

实用小提琴音阶练习

(二)

上海文艺出版社

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陈 又 新 编 著

第 二 册

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修 订 本

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上海文艺出版社出版

(上海绍兴路74号)

新华书店上海发行所发行 常州人民印刷厂印刷

开本927×1260 1/16 印张2.25 曲谱34面

1979年9月新1版 1979年9月第1次印刷

书号: 8078·1942 定价: 0.82元

采用这本音阶练习应在学完《实用小提琴音阶练习》第一册之后,否则前册的基础尚未打好,便开始拉連續三个八度的音阶,在学习上是会发生困难的。

同第一册一样,速度的增加是建筑在发音准确的基础上,对音准无把握前切不可追求速度。同时,手指的保留仍旧要严格实行。通过第一册的训练,这里是不必要将这保留的方法和重要性再說一遍了。

本书分两部分:

第一部分材料选自卡尔弗萊許著的《音阶的体系》,各調音阶有以下內容:

一、准备练习 它是該音阶(包括碎和弦、碎三度音阶、半音音阶)的最高一組八度,亦就是較难的一組。这样提出来先练习可以减少练习其余四种时的困难;

二、音阶;

三、七种碎和弦;

四、碎三度音阶;

五、半音音阶。

每个音阶下行的換把都是利用半音(即小二度音程),如此則容易避免因換把动作而发出的杂音。除G大調、G小調、A大調、A小調、降A大調、升G小調外,每个音阶都是第二指在G弦上开始。这种指法的优点是簡單、容易背,并且适合用在速度快的音阶上。

半音音阶有两种指法:一种印在五綫譜上面,另一种印在五綫譜下面,两种都要练习。

各調音阶(包括碎和弦、碎三度音阶、半音音阶)虽注有不同弓法,仍須先用簡單的弓法与节奏来练习(一音或数音一弓,各音的时值相等);熟练后再用书上所注的弓法与节奏来练习。

练习音阶的方法很多,各調音阶(包括碎和弦、碎三度音阶、半音音阶)可以配合练习曲或乐曲选拉,也可以用下面三种方法练习。总之,应根据各人学习情况和需要灵活采用:

一、一个大調配合一个小調(大調和小調宜用同一种弓法):

C大調——C小調

F大調——F小調

降B大調——降B小調

降E大調——降E小調

降A大調——升G小調

降D大調——升C小調

降G大調——升F小調

B大調——B小調

E大調——E小調

A大調——A小調

D大調——D小調

G大調——G小調

現以C調为例說明之:

(1)在准备练习里,一、音阶(第一小节):第一遍拉C大調,第二遍拉C小調;练习时C大調及C小調都应重复一遍,即第一二遍拉C大調,第三四遍拉C小調;二、七种碎和弦(第二至五小节):大調或小調任拉一种;三、碎三度音阶(第六、七小节):大調和小調各拉一遍,练习时两調都应重复一遍;四、半音音阶(第八、九小节):大調或小調任拉一种。

(2)在連續三个八度的音阶及碎和弦里,一、音阶:第一遍拉C大調,第二遍拉C小調,练习时两調都应重复一遍;二、七种碎和弦:大調或小調任拉一种;三、碎三度音阶:大調和小調各拉一遍,练习时两調都应重复一遍;四、半音音阶:大調或小調任拉一种。

二、用下列不同的节奏:

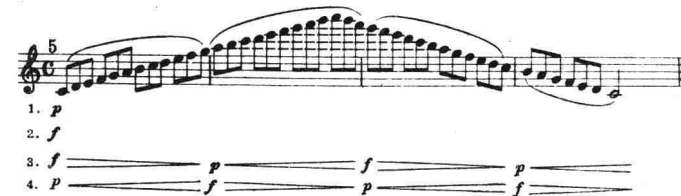
(1)三音一拍的音阶及碎和弦:



(2)四音一拍的音阶及碎和弦:



三、用下面的强弱記号:



第二部分是連續三个八度的五声音阶，它可以与第一部分同調号的大音阶(即大調)配合起来练习。每組音阶的第一行是該組音阶的准备练习，共有九小节。为了節約篇幅，除第一組外，其余十一組只有上行的五小节，不列举下行的四小节。学者可根据第一組的进行来练习。练习时每小节都应重复一遍或几遍。

凡注有两种指法的音阶(一种注在五綫譜的上面，另一种用括弧注在五綫譜的下面)，两种指法都要练习。某些音阶(如D徵調、E羽調、降D宮調等)中間一組八度所注的括弧里的指法是用手指伸展动作来按音的。它們用四、一和一、四手指換把，是一种比較难的換把指法，因此需要提出来练习。下面所举的练习方法供学者参考：



用这种手指伸展动作移換把位，在下行換把时可能对手小的人感到困难，那么第一手指可以不立即如上例中所举的移到A音，而在換把后，在四、三、二手指的按音过程中按在A音上。

各組音阶可用下面的节奏和弓法练习：



* 括弧里的 1----- 是下行換把时到达A音的第一指(导指)。

陈又新 1956年5月于上海音乐学院

(1958年秋补充第二部分)

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第一课 连续三个八度的音阶及碎和弦

C大调

The musical score is written for guitar and consists of 12 staves. The key signature is C major (one sharp, F#). The time signature is 4/4. The music is characterized by rapid, continuous passages across three octaves, featuring many beamed sixteenth and thirty-second notes. Fingering numbers (1-4) are indicated above many notes. The score includes various musical notations such as slurs, ties, and dynamic markings. The final staff ends with a double bar line and a repeat sign.

