

# 有毒中药 临床精要

Written by Gao Luwen

高禄汶 编著

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APPLICATION  
OF  
CHINESE  
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WITH  
TOXIC  
POTENTIALS-A SYNOPSIS

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CLINICAL APPLICATION OF CHINESE DRUGS  
WITH TOXIC POTENTIALS—A SYNOPSIS

(最新版)

Revised and Enlarged Edition

高潞汶 编著

Written by Gāo Lùwèn

颜正华 周超凡 审阅

Reviewed by Yán Zhèng huá, Zhōu Chāo fán

學苑出版社

## 图书在版编目 (CIP) 数据

有毒中药临床精要/高淦汶 编著. - 北京: 学苑出版社, 2006 (重印)  
ISBN 7-5077-0463-7

I. 有… II. 高… III. 中草药 IV. R28

中国版本图书馆 CIP 数据核字 (2002) 第 033175 号

责任编辑: 林 霖

封面设计: 李 戎

出版发行: 学苑出版社

社 址: 北京市丰台区南方庄 2 号院 1 号楼

邮政编码: 100079

网 址: [www.book001.com](http://www.book001.com)

电子信箱: [xueyuan@public.bta.net.cn](mailto:xueyuan@public.bta.net.cn)

销售电话: 010-67675512、67602949、67678944

经 销: 新华书店

印 刷 厂: 北京市广内印刷厂

开本尺寸: 850×1168 1/32

印 张: 23.875


字 数: 544 千字

版 次: 1993 年 10 月北京第 1 版

印 次: 2006 年 7 月北京第 3 版第 3 次印刷

印 数: 5001—7000 册

定 价: 42.00 元



扉页题字 ☐ 颜正华  
责任编辑 ☐ 林霖  
封面设计 ☐ 李戎



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## 内 容 提 要

本书是一部介绍常用有毒中药合理应用的著作。全书分上下两篇。上篇对有毒中药的概念、毒性评定、合理应用、不良反应及救治措施等若干问题进行了评介，其中不乏作者研究的心得、体会与新观点、见解；下篇分植物药、动物药、矿物药三章，具体介绍有毒中药 121 种。

各章据药物的主要成分进行分类，每药设别名、基原、产地、采集、炮制、性味归经、功能主治、临床应用、用法与用量、禁忌、药理作用、毒性、不良反应或药源性疾病、救治措施、按语。

作者广集文献、博采诸家，对药名、品种混乱者，全面考察、正本清源；对产地、炮制与疗效关系，以及用法用量、配伍禁忌等歧义纷呈者，多方考校、判定是非；对临床应用，尤重介绍有毒中药在治疗疑难病中的应用方法和独特疗效；对不良反应或药源性疾病及处理方法的介绍，既有文献依据，也融入了作者多年的临床体会。

书末设中药配伍及妊娠禁忌，度量衡对照，有毒中药汉语拼音、汉字笔画、功效、拉丁学名、英文名索引，含有毒中药的成药汉语拼音、汉字笔画及有毒中药组成索引，病症名称索引，有“毒”中药常用剂量、化学成分、注意事项一览表等附录，读者检索查阅十分方便。

本书在第一版的基础上已进行过 4 次修订，2004 年获中华中医药学会科学技术奖学术著作奖。因为 2005 年《中国药典》和国家食品药品监督管理局对本通等药作了新规定，所以本书做

了相应修订。

本书为有毒中药临床应用的必备参考书，不仅对广大中医药、中西医结合的临床、教学及科研人员，可以启迪思路、开拓视野、提高疗效，具有很大参考价值；而且对广大中医药爱好者、患者及家属，也不失为良师益友。

## The Content

As a general treatise on the rational use of common traditional Chinese drugs with toxic potentials (TCDTPs), this book is divided into two parts. In Part I, the concept of TCDTPs, the adverse reactions and drug-induced diseases caused by TCDTPs and the counter-measures, and their rational use are discussed in the light of modern research and the author's clinical experience. Part II is, in turn, subdivided into three chapters according to the origins of the drugs (plant, animal and mineral). Altogether, 121 drugs are described and are classified on the basis of the chief constituents of them.

Each entry dealing with a drug is headed by its formal name, followed by alternative name, origin, place of origin, collection, processing, "flavor", meridian tropism, effect, indication, clinical use, mode of administration, dosage, contraindication, pharmacological action, toxicity, adverse reaction or drug-induced disease, counter-measures, and note.

