

■ 根据最新《英语课程标准》编写  
全国通用的英语专项辅导书，配套各种教材版本

◎ 总策划/主 编：蔡章兵



中学英语

# 第二 实用阅读

Topic Reading 精选 120 篇



YZLI0890141462

一网打尽

话题解读 + 话题锦囊 + 话题演练

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- ▲ 丰富新颖的题型设置

高一

● *Topic Reading*

# 中学英语第一实用阅读

阅读精选 120 篇

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YZLI0890141462

高 一



吉林出版集团有限责任公司

## 图书在版编目(CIP)数据

中学英语第一实用阅读. 阅读精选 120 篇. 高一 / 蔡章兵主编. -- 长春: 吉林出版集团有限责任公司, 2011.7

ISBN 978-7-5463-5950-2

I. ①中… II. ①蔡… III. ①英语—阅读教学—高中—教学参考资料 IV. ①G634.413

中国版本图书馆 CIP 数据核字(2011)第 133752 号

## 中学英语第一实用阅读 阅读精选 120 篇 高一

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主 编: 蔡章兵

责任编辑: 于 鑫 沈丽娟

封面设计: 李立嗣

开 本: 889mm×1194mm 1/16

字 数: 294 千字

印 张: 15

版 次: 2012年1月第1版

印 次: 2012年1月第1次印刷

---

出 版: 吉林出版集团有限责任公司

发 行: 吉林出版集团外语教育有限公司

地 址: 长春市泰来街 1825 号

邮编: 130011

电 话: 总编办: 0431-86012683

发行部: 0431-86012675 0431-86012826(Fax)

网 址: [www.360hours.com](http://www.360hours.com)

印 刷: 长春新华印刷集团有限公司

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ISBN 978-7-5463-5950-2 定价: 29.80 元

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# 前言

《中学英语第一实用阅读 阅读精选120篇》系列是由全国近百位中学英语特高级教师倾力打造的,以方便中学考生学习使用和切实提高英语阅读理解能力为原则,以契合新课程标准的要求为准则,以适用于任何教材版本为方向,以24个话题功能为主线进行策划编写,是中国第一套实用阅读专项辅导书。

本书以遵循历年中高考阅读理解题的特点,提倡从话题的信息点入手全面提升阅读理解能力,提倡循序渐进、步步提升、重点突破的学习方法。本书的编写充分体现了以下优势:

## ◎最实用的编写体例,最高效的练习模式

本书涵盖了“话题解读”、“话题锦囊”、“典题示例”、“话题演练”、“生词注释”、“难句点睛”、“答案详解”等板块,内容丰富全面,它将帮助你将阅读与英语各方面能力的提高充分结合起来,培养由此及彼、融会贯通的能力,达到事半功倍的效果。

每个话题涵盖五篇文章,主要体现了英语阅读练习的三个阶段,即基础能力的巩固,考试能力的培养,拓展能力的提升,这是在英语学习中必须遵循的规律和学习方法!

## ◎最前沿的阅读材料,最全面的考试题型

精选国内外最新时文,全面跟踪时代热点、英语考点和难点,保证了时新性和典型性,力争使每一篇文章都适合精读,真正突出“精选”的概念。大量的阅读让你更加关注和熟悉目前阅读文章的类型和趋势,比如日本地震、环保、网络购物等话题的文章。同时文章的详细解析,帮助考生把握练习重点,做到有的放矢。

◎最强大的编写队伍,最专业的仿真试题

本书的编写者涵盖了全国多位具有丰富经验的一线特级老师,充分考虑您在英语阅读中经常遇到的问题和当前主要的考试题材和题型,以话题为线索编写了这套具有真题水平和特色的《中学英语第一实用阅读 阅读精选120篇》系列。这样的练习针对性强,一语中的,你的备考也会更有成效。

“时文选材,名师命题,循序渐进,导练结合”是本书最大特色和亮点。

《中学英语第一实用阅读 阅读精选120篇》一定是您英语学习中不可多得的宝典,我们相信,这本书对您学习方法的完善一定会有所裨益;我们也坚信,用完此书一定会让您迅速有效地提高阅读能力,更重要的是助你轻松地实现考试阅读高分!

