

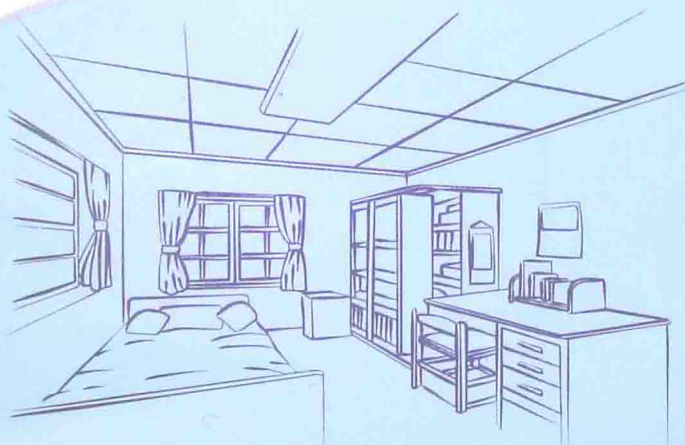
College English Coursebook
LIFE ORIENTATION

大学英语

生活化教程 (I)

学生用书
Student's Book

■ 陈 环 主编



出版社

大学英语生活化教程 (I)

(学生用书)

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前言

随着我国高职院校办学规模的扩大,录取分数线较前几年降幅较大,学生入学时英语基础薄弱,普遍缺乏学习英语的热情。多数学生进入大学仍然存在着惯性思维,把学好英语的期望都寄托在老师身上,希望老师能传授学习英语的捷径,使自己在短期内达到学好英语的目标。随着课程的深入,再加上觉得学习的内容对今后的生活和就业影响不大,不少学生产生厌学情绪。

为改变这种不利状况,我们尝试将生活化教学理念贯彻到大学英语课程教学,重视英语学习的生活化和实用性,就是要将传统教学中以语言基础教学为主的教学模式转为以培养学生语言应用能力为主的教学模式。

大学英语教学生活化理念符合《高职高专教育英语课程教学基本要求》(试行)(以下简称《基本要求》)的教学思想。《基本要求》作为教育部第一部高职高专教育英语课程教学指导性文件,明确提出了“以实用为主,以应用为目的”的大学英语教学思想,以培养学生的语言应用能力教学目标。在教学中加强听说能力的培养,降低“学术阅读”,加强“实用阅读”,使“学”与“用”更紧密结合,从而具体体现“培养实际应用英语的能力”的教学方向与目标,改变教学脱离生活实际的局面。

《大学英语生活化教程》正是在《基本要求》的指导下,挖掘语言教学和生活的内在联系而编写的。核心教材包括《大学英语生活化教程学生用书》、《大学英语生活化教程综合练习》和《大学英语生活化教程教学参考书》及配套的MP3光盘、多媒体课件等。本教材供高职高专院校非英语专业的公共英语教学使用。

本教材主要特点

1. 理念生活化。将生活化理念贯穿于教材的各个环节,体现学生的主体性和个体差

异,注重学生自主学习能力的培养。

2. 内容生活化。教学内容选取与生活实际相吻合,包括衣、食、住、行、娱、游、购,最大限度地挖掘它的生活内涵,让教材富有浓浓的生活气息。

3. 语言技能训练层次化。教材内容和形式贴近真实的语言交际。在结构编排上将听、说、读、写、译等语言技能训练有机融合在一起,听说领先,读写跟上,使学生透过教材内容产生对生活的联想,通过生活体验加深对教材内容的理解。

4. 教材内容整体化。每单元围绕一个反映生活实际的主题展开,以精读为核心,指导学生获取并掌握与各主题有关的语言文化知识及丰富的语料,并针对该现实主题充分进行语言综合应用能力的训练。教学内容相互呼应,构成有机整体。

