

'SUPER'

S 终 T 身 U 学 D 习 Y 系列

无敌®

ACTIVATE
SIMPLE
ENGLISH

WORDS

启动简单英语
单词

便足够让你的期待成真



外文出版社
FOREIGN LANGUAGES PRESS

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其实只要学会300个超简单词
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把简单的单词用活

笔者从事英语教学已有十余年，见证了众多因为英语而心力交瘁的学习者，他们付出了大量的金钱、时间和精力，然而，依然只能勉强应付考试，表达(说出来、写出来)依然令他们望洋兴叹。

简化英语的先驱之一查尔斯·凯·奥格登(Charles Kay Ogden)于上世纪20年代设计出了他所谓的「基础英语」(Basic English)。它只用了850个单词——奥格登表示，对于交流来说，这已经足够了。

而事实上，绝大多数英语学习者的词汇量远远超过了850个，那么，为什么还远不能自如交流(包括书面交流)呢？这个原因并不复杂，就是没有把简单的单词用活。

本书精选300个最简单的单词——这绝对是中学生都会认为十分简单的单词，但却由这些单词产生出成千上万的生动、地道的表达。

也许，你会觉得这是在吹嘘，那就信手翻两页看看吧！

生难的单词或许考试是要用到的，但在日常的口头或书面表达便用不上，如果生拉硬扯地用那些“大词”反而显得你的英语太正式甚至蹩脚，这就是老外为什么说中国学生说话像写文章。我们也许看过老外写的Email，会发现他们的用词十分的简单，几乎都是我们十分熟悉的词，却把意思表达得清楚了。

秘诀就在于用好、用活这些简单单词！

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PART

超星级15词

001 drop

[drɒp]

v. 滴下, 落下; (使声音等)变弱, (使价格等)下降; 使跌倒; 使结束, 不再讨论, 停止与(某人)交往

n. 落下, 下降; 滴, 滴剂; 点滴, 微量; 下跌

(第三人称单数: **drops**; 过去式: **dropped**; 过去分词: **dropped**; 现在分词: **dropping**)

◆ Many drops make a shower.

积少成多。(shower ['ʃaʊə(r)] *n.* 阵雨)

1 a drop in the bucket/ocean

沧海一粟, 九牛一毛

2 a drop of something 一杯酒

3 at the drop of a hat

动不动就……; 乐意地

4 get the drop on 先发制人

5 have a drop in one's eye

有点醉意

6 have a drop too much

酒喝多了, 醉

7 in drops(=drop by drop)

一滴一滴地

8 eye drops 眼药水

9 mail drop 邮筒

10 let drop 使跌下; 说出, 透露

11 to the last drop of one's blood

(战斗)到最后一滴血

12 drop across 偶然遇见

13 drop away 离开, 散去; 减少

14 drop back

退后; 落后

15 drop behind 落伍, 落后于

16 drop by

顺便访问一下

17 drop dead 倒毙, 暴死

18 drop down

落下来; 沿(河)而下

19 drop in

顺便走访(某人)

20 drop on sb.

顺便走访(某人)

21 drop into 跌入, 陷入; 偶然进入

22 drop it 作罢; 别再那样了

23 drop off 离开; 掉下, 落下; 下车

24 drop out

退出, 中途退学; 不参与

25 drop over(to)/round 顺便访问

26 drop to 下降到, 降低到

◆ My knowledge in the field is but a drop in the bucket.

我那点认识不过是该领域的沧海一粟。

◆ I'll give you a drop of something to warm you up.

我给你一杯酒暖暖身子。

◆ She would blush at the drop of a hat. 她动不动就脸红。

◆ He will deliver homilies on the street at the drop of a hat.

他很乐意到街上去布道。[homily ['hɒməli] *n.* 说教; 布道(homilies是其复数形式)]