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## Topic 1

## Personal Information

## (个人情况)

## 话题解读

本单元以个人情况为话题,通过本单元的学习,不仅让学生了解如何用英语介绍自己的生活、爱好、学习、工作情况,而且能让学生学会如何学习、生活、相处及如何从生活中获得乐趣等。

## 话题锦囊

培养正确的阅读习惯,掌握正确的阅读技巧。

比较好的阅读理解方法是:初读文章→看题目→查读文章找依据→初定答案→三看文章找细节→推敲答案→四读文章→终定答案。在第一遍阅读时,可用略读或跳读的方式阅读全文,不必注意细节或具体事实,只求对文章有一个总体印象,了解中心思想和作者的基本观点,记住文中的信息方位。接着,浏览题目再读文章,可以带着题目有的放矢地在文中圈圈划划、做标记,查找解答题目的依据,避免毫无目的地通读文章,许多局部性题目都可以通过原文中的一两句话直接找到答案。第三、第四次阅读主要是定夺答案。

## 典例示例

I like playing basketball with my classmates. After two classes every afternoon, I play with them. At weekend, I often read and write some short stories at home. I like music, too, but I don't have much time to learn and play. I go to music club after school on Monday and Wednesday. I can learn and play the piano and guitar there. I want to be a scientist, a basketball player and a musician. I want to do everything well and I am trying my best now.

( ) In the music club, Tony can \_\_\_\_\_ the piano and guitar.

- A. play
- B. learn
- C. learn and play
- D. see and play

【思路点拨】读文章中的I go to music club after school on Monday and Wednesday. I can learn and play the piano and guitar there. 可知Tony在星期一和星期三去音乐俱乐部,在那里他可以学习钢琴和吉他知识,也可以弹奏钢琴和吉他。再结合题目对照文章即可得出答案为C。



# Part A

## Passage 1

题材	体裁	难度系数	字数	题数	阅读时间	正确率
自我介绍	记叙文	★	248	5	5'15"	

My name is Tony, and my Chinese name is Deng yixuan. I'm 13 years old, and my birthday is 19 November. I was born in a very ordinary family, but it's a happy family. I love my family very much.

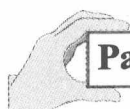
My favorite subject is English. I like English very much, because if you want to understand other countries, I think the language is the key. I also have many hobbies. I like playing the piano and the violin. I like music very much especially classical music. I also do some creative things. For example, I have made a model plane. I spent a lot of time. Finally it can move on the ground, just like a car with wings. I was very excited. But it still can't fly. I am sure someday I can make a plane that can fly.

My school life is good and interesting. I still remember a comical thing. We had a new word competition; if you know the word, you can raise your hand and translate it. When the teacher asked us what's the meaning of the word "prisoner", nobody raised their hands. I thought it is the leader of a country, just like Obarma. But I was not sure, so I didn't raise my hand. Finally our teacher showed us that means a person in the prison. All of us laughed. I knew almost all of us thought the same. Now I know we need to remember every word in the correct way.

根据短文内容, 选择正确答案。

- ( ) 1. Why does the writer like English very much?
- A. Because his favorite subject is English.  
B. Because he was born in a very ordinary family.  
C. Because he wants to know more about other countries.  
D. Because English is very easy to learn.
- ( ) 2. Which of the following does NOT belong to his hobbies?
- A. Playing the piano.                      B. Making the violin.  
C. Listening to classical music.            D. Doing some creative things.
- ( ) 3. The model plane \_\_\_\_\_.
- A. can fly in the sky                      B. took him only a little time  
C. is in fact a car with wings              D. can only run on the ground

- ( ) 4. The underlined word “comical” in the last paragraph probably means \_\_\_\_\_.  
 A. funny                      B. exciting                      C. happy                      D. angry
- ( ) 5. From the last paragraph we can learn \_\_\_\_\_.  
 A. the writer is better at guessing the new word than others  
 B. the word “prisoner” is difficult for them to guess  
 C. the word “prisoner” means a leader in the prison  
 D. they all thought it means the leader of a country, just like Obama



## Passage 2

题材	体裁	难度系数	字数	题数	阅读时间	正确率
学校生活	说明文	★★	239	5	4'55"	

My name is Guo Zhaozhou and I have got an English name John. In 2008, I entered Secondary School attached to Yunnan Normal University, which is the best high school in our province. During the following years, I have got a great deal of knowledge from basic courses as well as activities in our free time.

