

CET-4

大学英语 四级专项突破

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北京工业大学出版社

大学英语四级专项突破

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北京工业大学出版社

内 容 简 介

本书以《全国大学英语四、六级考试改革方案（试行）》为指导原则，紧紧围绕《大学英语四级考试（CET-4）试点考试样卷》进行编写。全书共六章，分别为写作、快速阅读、听力理解、仔细阅读、完形填空和翻译改错。本书集合了几轮四级培训实战中总结的解题方法和经验，既可作为高等学校英语课程的教材，又可作为大学英语四级考试的辅导材料。

图书在版编目（CIP）数据

大学英语四级专项突破/张青妹主编. —北京：北京工业大学出版社，2011.3

ISBN 978 - 7 - 5639 - 2585 - 8

I. ①大… II. ①张… III. ①英语-高等学校-水平考试-自学参考资料 IV. ①H310.42

中国版本图书馆 CIP 数据核字（2011）第 023190 号

大学英语四级专项突破

主 编：张青妹

主 审：金成珠

责任编辑：王莹莹

出版发行：北京工业大学出版社

（北京市朝阳区平乐园 100 号 100124）

010 - 67391722（传真）bgdcbs@sina.com

出 版 人：郝 勇

经销单位：全国各地新华书店

承印单位：徐水宏远印刷有限公司

开 本：787 mm×1 092 mm 1/16

印 张：14.5

字 数：362 千字

版 次：2011 年 3 月第 1 版

印 次：2011 年 3 月第 1 次印刷

标准书号：ISBN 978 - 7 - 5639 - 2585 - 8

定 价：28.00 元

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（如发现印装质量问题，请寄本社发行部调换 010 - 67391106）

前 言

全国大学英语四级考试是由教育部高等教育司组织的大规模标准化考试，是针对广大英语学习者，尤其是大学生的一种英语水平测试。为了帮助广大考生迅速、有效地把握各种题型，做到心中有数、有的放矢，从而顺利地通过大学英语四级考试，我们组织了长期工作在教学一线的、具有丰富教学经验的大学英语教师编写了本书。

本书按照大学英语四级考试的题型顺序编写，包括写作、快速阅读、听力理解、仔细阅读、完形填空、翻译与改错六个部分，并对每个部分进行了详尽的阐述和分析，包括对样题的命题特点分析、样题解析、考点分析、答题技巧和配套的专项训练。对于参加大学英语四级新题型考试的考生具有很强的针对性和指导意义。

本书有以下几大鲜明特点。

一、紧扣大纲，深浅适中。编者在充分理解《大学英语课程教学要求（试行）》的基础上，将其全面、彻底地贯穿到本书各个部分的编写中。本书包含了国家教育部考试中心公布的、在四级统考中可能出现的各种题型。每道训练题均出自权威参考资料，并以四级考试大纲为依据进行编写，难易程度力求与四级真题保持一致。

二、使用方便，战术实用。根据大学英语教学大纲的要求，本书分析了大学英语四级考试的特点和战术策略，同时，对各个部分的答题思路和方法进行了分析，具有很强的针对性与实用性。本书全面且系统地剖析了四级综合测试部分的四种题型，于细微处着眼，层层分析，一一击破，为考生更快、更好地突破四级综合测试部分提供制胜之道。

三、讲练结合，重点突破。建立在对历年真题研究基础上的讲评和分析可以帮助考生迅速把握考点和测试要求。精心配备的专项训练，可使考生对考试的某一题型有更深一步的了解和感悟，可以帮助考生巩固、强化考试所需的技能，助其将专项的难点、疑点各个击破。

四、逻辑顺序科学。本书按照考试题型顺序编写，帮助考生迅速进入实战状态，短期内迅速提高应试技能，搏击高分。

本书编写组的教师均是具有多年英语四级教学和辅导经验的一线教师，熟悉大学英语四级命题的指导思想、基本原则和发展趋势，在编写和设计时紧密联系了教学实际。本书写作部分由李茜和徐琳老师编写，快速阅读由张青妹老师编写，听力理解由徐玲和潘晓笛老师编写，仔细阅读由吴丹和伍雅澜老师编写，完形填空、翻译与改错部分由王立新老师编写完成。本书的审稿工作主要由金成珠老师负责，听力声音文件由外籍教师 Mahlon 和 Claire 录制完成。

