



01 激|励|卷

# 美丽 英文

*Beautiful English  
Success Is a Choice*  
成功是一种选择

冯铃之 | 陈微微 · 编译  
FENGLINGZHI & CHENWEIWEI WORKS

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我们选择快乐，选择健康，  
选择安全，选择富裕；  
生活中所有的事实都在告诉我们，  
成功是一种选择，不是仅仅靠机会或巧合就能获得的结果。

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## 成为你梦想的成功者

### *Be the Successful Person You Always Dreamed of*

© Amy Twain

*Goals determine what you are going to be.*

*~Julius Erving*

So what does it take to succeed to become a successful person? Success is accomplishing a desired end result or objective. If I asked you if you want to be a successful person, of course you'll say yes. The first thing to consider is—what is it really you're trying to be successful at? You have to make that decision—what do you want to achieve in your life? Are you striving to be more organized? To be healthier by losing weight? Or are you trying to pay off those debts? Or how about trying to enjoy your retirement years? Whatever your goals and dreams are, bear in mind that they don't materialize by wishing on a wishing well or catching a falling star.

You have to make the necessary steps in order to attain your goals and be a successful person. Firstly, you have to be specific—because if you don't, you may not discern if you've already triumphed. To summarize, first decide



目标决定你将成为什么样的人。

——尤里乌斯·欧文

是什么造就了一个人的成功？成功是指达到了期望的最终结果或目的。如果我问你是否想成为成功人士，你当然会说想。但你要考虑的第一件事是，你真正想要在什么方面成功。你必须做出决定——你想在你的人生中实现什么？你是想努力变得更有条理，还是努力减肥变得更健康？你是想努力还清债务，还是享受你的退休时光？无论你的目标和梦想是什么，请记住，只是对许愿池或流星许愿是不会成功的。

为了实现你的目标，成为成功的人，你必须采取必要的行动。首先，明确目标。因为如果你的目标不明确，你可能就无法分辨出自己是否已经成功。简言之，你首先得自己决定你想要的，并且制订达到成功的计划。

what you want, and create a plan of action to get there.

Of course, with success comes happiness. If you enjoy what you're doing, then you'll be a successful person. Happiness is a decision—so decide to be happy now. And don't ever condition your thoughts that you'll only be really happy if you acquire certain stuff or you'll only be truly fulfilled if you reached a certain point in your life.

Just tell yourself to enjoy the trip and you're certainly on your way to be a successful person you always aspired to be. Your delight would be the drive that you got to do what you have to do in order to become a successful person. Okay, I admit that it won't always be a walk in the park, but you feel good anyway, knowing that whatever you're experiencing right now is just a process and a journey to your success.

And when the right time comes, your goal would come to its fulfillment and realization. Remember that almost every individual has tasted the bitter sting of failure before they reached the pinnacle of success. Therefore, don't be afraid to fail, because if you never failed in your life, then you never tried anything at all.

Don't be petrified of taking that huge leap of faith now—so what if you failed? At least now you know than forever wondering, “what if” or “what might have been”. Setbacks and obstacles are just temporary challenges to test us, but don't let them make you wave the white flag and surrender.

The successful person is not a quitter and it doesn't matter how many times you fall, but how you endured the hardships that come your way. Finally, strive not to judge yourself based on what you are now, and especially based on the mistakes you've done on the past. Just move on forward and start over with a clean state; do whatever you could within your power to get closer to your dreams and try to celebrate even the smallest triumphs you have.



当然，成功会带来快乐。如果你享受你正在做的事，那么你就会成为成功人士。快乐是一种决定，所以现在就决定快乐吧。不要用思维定式困扰你的想法，认为你只有获得某样东西才会真正幸福快乐，或只有你达到人生的某一点才会真正地感到满足。

请告诉自己，享受过程吧。你确实是在通往你所一直渴求的成功的道路上。你的快乐会是个内驱力，为了让你成为成功的人，它会推动你去做你必须要做的事。是的，我承认这不像在公园散步那样轻松容易，但是请明白，无论你现在正经历什么，这都只是通向成功的过程。

当恰当的时机来临时，你的目标就会实现。请记住，几乎每个人在登上成功之巅以前都品尝过失败的苦涩。因此，不要害怕失败，如果你在人生中从未经历过失败，那么你也绝不会尝试任何其他的事。

不要对我们现在一百八十度转弯的态度表示惊诧——如果你失败了怎么办？但比起永远的迷茫，至少现在你是清楚的，你知道假使失败了“会怎样”或者“该怎么办”。挫折和障碍只是测试我们的暂时的挑战，但是，不要因它们而举起白旗投降。

你失败了多少次不重要，成功人士并不轻易放弃，然而，在这个过程中你是如何对付困难的，这才是真正重要之事。最后，不要根据你现在是什么样就评判自己，尤其不要根据你以前犯过的错误来评判自己。你要做的只是不断前行，以全新的状态重新开始。在你的能力范围内，做任何你能做的事，靠近你的梦想，甚至即使只是获得了小小的胜利，也要试着为此庆祝。



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## 唤醒心中的梦想

### *Awaken the Dream in Your Heart*

*If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with success unexpected in common hours.*

一个人如果充满信心地向着梦想的方向前行，努力实践所想象的生活，他就会迎来意想不到的成功。