



高等院校英语课程“十二五”规划系列教材

新起点

Starting Anew

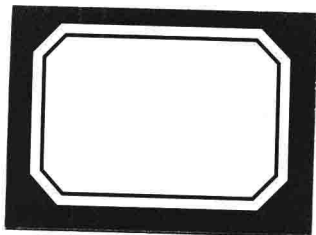
# 大学英语听说教程

CEC Listening and Speaking

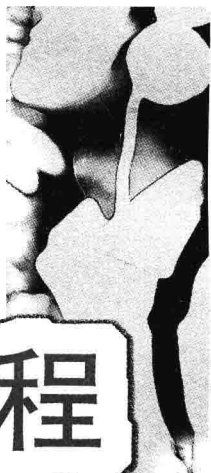
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校英语课程“十二五”规划系列教材



新起点

# 大学英语听说教程

*Starting Anew:  
CEC Listening and Speaking*

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# 前 言

《新起点大学英语听说教程》(Starting Anew: CEC Listening and Speaking) 是根据 2007 年 7 月教育部高等教育司颁布的《大学英语课程教学要求》为普通高等学校学生进行大学英语听说训练而设计编写的教材。《大学英语课程教学要求》规定大学英语的教学目标是培养学生的英语综合应用能力,特别是听说能力,使他们在今后学习、工作和社会交往中能用英语有效地进行交际。该教材遵循以学生发展为本的人本主义教育观,力求引导学生充分运用他们的理解能力和逻辑思维能力,加强有意义学习和主动发现语言规律的探索式学习。教材体现了英语语言教学法和语言学研究的最新成果,能切实满足学生提高英语听说能力的迫切需要。

在编写过程中,我们注重强调以下几点:在内容选择上,注重材料的思想性和人文性;在教学理念上,突出以学生为中心、以教师为主导;在教学模式上,提倡任务型、互动式小组活动。教材信息量大,听力训练形式多种多样,口语训练循序渐进,单元主题由浅入深,并且与大学生的实际生活紧密相关,为大学生充分发挥学习过程中的主观能动性、提高学习效率提供了很好的接触生动语言的平台。

本套教材共分四册,每册十个单元,每单元由五个部分组成,这五个部分围绕同一相关主题设计。其主要特点为:

1. 每个单元列出本单元的学习要点,将任务贯穿于整个

学习过程当中，以完成任务的过程为学习过程，旨在提高学生的目标意识，既见树又见林。

2. 列出了每个单元应掌握的学习策略，有的放矢；把语言学习与现实生活结合起来，注重用英语来交流思想；培养学生终生学习的能力，强化自主学习意识。

3. 选择生动有趣的学习主题，再将主题巧妙地分解成既实际有用又便于操作的若干任务，注重产出性技能的训练和积累，有效地培养学生实际应用语言的能力。

4. 口语部分是听力部分的自然延伸和操练发展，突出实用性、趣味性、多样性、启发性和探索性。

5. 文化指南指导学生全面深入地获取并掌握与各主题有关的语言文化知识，通过丰富的语料激发学生对西方文化的探索之心，提高学生的综合文化素养和跨文化交际的能力。

6. 听力自测是学生课堂学习的延伸和应用，可作为学生课后的补充听力练习，方便学生拓展听力练习并自测学习效果。

7. 英文歌曲和诗歌欣赏既可以提高学生的学习兴趣，又可以检验学生的英语综合运用能力。

尽管本书编者在编写过程中付出了大量的时间和精力，但是一本教材不可能解决所有问题，难免存在疏漏之处，因此敬请广大读者不吝赐教，以便我们在以后的修订中日臻完善。

本书编者

2013年1月

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# Unit 1

## Job Pressure



## Getting the Gist ●●●●●

Paying attention to some mixed details.

注意避免混淆细节。

Understanding conversations and passages about job pressure.

听懂有关工作压力的对话和短文。

### Part One Getting into the Topic

#### Mixed Details 避免混淆细节

在听力材料播放的过程中,许多有用的信息稍纵即逝,学习者在听到一个模棱两可的词语或短语时,比如是 dairy(牛奶场)还是 diary(日记),是 in a way(在某种程度上)还是 in the way(挡道的),往往会举棋不定,从而影响听力的效率和正确性。因此,在平时的听力训练过程中,多多加强学习这些容易混淆的单词和短语是十分必要的,下面将这些易混淆的细节进行分类整理,并附上例子,供大家加深理解。

1) 某些单词发音非常接近,甚至完全相同,容易导致听者在被动接受语音信息的时候,发生理解错误,如 sight(视觉),cite(引用)和 site(场所),principal(校长,主要的)和 principle(原则)。

2) 有些单词不仅互相之间发音相似或相同,拼写也很接近,容易在练习听写的时候把单词写错,如 father(父亲)和 farther(更远地)。

3) 有些单词的发音和拼写都十分接近,而且在含义和用法上也有一些相似或相同之处,因此在听的过程中容易将其搞混淆,如 assure(使相信),insure(保证,投保)和 ensure(确保,担保)。

4) 有些短语结构非常相似,但是由于其中的某个单词的不同而导致意义大相径庭,如 a big time(尽兴,高兴的时刻)和 the big time(第一流,最高级),no less than(不少于,多达)和 not less than(至少)。

**Directions:** You will hear 5 short dialogues. Before you listen, try to guess what question you might hear. Then listen carefully and choose the best answer to each question you hear.