本书既可作为高等学校英语课程的教材，又可作为大学英语四级考试的辅导材料，同时，可为广大英语爱好者及相关专业人员提供学习参考。

由于作者水平有限，疏漏之处在所难免，敬请读者和同行批评指正。

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第一章 写 作

一、大学英语四级作文基本要求

教育部高等教育司于 2004 年颁布的《大学英语课程教学要求（试行）》对大学英语教学做了明确的规定。其中对书面表达的基本要求如下。

一般要求：能在阅读难度与课文相仿的书面材料时做笔记、回答问题、写提纲，能就一定的话题或提纲在半小时内写出 120~150 个单词的短文，能写短信和便条，表达意思清楚，无重大语言错误，内容切题，文字通顺，连贯性较好，基本无语法及拼写错误。

较高要求：能够就一定话题、提纲、表格或图表在半小时内写出 150~180 个单词的短文，能写日常应用文（如信函、简历等），内容完整，条理清楚，文理通顺。

二、评分原则和评分标准

俗话说：“知己知彼，百战不殆。”要想在四级考试中写出优秀的作文，必须先了解评分原则和评分标准。

（一）评分原则

① 检查考生是否达到大学英语教学大纲规定的四级教学要求，对作文的评判应以此要求为准则。

② 大学英语四级考试作文评分采用总体评分法。阅卷人员就总的印象给出奖励分，而不是按语言点的错误数目扣分。

③ 要从内容和语言两个方面对作文进行综合评判。内容和语言是一个统一体。作文应表达题目所规定的内容，而内容要通过语言来表达。要考虑作文是否切题，是否充分表达思想，也要考虑是否用英语清楚且恰当地表达思想，也就是要考虑语言上的错误是否会造成理解上的障碍。

④ 避免趋中倾向。该给高分的给高分，包括满分；该给低分的给低分，包括 0 分。一名阅卷人员在所评阅的全部作文卷中不应只给中间的几种分数。

（二）评分标准

改革后的大学英语四级作文满分为 106.5 分。评分标准一般分为五个等级。

第一等：切题；表达思想清楚；文字通顺，连贯性较好；基本无语言错误。

第二等：切题；表达思想清楚；文字连贯；有少量语法错误。

第三等：基本切题；表达思想比较清楚；文字上连贯，但语言错误较多，其中有少量严重错误。

第四等：基本切题；表达思想不够清楚；文字连贯性差；有严重的语法错误。

第五等：条理不清，思想紊乱；语言支离破碎或大部分句子有错误，且多为严重错误。

此外，有两点要特别注意：

① 字数不足扣分。考生作文字数不足，要被相应地扣分。

② 规定的三段式作文，只写一段或两段，最高只能分别按三等和二等作文给分。

三、写作步骤和注意事项

（一）写作步骤

一般来说，写作应遵循以下步骤。

第一步：审题。

第二步：根据不同的体裁确定写作方法。

第三步：安排文章结构。

第四步：确定文章的主题句。

第五步：选择并组织材料。

第六步：写作和检查。

（二）写作注意事项

① 注意审题，把握命题要求。

② 确定体裁和写作方法，内容要切题。

③ 分层次展开论述，做到层次清晰。

④ 文章要统一且连贯。

⑤ 语言要规范、准确。

⑥ 词语丰富，句型多样。

⑦ 卷面整洁，字数达标。

第一节 议 论 文

一、题型简介

议论文又称论说文，是四级作文中常见且十分重要的命题类型。议论文通常采用摆事实讲道理的方式，围绕着某一观点陈述理由，展开论证，表明自己的见解、观点和立场，从而影响读者的思想和行动。在写作时要从主观的角度出发，明确地表明自己赞成什么、反对什

么，用词不能含糊。

在议论文的写作中，考生常采用三种不同的方法来处理文章。第一种，针对所提出的论点，支持一方，反对另一方，并力图说服另一方；第二种，以第三者的身份从客观的角度陈述双方的观点，然后找出另外一条集中了两种观点优势于一身的“中庸之道”，并进行陈述；第三种，全盘否定题目所提供的观点，提出自己独到的观点。

可以说，议论文的写作不仅考查考生的语言功底，还考查考生的思想内涵和思维能力。因此，应先构思，再行文。写好议论文的三大要素是：论点要鲜明，论据要充分、得当，论证过程要逻辑严密。

四级考试中常见的议论文类型主要有：论证观点型、解决问题型、说明解释型、对比观点型和谚语型。

二、解题思路和步骤

本书将议论文概括分为三个类型，即论证观点型、解决问题型和正反对比型。

（一）论证观点型

论证观点型议论文是对某一事物或现象进行分析和论证。这类议论文通常要求考生提出一种观点，然后运用列举的方法对其进行阐释，通过摆事实、讲道理来达到说服读者的目的，最后总结全文，重申自己的观点。

