/ 普通高等教育"十二五"规划教材/

主编◎陈宝翠

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DAXUE YINGYU TINGLI ZIZHU XUNLIAN 本册主编◎蔡丽华

听力自主训练

第2版





DAXUE YINGYU TINGLI ZIZHU XUNLIAN

大学英语

听力自主训练



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从 2006 年 6 月开始, 我国四、六级英语考试测试听力理解的题量比例由原来占总分的 20% 提高到占总分的 35%。因此, 对四、六级考生而言, "得听力者得天下"的说法一点都不为过。听力能力的培养绝非朝夕所能成就。听力训练也像学习英语过程中的其他环节一样, 需要反复训练, 多下工夫, 即没有捷径可循, 只有埋头苦干。

大学英语课每周四学时。长篇课文分析、词汇讲解、口语训练、作文讲评等都需要大量的课堂时间。听力再重要, 教师也是分身乏术, 最多每两周上一次听力课。听力课内学时和上课的频率要达到《大学英语课程教学要求》规定的大学生听力理解能力训练的要求也实在勉为其难。

在这样的背景下,为了帮助大学生提高英语听力水平,我们编写了这套《大学英语听力自主训练》教材,本套教材共分为4册,每册内容按照不同的学习任务展开,题材广泛,涉及生活的各个领域。本套听力教材针对目前大学生听力课时不足的现状,强调了自主学习的特征,强调发挥学生在学习过程中的自主作用,每单元都以学习任务为出发点,反复操作,逐步深入,旨在有步骤、有目的地引导学生开发各种学习潜能。书中突出了语料的真实性和语境的实用性,大量语料选自英、美国家人们的日常生活对话,真实自然,便于学生今后对外交流时直接应用。

具体说来,本套教材的特点可归纳如下:

- 1. 把大学英语听力教学从课内延伸到课外。整套教材编排设计都是学生课后自主学习的内容。教师无需课上讲解,只需督促检查学生自主训练听力的进展情况。课内课外有机结合,一改以往课内教师无暇涉及听力,课后学生无事可做,听力成绩总上不去的局面。
- 2. 兴趣是学生最好的老师。本套教材共分四册。内容编排由易到难。第一册内容浅显,但题材幽默,能激发学生自主学习的兴趣。第二册、第三册、第四册的内容材料则难度递增,目的是使学生能循序渐进地达到英语四级的听力水平。一旦学生将这四册听力教材的内容全部自主学习完成,则达到英语四级听力水平自然是水到渠成。
- 3. 本套教材内容难度差异明显,但形式格局整齐划一。第一册有"听力应考对策",其中仔细分析了四级考试听力命题的依据和影响听力理解的语言知识因素,详细介绍了应对听力考试的具体技巧和实战策略,这对于英语四级的考生来讲是非常实用并且具有针对性的。这四册教材中,每册都由二十个标准结构的英语四级听力模拟题组成,并保证学生在必不可少的真题训练中,不重复内容,这种类型的听力模拟材料保证了本套教材内容的含金量。

4. 本套教材由多名多年从事大学英语教学且经验丰富的四级应考辅导教师编写, 对四级 听力考试的重点、难点把握准确。希望莘莘学子能从中得到裨益。

在编写过程中, 我们参考了国内外出版的诸多图书和一些资料, 这在各册教材之后都有注明, 在此对编写这些图书和资料的专家、学者表示感谢。

本套教材每册都附有相应的 MP3 听力材料,使用本套教材的教师和学生可到本校相关单位(或网站)免费下载使用,也可向西南交通大学出版社免费索取(联系人:张华敏,13689090266,028-87634365)。

由于水平所限,本套教材中难免会出现错误和不足,欢迎广大读者予以指正,以使本套教材得以完善。

编 者 2014年5月

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Exercise One

Section A

Directions

In this section, you will hear 8 short conversations and 2 long conversations. At the end of each conversation, one or more questions will be asked about what was said. Both the conversations and the questions will be spoken only once. After each question there will be a pause. During the pause, you must read the four choices marked A), B), C) and D), and decide which is the best answer. Then mark the corresponding letter with a single line through the center.

