

A⁺方案英语专项训练系列丛书

YINGYU ZHUANXIANGLIAXILICUNSHU



A⁺

方案

英语专项练王

主编 操 斌

- ★名师选编
- ★专项活页
- ★重点突破
- ★稳取高分



通用版 (上)

初中英语

8 年级



内蒙古人民出版社

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Topic 1 Free time activities

综合训练 1

一、完形填空。

Here 1 many students on the bus. They are 2 to school. Today is the 3 day of the term. Now 4 the students are 5 school. "Hello", Lucy and Lily, says Li Lei. "How are you?" "We're 6, thank you." says 7. Jim meets Li Feng. "It's 8 to see you again." says Jim. "It's good to see you, too." says Li Feng. "How's Polly?" "She's fine, thank you." says Jim. "Now it's time 9 class." The students are going into their 10.

- () 1. A.are B.is C.have D.has
 () 2. A.go B.going C.walking D.running
 () 3. A.one B.first C.next D.this
 () 4. A.some B.many C.much D.all
 () 5. A.on B.at C.behind D.under
 () 6. A.health B.nice C.fine D.right
 () 7. A.the twins B.the twin C.twins D.a twin
 () 8. A.time B.late C.early D.good
 () 9. A.to B.for C.from D.after
 () 10. A.school B.schools C.homes D.classroom

二、阅读理解。

A

读对话信息，填表格。

Ben: Hi, Judy! What do you often do on Saturday and Sunday?

Judy: Well, I usually visit my grandparents on Saturday and I often go to the music club on Sundays. What about you, Ben?

Ben: I like sports, you know. So I always go swimming on Saturday and I play basketball with my classmates on Sundays. Oh, Sarah, What do you often do on weekends?

Sarah: Er, I usually surf the Internet on Saturday. On Sundays I often shop with my mum.

Name	Saturday	Sunday

B

I have a very lazy elder (年长的) brother. He's my cousin. He always sleeps in bed very late, until his mum says he will be late to for school. He's too lazy to do any work, even his homework. For instance (举例说) we always find him playing computer games excitedly in his own room. When he comes back home, he throws his dirty clothes on the sofa and ask his mum to wash them. Once his parents went on a trip and told him to water the flowers and feed the little dog. But when they got back

home, they found the flowers were dry and the dog was sick. They were angry with him, but what could they say? Nothing. However, he doesn't feel ashamed (羞愧) of his laziness at all, instead, he often says he will be an important person in the future. Do important persons need to do any work? No. Although he doesn't think that is a good excuse, he still keeps his "good habits", and does whatever (任何事) he likes, we try to tell him not to be lazy in many kinds of ways, but he never cares. We think he is totally (完全地) beyond the pale. (在……范围之外, 做事出格的)

- () 1. The lazy boy is the writer's _____
A.friend B.classmate C.cousin D.twin brother
- () 2. He's so _____ that _____
A.hardworking, he finishes his homework on time
B.lazy, he doesn't do his homework
C.hardworking, he doesn't do his homework
D.lazy, he finishes his homework on time
- () 3. _____ during, his parents went on a trip
A. He watered the flowers and didn't feed the dog
B. He fed the dog and didn't water the flowers
C. He was too lazy to take care of the dog and the flowers
D. The dog and the flowers died
- () 4. According to the passage, do you think he will try his best to be an important person?
A. I don't think so B. Yes, he will
C. I don't know D. Yes, I do
- () 5. Which of the following sentence is right?
A. The boy is very clever.
B. He studies very hard.
C. He knows laziness isn't good but he doesn't want to drop it.
D. His parents don't like him at all.

三、短文填词。

Alice is a little f 1 . She wants to be slim (苗条). She knows she has to e 2 . She thinks about it for a long time. At last she d 3 to shape (形状雕塑) on Monday and Friday. In fact, she goes shopping on Sunday, Monday and Friday.

Alice's brother, Dick, is a 4 fat. He r 5 in the morning and in the evening. He wants to k 6 in good health.

Alice's mother, Susan, isn't fat. She's very b 7 . She would like to work b 8 . So she goes swimming on the evening of Tuesday and Friday. Many people ask her w 9 she can do much work. She often says: "Exercising h 10 me a lot."

- | | | | | |
|-----------|-----------|-----------|-----------|------------|
| 1.f _____ | 2.e _____ | 3.d _____ | 4.a _____ | 5.r _____ |
| 6.k _____ | 7.b _____ | 8.b _____ | 9.w _____ | 10.h _____ |

综合训练 2

一、完形填空。

It's Sunday today. Mike and John are going to the zoo. They're waiting 1 a bus.

