### 其语培优竞赛

主编 高分

# 出名任制

Chaoji Ketang

课堂+培优+中考+竞赛 基础十应用十能力十创新







Yingyu Peiyou Jingsai

## 英语培优竞赛超级课堂

Chaoji Ketang

主编:高分

一大量加快生态自由自然对应的原始情况多数连续以近年的自己的

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#### 前言

这套初中新课标《培优竞赛超级课堂》是 2007 年首次出版的,2008 年进行了改版修订,目前共有 11 个品种。这套图书自出版以来,共发行了 50 余万册。短短三年,就取得如此不俗的成绩,实属一个奇迹。全套图书好用、实用、够用,主要具有如下特色:

#### 一、精心策划,定位准确

现在重点高中的录取一般不以中考的成绩为依据,它更侧重于本校自主命题的考核成绩、学科竞赛成绩及学生的特长。与之对应,也就迫切需要一些能满足培优、竞赛和特长训练方面需求的辅导图书。《培优竞赛超级课堂》丛书正是在这种背景下诞生的。丛书从高端入手,既遵循教学大纲,又超越教学大纲,既源于教材,又不拘泥于教材,一切从实际出发,以"立足培优,面向中考,挑战竞赛,科学训练"为宗旨,以最新教学大纲、竞赛大纲和最新课程标准为依据,以新课标教材内容编排顺序为脉络,将教材知识按年级剖分为若干专题,配合教学进度,顺应学习过程,由浅入深、循序渐进地对初中学生进行技能技巧的训练和学习方法的指导。该丛书针对性强,实用性高,既能帮助多数学生拾遗补缺,增长学习的自信心,又能培养尖子生综合运用学科知识的能力。

#### 二、名师编写,质量上乘

一套优秀的图书,不仅要有好的选题策划,还必须有一流的作者队伍和编辑团队。《培优竞赛超级 课堂》的编写队伍可谓名师云集。

王后雄,化学主编,享受国务院政府特殊津贴的著名中学化学教育专家、考试专家,专门从事化学课程与教学论、教育考试等教学及科研工作,是多个省市化学竞赛及大型考试命题人之一。

熊新华,数学主编,武汉市武珞路中学数学竞赛金牌教练。他和他的同事们一起把武珞路中学 60% 的毕业生送进了华师一附中、武汉外国语学校等湖北省最好的高中,连年将全国初中数学联赛武汉赛区 三分之一的金牌收入囊中。

还有英语主编高分、数学主编陶月电、物理主编张义仁和刘南地等老师,他们均是本学科享有盛誉的优秀教师。

华中师大出版社一编室的编辑团队和由这些教育专家、教学一线的特高级教师组成的编写队伍通力合作,将这套实用、好用、够用、质量上乘的《培优竞赛超级课堂》奉献给广大的读者朋友。本套书自推出以来,反响非常好,在许多学校刮起了"红色旋风"(我们图书封面是红色的)。《培优竞赛超级课堂》已经帮助不少学生站上了竞赛的领奖台,搭上了重点高中的直通车。

#### 三、特色鲜明,优在创新

我们精心组织编写的这套《英语培优竞赛超级课堂》,其中的创新理念和方法已被广大初中教师贯彻到了日常的教学中。我们欣喜地看到,许多学生在短期内取得了飞跃性的进步,大大提高了学习英语的信心。

