

普通高等教育"十一五"国家级规划教材

THE COLLECTION OF CHINESE FOLK CHORUSES

Fifty-six Ethnic Groups, Fifty-six Choruses

Chief Editor: Zhou Zhengsong

族民

民歌

合

唱人

全

五十六个民族五十六首合

周正松 主编



华南理工大学出版社 South China University of Technology Press



A recommended textbook by Musical Education Academy of Tertiary Institutions 高等学校音乐教育学会推荐用书

A textbook for Chinese-English bilingual education 中英文双语教学用书

> 普通高等教育"十一五"国家级规划教材 The Collection of Chinese Folk Choruses

中华民族民歌合唱大全

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(第一辑)

(Volume I)

華南理工大學出版社

•广州•

Copyright 2003 by South China University of Technology Press Published by South China University of Technology Press First Published 2003(Reprint 2006) Guangzhou 510640, the People's Republic of China ISBN 7-5623-1923-5

Price US \$ 68.00 (not including CD)

图书在版编目(CIP)数据

中华民族民歌合唱大全(第一辑)/周正松主编.一广州:华南理工大学出版社,2003.7(2006.7 重印)

ISBN 7-5623-1923-5

1.中… Ⅱ.周… Ⅲ.民歌-合唱-歌曲-中国-选集 Ⅳ.1642.21

中国版本图书馆 CIP 数据核字(2002)第 108416 号

总 发 行: 华南理工大学出版社 (广州五山华南理工大学 17 号楼, 邮编 510640)

发行部电话: 020-87113487 87111048 (传真)

E-mail: scutc13@scut.edu.cn http://www.scutpress.com.cn

责任编辑: 黄丹丹

印刷者:广东省农垦总局印刷厂

开 本: 889×1194 1/16 印张: 24.5 字数: 741千

版 次: 2006 年 7 月第 1 版第 2 次印刷

定 价: 68.00 元 (不含 CD)

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周正松先后毕业于北京师范大学音乐系、中国中央音乐学院指挥系研究生班、奥地利国立音乐学院维也纳指挥大师班。现为华南师范大学音乐系指挥副教授、硕士研究生导师。是中国音乐家协会会员、中国合唱协会会员、中国高等学校音乐教育学会理事、全国高校合唱研究会主任、国际合唱联盟会员(IFCM)。

周正松从事音乐艺术工作 30 余年,曾发表声乐、器乐、论文等作品 60 余件,编著出版《合唱与指挥教程》《交响音乐赏析教程》《艺术教育研究文集》等书 7 部。多次参加国内、国际的比赛和演出,曾获中国文化部、中国广播电视部、中国人民解放军总政治部、中国音乐家协会、北京市政府等颁发的合唱指挥奖、北京国际合唱节的新作品创作奖、中国高等学校音乐教育学会的优秀教材奖等多种奖项。

曾应邀出访过美国、加拿大、德国、奥地利、意大利、 法国、卢森堡、比利时、荷兰等国家及香港、澳门等地区, 事迹被收入(世界名人录)(中国专家大辞典)。

An introducation to the chief editor, Mr. Zhou Zhengsong

Mr. Zhou Zhengsong, graduated from Music Department of Beijing Normal University, and the MA programme in Conductor Department of the Central Conservatory of Music, and then the "Vienna Master Course" in Vienna National Musical Conservatory, Austria, now is a vice professor of conductor in Music Department of South China Normal University, and Master Tutor as well as Member of Chinese Musician's Association, of the Chorus Association of China, and Council Member of the Committee of University Musical Education of China, and Member of IFCM.

Mr. Zhou Zhengsong has devoted himself to the work of music for more than 30 years, He has published more than 60 pieces of work in a wide field ranged from vocality, instrumental music, to academic thesis papers. He has also edited 7 books such as the Tutorial Book for Chorus and Conducting, the Tutorial Book for Symphony Appreciation, and the Collection of Art Education thesis. He has participated many peformances and contests, on the civic, provincial, domestic and international stages, and has won a lot of prizes, like Chorus Conductor Prize from the Ministry of Culture of China, the Ministry of Broadcast and Television, the Political Department of the People's Liberation Army, the Chinese Musician's Association, and the Beijing government, the "Creation Prize" in Beijing International Chorus Festival in Beijing and the "Exellent Teaching Material Prize" from the Committee of University Muiscal Education of China.

