



新课标节节高

单元评价 与阶段(月考)试卷

适用人教版课程标准实验教科书

英语

八年级 上册



总策划 大象教育图书研创中心
本册主编 张莹

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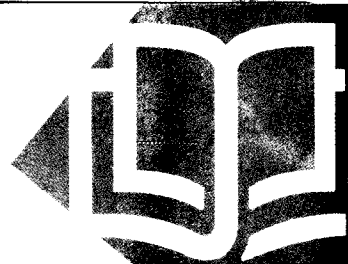
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由北京、山东、江苏、湖北、广西、安徽、甘肃等第一批国家课改实验区教研专家以及河南省课改实验区重点中学的优秀教师严格按照新课标理念编写，河南省基础教研专家最终审定把关。

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由大象出版社和河南省基础教研室联合推出，供高中三年级学生在一、二、三轮复习时配套使用，本套书与省情紧密结合，集科学性、权威性于一体。

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简介

服务教育是教育出版社的首要目标,为了构建适应市场需求的河南省内教育图书科研编发系统,锻造大象教学教育图书品牌,大象出版社成立了集市场调研、图书策划、教学研究合作于一身的教育读物研究开发机构——“教育图书研创中心”。该中心已拥有一支由专家顾问、权威教研人员、特级教师等组成的教育图书研究创作队伍,并有十几家会员单位。“教育图书研创中心”下设的“大象考试图书编写理事会”,已组织编写、出版了一批专供河南中招考生阅读的“大象考王”系列图书,备受广大考生的欢迎。其目的是“中原名校名师,解读河南中考,真诚服务考生,锻造大象考辅”。

百年树人,玉汝于成,大象出版社教育图书研创中心愿成为您的朋友。

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新课标节节高

单元评价与阶段(月考)试卷



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Unit 1 How often do you exercise?

基础评价卷



一、翻译下列短语。

1. 多久一次 _____
2. 一周两次 _____
3. 网上冲浪 _____
4. 学生活动调查 _____
5. 一月三次 _____
6. 对……有好处 _____
7. 动物世界 _____
8. 周末 _____



二、用所给词的正确形式填空。

watch much be study go eat read time do two

1. She often _____ to the movies on Sunday evenings.
2. Katrina sometimes _____ TV after dinner.
3. Some students play sports once or _____ a week.
4. The results for "play soccer" _____ interesting.
5. Tom would like me _____ the homework with him.
6. Her _____ habits are very good.
7. Good food and exercise help me _____ more.
8. He dislikes _____ English.
9. We sing English songs four _____ a week.
10. _____ students exercise at home or at school every day.



三、根据汉语提示完成下列各句。

1. 周末你通常干什么?
What _____ you usually _____ on weekends?
2. 这儿有一份关于考试调查的结果。
Here _____ a _____ of a survey of tests.
3. ——你们多久锻炼一次?

——我们每天都锻炼。

—How _____ do you _____?

—Every day.

4. 他几乎不吃肉,但非常健康。

He _____ eats meat, but he's pretty _____.



四、阅读理解。

Bill works in a small shop. It is near a factory and a school. Every day a lot of workers and students go and buy things.

In the morning, Bill gets up early and has his breakfast. He goes to work by bike. He gets to the shop at about seven twenty. The shop opens at seven thirty. It sells many things like food and drink. It also sells school things. There are often many people in the shop from morning till evening.

Bill has lunch in the shop. At seven in the evening, they close the shop.

All of them go back home for supper.

根据短文内容判断正(T)误(F)。

- () 1. The people in the shop work 24 hours a day.
- () 2. Students can buy things in the shop.
- () 3. The shop is in the factory.
- () 4. Bill has breakfast and lunch in the shop.
- () 5. There are often many people in the shop.

拓展评价卷



一、开放探究题。

- () 1. What's "吹牛" in English?
A. talk big cow B. talk big horse C. blow cow D. talk big
- () 2. These footballs are for _____ and _____.
A. his; me B. you; her C. I; you D. them; we



二、单项选择。

- () 1. _____ does summer last in your city?
A. How much B. How far C. How long D. How soon
- () 2. Good sleeping habit _____ me very _____.
A. makes; healthy B. make; health
C. helps; health D. helps; healthy
- () 3. _____ do you practice speaking English every day?
A. How much B. How often
C. How many hours D. How soon
- () 4. He has _____ nationality _____ I.

