

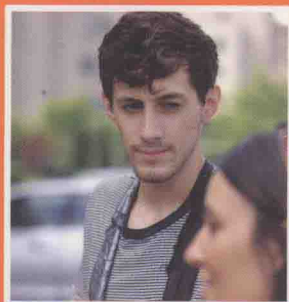
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应用型大学英语综合训练

Applied College English

主编◆姜春香 段晓燕



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Applied College English 应用型大学英语 综合训练

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前言

大学英语教学在经过 20 多年的改革发展之后,无论在教学理论还是在教学实践上都取得了很大的成绩。大学英语教材作为大学英语教学改革的平台,也逐渐发展到了“百花齐放、百家争艳”的阶段。随着我国基础教育的进一步发展,高等院校学生的英语入学水平不断提高,同时不同类院校之间学生的英语水平也存在明显的差异,目前本科教育鼓励分类、分层次办学。面对新的教育形式,要适应新的教学局面,实现新的教学目标,就需要建立新的教材体系,“应用型大学英语”系列教材就是在这样的情况下研发出来的。

“应用型大学英语”系列教材是根据教育部颁布的《大学英语课程教学要求》及《大学英语四级考试大纲》(2006 修订版)而设计与编写的。本教材编写的指导思想是:(1)科学性。教材力求符合教学规律和学习的认知规律。课文内容要积极、健康、向上,有思想深度、文化内涵及生活哲理。在广泛吸纳国内外各类教材编写理论和编写经验的基础上,注重教材的实用性、交际性和可操作性。(2)务实性。从学生的实际水平出发,符合应用型人才的培养目标。(3)创新性。集广大教学一线教师丰富的教学经验,在编写过程中,力求在内容、形式上有所创新。

“应用型大学英语”系列教材分为《综合教程》和《视听说教程》两个系列,每个系列分为 6 册。另配有教师用书及《综合教程》配套练习册。”教材具有以下特点:

1. 外版引进,本土化设计

本系列教材以外版教材为依托,结合本土实际教学,由全国十余所高校的专家教授和一线骨干教师改编设计,既保留原文之纯正地道,又体现国内教学与检验之要求。

2. 内容设计循序渐进,目标明确

本系列教材的第 1 册和第 2 册主要以培养学生的英语应用能力为重点,既考虑到部分学生要通过国家英语应用能力统考的要求,也照顾到更多学生能够顺利进入大学英语四级考试的基础与前期准备阶段的学习。第 3 册和第 4 册与《大学英语课程教学要求》“一般要求”接轨;第 5 册和第 6 册则符合《大学英语课程教学要求》的“较高要求”,按照《大学英语四级考试大纲》要求编写,实现与大学英语等级考试的对接。

3. 系统设计语言知识

本系列教材的“语法项目”安排在第 1 册~第 4 册中;“写作项目”则按难易度在第 1 册~第 6 册中系统地做了安排,如:第 1 册、第 2 册为句子写作,第 3 册、第 4 册为句子和段落写作,第 5 册、第 6 册则重点训练与四六级考试相关的各类短文写作;而“阅读与翻译”等训练项目则相应融在第 3 册~第 6 册中。

4. 课文话题整齐一致

本系列教材的《综合教程》与《视听说教程》的课文话题完全对应,即针对同一个话题为学生提供“听、说、读、写、译”各种语言技能的训练,较好地体现了对特定话题“多层面”、“多角度”训练的设计思想。

5. 融入“中国元素”

本系列教材的每册教程均加入两个“中国元素”单元,精选中国传统文化内容,如:中国功夫、中国戏剧、中国饮食与服饰等,旨在培养学生用英语介绍中国文化的能力,体现跨文化性。

6. 增加实践教学内容

本系列教材系统设计了“学业规划”内容,以“项目制作(Project Work)”的形式呈现,旨在加强英语学习的实践环节。任务从“认识大学”、“校园学习”到“就业准备”和“出国准备”等,体现了“学以致用”与“学以致用”并举的实践教育理念。

7. 体现数字化、信息化

本系列教材每个单元都设有关于课文内容的“文化背景”链接(Background Link)和“网络搜索指引”(Online Resources)。课文后提供的所有网站,都是编者亲身实践查询得来的,这些丰富的资料,便于学生自学及深入学术研究。