He was invited to visit many countries all around the world, such as countries like, the United States, Canada, Gemany, Austria, Italy, France, Luxemburg, Belgian, Holland, and areas like Hong Kong and Macao. His deeds have been recorded in the World Famous People, and the Dictionary of China's Specialists.

周正松先生主编的《中华民族民歌合唱大全》(第一辑)的问世是一件非常值得高兴和庆贺的事,这是一项相当浩大而且是非常有意义的工程。

对于浩瀚如海的我国多民族的民歌遗产,如何加工成合唱作品是几代音乐人的愿望,从此,许多作曲家作出了很多贡献。现经过周正松先生及石夫、朱诵邠、张以达、骆季超、钱正钧、韩万斋等编委先生的努力终至集成出版,这无疑是合唱界、音乐教育界的一件大事。为此非但部分地解决了我国目前合唱界缺少中国合唱作品的问题,而且在国际上还起到了宣传我们中华民族优秀音乐文化的作用,展示了我国丰富多彩的多民族的音乐文化艺术。

曲集中非但收集了已出版过、而且广为流传的作品,并且还收录了一些过去从未发表过的新作品,这对于支持和拓宽合唱作品一定会起到应有的促进作用。虽然距离"大全"尚有相当艰巨的历程,但毕竟有了令人鼓舞的良好开端。在此我衷心祝愿周正松先生及编委们取得更大的成就,并由衷地感谢他们为此所付出的艰辛劳动。

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* 作序者为中央音乐学院杨鸿年教授

Yang's Preface

It is really a happy and worth-celebrating thing that Mr. Zhou Zhengsong has finished the first volume of *the Collection of Chinese Folk Choruses*, which is great and meaningful work.

It has been a long and sincere dream for many generations of Chinese musicians to collect and reproduce some beautiful choruses from the grand sea of China's folk songs. And many composers have contributed a lot to this cause. Having worked hard and devotedly on the project, Mr. Zhou Zhengsong, together with a group of editors, Shi Fu, Zhu Songbin, Zhang Yida, Luo Jichao, Qian Zhengjun and Han Wanzhai, finishes the first volume and has it printed. It is, with no doubt, a great issue in the field of chorus as well as of musical education. It not only partly solves the regret of a long absence of Chinese choruses, but also plays an important role of imparting good Chinese folk music to the international stage, and of introducing the rich and multi-national characteristics of Chinese music and culture.

Besides those printed and widely-spread pieces of folk choruses, the volume also contains some newly composed pieces, which just have their first publication. Positively, it will promote and encourage new choruses. Though there is still a long and harsh way to go to achieve a "complete" collection, the first volume's appearance is a good start for a good ending. Hereby, I sincerely wish Mr. Zhou Zhengsong and his colleagues have a bigger success and present my thanks for their hard and marvelous work.

Yang Hongnian Beijing January, 2003

^{*} Yang is Professor of the Central Conservatory of Music

前言

2000 年笔者随中国合唱协会观摩团赴奥地利林茨市,参加首届世界奥林匹克合唱节。来自世界各地的近 80 多个国家的近 500 个合唱团两万多人参加了合唱节的比赛。从格里戈里圣咏、教会合唱到田园情歌、现代合唱,从流行音乐合唱到爵士合唱,有伴奏民歌、无伴奏民歌、带表演民歌,童声、女声、男声、混声,小组唱、室内合唱、大合唱等 28 个项目,真是应有尽有,丰富多彩。中国内地去了 3 个团,其中 2 个团拿了 3 项金奖冠军,升了国旗、奏了国歌。2002 年在韩国釜山第二届世界奥林匹克合唱节,中国内地去了 16 个团,其中 3 个团拿了 5 项金奖冠军,升了 5 次国旗,我们激动地唱了 5 次国歌。但细想下来,我们连续两届的冠军项目不论是童声、女声、有伴奏、无伴奏、带表演的,都是以民歌取胜,而国外的冠军不论是德国的教会合唱,还是美国的爵士合唱,也多是具有该国家、该民族风格特征的强项,我深深体会到"越是民族的就越是世界的"。

