

Part 2 释放你的情绪

06 今儿个真高兴 Liam Happy Today ····································	032
07 这让我很受伤 It Hurts Me ······	037
08 烦恼别再来 No More Trouble ····································	042
09 怒火在燃烧 The Fury is Burning ······	047
10 忧伤在蔓延 The Sorrow is Spreading ····································	052
Part 3 我为工作忙	
11 寻找新工作	
Looking for a New Job	058
Looking for a New Job 12 忙碌的一天 A Busy Day	
12 忙碌的一天	2745 (1
12 忙碌的一天 A Busy Day ··································	28TEM C (14 063

· Gontents 目录 ·

I alto Margin	
46 春节大联欢 - New Burk Ob. Spring Festival Get-Together	242
47 欢聚元宵节 The Happy Reunion Lantern Festival·······	248
48 甜蜜情人节 大场与主义战的压力。 The Sweet Valentine's Day	253
49 金色中秋节 The Golden Mid-Autumn Day	258
50 白色圣诞节 The White Christmas	263
Part 10 时尚新生活	
51 环保先锋 Green Pioneer	270
52 网上购物 Shopping Online	274
53 星座物语 Horoscope	279
54 宠物来作伴 The Pets Accompany Me ······	284
55 有车一族 Cars Owners ·······	i un di

- I was born in Beijing, but now I am an American citizen. 我生于北京,但现在我是个美国公民。
- Have you been to America? 你夫讨美国吗?
- Tulips are the national flowers of Holland. 郁金香是荷兰的国花。
- What is the chief town in Norway? 挪威的主要城市是哪一个?
- Where is your hometown? 你的家乡是哪里?
- My hometown is on the northeast of China. 我的家乡在中国的东北部。
- I immigrated into Canada with my family a few years ago. 几年前,我随家人移民到了加拿大。
- I grew up in a big city, Beijing. 我在北京这个大城市长大。





双聊英语 ®美国人一样聊



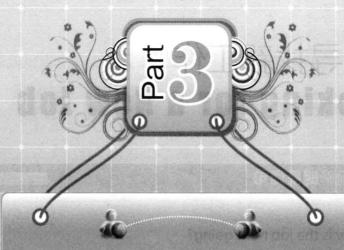
■ 网聊**缩略语**

Seed Land Rail

缩略语	全写形式	中文意思	
u	You	你	
2	То	到,向	
r	Are	是	
OZ	Australia	澳大利亚	
4	For	为了,因为	
ur	Your	你的	
BTW	By The Way	顺便问一下	
IC	l See	我知道了	
Yep	Yes	是的	
В4	Before	在之前	
TY	Thank You	谢谢	

▼文化一点通

西方人, 尤其是美国人, 对故乡的依意之情并不是很重, 他们并不安于待在一个地方, 总是不断地追求新奇, 很具有探索性, 因而他们总是渴望去一些新地方, 开创新生活。相对于西方人而言, 中国人安土重迁的观念比较强, 这也使得人们有着很浓的恋乡情结, 不管是远离故乡的游子, 还是远走他乡讨生活的漂泊者, 甚至是流浪汉, 都逃离不了对故乡的依恋, 而且这种感情会随着年岁的增长而日盛。中国人的这种恋乡情结由来已久, 从古至今也有很多描述这种感情的诗句、散文, 古代有"独在异乡为异客, 每逢佳节倍周亲"等诗句, 现代则有席慕容的《乡愁》等。



网聊话题 随口道来

对 我为工作忙

寻找新工作 Looking for a New Job

忙碌的一天 A Busy Day

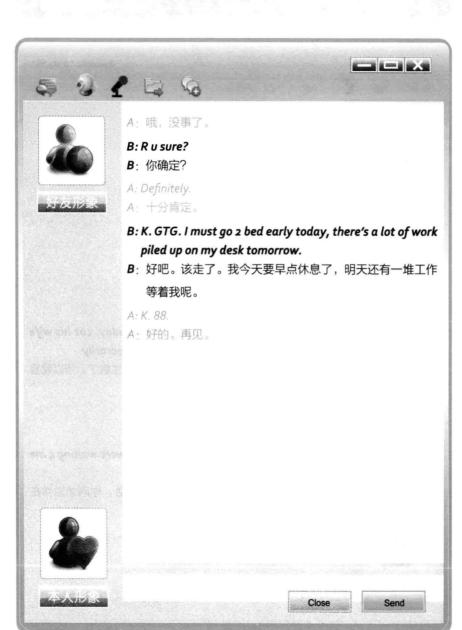
体贴的同事 Considerate Colleagues

升职进行曲 Promotion March

自己来创业 Build My Own Business

双聊英语 ®美国人一样聊





■ 网聊ing





La 10

A: Hello. A: 你好。

B: Hello. Still up?

