

学生用书 STUDENT'S BOOK

GENERAL COLLEGE ENGLISH

通用大学英语听说教程

LISTENING AND
SPEAKING COURSE

BOOK 1

第一册



上海外语教育出版社 SHANGHAI FOREIGN LANGUAGE EDUCATION PRESS

GENERAL COLLEGE ENGLISH

总 主 编 朱通伯 龚登墉 副总主编 夏 政 罗亦君 柯吉贵
顾 问 Martha Relford(美国) Margaret Trelfa(英国) Jette Tjelder(澳大利亚)

通用大学英语听说教程

LISTENING AND SPEAKING COURSE

主 编 夏 政 副 主 编 商富才 邓 海

BOOK 1

第一册

第一册主编 张雪莲 叶小兰



上海外语教育出版社 SHANGHAI FOREIGN LANGUAGE EDUCATION PRESS

图书在版编目(CIP)数据

通用大学英语听说教程(1) 学生用书 / 朱通伯等总主编,
夏政等主编. —上海: 上海外语教育出版社, 2005

ISBN 7-81095-462-8

I. 通… II. ①朱…②夏… III. 英语—听说教学—高等学校
—教材 IV. H319.9

中国版本图书馆CIP数据核字(2004)第115953号

出版发行: 上海外语教育出版社

(上海外国语大学内) 邮编: 200083

电 话: 021-65425300 (总机)

电子邮箱: bookinfo@sflep.com.cn

网 址: <http://www.sflep.com.cn> <http://www.sflep.com>

责任编辑: 刘 芯

印 刷: 常熟华顺印刷有限公司

经 销: 新华书店上海发行所

开 本: 787×1092 1/16 印张 12 字数 303 千字

版 次: 2005 年 6 月 第 1 版 2005 年 6 月 第 1 次印刷

印 数: 10 000 册

书 号: ISBN 7-81095-462-8 / H · 157

定 价: 16.00 元

本版图书如有印装质量问题, 可向本社调换

前 言

根据教育部有关大学英语教学的新精神,结合大学英语教学的特点与现状以及21世纪社会、经济发展对大学英语教学提出的新要求,我们精心编写了本套《通用大学英语》教程(含《听说教程》和《读写教程》)。本套教程着眼于加强学生的英语基本功训练、提高其语言综合运用能力、培养其科学和人文精神。

一、编写原则

1. 努力贯彻教育部新颁布的《大学英语课程教学要求》(试行)的精神,同时注意与全国研究生入学英语统一考试的要求相衔接;
2. 借鉴已有的一些大学英语教材的编写经验,继承优良传统,反映新世纪大学英语教学的新发展和新要求;
3. 精选课文,确保语言的规范性和文章的思想性、现代性、可读性及趣味性,体现科学和人文精神的相互结合;
4. 注重系统的语言基础训练和综合能力培养,突出听、说、读、写、译的训练;
5. 《听说教程》运用当代英语教学最有效的模式,遵循语言教育规律,突出交际教学法,倡导教学互动和学生自主学习,既可先听后说,又可听说并重,强调信息输入,提高输出能力;
6. 《读写教程》注重文章的阅读理解和写、译的系统训练,强调打好语言基础和训练学生的语言基本功;
7. 课文精练,练习适量,以好教、好学、效果好为原则。全套教程通过控制词汇量、语篇的长度和难度、听力材料的语速和语流等方式,循序渐进,合理地设计难度。

二、学生用书的结构和编写特点

1. 《听说教程》共四册,每册八个单元,各单元由两篇课文组成,每篇课文包括四个部分:

Part A: 技能训练,重点是让学生了解、掌握听力技巧;

Part B: 课内听说训练,听的部分由两个文本组成,每个文本下分设两个练习题;说的部分以话题为基础,由学生自主进行练习;

Part C: 课外听说训练,巩固听力与会话技能;

Part D: 趣味练习, 寓教于乐, 让学生在轻松的气氛中学习英语。
此外, 书中还附有两套测试题, 可作为期中和期末考试的模拟试题。
全套教材循序渐进, 重点突出:

