

# ESSENTIAL ENGLISH

# 精萃英语



 新东方<sup>®</sup>  
NEW ORIENTAL

新东方学校指定教材

译林出版社

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新东方学校指定教材

ESSENTIAL  
ENGLISH

# 精萃英语

供外国学生使用

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## Preface

*Essential English* is a course for the teaching of English to foreign students. It is intended principally for adults, although it can also be used with younger learners. After working thoroughly through the four books, of which this is the first, the student should have a sound mastery of the basic structures and sentence patterns of the language, a limited but very practical vocabulary, and a familiarity both with everyday colloquial speech and with more literary forms of the language.

The grammatical material is introduced progressively and systematically and each lesson contains copious drill material and exercises. The vocabulary is introduced naturally as the lessons unfold, and a complete word list, together with phonetic transcriptions, will be found at the end of each book.

One reason for the success and popularity which *Essential English* has enjoyed for many years is surely the interest in the “characters”—Mr. Priestley, his family and his group of students. This provides the framework for the course, and almost without realising it the learner becomes absorbed in the personalities and everyday lives of Lucille, Pedro, Olaf, Jan, Frieda—and, of course Hob. Through their eyes we encounter not only the problems of learning English but also those of living in an unfamiliar country.

In spite of the “new look” of this new edition of my father’s course, it remains fundamentally the same as previous editions, and I believe that teachers who have been using them will quickly feel completely at home with it. Some of the material—particularly that dealing with everyday life in Britain—urgently needed bringing up to date, and this has been done. I have also re-written and expanded much of the grammatical explanation, and I hope that teachers and students will find these sections clearer and more useful. A number of exercises have been revised, and in some cases re-written, and many of the illustrations have been re-drawn.

My father was always very glad to receive comments and suggestions from users of the course, and was able to make use of these when preparing revisions. I too have found such comments invaluable and shall be very glad to hear from teachers and students who have criticisms or can suggest improvements.

J.M.E.

# 前 言

《精萃英语》是教授外国学生英语的教程。它的主要对象是成人，但也适用于年龄小一些的学生。学生认认真真学完这四册书——本书为第一册——应该能扎实地掌握英语的基本结构和句型，掌握一定数量然而非常实用的词汇，能够既熟悉日常口语，又熟悉较为文学性的英语。

本教程对其中的语法材料进行了循序渐进并且有系统的介绍，每课含有大量训练材料和练习。词汇随着课文的展开而自然地引出，每册书后附有总词汇表及其国际音标。

《精萃英语》长年获得成功并深孚众望，原因之一无疑是人们对本书中的“人物”——普里斯特利先生、他的家人以及他的一群学生——怀有兴趣。这为本课程提供了一个框架，学生几乎是不知不觉就被卢雪儿、皮德罗、欧拉夫、贾恩、付莉达——当然还有霍白——的个性和日常生活吸引住了。通过他们的眼睛，我们不仅接触到了英语学习方面的问题，而且也了解了在异国他乡生活上所遇到的问题。

虽然此版本使父亲的这套教程“面目一新”，但它与以前历次版本的内容基本一致，我相信一直在使用这套教程的老师很快就会运用自如的。有些材料——尤其是关于英国日常生活方面的——迫切需要更新，这项工作已在新版本中完成。我也改写并扩充了许多语法说明，希望师生们会发觉这些部分更加清晰、更加有用。许多练习已作了修订，有些是重新写的，许多插图也是重画的。

我的父亲始终非常乐于接收来自教程使用者的评论与建议，并能够在着手修订时予以采纳。我也发现这些评论乃是无价之宝，我将非常高兴地听取师生们的批评和改进意见。

J. M. 艾克斯利

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## THE SOUNDS IN ENGLISH

### 英语语音

Phonetic Symbol 音标

Examples 例词

#### Vowels 元音

i:	me, tree, three, he, people, the <sup>1</sup>
ɪ	ship, it, ticket, this, king
e	bed, pen, egg, yes, men, well
æ	man, that, am, and, Paris, can, Spanish
ɑ:	past, dark, arm, are, car, hard
ɒ	not, lot, wash, song, from, rock, coffee
ɔ:	all, small, ball, or, forty, morning
ʊ	put, full, look, good, foot, book
u:	who, move, moon, blue, do, too
ʌ	up, cup, much, sun, some, but
ɜ:	her, Thursday, burn, third, thirteen, worth, work
ə	a, the <sup>2</sup> , under, father, address, servant, Saturday

#### Diphthongs 双元音

eɪ	say, baby, train, plate, table, waiter, Spain
əʊ	no, smoke, those, motor, only, Poland, hotel
aɪ	five, nice, ice, eye, my, side
aʊ	how, count, flower, cloud, hour, now
ɔɪ	boy, noise, boil, voice
ɪə	dear, clear, beer, really, ear
ɛə	where, there, their, chair, hair, care
ɔ:	four, door, your, more, floor
ʊə	sure, poor