论证观点型议论文的写作步骤如下。

第一段：开篇点题，提出题目要求评论的观点。

第二段：对观点进行阐述，论证论点的正确性或危害性。

第三段：得出结论或表明自己的观点和态度。

（二）解决问题型

解决问题型议论文立意在“how to solve this problem”，也就是说，以解决问题的方法、途径为整篇文章的核心。这类作文要求考生能够理解试题中的提纲和提示性文字，阐述其中反映的问题，分析问题的严重性和危害性，进而说明解决这一问题的必要性，最后表明自己的态度并针对这一问题提出解决方案。但要注意，有的提纲要求考生在提出问题的解决方案之前对现象产生的原因进行阐述。

解决问题型议论文的写作步骤如下。

第一段：对现状、形势或者困难进行描述，提出问题，说明它的危害性。

第二段：分析问题，阐述这种现象产生的原因或某一观点的利弊等，然后提出解决问题的途径和方法。

第三段：表明自己对这一问题的认识，总结并表明个人的见解或做法。

（三）正反对比型

正反对比型议论文通常是就某一事物或现象的不同观点进行对比，在此基础上做出自己的选择，然后表明自己的立场和观点。

正反对比型议论文的写作步骤如下。

第一段：对要评论的事物或现象进行整体介绍，引出有争议的两个观点。

第二段：阐述两种不同的观点或做法，进行比较或指出不足之处。

第三段：表明并陈述自己的观点。

三、四级考试写作议论文评分参考试卷及标准实例分析

作文题目：How to Succeed in a Job Interview

Directions: For this part, you are allowed 30 minutes to write a composition on the topic *How to Succeed in a Job Interview*. You should write at least 120 words following the outline below in Chinese.

(1) 面试在求职过程中的作用；

(2) 取得面试成功的因素：仪表，举止谈吐，能力，专业知识，自信，实事求是……

参照卷 1 (2 分段)

Today the companies are becoming more and more bigger so they want to have more people who have a lot of knowledge. And the interview is becoming important. For succeed in a job interview we should pay attention to this side. For example the clothing should be clear, the hair can't be too long. When we to talk about with the boss, we should believed nature and the eyes should be watch the boss's face.

When we talk about own's enable, we should say that truly, exist. We can't make a lying or that will take us a bad news.

Above all we can say that you succeed in a job interview will become bigger. In the end, I should tell you that when you set off to the company you should check your bag to make sure everything is ready.

点评：文章未能按照提纲的要求写作，第一段将面试在求职过程中的重要作用和取得面试成功的因素写在一起，层次不清，思路紊乱；第二段仅仅列出一条建议，而且自成一段，单薄无力；第三段以 Above all 开头，似乎在做总结，可是后面一句 “In the end, I should tell you that when you set off to the company you should check your bag to make sure everything is ready” 又是在提出另外一个建议。整片文章层次混乱，条理不清，语言支离破碎，大部分句子有语法和词汇错误，而且多数为严重错误。

参考卷 2 (5 分段)

In the course of searching for a job, the job interview is quite important. The interviewers will most probably judge you by your appearance in the interview. If you can't do well in it, you may possibly lose the chance.

There are some points. First, you should be neatly dressed, and you should express yourself quite fluently, so you can give the persons, who interview you, a good figure. Second, self-confidence is necessary. And you should base you self-confidence on you own

ability and specific knowledge. Third, when you are answering questions, you mustn't tell lies.

There are still some other points. In a word, you must be well prepared for the interview.

点评：文章基本切题，但层次不够清晰。按提纲要求，第一段应该是对面试在求职过程中的作用的描述，但是“The interviewers will most probably judge you by your appearance in the interview...”似乎已经开始在对影响面试的因素进行分析了。而第二段第一句又是一个总起句，重新开始对各影响因素进行分析。此外，文章中的拼写等语言错误较多，语句衔接不自然，有明显的中国式英语的痕迹，有些表达不太准确，如“so you can give the persons, who interview you, a good figure”等，而且本文字数欠缺。

参考卷 3 (8 分段)

If you want to get a job, you have to go to a job interview. The job interview is a chance to talk with your future employer face to face, and is very important because whether you can get the job or not is mainly determined by it.