In the recent 2 years, I have led our class to win the champion of the school chorus competition. From the competition, I have fully realized the team spirit is quite important. And then, with the great help of my classmates, I won the third prize of the school singing competition. Although it is not an excellent result, it gives me an unforgettable experience.

If I am free, I usually spend time playing tennis, playing basketball and painting. At the same time, I found I'm more and more crazy about cartoon design. Not only interest but also a kind of love that makes me want to live with it in my whole life! Actually, I still can't understand why I have this feeling, but, I think, I will follow my dream. I am sure I will realize my goal some day!

With the great interest in cartoon design, I have decided to go abroad to receive more education. I think some developed countries will be better in this area. So if you want to get more knowledge, going abroad is a good way.

根据短文内容, 选择正确答案。

- ( ) 1. According to the passage, the writer \_\_\_\_\_.  
 A. is a senior middle school student                      B. is a junior middle school student  
 C. is a teacher of a senior middle school                      D. is a teacher of a junior middle school
- ( ) 2. What did the writer learn from the school chorus competition?  
 A. The knowledge from basic courses is very important.  
 B. Activities in our free time are very helpful.

- C. The team spirit is quite important.  
D. The champion of the school chorus competition is easy to win.
- ( ) 3. How did the writer like the result of the school singing competition?  
A. Happy. B. Angry. C. Sad. D. Disappointed.
- ( ) 4. The writer's dream is to be \_\_\_\_\_.  
A. a tennis player B. a painter  
C. a basketball player D. a cartoon designer
- ( ) 5. To do better in cartoon design, the writer \_\_\_\_\_.  
A. has given up playing tennis and basketball  
B. has put more time into painting  
C. has decided to go abroad  
D. tries his best to realize his dream

### Passage 3

题材	体裁	难度系数	字数	题数	阅读时间	正确率
爱好	说明文	★★	282	5	5'40"	

I have a number of things I like to do in my free time. They are my hobbies. I am sure other people have their hobbies too.

The hobby I like most is playing my guitar. My guitar is very beautiful. The guitar was given to me by my mother for my seventeenth birthday. My uncle taught me how to play it. Now I can play a few simple tunes. I have even begun to sing while playing the guitar but I have not been too successful at this. My uncle tells me that all I need is a lot of practice and I should be able to do it.

Another hobby that I spend time on is keeping fishes. I have a modest little glass aquarium where I keep a lot of little fishes. Some of them were bought from the shop while some of them were caught from the stream near where I live. They look so beautiful swimming about in the aquarium and I love to just watch them. It is very relaxing to do so.

I keep stamps too. However I would not call myself a stamp collector. Actually, I just take the stamps from the envelope that my relatives and friends give me. Mostly I get local stamps. Sometimes I get stamps from places like Sweden, Australia, Saudi Arabia and others. I keep the less common ones inside a small album. The common ones I usually give away to others.

There are other hobbies that I love once in a while but they are not as interesting as the ones I have mentioned. They really keep me busy and I am glad I am able to do them.

根据短文内容, 选择正确答案。

- ( ) 1. Who gave the writer the beautiful guitar?  
A. His friend. B. His mother. C. His father. D. His uncle.
- ( ) 2. What is the main idea of the second paragraph?  
A. I like playing the guitar very much.  
B. My guitar is very beautiful.  
C. My uncle taught me how to play the guitar.  
D. A lot of practice can make me successful.
- ( ) 3. Why does the writer like keeping fishes?  
A. Because he has a modest little glass aquarium.  
B. Because some of them were caught from the stream near where he lives.  
C. Because he can make a lot of money by selling fishes.  
D. Because watching fishes swimming about can make him feel happy and relaxed.
- ( ) 4. How many kinds of hobbies are mentioned in the passage?  
A. 2. B. 3. C. 4. D. 5.
- ( ) 5. From the passage we can learn \_\_\_\_\_.  
A. his mother plays the guitar better than his uncle  
B. some of the fishes were given by his uncle  
C. most of his stamps are from foreign countries  
D. he seldom gives away the less common stamps to others

Passage 4

题材	体裁	难度系数	字数	题数	阅读时间	正确率
工作情况	记叙文	★★	244	5	4'50"	

I love my job because of the kind people I work with and that work with me. They value all my ideas and allow me to contribute to their ideas. When the CEO of the company can remember your name and ask you what your ideas are, that means a lot. At my past jobs I knew of the other departments, but they never wanted to get to know myself or others on my team. Now this never really bothered me. After this weekend when I had good conversations about the business with the CEO in the company, I really feel like I'm part of the company and my idea really matters to making the company grow.