1 Strong form. 强式。

2 Weak form. 弱式。

## Consonants 辅音

p	pen, pay, people, pull, open, help
b	be, bath, boy, bad, husband, bed, beef
t	train, tree, sit, tea, table, hotel, stop
d	door, day, sad, kind, desk, Friday, word
k	cold, back, clock, car, class, king
g	gold, bag, girl, dog, good, go, egg-cup
f	fine, far, safe, flower, fifteen, after
v	very, save, vegetable, seven, never
θ	thank, thick, thin, nothing, think, twentieth
ð	then, that, there, weather, with, together
s	so, sit, sleep, thinks, place, cigarette
z	zero, has, knives, comes, plays, noise
ʃ	ship, sharp, fish, English, short
ʒ	pleasure, measure
tʃ	Charles, each, Richard, much
dʒ	John, judge, age, Japan, language
h	his, happy, here, help, unhappy
m	man, make, many, my, swim
n	name, near, then, finish
ŋ	sing, thing, working, English, king
r	red, around, very, rich, every, room
l	leave, long, full, pull, greatly, last
w	will, work, away, when, window, wash
j	yellow, year, you, young, yes

# THE ENGLISH ALPHABET

## 英语字母表


Aa	Bb	Cc	Dd	Ee	Ff	Gg	Hh	Ii
Jj								
eɪ	bi:	si:	di:	i:	ef	dʒi:	eɪtʃ	aɪ
dʒeɪ								
Kk	Ll	Mm	Nn	Oo	Pp	Qq	Rr	Ss
Tt								
keɪ	el	em	en	əʊ	pi:	kju:	ɑ:(r)	es
ti:								
Uu	Vv	Ww	Xx	Yy	Zz			
ju:	vi:	'dʌblju	eks	wai	zed			

# Lesson 1

## (First Lesson)

Number 1 (one)




 Number 1 is a man.  
This is a man.



Number 2 (two)




 Number 2 is a woman.  
This is a woman.



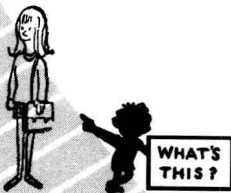
Number 3 (three)




 This is a boy.  
*Question:* What is this?  
*Answer:* This is a boy.

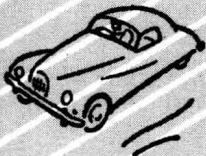
**WHAT**

Number 4 (four)



 This is a girl.  
*Question:* What is this?  
*Answer:* This is a girl.

Number 5 (five)



4.12

Number 6 (six)



**QUESTION** Question: What is this?

**WHAT'S THIS?**

Answer: It is a train.

It's a train.

Number 7 (seven)



Question: What is number 7?

Answer: Number 7 is a mountain.

Number 8 (eight)



Question: What is number 8?

Answer: Number 8 is a clock.

Number 9 (nine)



Question: Is this a tree?

**YES**

Answer: Yes, this is a tree.



QUESTION

ANSWER

Number 10 (ten)



Question: Is this a ship?

Answer: Yes, it is.

Number 11 (eleven)



Question: Is this a ship?

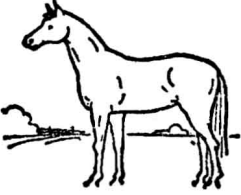
Answer: No, it is not a ship;

**NO**

it is a cigarette.



## Number 12 (twelve)




*Question:* Is this a cigarette?

*Answer:* No, it is not a cigarette; it is a horse.

## Number 13 (thirteen)



 This is a man and a boy.

## Number 14 (fourteen)



*Question:* What is this?

*Answer:* It is a woman and a baby.

## Number 15 (fifteen)



*Question:* Is this a woman and a baby?

*Answer:* No, it is not; it is a cat and a dog.

## Number 16 (sixteen)



*Question:* Is this a cat and a dog?

*Answer:* No, it is not; it is a hammer and a nail.