- A) Look for a new job.
 - C) Take a holiday.
- 2. A) She's been to a restaurant.
 - C) She's been to a grocery store.
- 3. A) The woman's neighbor.
 - C) A plumber.
- 4. A) After 9 p.m. B) At 9 p.m.

- B) Visit the woman.
- D) Move to a new house.
- B) She's been to a bakery.
- D) She's been to a bank.
- B) The woman's husband.

D) From 6 to 9 p.m.

- D) A repairman.
- C) After 6 p.m. 5. A) John was greatly surprised to see Jane.
 - B) John and Jane were at a Christmas party.
 - C) Jane didn't expect to see John there.
 - D) John and Jane often see each other.
- 6. A) He's a teacher.
 - C) He's a doctor.
- 7. A) She might prefer another color.
 - C) She looks good in blue.
- A) Wait for others to catch up.
 - C) Take another path to the hill.

- B) He's a repairman.
- D) He's a tailor.
- B) She never wears sweaters.
- D) She enjoys receiving gifts.
- B) Continue climbing to the top.
- D) Stop and take a rest.

Questions 9 to 12 are based on the conversation you have just heard.

- 9. A) A student and a professor.
 - C) Two dentists.
- 10. A) He had a toothache.
 - C) He overslept.

- B) Two students.
- D) A dentist and a patient.
- B) He was sick.
- D) He drank too much.

- 11. A) California dental schools.
- B) George Washington's sleeping habits.
- C) Uses of animals in research.
- D) A little-known fact about George Washington.
- 12. A) He had false teeth that were made of wood.
 - B) He had many bad habits.
 - C) He established a dental school.
 - D) He once hunted elephants.

Questions 13 to 15 are based on the conversation you have just heard.

- 13. A) Nervous.
- B) Upset.
- C) Hopeful.
- D) Depressed.

- 14. A) Two.
- B) Four.
- C) Eight.
- D) Sixteen.

- 15. A) She wants to continue her study.
- B) She hopes to find a job near Ed.
- C) She hopes Ed can work with her.
- D) She hopes Ed finds a job near her.

Section B

Directions

In this section, you will hear 3 short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter with a single line through the center.

Passage One

Questions 16 to 19 are based on the passage you have just heard.

- 16. A) How many poor people there were in his town.
 - B) If the people of his town were worthy of his help.
 - C) If the poor people really needed his help.
 - D) If there were some stones on the road.
- 17. A) A very large stone.
- B) A cow.
- C) A big tree. D) A sack of rice.
- 18. A) A young man with a cow.

B) A young man with a sack of rice.

C) An old man with a cow.

D) Not mentioned in the passage.

- 19. A) A bag of money.
- B) A piece of paper.
- C) A check.
- D) Both A and B.

Passage Two

Questions 20 to 22 are based on the passage you have just heard.

20. A) 4,000 years old.

B) 3,000 years old.

C) 5,000 years old.

- D) 6,000 years old.
- 21. A) Because they were wealthy.
 - B) Because they thought pyramids would help them find life after death.
 - C) Because they built them as their tombs.
 - D) Because they wanted the world to remember them as important people.

- 22. A) It is the largest pyramid in Egypt.
 - B) It is made of two million three hundred thousand stones.
 - C) It is built along the Nile.
 - D) It is about 244 meters high.

Passage Three

Questions 23 to 25 are based on the passage you have just heard.

- 23. A) It specifies the goals for managed development.
 - B) It will facilitate environmentally friendly development.
 - C) Environmental protection is involved in development.
 - D) It will promote national and local economic development.
- 24. A) To discuss environmentally friendly development.
 - B) To discuss the steps taken by China and other countries.
 - C) To discuss worldwide pollution.
 - D) To discuss world managed development.
- 25. A) Money.