A red bus stops 2 the bus stop. Mike and John 3 on the bus. "Here's a seat 4 you, Mike." "No, thank you. Here's 5 seat at the front. I can 6 there."

The bus stops at the next stop. An old man gets on the bus. Mike and John 7 stand up. John says, "Here's a seat for you, Grandpa. Please sit here."

Mike also says, "please come here and 8 my seat, Grandpa."

"Mine is 9 the door. So take this seat, please, Grandpa." says John.

"Thank you. That's very nice 10 you."

- | | | | |
|----------------|-----------|-------------|-----------|
| () 1. A.for | B.at | C.on | D.to |
| () 2. A.on | B.in | C.at | D.for |
| () 3. A.go | B.walk | C.run | D.get |
| () 4. A.on | B.for | C.to | D.of |
| () 5. A.other | B.another | C.the other | D.other's |
| () 6. A.stand | B.walk | C.sit | D.jump |
| () 7. A.too | B.both | C.all | D.whole |
| () 8. A.have | B.do | C.has | D.give |
| () 9. A.far | B.next | C.near | D.on |
| () 10. A.for | B.to | C.at | D.of |

二、阅读理解。

A

Kate's grandpa was very rich and had some shops. The old man began to learn drawing when he was sixty, and he loved it very much. For twelve years he drew a lot and there were many pictures in the workroom. He was satisfied (满意) with them and kept them well. One day the old man was ill. He had to be in hospital. Before he died (死), he said to Kate, "I want to give my pictures to a school as presents (礼物). Then the students will remember me forever (永远). But I don't know which school I'm going to give to. Can you help me?" "well," said the little girl. "You'd better give them to the blind (盲人) school."

- () 1. Kate's grandpa was _____.
 A. an owner (主人) of shops B. a teacher
 C. a farmer D. a driver
- () 2. The old man tried his best to be _____.
 A. an artist (画家) B. a doctor
 C. a teacher D. a shop assistant
- () 3. The old man loved _____ very much.
 A. reading B. writing
 C. swimming D. drawing
- () 4. When the old man died, he was _____.

A.sixty

B.seventy

C. seventy-two

D.seventy-three

() 5. Kate thought her grandpa's picture were _____.

A.good

B.bad

C.beautiful

D.nice

B

Sam lives in New York. He's seven years old now and begins to go to school this autumn. It's a little far from their home and his father drives a car to take him to school every day. So he's not late for class and his teachers like him. It's Monday today. Miss Hunt is teaching them to count from one to ten. Sam is studying hard. So he can count them. Miss Hunt is happy and asks, "How many people are there in your family, Sam?" Sam stands up and begins to count with his fingers (手指). Then he says, "Two, Miss Hunt." "Oh, Who are they?" Miss Hunt is surprised (惊奇的). She says, "There are three people in your family." "But now I'm not at home, but at school, you know!" says Sam.

1. Sam is an America _____.
2. Sam is in Grade _____ now.
3. Sam usually goes to school _____.
4. The teachers like Sam because _____.
5. Why is Miss Hunt happy today? _____.

三、短文填词。

Ann is a little girl. She is o 1 six years old. There's a cinema near her home. But she never went there all by h 2. One day she went into the cinema a 3. It is the f 4 time for her to do that. She bought a ticket and then went in. But after a minute she came out, bought a second ticket and went in a 5. After a few minutes she came out again and bought a t 6 ticket. Two or three minutes l 7 she came out and asked for a 8 ticket.

Then the young woman in the ticket office asked her, "Why do you buy s 9 many tickets? How many friends do you meet?"

Ann answered, "No, I have no friends here with me. But a big boy always s 10 me at the door and tears (撕) my tickets into pieces."

1.o _____

2.h _____

3.a _____

4.f _____

5.a _____

6.t _____

7.l _____

8.a _____

9.s _____

10.s _____

综合训练 3

一、完形填空。

Li Lei is a student. He's 1 Beijing. He 2 in No 1 Middle School. His father is a policeman. His mother is a teacher. She 3 Chinese. His uncle is 4 them in Wuhan. He's a postman in a post office. He likes 5 things. He often make things for the farmers. He wants 6 them. It's Sunday today. His uncle 7 a machine like a bike.

Li Lei gets up at six 8 and comes to school before eight. He goes to school five days 9. He likes school 10. He likes making friends at school. All his friends like him.