- A. the same; like B. different; with C. the same; as D. same; as
- () 5. The doctor _____ me _____ drink more water every day.
A. tells; / B. wants; to
C. want; to D. wants; not to
- () 6. Liu Xiang's hairstyle _____ Yao Ming's.
A. is different to B. is different with
C. are different from D. is different from
- () 7. Eating vegetables and fruit _____ a good habit.
A. are B. is C. is to be D. will be
- () 8. His mother told him _____ to eat less meat and take more exercise.
A. to try his best B. to tries C. to be trying D. tried best
- () 9. Please come to visit me _____ next month.
A. some time B. sometimes C. sometime D. some times
- () 10. I can't _____ him any more. He is always talking about others.
A. understand B. stand C. agree with D. born



三 根据句意及首字母写出下列单词的适当形式。

- Most children like eating j _____ food. But I think it's bad for their health.
- The old woman doesn't like fruit. She h _____ ever eats fruit.
- Reading aloud in the morning can h _____ to improve your English.
- This boy is u _____ because he doesn't often exercise.
- I'm sorry I can't tell the d _____ between the twins.
- Here a _____ the results of the students' survey.
- Can you t _____ these sentences into English?
- My favorite TV p _____ is Animal World.
- Lucy a _____ watches Evening News on TV after school.
- How often does your mother do shopping?
—T _____ or three times a month.



四 完形填空。

Last year I left a small village in the South of ____ 1 _____. I drove on to the next town. ____ 2 _____ the way a young man stopped me and asked me for a lift (搭车). As soon as he got into the car, I said "good morning" to him in French and he replied in ____ 3 _____ language. Except for a few words, I do not know any French ____ 4 _____. ____ 5 _____ of us stopped talking during the traveling. I nearly ____ 6 _____ the town, ____ 7 _____ the young man suddenly said very slowly, "Do you speak English?" I looked at him ____ 8 _____. Here ____ 9 _____ who was French spoke English. Only then did I understand that he, too, was ____ 10 _____.

- () 1. A. France B. America C. French D. England
- () 2. A. To B. In C. On D. At
- () 3. A. a different B. a foreign C. the English D. the same
- () 4. A. at first B. at last C. at once D. at all
- () 5. A. Both B. Each C. Neither D. None
- () 6. A. got B. reached C. arrived D. reached to

- () 7. A. when B. and C. but D. so
 () 8. A. angrily B. carefully C. quietly D. in surprise
 () 9. A. nobody B. somebody C. anybody D. everybody
 () 10. A. a German B. an Englishman C. a Frenchman D. a Japanese



五、根据表格完成短文。

	Day	Week	Month	Year
play soccer	/	3	12	144
eat broccoli	2	14	56	672
go shopping	/	/	1	12
clean his house	/	2	8	96
go to America	/	/	/	/



Wang Lei likes playing _____. He plays it _____ a week. _____ is his favorite vegetable. He eats it _____ a day. He doesn't like _____ very much. He only goes shopping _____ a month. He likes doing housework and he cleans his house _____ a month. He doesn't like taking trips at all, so he _____ goes to America.



六、书面表达。

随着科学的进步,生活水平的提高,人们对保持身体健康越来越关注了,那么如何做才是最科学合理的呢?让我们走进李强的生活,看看他是如何做的。请同学们根据所给词语完成一篇短文,短文开头已给出。

要求:1. 字数:60—80个单词。

2. 提示词:always, take exercise, like, sports, go to bed, get up, take care of, take a shower, wash, before meals, all kinds of, healthy, food, fruit, look

It's important for us to keep healthy. Li Qiang gives us a good example. He _____

活动与探索综合性评价卷



你每天锻炼吗?

【课前任务】

任务一:头脑风暴。

独立思考自己平常经常做的事情,特别注意使用本单元重点词汇。

任务二:制作表格。

根据自己的实际情况将常做的课外活动按频率进行排序,填写表格,供四人小组课堂使用。

任务三:找组员。

在规定时间内,从周围的同学开始询问,找到与自己的活动习惯大致相同的同学。

参考表格:

Name	Activity	Frequency(频率)
	watch TV	every day
	listen to music	twice a week
	go shopping	once a week
	go to movies	once a month

【活动过程】

1. 四人一组展开活动,通过互相问答的方式,调查同伴从事某种活动的频率,并与自己的情况进行对照,将相同的和不同的地方简单地记录下来。

Same points: _____

Different points: _____

2. 分小组汇报讨论的结果,然后全班以投票的方式来决定哪一种活动的频率是最恰当的。

3. 最后对每个小组的总结和发言进行自评、组评和师评。

【评价表格】

自 评	组 评	师 评

【课后评价】

通过开展本活动使学生恰当使用频率副词和时间短语,学会描述课余时间的活动安排,并学会转换具体信息,进行人际交际,提高口头表达能力。

Unit 2 What's the matter?

