

100 PASSAGES FOR JUNIOR  
ENGLISH CONVERSATION PRACTICE

# 新课标

# 初中英语 会话 100篇

主 编 曹伦华  
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# 前言

语言是人类沟通思想最直接的工具，是人类相互交流的必要手段。英语因其应用的普遍性，已成为国际通用语言。在全球化和信息化时代，英语学习显得尤为重要。如何在基础教育阶段培养学生学习英语的兴趣，使其形成综合运用英语的能力，是英语教学界自《英语课程标准》实施以来始终关注的问题。

《英语课程标准》中明确提出：“基础教育阶段英语课程的总体目标是培养学生的综合语言运用能力。”苏州外国语学校此次组织编写《新课标初中英语听力100篇》、《新课标初中英语会话100篇》和《新课标初中英语阅读100篇》系列书，正是为了有效配合《英语课程标准》的实施。这套丛书摒弃过去一些教辅过分重视语法和词汇知识讲解与传授、忽视对学生语言运用能力的培养的做法，强调从学生的学习兴趣、生活经验和认知水平出发，采用任务型教学途径，让学生在体验、实践、参与和交流中发展综合语言运用能力。

该丛书目前包括上面提到的《听力》、《会话》和《阅读》3个分册，从听、说、读三项能力入手，所选取内容注重时效性和实用性，语料原汁原味。课后练习设置层次感强，由易到难，有助于学生学以致用，逐步提高，将语言知识内化为语言运用能力。此外，丛书题型贴近中考，所考查知识点则巧妙地融入其中，是一套既注重学生语言能力发展、又兼顾考试实效的丛书。

听力在听说读写四种基本技能中，是获取信息最主要的途径。《新课标初中英语听力100篇》选取地道纯正的英语听力材料，内容时尚丰富，练习设计难易结合、循序渐进，实现了学生语言输入与输出能力同步协调发展。口语是言语的输出或释放过程，英语口语技能大致包括语音语调正确、词汇运用合理贴切、语句结构符合表达习惯、言语反应和应变能力敏捷及语言表达简练等要素。《新课标初中英语会话100篇》为训练学生掌握这些技能，特选取贴近生活、真实度高的对话，同时重视词汇和词组的积累，并为对话提供相应的背景注释和难句讲解，让学生在大量输入的基础上能够有效输出。阅读是一种复杂的心理和智力活动过程，包含识别和释义两个阶段。阅读技能则包括理解字面意义、重新组织材料主旨、推理、评价和欣赏5个方面。《新课标初中英语阅读100篇》通过复现常用词汇并设置多样化的练习等形式全方位地培养学生速读、精读、跳读等各项阅读技能。

这套丛书在严格遵循《英语课程标准》教材编写的各项原则基础上，颇具自身特色：

第一，丛书内容的编排着眼于拓展学生思维，开阔学生视野，培养学生自行归纳知识点并举一反三，在语言实际运用中主动习得语言规律的能力。

第二，丛书架构充分体现了不同语言水平学生的学习特点和学习需要，按照循序渐进的原则，通过精心选择真实、地道和典型的语料，使语言技能、语言知识、情感态度、学习策略、跨文化交际意识等内容和目标相互结合、相互渗透，综合促进学生语言能力的提高。

第三，丛书内容既反映了中国的传统文化，又引入了很多外国文化的精华，有利于学生对中西方文化精髓的理解和吸收，形成正确的世界观、人生观和价值观。

第四，丛书内容符合初中学生的知识水平、认知水平和心理发展水平，紧密联系学生的生活实际，设置尽量真实的语言情境。在内容的选择和安排上做到了充分考虑学生的学习需求和心理需求。