本教材编写思路及使用说明

本教材根据高职高专教学的实际需要突出语言的生活化和实用性,分为8个单元,每单元由4部分组成。第一部分是视听说。该部分有音频、视频和图片,充分激发学生的学习兴趣 and 热情,引导学生就单元的主题进行口头表达,并为课文内容的学习做准备。第二部分为主课文学习部分。选取难度合适、长度大概三四百个单词左右的文章,以学生熟悉的生活中能接触到的主题内容为主,尽量围绕单元主题把真实任务和阅读结合起来,使学生学习之后达到学以致用目的。第三部分为拓展阅读部分。通过阅读与课文主题相关的文章,进一步了解和深化主题内容,并扩大词汇量,提高阅读技巧。第四部分为实用写作部分。要求写作格式正确、语句基本正确的应用文。

教材编者

本教材第一册主编为陈环老师。副主编为龙晓明、张晓梅老师。参加本教材第一册编写工作的有:唐纬、温敏、滕丽媛、张钦娟、廖亚林、张晓梅、李丽雯、杨青。

本书编者水平有限,疏漏和不妥之处在所难免,恳请专家和读者不吝批评指正。

Contents

Unit One

College Life 1

- Section A** Listening and Speaking 1
- Section B** Text Learning: College — A Transition Point
in My Life 4
- Section C** Extensive Reading: College Survival:
Our Tips for Success 9
- Section D** Practical Writing: Business Card 11

Unit Two

Making Friends 15

- Section A** Listening and Speaking 15
- Section B** Text Learning: True Friendship 18
- Section C** Extensive Reading 22
- Section D** Practical Writing: Poster 24

Unit Three

Fashion 27

- Section A** Listening and Speaking 27
- Section B** Text Learning: Clothing Tips for
College Girls 30
- Section C** Extensive Reading: Week of Hot Styles 35
- Section D** Practical Writing: Note 36

Unit Four

Food and Health 39

- Section A** Listening and Speaking 39
- Section B** Text Learning: How to Keep Your Vegetables Healthy 43
- Section C** Extensive Reading: How Do Foods Affect Our Sleep 47
- Section D** Practical Writing: Notice 49

Unit Five

Holidays and Festivals 53

- Section A** Listening and Speaking 53
- Section B** Text Learning: Sanyuesan of the Zhuang Nationality 56
- Section C** Extensive Reading: My Method of Getting Ready for a Holiday 62
- Section D** Practical Writing: Postcard 64

Unit Six

Entertainment 67

- Section A** Listening and Speaking 67
- Section B** Text Learning: Entertainment Events 70
- Section C** Extensive Reading 75
- Section D** Practical Writing: Thank-you Note 77

Unit Seven

Shopping 79

- Section A** Listening and Speaking 79
- Section B** Text Learning: Christmas Music Makes Us Spend More 83
- Section C** Extensive Reading: Shopping 87

Section D	Practical Writing: Congratulation Card	88
------------------	---	-----------

Unit Eight

Transportation	91
-----------------------	-----------

Section A	Listening and Speaking	91
------------------	-------------------------------	-----------

Section B	Text Learning: Speeding Up	95
------------------	-----------------------------------	-----------

Section C	Extensive Reading: New Jersey School Bus Crash Kills 1, Injures 17	100
------------------	---	------------

Section D	Practical Writing: Invitation Letter & Reply	102
------------------	---	------------

Glossary

	105
--	------------



College Life

Section A Listening and Speaking

New words

department [dɪ'pɑ:tmənt] *n.* 部门, 部; 系, 学部

management ['mænɪdʒmənt] *n.* 管理

baggage ['bæɡɪdʒ] *n.* 行李

tip [tɪp] *n.* 指点, 提示; 小费; 尖端; 小建议, 小窍门

environment [ɪn'vaɪrənmənt] *n.* 环境, 外界

dorm [dɔ:m] *n.* 宿舍

friendship ['frendʃɪp] *n.* 友情, 友谊

enrich [ɪn'ritʃ] *vt.* 使富裕, 使富有

straightforward [streɪt'fɔ:wəd] *adj.* 直截了当的; 坦率的

honest ['ɒnɪst] *adj.* 诚实的; 坦诚的

justice ['dʒʌstɪs] *n.* 正义; 公正

Task A Listen and fill in

Directions:

Listen to the two short dialogues carefully and fill in the missing words and phrases.