A 小调

10

F 大调

This page contains ten staves of musical notation for a guitar piece. The notation is written in G major and D major, with a 4/4 time signature. The music features various musical symbols, including notes, rests, and fingerings. Specific guitar techniques are indicated, such as 'G 2 上半' and 'D 2'. The piece concludes with a double bar line and the text '指法同前' (Fingering as before).

D小调

The image displays a page of musical notation for D minor, consisting of ten staves. The notation includes various musical symbols such as notes, rests, and fingerings (1, 2, 3, 4). The key signature is D minor, indicated by two flats (Bb and Eb). The time signature is 4/4. The notation is written on a grand staff (treble and bass clefs). The music features complex fingerings and articulations, including slurs and accents. The notation is written in a standard musical notation style.

Staff 1: Treble clef, 4/4 time. Notes: D4, E4, F4, G4, A4, Bb4, C5, D5. Fingerings: 1, 1, 1, 1, 1, 3, 2.

Staff 2: Treble clef, 4/4 time. Notes: D5, E5, F5, G5, A5, Bb5, C6, D6. Fingerings: 1, 2, 4, 1, 3, 3, 2.

Staff 3: Treble clef, 4/4 time. Notes: D6, E6, F6, G6, A6, Bb6, C7, D7. Fingerings: 1, 2, 2, 2, 2, 2, 1.

Staff 4: Treble clef, 4/4 time. Notes: D7, E7, F7, G7, A7, Bb7, C8, D8. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Staff 5: Treble clef, 4/4 time. Notes: D8, E8, F8, G8, A8, Bb8, C9, D9. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Staff 6: Treble clef, 4/4 time. Notes: D9, E9, F9, G9, A9, Bb9, C10, D10. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Staff 7: Treble clef, 4/4 time. Notes: D10, E10, F10, G10, A10, Bb10, C11, D11. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Staff 8: Treble clef, 4/4 time. Notes: D11, E11, F11, G11, A11, Bb11, C12, D12. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Staff 9: Treble clef, 4/4 time. Notes: D12, E12, F12, G12, A12, Bb12, C13, D13. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Staff 10: Treble clef, 4/4 time. Notes: D13, E13, F13, G13, A13, Bb13, C14, D14. Fingerings: 1, 1, 1, 1, 1, 1, 1.

Additional markings include "2 上半" (2 upper half) and "指法同前" (Fingering same as before).

bB 大调

This page contains ten staves of musical notation for a guitar piece. The key signature is one sharp (F#), and the time signature is 4/4. The notation includes various guitar-specific symbols such as fret numbers, bar lines, and dynamic markings. The piece concludes with a double bar line and a final chord.

G 小调

The musical score is written for G minor (G 小调) and consists of ten staves. The notation includes various musical symbols such as notes, rests, accidentals, and fingerings. The key signature has two flats (Bb and Eb), and the time signature is 4/4. The score includes several measures with complex fingerings, including triplets and sixteenth notes. There are also measures with dynamic markings like 'f' (forte) and 'p' (piano). The score concludes with a double bar line.

Staff 1: Starts with a treble clef, key signature of two flats, and a 4/4 time signature. The first measure has a '1' above the first note. The staff contains several measures of music with various fingerings and accidentals.

Staff 2: Continues the melody with more complex fingerings and accidentals.

Staff 3: Features a measure with a '3' below the staff, indicating a triplet. The staff contains several measures of music with various fingerings and accidentals.

Staff 4: Starts with a '中' (middle) marking above the first measure. The staff contains several measures of music with various fingerings and accidentals.

Staff 5: Continues the melody with more complex fingerings and accidentals.

Staff 6: Features a measure with a '3' below the staff, indicating a triplet. The staff contains several measures of music with various fingerings and accidentals.

Staff 7: Continues the melody with more complex fingerings and accidentals.

Staff 8: Features a measure with a '3' below the staff, indicating a triplet. The staff contains several measures of music with various fingerings and accidentals.

Staff 9: Continues the melody with more complex fingerings and accidentals. The staff includes the text '指法同前' (Fingering same as before) above the first measure and '3 指法同前' (3 Fingering same as before) below the staff.

Staff 10: Continues the melody with more complex fingerings and accidentals. The staff includes the text '3 指法同前' (3 Fingering same as before) below the staff.

$\flat$ E 大调

C小调

F 小调

8

顿弓

指法同前

指法同前