8. 配套完备的数字化学习平台

作为现代教学的一部分,“E学在线”为教师和学生提供科学高效的网络互动学习平台,主要包括以下几个方面内容:

教学平台	提供专属教师入口,为任课教师提供专门服务。教学辅助资料应有尽有,尽显资源最大化。
学习平台	提供教材配套英语学习资料的下载、课程同步扩展资料、最新考试动态。
测试平台	针对教材的同步测试,大学英语四六级、英语专业四八级测试两大板块,为学生提供网络自检自测的拓展学习空间。
移动平台	提供图书配套手机电子书、手机智能学习软件等终端学习资料下载服务。
互动平台	直通式邮箱链接,用户意见、建议直达教材编写者,深度优化教材,力求精益求精。

教材使用建议:

- (1) 每2周(8~10课时)完成《综合教程》和《视听说教程》的一个对应单元;
- (2) 两个“中国元素”单元是否适合自己学生的水平,由各学校视情况而定。

作为大学英语教学改革的实践成果,我们在本系列教材的设计、选材、编写过程中虽竭尽全力,但难免存有疏漏谬误之处,恳请专家、同仁及广大读者给予批评指正,以使本教材在修订中日臻完善。

王志

2013年1月

编写与使用说明

一、编写宗旨

《应用型大学英语综合训练》(简称《综合训练》)是配合“应用型大学英语”系列教材《应用型大学英语综合教程》(简称《综合教程》)编写的同步练习用书,供学生复习、巩固和拓展《综合教程》中所学到的语言技能和知识,提高学生的英语语言应用能力。

二、框架设计

本书为《综合训练》第2册,共设10个单元,每单元包括TEXT A与TEXT B两部分。TEXT A为《综合教程》课程的配套练习,TEXT B为课文外的拓展练习(包括阅读和写作)。

(一)TEXT A 包括以下三大模块:词汇结构 Vocabulary & Structure; 翻译 Translation; 完型填空 Cloze。

1. 词汇结构:共有三项练习,主要复习《综合教程》中的重要单词和词组。练习形式多样,包括词汇选择、词形转换、介词搭配等。

2. 翻译:共有两项练习,帮助学生用《综合教程》中所学的知识点进行英汉互译。

3. 完型填空:CET4 题型,配20道选择题。

(二)TEXT B 包括以下三大模块:快速阅读 Fast Reading; 阅读理解 Reading Comprehension; 写作 Writing。

1. 快速阅读:每篇文章配8套练习题(选择题、填空题或判断正误题)。

2. 阅读理解:共四项练习,为PRETCO 题型,前5个单元为B级难度,后5个单元为A级难度。

3. 写作:共两项练习,包括PRETCO A 应用文写作和CET4 写作。

三、使用建议

本练习册的编写主要以培养学生的英语应用能力为重点,既考虑到部分学生要通过国家英语应用能力统考(PRETCO)的要求,也照顾到更多学生能够顺利进入大学英语四级考试的基础阶段的学习,因此编写中又加入了《大学英语四级考试大纲》(2006 修订版)所要求的内容,在练习题型设计中涉及到CET4 的部分题型,这样安排既符合英语学习的规律,也符合新形

势下《英语课程教学要求》中的培养和提高学生英语应用能力的精神。

本练习册可供学生进行课外自主学习，也可供教师在课堂教学过程中使用，检查学生的学习情况。

本系列教材的设计、选材、编写过程是一个充满创新的探索过程，是否能真正实现“以《大学英语课程教学要求》为纲，以学生为中心，以教学为根本”的理念，有待今后实际教学实践的检验。我们诚挚地欢迎广大使用本教程的教师和学生给予批评指正。

编 者

2013年1月

Contents

Unit 1 The Internet

Text A	1
Text B	5

Unit 2 Myth

Text A	12
Text B	16

Unit 3 Money Matters

Text A	23
Text B	27

Unit 4 Calligraphy

Text A	34
Text B	38

Unit 5 Mental Health

Text A	45
Text B	49

Unit 6 Communication

Text A	57
Text B	61

Unit 7 Folklore

Text A	68
Text B	72

Unit 8 Chinese Traditional Arts

Text A	80
Text B	84

Unit 9 Privacy

Text A	92
Text B	96

Unit 10 Modern Life Styles

Text A	104
Text B	108

Keys	116
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Unit

1

The Internet

Text A

Part I

Vocabulary & Structure

Section A Choose the best answers

Directions: In this section, there are 10 incomplete sentences. You are required to complete each one by deciding on the most appropriate word or words from the 4 choices marked A, B, C and D.