## NEW WORDS 生词

**lesson** /'lesn/ *n.* 课

**one** /wʌn/ *n.* 一

**first** /fɜ:st/ *a.* 第一的

**number** /'nʌmbə/ *n.* 号码

**is** /ɪz/ (*be* 的第三人称单数现在时) 是

**a** /eɪ, ə/ *art.* (不定冠词) 一 (个)

**man** /mæn/ *n.* 男人

**two** /tu:/ *n.* 二

**woman** /'wʊmən/ (复 *women* /'wɪmɪn/)

*n.* 成年女子, 妇女

**this** /ðɪs/ *a. & pron.* 这; 这个

**three** /θri:/ *n.* 三

**boy** /bɔɪ/ *n.* 男孩

**question** /'kwɛstʃən/ *n.* 问题

**what** /wɒt/ *pron.* (疑问代词) 什么

**answer** /'ɑ:nsə/ *n.* 回答

**four** /fɔ:/ *n.* 四

**girl** /gɜ:l/ *n.* 女孩; 姑娘

**five** /faɪv/ *n.* 五

**motor** /'məʊtə/ *n.* 汽车

**car** /kɑ:/ *n.* 小汽车, 轿车

**motor-car** /'məʊtəkɑ:/ *n.* 汽车

**six** /sɪks/ *n.* 六

**it** /ɪt/ *pron.* 它; 这; 那

**train** /treɪn/ *n.* 火车

**seven** /'sevən/ *n.* 七

**mountain** /'maʊntɪn/ *n.* 山

**eight** /eɪt/ *n.* 八

**clock** /klɒk/ *n.* 钟, 时钟

**nine** /naɪn/ *n.* 九

**tree** /tri:/ *n.* 树

**yes** /jes/ *ad.* 是, 是的; 好的

**ten** /ten/ *n.* 十

**ship** /ʃɪp/ *n.* 船

**eleven** /ɪ'levən/ *n.* 十一

**no** /nəʊ/ *ad.* 不, 不是; 没有

**not** /nɒt/ *ad.* 不, 没; 不是

**cigarette** /sɪgə'ret/ *n.* 香烟

**twelve** /twelv/ *n.* 十二

**horse** /hɔ:s/ *n.* 马

**and** /ænd, ənd, nd/ *conj.* 和, 及, 与

**thirteen** /'θɜ:'ti:n/ *n.* 十三

**fourteen** /'fɔ:'ti:n/ *n.* 十四

**baby** /'beɪbɪ/ *n.* 婴儿

**fifteen** /'fɪf'ti:n/ *n.* 十五

**cat** /kæt/ *n.* 猫

**dog** /dɒg/ *n.* 狗

**sixteen** /'sɪks'ti:n/ *n.* 十六

**hammer** /'hæmə/ *n.* 锤子, 榔头

**nail** /neɪl/ *n.* 钉子

\* \* \* \* \*

(以下为语法及练习部分单词)

**pronunciation** /prəˌnʌnsɪ'eɪʃən/ *n.* 发音

**drill** /drɪl/ *n.* 练习; 训练

**exercise** /'eksəsaɪz/ *n.* 练习

**put** /pʊt/ *vt.* 放, 置

**in** /ɪn/ *ad.* 进, 入

**the** /ði:, ðə/ *art.* (定冠词) 指特定的人或物

**missing** /'mɪsɪŋ/ *a.* 缺掉的

**word** /wɜ:d/ *n.* 单词

**write** /raɪt/ *vt.* 写

**to** /tu:; tʊ, tə/ *prep.* 到

**dictation** /dɪk'teɪʃən/ *n.* 听写

**new** /nju:/ *a.* 新的; 生疏的

## 参考译文

### 第一幅

第一幅画是一个男人。

这是一个男人。

### 第二幅

第二幅画是一个女人。

这是一个女人。

### 第三幅

这是一个男孩。

问题：这是什么？

回答：这是一个男孩。

### 第四幅

这是一个女孩。

问题：这是什么？

回答：这是一个女孩。

### 第五幅

这是一辆汽车。

### 第六幅

问题：这是什么？

回答：它是一列火车。

### 第七幅

问题：第七幅画是什么？

回答：第七幅画是一座山。

### 第八幅

问题：第八幅画是什么？

回答：第八幅画是一只钟。

### 第九幅

问题：这是一棵树吗？

回答：是的，这是一棵树。

### 第十幅

问题：这是一艘船吗？

回答：是的，它是。

### 第十一幅

问题：这是一艘船吗？

回答：不，它不是一艘船。它是一枝香烟。

### 第十二幅

问题：这是一枝香烟吗？

回答：不，它不是一枝香烟；它是一匹马。

### 第十三幅

这是一个男人和一个男孩。

### 第十四幅

问题：这是什么？

回答：这是一个女人和一个婴儿。

### 第十五幅

问题：这是一个女人和一个婴儿吗？

回答：不，它不是；它是一只猫和一只狗。

### 第十六幅

问题：这是一只猫和一只狗吗？

回答：不，它不是；它是一把榔头和一只钉子。



# PRONUNCIATION DRILL 发音训练

/i:/	/ɪ/	/e/	/æ/	/ɑ:/
three	this	yes	man	car
'four'teen	six	ten	cat	answer
tree	ship	e'leven	hammer	
'fif'teen	is	'seven		
'thir'teen	'baby	'question		
'six'teen	'mountain	twelve		
	e'leven	ciga'rette		
	'fif'teen	'lesson		
	in			
	'six'teen			
	ciga'rette			

/ɒ/	/ɔ:/	/ʊ/	/u:/	/ʌ/
not	four	'woman	two	'number
what	horse	put		one
dog	'four'teen			
clock				

/ɜ:/	/ə/	/eɪ/	/əʊ/	/aɪ/
girl	a	train	no	five
word	'woman	'baby	'motor	nine
'thir'teen	'hammer	nail		write
first	'motor	eight		
	'answer			
	and			

/aʊ/	/ɔɪ/
'mountain	boy

/ð/ (voiced) this	/t/ ten, tree, train, 'thir'teen
/θ/ (unvoiced) three, 'thir'teen	/h/ horse, 'hammer
/w/ what, 'woman	