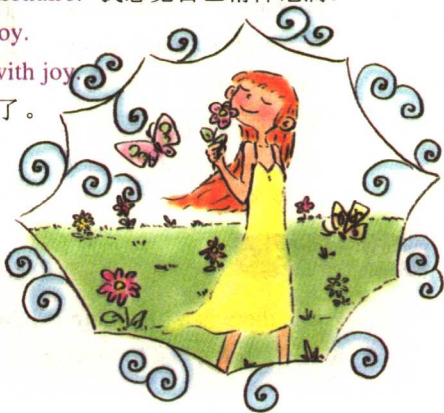
 Someone who is **happy** has feelings of pleasure, usually because something nice has happened or because they feel satisfied with their life.

1. **How wonderful! /Fantastic!** 好极了!
2. **Guess what! I just won a free toy at the supermarket.**  
你猜怎样? 我刚在超市得了个免费玩具!
3. **That's great news!** 这消息太好了!
4. **I'm thrilled.** 我高兴极了。
5. **I'm very pleased to hear the good news.**  
很高兴听到这个好消息。
6. **I'm in a cheerful/great mood.** 我现在心情很愉快。
7. **I feel like a millionaire.** 我感觉自己精神饱满。
8. **I am filled with joy.**

I am overcome with joy.  
我现在高兴极了。

9. **His love has put me on top of the world.**

他给我的爱使我幸福无比。



10. I'm pleased to say that my father's quite better now.

很高兴地告诉你我父亲现在好多了。

### Dialogue 1

A: Juan, you look like you're on cloud nine.

胡安，你看起来兴高采烈的。

B: I am. I've been admitted into the best university in China!

是啊！我被中国最好的大学录取了！

A: Congratulations! I'm really thrilled for you.

祝贺你！真为你感到高兴。

### Dialogue 2

A: Did you go to the theatre last night?

昨天晚上去看戏了吗？

B: Yes, I did.

是的，去了。

A: What did you think of the play?

你觉得那出戏怎么样？

B: It was excellent! The actors performed excellently and the plot was really interesting!

太棒了！演员表演得很精彩，故事情节也很有趣！



### Dialogue 3

A: Guess who's turned up to see us today.

你猜猜今天谁要来看我们。

B: Turned up to see us? Oh, let me see — it'll be er...it'll be...No, I'm no good at guessing. You'll have to tell me. Who has turned up?

来看我们？哦，我想想——是……哦，是……不。我不会猜，还是你告诉我吧。谁来了？

A: Jim and Tim!

吉姆和提姆！

B: Jim and Tim? But I thought they were both abroad!

吉姆和提姆？我还以为他们在国外。

A: They've flown over for a short holiday.

他们飞回来度个短假。

B: Well, isn't that marvelous! How are they? Where are they? We must have a party! We must celebrate!

啊，太好了！他们好吗？他们在哪里？我们得举行一个晚会！一定要庆贺庆贺！

A: That's what they said themselves. They've gone out to



buy something special to eat.

他们也这么说的。他们出门买特殊食品去了！

**B: And I must go out and get something special to drink.**

After all, they don't turn up every day, do they?

我也要出门买点特别的饮料。毕竟他们不是天天来，对吗？

#### Dialogue 4

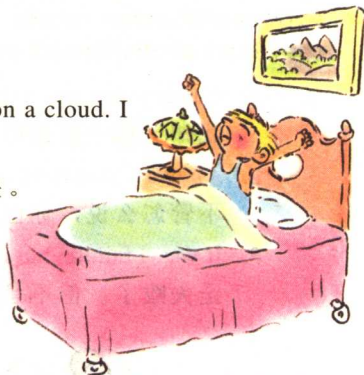
**A: I feel like I'm floating on a cloud. I**  
slept for ten hours.

我觉得非常轻松愉快。

我睡了十个钟头。

**B: Terrific!**

太好了！



#### Tips

表示极度高兴、狂喜时常用的英语习语有：

on top of the world; on cloud nine; feel like a millionaire (or feel like a million dollars /bucks); be tickled pink; be in seventh heaven; float on a cloud, etc.


#### A Proverb

Never do things by halves.

凡事不要半途而废。

## Unit 3 Understanding 理解

### Understanding Defined

 If you are *understanding* towards someone, you are kind and forgiving. If you show understanding, you sympathize with other people's feelings and forgive them if they hurt or disappoint you.

1. **I understand that you were trying to do it well.**  
我知道你一直很尽力做好这件事。
2. **Anyway, you have tried your best!**  
不管怎么说，你已经尽了最大努力。
3. **It was a failure, but it wasn't your fault!**  
是失败了，但不是你的错。



4. Don't feel bad for being late. The traffic today is worse than it usually is because of the rain.  
别为迟到而难过，今天的交通状况由于下雨比平时更严重了。
5. You're not the one to blame.  
该受责备的不是你。
6. Anyone may do that under those circumstances.  
在那种情况下谁都可能那样做的。
7. Never mind. I know you didn't intend to hurt me.  
别在意。我知道你不是有意伤害我的。
8. Don't worry about forgetting our appointment. It happens to me sometimes too.  
别为忘记了我们的约会而担忧。有时候我也会做出这种事来。

### Dialogue

- A: Oh, Sally, there you are! Have you been waiting long?  
哦，萨利，你来了！等多久了？
- B: About 20 minutes. But I kept busy reading this assignment for history class.  
大约 20 分钟。但我一直在忙着看这历史课的作业。
- A: I'm so sorry to keep you waiting. Just as I was leaving home I got a long-distance call from my parents, and we really needed to talk.