

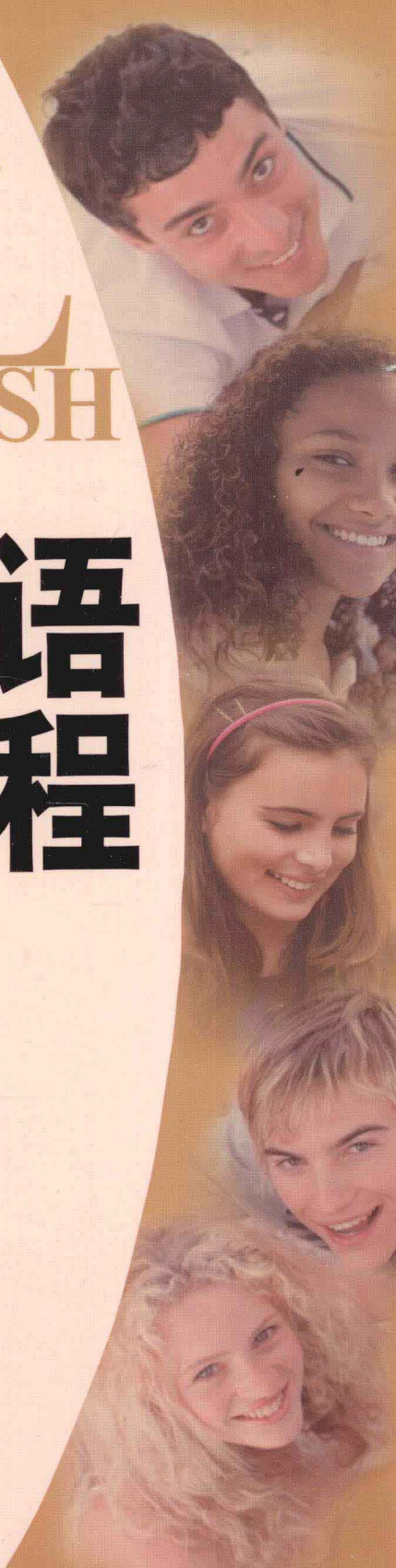
COLLEGE ORAL ENGLISH

大学英语 口语教程

主 编 高丙梁 于 莹
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大学英语口语教程

College Oral English

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内 容 简 介

本书内容涉及到学习、生活、娱乐等方面的十大热点话题,融实用性、趣味性、知识性于一体,旨在为热衷于英语口语的学习者提供话题,帮助学习者迅速提高英语会话水平。

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编写说明

随着改革开放政策的不断深入,国际间的交往日益频繁,英语作为最流行的国际通用语言发挥着越来越重要的作用。大学英语教学是高等教育的一个有机组成部分,近观我国大学英语教学改革的全过程,对大学生的英语应用能力和英语口语能力要求越来越高。如何提高英语口语能力成为困扰许多大学生的问题。考虑到这种需求,我们编写了《大学英语口语教程》。本书是专为广大的非英语专业的大学生编写的。编者根据多年的实际教学经验,针对其在口语教学中碰到的一些难题,参考了英美等国出版的多种会话材料,旨在给热衷于英语口语的大学生们提供多种话题,以便有针对性地进行练习,迅速提高英语会话水平。

本书有三大特点:

一、实用性是本书最大的特点。编者精心挑选了十个热点话题,涉及到大学生活及社会生活的各个方面。十大主题包括:Advertising(广告),Computer Games(电脑游戏),Fans(粉丝,狂热爱好者),Holidays(节日),Interview(面试),Outdoor Activities(户外活动),Shopping Online(网购),Travel(旅行),Volunteers(志愿者),World Exhibition(会展)。每个主题大致包括 Introduction, Warming Up, Conversations, Speaking Activities, Fun Time, Language (cultural) Notes, Assignment 七大环节。题目新颖,口语活动和教学环节针对学生水平而设计,虽框架相同,但每个单元的形式和内容各有特色。使学生能够循序渐进、反复练习、加深理解,最终达到融会贯通,自由交流的目的。

二、图文并茂是本书的又一特点。克服了以往英语教材内容单调、形式死板的弊病,本书选配了大量的插图,不但有助于学生的理解,还可以提高他们的学习兴趣,使学生在学习中始终保持轻松愉快的心境。

