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# Listening Comprehension Exercise for Senior English



**BOOK 3**

高中英语

**听力强化训练**

高三全一册

主编 汪忠民



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主 编	汪忠民		
编 写	华 莹	鲁蓉蓉	陆玉仙
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# 编写说明

时代的发展、国力的强盛,使我国在国际交往与世界经济领域日益活跃,英语的基本能力、信息意识与信息处理的能力已经成为当代公民的必备素质,英语作为一种国际通用语言愈显重要。中学英语教学的基本模式也随之发生了重大变化,从传统的“重语法和知识传授”向“重应用能力培养”转化;新课程标准对听、说、读、写语言技能提出了综合应用的要求。为此,英语教学必须把语言知识落实到听、说、读、写的实践上,以促进综合语言能力的提高。

听力是语言输入的主要渠道,听力能力的培养与提高必须通过尽可能大的有声语言的输入量,培养接受、理解和处理信息的能力。根据新课程标准的教学目标与教学要求,配合最新版人教社高中课本的教学,以相对应篇目的话题为线索,新编写的《高中英语听力强化训练》,在选材上力求新活,尽量贴近学生日常生活和学习,贴近时代,并贴近学生的实际英语水平。

仅靠语言输入是掌握不了外语的,还需要通过大量的口头和笔头表达,来促进语言的吸收和加工能力的培养,并进一步提高语言的综合应用能力。为此,本书在“协奏曲”部分增加了说的要求,即“Follow up”“Topic discussion”部分,供基础较好的学生与学校选择使用,也作为听力类辅助读物的尝试,从语言输入向语言输出延伸。

全套书共分5册,分别供高一至高三各年级师生使用。它的基本特点如下:

1. 以单元为单位设置内容、难易程度与人教版现行教材同步,便于使用。
2. 每单元分为四个部分。序曲:热身运动篇;二重奏:对话练习篇;协奏曲:短文练习篇;交响曲:欣赏提高篇。选材新颖广泛、容量充足,练习设计层次分明、活泼多样,多角度、多方位地培养学生“听”的能力,体现了素质教育的要求。
3. 本书配套的录音带由外籍专家录制。

## 特别提示:

请务必使用“暂停键”,按高考要求,给出足够的读题和做题时间。

由于编者水平有限,加之成书时间仓促,谬误与疏漏之处在所难免,敬请读者批评指正。

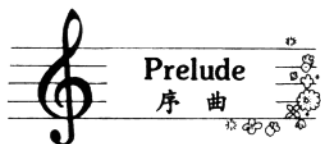
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2005年8月

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## Unit 1 Chinese Horse Painting Enters Guinness Book



English is a very beautiful language. Here is something you will really enjoy.

Who's insane?

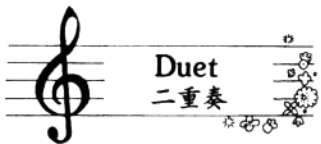
Notes:

sane / seɪn / adj. 健全的

insane / in'seɪn / adj. 患精神病的;极愚蠢的

Q: Do you like sports, Osho?

A: No. It is a waste of time, and it is really a way of throwing away energy which can be used more creatively. It is stupid. Just look at football, or volleyball. It has no intelligence. People are taking the ball from this goal to that goal, and millions of people are going mad and crazy with them. In the future when people look back on it, they will not believe that these people were sane. It looks absolutely insane. I have never been interested in sports. My energy has something much more important to do.



Listen to the following dialogues and make sure you understand them.

### Part One

Listen and choose the right answer.

1. What is "The Bicycle" about?
  - A. The history of bicycles.
  - B. The Tour de France.
  - C. Lance Armstrong's struggle.
2. What is the Chinese website of Guinness World Records?
  - A. [www.guinnessrecordchina.com](http://www.guinnessrecordchina.com).
  - B. [www.guinnessworldrecords.com.cn](http://www.guinnessworldrecords.com.cn).
  - C. [www.guinnessrecord.com.cn](http://www.guinnessrecord.com.cn).
3. What is the distance of the Tour de France?



- A. 2,500 ~ 3,500 km.  
 B. 3,000 ~ 3,500 km.  
 C. 3,500 ~ 4,000 km.
4. How can cyclists take part in the Tour de France?  
 A. They must sign up before the race.  
 B. They must be invited before the race.  
 C. They must compete before the race.
5. What does the man think of extreme athletes?  
 A. He thinks they are too crazy to have extreme sports.  
 B. He hates the extreme athletes and their lifestyle.  
 C. He thinks they are brave to challenge themselves.