I really feel that if the leaders in any company would actually get to know the people who are doing the day-to-day work and show an interest in them, the company would be different. It would make their workers work harder and at last make the company the best one.

While working, I want to push myself in learning new things and taking on new challenges. I have gotten over my fear of public speaking thanks to my peers pushing me to let the community know all the good things I've been doing. I have also started to take on a lead position in my department, which is something that in the past I never wanted, but I've come to find I actually really enjoy doing it.

根据短文内容判断正误, 正确的填T, 错误的填F。

- (     ) 1. I don't get on well with the people that work with me.
- (     ) 2. In the past companies, I was respected by the other departments.
- (     ) 3. The CEO in this company made me feel very happy.
- (     ) 4. The leaders' knowing and loving their workers will do much good to the company.
- (     ) 5. I am still not willing to be a leader now.



题材	体裁	难度系数	字数	题数	阅读时间	正确率
国外学习	记叙文	★★★	292	5	4'20"	

As a 14-year-old Chinese girl, I felt entirely nervous when I first got into the gate of high school in America. Everything seemed so fresh and exciting to me. With the fear and curiosity of those foreign teachers, I started my brand new life.

At first, as you might have guessed, we could not get used to the foreign teaching style. Every teacher seemed so strange in our eyes. We used to sit in order, stand up to answer the questions, dare not to speak a word in class. However, everything was different from then on. At class, our teachers taught us knowledge in active ways. They gave us their opinion just like friends. At class there wasn't a word of blame—only warmth and humor, and the joy of living. Now, we get along with each other very well.

As for study, every subject is important and worth to learn. If you want to learn better, attitude is everything. Attitude, to me, is more important than successes, than failures, than what other people think, say, or do. It is up to you! Don't be afraid to learn. Knowledge is a treasure you can always carry.

Friendship is the link between the school life and us. We are nothing without friends. Although conflict happens sometimes, we will solve the problems and be as close as before. To see through things from the others' point of view is very important. What's more, don't look down upon yourself by comparing yourself with your friends. It is because we are different that each of us is special.

I shall forever be thankful that our paths crossed. Thanks to my teachers, friends and the love around me. Hard work and kindness are presents to everybody.

根据短文内容, 选择正确答案。

- ( ) 1. How did the writer feel when she began her study in America?  
A. Glad. B. Excited. C. Nervous. D. Curious.
- ( ) 2. Which of the following statements about the foreign teaching style is TRUE?  
A. Students sit in order and dare not to speak a word.  
B. Students always stand up to answer the questions.  
C. At class there is seldom a word of blame.  
D. It is full of warmth and humor at class.
- ( ) 3. In the writer's opinion, what is the most important in study?  
A. Every subject. B. Attitude. C. Success. D. Knowledge.
- ( ) 4. The underlined word "conflict" in the fourth paragraph probably means \_\_\_\_\_.  
A. Difference. B. Agreement. C. Support. D. Help.
- ( ) 5. Why should we not look down upon ourselves?  
A. Because comparing yourself with your friends is wrong.  
B. Because we are in fact all the same with one another.  
C. Because each of us is different and special.  
D. Because all of us can succeed by hard work.

## Part B

### 【生词注释】

- Passage 1** favorite *adj.* 喜爱的, 宠爱的      especially *adv.* 特别, 格外, 尤其  
classical *adj.* 古典的, 传统的      creative *adj.* 创造性的, 有创造力的
- Passage 2** attach *v.* 附属, 使隶属      chorus *n.* 合唱  
unforgettable *adj.* 难以忘怀的, 不会被遗忘的
- Passage 3** aquarium *n.* 养鱼缸, 水族馆      collector *n.* 收集人, 收藏家, 采集员  
relative *n.* 亲属, 亲戚
- Passage 4** contribute *v.* 捐助, 促成, 帮助      CEO (Chief Executive Officer) 执行总裁, 首席执行官  
challenge *n.* 挑战, 艰巨的任务
- Passage 5** curiosity *n.* 好奇心, 求知欲      attitude *n.* 态度, 看法      treasure *n.* 珍宝, 财产, 财富