- ④ The gang **got the drop on** the targets by flashing police badges.
这伙歹徒向他们的目标出示警徽以便先发制人。
- ④ He seems to **have a drop in his eye**.
他似乎有点醉意。
- ④ I have **had a drop too much**.
我已经喝得太多了。
- ④ The sweat stood out **in drops** on his forehead.
滴滴汗水布满了他的额头。(sweat [swet] n. 汗)
- ④ The water leaked from the tap **drop by drop**.
水一滴一滴地从水龙头漏出来。(tap [tæp] n. 水龙头)
- ④ The **eye drops** will help to improve your eyesight.
这种眼药水能改善你的视力。
- ④ There is a **mail drop** near the gate.
大门附近有一个邮筒。
- ④ She **let drop** the cup.
她一松手，杯子就掉到地上了。
- ④ I would not **let drop** a word.
我决不说一个字。
- ④ We will defend our motherland **to the last drop of our blood**.
我们愿为保卫祖国流尽最后一滴血。
- ④ I **dropped across** Mr. Smith yesterday.
我昨天偶然碰上史密斯先生。
- ④ The guests **dropped away** one by one.
客人一个个散了。
- ④ Sales have **dropped away** in recent months.
近月来销售额减少了。
- ④ The troops got orders to **drop back**.
部队接到撤退的命令。
- ④ The horse **dropped back** halfway through the race.
那匹马跑了一半赛程便落后了。
- ④ Her long illness caused her to **drop behind** the rest of the class.
她长期生病使她落后于班上的其他同学。
- ④ **Drop by** my office this afternoon. 下午顺便到我办公室来一下。

- ④ Hit on the head, the enemy officer **dropped dead** instantly.
那个敌方军官因头部中弹当场倒毙。
- ④ Fruits soon **drop down** when they get ripe.
果实成熟后，便很快落下。
- ④ The boat began to **drop down** with the tide.
船随潮水顺流而下。
- ④ **Drop in** and see us when you're in London.
到伦敦时顺便来看我们。
- ④ Let's **drop on Jim** and surprise him.
让我们去看看吉姆，给他一个惊喜。
- ④ I **drop into** desperation this time.
这次我陷入了绝望之中。
- ④ He **dropped into** a roadside store.
他顺便走进一家路边的商店。
- ④ Since you don't agree, let's **drop it**.
你们不同意就拉倒。
- ④ **Drop it!** That's enough!
够了！别说了！
- ④ The spectators **dropped off** to get refreshment.
旁观者纷纷离座去吃点心。(refreshment [rɪ'freʃmənt] n. 点心)
- ④ The leaves began to **drop off**.
树叶开始凋落。
- ④ I **dropped off** at the square and changed to a bus.
我在广场下车转乘公共汽车。
- ④ If you do not like the idea, **drop out**.
如果你不赞成这个计划，你可以退出。
- ④ You'll never go to college if you **drop out** of senior high school.
如果高中辍学，你就永远不能上大学了。
- ④ Since his defeat he's **dropped out** of politics.
他失败后就不再从事政治活动了。
- ④ **Drop over** to our house for a visit sometime.
有时间请到我们家来玩。
- ④ They asked her to **drop round**. 他们叫她顺便来一下。

④ His voice **dropped to** a whisper.

他的声音已降低成轻声细语了。

⑤ The temperature **dropped to** freezing point last night.

昨夜温度降到冰点。

002 end

[end]

n. 终点, 末端; 尽头; 目标; 死亡

v. 结束; 造成……结果

(第三人称单数: **ends**; 过去式: **ended**; 过去分词: **ended**; 现在分词: **ending**)

⑥ In the **end** things will mend.

船到桥头自然直。

1 **achieve/gain one's end**

达到目的

2 **all ends up**

完全地, 彻底地

3 **at an end** 结束, 终止; 耗尽

4 **at a loose end**

处于未定状态; 无所事事

5 **at one's wits' end** 不知所措

6 **at the end of**

在……的结尾; 在……的尽头

7 **at the end of the day**

在一天的末了; 在结束的时候

8 **a dead end** 死巷; 无法前进

9 **by the end of**

到……结束, 到……末

10 **bring/come to an end**

结束, 终止

11 **come to a sticky end**

得到不愉快的结果, 落得个坏下场

12 **come to an untimely end**

过早死亡, 夭折

13 **come to no good end**

失败, 没有好下场

14 **end for end** 颠倒, 倒过来

15 **end to end**

头尾相接, 衔接着

16 **have an end** 告终, 完毕

17 **have no end of a time**

玩得痛快, 过得极其愉快

18 **in the end**

最后, 终于

19 **latter end** 结尾

20 **make an end of**

结束(某事); 除去(某物)

21 **no end**

极其, 非常; 大量的

22 **put an end to sth.**

结束某事, 终止某事

⑦ I wish you **achieve your end** as soon as possible.