- | | | | |
|---------------------|-------------|---------------|------------|
| () 1. A.for | B.from | C.to | D.of |
| () 2. A.study | B.studys | C.studies | D.to study |
| () 3. A.teaches | B.teach | C.is teaching | D.teacher |
| () 4. A.in | B.at | C.with | D.stay |
| () 5. A.make | B.makes | C.to makes | D.making |
| () 6. A.help | B.helps | C.helping | D.to help |
| () 7. A.make | B.is making | C.makes | D.to make |
| () 8. A.everyday | B.every day | C.a day | D.day |
| () 9. A.a day | B.a month | C.a week | D.a year |
| () 10. A.very much | B.very | C.hardly | D. / |

二、阅读理解。

A

I often travel by train to some places of interest. This summer I decided to take a train trip to the countryside.

I got on the train and took a seat by the window. When the bell rang, the train started moving. The train moved along slowly and gradually gained speed. We went through a number of tunnels, crossed some bridges and travelled in the countryside.

It was a sunny day and the scenery outside was wonderful. There were green fields everywhere. We could see farmers working busily in the fields. Some children were playing under trees. They waved to us as the train went by. The train ran over a bridge. Under the bridge a group of ducks were enjoying themselves. They heard the noise of our train and hurried off.

I looked out of the window. After a while, I closed my eyes and started to make plans for my next holiday.

- () 1. According to the passage, the author would like to go to the countryside _____
A.on foot B.by ship C.by car D.by train
- () 2. In the second paragraph (段) the phrase "took a seat by the window" refers to " "
A.sat near the window B.the chair at the side of the window
C.looked out of the window D.cleaned the train window
- () 3. In the second paragraph "gained speed" means " "
A.moved faster B.flew C.slowed down D.let it stop
- () 4. In the third paragraph "as the train went by", "as" refers to " "
A.because B.since C.while D.when
- () 5. The best title for the passage is _____.

A. Travelling by Train

B. What a Trip

C. A Great Holiday

D. The Countryside in My Eyes

B

Song Qunjie, a 45-year-old maths teacher in No. 5 Middle School in Wanxian Country, Sichuan Province, 'only eats a meal at noon every day since she was twenty. But she doesn't feel hungry all day.

In the morning she drinks some water. For lunch, she usually eats lots of rice, 50g of meat and some pickles (泡菜). In the evening, when others are having supper, she has a rest in a chair for twenty minutes. Then she goes on with her work.

However Song is very healthy. She looks a little fat. Her voice is loud. It is unusual for her to feel ill. When someone asks her to eat more, she says, "I'll feel terrible if I eat more." Once at a weekend, her daughter came home. In the evening that day she ate a bowl of jiaozi with her daughter. Then trouble came. The jiaozi she ate couldn't be digested (消化) easily. For the following three days, she ate nothing and drank nothing. Until the fourth day she felt a little better. Song saw many doctors, but they could not help her.

() 1. Maybe we can read this story in _____.

A. a book on medicine

B. a science report

C. a newspaper

D. a history textbook

() 2. Before she goes on with her work in the evening, she _____.

A. goes to see the doctor first

B. eats some meat and drinks some water

C. has some rice with ten

D. just needs to have some rest

() 3. It seems that _____.

A. the doctors can't find out what is wrong with Song

B. Song likes eating only one meal every day

C. Song only likes to eat jiaozi

D. Song is very weak and ill with so little food every day

() 4. Song eats only one meal every day because _____.

A. She is a maths teacher

B. She is quite healthy

C. She doesn't feel hungry

D. She can't eat more

() 5. The best title for the passage is _____.

A. Healthy Woman

B. The Reasons for One Meal

C. One Meal One Day

D. No More Hunger

三、短文填词。

Will it matter if you don't take your breakfast? Some scientists from America do a test (实验). People from different a 1, from 12 to 83, have all k 2 of breakfast, and sometimes they get n 3 breakfast at all. They want to see how w 4 their bodies work when they have eaten different kinds of breakfast.

The results s 5 that if a person eat r 6 breakfast, he or she will work b 7 than he or she has no breakfast. If a student has fruit, eggs, bread, milk and some v 8 before g 9 to school, he will learn more quickly and listen more c 10 in class.

1. a _____

2. k _____

3. n _____

4. w _____

5. s _____

6. r _____

7. b _____

8. v _____

9. g _____

10. c _____

综合训练 4

一、完形填空。

This week we asked students at New Star High School about 1 ways to learn more English, many said they learnt by 2 English. Some students had more specific suggestions. Li Ling, for example, said the best way to learn new words was by reading English magazines. She said that memorising the words of pop songs 3 helped 4. When we asked about studying grammar, she said, "I never study grammar. It's too boring."