三、语言是文化的一部分,提高语言交际能力的核心是大量消化和吸收语言输入,提高表达思想的能力。因此,在学生了解英语国家文化的同时,还要培养他们传播本国文化的能力。本书的每个单元都提供了背景知识介绍,最后还附了一些与本单元有关的常用词句,供学生反复揣摩和领会。

总之,本书内容广泛,涉及到学习、生活、娱乐等诸方面,融实用性、趣味性、知识性于一体。在使用本教程组织口语课堂教学中,可根据学生的水平和需求,教师也可灵活调整教学内容,进行取舍,不必完全拘泥于各个单元教学内容的安排。

各单元编者分别为第一单元(Outdoor Activities)杨鲁萍,第二单元(Volunteers)刘颖,第三单元(Travel)金辉霞,第四单元(Interview)朱丽娟,第五单元(Fans)裴娟,第六单元(World Exposition)胡婷婷,第七单元(computer games)朱羽颖,第八单元(Shopping online)刘晓红,第九单元(Holiday)于莹,第十单元(advertising)韩国春。陈佳玫和李辉参与了校对工作。

由于时间和编者水平所限,书中存在难免的错误恳请广大读者批评指正。

编者
2010 年底

使用说明

考虑到本书是为各级各类的大学生所编,教师在教学中不应局限于语音和语调的纠正或对话的模仿,而应侧重于语言交际能力的培养。教师应以语言实践活动组织者的身份,引导学生积极参与各种练习,在角色扮演和讨论的过程中,使自己的语言表达能力和交际能力得到进一步的提高。

本书训练的特点:

1. 每课都有对话内容,并提供相关的常用词汇和句型,供学生模仿与练习。
2. 围绕单元话题,设计了各种活动形式,有角色扮演、小组讨论、分组辩论和全班活动。

3. 每单元都备有课后练习,为学生提供更多的练习方式和口语活动。

本书共有 10 个单元,每单元 2~3 课时,供一学期使用。每单元共 7 个部分。

1. 课文背景或相关知识介绍。
2. 热身练习。主要通过问答、看图讨论、对话等方式引出本课话题,引发学生的学习兴趣。
3. 对话。每课大约有 2~3 个对话,为学生提供口语练习的素材和模仿的样本。
4. 口语活动。以学生练习活动为主,有角色扮演、小组活动和全班活动等多种形式。
5. 开心一刻。根据所见笑话、漫画、视频等内容进行讨论,发表个人观点。
6. 语言点。列出与该课文内容相关的常用词组和句型,供学生练习使用。
7. 课后练习。便于教师在课堂上灵活使用,同时也为基础较好的学生提供更多的课后练习机会。

编者
2010 年底

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Unit One

Outdoor Activities



I . Introduction

There are different ways to spend our free time, such as physical exercise and intellectual activities. Physical recreation and intellectual development are the two basic ways in which we college students engage ourselves in our leisure time. Some enjoy physical recreation while others prefer intellectual development.

Have you ever gone swimming on a hot stuffy summer day? Have you ever been to the seashore to see the splendid waves? Have you ever stood on the peak of a high mountain with clouds around you? Have you ever walked in the quiet silver moonlight? If you have none of these experiences, your life is an

inadequate one. As students, we spend most of our time studying indoors. Physical pastimes provide welcome and necessary breaks in our often sedentary lives and alert us to our physical condition. From strenuous sports such as marathon races to slow paced events like a round of golf, physical exercise affords us the opportunities to strengthen our bodies and to satisfy our competitive nature. In sports, one must learn to struggle for the victory, learn to fight with no matter what is left in his body. And one must learn to stick to one's own confidence and hope, no matter how little the hope may be. And one must learn to accept failure, learn to start over after failure.

II . Warming Up

Part 1 Questions

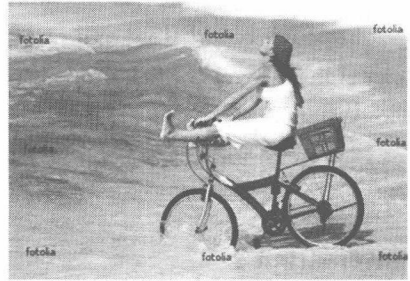
Directions: Think and answer the following questions.

1. What do you prefer to do in your spare time and why?
2. What outdoor activities are the most popular in China?
3. Below is a list of various kinds of activities. Use a few words such as “interesting”, “challenging”, “difficult”, “easy”, “boring”, and “famous” to describe your ideas about them.