The author made an extensive review on relevant medical literature, both classical and modern, and has corrected many mistakes regarding the synonyms and homonyms abundant in literature. She has solved many controversial problems concerning the relation between efficacy and toxicity on the one hand and place of origin and methods of processing on the other, and the large discrepancies found among the methods of administration, dos-



age and incompatibilities as described in the various medical books published across dynasties. Based on her own clinical experience and insights, the author thus presents this comprehensive treatise on the diagnosis and treatment of adverse reactions caused by TCDTPs.

At the end of the book are provided tables of incompatibilities, contra-indications in pregnancy, conversion of weights and measures, and indices (of drugs, prescriptions and diseases in phonetic order or in stroke order) for readers' ready reference.

*Practical Handbook of Traditional Chinese Drugs with Toxic Potencies*, the predecessor of this book, underwent four revisions after its publication in 1992 and was granted in 2004 by an Award for Scientific and Technological Achievement and Academic Writing by the Society of Chinese Traditional Medicine. The newest revision was made after new regulations regarding the use of Mutong were published in the 2005 *Chinese Pharmacopoeia*.

This book is a "must" for clinical use of TCDTPs. Not only a superb reference for the professionals which could help them to better manage the patients, it would also be a good primer for the patients, their family and even the common people.

## 作者简介

高淦汶，女，北京人。毕业于北京中医药大学中医系中医专业，主任医师兼执业中药师，现任职于中国中医科学院（原名为中国中医研究院）。

高氏幼承庭训，矢志学医，毕业于北京中医学院，拜师于颜正华、吕仁和、**魏如恕**、**曲祖贻**等名中医门下，勤奋好学、广收博采、精于临证、学验俱丰。在三十五年临床实践中，以医德为先，治救过众多的疑难重症。临床辨证注重因人、因时、因地制宜；对内科疑难病症及妇儿五官皮肤诸科疾病，如糖尿病及其合并症、肾病综合征、急慢性肾炎、慢性肾功能不全、类风湿性关节炎、萎缩性胃炎、消化性溃疡、便秘、腹泻、肿瘤术后或放疗后调养、子宫肌瘤、更年期综合征、月经不调、抽动秽语综合征、萎缩性鼻炎、复发性口疮、视网膜病变、紫癜、银屑病、蛇皮癣、荨麻疹、痤疮等病的诊治均有独到经验。辨证精当，治法多样，善将中药、针灸、推拿、拔罐、心理、气功、饮食等疗法综合应用，起沉痾，救危难，深受患者拥戴。

独自设计国家级中医药继续教育项目《趋利避害地应用有毒中药》高级研修班暨学术研讨会，被列为首届（国家中医药管理局）和第二届（中国中医药学会）及 21 世纪网络教育项目，任负责人及主讲教授，受到国内外同行的高度评价，被誉为合理用药、减少不良反应研究的弄潮者。曾多次应国内外邀请讲学，颇受好评。

结合家传师授和个人多年的临床心得，在中医望诊、合理用药、拔罐法等领域，提出对指导中医临床、教学与科研具有重要

意义的新观点和新见解，填补了以往研究的空白，在继承、发扬祖国医药学方面作出了卓越的贡献。

出版《实用有毒中药临床手册》、《百病中医拔罐疗法》〔二书均于1994年获《世界传统医学论文（著作）大奖赛》优秀著作奖〕、《中国医学诊法大全》、《中国医学疗法大全》、《中国医学预防法大全》、《毒剧中药古今用》、《病象与疾病》、《实用中医拔罐学》、《实用针灸疗法临床大全》等医学专著十余部，在国内外医学专业学术刊物发表《合理应用中药》、《重新诠释有毒中药》、《“有毒中药”的合理应用》、《温胆汤化裁治疗糖尿病并发症举隅》、《从痰郁论治糖尿病性视网膜病变》、《合理应用药艾条》、《纳支法针刺治疗胃痛的比较观察》、《对内经勿刺理论的体会》等论文近百篇。所述均非因袭之言，多有发前人所未发者。