- B) International partnership.
- C) Managed development.
- D) Appropriate technologies.

Section C

Directions

In this section, you will hear a passage three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks with the exact words you have just heard. Finally, when the passage is read for the third time, you should check what you have written.

A man (26) his wife's cat and he decided to (27) it. He drove twenty
blocks from home and dropped the cat there. The cat was already walking up the driveway
when he (28) his home.
The next day, he decided to drop the cat forty blocks away but the same thing (29)
He kept on (30) the number of blocks but the cat kept on coming home before him.
At last he decided to drive a few miles away, turn right, then left, past the (31),
then right again and another right and so on until he reached what he thought was a (32)
spot and dropped the cat there.
Hours later, the man called his wife at home and asked her, "Jen, is the cat there?"
"Yes, why do you ask?" answered the wife.
Completely (33), the man said, "Put that cat (34), I am lost and I
need (35)"

Exercise Two

Section A

Directions

In this section, you will hear 8 short conversations and 2 long conversations. At the end of each conversation, one or more questions will be asked about what was said. Both the conversations and the questions will be spoken only once. After each question there will be a pause. During the pause, you must read the four choices marked A), B), C) and D), and decide which is the best answer. Then mark the corresponding letter with a single line through the center.

- 1. A) She wants to know if everything is OK with her parents.
 - B) She wants to say hello to her parents.
 - C) She wants to hear her father's voice.
 - D) She wants to tell her parents that she is fine.
- 2. A) Because Bob is very well.
 - B) Because Bob loves his work in the company.
 - C) Because Bob was rewarded for his work.
 - D) Because Bob got a new job in the company.
- 3. A) Manager and customer.

B) Customer and travel agent.D) Waiter and diner.

C) Customer and sales lady.

-)

4. A) From 8 a.m. to 12 noon.

B) From 8 a.m. to 9 p.m.

C) From 9 a.m. to 12 noon.

- D) From 9:30 a.m. to 3:30 p.m.
- 5. A) He thinks she should visit her cousin.
 - B) Her cousin doesn't visit her very often.
 - C) Her cousin is feeling a lot better today.
 - D) He doesn't think her cousin is at home today.
- 6. A) Forgetting about the exam is not difficult for him.
 - B) Passing the exam is not a problem for him.
 - C) It is not easy to forget what one has said.
 - D) It is difficult to take his mind off the exam.
- 7. A) In a medical laboratory.

B) In a doctor's office.

C) In an operating room.

D) In a workshop.

- 8. A) Fifteen.
- B) Fifty.
- C) Eighty-five.
- D) A hundred.

Questions 9 to 12 are based on the conversation you have just heard.

- 9. A) Her kids will arrive home after school.
 - B) She is too exhausted to work.
 - C) She has finished her work.
 - D) The man does not ask her to go back to the office.
- 10. A) It is weird.

B) It is exhausting.

C) It is convenient.

- D) It is comfortable.
- 11. A) It is produced by weird people.
 - B) One can see a lot of strange things in it.
 - C) The woman does not like it.
 - D) The man is determined to watch it tonight.
- 12. A) The woman will record tonight's program.
 - B) He will be having a meeting with his boss at that time.
 - C) His boss might ask him to stay up late.
 - D) He may have to prepare for tomorrow's business trip.

Questions 13 to 15 are based on the conversation you have just heard.

13. A) He is an active sportsman.

- B) He is a keen cyclist.
- C) He enjoys playing baseball.
- D) He exercises regularly.
- 14. A) Because she wants to stay in shape and look good.
 - B) Because she is in very poor health.
 - C) Because she has a guest pass.
 - D) Because she has plenty of free time.
- 15. A) In Peter's home.

B) In the street.

C) In the gym.

D) On their way to the gym.

Section B

Directions

In this section, you will hear 3 short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter with a single line through the center.

Passage One

Questions 16 to 19 are based on the passage you have just heard.