- (1) 第一册的话题围绕校园生活展开, 引导学生在德、智、体等方面开展话题; 第二册把学生的视线引入周围的世界, 考虑人与人、人与社会的关系; 第三册主要引导学生以社会人的眼光观察客观世界; 第四册以新闻报道为重点, 从更广的角度向学生介绍全球的热点问题;
- (2) 重视综合技能的训练。第一册包括辨音和语音基础知识的训练, 帮助学生克服可能产生的听说困难和障碍; 第二、三册尝试分析听力的本质, 点明要领, 帮助学生掌握听力技巧; 第四册进入新闻听力训练阶段, 培养学生对具有相当长度和难度的有声信息的理解、记录 and 记忆的能力;
- (3) 本教程题材广泛, 与学生的生活、思想紧密相关, 有助于引起学生的兴趣, 激发其用英语进行口头交际的愿望;
- (4) 口语技能训练覆盖《大学英语课程教学要求》(试行) 有关说的能力要求, 目标具体明确, 且有范例和提示, 便于教师课堂操作及学生在教师的启发下进行表达;
- (5) 听说练习形式丰富多样, 内容生动活泼, 力求从多方面训练和提高学生的听说能力, 帮助学生逐步提高自学能力。

2. 《读写教程》共四册, 每册八个单元, 每单元由两部分组成: 正课文 A, 后有生词、短语、课文注释和练习; 副课文 B, 后有生词、短语、课文注释和练习。为使学习内容和形式生动活泼, 每单元后还配有与主题相关的诗歌、名言、警句或谚语等。此外, 书中还附有两套期中、期末自测题, 以及 Glossary 和 Phrases and Expressions 两个附录。

本教程是学生学习语言知识、获取信息和提高读、写、译等能力的主要教程, 因而课文多选用英美著名作家的经典名篇、权威的英文杂志文章等, 富于哲理性、知识性、可读性和趣味性。选文覆盖了人文社科和理工农医等各个领域, 对于培养学生的科学精神、人文素质、语言能力与文化意识很有帮助。全套四册共选文 64 篇, 其中语言文学类占 39%, 社会文化类占 30%, 科学技术类占 31%。

在练习的编排上, 贯彻“三重两基”的训练原则, 即重阅读、重写作、重翻译和加强词汇、语法等基础训练的原则, 着重加强学生语言综合运用能力的训练, 体现如下:

- (1) A、B 课文的阅读理解练习在整个单元的练习中占有较大比重, 突出了阅读理解的重要性;

- (2) 各单元的练习较系统地加强写作基本功训练, 并有明确的要求: 第一册着重进行简单句、并列句和复合句的写作训练; 第二册着重进行段落写作训练; 第三册着重进行记叙文、描述文和应用文的写作训练; 第四册着重进行议论文和说明文等的写作训练;
- (3) 翻译也是本教程强调的一个重要教学内容, 其训练内容和方式为: 第一、二册主要运用课文中学到的英语词汇、短语和句型, 对汉语短语和句子进行英译或对英语长句、难句进行汉译; 三、四册主要进行段落、短文的英汉互译;
- (4) 词汇、短语的学习是掌握语言的基础, 全套教程的总词汇量和短语数量完全符合教育部关于大学英语教学的“一般要求”, 训练形式多样、生动有趣, 易于学生掌握和运用;
- (5) 按照大学英语教学的客观规律, 我们从英语教学的实际出发, 在1~2册的基础阶段仍保留了一些主要语法学习项目; 此外, 每册配有两套用于学生巩固所学内容和检测教学情况的测试题。

三、教师用书的编写特点和结构

《通用大学英语》的教师用书采用新颖的“学教合一”的编写方式, 便于教师使用, 其特点如下:

1. 《听说教程》的教师用书除了学生用书上的内容外, 还为教师提供了练习答案、文化背景注释及听力部分的录音文字;
2. 《读写教程》的教师用书除了学生用书中的内容外, 还为教师提供了文化背景介绍、语言难点和重点的解释、主要语法项目解析、写作练习讲解、练习答案和A、B课文的参考译文等;
3. 全套教程配有相应的录音磁带、光盘和多媒体电子课件等, 既方便教师教学, 也便于学生自学。

四、适用对象、学习对策和目标

《通用大学英语》既适合大学非英语专业基础阶段的教学, 也适合具有一定基础的其他英语学习者自学。

全套教程分为《听说教程》和《读写教程》两个系列各四册。《听说教程》可一个学时完成一篇课文, 其中每篇课文的前两部分在课堂内完成, 后两部分由学生在课外完成。《读写教程》每单元可安排4~6学时完成, 也可视情况灵活掌握。