第五，该丛书分不同层次，因此使用者可以根据自己的实际需要，对内容进行适当的取舍和补充，有利于教师灵活开展教学以及学生的开放性学习。

该丛书由英语特级教师、苏州市名校长、苏州外国语学校校长、苏州大学外语学院研究生导师曹伦华主编，一大批中学高级教师和一线英语骨干教师参与编写。这套丛书充分体现了以人为本的教育观念，有助于开拓学生的视野，健全学生的人格，培养学生的终身学习能力，体现了素质教育的核心。我很高兴为这套丛书作序，并乐意将其推荐给广大学生读者和一线的英语教师。希望这套丛书能够帮助学生们不断提高英语水平，增强他们在未来社会中的竞争能力。

张连仲  
于2010年夏

### 张连仲

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学术背景包括：国家外语教师研究学术委员会成员，英国驻中国文化教育处英语教育理事会学术顾问。

# 编者的话

亲爱的读者，很高兴你选择了《新课标初中英语会话100篇》来提高你的会话口语能力。在学习英语的过程中，你是否经常不知如何与同学们展开英语对话，经常有满肚子的话想说但又不知如何用英语表达，经常不知如何用英语对一个问题进行评论……？我们相信，读完这100篇会话以后，你的口语能力将有一个突飞猛进的提高。

首先，请仔细阅读一下如何最有效地使用这本书：

一、本书中的100篇会话按照难易程度分为三个部分：雏鹰篇(1—30)，展翅篇(31—70)，翱翔篇(71—100)，内容也由交际性会话向话题性会话过渡。如果按照这个进度由浅入深进行学习，逐渐地，你的会话口语能力就能从简单模仿提高到进一步的自我表达。

二、每一篇会话后都配有Word Bank(生词库)，以及Notes(对语言点的讲解)。你可以先听读会话，遇到难理解的内容时再从这两个部分寻求帮助。在这两个部分中你能学到很多单词和词组，请注意记忆和积累，这对你英语的听说读写能力都是很有帮助的。

三、在每5篇处还设有一篇独立的电影会话，作为bonus！有动画片，也有经典影片，你会发现这些会话的语言鲜活可触，趣味十足。建议你在听读会话前先熟悉一下Word Bank中的单词以及Notes中的剧情介绍和句型。请注意，电影会话中的单词和句型不一定都是常用词。

四、练习分三个部分：第I部分要求你选出和划线部分意思相近的句子或短语，这些句子和短语的讲解都能在Notes部分找到。第II部分是提问与回答，你可以和同学两人一组来进行操练，也可以采用自问自答的形式。这部分有针对会话内容的问题，也有强化口语交际的问题，你可以在引导语句或有效关键词的引导下完成提问，比如：在第2篇中，当你看到Why...Ben...backache?这样的关键词，你就根据语法规则形成 Why does Ben have backache?这一问题，然后根据会话中的内容给出回答(Because he always works so hard and whenever he has free time he will watch TV instead of exercising.)；在第1篇中，当你看到Suppose you are Tom. Ask Alice if she would like another coke.的引导句，你就假设自己是Tom，在和会话中的人物Alice对话，所以你的提问就是Alice, would you like another coke?，这时的回答可以是No, thank you. I'm afraid... (参考文)，也可以根据你自己的想法来进行。第III部分要求你自编一段类似的会话，或者听电影会话然后进行模仿。

利用我们提供的MP3录音熟悉这些会话，多听多模仿，注意记忆基本句式，并且举一反三地练习会话，再加上平时敢于开口，用英语交流将不再是你的梦想。请记住，背诵句型并多加操练是英语会话走向成功的最佳途径。