1. The two new systems worked well on their own, but when we tried to connect them we ran into some problems with the _____.
A. interview B. interface C. interaction D. internet
2. According to a UN report, 30 percent of the world population have no _____ to clean drinking water and health care.
A. means B. approach C. channel D. access
3. Please join professional groups, and stay in _____ with former associates.
A. contact B. contract C. contrast D. content
4. Jacky had prepared carefully for his English examination so that he could be sure of passing it on his first _____.
A. intention B. attempt C. purpose D. desire
5. He made several wildly inaccurate _____.
A. precaution B. preposition C. prediction D. preconstruction
6. _____ workers move from country to country in search of work.
A. Immigrant B. Migrant C. Emigrant D. Migrate
7. We _____ a new method of production.
A. adapted B. accepted C. adjusted D. adopted
8. It _____ to be a terrible mistake.
A. prove B. provable C. proved D. proof

9. God spent seven days finishing the _____ of the world.
A. creation B. creative C. create D. creator
10. The surest way to smartness is through _____ dumbness.
A. mass B. massive C. massively D. massiveness

Section B Fill in the blanks with proper words

Directions: In this section, there are 10 incomplete statements. You should fill in each blank with the proper form of the word given in the brackets.

- The notice board shows the _____ (arrive) and departures of the trains.
- These occupations also allow for elements of _____ (creative) and flexibility.
- Either way, we appear to be in the early stages of a strong economic recovery and one that could prove _____ (profit) for investors.
- Let's see if the results of the survey have a practical _____ (apply).
- People all over the world look forward to an _____ (endure) peace.
- I _____ (browse) the Web looking for interesting web sites.
- There was a spreadsheet file, a word _____ (process) file and a graphics editor file.
- I don't think I can achieve my aims.
— In my opinion, you shouldn't _____ (attempt) such a difficult task.
- They _____ (hype) up the crowd with TV to sell their political policy.
- He was not even _____ (remote) interested in anything we had to say.

Section C Fill in the blanks with proper prepositions

Directions: In this section, there are 10 incomplete statements. You should fill in each blank with proper prepositions.

- There is no access _____ the street through that door.
- Please log _____ the server with your account and password.
- My name is Alexander, Al _____ short.
- For poor countries, the key to development is to link _____ flagging and fast-growing regions.
- People always _____ the go; most are taking no time to recharge.
- All their attempts _____ reaching the summit failed.
- _____ average, 100 people choke to death on ballpoint pens every year.
- Whenever things go wrong in the Middle East, Western leaders flock _____ Egypt to show their concern.
- All flights have been delayed due _____ a thick fog.
- Dior will initially be targeted _____ consumers in China, Singapore, South Korea and eventually India.

Part II

Translation

Section A Translate the following sentences into Chinese

Directions: In this section, there are 5 English sentences. You are required to translate them into Chinese.

1. Its exact date of birth is not quite certain, but the general consensus is that October 29, 1969 was when it really started.
2. The box was then connected with a computer that would make contact with another computer several hundred miles away at the Stanford Research Institute (SRI).
3. It was with the arrival of web explorers that the idea really took off.
4. What it means is that our information is now held in the air, rather than on the computer.
5. It is difficult to predict the future as we have seen so many unexpected innovations already.

Section B Translate the following sentences into English

Directions: In this section, there are 5 incomplete sentences. You are required to complete each one by translating Chinese into English.

1. _____ (他试图从监狱逃走), but he couldn't find anybody to help him.
2. _____ (为了证明他的观点), he showed them the latest sales figures.
3. _____ (他们是一对富有创造力的夫妇), she paints and he writes novels.
4. _____ (去那幢楼的唯一途径) is a muddy track.
5. He's trying to _____ (通过无线电与那艘船联络).

Part III

Cloze

Directions: Decide which of the choices given below would correctly complete the passage if inserted in the corresponding blanks. For each blank there are 4 choices marked A, B, C and D.

Wise buying is a positive way in which you can make your money go further. The 1 you

go about purchasing an article or a service can actually 2 you money or can add 3 the cost.