回想自己学习音乐的过程多与民歌结缘,小学时我参加了合唱队,唱了不少歌,但现在记得的还真是那些有特色的民歌如《东方红》、《娃哈哈》等。中学因"文化大革命"不用读书,就组织了一个乐队(我拉小提琴)在贵阳市的春雷广场、河滨公园等地方专奏好听的歌,除了《白毛女》、《新疆之春》等中国民族民间歌曲、乐曲外,还奏《莫斯科郊外的晚上》、《蓝色多瑙河》等外国民歌、乐曲,常常得到围观群众的掌声捧场。下乡当"知青"时,在田边、地头、山上、河旁也没少奏少唱。1972年我考进歌舞团边工作边学习,后来做了乐队首席,偶尔搞点作曲、配器,还经常下乡采风,把收集到的民族民间音乐搬上舞台。1978年我自己创作自己演奏的第一个作品,就是一首小提琴独奏《山西民歌主题变奏曲》,1980年贵州省人民广播电台录音播放,并参加在哈尔滨举办的"全国广播节目交流"活动。而我作词、作曲发表在贵州《苗岭音乐》的第一首歌《你可知道这是什么地方?》也是根据贵州彝族民歌音调写成,中央电视台第一届电视大奖赛贵州选手还演唱此歌。

1981年我被调入贵阳高校任教,我们组织了一个教师业余合唱团,唱的第一首合唱就是民歌《半个月亮爬上来》,从此开始指挥合唱并学习指挥。其实,当时我在大学工作时自已还没上过大学,以后才去北京师范学院音乐系、中央音乐学院指挥系就读,所学的多是西洋音乐,尤其是后来到奥地利国立音乐学院维也纳指挥大师班学习更是如此。毕业音乐会公演,我指挥(维也纳国立音乐学院合唱团演唱)帕莱斯特里纳、蒙特威尔第、许茨、巴赫的作品,也都是欧洲音乐。我发现不论是威尼斯乐派还是维也纳乐派,不论是巴洛克音乐还是古典音乐,都是与该国家、该民族息息相关的,意大利、奥地利是这样,英国、法国也是这样,匈牙利、俄罗斯更是这样。越学得多越发现自己应该回头再学中国民族的音乐,这是根啊!我国民族众多、历史源远流长,56个民族的民族、民间音乐,取之不尽、用之不竭。

想起两次在奥林匹克比赛现场,许多国家的合唱团摆出乐谱、歌书、CD、VCD交流,总是抢购一空,而我国没有。有一位外国朋友听了中国孩子唱完一首民歌,激动地向我们的合唱团员要歌谱,热情的小朋友拿出一份手抄简谱,最后逗得大家哈哈大笑。当时我就想:把我们民族优美的歌声和乐谱同时推介给外国朋友该多好呢?回国一定要做这件事!

在全国众多作曲家、指挥家的支持帮助下,我开始编辑中国56个民族的56首合唱(每个民族先选编

一首),然而越编下去问题也越多,比如汉族人口众多,地域分布宽广,民歌多得难以统计,选一首《东方红》吧,虽说是几代人唱了半个多世纪,但毕竟只是陕西北部的民歌,一首《茉莉花》一百多年前已经唱到了意大利,然而中国大地东、南、西、北、中都有《茉莉花》,且各有各的唱法,好像都不是最合适。再比如说彝族吧,云南石林有《远方的客人请你留下来》,四川凉山有《快乐的哆嗦》,贵州威宁有《阿西里西》,都好听且有代表性,该用哪首呢?一些能歌善舞的民族如蒙古族、维吾尔族、苗族、侗族、壮族,合唱歌曲不胜枚举,而有些民族却根本没听过有合唱,有的民族总共只有几千人,别说合唱,就连能公开流行传唱的民歌或音乐素材都已很少,若再不挖掘发展,将会逐渐流失或被汉化掉……其实,这是一件很有意义的事,需要有更多的能人、志士来一起做,继续编辑第二辑、第三辑……