编者

2010年3月

# Contents

## 雜鷺篇

<b>Unit 1</b>	Dinner Time.....	2
<b>Unit 2</b>	Keep in Shape .....	4
<b>Unit 3</b>	Do Me a Favour! .....	6
<b>Unit 4</b>	Could I Book a Table? .....	8
<b>Unit 5</b>	Cinderella II .....	10
<b>Unit 6</b>	A Thorough Cleaning .....	12
<b>Unit 7</b>	Haven't Seen You for Ages!.....	14
<b>Unit 8</b>	Pajama Party.....	16
<b>Unit 9</b>	A Rags-to-Riches Story .....	18
<b>Unit 10</b>	Tarzan .....	20
<b>Unit 11</b>	How Are You Doing? .....	22
<b>Unit 12</b>	I Am Blue Today .....	24
<b>Unit 13</b>	Air Pollution .....	26
<b>Unit 14</b>	Under Pressure .....	28
<b>Unit 15</b>	Open Season .....	30
<b>Unit 16</b>	Making a Phone Call .....	32
<b>Unit 17</b>	Talking About Climate.....	34
<b>Unit 18</b>	No One Can Sustain Youth Forever! .....	36
<b>Unit 19</b>	Would You Like to Dance with Me?.....	38
<b>Unit 20</b>	Garfield .....	40
<b>Unit 21</b>	Can I Help You?.....	42
<b>Unit 22</b>	Relax Yourself.....	44
<b>Unit 23</b>	It Makes My Mouth Water! .....	46
<b>Unit 24</b>	Tomorrow Is Another Day.....	48



<b>Unit 25</b>	High School Musical .....	50
<b>Unit 26</b>	Friends .....	52
<b>Unit 27</b>	I'm So Impressed of It .....	54
<b>Unit 28</b>	May I Take Your Order? .....	56
<b>Unit 29</b>	Christmas Dinner .....	58
<b>Unit 30</b>	Growing Pains — Pilot .....	60

### 展翅篇

<b>Unit 31</b>	Get a Bite to Eat .....	64
<b>Unit 32</b>	How Do You Want Your Eggs? .....	66
<b>Unit 33</b>	A Piece of Junk .....	68
<b>Unit 34</b>	On the Court .....	70
<b>Unit 35</b>	Shrek .....	72
<b>Unit 36</b>	Laundry .....	74
<b>Unit 37</b>	The Beauty of Sydney .....	76
<b>Unit 38</b>	Sending a Telegram .....	78
<b>Unit 39</b>	Family .....	80
<b>Unit 40</b>	The Devil Wears Prada .....	82
<b>Unit 41</b>	Holiday Plans .....	84
<b>Unit 42</b>	The Car .....	86
<b>Unit 43</b>	I'm Up to My Neck in Work .....	88
<b>Unit 44</b>	Freeloading .....	90
<b>Unit 45</b>	Growing Pains — Extra Lap .....	92
<b>Unit 46</b>	It Just Slipped My Mind .....	94
<b>Unit 47</b>	Work Out to Build Shape .....	96
<b>Unit 48</b>	At the Tourist Information .....	98
<b>Unit 49</b>	Qixi Festival .....	100

<b>Unit 50</b>	Incredibles.....	102
<b>Unit 51</b>	E-time .....	104
<b>Unit 52</b>	I'm Not Blowing My Trumpet.....	106
<b>Unit 53</b>	Healthy Eating .....	108
<b>Unit 54</b>	Dragon Boat Competition.....	110
<b>Unit 55</b>	Bee Movie .....	112
<b>Unit 56</b>	A Real Bargain .....	114
<b>Unit 57</b>	It's My Treat!.....	116
<b>Unit 58</b>	Seeing a Film.....	118
<b>Unit 59</b>	Usher In Good Luck .....	120
<b>Unit 60</b>	Kungfu Panda .....	122
<b>Unit 61</b>	Online Shopping.....	124
<b>Unit 62</b>	Pets .....	126
<b>Unit 63</b>	Seeing the Doctor .....	128
<b>Unit 64</b>	Express Yourself.....	130
<b>Unit 65</b>	Growing Pains — First Blood .....	132
<b>Unit 66</b>	Hiking.....	134
<b>Unit 67</b>	Making Way for Good Luck .....	136
<b>Unit 68</b>	Sports .....	138
<b>Unit 69</b>	It's Out of Fashion.....	140
<b>Unit 70</b>	Coraline .....	142