Take the 4 example of a hairdryer. If you are buying a hairdryer, you might 5 you are making the 6 buy if you choose one 7 look you like and which is also the cheapest 8 price. But when you get it home you may find that it 9 twice as long as a more expensive 10 to dry your hair. The cost of the electricity plus the cost of your time could well 11 your hairdryer the most expensive one of all.

So what principles should you 12 when you go out shopping? If you 13 your home, your car or any valuable 14 in excellent condition, you'll be saving money in the long 15.

Before you buy a new 16, talk to someone who owns one. If you can, use it or borrow it to check whether it suits your particular 17.

Before you buy an expensive 18, or a service, do check the price and 19 is on offer. If possible, choose 20 three items or three estimates.

- | | | | |
|------------------|---------------|---------------|--------------|
| 1. A. form | B. fashion | C. way | D. method |
| 2. A. save | B. preserve | C. raise | D. retain |
| 3. A. up | B. to | C. in | D. on |
| 4. A. easy | B. single | C. simple | D. similar |
| 5. A. convince | B. accept | C. examine | D. think |
| 6. A. proper | B. best | C. reasonable | D. most |
| 7. A. its | B. which | C. whose | D. what |
| 8. A. for | B. with | C. in | D. on |
| 9. A. spends | B. takes | C. lasts | D. consumes |
| 10. A. mode | B. copy | C. sample | D. model |
| 11. A. cause | B. make | C. leave | D. prove |
| 12. A. adopt | B. lay | C. stick | D. adapt |
| 13. A. reserve | B. decorate | C. store | D. keep |
| 14. A. products | B. possession | C. material | D. ownership |
| 15. A. run | B. interval | C. period | D. time |
| 16. A. appliance | B. equipment | C. utility | D. facility |
| 17. A. function | B. purpose | C. goal | D. task |
| 18. A. component | B. element | C. item | D. particle |
| 19. A. what | B. which | C. that | D. this |
| 20. A. of | B. in | C. by | D. from |

Text B

Part I

Fast Reading

Directions: In this part, you have to go over the passage quickly and answer the questions below. For questions 1-4, choose the best answer from the three choices marked A, B and C. For questions 5-8, complete the sentences with the information given in the passage.

Online Libraries: Great News for Adult Students

by Mary Hale

Vocabulary Tips

couch n. 长沙发

catalog n. 目录

access n. 进入权 v. 获取

encyclopedia n. 百科全书

almanac n. 年鉴

The Internet and computer age has opened whole new worlds for adult students and distance learners. Not only can you take college classes right from your own living room, but now you can visit the library and do your research from the comfort of your **couch** as well. There are many online libraries to choose from and use for your research and studies—some are free, and some require a small usage fee. Although their **catalogs** are not as large and complete as traditional libraries, they are very useful.

Many distance learning schools also offer **access** to major university libraries online. Many of the books and articles found in these libraries can be accessed and read in their completeness right on your computer screen via the Internet; students are also able to look through the entire library catalog and order the books and articles they need that cannot be obtained by computer. The libraries will ship the books to the student's address—they are loaned out to you just as if you went to the library and checked them out yourself. You have a certain amount of time with the material and then you must ship it back to the library—thus checking the book back in.

The Internet Public Library, <http://www.ipl.org/>, is also a wonderful source of information for both adult students, and younger students as well. It offers a large selection of texts that can be viewed in their completeness right in your browser window. It is also free to access this online library. Students are able to research in their own time without having to make time for a trip to the library. They offer reference books, such as **encyclopedias** and **almanacs**, collections of books on many useful subjects, literature, magazine articles, and even access to blogs.

A wonderful resource for finding online libraries is the Yahoo Directory. They offer links and listings of many useful online libraries. Some of the types of libraries listed in their directory are public libraries, school libraries, business libraries, state libraries and even government documents. There are also many other types listed in their directory. The link to this directory page is: <http://dir.yahoo.com/Reference/Libraries>. If you are a student looking for libraries and research materials, be sure to check out this site—it will offer you a wealth of helpful links and information.