基础评价卷



一、翻译下列词组。

1. 加牛奶的茶 _____
2. 感觉(身体)很好 _____
3. 发烧 _____
4. 背疼 _____
5. 健康食品 _____
6. 紧张的 _____
7. 此时 _____
8. 保持健康 _____
9. 一点 _____
10. 饮食习惯 _____



二、用所给单词的适当形式填空。

tradition health go well eat

1. You should _____ to see a dentist.
2. I hope you feel _____ soon.
3. The _____ food in China is dumplings.
4. You must look after yourself and keep _____.
5. _____ too much is bad for your health.



三、根据汉语提示完成下列各句。

1. 如果我肚子疼,今天下午我就去看医生。
If I have a _____, I'll see a _____ this afternoon.
2. ——我发烧了。
——那你应该大量地喝水。
——I have a _____.
——You should _____ lots of water.
3. 希望你身体能很快转好。
I _____ you will be _____ soon.

4. 我又没有通过这次考试,我压力太大了。

I didn't _____ the exam. I'm _____ out.



四、交际互动。

请先将下列单词排成问句,然后根据实际情况问答。

1. well, are, today, feeling, you

Q: _____?

A: _____.

2. with, the matter, what's, father, your

Q: _____?

A: _____.

3. a, do, have, you, fever

Q: _____?

A: _____.

4. in, can, wear, school, we, hats

Q: _____?

A: _____.

5. tired, what, you, are, do, you, should, when

Q: _____?

A: _____.

拓展评价卷



一、开放探究题。

() Back is ahead; Stomach is behind; No brain in the head; No heads but feet. What is it?

A. A hand.

B. A head.

C. A leg.

D. A person.



二、单项选择。

() 1. —What _____ the matter?

—I _____.

A. are; have a cold

B. is; have a cold

C. are; have got cold

D. is; have got cold

() 2. Do you have _____ have _____?

A. a sore back or; a stomachache

B. sore back or; stomachache

C. a sore back or; stomachache

D. sore back or; a stomachache

() 3. I have got a toothache. I have to _____.

A. lie down and rest

B. drink hot tea with honey

C. see a dentist

D. drink lots of water

() 4. He has a stomachache. He _____ eat anything for 24 hours.

A. may not

B. needn't

C. doesn't have to

D. shouldn't

() 5. I'm not feeling _____. I _____ see a doctor.

A. good; will have to

B. good; must

C. well; will have to

D. well; must



三、完形填空。

Fire can help people in many ways. But it can also be very harmful. Fire can keep your house 1, give light and cook food. But fire can burn things, 2. Big fire can burn trees, houses, animals or people.

Nobody knows how people began to use fire. But there are 3 interesting old stories about how a man or a woman started a fire. One is 4 a man. The man 5 a very long time ago. He went up to the sun and 6 fire down.

Today people know how to make a fire with matches. Children sometimes 7 to play with them. But matches can be very dangerous. One match can burn a piece of paper, and 8 it could burn a house. A small fire can turn into a big fire very quickly. So you 9 be careful with matches.

Be careful with fire, and it will 10 you. But if you aren't careful with fire, it may hurt you.

- | | | | |
|------------------|------------|---------------|-----------|
| () 1. A. warm | B. warmer | C. cool | D. cooler |
| () 2. A. also | B. too | C. and | D. with |
| () 3. A. many | B. much | C. a little | D. no |
| () 4. A. over | B. about | C. of | D. on |
| () 5. A. worked | B. studied | C. learned | D. lived |
| () 6. A. bring | B. take | C. brought | D. took |
| () 7. A. enjoy | B. like | C. don't like | D. become |
| () 8. A. after | B. late | C. yet | D. then |
| () 9. A. can | B. may | C. will | D. must |
| () 10. A. help | B. do | C. tell | D. hope |



四、书面表达。

请根据以下信息为 Sally 写一份请假条。

1. 昨天 Sally 和朋友一起逛街,途中淋雨了。
2. 今天,她得了重感冒。
3. 医生告诉她要多喝水,并卧床休息三天。

Sept. 25th

Dear Miss Brown,

Yours,
Sally



五、阅读理解。

Jack is a twenty-year-old young man. Two years ago, when he finished middle school, he found work in a shop.