### 【难句点睛】

#### Passage 1

1. I like English very much, because if you want to understand other countries, I think the language is the



key. 我非常喜欢英语, 因为如果你了解其他的国家的话, 我认为语言是最重要的。

在because引导的原因状语从句中, 包含if引导的条件状语从句。名词key在这里的意思是“关键, 最重要的东西”。

2. When the teacher asked us what's the meaning of the word "prisoner", nobody raised their hands. 当老师问我们prisoner是什么意思时, 没有人举手。

在when引导的时间状语从句中, 从句what's the meaning of the word "prisoner"作动词ask的直接宾语。

### Passage 2

1. During the following years, I have got a great deal of knowledge from basic courses as well as activities in our free time. 在以后的几年中, 我已经从课堂和课外活动中学到了大量的知识。

短语as well as表示“也, 又, 不仅……而且……”。

2. Actually, I still can't understand why I have this feeling, but, I think, I will follow my dream. 事实上, 我仍然不理解为什么我会有这种感觉, 但我想我会追随我的梦想前行。

从句why I have this feeling作动词understand的宾语; 动词follow在这里的意思是“遵循, 追随”。

### Passage 3

1. I have even begun to sing while playing the guitar but I have not been too successful at this. 我现在已经一边弹吉他一边唱了, 但效果仍然不是很成功。

现在分词短语while playing the guitar表示时间; 短语be successful at表示“在某方面是成功的”。

2. There are other hobbies that I love once in a while but they are not as interesting as the ones I have mentioned. 还有一些我偶尔也喜爱的东西, 但他们都不如我上面提到的爱好那么有趣。

本句中含有两个定语从句, 第一个是that I love once in a while, 第二个是I have mentioned。短语once in a while表示“时, 间或, 偶而”; not as ... as表示“不如……一样……”。

### Passage 4

1. I really feel that if the leaders in any company would actually get to know the people who are doing the day-to-day work and show an interest in them, the company would be different. 我真的认为如果任何公司的领导们真正地理解那些专心于日常事务的员工, 那么这家公司就会有很大的不同。

本句主体部分是I really feel, 后面是that引导的宾语从句, 其中又含有if引导的条件状语从句, who are doing the day-to-day work为定语从句修饰先行词the people。短语get to know表示“逐渐了解”; show an interest in表示“对……感兴趣”。

2. I have also started to take on a lead position in my department, which is something that in the past I never wanted, but I've come to find I actually really enjoy doing it. 我也开始担任部门领导职务, 这是我在过去从来不想做的事, 但现在我发现我真的很喜欢这一职务。

本句中which is something that in the past I never wanted为非限制性定语从句, 修饰先行词a lead position。短语take on表示“担任, 承担”; come to表示“开始”。

### Passage 5

1. At first, as you might have guessed, we could not get used to the foreign teaching style. 一开始, 正如你猜想的那样, 我们可能不习惯外国的教学风格。

短语at first表示“起初, 刚开始时”; as you might have guessed为非限制性定语从句, 其中as代替后面的

整个句子的内容; 短语get used to表示“习惯于, 适应”, 后接名词或动名词。

2. We used to sit in order, stand up to answer the questions, dare not to speak a word in class. 我们过去常常整整齐齐地坐着, 站起来回答问题, 上课时不敢说一句话。

短语used to do表示“过去常常做某事”, 后面的三个动名词短语都是used to的宾语。

### 【答案详解】

#### Passage 1

【文章大意】本文为记叙文。作者对个人情况进行了详细的介绍, 涉及到他的名字、爱好和学校趣事等。

1. C 细节理解题。根据第二段可知, 作者喜欢英语的原因是: 如果你想了解更多的国家, 语言是关键。
2. B 细节理解题。根据I like playing the piano and the violin. 可知, 作者喜欢演奏小提琴而不是制作小提琴。
3. D 细节理解题。根据Finally it can move on the ground, just like a car with wings. 可知, 它像一辆有翅膀的汽车, 只能在地上跑, 而不能在天上飞。
4. A 词义猜测题。根据下面的具体故事内容, 特别是All of us laughed. 可推测出: 这是一件非常好笑的事。
5. B 推理判断题。根据最后一段可知, 没有人举手猜测, 主要是因为没有人对这个单词的真正意思有把握, 当老师公布答案时, 差不多所有的人都笑了。由此可判断出这个单词不容易猜测。

