

英语口语
English Speaker

主编 邢兆梅 高鹏

英语口语话题

每天聊上半小时

海量话题，大量语料，与老外畅所欲言，华丽变身话题王！

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下午10分钟练模拟对话 晚上10分钟说一段独白

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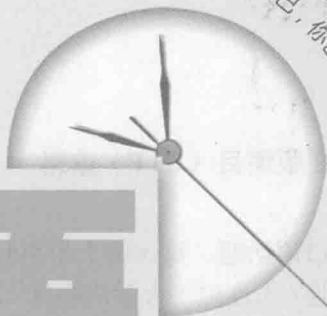
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不用羡慕这些口语达人，他们也不是学就会，他们是靠勤学苦练，一点一点积累练就的。相信自己，你也能成为口语达人！

英语口语
English Oral



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主 编	邢兆梅	高 鹏			
副主编	王艳霞	张惠琰	张玉婷	王 巍	
编 委	盛 爽	刘丕环	潘梦妮	武雁飞	安春平
	田春燕	陈 阳	邢兆梅	高 鹏	郝秀辉
	赵 敏	张学忠	王成力	王 慧	王 双
	郝文玲	王艳霞	张惠琰	张玉婷	王 巍



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Preface

前言

我相信，你能行！

在我们身边，或者我们看电影、电视的时候，是不是经常会有一些熟悉的面孔说一口流利的英语，让我们羡慕不已。其实，我们完全不用羡慕这些口语达人，他们不是天生就会英语口语，他们也不是一学就会，他们是靠勤学多练一点一点积累练就的。就是这样一点一点的积累拉开了人与人之间的距离。为什么要坐着羡慕别人呢，“临渊羡鱼，不如退而结网”，我们自己也学起来吧。

如果你想在英文面试时能流利对答顺利进入外企，
如果你想在上司面前炫一下优雅的口音为下次升职做准备，
如果你想在有外国朋友时不再羡慕地看着别人叽叽喳喳，
如果你想在出国旅游时不再到处找Chinese Speaker，
那这本书正是为你而写。

如果你不属于急功近利、半途而废、眼高手低的人，只要你有着基本的学习能力、热情和恒心，成功没有那么难，你完全能实现。

作为一名高校教师，我有幸自己的生活 and 年轻人的生活存在交集，希望自己可以为年轻的英语学习者在英语学习的道路上送上一丝光亮。语言学习的最好方法是“以练为本”。口语训练只能采取“多听”“常说”的训练方法，因为听是说的基础，说是听的目的，听说互动才能成为真正意义上的交流。在听说训练过程中，离不开一本好的英语口语书，因为它能提供给学习者大量的、题材广泛的语言材料，并能以此多多了解英语国家的民俗、文化，学会英语思维。

本书是英语口语学习用书的经典图书之一，本书之前也有几个版本，每一个版本在这10年中一直深受读者的喜爱，伴随着一代又一代的读者朋友们。但随着信息时代高速发展，我们的生活时刻都在发生变化，手机变成了智能的，购物方式多样化，微博、微信伴随着我们每一天，书中总有跟不上时代节拍的内容，所以要经常改版、修订。物虽

久，亦珍贵，故编者和外国朋友一起编写了最新版《英语口语话题 每天聊上半小时》。全书共包含头脑风暴、健康俱乐部、潮人部落、心灵密码、焦点访谈等19个主题，每个主题下按细分情境又囊括92个最时尚、最前沿、最实用话题。每个话题下，我们设计了一个“早晨5分钟练语音”、“上午5分钟背经典例句”、“下午10分钟练模拟对话”、“晚上10分钟说一段独白”的“学习四部曲”。见缝插针的“半小时”丝毫不占用你的大块时间，但却让你的学习循序渐进，持之以恒。你会惊喜地发现，置身于纷杂的大千世界“欲说无语”的社交场面将彻底和你“Say Goodbye”。为你量身打造的海量话题，将助你轻松Hold住各种交际场合，与老外畅所欲言，华丽变身话题王。