编 者

2004年8月

Contents

UNIT 1 ATTENDING COLLEGE

Lesson 1 A New Start

Part A	<i>Phonetics: Pure Vowels</i>	2
Part B	<i>Before You Listen</i>	3
	<i>While You Listen: Welcome to Karen's Class</i>	3
	<i>A Different Life</i>	4
	<i>After You Listen: Introductions and Greetings</i>	5
Part C	<i>Homework for Listening: Financial Aid</i>	7
	<i>American Universities</i>	7
	<i>Homework for Speaking</i>	8
Part D	<i>Enjoying and Learning</i>	8

Lesson 2 Tips on Study

Part A	<i>Phonetics: Weak Forms</i>	10
Part B	<i>Before You Listen</i>	11
	<i>While You Listen: Note-Taking Techniques</i>	11
	<i>Good Study Strategies</i>	12
	<i>After You Listen: Advice</i>	13
Part C	<i>Homework for Listening: Balancing Your Time</i>	15
	<i>Campus Joke — Do You Know Who I Am?</i>	15
	<i>Homework for Speaking</i>	16
Part D	<i>Enjoying and Learning</i>	16

UNIT 2 CAMPUS LIFE

Lesson 3 Dining and Housing

Part A	<i>Phonetics: Consonants</i>	20
Part B	<i>Before You Listen</i>	21
	<i>While You Listen: Welcome to Campus Dining</i>	21
	<i>What Do You Want?</i>	22
	<i>After You Listen: Asking and Giving Directions</i>	23
Part C	<i>Homework for Listening: Residential Opportunities at American Colleges</i>	25
	<i>Dinner Time</i>	25
	<i>Homework for Speaking</i>	26
Part D	<i>Enjoying and Learning</i>	27

Lesson 4 School Facilities

Part A	<i>Phonetics: Consonant Clusters</i>	28
Part B	<i>Before You Listen</i>	29
	<i>While You Listen: Taped Library Tour</i>	29
	<i>The Pain Will Kill Me!</i>	30
	<i>After You Listen: Permission</i>	31
Part C	<i>Homework for Listening: May I Borrow the Book Again?</i>	33
	<i>Brushing Your Teeth Is Not Enough</i>	34
	<i>Homework for Speaking</i>	34
Part D	<i>Enjoying and Learning</i>	35

UNIT 3 ENJOYING YOURSELF

Lesson 5 Using Computers

Part A	<i>Phonetics: Diphthongs</i>	38
Part B	<i>Before You Listen</i>	38
	<i>While You Listen: Internet Helps</i>	39
	<i>Computers on Campus</i>	40
	<i>After You Listen: Asking for and Offering Help</i>	41
Part C	<i>Homework for Listening: Using the Computer Laboratory</i>	42
	<i>Eye Problems Caused by Using Computers</i>	43
	<i>Homework for Speaking</i>	43
Part D	<i>Enjoying and Learning</i>	44

Part A	<i>Phonetics: Word Stress</i>	46
Part B	<i>Before You Listen</i>	47
	<i>While You Listen: Would You Like to Go Out with Me?</i>	47
	<i>A Magic Trick</i>	48
	<i>After You Listen: Invitation</i>	49
Part C	<i>Homework for Listening: In the Movie Theater</i>	51
	<i>China Trivia</i>	52
	<i>Homework for Speaking</i>	52
Part D	<i>Enjoying and Learning</i>	53

UNIT 4 DEALING WITH PEOPLE

Part A	<i>Phonetics: Plosives</i>	58
Part B	<i>Before You Listen</i>	59
	<i>While You Listen: Problem-Solving Quiz</i>	59
	<i>Smile-Smart or Smile-Dumb?</i>	60
	<i>After You Listen: Expressing Surprise</i>	61
Part C	<i>Homework for Listening: Cyber Friends</i>	62
	<i>Friendship Qualities of Pets</i>	63
	<i>Homework for Speaking</i>	63
Part D	<i>Enjoying and Learning</i>	64

Part A	<i>Phonetics: Linking</i>	65
Part B	<i>Before You Listen</i>	66
	<i>While You Listen: Party Etiquette</i>	66
	<i>At a Party</i>	67
	<i>After You Listen: Leave-Taking</i>	68
Part C	<i>Homework for Listening: Table Manners</i>	69
	<i>Monica's Bridal Shower</i>	70
	<i>Homework for Speaking</i>	70
Part D	<i>Enjoying and Learning</i>	71