### 翩翔篇

<b>Unit 71</b>	Out of Juice .....	146
<b>Unit 72</b>	Being Sick.....	148
<b>Unit 73</b>	Can I Pay with My Credit Card? .....	150
<b>Unit 74</b>	Can I Take Your Measurement? .....	152



<b>Unit 75</b>	Sound of Music .....	154
<b>Unit 76</b>	Talking About Classmates.....	156
<b>Unit 77</b>	Lending Money .....	158
<b>Unit 78</b>	Natural Beauty Comes from Within .....	160
<b>Unit 79</b>	Height Fear .....	162
<b>Unit 80</b>	Soul Plane.....	164
<b>Unit 81</b>	Classical Music.....	166
<b>Unit 82</b>	National Day Holiday .....	168
<b>Unit 83</b>	Job Interview.....	170
<b>Unit 84</b>	Apply for a Visa.....	172
<b>Unit 85</b>	The Lion King.....	174
<b>Unit 86</b>	Sleep Problems.....	176
<b>Unit 87</b>	Future Plans.....	178
<b>Unit 88</b>	Choose a Hotel .....	180
<b>Unit 89</b>	In the Library .....	182
<b>Unit 90</b>	The Princess Diaries .....	184
<b>Unit 91</b>	Going Through Customs .....	186
<b>Unit 92</b>	Personality.....	188
<b>Unit 93</b>	Show Biz Stars .....	190
<b>Unit 94</b>	Environment Problem .....	192
<b>Unit 95</b>	Growing Pains — Reputation .....	194
<b>Unit 96</b>	Being a Housewife .....	196
<b>Unit 97</b>	Global Warming.....	198
<b>Unit 98</b>	Gold Rush.....	200
<b>Unit 99</b>	Earthquake .....	202
<b>Unit 100</b>	Forrest Gump.....	204
<b>Keys to the Exercises</b>	.....	206

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# Unit 1 Dinner Time



- Tom: Have some of the sweet and sour fish, please.
- Alice: It's appetizing and tasty.
- Tom: Will you have another coke?
- Alice: No, thank you. I'm afraid it's a bit too much for me.
- Tom: How about having a glass of white wine to go with the fish?
- Alice: That's a good idea. This dish is really wonderful.

Tom: What about some fruit? Help yourself to an apple, please.

Alice: It's very juicy. I must say we've had a splendid meal.

## Word Bank

sour /sauər/ *adj.* 有酸味的，酸的  
appetizing /'æpɪtaɪzɪŋ/ *adj.* 促进食欲的，开胃的

juicy /'dʒuːsɪ/ *adj.* 多汁的  
splendid /'splendɪd/ *adj.* 极好的



### Notes

1. How about having a glass of white wine to go with the fish? 来一杯白葡萄酒就着鱼吃怎么样?  
go with sth. 与……相配  
例如: Fish doesn't go with potato.
2. Help yourself to an apple, please. 自己拿一个苹果吃吧。  
help oneself to sth. 用来表示主人劝客人不要客气, 想要吃点什么, 自己随意。

### Exercises

- I. Choose the expression which is the closest in meaning to the underlined part in each sentence.
  1. Fish and chicken don't go together.  
 A. walk together  
 B. swim together  
 C. taste good when you cook them together
  2. Help yourself to some drink.  
 A. do yourself a favour              B. get ... by yourself              C. do me a favour
- II. Ask and Answer
  1. Suppose you are Tom. Ask Alice if she would like another coke.
  2. Suppose you are Tom. Ask Alice if she would like to have a glass of white wine to go with the fish.
  3. What ... Tom ask ... help herself to?
- III. Make up a dialogue between two friends talking about the best dinner they have ever had.

# **Unit 2    Keep in Shape**



- Mike: Look at those men on TV! What should I do to keep in shape, John?
- John: Just look around you, Mike. Look at me, for example.
- Mike: I am looking at you. You don't lift weights. You don't go to any health club.
- John: No. But I go jogging regularly. And look at Lisa. She plays badminton and her brother is crazy about playing basketball.
- Mike: How about Ben?
- John: He's a couch potato, just like you.