- ●理念创新 本套书依据最新教学大纲,创造性地以话题(topic)为主线,层层攻破英语学习中的各个重要环节,从而激发学生的学习兴趣,使学生在读中学,在练中学,融会贯通,突破高分,马到功成。每个话题精心选材,入选的文章切中话题,彰显考点,巩固语法和重要词组,找到"一类题"在思维方法和解题技巧上的共性,通吃"千张纸、万道题",节约学生的宝贵时间,让学生在轻松的环境下不知不觉地取得英语学习的"钥匙",从而在短期内实现阅读能力的快速提高,并打下扎实的基础。
- ●讲法创新 语言是文化的组成部分,是文化在人类交流中的表现形式,好的语言基础既有助于深刻理解语言的社会文化意义,又能促进语言学习。因此,学习语言与了解语言所反映的文化是分不开的。透过话题来了解文化,无疑是最适宜和便捷的途径。为此,我们专门在每个话题的前面开辟了"文化快餐"这一小栏目,并将这个栏目以"英汉对照"的形式呈现。精选文笔洗练而又优美的文章并配以精美的图片,为读者的后续训练做了一个贴心的文化背景知识准备。
- ●学法创新 任何教学只有按照学科的逻辑系统和学生认识发展的顺序进行,才能使学生系统地掌握基础知识、基本技能,从而形成严密的逻辑思维能力。本书首创 step by step(循序渐进)四步跨越学习法,使学生通过 learning by doing(做中学)逐步达到 practice makes perfect(熟能生巧)的境界。这一方法在本书中的体现就是在同一话题中,将不同体裁、不同切入点、不同难易程度的文章以"完形填空""阅读理解""短文填词"的题型呈现,在编排顺序上依照循序渐进、逐步跨越的原则分为以下四个层次:

轻松起步——立足教材,轻松夯实基础 easy ↓ 三维体验——激活思维,实现三维目标 medium ↓ 探究之旅——学会探究,增强创新体验 hard ↓ 走向名校——挑战自我,奔向成功理想 creative

●体例创新——突破阅读关卡 对于广大中学生而言,阅读一直是制约英语学习成绩提高的主要障碍。在初中阶段,"完形填空""阅读理解"以及"短文填词"甚至"短文改错"等题型本质上都是对阅读能力的检测,因此,攻克了阅读,无疑就冲破了学生跻身"尖子生"行列的最大的一个关卡。本次修订新增"Notes"栏目,将阅读材料中重要的词组及用法进行讲解,便于学生巩固基础,举一反三,归类总结。此外,为加深对某一话题的全面了解,我们在阅读强化训练之后又安排了一篇写作训练。清新淡雅的条纹作文纸,如卷轴一般展现在广大读者的面前,会让读者忍不住要提笔书写。

全新的理念、丰满的内容辅之清新、活泼的版式设计,使该套书成为了华中师大英语教辅"奇兵"。我们坚信,只要读者善于用好这套教辅"奇兵",循序渐进,注意思考和总结,相信在短期内实现英语学习的跨越性进步将不再是可望而不可即的"神话"。

#### 第二服肌和强导中路名单名而

感谢广大师生使用"华大助学"品牌培优竞赛类教辅读物《初中培优竞赛超 级课堂》! 此套书已经是第三版了。热心的读者们纷纷来信并提出了宝贵意见和 建议。我们将上一版的热心读者中奖名单公布如下:

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Can him ottore, man

## Topic 1 Learning how to learn



讲一口流利的英语比学好数学、物理困难一百倍!因为这需要疯狂的、持久的操练!绝大多数人最终都放弃了!著名的英语教育学家李阳老师愿意与大家分享成功的快乐,现在特别奉献他的经典诗歌一首,与大家共勉。

#### Every single day

Work hard every single day!

Practice crazily every single day!

Push yourself every single day!

Improve yourself every single day!

Value your time every single day!

Enjoy your life every single day!

Be kind and courteous every single day!

Every single day is a gift!

Make the most of it!



#### 每一天

每一天都要努力学习! 每一天都要疯狂操练! 每一天都要督促自己! 每一天都要超越自己! 每一天都要珍惜时间! 每一天都要享受生命! 每一天都要善良、有礼貌! 每一天都是一份礼物! 利用好每一天!



#### 一、完形填空

When learning new vocabulary, don't just memorize (记住) a list of words. Instead, try to \_\_\_\_\_ five sentences using each new word. Then use the new word as often as you can \_\_\_\_\_ day you learn it. This \_\_\_\_\_ you will remember new words much longer.

Practicing sounds, you know, is 4. Taking the "th" sound for example. Choose words that begin 5 "th" and repeat them over and over again 6 you are comfortable with them. Let's try! This, that, those, them, think, thought, through, thin, thick.

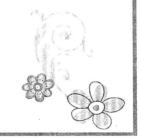
Read, read, read—in English, of course! Reading is one of the best ways to increase your vocabulary \_\_7\_\_ improve your grammar in a natural and fun way. Be \_\_8\_\_ to choose topics (话题) or books you are interested in.