Online libraries have many advantages to adult students. Most of these advantages come from the ease of access, and the fact that these resources can be accessed any time of day or night. You don't have to take time off from your daily work and activity schedule to go to the local library. All you have to do is to sign on to the Internet and access one of the many online libraries. You will then have a world of helpful and informative research resources, quite simply, at your fingertips. (482 words)

1. The Internet makes it possible for us to do the following things except _____.
 - A. visiting the online libraries
 - B. taking college classes
 - C. obtaining any information for free
2. Online libraries are very useful, because _____.
 - A. the catalogs are not as large and complete as traditional libraries
 - B. some information requires a small usage fee
 - C. there is a wide range of online libraries to choose from
3. It can be learned from the passage that online libraries allow readers to _____.
 - A. read many books or articles in completeness
 - B. order the books and articles that can be obtained by computer
 - C. keep the material they borrow for half a year
4. Which of the following about the Internet Public Library is NOT true?
 - A. It is a useful source of information for adults and younger students.
 - B. All the texts can be viewed in their completeness.
 - C. Students can do their research without wasting time to go to the library.
5. Yahoo Directory is a _____ for finding online libraries.
6. The libraries listed in Yahoo Directory are public libraries, school libraries, business libraries, state libraries and even _____.
7. The advantages of online libraries mainly come from _____, for the resources can be accessed any time.
8. All you have to do is to _____ if you want to access the online libraries.

Part II

Reading Comprehension

Section A Choose the best answers after reading

Directions: This part is to test your reading ability. There are 2 passages followed by some multiple-choice questions. Read carefully and choose the appropriate answers from the 4 choices marked A, B, C and D.

Task 1

Asked to give a speech, most of us are shy and embarrassed. Yet, we can conquer the uneasiness. If a few simple rules are followed, anyone can speak well in public.

First of all, the speech should be well prepared. In this way, we are comfortable with what we are going to say and are able to build up our confidence.

There are three things that we should know when we are preparing our talk. The first one is to know what we are trying to do and what we want to tell our audience. The second thing is to know who our audience will be. If we are talking to children, then our talk should be simple; if we are speaking to older people, then our speech can be a little more complex, and so on. The third thing we should know is the length of time we will be speaking for, and then we should make sure that we stick to that time.

It has been said that the main objective of any speech is to bring both an idea and an audience together. If we remember that, and speak clearly and honestly in a friendly fashion, we should be able to speak in public without any real problems at all.

1. According to the author, anyone can speak well in public if they _____.
A. are brave enough B. prepare every day
C. follow some simple rules D. get over their shyness
2. If we prepare well before speaking in public, we will _____.
A. be more confident B. be clearer and more honest
C. be more friendly D. be more interesting
3. The author believes that by knowing our audience we are able to _____.
A. decide how to speak to them B. make our speech more interesting
C. know how long we will talk D. save our time in preparing the speech
4. If the audience is made up of adults, then the content and language of the speech may be _____.
A. natural B. simpler C. surprising D. more complex

5. Which of the following rules should a successful public speech follow?

- A. A speaker should have confidence before the speech.
- B. A speaker should know to whom he or she is going to be talking.
- C. A speaker should not talk longer than the time planned.
- D. All of the above.

Task 2

There are some surprises in the recent happiness research findings. Women are likely to feel happier at work and less happy at home, according to studies by Mike Carson, professor of psychology at the University of Chicago. For men it was the opposite.

In fact, the happiness lines on charts for men and women cross at about 5 p.m. when people go home. But by 8 p.m., women's happiness comes back after they have finished cooking and doing whatever they have to do, Carson says.

"For women, going to work is like an escape. Women think that nothing bad can happen at work. For the husband, work is where his identity is on the line and home is like play." Carson says.

What leads to happiness? Part of it is handed down from birth. But a significant part of happiness involves factors that you can influence: how much control you have over your life, if you have enough money to live on, if you have close personal relationships, if you are doing something that challenges your mind and your skills.

Activities that make people happy are love or being loved, spare time activities and eating, according to Carson.

Busy people are often eager to have some free time. But free time alone won't make you happy.

"Generally when people have nothing to do, they don't feel happy. Free time is less happy-making than work. You have to invest energy into making yourself happy. You have to make it happen. It doesn't happen on its own."

1. According to Carson's research, when people _____ men are as happy as women.
 - A. are back at home
 - B. go home
 - C. are at work
 - D. go to work
2. In Carson's opinion, going to work _____.
 - A. means a lot of duties for women
 - B. is great fun for men
 - C. means freedom from the boring housework for women
 - D. brings satisfaction to men
3. We can learn from this passage that _____.
 - A. happiness can be got from some control over others
 - B. the source of happiness is changing
 - C. sometimes wealth might result in tragedy
 - D. doing a difficult job can lead to happiness