## Part Two

### Dialogue One

#### The Tour de France

Listen and choose the right answer.

- A. 3,500 km    B. 2,388 km    C. 16 million francs    D. No prize money  
 E. July 19, 1903    F. Maurice Garin    G. Lance Armstrong    H. Not known

1. The first race of the Tour de France

Date	
Distance	
Winner	

2. Today's race of the Tour de France

Prize money	
Distance	
Winner	



## Dialogue Two

### Adili, A High-wire Walker

Listen to the dialogue and tick(✓) the right statements.

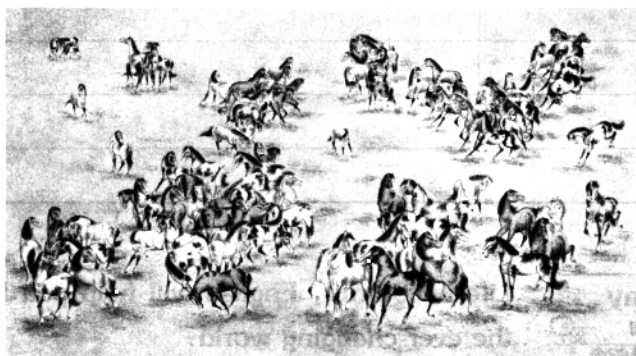
- ( ) 1. Adili has walked across Niagara Falls in Canada.
- ( ) 2. Adili has walked across Tiankeng and over the Yangtze River.
- ( ) 3. Adili is from the country of Canada.
- ( ) 4. Adili is from a Uygur family in the west of China.
- ( ) 5. Nobody else in Adili's family is a high-wire walker.
- ( ) 6. "Dawazi" means high-wire walking and has a history of 430 years.



Here are some specially chosen passages. Listen to them and you'll find English is easy to understand.

## Part One

### Chinese Horse Painting Enters Guinness Book



Listen and choose the right answer.

1. What did Gong Chunhu paint?
  - A. Thousands of horses.
  - B. Hundreds of dragons.
  - C. His true life.
2. Who awarded Gong with a Guinness certificate?
  - A. An official from London's Guinness World Records Ltd.
  - B. An official from the Office of the *Guinness Book of World Records* in China.
  - C. An official from the Shanghai Office of the *Guinness Book of World Records*.
3. How many horses are there in "Ten Thousand Horses"?
  - A. 10, 000.
  - B. 9,999.
  - C. 1954.



4. How do the horses look like?

- A. They all look different.      B. They are all true to life.      C. Both A and B.

5. What is true about Gong?

- A. He was born in the year of Horse.  
B. He raises hundreds of horses at home.  
C. He is going to paint "Thousand Horses".

## Part Two

### Chinese Doctor Sets Guinness Record

Listen and fill out the following table.

\* \* \* \* \*  
\*    **Note:**    \*  
\*    oxygen cylinder / 'sɪlɪndə / n. 氧气瓶    \*  
\* \* \* \* \*

Patient's Name	
Patient's Age	
Original Weight	
Treatment Period	
Rx (治疗方案)	
Weight Reduced	



Life is colorful, English will help you know more about the ever-changing world.

Listen and fill in each blank with the word you hear.

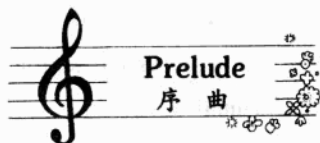
### Ping-pong Team Enters 100-gold club

\* \* \* \* \*  
\*    **Notes:**    \*  
\*    status / 'steɪtəs / n. 地位    \*  
\*    domination / ,dɒmɪ'neɪʃn / n. 支配;霸权    \*  
\*    consecutive / kən'sekjətɪv / adj. 连续的    \*  
\* \* \* \* \*



China once again proved its status as a \_\_\_\_\_ of the table tennis world at the \_\_\_\_\_ World Table Tennis Championships. Wang Liqin \_\_\_\_\_ his world No. 1 billing \_\_\_\_\_ teammate Ma Lin 4 - 2 in the men's singles, and Wang Nan and Zhang Yining \_\_\_\_\_ their domination with a second consecutive women's doubles \_\_\_\_\_. Chinese players have \_\_\_\_\_ at the tournament, making China the first country to \_\_\_\_\_ the 100-gold medal mark.

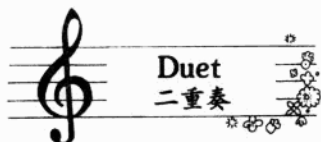
## Unit 2 Marco Polo



English is a very beautiful language. Here is something you will really enjoy.