When someone is talking in English, \_\_9\_\_ the main point. If you hear a word you don't understand, ignore (忽略) it and go on listening. If you stop and think about the word, you will \_\_10\_\_ everything else the person is saying.

Always remember—practice makes perfect.



● over and over again 反复,一再



	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	PERMIT SELECTION	HABBAR WEST	
(	)1. A. say	B. make	C. remember	D. speak
(	)2. A. the first	B. the second	C. each	D. some
(	)3. A. day	B. time	C. way	D. word
(	)4. A. difficult	B. terrible	C. funny	D. easy
(	)5. A. with	B. from	C. at	D. in
(	)6. A. when	B. after	C. until	D. since
(	)7. A. but	B. so	C. or	D. and
(	)8. A. quick	B. sure	C. important	D. necessary
(	)9. A. look for	B. see	C. listen for	D. hear
(	) 10. A. miss	B. guess	C. get	D. catch



#### 二、阅读理解

#### The ways to learn English

Peter 在英语学习中遇到诸多问题,忧心忡忡。Lily 能给他提供什么建议呢?

- L: Hi, Peter. How are you?
- P: Hi, Lily. I'm worried about my English. I feel my English is poor and I really want to improve it.
- L: Really? What's the problem?
- P: Oh, I have lots of problems in fact. I can't remember the new words and I can't always understand when people talk to me.
- L: That's quite common. I can't always understand new words in newspapers or magazines. But I try to guess the meaning from the context ( $\bot \neg x$ ). I also keep a vocabulary notebook.
- P: That's helpful. I try to remember new words by writing them down on flashcards.
- L: Using flashcards is a good idea. Do you ask the teacher or other students for help when you have difficulties?
- P: No. I'm a little shy in class.
- L: Come on! You have to be more outgoing. Why don't you join the English club? You can meet many people and have more chances to speak English. And they don't just stand there talking in English. They also practice English by playing games, singing English songs and so on.
- P: That sounds interesting.
- L: Watching English movies is also helpful. Oh, I heard there's a new movie. It's very popular.
- P: Let's go to watch it someday.
- L: OK!

#### Notes

- be worried about = worry about
  - 为……着急
- ●try to do sth.
  - 尽力做某事
- write down
  - 记下

#### )11. What's Peter's problem?

- A. He is poor in math.
- C. He is very shy.

- B. He isn't good at English.
- D. He is outgoing.



(	)12. What can't Peter do?	
	A. He can't remember the new words.	
	B. He can't always understand people when talking.	
	C. He can't understand his teachers in class.	
	D. Both A and B.	
(	)13. How does Lily deal with the new words in newspape	rs and magazines?
	A. She looks them up in a dictionary first.	B. She guesses their meanings first.
	C. She gives up reading.	D. She reads them again and again.
(	)14. How does Peter learn new words?	· ·
	A. He writes them down in his notebook.	B. He learns them by listening to the radio.
	C. He writes them down on flashcards.	D. He learns them by singing English songs.
(	)15. What can people do in an English club?	
	A. They can have more chances to speak English.	
	B. They can speak English by playing games.	
	C. They can learn English by singing English songs.	Section of the second section of the section of the second section of the section of the second section of the section of
	D 411 1	

#### 三、短文填词

#### How I learned to learn English?

Last year my English	class was difficult for	me. First of all, it wa	asn't <u>e 16</u> for me	to understand the teacher
when she talked to the class	ss. To begin with, she	s 17 too quickly,	and I couldn't understa	and every word. Later on,
I r 18 that it doesn't r	matter if you don't und	derstand every word.	Also I was afraid to s	peak in class, because I
thought my classmates mig	cht <u>l 19</u> at me. I co	ouldn't always make c	complete sentences, e	20 . Then I started to
watch English-language TV	V. It <u>h</u> 21 a lot. I	think that doing lots	of listening practice	is one of the $\underline{s}$ 22 of
becoming a good language	learner. Another thing	that I found very diffic	cult was English gramı	nar. So I d 23 to take
lots of grammar notes in	every class. Then I st	arted to write my ow	n original sentences ı	using the grammar I was
learning. It's a 24 how	much this helped. No	w I am enjoying learni	ng English and I get a	n A this term. My teacher
is very i 25.				
16. e	17. s	18. r	19. l	20. е

16. <u>e</u>	17. <u>s</u>	18. <u>r</u>	19. <u>l</u>	20. <u>e</u>
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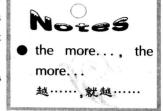


#### 一、完形填空

(2007,河北中考) How can you think in English? I think the best way is to practice as what a football player does every day. During the \_\_\_\_\_ the football player will pass the ball to his teammates over and over again. So he won't have to \_\_\_\_\_ passing the ball in the game; he will just do it.