B: 你好。还没睡?

A: Yup. I can't fall asleep! I have something big 2 tell u.

A:是呀。我睡不着。我有件重要的事要告诉你。

B: Really? What's it?

B: 真的吗? 什么事?

A: I got promotion today!

A: 我今天升职了!

B: Wow, that's really great news. Congratulations!

B: 哇,这真是个好消息。祝贺你!

A:TX.

A: 谢谢。

B: Now what's ur job title?

B: 那你现在的头衔是什么?

A: Sales manager of the company. In fact, I couldn't believe it at all first. After all, there r so many excellent staff in our company; and many of them r qualified 2 fill this position.

A: 销售部经理。事实上,我一点都不相信这个消息。毕竟我们 公司有很多优秀的员工。而且很多人都可以胜任这个职位。



Close

Send

双聊支语®美国人一样聊

- I am stealing vegetables at the Happy Farm. 我正在开心农场偷菜呢。
- I was up all night playing an online game yesterday.

 我昨天通宵打游戏。
- Many people are mad about online games
 很多人都对网络游戏着了迷。
- Many people are tempted to play the games online.
 很多人被网络游戏所吸引。
- I play games online when I feel boring. 我无聊的时候就上网玩游戏。
- I find it is amusing to play online games. 我发现玩网络游戏很有意思。
- I don't think online games are always harmful. 我认为网络游戏并不总是有害的。



网 聊 英 语 像美国人一样聊

20 徒步去旅行 Have a Hike

■ 网聊明星词句

- Do you already have plans for this weekend? 你这个周末已经有计划了吗?
- What will you do during the weekend? 周末你打算干什么?
- I am going to hike in the mountain this weekend.这个周末我要到山中徒步旅行。
- I always bring a canteen with me on a hike. 我作徒步旅行时总是带着水壶。
- Would you like to go on a hike this summer vacation? 这个暑假你想去徒步旅行吗?
- Going on a hike is not only funny but also a good sport. 徒步旅行不仅很有意思,还是项良好的运动。
- I think you'd better take your first-aid kit to the hike tomorrow. 我觉得你明天远足时最好带上急救箱。
- Do you feel up to taking a long hike? 你能承受得了长途徒步旅行吗?

双聊英语 像美国人一样聊



■ 网聊缩略语

缩略语	全写形式	中文意思	
u	You	你	
Yup	Yes	是的	
2	То	到,向	
r	Are	是	
KFC	Kentucky Fried Chicken	肯德基	
Wut	What	什么	
coz	Because	因为	
OIC	Oh, I See	哦,我明白了	
BTW	By The Way	顺便问一句	
Nope	No	不是	
CWYL	Chat With You Later	待会再聊	

文化一点通



KFC出售的部分食品的英文名称.

土豆泥 Mashed Potatoes

五米沙拉 Corn salad

烤鸡翅 Roast Chicken Wings

鸡米花 Chicken Popcorn

香辣鸡翅 Hot Wings

上校鸡块 Colonels Crispy Strips

鸡米花Popcorn chicken

五米棒Corn on the cob

香辣鸡块Hot & Spicy chicken

鸡腿汉堡 KFC burger

深海鳕鱼堡 Cod fish burger

川辣嫩牛五方 Beef wrap

吮指原味鸡 Original recipe fried chicken

cincic

春辣/勃脆鸡腿堡 Zinger burger/

Extra-tasty crispy burger

新奥尔良烤鸡腿堡 New Orleans

roasted burger

墨西哥/老北京鸡肉卷Mexican/

Dragon twister

24 食物和健康 Food and Health

■ 网聊明星词句



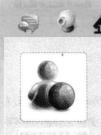
- I wonder what is called a healthy diet. 我想知道什么叫健康饮食。
- We can't stress enough the importance of a healthy diet. 健康饮食的重要性我们再怎么强调也不为过。
- Proper diet is important for health.适当的饮食对身体健康很重要。
- A healthy diet should supply all necessary vitamins and minerals.

健康的饮食应该包括所有必需的维生素和矿物质。

- I liked the healthy lifestyle and diet. 我喜欢健康的生活方式和饮食。
- A well-balanced diet will keep you fit. 饮食均衡能让你保持健康。
- You should try to keep fit and prevent from eating too much. 你应该努力保持健康,避免吃得过多。
- I am very particular about food.

図聊英语 ®美国人一样聊





A· 庙会上都有些什么活动呢?