我们知道,民歌的演唱有两个方面,除了上面说的音乐方面,还有另一方面——歌词语言,如果说56个民族的音乐已经够复杂的话,56个民族的语言也不会简单。就说汉族吧,单是方言就有八大类:北方方言、吴方言、湘方言、赣方言、客家方言、闽东北方言、闽南方言、粤方言。举例说,北方方言本身又分为4个次方言区:华北、东北方言区,西北方言区,西南方言区,江淮方言区,而这个方言区里又分多种地方话,比如同一区域内的天津话、北京话、沈阳话还是有差异的,一个"我"字,东北唱"wo",西北唱"e",上海人说"ala",广东人说"o"。一个"是"字北方唱"shi",南方唱"si"……这样,还有55个民族的语言、方言、土话、发音加在一起,可以想像有多复杂,但是民歌的风格特点恰恰就是体现在音乐的音调上和语言的发音上。为了比较准确地演唱民歌合唱,本书在音乐上统一使用五线谱,每首合唱(除无伴奏外)都配上钢琴或其他打击乐器伴奏谱,在歌词的汉字下面加上注音,使演唱者能通过拼读,相对地更接近民族的语言,同时外国人也可以通过注音唱中文啦!

中国 56 个民族有着丰富多彩而又各不相同的历史文化、风俗习惯、生活方式、娱乐活动等。我们从音乐的角度对每个民族的基本情况如:人口数量、分布地区、语言、文字、传统节日、主要歌种、民歌演唱、活动形式等做简要介绍。同时对选用的合唱作品的作词者、作曲者、改编者、配伴奏者甚至有些原唱者、记录者等相关的背景情况,以及一些歌词的特殊含义,都做简要说明,使演唱者对该民族该民歌有较全面的了解,并且采用中、英文对照排版,目录(第一首除外)也按民族名称(根据国家民委的统计资料翻译)的英文字母排序,方便外国朋友使用。同时,也便于学校里的双语教学。

音乐是没有国界的国际语言,是表达思想、沟通感情的最好艺术,合唱又是音乐中最容易、最普及、最为直接的艺术形式,通过合唱将我们中华民族优秀的民族文化介绍给世界,我想这是我们大家共同的愿望。但限于本人的水平,也许我想得多,做到的少,想做好,而做错的也不会少,但如前所述,这是一件有意义的事,甚至是一项浩大的工程,不是我和几个人能做好、做完的事,衷心希望更多专家、学者、同行朋友和我们一起,共同来完成这项工程!

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2002 4 12 8 18 8

成正都

Preface

In 2000, I visited the city Linz in Austria to attend the First Choir Olympics there together with the China Chorus Association. There were 500 chorus orchestras and over twenty thousand people from about eighty countries all over the world participating in the competition. They presented the world various types of choruses, from Gregorian chant, church chorus to pastoral love song and modern chorus, from popular music chorus to Jazz chorus. The folk songs were sung accompanied, unaccompanied, or performed with acting. The choruses, children's, male, female or mixed voices, were performed in form of vocal ensemble, chamber chorus, or large-scaled chorus. All together twenty-eight types of choruses were presented with great richness and colorfulness. Three chorus orchestras (from Mainland China) participated in the festival. Among the three orchestras, two of them won three gold prizes, and China's national flag was raised and national anthem was played for twice in the festival. In 2002, in the Second Choir Olympics in Busan City, Korea, sixteen chorus orchestras from Mainland China participated and three of them won five gold prizes. When China's national flag was raised, we sung our national anthem excitedly for five times. However, when I recalled these two festivals, I noticed a very interesting and important thing, that is, the items which won us the gold prizes were all folk songs or adapted folk songs, no matter which form it took, of children's or female voice, accompanied, unaccompanied or with acting. Considering those foreign prize items, such as German church chorus, American Jazz chorus, they all embraced the most distinguishable characteristics of their nations. All these suggest that the more national our art is, the more international it will be.