You can 3 yourself to think in English this way. The first step is to think of the words that you use daily, simple everyday words 4 book or shoe or tree. For example, whenever you 5 a "book", you should think of it in English instead of in your mother language.

After you have learned to think of several words in English, then move on to the next step—thinking in 6. Listening and repeating is a very useful 7 to learn a language. Listen first and don't care too much about 8 you fully understand what you're hearing. Try to repeat what you hear. The more you listen, the 9 you learn. After you reach a higher level, 10 having conversations with yourself in English. This will lead you to think in English.



(	)1. A. practice	B. break	C. game	D. day
(	)2. A. wait for	B. think about	C. look at	D. give up
(	)3. A. allow	B. train	C. tell	D. ask
(	)4. A. in and adiable of in	B. about	C. like	D. from
(	)5. buy	B. keep	C. borrow	D. read
(	)6. A. sentences	B. passages	C. lessons	D. classes
(	)7. A. idea	B. step	C. way	an D. plan are world Hermi
(	)8. A. which	B. whether	C. how	D. why
(	)9. A. harder	B. less	C. later	D. more
(	) 10. A. remember	B. stop	C. start	D. finish

#### 二、阅读理解

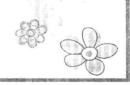
Do you want to do well in exams? Sometimes your knowledge is not enough, you also need good strategies. Here are some for you:

- (1) Before you answer the questions, if you feel a little nervous, take a few deep breaths to help you relax.
- (2) Always read the question carefully and make sure that you understand it. Read it a few times if possible.
  - (3) Find out how much each question is worth or how many points you need.
  - (4) If it asks you to give one answer, only write one.
- (5) If there is a difficult question, don't worry. Go on to the next question and come back to it if you have time later.
- (6) Try not to leave questions unanswered when you finish the test. Sometimes a guess may get you points.
- (7) When you finish, go back and check your answers. You need to check your writing for spelling mistakes.

#### Notes

- ●take a deep breath 深呼吸
- ●make sure 多兴,一定
- ●be worth

1直



( .	)11. From the passage, we know we can	to help ourselves relax if we feel a little nervous.
	A. tell ourselves not to be nervous	B. ask the teacher for help
	C. go out for a walk	D. take a few deep breaths
(	)12. To make sure we understand the question	n, we had better
	A. read it fast	B. read it till we finish it
	C. read it a few times if possible	D. read it slowly
(	)13. When we finish answering all the question	ns, we need to
	A. hand in at once	B. check spelling mistakes
	C. worry about our points	D. check with classmates

(	) 14. The underlined word	"strategies"	in the passage means	_•
	A. 策略	B. 思维	C. 途径	D. 智慧

)15. Which of the following is NOT true according to the passage?

- A. Find out how many points we need or how much each question is worth.
- B. Try not to leave questions unanswered when we finish the test.
- C. If it asks to give one answer, we'd better write more.
- D. Sometimes we should guess the answers to get points.

#### 三、短文填词

Soomin Lee believes that practice really makes perfect. She has a good journey of learning English. She c 16 to America from Korea in January only a few months ago.

"The beginning is the hardest part of everything," said Soomin. A 17 she learned a little English in Korea, she still found it d 18 to get the pronunciation right. During the first day of school, Soomin couldn't even speak with others in English. After she took the E. L. D. class, Soomin was h 19 by all her friends and Mrs Noonen.

Soomin not only learns English in school, but also goes to the library with her mom to read English books or do homework w 20 she has time. She also rents English videos from the library so that she can i 21 her listening and speaking. She t 22 every possible way to improve her English.