愿你早日达到目的。

⑧ Bad men try all sorts of tricks to **gain their end**. 坏人为达目的不择手段。

- ④ I played my niece at chess and she beat me **all ends up**.
我同侄女下棋，结果她把我彻底打败了。
- ④ My holiday is **at an end** and I must go back to work tomorrow.
我的假期结束了，明天我得回去工作了。
- ④ His property was **at an end**.
他的财产已然耗尽。
- ④ They left the matter **at a loose end**.
此事他们未作了结。
- ④ Come and see us if you're **at a loose end**.
闲着的时候到我们这儿来坐坐。
- ④ Now I am really **at my wits' end**.
现在我真是束手无策了。
- ④ **At the end of the concert**, the audience stood and clapped.
音乐会结束时，观众起立鼓掌。
- ④ **At the end of the woods**, the path diverges to the left.
在树林的尽头，小路向左弯了过去。
- ④ I am **all in at the end of the day**.
一天下来我筋疲力尽了。(all in 疲乏到极点)
- ④ You may have regrets **at the end of the day** if you don't reach the top.
如果你没有达到你的目标，可能到最后你会有些遗憾。
- ④ **At the end of the day**, I found it was another game.
结束的时候，我发现这只是另一场游戏。
- ④ We drove into **a dead end** and had to back out.
我们把车子开进了一条死巷，只得退出来。
- ④ The debate reached **a dead end**.
辩论陷入了僵局。
- ④ **By the end of the game**, the stadium was almost vacant.
到比赛结束的时候，体育场几乎都空了。(stadium ['stɜːdiəm] n. 体育场)
- ④ The battle finally **brought the war to an end**.
这一仗使这场战争终告结束。
- ④ All good things must **come to an end**.
一切好事迟早都会结束。(天下没有不散的宴席。)
- ④ He'll come to **a sticky end**. 他会得到一个极不愉快的结果。

- Most gangsters come to a sticky end eventually.
大多数歹徒最终都落得个不好的下场。(gangster ['gæŋstə(r)] *n.* 歹徒)
- It is really a pity that her husband came to an untimely end.
她丈夫死得早，真遗憾。
- Those who murder people for their money will come to no good end.
谋财害命的人不会有好下场。
- Turn the desk end for end.
把办公桌转个方向。
- Put the two tables end to end over by the window.
把这两张桌子连接起来放在窗子旁边。
- Even the best party must have an end.
盛宴必散。
- I had no end of a time during my whole summer holidays.
整个暑假我都玩得很开心。
- In the end she decided on buying the green hat.
最后，她决定买那顶绿色帽子。
- They will be back at the latter end of May.
他们将于五月底回来。
- Let's make an end of this foolish quarrel!
我们结束这无谓的争执吧！
- We must make an end of this pile of rubbish.
我们得把这堆垃圾处理掉。
- We had no end of trouble getting them to agree.
我们为让他们同意着实费了不少口舌。
- I've had no end of problems recently.
近来我的问题没完没了。
- We must put an end to the pointless conflict.
我们必须结束这毫无意义的冲突。

003 face

[feɪs]

n. 脸，面容，表情；正面；外观*vt.* 朝，面向；正视；面临

(第三人称单数: faces; 过去式: faced; 过去分词: faced; 现在分词: facing)

- A fair face may hide a foul heart. 人不可貌相。(foul [faʊl] *adj.* 邪恶的)

- 1 **face to face**
面对面地；直接交流
- 2 **accept the face of**
偏爱，袒护
- 3 **at the first face** 乍看之下
- 4 **carry two faces under one hood**
口是心非，耍两面派
- 5 **black in the face**
脸色发青，(气得)说不出话来
- 6 **feed one's face**
吃饭
- 7 **fix one's face**
(妇女)整理容颜；(妇女)上厕所
- 8 **a face as long as a fiddle**
愁眉苦脸
- 9 **have the face**
竟敢厚颜地，恬不知耻地(干某事)
- 10 **hide one's face from** 不理睬
- 11 **in the face of** 面临，面对
- 12 **in the face of day**
在光天化日之下，公然地
- 13 **laugh in sb.'s face**
当面嘲笑某人

- 14 **look...in the face**
问心无愧地正视
- 15 **lose face**
丢脸，失面子
- 16 **save face** 挽回面子；爱面子
- 17 **make a face**
做鬼脸或怪相
- 18 **make/pull a long face**
拉下脸来，闷闷不乐
- 19 **on the face of**
从表面上看
- 20 **poker face**
没有表情的脸
- 21 **show one's face**
露面，到场
- 22 **slap sb. in the face**
打(某人)耳光
- 23 **be faced with** 面临；抹/镶以
- 24 **face down** 用目光压倒，挫败
- 25 **face it out**
坚持到底，不让步
- 26 **face up to**
勇敢面对

● He sat **face to face** with me.