Basketball	Badminton	Football	Baseball
Cycling	Cross country	Bungee jumping	Car racing
Formula 1	Golf	Mountain climbing	Sky-diving
Horse-riding	Roller-skating	Swimming	Jogging
Lawn tennis	Motor-racing	Marathon	Camping
Sailing	Ice hockey	Boxing	Taiji

Part 2 Discussion

Directions: Each of the following pictures represents a lifestyle. Discuss with your partner about your ideal lifestyle.



III. Conversations

Conversation 1

Going to the Beach

(Eric and Vicky are classmates. They are talking about what to do during the summer vacation.)

Eric: Vicky, I'm thinking of doing something next weekend when we have finished all the exams.

Vicky: Tell me about what you've got in mind.

Eric: What about going hiking? Don't you think it's a good idea to hike up to the mountain? We can walk freely under the blue sky and breathe deeply the fresh air.

Vicky: I'm fed up with hiking because it makes me exhausted. I used to hike

several times with my friends but every time I ended up with sleeping in a taxi on the way home. When I got home I even was too tired to take a shower.

Eric: Then I guess hiking doesn't suit everybody. Why not go for a swim? I think there is nothing better than swimming for exercise in summer.

Vicky: Hey, you took the words right out of my mouth!

Eric: Swimming is great exercise. It can boost our whole body capacity and help to reduce weight. Magazines say that many famous stars choose swimming to keep fit and slim.

Vicky: You bet. I heard swimming can also reinforce brain function. So I'm trying to swim at least three times a week.

Eric: I can't agree more. Swimming will be very good for our health. It can improve blood flow and spur cell growth, too.

Vicky: Oh, great! And I think it's cool to get tanned in the sunshine.

Eric: What about going to the beach this weekend?

Vicky: Sounds like a good idea! I'll wear my new bikini. See you then.

Eric: See you, bye!

Conversation 2

Trying Bungee Jumping

(Tina is just back from holiday. She is telling her friend Elena the challenges she's been through.)

Tina: Hi, Elena! Nice to see you again.

Elena: Hi, Tina. Good to see you. How was your vacation?

Tina: It was great! I had lots of fun.

Elena: Glad to hear that! What did you do?

Tina: I tried bungee jumping.

Elena: Bungee jumping? I've never done that. What was it like? Were you scared?

Tina: Oh, yeah. I was terrified! But it was really thrilling.

Elena: You are daring, I should say. I wouldn't have the guts for that. What other things have you tried?

Tina: I did jet-skiing. Have you ever done that?

Elena: Lots of times. I still do it whenever I get a chance. I love it.

Tina: So do I. It feels like riding the waves when you are skiing on a jet.

Elena: Yeah, you get so thrilled that you feel totally relieved from any pressure.

IV. Speaking Activities

Activity 1 Role-play

Directions: Make up short conversations based on the following roles and settings. Try to incorporate the words and expressions you have learned in this unit into the conversations.

Setting 1

Role A: You're organizing a camping tour on the weekend. Invite your friend Helen to join you.

Role B: You are Helen. You accept your classmate's invitation and discuss about the things to take on the camping tour with him/her.

Setting 2

Role A: You've gained lots of weight recently and feel tired at work. You ask your friend for some advice on how to keep fit.

Role B: You suggest your friend go cycling or jogging regularly and give him/her some detailed advice on how to carry out the plan.

Setting 3

Role A: You want to join a rock-climbing club. You inquire about the details and the opening courses at the front desk.

Role B: You are a course advisor at the club and you tell A the detailed information about the different courses and help A find a course that suits him/her.

Activity 2 Group Work

Organizing a Trip

Directions: You are head of the photography club and have decided to organize an outing next month. You explain the purpose of the outing to the members; it's not only for fun, but also for taking pictures for a school photo ex-

hibition. Work in groups and discuss how to organize the activity. After you finish your discussion, fill in the table below and report your detailed plan to the whole class.