Soomin doesn't think study is the only important thing. "I <u>m</u> 23 a lot of friends from different countries," she said. "Friendship is one of the most important things in my life." You can find her surrounded (包围) by a lot of friends during break time or lunch. She improves her speaking by talking to her friends in English.

"My English has improved a lot <u>s\_24\_</u> the time I came to America. Staying in the E. L. D. class helps me improve my English skill," said Soomin with a warm smile. She will keep <u>c\_25\_</u> herself in the future.

16. <u>c</u>	17. <u>A</u>	18. <u>d</u>	19. <u>h</u>	20. w
21. <u>i</u>	22. <u>t</u>	23. <u>m</u>	24. <u>s</u>	25. <u>c</u>



#### 一、完形填空

Do you know how to study better and make your study more effective (有效的)? We all know that Chinese students usually study hard for long 1. This is very good. But it doesn't help 2, for an effective student must have enough sleep, enough food and enough rest and exercise. Every day you need 3 out for a walk or visit some friends or some nice places. It's good for your 4.

When you return to your studies, your mind will be refreshed (清醒的) and you'll learn more \_\_5\_\_ study better. Psychologists (心理学家) \_\_6\_\_ that learning takes place in this way. Here take English learning \_\_7\_\_ example. First you make \_\_8\_\_ progress and you feel happy. Then your language study seems \_\_9\_\_ the same. So you will think you're learning \_\_10\_\_ and you may \_\_11\_\_ . This can last for days or even weeks, yet you needn't give up. At some point your language study will take \_\_12\_\_ big result. You'll see that you have already been learning all along. If you get enough sleep, food, rest and exercise, \_\_13\_\_ English can be very effective and \_\_14\_\_ . Don't give up. Learn slowly and you're sure \_\_15\_\_ a good result.



●go out for a walk 出去散步

●at some point 在集時 ●all along

一直向前

(	1. A. seconds	B. weeks	C. days	D. hours
(	)2. A. a little	B. a lot	C. a few	D. many
(	)3. A. going	B. to go	C. take out	D. to take
(	)4. A. studies	B. studying	C. eyes	D. health
(	)5. A. after	B. or	C. and	D. to
(	)6. A. have taught	B. have thought	C. have found	D. said
(	)7. A. to	B. at	C. in	D. for
) (	)8. A. a lot	B. a great number	C. a lot of	D. many
(	)9. A. to have	B. to make	C. to stay	D. to take
(	)10. A. something	B. anything	C. everything	D. nothing
(	)11. A. give in	B. give up	C. give out	D. give off
(	)12. A. another	B. other	C. others	D. the other
(	)13. A. Speaking	B. Studying	C. Writing	D. Using
(	)14. A. possible	B. interesting	C. hard	D. difficult
(	)15. A. to get	B. to catch	C. to make	D. to form
Ja Sa	supplication the martin constrains	onling the late of the amount of	Light Automa vin	out a management and angene

#### 二、阅读理解

#### Online education

Do you want to be an online student? It is important to remember that online education is not right for everyone.

#### At any time

One of the biggest advantages of online classes is that you are able to enter your classroom when it is convenient for you. Do you work all day? Then you can log on to your class in the evening or at the weekend. Are you an early riser? You can log on to your class in the early morning hours. Your virtual (虚拟的) classroom is open twenty-four hours a day, seven days a week.

The professor's lecture (教授的讲课)

In an online classroom your professor's lecture is written rather than spoken. There are several advantages. The online classroom is totally different from the real one. If you can't remember what your professor said, all you have to do is to reread his or her lecture. In most cases you will be able to get a copy of the lecture. You will be able to review your professor's lecture without even getting online again.

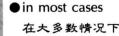
#### Students' interaction (交流)

Online students may find it difficult to talk with each other face to face. While discussion forums (论坛) and chat rooms provide some ways for students' interaction, they do not provide the social connection (联系) of an on-campus (校园) class.

We have to say, the disadvantages to be an online student are clear. For example, the professors can't help you face to face. They won't praise (称赞) your work orally (口头上地).



●log on 登录



●face to face 面对面



An advantage is the fact that some students are shy. They are more willing to speak out their ideas on the discussion forum and are usually more likely (有可能的) to ask their teacher a question by email.