My own experience with music is closely related with folk songs. In the primary school, I was a member of a chorus, and we sang a lot of songs. But till now, I can only remember and sing those characteristic folk songs, such as Dongfang Hong, Wahaha. During the middle school years, due to the Cultural Revolution, there was no school for us, but we founded a band, where I played the violin. Our band played good music for the public at places like Chunlei Square, Hebin Park in Guiyang City. We played both good Chinese folk songs like White-haired Girl, Spring of Xinjiang, and excellent foreign music and folk songs, such as An Evening in Rural Moscow, The Blue Danube. We could often get a big applause from the audience. When I went to the countryside, as an intellective youth laboring with the local farmers, I also sang and played folk music and folk songs a lot. In 1972, I was enrolled in a song-and-dance ensemble to work and study simultaneously. Later I worked as an orchestra master, and occasionally composed and orchestrated. During this period, I often went to collect folk songs. My first piece of music performed on stage was a violin solo, called Shanxi folk song variations, composed and played by myself in 1978. In 1980, this piece was broadcasted by Guizhou People's Radio Station, and exchanged in the project called "the National Communication of Broadcasting Programs". The first song Do you know where it is, written and composed by me, was based on the tonality of folk songs of the Yi Ethnic Group in Guizhou Province. This song was published in Miaoling Music Magazine in Guizhou Province and sung by the representative of Guizhou Province in the first TV Grand Prize Contest of Folk Songs held by CCTV.

In 1981, I was transferred to teach in a college in Guiyang City. We teachers formed an amateur chorus,

and the first chorus we sang was the well-known one, the half moon has climbed up. From then on, I started to conduct choruses and study the art of being a conductor. To tell you the truth, I had not ever studied in college before I taught in college then. Later, I studied further in Music Department of Beijing Normal University and then in Conductor Department of the Central Conservatory of Music. All I learned were about western music. Years later, I took the Vienna Master Cours'in Vienna National Musical Conservatory, Austria (WIENER MEISTERKURSE FüR CHORIRIGENTEN), and performed as a conductor in the graduation performance in public, cooperating with the chorus of Vienna National Musical Conservatory in Austria. The pieces of music we played, by Palestrina, Monteverdi, Schutz and Bach, were all European music. I found that the music, no matter whether it belonged to Venice school or Vienna school, and no matter whether it was Baroque or classical, was closely related with the characteristics of the country and nation. We can easily find the evidence in Italian music, Austrian music, English music, French music, Hungarian music, especially Russian music. The more I learn about western music, the more necessary I feel to learn our Chinese folk music. It is the root of our art! A great variety of nationalities and an extraordinarily long history are nurturing the endless beauty of the folk music of the fifty-six nationalities.

Another thing impressed me greatly was that many foreign chorus orchestras provided the staff notation, song books, CD, VCD of their choruses to exchange, and these materials were always sold out quickly. However, when foreign friends asked for such information, we failed to offer. Once a foreigner especially appreciated a children's chorus performed, and he eagerly asked our chorus members for its staff notation. Our warm-hearted children presented him a hand-written copy of its numerical notation, which only made a good laughter. Hearing the well-meaning laugh, I said to myself, "If we can present both beautiful folk songs and their notations to these foreign friends who show their interests in our folk music, how meaningful it is! I will do it when I am back to China."

With the help of many composers and conductors in the country, I began to collect the fifty-six choruses of the fifty-six ethnic groups, and edit the Collection of Chinese Folk Choruses (Volume I). However, the further I went, the more problems I met. For instance, the Han Ethnic Group has an extraordinarily large population and lives in a tremendously wide area, and as a result enjoys a huge heritage of folk songs. Among thousands of them, I found it difficult to choose which song should be representative to the nation. Though Dong fang Hong (Red orient) is sung for generations, it is still not representative for it is just local to North Shannxi Province. Another folk song, Molihua (Jasmine), which has been widespread as far as Italy since several hundred years ago, has numerous versions of it, and it again cannot be representative enough. Take the song for the Yi Ethnic Group for another instance. We have the candidate song, Yuanfangde keren qingni liuxialai (Please stay, my guest from far) for Shilin area of Yunna Province, Kuailede suoluo (happy suoluo) for Liangshan area in Sichuan Province, and Axilixi for Weining area in Guizhou Province. All of them are beautiful and quite representative. It is really hard to make a choice among them. For some nations of which people are good at singing and dancing, they have a lot of good folk choruses, such as the Mongolia Ethnic Group, the Miao Ethnic Group, the Dong Ethnic Group, and the Zhuang Ethnic Group. But for some nations, they even have no idea about choruses. Some nations, of a small population of several thousand, have no folk songs at all, let alone folk choruses. For these ethnic minorities, there are only a few materials of folk music left. If we do not do something to protect and save these heritages, they will be lost or assimilated gradually. It is really a meaningful thing, and needs more and more able people to contribute to a second, third, and even more volumes of the collection.