UNIT 5 WATCHING YOUR HEALTH

Lesson 9 Keeping Fit

Part A	<i>Phonetics: /ɪ/ vs. /I/, /ɔ:/ vs. /o/</i>	74
Part B	<i>Before You Listen</i>	75
	<i>While You Listen: Join a Company Basketball Team</i>	75
	<i>How Do Students Stay Healthy?</i>	76
	<i>After You Listen: Expressing Likes and Dislikes</i>	77
Part C	<i>Homework for Listening: Overweight</i>	79
	<i>Doctor's Advice</i>	79
	<i>Homework for Speaking</i>	80
Part D	<i>Enjoying and Learning</i>	80

Lesson 10 Psychological Balance

Part A	<i>Phonetics: Assimilation</i>	81
Part B	<i>Before You Listen</i>	82
	<i>While You Listen: Wood Eye! / Would I?</i>	82
	<i>I Am Nervous</i>	83
	<i>After You Listen: Expressing Worries and Consolations</i>	84
Part C	<i>Homework for Listening: Personal Problems</i>	85
	<i>The Significance of Failure</i>	86
	<i>Homework for Speaking</i>	87
Part D	<i>Enjoying and Learning</i>	87

UNIT 6 CATCHING THEIR EYE

Lesson 11 Appearance

Part A	<i>Phonetics: Fricatives</i>	90
Part B	<i>Before You Listen</i>	91
	<i>While You Listen: What Is She Like?</i>	91
	<i>Dress for Success</i>	92
	<i>After You Listen: Describing Appearance</i>	93
Part C	<i>Homework for Listening: The World Cup Hairstyle</i>	95
	<i>Robbery in the Park</i>	96
	<i>Homework for Speaking</i>	96
Part D	<i>Enjoying and Learning</i>	97

Part A	<i>Phonetics: Word Stress in Sentences</i>	98
Part B	<i>Before You Listen</i>	99
	<i>While You Listen: Princess of Hearts</i>	99
	<i>Is He a Gentleman?</i>	100
	<i>After You Listen: Describing Personalities</i>	101
Part C	<i>Homework for Listening: I Cannot Stand Him Any More</i>	103
	<i>Lincoln's Sense of Humor</i>	103
	<i>Homework for Speaking</i>	104
Part D	<i>Enjoying and Learning</i>	104

UNIT 7 SHOPPING

Part A	<i>Phonetics: /eɪ/ vs. /e/, /ʊ/ vs. /u:/</i>	108
Part B	<i>Before You Listen</i>	109
	<i>While You Listen: A Real Bargain</i>	109
	<i>At the Flea Market</i>	110
	<i>After You Listen: Bargaining</i>	111
Part C	<i>Homework for Listening: Using the Bank as a Parking Lot</i>	112
	<i>Shopping with My Wife</i>	113
	<i>Homework for Speaking</i>	113
Part D	<i>Enjoying and Learning</i>	114

Part A	<i>Phonetics: Rhythm</i>	115
Part B	<i>Before You Listen</i>	116
	<i>While You Listen: I Always Like to Pay in Cash</i>	116
	<i>Pound, Shilling and Penny</i>	117
	<i>After You Listen: At the Bank</i>	118
Part C	<i>Homework for Listening: Carrying a Lot of Cash Is Dangerous</i>	120
	<i>The Cash-Free Society</i>	121
	<i>Homework for Speaking</i>	121
Part D	<i>Enjoying and Learning</i>	122

UNIT 8 FUN AHEAD

Lesson 15 Special Days

Part A	<i>Phonetics: Nasals</i>	126
Part B	<i>Before You Listen</i>	127
	<i>While You Listen: Saint Patrick's Day</i>	127
	<i>Top Five Gift Ideas</i>	129
	<i>After You Listen: Good Wishes</i>	130
Part C	<i>Homework for Listening: Christmas Speech</i>	131
	<i>Birthdays</i>	131
	<i>Homework for Speaking</i>	132
Part D	<i>Enjoying and Learning</i>	132

Lesson 16 Sightseeing

Part A	<i>Phonetics: Rising and Falling Tones</i>	134
Part B	<i>Before You Listen</i>	135
	<i>While You Listen: Beach Tour</i>	135
	<i>The First Tourist in Space</i>	136
	<i>After You Listen: Making a Reservation</i>	137
Part C	<i>Homework for Listening: A Radio Program</i>	139
	<i>World Tourism in 2002</i>	139
	<i>Homework for Speaking</i>	140
Part D	<i>Enjoying and Learning</i>	140