Dialogue 1

Kate: Hello. I'm Kate. I'm from Shanghai.

John: I'm John from Nanjing. It's nice to meet you. This is Lily. She _____
Shanghai, too.

Kate: Really? I'm _____!

Lily: I'm glad to meet you, too. John and I are in the Department of _____.
Which department are you in?

Kate: I'm in the Department of _____.

Dialogue 2

Li Xin: Wen Wen, I'd like you to meet my new friend Wang Lin.

Wen Wen: It's _____ to meet you, Wang Lin. My name is Liu Wen, but
everybody calls me Wen Wen.

Wang Lin: How do you do, Wen Wen?

Wen Wen: How do you do?

Li Xin: Wang Lin is in the Department of Hotel Management. She is from Beijing.

Wen Wen: So you two come from _____ city, don't you?

Li Xin & Wang Lin: Yes.

Wen Wen: Have you found your apartment, Wang Lin?

Wang Lin: Yes, I've been told it's on the _____ floor of this building.

Wen Wen: That's good. _____ carry the baggage.

Wang Lin: Oh, no, thank you. I can do it myself.

Wen Wen: If there's anything we can do for you, we'll be happy to help.

Wang Lin: Thank you very much. I'll ask for help _____.

Task B Listen and answer

Directions:

Listen to the conversation carefully and answer the following questions.

1. Did Lucy worry about her study?

2. Did Tom give answer to Lucy's first question?

3. What is the most important thing that Tom has learned from this college?

4. How many hours does Tom spend studying in college every day?

5. What does Tom think of living in the dorm?

Task C Watch and talk

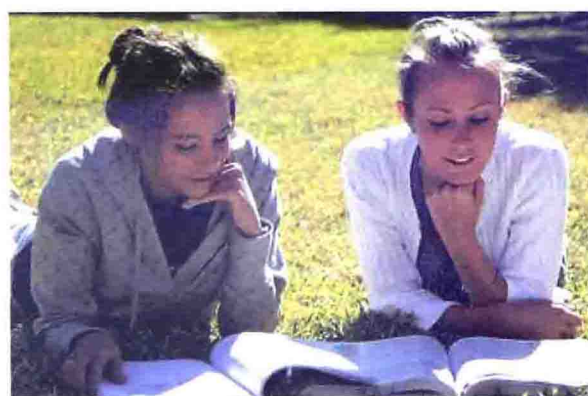
Directions:

Watch the video and talk with your partners about the new roommates.

Task D Look and think

Directions:

Look at the pictures, list whatever words you can think about them, and share them with your partners.



Task E Work in pairs

Directions:

Read the dialogue in Task B carefully, and imitate the dialogue. Suppose you are a freshman and your partner is a second-year student in the same college. You have a lot of questions to ask her/him.

Task F Discuss

Directions:

Discuss these questions on college life. Organize the answers and make a report to the class briefly.

- What's your impression of your new college?
- What is the most difficult thing to you in college?
- Should college students be required to attend classes?

Section B Text Learning

New words

- transition** [træn'ziʃən] *n.* 过渡; 转变; 变迁
- enter** ['entə(r)] *vt. & vi.* 进入; 开始; 参加; 登记
- freshman** ['freʃmən] *n.* 大一新生; 新手
- surround** [sə'raʊnd] *vt.* 包围, 围绕
- compete** [kəm'pi:t] *vi.* 竞赛; 竞争; 比得上; 参加比赛 (或竞赛)
- course** [kɔ:s] *n.* 科目; 进程; 课程; 方针
- smart** [smɑ:t] *adj.* 聪明的; 敏捷的; 漂亮的; 整齐的
- succeed** [sək'si:d] *vi.* 成功; 继承; 达到目的
- regulate** ['regjələnt] *vt.* 调节; 调整; 校准; 控制; 管理
- socialize** ['səʊʃəlaɪz] *vi.* (与...) 交往; 联谊; 参与社交
- shortly** ['ʃɔ:tlɪ] *adv.* 不久, 马上; 简单地, 扼要地
- however** [haʊ'evə(r)] *conj.* 然而; 可是; 不管怎样