愿本书能够帮助读者朋友们每天忙里偷闲，利用这零碎的“半小时”时间磨炼自己的口语，炼出一副伶牙俐齿！亲爱的读者，请记住：只要功夫深，铁杵磨成针！

由于编者的水平有限，错误和疏漏之处在所难免，望读者不吝赐教。

编者

2014年6月

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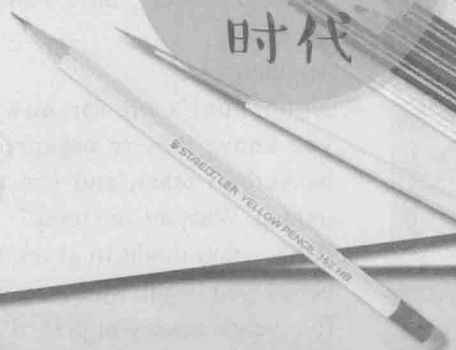
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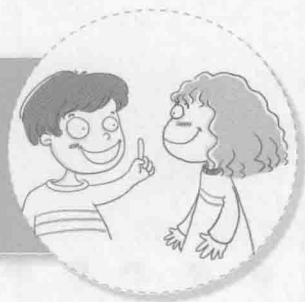
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Theme 1
新结婚
时代



Topic 001

Quarrelsome Lovers 欢喜冤家



5 分钟

练语音

注意ou组合的不同发音【ʌ】和【aʊ】

cousin/house
nourish/about

young/blouse
touch/shout

country/mouse
courage/pound

5 分钟

背经典例句

1. Sometimes the perfect person for you is the one you least expect. 1. 有时候，最适合你的人，恰恰是你没有想到的人。
2. You are everything to me, and I was so blessed when God sent you here for me. 2. 你是我的一切，我是如此幸运上帝让你来到我身边。
3. My heart belongs to you. 3. 我的心属于你。
4. You light up my life. 4. 你照亮我的生命。
5. I'll think of you every step of the way. 5. 在漫漫长路的每一步我都会想你。
6. Wherever you go, whatever you do, I will be right here waiting for you. 6. 无论你去往何处，无论你在做什么，我都会在此守候你。
7. No words are necessary between two loving hearts. 7. 两颗相爱的心之间不需要言语。
8. The road to a lover's house is never long. 8. 通往爱人家里的路从不会漫长。

10 分钟

练模拟对话

A: Honey, the basketball game is about to start. Could you bring me some chips and a bowl of ice cream? And...uh...a slice of pizza from the fridge.

B: Anything else?

A: Nope, that's all for now. Hey, honey, you know, they're organizing a company basketball team, and I'm thinking about joining. What do you think?

B: Well...you ought to at least get a physical before you begin. I mean, it has been at least five years since you played at all. And you need to watch your diet and cut back on

甲：宝贝，篮球赛要开始了，帮我拿一些薯条和冰淇淋好吗？还有，从冰箱里拿一块比萨饼。

乙：还有吗？

甲：没有啦，暂时就要这么多。宝贝，你知道他们正准备组建一支公司的篮球队，我正考虑加入，你认为如何？

乙：哦，你至少应该在开始之前进行一些锻炼，我的意思是说你已经五年没有打篮球了。并且你需要注意你的饮食，少吃脂

the fatty foods, like the ice cream. And you should try eating more fresh fruit.

A: Yeah, you're probably right.

B: I just love you and want you around for a long, long time.

肪高的食物,像冰淇淋,而且应该多吃新鲜的水果。

甲:对,或许你说的有道理。

乙:只是因为我爱你,我想你永远在我身旁。

A: Hey, sweetie, sorry I'm late again.

B: Daniel, you know, I hate you! I can't stand you any more, you always stand me out!

A: Darling, please keep your shirt on, give me a chance to explain.