- B: At the very beginning, the temple fair is held 2 offer sacrifices 2 the village god. With it getting more and more popular, farmers and merchants come here to sell their products and other goods; and various kinds of folk arts performs in the temple fair.
- **B**: 一开始的时候,举行庙会是为了祭祀土地神。随着庙会变得越来越盛行,农民和商人都会到这里来出售他们的产品和其他商品,各种民间艺术也会在庙会中表演。
- A: Sounds funny and festive.
- A: 听起来既有趣又热闹。
- B: Yup. Temple fairs r a major attraction 4 Chinese ppl during the Spring Festival. Ppl go 2 see the temple fair in force during the Spring Festival. They buy goods, enjoy the performances and taste snacks. In recent years, many foreigners like 2 go 2 the temple fair, and it has become a place 4 foreign tourists 2 appreciate the traditional art and experience the traditional life.
- B: 是呀。春节期间,庙会对于中国人来说是很有吸引力的。 人们在春节期间成群结队地去逛庙会,他们购买商品,观 看表演,品尝小吃。近几年来,很多外国人也喜欢逛庙 会,它已经成为外国游客欣赏传统艺术和体验传统生活的



Close

Send

网聊英语^{像美国人一样聊}

■ 网聊ing





A: Wut other traditional festivals do Chinese value most besides the Spring Festival and the Lantern Festival?

A: 除了春节和元宵节以外,你们最重视的传统节日是什么呢?

B: I think I would say the Mid-Autumn Day. It is a very important Chinese festival.

B: 我想应该是中秋节了。它是中国一个很重要的节日。

A: What's the meaning behind this festival?

A: 这个节日有什么特殊意义吗?

B: Well, it is said it has originated from sacrificing 2 the moon goddess in ancient China. But, nowadays the full moon just represents the gathering of friends and family. On this day, ppl who work far away from their homes will try 2 come back 4 the union.

B: 嗯,据说是源于中国古代人们向月亮女神献祭。不过现在满月只是代表朋友或家人的团圆而已。在这一天,外出工作的人们都会尽量回家团聚的。

A: When does this festival come?

A: 这个节日是什么时候到来?

B: It falls on the 15th day of August in the lunar calendar.

B: 农历的8月15日。



Close

Send





缩略语	全写形式	中文意思是的	
Yep	Yes		
wut	What	什么	
u	You	你	
4	For	为了	
IC	Isee	我明白了	



文化一点通

在西方,每当圣诞来临,人们都会对自家进行一些装饰,而其中最重要的部分莫过于在家中摆放圣诞村,这一习俗最初源于德国,后来才逐步推广到欧美其他国家。人们砍伐或购买杉、柏之类呈塔形的常青树,然后用星星、彩灯、纸花、礼物等物品装饰起来,摆放在起居室里。在圣诞节期间,人们还会在门口挂上圣诞节环,它是用绿色的枝叶(松毛、松针等)、银色金属及金色铃铛再配以红色缎带而做成的,人们还会在上面写上MERRY CHRISMAS,以增添节日的欢乐喜庆气氛。据说,在门口挂上圣诞节环的这种习俗最早起源于芬兰。



52 网上购物 Shopping Online

■ 网聊明星词句

- Shopping online is really easy and fast.
 网上购物确实快捷方便。
- Shopping online is very popular now in China. 在中国,网上购物现在是非常普遍的。
- Do you have any experience in shopping online? 你有没有网上购物的经验?
- I am particularly keen one-shopping. 我非常热衷于网上购物。
- More and more young adults choose to shop on the Internet because it saves time and effort.
 - 越来越多的年轻人选择在网上购物因为它能节省时间和 精力。
- Shopping online is a new way of consumption. 网上购物是当今消费的一种新途径。
- Shopping online is convenient, but the quality of goods can not be guaranteed.
 - 网上购物很方便,但商品的质量难以保证。

53 星座物语 Horoscope

■ 网聊明星词句



- Pisces is one of the busiest signs during the next two months. 双鱼座在今后两个月里是最忙的星座之一。
- It is said Pisces is the most romantic one. 据说双鱼座是最浪漫的星座。
- Scorpio belongs to the Water Sign.天蝎座属于水象星座。
- I am learning on describing a person with signs. 我正在学习从星座的角度来描述一个人。
- People born under the sign of Scorpios really believe in themselves and have strong desires.
 星座属相为天蝎座的人很自信,而且有强烈的欲望。
- Scorpios' feelings are always very strong.天蝎座的人的情感非常强烈。
- Blue is an especially lucky color for people born under the signs of Aquarius.
 - 对于水瓶座的人来说,蓝色是个特别吉祥的颜色。
- The Earth Sign includes Taurus, Virgo, and Capricorn.