Your discussion should include

1. Where to go;
2. Means of transportation;
3. Preparations to make;
4. Budget for the outing.

Before you go . .	Details of the plan
The place to go (a lake, the beach, the mountain, a garden or...?)	
Means of transportation (by bus, by train, hike or ride a bicycle...?)	
Preparations to make (things to take, such as food, medicine, camera, tents, umbrellas, maps...)	
Money to spend (how much you can afford and how much you're going to spend on different items)	

Things you may want to bring

Food

bread 面包	a loaf of bread 一条面包	buns 小圆面包
luncheon 午餐肉	bacon 培根肉	canned fish 罐头鱼
pickles 腌菜	cheese 奶酪	ham 火腿
sausages 香肠	fruit 水果	fruit juice 果汁
mineral water 矿泉水		

Other items

paper cups 纸杯	paper napkins 餐巾纸	glue 胶水
umbrella 雨伞	sunscreen/block 防晒霜	hat 帽子
first-aid kit 急救箱	digital camera 数码相机	cell phone 手机

Desert Adventure

Setting: A plane crashes in the middle of the desert. Only four people survive. Now they have to decide what to take to help them walk out of the desert. Below are the items that they can choose. Remember that each person can only pick up one thing. Think about the reasons why you choose it and how it can help you in the desert.

Guiding Questions

1. What these four people can be? Imagine their identities.
2. What do people need most in the desert?
3. How can they survive and escape from the desert?



Flask with water



GPRS



Pistol



Tent



iPad



Umbrella



Cookies



Cell Phone



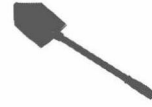
Fruits



Telescope



Flashlight



Spade

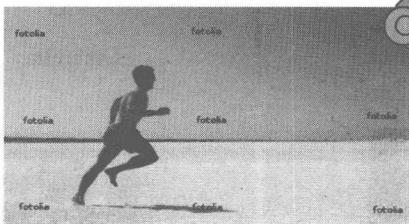
Activity 3 Whole Class Activity

What am I doing?

Directions: The whole class is divided into four or five groups; each group is given a certain number of cards with different outdoor activities on them. After some preparation, students from each group will take turns to mime the activities. While he/she is doing the mime, the other groups will try to guess what he/she is doing. For each correct guess, the group scores a point. At the end of the game, the group that gets the highest score wins.

V. Fun Time

Directions: Watch the videos of X-games and have fun!



- Do you dare to try X-games?
- Watch the video and challenge your eyes!

VI. Language Notes

Words about Outdoor Activities

hike/go hiking 徒步走	jog/go jogging 慢跑
go camping 露营	go cycling 骑自行车
go mountain climbing/mountaineering 登山	rock climbing 攀岩
extreme sports/games/X-games 极限运动	outdoor quest 越野挑战赛
bungy/bungee 蹦极	hang-gliding 悬挂式滑翔运动
motorcross (MTX) 摩托车越野	mountain biking 山地自行车运动
parasailing 水上滑翔伞运动	paragliding 滑翔伞运动
skydiving 高空跳伞	skateboarding 滑板运动
white-water canoeing 激流冲浪运动	wind surfing 风浪板运动
speed skiing 速度滑雪	snowboarding 滑雪板运动
scary/terrifying 害怕的	exhilarating/thrilling 刺激的
plummet 笔直落下	challenging/a real rush 充满挑战的

Sentences Used in Talking about Outdoor Activities

1. What do you like doing in your spare time? / What kind of things do you do in your free time?
你空余时间喜欢做什么?
2. What's your favorite sport?
你最喜欢的运动是什么?
3. What outdoor activities are you interested in?
你对什么户外活动感兴趣?
4. What do you like about jogging?

你为什么喜欢慢跑？

5. How often do you go jogging?

你多久慢跑一次？

6. I like going hiking with my friends to the mountains in my spare time.

空余时间我喜欢和朋友去登山。

7. Swimming is my favorite sport.

我最喜欢的运动是游泳。

8. I like jogging because it can build my body as well as develop my character to be more persistent.

我喜欢慢跑，因为它不仅锻炼身体也锤炼我的意志。

9. I love hiking because I can really get in touch with nature/ the air is so clean and fresh in the mountains/ of all the wildlife I see.

我喜欢徒步走，因为我能真正感受大自然/山里的空气如此清新/可以看到很多野生动植物。

10. I really want to challenge myself.

我真地想挑战一下自己。

11. I'm sorry I missed it.

我错过了，真遗憾。

12. Bungee jumping is just for thrills.

蹦极是为了寻求刺激。

13. I was totally scared/ thrilled.

我真是害怕/我觉得非常刺激。

14. Would you like to try any X-games?

你想尝试极限运动吗？

15. That sounds like a lot of fun.

那听起来很有趣。

16. It is more fun that way.

那样更有趣。

17. It's really fine weather to go camping.

今天真是露营的好天气。

18. It certainly looks like a good day for a hike.

今天看起来是徒步走的好日子。

19. It's really an ideal place for camping.

这里是露营的好地方。