B: You know what, you always have reasons. But every time, your excuse simply cannot hold a little water. Please, don't treat me as an idiot.

A: No, this time I did have an accident, please don't put full blame on me...

B: Enough, Daniel!

A: Honey, for the sake of our love. Please! Just why can't you care my feelings at all?

B: Who cares mine?

A: You know, I'd rather die than live without you. So, please, please give me one more chance, I promise...

甲:嘿,亲爱的,不好意思我又迟到了。

乙:丹尼尔,你知道吗,我好讨厌你!你老是放我鸽子,我受够了!

甲:亲爱的,请千万别发火,给我一个解释的机会。

乙:你知道吗,你总是有各种理由。可是每次你的理由几乎都站不住脚。我求你了,别把我当成傻瓜。

甲:不,这次我真的遇到了意外,请你不要把全部责任都怪我身上……

乙:够了,丹尼尔!

甲:亲爱的,看在我们爱情的份上。求求你了!为什么你就完全不能考虑一下我的感受呢?

乙:那谁考虑我的感受呢?

甲:你知道的,离开你我不会生不如死。所以,求求你,请你再给我一次机会,我保证……

A: Where have you been? The movie has already been started. We cannot watch it tonight.

B: Something came up at work at the last minute. I couldn't get away.

A: You could have called.

B: I am really sorry.

A: You are always at work. Why can't you work around me for a change?

B: That's not true. I am home almost every night by eight o'clock.

A: Yes, eight o'clock. But by the time we finish

甲:你去哪儿了?电影早就开演了,我们今晚不能去看了。

乙:下班前公司临时有事,我走不开啊。

甲:你可以事先打个电话给我啊。

乙:真是对不起。

甲:你总是忙着工作,你为什么不能为我做点儿改变?

乙:你这样说就不对了,我每晚差不多八点前就到家了。

甲:是啊,八点就到家了,但是

the dinner, it's time to go to bed.

B: Honey. It is only a movie. It will still be there tomorrow. I promise to go with you tomorrow.

A: I'm just upset, that's all. You could call when you're going to be late, you know.

等我们吃完晚饭就该上床睡觉了。

乙：亲爱的，只不过是场电影，明天还会有的，我保证明天陪你去看。

甲：我只是不开心，仅此而已，你知道的，要是你会迟到，可以事先打个电话。



说一段独白

Husband-wife Looks

夫妻相

Forget about opposites attracting. We like people who look like us, because they tend to have personalities similar to our own. And, a new study suggests, the longer we are with someone, the more similarities in appearance grow.

The researchers speculate that the sharing of experiences might affect how couples look. The idea that there is a connection between appearance and personality might seem odd at first, but there could be biological reasons for a link, said study member Tony Little from the University of Liverpool in England. Little said, "Also, the face displays our emotions and over time emotional expressions may become written in the face." For example, someone who smiles a lot may develop lines and muscles that are suggestive of someone who is happy.

The new study indicates that people hone in on a variety of different features when using facial appearance to make decisions about someone's personality, and that the particular cues focused on change from face to face. Vital to the decision, however, are eyes and smiles.

别再寻找和你互补的爱人了，我们喜欢和自己长相相似的人，因为他们倾向于和我们有相同的个性。新的研究显示，和某人在一起时间越长，长相就越相似。

研究人员认为共同的经历可能影响情侣相貌。英国利物浦研究人员托尼·利特尔认为相貌和性格之间有关系。这一想法初听起来有点怪异，但却是有生物学依据的。利特尔说：“脸可以反映我们的情绪，长时间重复一个表情也会改变我们的脸。”例如，一个人总是笑就会产生笑纹，别人就能看出这个人生活挺幸福的。