Usually he works until ten o'clock in the evening. He is very tired when he gets home. After a quick supper he goes to bed and soon falls asleep. His grandma who lives downstairs is satisfied with him.

One day, on his way home, he met Mary. They were both happy. He invited the girl to his house, she agreed happily. He bought some fruit and drinks for her. And they talked about their school, teachers, classmates and future (未来). They talked for a long time.

"Have a look at your watch, please," said the girl. "What time is it now?"

"Sorry, something is wrong with my watch," said Jack. "Where is yours?"

"I left it at home."

Jack thought for a moment and found a way. He began to stamp his foot on the floor, "Bang! Bang! Bang!"

The sound woke his grandma up. The old woman shouted downstairs, "It is twelve o'clock in the night, Jack. Why are you still jumping upstairs?"

- () 1. Jack was _____ when he finished middle school.
A. sixteen B. eighteen C. twenty D. fifteen
- () 2. The old woman is satisfied with Jack because _____.
A. he's her grandson B. he's clever
C. he can keep quiet D. he gets home on time
- () 3. From the story, we know that Mary is Jack's _____.
A. classmate B. colleague (同事) C. aunt D. wife
- () 4. The word "stamp" in the story means _____ in Chinese.
A. 盖章 B. 跺 C. 贴邮票 D. 承认
- () 5. Jack stamped his foot on the floor in order (为了) _____.
A. to wake his grandma up
B. to make his grandma angry
C. that his grandma was going to tell him the time
D. that his grandma was going to buy him a watch

活动与探索综合性评价卷



制定合理的饮食规则

【课前任务】

任务一:头脑风暴。

独立思考自己一日三餐的饮食习惯,特别注意使用本单元重点词汇。

任务二:制作表格。

两人一组展开活动,利用各自设计的饮食结构,讨论出一个更加合理的饮食结构。

【活动过程】

过程一:组与组对比。

相邻的两组学生做小组活动,各自汇报本组的饮食结构,取长补短,制定出更加合理的饮食结构。

过程二:汇报。

每组选代表向全班做汇报,阐述本组结论。

过程三:全班讨论。

如何保持健康,如何养成良好的习惯。

参考表格:

eat more fruit	
eat more vegetables	
eat less beef, pork, lamb, etc	
drink more water	
drink more tea	
drink more orange juice	
drink less Cola, Sprite, coffee	
sleep early	
get up early	
do exercise every day	
take a walk after supper	

完成任务所需的语言结构:

1. I think eating more fruit can keep us healthy.
2. I don't think drinking too much water can keep us healthy.
3. Sleeping early can keep us healthy.

【活动结果】

根据讨论结果,更加完善自己的饮食规则,并以此写一篇文章。

【评价表格】

自 评	组 评	师 评

【课后评价】

通过本活动的开展使学生充分认识到合理安排饮食的重要性,意识到健康对人们生活的意义,并学会独立思考,独立安排自己的饮食结构,养成良好的生活习惯,同时掌握动名词短语做主语的表示法。

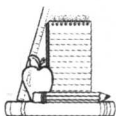
Unit 3 What are you doing for vacation?

基础评价卷



一、翻译下列词组。

- 去度假_____
- 决定做……_____
- 骑自行车旅行_____
- 去野营_____
- 考虑_____
- 听起来有趣_____
- 离开去……_____
- 一些不同的事_____
- 在欧洲度假_____
- 计划去做_____



二、选词填空。

sightsee, sports camp, relax, spend, take walks, visit, stay, ride, rent, leave

- He's stressed out. He's _____ at home.
- We're _____ for New York next week.
- My mother has a bad cold, and I'll go to _____ her.
- How long are you _____ here?
- Do you often _____ after dinner?
- When are you going _____? I'll go with you.
- I'm bored and I'm _____ videos.
- Let's go to _____ to exercise.
- We're going bike _____ on vacation.
- He _____ lots of money playing computer games.



三、根据汉语提示完成下列各句。

- 下周他要去伦敦。
He is _____ London next week.
- 我听说海南是个旅游的好地方。