(	)16	. If a person works all day, he can attend the online class	ses because he can	
		A. talk to the teacher while he works		at anytime when he is free
		C. get a copy of the lecture	D. talk to his classm	
(	)17	. If you can't understand the lecture, what will you do?		
1		A. Call the teacher.		
		B. Go to the classroom and ask.		
		C. Listen to the online class again and try to record it.		
		D. Get a copy of the lecture and reread it until you und	erstand it.	
(	)18	. A professor in online classes.		
		A. talks a lot	B. teaches by answe	ring questions
		C. teaches with written lectures	D. teaches by calling	g the students
(	) 19	. Online classes are suitable for the following except		
		A. early risers		
		B. a person who works all day		
		C. a shy student		
		D. someone who likes to communicate face to face		
(	)20	. The writer mainly wants to tell us		
		A. the advantages and disadvantages of online education		
		B. that a shy student can attend the online class		
. 1811.14		C. how to be a successful online student		
		D. money is the key factor (因素) which affects your o	nline education	
Ξ	、短文	填词		
W	hen ye	ou are learning English, you'd better not translate (翻译	) an English sentence	e, word for word, into your
own lar	nguage	e. T 21 the sentence "How do you do?" for example	e. If you look up ea	ch word in the dictionary,
o 22	_at a	time, what is your translation? It must be a w 23 se	entence in your own l	language.
La	inguag	es do not just have different $\underline{s}$ 24. They are different	in many ways. It's i	25 to master the rules
for wor	d orde	er in the study of English, too. If the speaker puts words i	n a wrong order, the	listener can't <u>u 26</u> what
the spe	aker s	ays e 27. Sometimes when the order of words in an	English sentence is cl	hanged, the meaning of the
sentenc	e cha	nges. Sometimes the order is changed, but the meaning	g of the sentence doe	esn't change. Let's see the
differer	ice be	tween the two p 28 of sentences:		
" (	She on	ly likes apples." "Only she likes apples."		
"]	l have	seen the film already. " "I have already seen the film."		
W	hen y	ou are learning English, you must t 29 your best to	get the spirit of the	language and use it as the
English	speal	ker <u>d 30</u> .	•	
21	. <u>T</u>	22. <u>o</u> 23. <u>w</u>	24. <u>s</u>	25. <u>i</u>
26	5. u	27. e 28. p	29. t	30. <u>d</u>



#### 一、完形填空

"What do you dream to be?" A primary school teacher asked his students. F	erhaps you
have also been _ 1 this question even several times 2 different persons. A	s a human
being (人类), dream is _3 Dream to be a doctor, a teacher, a scientist, a fo	otball star,
and the 4. How wonderful!	



Dream is a \_\_\_\_\_\_\_. It will let you realize your future (实现你的未来). Hundreds of years ago, some people looked into the 6 and said, "I want to fly." Hundreds of years

With hard work, your dream will be realized someday. You can 15 trust this.

				could be 140 to the broads below to be to be the broad and the	PULSE OF MENT CALLS OF BARCOLUS STANDARDS
(	)	1. A. told	B. taken	C. asked	D. made
(	)	2. A. by	B. with	C. after and the many	D. among
(	)	3. A. hard	B. terrible	C. difficult as a season and	D. colorful
(	)	4. A. like	B. same	C. different	D. useful
(	)	5. A. game	B. goal	C. book	D. dictionary
(	)	6. A. water	B. hole	C. library	D. sky
(	)	7. A. ago	B. after	C. before	D. passed
(	)	8. A. Planes	B. Birds	C. People	D. Satellites
(	m)	9. A. dream	B. hate	C. seem has placed and	D. wait mad the more dead.
(	)	10. A. to make computers	B. earning money	C. reading newspapers	D. to look for jobs
(	)	11. A. atgaragalar sa asa	B. through	C. over at the included	D. outside
(		12. A. his own	B. her beautiful	C. a bad	D. no all the last sections and
( )	0)	13. A. the same	B. wonderful	C. helpful	D. different
(		14. A. become	B. dream	C. have and make worth	D. be able
(	)	15. A. hardly	B. never 's many out.	C. safely	D. ever

#### 二、阅读理解

(2009,孝感中考) When you are learning English, listening, speaking and writing are important, but reading can also be very helpful. When you read, you can not only learn some new words, but also you can learn how to use these English words. When you read, it gives you a good example for writing.