他和我面对面地坐着。

● Chance had brought them **face to face**.

命运把他们俩拉拢在一起。

● I think my grandfather always **accepts the face of** my younger brother Tom.

我觉得我的祖父老是偏袒我弟弟汤姆。

● **At the first face**, it appeared to be a very difficult problem.

乍看之下，这好像是一个十分棘手的问题。

- ④ I find he is a man who **carries two faces under one hood**.
我发现他是一个口是心非的人。(hood [hud] *n.* 头巾)
- ④ My father went **black in the face** when I told him I had **crashed** his car.
我告诉父亲我把他的车子撞坏了时,他满脸怒气。(crash [kræʃ] *vt.* 撞坏)
- ④ I believe I can **feed my face** if I work hard.
我相信,如果我努力工作就能吃得起饭。
- ④ Wait a moment, I must **fix my face**.
等一下,我必须化一下妆。
- ④ Excuse me, I have to go to **fix my face**.
对不起,我要去下洗手间。
- ④ He came back with **a face as long as a fiddle**.
他板着脸回来了。(fiddle ['fɪdl] *n.* 小提琴)
- ④ How could she **have the face** to say that?
她怎么好意思说那种话?
- ④ Do not **hide your face** from your parents.
不要不理睬你的双亲。
- ④ They showed **courage in the face of danger**.
面对危险他们表现出了勇气。(courage ['kʌrɪdʒ] *n.* 勇气)
- ④ They robbed the jewelry store **in the face of day**.
他们在光天化日之下抢劫了那家珠宝店。
- ④ He'll only **laugh in your face**.
他只会当面嘲笑你。
- ④ I was so ashamed that I could not **look him in the face**.
我羞愧难当,不敢正视他。
- ④ If Tom doesn't keep his **promise**, he'll **lose face**.
如果汤姆不信守诺言,他就会丢脸。(promise ['prɒmɪs] *n.* 承诺)
- ④ I am just trying to **save face**.
我只是想挽回面子。
- ④ He purposely made those remarks in order to **save face**.
他因爱面子而故意说那些话。
- ④ The schoolboy **made a face** at his teacher's back.
那个男生对着教师的背后做个鬼脸。

- **Hearing the news, my sister suddenly made a long face.**
听见这消息，我姐姐突然就拉下脸来。
- **I don't like my girlfriend pulls a long face all day long.**
我不喜欢自己的女友整天闷闷不乐。
- **On the face of it, the case had been concluded successfully.**
从表面上看来，该案件已经顺利地了结了。
- **He wore a poker face from beginning to end.** 他从头到尾都面无表情。
- **He's ashamed to show his face at the club.**
他羞于在俱乐部露面。
- **She slapped her son in the face with anger.**
她愤怒地打了儿子一耳光。
- **The young man is faced with a stark choice.**
这位年轻人面临严峻的抉择。
- **The bathroom is faced with tiles.**
浴室表面是用瓷砖砌的。(tile [taɪl] *n.* 瓷砖)
- **She didn't argue with him. She just faced him down.**
她不和他争吵，只是以目光慑服了他。
- **We must face down the forces of reaction.**
我们必须挫败反动势力。
- **They knew they were in the wrong, but determined to face it out.**
他们知道自己是错的，但决心硬顶到底。
- **You must face up to your fear, and do it anyway.**
你必须勇敢地面对你的恐惧，不管如何都要去做。

004 fall

[fɔ:l]

n. 秋天；跌落，降低；落差；(pl.)瀑布

vi. 跌倒；落下，降低，降临；变成；垮台

(第三人称单数: falls; 过去式: fell; 过去分词: fallen; 现在分词: falling)

- **Pride goes before a fall.** 骄兵必败。

1 break sb.'s fall

减弱落势，减弱下降的力量

2 fall about laughing 不禁大笑

3 fall across 遇到

4 fall all over

极其殷勤；十分崇拜；感激万分

5 fall apart 散开，崩溃，土崩瓦解

6 fall asleep 入睡，睡着