Mike: But he looks not so bad, does he?

John: Well, he always works so hard. But whenever he has free time he will watch TV instead of exercising. So he often has backache. Do you want to end up like that?

Mike: Ok. Well...

John: Come on! I would get up right now and throw away those chips if I were you.

## **Word Bank**

regularly /'regjʊləli/ **adv.** 有规律地  
couch /kaʊtʃ/ **n.** 沙发  
backache /'bækək/ **n.** 背部疼痛



### notes

1. keep in shape 保持好的身材、健康的身体

2. He's a couch potato.

couch potato: couch指坐卧两用的长沙发, potato指土豆, 所以“沙发土豆”就是有时间就坐在电视机前看电视的人。

3. instead of 而不是

4. Do you want to end up like that? 你想最终像他一样吗?

end up 最终成为……

5. I would get up right now and throw away those chips if I were you.

这里是虚拟语气, I would ... if I were you. 我要是你的话就……

### Exercises

I. Choose the expression which is the closest in meaning to the underlined part in each sentence.

1. He's a couch potato, just like you.

- A. He watches too much TV and exercises too little
- B. He likes eating potato chips
- C. He likes sitting in the couch

2. Do you want to end up like that?

- A. finally fail
- B. finally become what he is like
- C. finish the work in that way

II. Ask and answer

1. Suppose you are Mike, ask John what to do to keep in shape?

2. Why ... John ... good shape?

3. What ... Lisa ... to keep ...?

4. Why ... Ben ... backache?

III. Make up a dialogue between two friends talking about keeping healthy.

# Unit 3 Do Me a Favour!



- Rose: If you happen to go by a stationer's, could you buy a pad of writing-paper for me?
- Tom: Sure. No problem.
- Rose: But don't bother if it's inconvenient. Here's a ten-dollar bill. I'm sure that it'll be more than enough. Oh, and would you mind posting these letters?
- Tom: Not at all.
- Rose: Just one more thing ... could you drop off this film at a camera shop?
- Tom: Sure, if I have time.
- Rose: Thank you very much!

- Tom: I'm going into town. Shall I get you anything while I'm out?
- Rose: Do you think you might go by a post office?
- Tom: I could. What would you like?
- Rose: Oh. Could you get me a book of twenty-cent stamps?
- Tom: Sure. I'd be glad to.
- Rose: I'll go and get some money.
- Tom: Don't worry about it. You can pay me when I get back.

## Word Bank

bother /'bɒðə/ v. 打扰, 烦扰  
inconvenient /ˌɪnkeɪn'veɪnjənt/ adj.  
不方便的, 造成麻烦的



### Notes

- If you happen to go by a stationer's, could you buy a pad of writing-paper for me? 如果你路过文具店的话, 能不能帮我买一沓白纸。  
**happen to do sth.** 碰巧做某事
- Just one more thing ... could you drop off this film at a camera shop? 最后一件事, 你能帮我把这筒胶卷送到照相店吗?  
**drop off sth.** 把某个东西送到某个地方。

### Exercises

- Choose the expression which is the closest in meaning to the underlined part in each sentence.
  - It happens to be my first visit to the Great Wall.
    - takes place
    - is by chance
    - turns out to be
  - You can drop me off at the front gate.
    - let me get off
    - throw me out
    - send me to
- Ask and answer
  - Suppose you are Tom. Ask Rose if you should get him something while you are out.
  - What would Rose ...?
  - When would Tom like ... money for ...?
  - Suppose you are Rose. Ask Tom if he would mind posting these letters.
  - Suppose you are Rose. Ask Tom if he could drop off the film at a camera shop.
- Make up a dialogue between you and your friend. Try to offer a hand and ask what she/he may need when you are in town.