#### Passage 2

【文章大意】本文为说明文。文章以第一人称的口气讲述了自己的学校生活情况, 重点讲述了自己的爱好、课外活动情况及梦想。

1. A 推理判断题。根据第一段中的In 2008, I entered Secondary School attached to Yunnan Normal University, which is the best high school in our province. 可判断出, 作者是云南省最好的高中——云南大学附中的一名高中学生。
2. C 细节理解题。根据第二段中的From the competition, I have fully realized the team spirit is quite important. 可得出答案为C。
3. A 推理判断题。根据第二段中的Although it is not an excellent result, it gives me an unforgettable experience. 可判断出, 作者对这一结果还是感到高兴的。
4. D 细节理解题。根据第三段可知, 作者越来越痴迷于动画设计, 他的梦想是成为一名动画设计师。
5. C 细节理解题。根据最后一段第一句话可知, 作者已经决定出国去学习更多的动画设计知识。

#### Passage 3

【文章大意】本文为说明文。文章以第一人称的口气详细介绍了自己的爱好情况。重点介绍了弹吉他、养鱼和集邮三大爱好。

1. B 细节理解题。根据第二段中的The guitar was given to me by my mother for my seventeenth birthday. 可知答案为B。
2. A 段落大意题。本段首句为主题句, 后面的句子是对这一主题的详细说明。故答案为A。
3. D 细节理解题。根据第三段可知, 作者喜欢养鱼的真正原因是, 观看漂亮的鱼儿游来游去是一件轻松、快乐的事。其他选项都不是作者喜欢养鱼的真正原因。

4. B 数字计算题。根据文章内容可知,作者具体谈到了三种爱好: playing my guitar; keeping fishes; keeping stamps.
5. D 推理判断题。根据I keep the less common ones inside a small album. The common ones I usually give away to others. 可判断出: 他一般不会把稀有的邮票送人, 送人的是那些常见的, 不稀罕的。其他选项与文章内容不相符。

#### Passage 4

【文章大意】本文为记叙文。本文主要讲述的是我现在的工作情况。通过和过去工作的对比, 现在的这份工作我是非常满意的。特别是公司人员之间关系融洽, 这对公司发展十分有利。

1. F 根据I love my job because of the kind people I work with and that work with me. 可知, 现在我与同事相处得非常好。
2. F 根据At my past jobs I knew of the other departments, but they never wanted to get to know myself or others on my team. 可知, 在过去的工作中, 其他部门的人根本就不想认识作者和他团队中的人。
3. T 根据第一段最后一句话可知, 和公司总经理畅谈之后, 作者真正感受到了自己是公司一分子。由此可判断出作者是非常高兴满意的。
4. T 根据第二段可知, 公司的领导们如果了解并热爱他们的员工, 那么员工会更加刻苦工作, 公司也会成为最优秀的公司。由此可判断出这对公司是非常有益的。
5. F 根据最后一段中的I have also started to take on a lead position in my department, which is something that in the past I never wanted, but I've come to find I actually really enjoy doing it. 可判断出, 作者现在已经愿意并喜欢担任领导职务。

#### Passage 5

【文章大意】本文为记叙文。作者主要介绍了自己在国外学习的感受、中外教学风格的差异及自己对学习、对友谊的看法。

1. C 细节理解题。根据第一段中的I felt entirely nervous when I first got into the gate of high school in America. 可知, 作者刚到美国求学时感到非常紧张不安。
2. D 推理判断题。根据第二段可知, 美国的教学风格与中国有很大不同: 在课堂上老师就像朋友, 没有一句责备的话, 整个课堂充满了温暖、幽默和快乐。
3. B 细节理解题。根据第三段中的If you want to learn better, attitude is everything. 可知, 作者认为想要学习好, 态度是最重要的, 比成功、失败、别人的想法等都要重要得多。
4. A 词义猜测题。根据后面的句子we will solve the problems and be as close as before可判断出这个单词的意思应该是“不合, 分歧”。其他选项放在此语境逻辑意思不通。
5. C 推理判断题。根据第四段可知, 我们不应该通过和朋友比较而看不起自己, 因为每个人都是不同的、特别的。