Test One	142
-----------------------	-----

Test Two	146
-----------------------	-----

Appendix	149
-----------------------	-----

UNIT 1

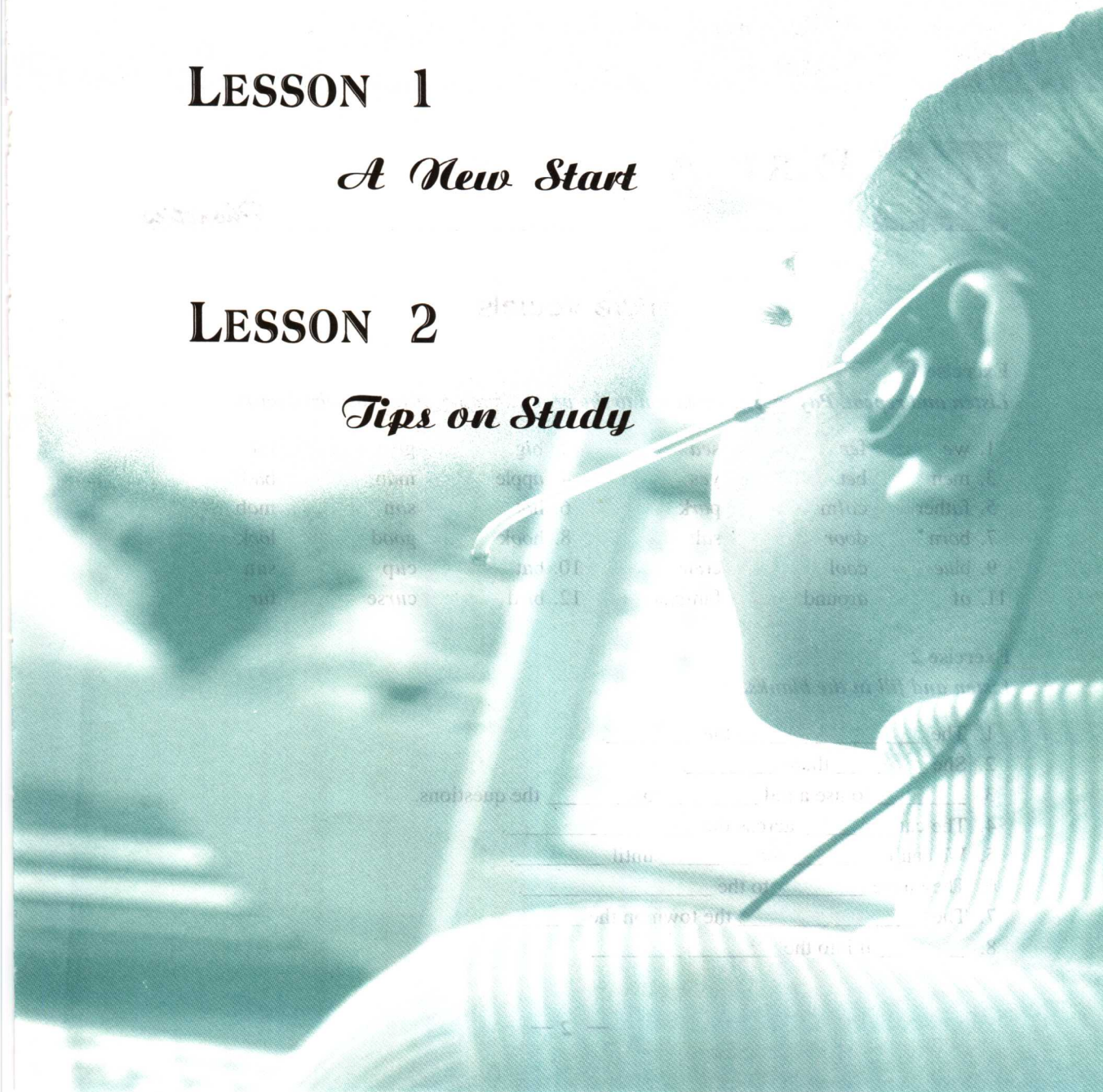
Attending College

LESSON 1

A New Start

LESSON 2

Tips on Study



Lesson 1

A New Start



PART A

Phonetics

Pure Vowels

Exercise 1

Listen and repeat. Pay special attention to the pronunciation of the italicized parts.