曾参加国家中医药管理局“八五”重大研究项目课题“止消通脉饮治疗糖尿病微血管病变的临床与实验研究”（1998年本项目申报北京市科委，已评为科技进步二等奖）、国家中医药管理局青年课题“芪归升降散治疗慢性肾功能不全作用及其机制研究”、国家七五攻关项目“十四经循经路线客观检测”、国家自然科学基金课题“罐疗作用下皮部的形态机能变化及病理意义”及“目与相关经脉特殊联系的热像图显示研究”等科研工作。

业绩收入《科学中国人·中国专家人才库》、《中国特色名医大辞典》、《世界优秀医学专家人才名典》、《世界名人录》、《中国专家大辞典》、《精英录》、《中国当代名人录》、《世界华人医学家大辞典》、《中国当代医药界名人录》、《中国人才库·中国医学专家》、《世界文化名人辞海·华人卷》等十余部辞书中。

作者联系电话：010-80913068（小灵通）；13681565718

## 历年的主要著作、论文

### 一、临证心得

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### 【注】

- 1 The *Journal of Chinese medicine* 和 *European Journal of Oriental Medicine* 均为英国出版、世界发行的杂志
- 2 *International Journal of Clinical Acupuncture* 为中国科学技术出版社与美国联合出版的杂志, *Journal of Traditional Chinese medicine* 为中医杂志的英文版。
- 3 在健康报等中医药等报刊和杂志发表过的一些论文从略。

## The Author

Dr. GAO Lu-wen, a graduate from Beijing College of Traditional Chinese Medicine, is now a Senior Traditional Physician and a part-time Traditional Pharmacist in China Academy of Traditional Chinese Medicine Sciences.

Dr. GAO Lu-wen has studied Chinese traditional medicine since her childhood. Later she received formal training in Beijing College of Traditional Chinese Medicine. In addition, she learnt personally from such eminent physicians as YAN Zheng-hua, LU Ren-he, WEI Ru-shu and QU Zu-yi. Both intelligent and diligent, she has become a physician of great learning and rich experience. Yet, in her thirty five years of clinical practice, she is famous as an ethical doctor: she has saved numerous lives. Good at tailoring the schedule and dosage of the drug to the specific conditions of the particular patient, she is especially famous for her expertise in diabetes and its complications, kidney diseases, rheumatoid arthritis, chronic gastro-intestinal disorders, uterine myoma, menstrual disorders, aphthous stomatitis, retinal diseases, and such skin disorders as purpura, psoriasis, urticaria, acnes among others. As a result of her good command of not only traditional medication but also acupuncture, moxibustion, massage, cupping, traditional psychotherapy, Qi Gong and diet therapy, she has achieved marvelous effects in many difficult cases.

All by herself, Dr. GAO designed a continuing education



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program for traditional Chinese physicians *Rational Use of Traditional Chinese Drugs with Toxic Potentials*. She served as the chief lecturer for the Advanced Training Course and the chief moderator for the National Symposium devoted to this subject. It has also been incorporated into the curriculum of E-learning project for remote education sponsored by the National Administration on TCM and the Chinese Society of TCM.

Of the books she wrote, *Practical Handbook of Traditional Chinese Drugs with Toxic Drugs*, *Traditional Cupping Therapy*, *A Complete Book on Traditional Diagnosis*, *A Complete Book on Traditional Treatment*, *A Complete Book on Traditional Preventive Medicine*, *Traditional Chinese Drugs with Toxic Potentials*, *Practical Primer of Traditional Cupping*, and *A Complete Book on Practical Clinical Acupuncture*, the first two were granted an Award for Outstanding Medical Book by the World Traditional Medical Book Contest. in 1994. In addition, she published more than one hundred papers in medical periodicals both at home and abroad, including *Rational Use of Traditional Chinese Drugs*, *Reinterpretation of Traditional Chinese Drugs with Toxic Potential*, *The Rational Use of Traditional Chinese Drugs with Toxic Potential*, *Gallbladder-warming Decoction in Treatment of Complications of Diabetes – with Case Reports*, *Treatment of Retinal Complications of Diabetes Based on Theory of Phlegm Stagnancy*, *Rational Use of Medicated Moxa Sticks*, *Selection of Points Based on Visceral Involvement-Double Hour Correlation in Treatment of Stomachache – A Controlled Study*. Rather than mere reviews or summary of facts, new ideas and innovative methods of both diagnosis