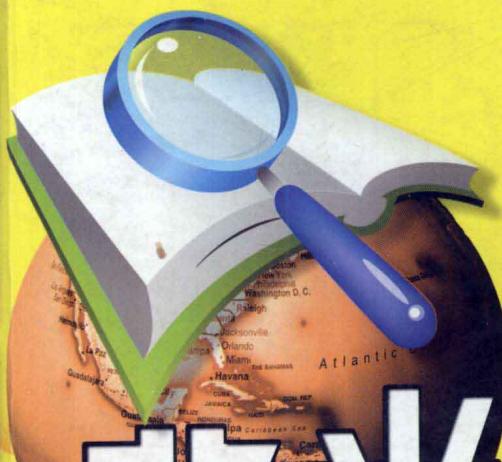


# Peculiar Explanation

宋伯涛 总主编

人教版

北京朗曼教学与研究中心教研成果



# 非常讲解



八年级英语  
教材全解全析（上）

天津人民出版社

# 《八年级英语教材全解全析(上)》

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(人教版)



主 编 宋伯涛  
赵维平  
编 者 王明理  
李学敏  
杜晓松  
刘彩霞

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《非常讲解》系列丛书汇集了北京朗曼教学与研究中心最新教学科研成果。值此再版之际,北京朗曼教学与研究中心向全国千百万热心读者深表谢意!

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# 前

# 言

“非常讲解”丛书是朗曼教学与研究中心继《中学1+1》丛书之后推出的又一品牌，已在图书市场上畅销了5年。所谓“非常”，就是独特新颖，不落窠臼，就是别具一格，与众不同，就是以非常规的模式、非常规的角度来构设板块与栏目，给人非常规的感受。

“非常讲解”丛书具备以下特色：

## 新颖

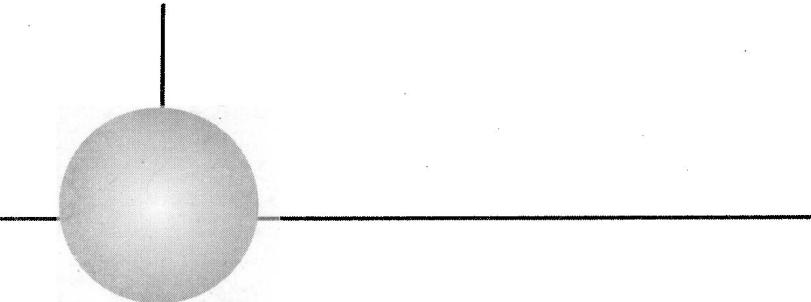
理念新，以“课标”精神与理念贯穿全书，融知识、能力、素质为一体，化方法、实践、创新于一炉，突出学生的主体地位，培养学生自主学习的能力。体例新，既有基础知识的讲析，又有探索研究的平台，充分体现人文性、激励性和创造性。题型新，材料新，形式新，充分体现当前中(高)考新的动向，给人耳目一新之感。

## 透彻

针对教材的重点、难点、疑点和易错点，精讲精析，点拨到位，典例剖析，举一反三。文科注重知识点滴的积淀，注重个性化知识网络的构建和能力的迁移。理科注重揭示知识的内在联系，把握学科特点，提炼数理思想，联系实际，倡导理性思维，帮助学生梳理知识，探索规律，总结解题的思路、方法和技巧，点评解题关键，警示思维误区，不断提高学生的实践能力和创新能力。

## 实用

紧扣教材，与教学同步。注重讲析的层次性和练习



的难易度,面向全体学生,关注学生的个体差异,不同水平的学生都能从中找到展示自己的天地。注重知识讲析与激发学习兴趣、培养学习习惯相结合,有利于学生养成良好的学习品质,掌握良好的学习方法。

“非常讲解”丛书,贴近学生,切合实际,内容丰富,处处洋溢着鲜活的灵性,这也是这套丛书投放市场以来,赢得广大学生、家长和教师青睐的魅力所在。

“非常讲解”丛书尽管精心打造,仍需要不断完善,不当之处,恳请专家、读者指正。

宋伯涛  
2006年5月于北师大

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## How often do you exercise?

你们多久锻炼一次身体?

# Unit 1 第一单元



## Part 1 Text Explanation 单元内容详解

### Section A

- 1a Look at the picture. Make a list of the different weekend activities<sup>①</sup>.  
看图,用表格列出不同的周末活动。

- 1b Listen and write the letters from the picture above on the lines below.  
听录音,在下面的横线上写下代表以上各图的字母。

1c PAIRWORK 两人活动

Talk about the people in the picture above. What do they do on weekends?  
谈一谈上图中的人们,他们在周末做什么?

A: What does she do on weekends<sup>②</sup>?

她在周末做什么?

B: She often<sup>③</sup> goes to the movies<sup>④</sup>.

她经常去看电影。

- 2a Listen. Cheng is talking about how often he does different activities. Match his activities with<sup>⑤</sup> the number of times he does them [1 – 5].

听录音,程先生正在谈论他进行不同活动的频率,将你听到的活动用1—5的序号连线。

How often<sup>⑥</sup> do you watch TV? 你多久看一次电视?

Twice a week. 一周两次。

- 2b Listen again. How often does Cheng do the activities above? Match his activities with<sup>⑦</sup> the number of times he does them.

再听一遍录音,程先生多久进行一次上述活动? 将他的活动与相应的活动次数连线。

2c PAIRWORK 两人活动

How often do you do these activities? Fill in the chart and then make conversations.