- | | | | | | |
|-----------|--------|--------|----------|-------|------|
| 1. we | fee | sea | 2. big | give | hit |
| 3. men | bet | yes | 4. apple | man | bad |
| 5. father | calm | park | 6. hot | son | mob |
| 7. born | door | salt | 8. hook | good | look |
| 9. blue | cool | crew | 10. but | cup | sun |
| 11. of | around | famous | 12. bird | curse | fur |

Exercise 2

Listen and fill in the blanks.

1. The _____ the _____.
2. She _____ there _____.
3. _____ to use a red _____ to _____ the questions.
4. The cat _____ across the _____.
5. We can't _____ the _____ until _____.
6. They have _____ to the _____.
7. The _____ the town on the _____.
8. _____ it into the _____.

9. _____ 've got a _____.
10. It's _____ to _____ and _____ in the sun.
11. It is the _____ that catches the _____.
12. My _____ will be a _____ singer in the _____.



PART B

Before You Listen

Read the following passage and discuss with a partner the expectations you have about your university life.

Normally a student must attend a certain number of courses in order to graduate, and each course he attends gives him credit towards a degree. In many American universities there are 36 courses required for a degree, with each course lasting for one semester. A typical course consists of three classes per week for 15 weeks and a student will probably attend four or five courses during each semester.

While You Listen

TEXT 1

Welcome to Karen's Class

Words and Expressions

course	/kɔ:s/	n.	a set of lessons or studies 课程
syllabus	/'siləbəs/	n.	an arrangement of subjects for study over a period of time 大纲
assignment	/ə'saɪnmənt/	n.	a duty or piece of work that is given to a particular person 作业, 任务
quiz	/kwɪz/	n.	a short examination 小测验
reward	/rɪ'wɔ:d/	v.	to give in return for kindness, help, etc. 奖励
count	/kaunt/	v.	to consider or regard 视为, 当作

Exercise 1

Listen and choose the best answer to each question you hear.

1.
 - A) On Wednesday.
 - B) On the day of the midterm exam.
 - C) On the first day of school.
 - D) On the first day of this course.
2.
 - A) To ensure that every student will come to class.
 - B) To encourage students to think creatively.
 - C) To give students some basic information about the course.
 - D) To make a self-introduction.

Exercise 2

Listen again and decide whether the following statements are true (T) or false (F).

1. Students will meet three times per week to attend Karen's class. ()
2. The most important factor influencing one's grade is the assignments. ()
3. The more a student attends class, the more likely that he/she will succeed. ()
4. Students with improved ability in individual thinking will earn extra marks. ()
5. Students will fail this course if they do not take the midterm and final exams. ()

TEXT 2

A Different Life

Words and Expressions

campus	/ˈkæmpəs/	n.	the grounds and buildings of a university or college 校园
hectic	/ˈhektɪk/	a.	constantly busy and hurried 忙乱的
intelligent	/ɪnˈtelɪdʒənt/	a.	having or showing powers of learning, reasoning, or understanding, esp. to a high degree 聪明的
essential	/ɪˈsenʃəl/	a.	necessary; basic 必要的, 本质的
communicate	/kəˈmjuːnɪkeɪt/	v.	to share or exchange opinions, feelings, information, etc. 沟通
positive	/ˈpɒzətɪv/	a.	showing confidence and hope 积极的

Exercise 1

Listen and choose the best answer to each question you hear.

1.
 - A) Distressed.
 - B) Discouraged.

C) Disappointed.

D) Disgraced.

2.

A) To blame oneself if one doesn't understand something the first time round.

B) To enjoy meeting new friends and talking with them.

C) To learn at one's own pace.

D) To work hard to keep up with others.

Exercise 2

Listen again and fill in the blanks.

1. I didn't expect college life would be _____.

2. We have _____ to do what we are _____.

3. I have to do homework _____ a day just for _____.

4. I think that's because _____ and so they _____ from the students.

5. _____ is the key to _____.

After You Listen

Introductions and Greetings

Guided Conversations

1.

A: I don't think we've met. My name is Sarah. I'm new.

B: Hello, I'm Linda. I'm new too.

A: I'm studying accounting. How about you?

B: I'm majoring in marketing.

A: Nice to meet you.

B: Nice meeting you too.

2.

A: Allow me to introduce Mrs. Amanda Herman to you. Mrs. Herman is going to be your teacher for English writing this semester. She is experienced in teaching Chinese students. She has taught in Beijing, Shanghai and Guangzhou. We hope she will enjoy her stay here. Please welcome Mrs. Herman.

B: Thank you very much for your kind words, Mr. Liu. It's my great honor to teach in this university...