- control [kən'trəʊl] *n.* 控制; 支配
- manage ['mænidʒ] *vt.* 设法做到
- assignment [ə'saɪnmənt] *n.* 分给, 分配; 任务; 工作; (课外) 作业
- addition [ə'dɪʃən] *n.* 加, 增加, 附加; [数] 加法; 增加的人或事物
- comfortable ['kʌmfətəbl] *adj.* 舒适的; 安逸的, 处于轻松的; 充裕的
- share [ʃeə(r)] *vt.* 分配; 分开; 共同承担
- fear [fiə(r)] *n.* 害怕; 可能性; (对神等的) 敬畏; 忧虑
- routine [ru:'ti:n] *n.* 惯常的程序; 例行公事; 固定节目
- perspective [pə'spektɪv] *n.* 观点, 看法; 远景, 景色; 洞察力
- responsible [rɪ'spɒnsəbl] *adj.* 尽责的; 负有责任的; 懂道理的
- decision [dɪ'sɪʒən] *n.* 决定; 果断; 决议; (法院的) 判决
- wise [waɪz] *adj.* 聪明的, 有智慧的; 博学的, 博识的; 明白的; 像智者的
- stage [steɪdʒ] *n.* 阶段; 时期; 舞台; 戏剧; 驿站
- ultimate ['ʌltɪmət] *ad.* 最后, 最终
- ahead [ə'hed] *adv.* 在(某人或某事物的)前面; 向前; 预先; 在将来, 为未来
- handle ['hændl] *vt.* 处理, 应付; 负责; 管理; 操纵
- successfully [sək'sesfəli] *adv.* 顺利地; 成功地
- hurdle ['hɜ:dl] *n.* 难关; 障碍
- dependent [drɪ'pendənt] *adj.* 依靠的; 依赖的; 取决于...的; 有瘾的
- emotional [ɪ'məʊʃənəl] *adj.* 情感的; 令人动情的; 易动感情的; 感情脆弱的

Phrases

- by oneself 单独, 独力; 自行; 孑然一身; 各自
- keep up with 跟上, 不落人之后; 齐肩并进; 紧跟
- be up to 取决于...的, 须由...决定的
- for oneself 独自地; 为自己
- at first 起初, 当初
- have sth. under control 使某事恢复正常; 使某事处于控制之下
- in addition 另外; 除此之外; 并且; 况且
- set up 建立; 准备; 安排; 引起
- as a result 结果, 因此
- look upon/on 看作, 显得不错; 看待
- turn out 证明是; 结果是
- grow up 生长; 长大; 成熟; 出现
- in store 将要发生; 就要出现
- ahead of 在...前面

Warming up

Discuss the questions with your partner before reading the text.

1. What did you imagine the college life would be like before entering a college?
2. Is there any difference between college life and high school life?
3. How did you feel when you first got to college?

College — A Transition Point in My Life

When I first entered college as a freshman, I was afraid that I was not able to do well in my studies. I was afraid of being off by myself, away from my family for the first time. Here I was surrounded by people I did not know and who did not know me. I would have to make friends with them and perhaps also compete with them for grades in courses I would take. Were they smarter than I was? Could I keep up with them? Would they accept me?

I soon learned that my life was now up to me. I had to set a study program if I wanted to succeed in my courses. I had to regulate the time I spent studying and the time I spent socializing. I had to decide when to go to bed, when and what to eat, when and what to drink, and with whom to be friendly. These questions I had to answer for myself.

At first, life was a bit difficult. I made mistakes in how I used my time. I spent too much time making friends. I also made some mistakes in how I chose my first friends in college.