But how to succeed in a job interview? Many points affect the result of the Job Interview. For example, your appearance, your behavior, your work-ability, your major knowledge, confidence and so on. The interviewers will most probably judge you by your appearance in the interview. If you dressed unfit, the interviewer won't want to go on the interview. Your behavior is also important. If your behavior is rude, the company won't think you are the one they want. It is said that work ability and major acknowledge are on the top of the list. Good work ability and major acknowledge are the keys to the success of the Job Interview. And you must be confident too. If you are not confident the boss will think that you are not fit for the post in spite of your ability.

The points referred are the keys to the success of the Job Interview.

点评：总的来说文章基本切题，段落的划分和条理比较清楚，但有些地方表达不清，语言错误较多。文章第一段用两个句子开篇，尽管有些语言错误，但能够直接切入主题，简洁明了。第二段用一个问句引起思考，然后分别论述影响面试成功的因素。不足之处是第二段开始列举的若干因素“For example, your appearance, your behavior, your work-ability, your major knowledge, confidence and so on”，这样的排列比较单调，其后的具体论述缺少诸如“firstly”，“secondly”等连接词的使用，使第二段的层次看起来不那么分明。三个以“If”开头的句子也让人感觉缺少变化。此外，本文词汇和句式结构都不够丰富。另外第三段用一句话总结全文也略显简单。

参考卷 4 (11 分段)

Nowadays, when seeking for a job, people always have to take an employment interview. After the interview, both the interviewer and the interviewee can make the final decision. So, a job interview has become more and more important in our society.

How to succeed in a job interview? There are many factors involved. First of all, you

should go to the interview well-dressed. A tie for a man and any formal clothes for a woman will always be suitable. Your behavior and speech is also important. You must let your employer think you are a person who can be trusted. Secondly, to ensure the interviewer that you are capable of the job, you must show your ability and knowledge of your specialty. Most Chinese may think it's showing off and refuse to do so, which is a major cause of failures in job interviews. Finally, you should always be confident of yourself. Though you may fail for the first time, it does not mean you are not as good as others. So don't lose heart, for good job is waiting ahead.

To conclude, no one can escape from the interview. Remember the above points, and you will succeed in the interview.

点评：文章切题，能够按照作文提纲的要求写作，层次分明，语言平实，必要的细节描述也恰到好处，文字基本连贯。文章开篇点题，论述了面试在求职过程中的重要作用。第二段以问句开始引出所要论述的要点。第三段进行总结。不足之处是：除有少数语言错误外，第二段在对影响面试成功因素分析中的第一个因素是“First of all, you should go to the interview well-dressed”，其后又出现“Your behavior and speech is also important”，而受面试者的举止和语言是不能包括在得体着装里面的，因此，这里的层次有些不清楚；此外，在对第三个因素“Finally you should always be confident of yourself”论述时，应该重点写自信会对一次成功的面试起到多大的作用，而不是告诉应聘者即使失败了也要有信心。

参考卷 5 (14 分段)

Nowadays job interviews are playing a very important role in finding a decent job. A candidate succeeding in leaving a positive impression on the interviewer is likely to get the desirable post. Thus, the interview has become indispensable for securing a satisfactory job.

There're many factors that contribute to the success of a job interview. To begin with, one should always be careful with his behavior. Remember to be as polite as possible when communicating with the interviewer. Another important factor is that one should be honest while leaving the interviewer the impression that he is fully capable of the job. Education background and the knowledge of specialty should be presented honestly. In a word, one should display his ability in all aspects to a full extent. Lastly, try to be confident. How could the interviewer have faith in a person who is not confident of himself?

Overall, politeness, honesty and confidence make you closer to the success but it is your ability that finally counts.

点评：本文切题，结构合理，论证丰富生动，表达思想清楚，连贯性较好，仅有较少的语言错误。从结构上看，文章紧扣主题，既符合题目和提纲的各项要求，又符合写作文体的要求。文章开门见山，“Nowadays job interviews are playing a very important role in finding a decent job”一句简要点明面试在求职中的重要性，主题句和支撑句清晰准确。文章第二段第一句“‘There're many factors that contribute to the success of a job interview’”点明整段论述的内容。接下来对影响面试成功的因素逐一论述，观点鲜明，层层推进，详细得当，语言准

确。最后一段进行总结。从语言上看,行文流畅,文章长短句穿插运用,句式灵活、富于变化。此外,“To begin with”, “Another important factor is...”, “In a word...”, “Lastly”, “Overall”等连接词和短语的使用恰到好处,使文章的层次更加清晰。此外,全文以第三人称阐述,更符合这种文体的特点。