16. A) The birth control policy.

- B) Traditional ideas of having children.
- C) Family planning workers' responsibilities.
- D) Plans to keep the population below 1.4 billion by 2010.
- 17. A) A fixed population.

B) Social traditions.

C) Family planning.

- D) Information about reproduction.
- 18. A) It will ensure families are happy.
 - B) It needs support from the city inhabitants.
 - C) Farmers should mainly rely on their own efforts.
 - D) It should go hand in hand with family planning work.
- 19. A) To protect ordinary people's rights under the law.
 - B) To provide information about the science of reproduction.
 - C) To ensure every family has one child.
 - D) To help fight against poor conditions.

Passage Two

Questions 20 to 22 are based on the passage you have just heard.

- 20. A) The car is kept as security for a loan.
- B) It is a cheap place to park the car.
- C) The car needs to be repaired there.
- D) The lady has sold the car to him.
- 21. A) She is too poor to afford parking fees.
- B) She is urgently in need of \$5,000.

C) She is very clever.

- D) She is very talkative.
- 22. A) Because she needs the money for a trip to Europe.
 - B) Because she wants to find a cheap place to park her car.
 - C) Because she needs the money to buy a new car.
 - D) Because she needs the money to repair her expensive car.

Passage Three

Questions 23 to 25 are based on the passage you have just heard.

- 23. A) He was a hotel manager.
- B) He was a Londoner.
- C) He was an expensive doctor.
- D) He was an American visitor.
- 24. A) £2 for the first visit, and £1 for later visits.
 - B) £1.50 for the first visit, and £0.50 for later visits.
 - C) £2 for the first visit, and £1.50 for later visits.
 - D) £1.50 for the first visit, and £1 for later visits.
- 25. A) He tried to make the doctor take pity on him.
 - B) He wanted to save fifty pence.
 - C) He was the doctor's good friend.
 - D) He didn't have enough money with him.

Section C

Directions

In this section, you will hear a passage three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks with the exact words you have just heard. Finally, when the passage is read for the third time, you should check what you have written.

Jack Storm was the (26) barrel maker and blacksmith of Thebes, Illinois. He
had a cat that stayed around his shop. The cat was the best mouse catcher in the whole country,
Jack said. He kept the shop free of rats and mice. But, one day, the cat got caught in a piece of
(27) and got a paw (28) After that, he began to grow weak and thin and
didn't (29) anything, because he wasn't getting enough to eat.
So, one day, Jack decided to make a wooden paw for the cat. He made one with his
pocket knife and (30) it to the (31) leg. After that, the cat began to grow
sleek and fat again. Jack decided to stay at the shop one night to see how the cat (32)
with his wooden paw.
After dark, the cat got down in front of a mouse-hole and waited. Pretty soon a mouse
peered out (33) Quick as a flash the cat (34) it with his good paw and
knocked it on the head with his wooden one. In no time, that cat had eighteen mice
(35) in front of the mouse-hole

Exercise Three

Section A

Directions

In this section, you will hear 8 short conversations and 2 long conversations. At the end of each conversation, one or more questions will be asked about what was said. Both the conversations and the questions will be spoken only once. After each question there will be a pause. During the pause, you must read the four choices marked A), B), C) and D), and decide which is the best answer. Then mark the corresponding letter with a single line through the center.

- A) He offered her a raincoat.
- B) He was afraid of losing his umbrella.
- C) He lent her an extra umbrella.
- D) He didn't like to lend her his raincoat.
- 2. A) The school team had better play one more game.
 - B) The school team is improving.
 - C) The school team played one hour longer yesterday.
 - D) The school team lost the game.
- 3. A) That Sally is serious about Bob.
 - C) That Bob is serious about Sally.
- 4. A) How the woman feels.
 - C) What the woman is doing.
- 5. A) Maria.
- B) Kate.
- B) That Sally is not serious about Bob.
- D) That Bob is not serious about Sally.
- B) If the woman likes her job.
- D) How the woman is working.
- C) The woman.
- D) No one.