### Never Give up

Never give up,  
Never lose hope.  
Always have faith,  
It allows you to cope.  
  
Trying times will pass,  
As they always do.  
Just have patience,  
Your dream will come true.  
  
So put on a smile,  
You'll live through your pain.  
Know it will pass,  
And strength you will gain.



Listen to the following dialogues and make sure you understand them.

### Part One

Listen and choose the right answer.

- How far did Zheng He go?
  - 30,000 km.
  - 50,000 km.
  - 7,000 km.
- What does the man mean?
  - There are only 7 steps in front of Zheng He's tomb.
  - He thinks 7 steps represents Zheng He's 7 journeys to the



West.

C. He thinks 7 more steps should be put in front of the tomb.

3. Which of the following statement is true?

A. Zheng He's voyages were much earlier.

B. Columbus made seven voyages, too.

C. Zheng He's voyages lasted 80 years.

4. What is the book about?

A. Louise Levathes.

B. China Sea.

C. Zheng He.

5. The northern route of the Silk Road goes westward to \_\_\_\_\_.

The central route goes westward to \_\_\_\_\_.

The southern route goes westward to \_\_\_\_\_.

The fourth route of the Silk Road goes eastward to \_\_\_\_\_.

A. Sian

B. Iran and India

C. Black Sea

D. Rome

## Part Two

### Dialogue One

#### Silk Road

**Listen and fill in the blanks with proper information.**

1. The Silk Road was \_\_\_\_\_ miles long.

2. The Silk Road was a \_\_\_\_\_ of interconnecting roads or tracts.

3. The Silk Road developed gradually as a series of trading roads from \_\_\_\_\_ through \_\_\_\_\_ to \_\_\_\_\_.

4. The Silk Road \_\_\_\_\_ and \_\_\_\_\_ many other items than the delicate and \_\_\_\_\_ silk.

5. One of the items was \_\_\_\_\_ from Central Asia.

### Dialogue Two

#### Maud Fontenoy

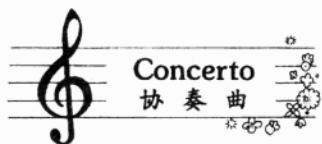


Listen and choose the right answer.

- What nationality is Maud Fontenoy?
  - American.
  - French.
  - Spanish.
- What did Maud Fontenoy accomplish in the year of 2003?
  - She rowed across the Pacific Ocean.
  - She rowed across the Atlantic Ocean.
  - She used GPS navigation on her boat.
- What was the distance across the Pacific Ocean?
  - 9,470 miles.
  - 4,907 miles.
  - 4,970 miles.
- What danger did she meet in the ocean?
  - She lost her GPS navigation.
  - She met sharks and huge waves.
  - She could not drink fresh water.

Follow up:

What do you think of this 26-year-old French lady, Maud Fontenoy?

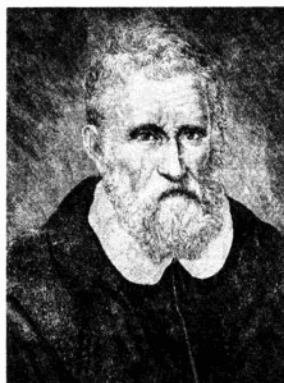


Here are some specially chosen passages. Listen to them and you'll find English is easy to understand.

### Part One

#### Marco Polo

Listen and choose the right answer.



Name	Marco Polo
1. When was he born?	A. In 1254.      B. In 1269. C. In 1271.
2. Where did he grow up?	A. In Armenia.      B. In Venice. C. In Persia.
3. When did he start his first journey?	A. In 1254.      B. In 1271. C. In 1295.
4. How long did he stay in China?	A. 15 years.      B. 24 years. C. 17 years.
5. When did he go back to Venice?	A. In 1269.      B. In 1286. C. In 1295.
6. What book did he write?	A. <i>The Description of the World</i> . B. <i>The Travels in China</i> . C. <i>The Autobiography of Marco Polo</i> .

**Follow up:**

What was China like in Marco Polo's eyes in the 13th century?

**Part Two**

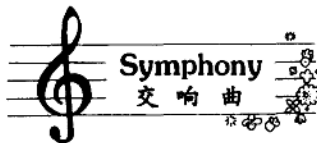
**A Brief, Private Trip into Space?**

**Tell "True" or "False" according to what you hear.**

- ( ) 1. Microsoft billionaire Paul Allen has funded a small company.
- ( ) 2. SpaceShipOne will be sent into space next Monday.
- ( ) 3. Paul Allen will give the X Prize to the first non-governmental manned space flight.
- ( ) 4. If SpaceShipOne makes a successful space flight, Paul Allen will get a \$ 10 million prize.
- ( ) 5. If 3 people aboard are sent up and return safely to Earth, a \$ 10 million prize will be given.
- ( ) 6. Scaled Composites is a small company in the California desert.
- ( ) 7. Monday's goal is to reach an altitude of 62.5 miles.