四、常用句型和写作模板

(一) 论证观点型

1. 常用句型

- ① Currently there is a general attitude towards...
- ② ... it is not always the case.
- ③ Many people prefer to do...
- ④ On the one hand..., on the other hand.../For one thing..., for another...
- ⑤ There is a general debate today over the phenomenon of...
- ⑥ As for me, I'm firmly convinced that...
- ⑦ Those who are in favor of.../advocate that...
- ⑧ It is well-accepted that...
- ⑨ In reality,.../As a matter of fact,.../Most important of all,.../No doubt...
- ⑩ In brief,.../In conclusion,.../In summary,.../In short,.../In a word,.../All in all,.../In other words,.../As I have shown...

2. 写作模板

第一段: It is true that...(指出普遍的观点) However...(转折, 陈述不同的观点)

第二段: I think...(提出自己的观点, 即文章的论点) The reason can be listed as follows. (开始论证) Firstly...(理由一) What is more...(进一步说明) Secondly,... (理由二) For example...(举例说明) In contrast...(做对比) Because...(说明原因) /A case in point is that...(举例说明)

第三段: In a word,.../In conclusion,...(总结全文)

3. 范文

Directions: For this part, you are allowed 30 minutes to write a composition on the topic **No Pains, No Gains**. You should write at least 120 words following the outline below in Chinese.

- (1) 为什么说“不劳就无获”;
- (2) 试举例说明。

No Pains, No Gains

Nearly every civilization has its own equivalent to the proverb “No pains, no gains”. It means that nothing can be gained without painstaking efforts and that no knowledge or skill can be acquired without sweat or toil.

You don't have to look very far to prove the truth of the proverb. Darwin's great discovery was not the work of a moment but was preceded by years of patient, arduous observation. Mozart was not an accomplished pianist at the age of eight as the result of watching countless hours of TV. Nor did Edison make himself the greatest inventor in the modern world by spending his spare time on going to parties or bars. His words "genius is 99 percent perspiration and one percent inspiration", reveal the secret of thousands of successful men and women. All accomplishments and success come from sustained endeavor.

Although it is an old saying, "No pains, no gains" has its profound and realistic significance in our college studies. To acquire knowledge in a particular field and to attain any academic goals, great exertion and persistent effort are undoubtedly required because we all know that "No pains, no gains".

点评: 该篇作文题目与1997年1月的四级作文命题类似,属于论证观点型的议论文。文章第一段开篇点题,指出中心句"No pains, no gains",接着用"It means that..."对这一谚语所蕴涵的意义做了解释和界定。第二段分别用Darwin、Mozart、Edison三个伟人的成就做例子,阐明了这个谚语的哲理性,然后用"All accomplishments and success come from sustained endeavor"一句对整段进行总结,紧扣主题。文章最后一段的第一句用了一个让步状语从句从正面点明这句谚语对大学学习生活具有深刻的现实意义,重述主题。接下来阐明只有那些具有百折不挠的意志和坚持不懈的精神的人才能取得成功。整篇文章思路清晰,结构合理,语言流畅,用词也富有变化。此外,文章还做到了简单句、倒装句和多种从句的交替使用,使句式富于变化。

(二) 解决问题型

1. 常用句型

- ① ...s a very serious problem the world is facing now.
- ② This phenomenon has caused wide public concern.
- ③ It is commonly accepted/acknowledged that...
- ④ Nowadays, /In recent years, there is a growing concern over...
- ⑤ This has caused a lot of problems.
- ⑥ A survey shows that...
- ⑦ Many ways can contribute to/lead to...
- ⑧ To solve this problem, several methods can be adopted.
- ⑨ First... second... third... last (but not the least)... finally...
- ⑩ For example/For instance,...
- ⑪ To begin with... next... then... besides... in addition... furthermore... moreover...
- ⑫ As the first example,... as another example,...
- ⑬ In the first place,... in the second place,...
- ⑭ To sum up,.../In conclusion,...
- ⑮ As for me/As far as I am concerned/It is high time that... In fact,...
- ⑯ Only by doing so can we...