1. A) At a newsstand (报亭).  
B) At a car dealer's.  
C) At a publishing house.  
D) At a newspaper office.
  
2. A) An art museum.  
B) A beautiful park.  
C) A college campus.  
D) An architectural exhibition.
  
3. A) She knows the guy who will give the lecture.  
B) She thinks the lecture might be informative.  
C) She wants to add something to her lecture.  
D) She'll finish her report this weekend.
  
4. A) Sending an e-mail.  
B) Talking on the phone.  
C) Working in an office.  
D) Doing spelling practice.
  
5. A) She's flying to Hong Kong tomorrow.  
B) She's going to buy a plane ticket.  
C) She's going to say good-bye to Bill.  
D) She's leaving for Hong Kong with Bill.

## Part Two Listening Tasks

### Study Tip

Long conversations involve much information, so it is almost impossible to grasp all of the information in a short time. Having some background knowledge about what

you are hearing can significantly aid comprehension. This can include such basic facts as who is speaking, where the speakers are, what they are talking about, etc. Knowing these things allows a listener to isolate and understand new information more effectively. Therefore the listener should learn how to listen and predict the possible questions by reading the choices before the listening starts which allows students to glean a lot of information about the context and develop an initial “schema”. To do so, the listener should learn to analyze each choice and predict the concerned topic. By summarizing the useful information in each choice and tracking down the related words in the same situation, the listener can always roughly infer the topic of the conversation and the focuses of the listening.

长对话的篇幅较长,涉及的信息较多,因此在较短时间内想要抓住所有的信息几乎是不可能的。而了解听力内容的相关背景知识能对听力理解大有裨益。这包括诸如说话人、交谈的地点和内容等基本信息。了解了这些能使听者更有效地识别和理解新的信息。因此,学习者应学会在听录音前阅读选项,并通过把握选项信息预测内容及可能的问题,从而收集有关语境的大量信息并形成初步概要。为此,学习者要学会分析选项,推测对话主题。将各题选项内容进行归纳,找出属于同一个场景的相关词语,往往可以大致推出整篇对话的主题及听录音的重点。

## Task One

## Short Conversations

### Words and Expressions

- afford [ə'fɔ:d] *vt.* 担负得起  
 promotion [prə'məʊʃən] *n.* 提升  
 thrilled [θrɪld] *adj.* 极为激动的  
 unbearable [ʌn'beərəbəl] *adj.* 难以忍受的  
 responsibility [rɪ'spɒnsə'bɪlɪtɪ] *n.* 责任  
 limitation [lɪmɪ'teɪʃən] *n.* 限制;局限  
 decent ['di:sənt] *adj.* 行为举止正派的  
 eventually [ɪ'ventʃʊəli] *adv.* 最后  
 supervisor ['sju:pəvaɪzə] *n.* 导师  
 inquire [ɪn'kwaɪə] *v.* 打听  
 withdraw [wɪð'drɔ:] *v.* 取回

**Directions:** You will hear ten short conversations between two speakers. At the end of each conversation, a question will be asked about what was said. Listen carefully and choose the best answer to each question you hear.

1. A) He's going to buy some art work in New York.  
B) He may have difficulty working and studying at the same time.  
C) He's working hard so that he can afford to go to New York.  
D) He will teach in a school this summer.
2. A) He is pleased with his exciting new job.  
B) He finds the huge workload unbearable.  
C) He finds his office much too big for him.  
D) He is not so excited about his new position.
3. A) He's been in the paper for several weeks.  
B) He is working hard on the paper.  
C) He works only during the daytime.  
D) He will probably never finish it.
4. A) Compare her own papers with others'.  
B) Check typing mistakes in her papers by herself.  
C) Have someone else type her papers.  
D) Ask another person to check typing mistakes in her papers.
5. A) He is rather disappointed.  
B) He is highly ambitious.  
C) He can't face up to the situation.  
D) He knows his own limitation.
6. A) The man will find a job he wants if he continues to look for one.  
B) The man should look for a job in a different field.  
C) The man can get a job where the woman works.  
D) The man should keep his current job.
7. A) He doesn't have any idea about what he wants to do.  
B) He'd like to work this summer.  
C) He wonders whether the woman has a job.  
D) He can't decide where to go on vacation.



8. A) She used to work at a newspaper.  
 B) She'd like to know her supervisor's opinion of her work.  
 C) She wishes she had a different kind of job.  
 D) She meets her supervisor regularly.
9. A) Find out when the bookstore opens.  
 B) Withdraw some cash.  
 C) Inquire if there is a vacant position at the bookstore.  
 D) Spend her extra money on books.
10. A) The man is surprised that the woman chose that agency to work.  
 B) The woman is still working when the holiday has ended.  
 C) The man doesn't know whether the woman's classes have started or not.  
 D) The man doubts the woman has made much money over the summer.

## Task Two

## Long Conversations

### Conversation 1 The Secret to Be a Successful Office Secretary

#### Words and Expressions

- uniform ['ju:nifɔ:m] *n.* 制服, 校服  
 impatient [im'peiʃənt] *adj.* 不耐烦的  
 interview ['intəvjʊ:] *n.* 面试; 采访  
 passion ['pæʃən] *n.* 激情, 热情

**I Directions:** You will hear a long conversation. Listen carefully and choose the best answer to each question you hear.

1. A) It provides her opportunities to make a lot of friends.  
 B) It helps her understand people better.  
 C) It enables her to apply theory to practice.  
 D) It doesn't require her to work long hours.
2. A) It is intellectually challenging.  
 B) It demands persistent patience.