Wei Ming feels it 5. He's been learning English 6 and really loves it. He thinks studying grammar is the great way to learn a foreign language. He also thinks that watching English movies isn't a bad way because he can 7 the actor say the words. 8, however, he finds watching frustrating because the people speak too quickly.

Liu Chang said that joining the English club at school was the best way to 9 her English. Students gets lots of practice and they also 10. She added that having conversations with friends was not helpful at all. "We get excited about something and then end up speaking in Chinese," she said.

- | | | | |
|-----------------------|----------------|-------------------|-----------------|
| () 1 A.good | B.better | C.best | D.the best |
| () 2 A.use | B.used | C.to use | D.using |
| () 3 A.too | B.also | C.either | D.neither |
| () 4 A.little | B.a little | C.few | D.a few |
| () 5 A.different | B.difference | C.differently | D.differences |
| () 6 A.for six years | B.in six years | C.since six years | D.six years ago |
| () 7 A.see | B.look | C.watch | D.notice |
| () 8 A. Some time | B. Some times | C. Sometime | D. Sometimes |
| () 9 A.improve | B.rise | C.lift | D.raise |
| () 10 A.make fun | B.have fun | C.do fun | D.play fun |

二、阅读理解。

In winter, if the temperature drops low enough, we get snow. Some countries never have snow; some have only a little on the tops of very high mountains. In the north of England, there is quite a lot of snow every winter, but in the south of England, there is usually little.

When a student from a warm country comes to England in autumn for the first time, he feels cold at first. There are often dark clouds, grey sky and cold rain in England in autumn, and the most students from warm countries do not like this.

But snow is different. Though it is cold, it is also beautiful. Perhaps, after several dark mornings, the student wakes up one day, and there is a lot of light in his room. He thinks "Is it so late?" and jumps out of bed. But no, it is not very late. He looks out of the window and there is snow on the ground, on the houses and everywhere. The light of his room comes from the clean, beautiful snow.

- () 1. In which part of England is there much snow in winter?
- | | |
|----------------|-----------------|
| A. In the east | B. In the south |
| C. In the west | D. In the north |
- () 2. In the autumn of England, we can NOT often see ____.

八年级英语

- A. strong winds B. dark clouds
C. grey sky D. cold rain
- () 3. In England both snow and autumn rain are _____.
A.beautiful B.clean C.cold D.heavy
- () 4. Why does student ask himself "Is it so late?"
A. Because it is really late
B. Because he has some work to do.
C. Because it is bright in the room.
D. Because he usually gets up early.
- () 5. Which of the following is right?
A. Every country in the world has snow in winter.
B. Some countries in the world don't have snow in winter.
C. It is often very warm in the autumn of England.
D. Foreign students like the weather in England.

三、短文填词。

Sam and Ann have three m 1 a day : breakfast, lunch and dinner. They have breakfast at home, on w 2 they have lunch at school. U 3 they have quick meals such as hamburgers and hot dogs. But on weekends they have lunch at home with their p 4 . They always eat dinner at home.

Dinner is the b 5 meal of the day. Mr Green comes home f 6 work at work And Mrs Green serves (端上) dinner at six. They usually s 7 with soup. Then they have meat or fish, potatoes or o 8 vegetables. After dinner, they have dessert. Mr Green d 9 like dessert, but Mrs Green and the c 10 do.

- 1.m _____ 2.w _____ 3.u _____ 4.p _____ 5.b _____
6.f _____ 7.s _____ 8.o _____ 9.d _____ 10.c _____

四、书面表达。

以 “My Habits” 为题写一篇短文。包括作息、学习、活动、饮食等方面和习惯。

要求：语言表达准确，无语法错误，不少于 60 个单词。

[illegible]

Topic 2 Health

综合训练 1

一、完形填空。

Once a great boxer (拳击手), Tom Brown, went to a restaurant for 1. He put his bag near the door, but he was afraid that someone would 2 it. 3 he got 4 a pen and a piece of paper and wrote 5 it, "The great boxer, Tom Brown, left his bag here. He'll come back 6 a few minutes." He put the paper on his bag and went to 7 his dinner. 8 he came back, his bag wasn't 9. But he found a piece of paper on the floor. It said, "A great runner took away your bag, and he will 10 come back."