**Follow up:**

What is your idea about the space tourism in the near future?



Life is colorful, English will help you know more about the ever-changing world.

**Listen and fill in each blank with the word you hear.**

**Notes:**

quotation / kwəʊ'teɪʃn / n. 语录

rejoin / ,ri:'dʒɔɪn / v. 再加入

lure / lʊə(r) / v. 引诱

clatter / 'klætə(r) / n. 哗啦声; 嘈杂的谈笑声

Here is a quotation from Marco Polo's *Travels*.

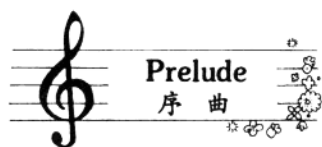
"When a man is \_\_\_\_\_ through this desert by night and for some reason — falling asleep or anything else — he gets \_\_\_\_\_ from his companions and wants to rejoin them, he hears \_\_\_\_\_ voices talking to him as if they were his companions, sometimes even calling him by name. Often these \_\_\_\_\_ lure him away from the path and he never finds it again,

and many \_\_\_\_5\_\_\_\_ have got lost and died because of this. Sometimes in the night travelers hear a noise like the clatter of a great company of \_\_\_\_6\_\_\_\_ away from the road; if they \_\_\_\_7\_\_\_\_ that these are some of their own company and head for the noise, they find themselves in deep \_\_\_\_8\_\_\_\_ when daylight comes and they realize their mistake. . . .”

**Follow up:**

1. What was Marco Polo telling people about?
2. What can you learn about Marco Polo's trips from this quotation?

## Unit 3 Aborigines



English is a very beautiful language. Here is something you will really enjoy.

### *To Say in within A Poem*

—Stephen Clayton, 1993

#### Notes:

stance / stæns / *n.* 姿态

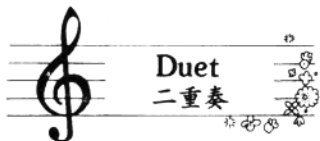
depict / dɪ'pɪkt / *v.* 描述

mythological / ˌmɪθə'lɒdʒɪkl / *adj.* 神话中的



I am born of the land, my soul is the sun  
Nature is my mother, I am Mother Nature's son  
The wind is my spirit, running wild, running free  
Water is my mirror, reflecting visions in me  
I am like a great river that slowly runs dry  
Polluted and abused, I am the river—slowly—I die  
I am a child of the earth created from dust  
I live for this land, taking only what I must  
I am a hunter of animals imitating their stance  
I am what I hunt, I am its spirit in the dance  
I am a painter of wall, I am an artist of dreams  
Depicting mythological creatures and spirits in my scenes  
I am from the Never Never, a time long gone by  
The dreaming is my creation, I am at home when I die  
I own no land for the land owns me  
That's how it has been, how it always will be  
For I am—what I am—I am—Aborigine





Listen to the following dialogues and make sure you understand them.

### Part One

Listen and choose the best answer.

1. What was the population of the Aborigines before the Europeans arrived?  
A. 200,000. B. 300,000. C. 130,000.
2. How is the life of the Aborigines' today?  
A. Terrible. B. Terrific. C. Very good.
3. How many different languages did the Aborigines use?  
A. 100. B. 260. C. 600.
4. What do you know about the Aboriginal art?  
A. There are no symbols in the Aboriginal art.  
B. All symbols used mean the same.  
C. One symbol can have several meanings.
5. Which of the following is not true?  
A. The Aboriginal art is a part of life for everyone.  
B. The Aboriginal art was expressed in painting.  
C. The Aboriginal art couldn't be found in decorative clothing.

### Part Two

#### Dialogue One

#### Boomerangs (回飞棒)

Listen and fill in the blanks with proper information.

1. The earliest boomerangs were used in \_\_\_\_\_ about \_\_\_\_\_ years ago.
2. Somebody must have by accident thrown a \_\_\_\_\_ at a prey, but it came \_\_\_\_\_ to him when it \_\_\_\_\_ the target.
3. People thought it must be a \_\_\_\_\_ stick when it did something so funny. That's why they kept it for \_\_\_\_\_ throw.