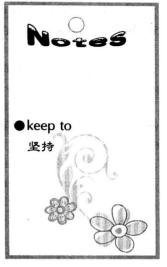
Good reading tips:

Try to read at the right level (x = 1). Read something that you can (more or less) understand. If you need to stop every three words to use a dictionary, it is not interesting.

Try to increase the number of your new words. If there are four or five new words on a page, write them in your notebook. But you don't have to write them while you read. Instead, try to guess their meanings as you read; mark them with a pen. Then come back when you have finished reading to look them up in a dictionary and write them in your own vocabulary book. Then try to remember them.

Try to read regularly. For example, read for a short time once a day. Fifteen minutes every day is better than two hours every Sunday. Fix (固定) a time to read and keep to it. You could read for fifteen minutes when you go to bed, or when you get up or at lunchtime.

Read what interests you. Choose a book or a magazine about a subject that you like, because you are going to spend time and money reading it. So, choose an interesting book. You can also read newspapers. There are many English newspapers in China. For example, 21st Century Teens. It is easy enough for you to understand it. There is something interesting in it.



(	)16. According to the passage, how many	reading tips does the writer give us?				
	A. Three. B. Four.	C. Five. D. Six.				
(	)17. Which of the following sentences is ri	. Which of the following sentences is right?				
	A. Reading a lot can help you write b	etter.				
	B. When you read, you can only learn	B. When you read, you can only learn some new words.				
	C. It is interesting for you to stop ever	ry three words to use a dictionary.				
	D. Try to read something that you can	D. Try to read something that you can't understand to make your English better.				
(	( )18. If you meet a few new words on a page while reading,					
	A. give up reading	B. guess the meaning at first				
	C. write them down at once	D. look them up in a dictionary at once				
(	)19. To make your reading better,					
	A. it's enough for you to read 21st Ce	A. it's enough for you to read 21st Century Teens				
	B. only read a magazine about a subje	B. only read a magazine about a subject that you like				
	C. you should read something that you	C. you should read something that you like for a short time once a day at least				
	D. reading English for two hours ever	ling English for two hours every Sunday is much better than for a short time once a day				
• (	)20. The passage is mainly about					
	A. what to read	B. reading is very helpful				
	C. when to read	D. how to make reading better				

#### 三、短文填词

#### All-nighters (熬夜)

Those who have enough sleep have <u>h\_21\_</u> grades, a study finds. Students who work at night to improve their grades might want to s\_22\_ at class.

A study of 120 students f 23 that students who have never stayed up on average have higher grades than those who have. Those who did not study through the night had a grade point average of 3.2 compared to 2.95 for those who d 24

"It's not a big d 25, but it's pretty surprising," Thacher, the professor of psychology, said. "I am a sleep researcher and I know nobody thinks c 26 at 4 in the morning. You think you do, but you can't."

In Thacher's first study, 65 students said they had been one or more all-nighters, and 55 students said they hadn't have any. The survey i 27 college students in different majors (主修课).

A second study by Thacher had "extremely (非常地) similar" results s 28 lower grades among the sleep losers.

Prav Chatani, a junior student who wasn't involved in either study, said the findings were r 29 . He had difficulty r 30 some of the material he studied around 4 or 5 in the morning.

"Certainly there is data showing that short sleep time completely hurts concentration (专心), and hurts test performance," Thacher said.



26. c

22. s

27. i

28. s

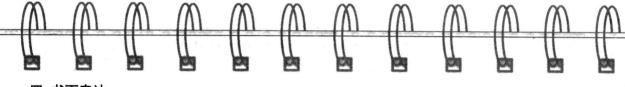
24. d

29. r

25. d

30. r

- •be involved in
  - 参与,卷入
- ◆ have difficulty (in) doing sth. 做某事有困对



#### 四、书面表达

根据内容提示,用英语写一篇短文。

提示:你的英语非常优秀,学校邀请你和七、八年级的同学们交流英语学习经验。请根据以下要点,为 这次交流准备一份发言稿。不超过80个词。

- (1) when you began to learn English
- (2) why you like English
- (3) how you study now