As we all know, there are two aspects concerning folk songs. One is the musical aspect, and the other is

the language aspect. We have seen the complexity in the music of the fifty-six nationalities, and we can also imagine the linguistic aspect is not easy to handle. For example, the Han Ethnic Group alone has eight major dialects, namely, North dialect, Wu dialect, Xiang dialect, Gan dialect, Hakka dialect, Northeast Ming dialect, South Ming dialect, and Cantonese. And North dialect itself is subdivided into four subtypes, that is, North-China and Northeast dialect region, Northwest region, Southwest dialect region, and Jianghuai dialect region. Even in the same dialect region, people may speak differently. For instance, though in the same North-China and Northeast dialect region, people in Tianjing speak Tianjingnese, in Beijing Pekinese, and so on so forth. For the same meaning, "I", people in Northeast pronounce as [əu], in Northwest [ə], in Shanghai [ala], and in Canton [5]. For the same meaning "be", people in north pronounce as [ji], while in [si]. This is only for one nationality. If we add those of the other fifty-five nationalities, we can hardly imagine! However, the style and characteristic of folk songs just lie in the tonality and the linguistic pronunciation. In order to sing a folk chorus well, we use the staff notation to present the accompanying music (except the accapella ones), and Chinese Pinyin to phoneticize the lyrics. By singing according to the Pinyin, a singer can be closer to the original style. In addition, foreigners can also sing Chinese folk songs according to the Pinyin!

Furthermore, the fifty-six nationalities enjoy colorful and various histories, cultures, customs, life styles, and entertainments. We introduce briefly each ethnic group from the musical angle, about their populations, geographic attributions, languages and characters, traditional festivals, major cantus types and ways of folk song singing and entertainments. We also provide some background information, including the lyric writer, composer, adaptor, and the person to orchestrate, of each chorus, and even the original singer and recorder of some choruses, as well as the special meanings of some lyrics. We hope it will help singers to have a clear whole picture of the song for a certain nation. The Chinese-English bilingual print will help international communication as well as the bilingual education in conservatories. The contents are presented alphabetically (except the first chorus).

Music is an international language for all the countries in the world, and the best form of art to express and communicate, while chorus is the easiest, the most popular and the most direct means to do so among various musical forms. To use chorus to introduce our excellent Chinese culture to the world is the common will cherished by all of us Chinese. Due to the limited capability of myself, I have planned to do many, but I have really achieved a few. I have meant to make everything perfect, but I guess I have unavoidably made some mistakes. However, as I've mentioned above, this project, a large-scaled project, is greatly meaningful. As to such a grand project, I, with several colleagues, may not be able to finish it all alone with satisfaction. We hope that more professionals, experts, colleagues, and friends will join us to carry on, even for generations to come.

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December 18,2002

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责任编辑: 黄丹丹 (华南理工大学出版社) 封面设计: 马 侃 (北京昆腾广告有限公司) 书名题字: 李晋有 (中国国家民委副主任)

Editor: Huang Dandan, South China University of Technology Press Cover-Designer: Ma Kan, Beijing Q&T Advertisement Company, Limited Inscription: Li Jinyou, Deputy Director of the State Ethnic Affairs Commission of PRC

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中国交响乐团合唱团与广州交响乐团合唱团联袂演绎中国民歌合唱曲目 Chorus of China National Symphony Orchestra and Guangzhou Symphony Orchestra deduced Chinese folk song chorus together.

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