2. 写作模板

模板一

第一段: As is known to all,... has brought many advantages to... (主题句) Most importantly,... (论述最重要的一点) For example,... (举例) Consequently,... (带来的后果, 好的方面)

第二段: However,... may possibly cause problems. (转折, 引出存在的问题) For instance,... (举例并进一步阐述) As a result,... (带来的后果, 不好的方面)

第三段: By drawing useful lessons from them, I will... (提出自己的应对计划) On the one hand,... (一方面) On the other hand... (另一方面) In conclusion,... (总结)

模板二

第一段: Nowadays, there is a hot debate about... (说明现象)

第二段: A number of factors contribute to... (引出对该问题的分析) First of all,... (产生这一现象的原因之一) In addition,... (原因之二) Thirdly,... (原因之三)

第三段: Therefore, how to... is worth paying attention to. (承上启下, 提出要解决的问题) Firstly,... (办法一) Secondly,... (办法二) For example,... (举例说明) Thirdly,... (办法三) In this way,... (要达到的目的或预期效果)

3. 范文

Directions: For this part, you are allowed 30 minutes to write a composition on the topic **Fire Prevention on Campus**. You should write at least 120 words following the outline given below in Chinese.

- (1) 前段时间校园火灾频发, 造成生命和财产损失;
- (2) 分析火灾发生的原因;
- (3) 作为学生, 如何预防校园火灾的发生。

Fire Prevention on Campus

People are alarmed by the succession of campus fires in recent years. In each of these accidents, heavy casualties were reported—houses were burned down, students lost their lives, and properties were damaged. Faced with such a chilling fact, people keep asking, “What on earth results in these repeated tragedies?”

A brief survey of them reveals that human factors still prove to be the leading causes. For example, three of these fires were caused by the students' use of electric water-heaters. As students often leave the heaters unattended, the risks are rather high should the water in the bottle boil dry while no one is around to turn off the power. In other cases, fires were also caused by stoves, candles, cigarette butts, etc.

Since most of these disasters could have been prevented if proper precautions had been taken, if students had better been educated on the importance and measures of fire control. The following three reminders are of particular importance for us students: First, learn how to use a fire extinguisher. Second, double-check candles, heaters, stoves and other electric appliances, and make sure there are no open flames before leaving rooms. Lastly, do

not smoke in the dorm.

点评：这是一篇以分析火灾原因和如何预防火灾为中心的文章。开篇综述校园火灾频发情况及造成的生命和财产损失，然后说明火灾原因，最后提出可能的预防火灾的措施。文章思想表达清楚，文字通顺，连贯性好。首先从结构上看，文章紧扣主题，既符合题目和提纲的各项要求，又符合写作文体的要求。从语言上看，行文流畅，句式灵活，富于变化。文章中应用了并列句、简单句和大量的复合句，其中有宾语从句、原因状语从句等。文章第一段开篇概述，并用“What on earth results in these repeated tragedies?”作为过渡句，引出下文。在描述有关火灾客观事实时，多使用被动语态，如“are alarmed by”, “were reported”, “were burned down”, “were damaged”, “Faced with”。第二段论述了火灾发生的主要原因是使用电热水器，次要原因是使用电炉、蜡烛和乱扔烟蒂。第三段详述预防火灾的三点措施，并使用了连接词语“first”, “second”, “lastly”。此外，文章还运用了大量的固定短语，如 take precautions (采取预防措施), fire extinguisher (灭火器) 等。

(三) 正反对比型

1. 常用句型

- ① When it comes to...
- ② In recent years, more and more people tend to...
- ③ Nowadays, whenever you go, you will find...
- ④ Some people take a different attitude towards...
- ⑤ There could be no doubt that... has drawbacks as well as merits.
- ⑥ The advantages outweigh the disadvantages.
- ⑦ A is superior to B. = B is inferior to A.
- ⑧ When asked the question whether A is better than B, people may give different answers.
- ⑨ Views/Opinions on... vary from person to person.
- ⑩ In my opinion, I prefer/think/hold that...
- ⑪ As can be concluded from analyses above, we should...
- ⑫ However, there are several factors for... to consider.
- ⑬ However each has its own advantages.
- ⑭ It is easy to see that both A and B have their advantages and disadvantages.

2. 写作模板

模板一

第一段：Nowadays, there is an increasing interest in... (开篇点明热点问题)
Therefore, there is a hot debate over... (切入话题)

第二段：Some people are in favor of the idea of... (陈述一方观点) They believe that... (理由一) They also argue that... (理由二) However, other people stand on a different ground/hold an opposite viewpoint. (陈述另一方观点) They consider... (理由一) What's more, they firmly point out that... (理由二)

第三段：There is some truth in both arguments. (双方各有道理) But I think the