此项新研究显示，人们利用面部特征来判断某人的特点，对于每张脸，人们判断的依据也有所不同。但是眼睛和笑容绝对是判断的重要依据。

链接

speculate/推断
cue/提示

hone/磨练



Fall in Love

坠入爱河

Topic

002

5

练语音

注意 [ʒ] 和 [dʒ] 的区别

pleasure/ change

treasure/strange

conclusion /arrange

massage/exchange

unusual/injection

casual/luggage

5

背经典例句

1. I love you not because of who you are, but because of who I am when I am with you. 1. 我爱你，不是因为你是一个怎样的人，而是因为我喜欢与你在一起时的感觉。
2. No man or woman is worth your tears, and the one who is, won't make you cry. 2. 没有人值得你流泪，值得让你这么做的人不会让你哭泣。
3. The worst way to miss someone is to be sitting right beside them knowing you can't have them. 3. 失去某人，最糟糕的莫过于，他近在身旁，而你知道你无法拥有他。
4. To the world you may be one person, but to one person you may be the world. 4. 对于世界而言，你是一个人；但是对于某个人而言，你是他的整个世界。
5. Don't waste your time on a man/woman, who isn't willing to waste their time on you. 5. 不要为那些不愿在你身上花费时间的人而浪费你的时间。
6. Just because someone doesn't love you the way you want them to, doesn't mean they don't love you with all they have. 6. 爱你的人如果没有按你所希望的方式来爱你，那并不代表他们没有全心全意地爱你。
7. Don't try so hard, the best things come when you least expect them to. 7. 不要太过勉强，最好的总会在最不经意的时候出现。
8. Don't cry because it is over, smile because it happened. 8. 不要因为结束而哭泣，微笑吧，为你的曾经拥有。

10

练模拟对话

A: Drew, do you have a girlfriend?

甲：德鲁，你有女朋友吗？

B: Yes, why?

乙：有，怎么了？

A: Well, I came to know a girl 3 weeks ago and we have so much in common.

甲：哦，我三周前认识了一个女孩，我们有很多共同点。

B: So?

乙：然后呢？

A: So I think I have fallen in love with her.

甲：我想我是爱上她了。

B: You're attracted to her. [chuckles] That sounds great, but how do you know that it's a crush or it's real love?

A: OK. Then what's the difference between "having a crush" and "falling in love"?

B: That's a big question. Well, if you're in love, maybe you'll take every opportunity to talk to her or telephone her for no reason.

A: That's what I did.

B: And you think about her all the time.

A: Yeah. Falling in love is so good.

乙: 你被她吸引了啊。[笑]听起来不错。不过你怎么知道那是一时冲动还是真爱?

甲: 好吧, 那这两者之间有什么区别吗?

乙: 这问题够大的, 好吧, 如果你真爱上她的话, 你会抓住每个机会同她聊天或者给她打电话, 而且没什么理由的。

甲: 我就是这样的。

乙: 并且你一直都想着她。

甲: 是的, 爱上的感觉真好。

A: Do you remember the day I asked you to marry me? And you said yes. I was nearly bouncing off the walls.

B: Of course I remember.

A: Mary, but now our baby is about to go to the college!

B: Yeah, 19 years turns us old and her to a big girl.

甲: 你还记得我向你求婚的那天吗? 你答应嫁给我了, 把我乐得差点撞了墙。

乙: 当然记得。

甲: 玛丽, 可现在咱家的宝贝儿都快要上大学了!

乙: 是啊, 十九年了, 咱们老了, 孩子也长成大姑娘了。

A: Here are some flowers, love. Happy Valentine's Day!

B: Those are beautiful! They smell lovely. Thank you.

A: This is to let you know that I still love you after all these years. I knew that there would be ups and downs when I married you. But through it all, you've always been my valentine.

B: I'm so glad that we met one another.

A: I'd do everything for you, love, you know that. Maybe you didn't realize, but you made every day a joyous moment and a happy occasion.

B: I don't think I say this enough, but I want to thank you for your kindness and patience. You've always been there for me.