- | | | | |
|------------------|------------|---------|-----------|
| () 1. A.dinner | B.a coat | C.a pen | D.a film |
| () 2. A.bring | B.take | C.carry | D.get |
| () 3. A. If | B. Because | C. But | D. So |
| () 4. A.away | B.near | C.out | D.in |
| () 5. A.to | B.on | C.at | D.for |
| () 6. A.before | B.after | C.for | D.in |
| () 7. A.have | B.has | C.had | D.having |
| () 8. A. Before | B. If | C. When | D. So |
| () 9. A.here | B.there | C.home | D.door |
| () 10. A.no | B.be | C.not | D.not any |

二、阅读理解。

A

John sent for a doctor because his wife was ill. He called the doctor and decided (决定) to meet him at five. He was in the doctor's waiting room at twenty to five. Then he thought, "It's a little bit earlier. It's best to wait outside and go to see the doctor on time." Then he went out of the room.

He saw a beautiful park nearby. So he walked there to have a rest.

Suddenly he heard a girl crying. John was a kind man. He came up and asked the girl some questions. The girl told him that she lost her way. John tried to find her address and then took her home.

One hour later, John went back to the doctor's. And the doctor had been waiting for a long time.

根据短文内容判断正 (T) 误 (F).

- () 1. John was ill, so he went to see the doctor.
- () 2. John was going to meet the doctor at 4: 00.
- () 3. John was on his way to the doctor's at 4: 40.
- () 4. John went to a park and heard a girl crying.
- () 5. John called the girl's parents and they took their daughter home.

B

One day a dentist (牙科医生) was starting his morning work. Suddenly a man ran in. His face was red and he could only say, "Quick! Quick!" The dentist thought he must be very ill. His assistant (助手) helped to make the poor man sit in a chair. The dentist gave the man some medicine to make him sleep. Then he looked into the man's mouth and pulled out all the bad teeth. After the man woke up, he said in a low voice, "Quick, doctor! Quick!" "It's all right now," the dentist told him. "It's over. You don't understand," said the man. "I came to tell you your house is on fire (着火)."

- () 1. When the man ran in, the dentist thought he must be _____.
A. over B. ill C. all right D. rich
- () 2. The man _____ after he took some medicine.
A. started to work B. started to cry
C. went home D. went go to sleep
- () 3. The dentist pulled _____ out of the man's mouth.
A. a tooth B. a bad tooth
C. all the bad teeth D. all the teeth
- () 4. The man ran in _____.
A. because he was ill
B. because he wanted to sleep
C. to tell the dentist that he was all right
D. to tell the dentist that his home was on fire
- () 5. What do you think of the dentist's medical skill? It's _____.
A. very good B. wonderful
C. strict D. bad

三、短文填词。

My aunt is a nurse. She's tall and beautiful. She looks y 1 than her age and she's always p 2 when people take her as a girl and c 3 her "Miss".

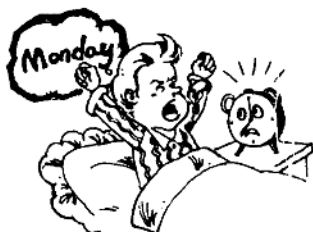
Last Friday she took her s 4, Xiaoxiao go to a shop to b 5 him a new jacket. The shop a 6 showed Xiaoxiao a jacket and said. "Just put it on, and your s 7 will tell you how handsome you look."

Xiaoxiao was s 8 and wanted to correct the man, But his mother said q 9, "Do as he has told you, B 10."

1. y _____ 2. p _____ 3. c _____ 4. s _____ 5. b _____
6. a _____ 7. s _____ 8. s _____ 9. q _____ 10. B _____

- B. only to send a message
 C. to let a child eat up in 15 minutes
 D. often to show her or his love
- () 3. The writer thinks the smell of home cooking _____.
 A. makes us happy
 B. makes us be interested in cooking
 C. makes us pay attention to our mood
 D. makes us love others
- () 4. What's the main (主要的) idea of this passage?
 A. Family meals are important.
 B. How to make cookies
 C. People are too busy to cook.
 D. Home cookies taste better
- () 5. The passage tells us _____ reason (s) for people not cook at home.
 A. one B. two C. three D. four

三、短文填词。



Monday is the s 1 day of the week. The word "Monday" m 2 "day of the moon". In England, Monday i 3 a good day because on the day people have to go to w 4 or school. So people f 5 sad about "Monday". From the picture we can see the man is not h 6 to think about Monday. He w 7 get up. But it is Monday. So he has to get up. He has to say g 8 to the weekend. He has to fix the c 9 to w 10 him up from Monday.

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|------------|------------|------------|------------|-------------|
| 1. s _____ | 2. m _____ | 3. i _____ | 4. w _____ | 5. f _____ |
| 6. h _____ | 7. w _____ | 8. g _____ | 9. c _____ | 10. f _____ |