Shortly, however, I had my life under control. I managed to go to class on time, do my first assignments and hand them in, and pass my first exams with fairly good grades. In addition, I made a few friends with whom I felt comfortable and with whom I could share my fears. I set up a routine that was really my own — a routine that met my needs.

As a result, I began to look upon myself from a different perspective. I began to see myself as a person responsible for myself and responsible for my friends and family. It felt good to make my own decisions and see those decisions turn out to be wise ones. I guess that this is all part of what people call “growing up”.

What did life have in store for me? At that stage in my life, I really was not

certain where I would ultimately go in life and what I would do with the years ahead of me. But I knew that I would be able to handle what was ahead because I had successfully jumped this important hurdle in my life: I had made the transition from a person dependent on my family for emotional support to a person who was responsible for myself.

(416 words)

Activities

Activity 1

Find out the correct order according to the text.

- But I knew that I would be able to handle what was ahead.
- I soon learned that my life was now up to me.
- Shortly, however, I had my life under control.
- At first, life was a bit difficult.
- As a result, I began to look upon myself from a different perspective.
- When I first entered college as a freshman, I was afraid that I was not able to do well in my studies.

() --- () --- () --- () --- () --- ()

Activity 2

What do you think of the “transition” from a person dependent on his family to a person responsible for himself? Do you have difficulties in overcoming the “transition” and how can you do them?

Activity 3

Fill in the blanks with the proper form of the words given in brackets.

- His firm will certainly grow and _____ (succeed).
- Mike just _____ (enter) the building.
- He _____ (compete) in the Winter Olympics next year.
- I could only _____ (manage) one task a day.
- Are you _____ (comfort) being there.

Activity 4

Fill in the blanks with the proper form of the words and phrases given in the box.

responsible
keep up with

in addition
surround

dependent
handle

course
share

in store
set up

1. To tell the truth, I don't know if I can _____ the job.
2. Such people _____ themselves with loving support.
3. Mary is my best friend and I always _____ my secrets with her.
4. Up to two million people there are _____ on food aid.
5. I'm afraid not. My computer _____ starts tonight.
6. Could wage _____ inflation?
7. He should be _____ for that.
8. In remembrance of the battle, we _____ a museum.
9. _____ there are obvious environmental concerns.
10. And they fear that worse is _____.

Activity 5

Translate the following sentences.

1. I began to *see myself as* a person responsible for myself and responsible for my friends and family.

他们把英语老师视为他们最好的教师。

2. *As a result*, I began to look upon myself from a different perspective.

结果,我们都太害怕失败。

3. At that stage in my life, I really was not certain *where* I would ultimately go in life and *what* I would do with the years ahead of me.

凯特总是告诉别人做什么事,如何做,但是自己却很少做。

4. *I was afraid of being off by myself, away from my family for the first time.*

别害怕冒险。

Section C Extensive Reading

Read the following passage and choose the best answer.

College Survival: Our Tips for Success

Nikea D. Wortham

If you are a new college student, the following tips can help you achieve a strong start this year. Remember that school is important, as is the knowledge you take away from it, so take your education seriously and you should be successful at whatever you do.

Study Tip

Study with friends. It is a good idea to study with your classmates or students from other classes. They may see new ways to attack problems, and they might be easier to understand than your professors.

Take advantage of college resources. Use what your college has to offer, such as its library; usually it's more helpful than regular public libraries.

Learn from failure. Nobody can excel in everything all of the time. Don't be so hard on yourself and try to learn from mistakes and move on.

Don't miss your class. If you don't go to class, you may miss valuable information that can only be found in the classroom. Not going to class will also tell the professor that you are not serious about your education.

Don't read on your bed. We all know what's likely to happen. Reading on one's bed often leads to a three-hour nap (if not a full night's sleep).

Don't put off term papers till the last couple of days. The things you got away with in high school aren't going to work in college. You can't fall behind and expect to catch up.