- 6. A) Go to San Francisco.
 - B) Go to Los Angeles.
 - C) Go and meet the woman in Los Angeles.
 - D) Go and meet the woman in San Francisco.
- 7. A) Go to New York.
 - C) See her mother.
- 8. A) It's closed.
 - C) 9 a.m. to 5 p.m.

- B) Visit her sister.
- D) Go to the airport.
- B) 12 noon to 9 p.m.
- D) 9 a.m. to 12 noon.

Questions 9 to 12 are based on the conversation you have just heard.

- 9. A) The differences between American English and British English.
 - B) The similarities between American English and British English.
 - C) The spelling differences between American English and British English.

- D) The pronunciation differences between American English and British English. 10. A) English. B) American. C) Australian.
- 11. A) The extent of difference.

C) The differences between some words. D) The difference in grammatical structures.

- B) The difference in pronunciation.
- 12. A) After he was told by a classmate.
- B) Before half of the movie was over.
- C) After the movie was over.
- D) After half of the movie was over.

Questions 13 to 15 are based on the conversation you have just heard.

13. A) A telephone operator.

B) A real estate agent.

C) A tourist guide.

D) An architect.

- 14. A) One.
- B) Three.
- C) Two.
- D) Four.
- 15. A) The master bedroom with its own bathroom.
 - B) The main door to the living room.
 - C) Dining area as part of the living room.
 - D) The work area at the back of the garage.

Section B

Directions

In this section, you will hear 3 short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter with a single line through the center.

Passage One

Questions 16 to 19 are based on the passage you have just heard.

- 16. A) Each time in a different city.
- B) Mostly in Europe.
- C) In different cities of Greece.
- D) In the capitals of different countries.

17. A) Mostly in summer.

- B) Usually in winter.
- C) Both in summer and winter.
- D) It varies from time to time.
- 18. A) A great variety of events.
- B) A field event only.

C) A track event only.

- D) Some track and field events.
- 19. A) The sites where the Olympics were held.
 - B) The history of the Olympic Games.
 - C) The awards of the Olympic Games.
 - D) The well-known athletes who have emerged from the Olympic Games.

Passage Two

Ouestions 20 to 22 are based on the passage you have just heard.

- 20. A) When he was eleven years old.
- B) When he was fifteen years old.
- C) When he was twenty years old.
- D) When he was ten years old.

- 21. A) In New York.
 - C) In Philadelphia.
- 22. A) Information for business.
 - C) Information for housewives.

- B) In Boston.
- D) In Chicago.
- B) Information for politicians.
- D) Information for farmers.

Passage Three

Questions 23 to 25 are based on the passage you have just heard.

23. A) Some flowers.

B) Some vegetables.

C) Some trees.

- D) Some trees and flowers.
- 24. A) Her son picked some vegetables.
 - B) Her neighbor stole the vegetables.
 - C) Her neighbor's ducks ate the vegetables.
 - D) She picked some vegetables.
- 25. A) A few days before Christmas.
- B) A few days after Christmas.

C) On Christmas Eve.

D) A few weeks before Christmas.

Section C

Directions

In this section, you will hear a passage three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks with the exact words you have just heard. Finally, when the passage is read for the third time, you should check what you have written.

Americans are usually (26) of non-native speakers who have some trouble
understanding English. But they become (27) when a person (28) to
understand but doesn't really. This (29) problems because he or she has
(30) what was said. No one wants soap when he asks for soup. So if you don't
understand what is said to you, (31) it and (32) ask the person to repeat
or explain. All you have to say is, "Excuse me, would you mind repeating what you said? I
didn't understand."

Second, it is quite rude to converse with a companion in your native language and leave your American friends standing there feeling stupid because they can't understand the conversation. The Americans may also feel that you are talking about them or saying something you don't want them to hear. If you have to (33) ______ your native language to explain something to a non-English-speaking companion, then at least (34) _____ for your American friends so they don't (35) _____.