甲: 亲爱的, 送你一些花。情人节快乐!

乙: 那些花真漂亮! 真好闻。谢谢你。

甲: 我送你花是想让你知道, 过了这么多年我依然很爱你。娶你的时候我就知道生活会有欢乐, 也会有悲伤。但是, 一路走来, 你始终是我心爱的人。

乙: 我很高兴我们遇到了彼此。

甲: 我愿意为你做任何事情, 亲爱的, 你知道的。也许你没有意识到, 可是你让每一天都变成欢乐的时刻和幸福的事。

乙: 我觉得我说这些根本不够, 不过, 我还是要感谢你对我好、对我的耐心。你一直守护在我身边。



说一段独白

The Positive Meanings of Love

爱的真谛

We'd like to share some of the positive meanings love has for us.

Love means that I know the person I love. I'm aware of the many sides of the other person — not just the beautiful side but also the limitations, inconsistencies and faults. I have an awareness of the other's feelings and thoughts, and I experience something of the core of that person. I can penetrate social masks and roles and see the other person on a deeper level.

Love means having a responsibility toward the person I love. If I love you, I respond to most of your major needs as a person. This responsibility does not include my doing for you what you are capable of doing for yourself; nor does it mean that I run your life for you.

To sum it up, mature love is union under the condition of preserving one's individuality. In love, two beings become one and yet remain two.

我们想把爱情给予我们的一些积极看法跟大家分享。

爱就意味着了解所爱的人。能够认识到这个人多个方面——不仅仅是美好的一面，还有他的局限、他的矛盾之处和他的缺点。要看到对方的情感、思想，感觉他的内心、要能够透过他在社交场合的表现和他的社会角色而看到他更深层次的东西。

爱就意味着对所爱之人负责。爱一个人，就要对他作为独立个体的大部分需求做出回应。这种负责并不包括替他做他可以自己做到的事，也不是操纵他的生活。

总而言之，成熟的爱就是在保持个体独立条件下的双方结合。在爱情中，两个人变成了一个人同时还保持着两个独立的个体。

链接

positive/积极的
mature /成熟的

awareness/意识
individuality /独立，个体

Topic 003

All about Marriage 婚姻那点事儿



5

练语音

注意 [n] 和 [ŋ] 的区别

neat/pink

net/length

nap/thank

nut/monk

knock/long

run/bank

not/bang

knife/hang

knot/think

5

背经典例句

1. To love is to be on the sea, out of sight of land. 1. 坠入爱河如同在海上航行，看不见陆地的踪影。
2. My girlfriend forced me to marry her within one month. 2. 我女朋友逼我一个月内跟她结婚。
3. That's why he still remains unmarried. 3. 这就是他一直保持单身的原因。
4. Where is my prince who'll ride into my life on a white horse? 4. 闯进我生活的白马王子到底在哪里呢？
5. She is three months pregnant. 5. 她已经怀孕三个月了。
6. Beauty is in the eyes of the beholder. 6. 情人眼里出西施。
7. Marry in haste, and repent at leisure. 7. 草率成婚，后悔莫及。
8. They had a falling-out. 8. 他们之间已经开始出现不和了。

10

练模拟对话

A: Hi, how are you? Have you heard that Zhang has got married?

甲：嗨，还好吗？你听说了吗？小张结婚了。

B: It's a big surprise. When I met her last month, she didn't even have a boyfriend.

乙：太让人吃惊了！我上个月见到她的时候，她还没有男朋友呢。

A: Yeah. That's called flash marriage.

甲：嗯，这叫闪婚。

B: So, what is flash marriage?

乙：那什么叫闪婚呀？

A: Briefly, it means that two people get to know each other, fall in love and get married in a very short time. For people who enjoy the flash marriage, it's enough to spend 3

甲：简单说，就是两个人在很短的时间内相识，相爱并结婚。对于闪婚一族来说，3秒钟足以爱上一个人，8分钟足