



宁夏回族自治区教育厅中小学教材审查委员会审定
配合义务教育课程标准实验教材



学习之友

宁夏教育厅教学研究室 编

七年级(上)
英语



黄河出版传媒集团
宁夏人民教育出版社

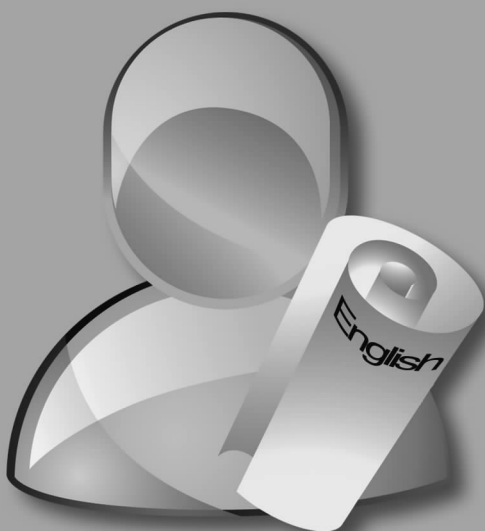


学习之友

宁夏教育厅教学研究室 编

七年级(上)

英语



我的学校 _____

我的班级 _____

我的姓名 _____



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亲爱的同学：

你们好！欢迎使用新编人教版七年级英语《学习之友》！

本册《学习之友》是在经过几年使用后，通过征求师生的意见和建议，结合宁夏的教学实际，聘请一线骨干教师、教研员根据义务教育《英语课程标准》要求及人教版七年级英语(上册)课本内容编写而成。它与课本同步，重视基础知识和语言技能的训练，同时强调语言的综合运用。同学们在英语学习中首先要重视基础知识的学习，包括语音的学习、词汇的学习、语法的学习。语言技能的训练离不开基础知识。听、说、读、写四种语言技能是互相影响的，不是孤立的，任何一种技能的形成都需要大量的练习和实践，熟能生巧。

本册《学习之友》中的语法练习、词汇练习、句型练习属于巩固性练习，侧重打基础。听力、完型、阅读，写作等练习则属于综合语言运用的训练，这类练习有助于语言能力的形成。本册《学习之友》中除了单元练习题，还有两套阶段复习题和一套总复习测试题，目的是为了检测同学们的学习效果。

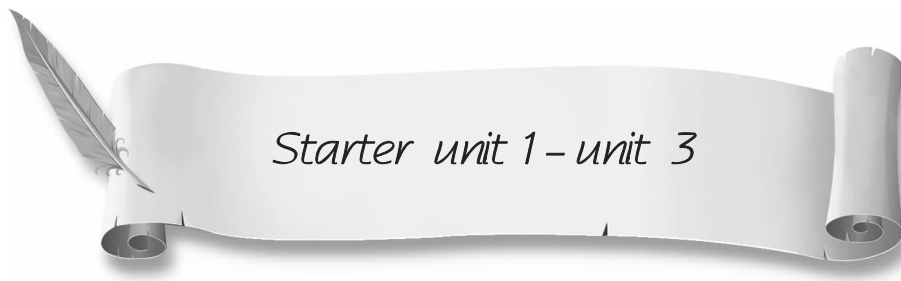
愿《学习之友》成为你们的良师益友！

编 者





Starter unit 1–unit 3	1
Unit 1	4
My name's Gina.	
Unit 2	8
Is this your pencil?	
Unit 3	13
This is my sister.	
Unit 4	17
Where is my backpack?	
Unit 5	21
Do you have a soccer ball?	
Unit 6	26
Do you like bananas?	
Revision exercises for units 1–6	31
Unit 7	37
How much are these pants?	
Unit 8	42
When is your birthday?	
Unit 9	47
Do you want to go to a movie?	
Unit 10	52
Can you play the guitar?	
Unit 11	57
What time do you go to school?	
Unit 12	62
My favorite subject is science.	
Revision exercises for units 7–12	68
Test paper	74
Keys for reference	81
Scripts for listening exercises	88



I. 选出你听到的字母或单词。

- | | | |
|---------------------|-----------|----------|
| () 1. A. PE | B. TD | C. CG |
| () 2. A. QK | B. UK | C. UA |
| () 3. A. Alice | B. Eric | C. Grace |
| () 4. A. what | B. what's | C. clock |
| () 5. A. key | B. quilt | C. Cindy |

II. 听句子,选出你听到的字母或单词。

- | | | |
|--------------------|----------------|----------|
| () 1. A. V | B. A | C. K |
| () 2. A. girl | B. Helen Green | C. good |
| () 3. A. OK | B. fine | C. key |
| () 4. A. pen | B. jacket | C. quilt |
| () 5. A. how | B. what | C. this |

III. 听问句,选择正确的答语。

- | | | |
|---------------------------------|---------------------|----------------------|
| () 1. A. How are you? | B. Thank you. | C. I'm fine, thanks. |
| () 2. A. Your name is Ben. | B. My name's Ben. | C. His name is Dale. |
| () 3. A. Yes, it is. | B. Yes, it's a key. | C. Yes, it's. |
| () 4. A. I'm a pen. | B. It's a clock. | C. This is a desk. |
| () 5. A. It's a map. | B. Yes, it is. | C. M-A-P. |

IV. 按要求写出字母。

1. 占一、二、三格的小写字母。

2. 占二、三格的小写字母。

V. 从 A、B、C 中选出含有相同音素的选项。

- | | | |
|-----------------------|------------|------------|
| () 1. A. a, j, k | B. b, k, p | C. d, b, j |
| () 2. A. b, h, i | B. b, c, d | C. g, o, p |
| () 3. A. f, l, n | B. f, e, a | C. e, h, m |
| () 4. A. m, w | B. o, u | C. q, u |
| () 5. A. j, i | B. c, v | C. f, h |

VI. 按要求完成下列各词。

A. 将下列方框中的缩略词添在与其对应的中文后面的横线上。

HB, CD, BBC, P, kg, UFO, CCTV, UN, NBA, L, M, S

- | | | |
|---------------------------------------|---------------------|-----------------|
| 1. 联合国 _____ | 2. (美国)全国篮球协会 _____ | 3. 激光唱片 _____ |
| 4. 硬黑 _____ | 5. 不明飞行物 _____ | 6. 千克 _____ |
| 7. 停车 _____ | 8. 中国中央电视台 _____ | 9. 英国广播公司 _____ |
| 10. (服装的)中号 _____, 大号 _____, 小号 _____ | | |

B. 按要求写出单词的相应形式。

- | | | |
|-----------------------|----------------------|------------------------|
| 1. white (反义词) _____ | 2. I am (缩略形式) _____ | 3. what's (完整形式) _____ |
| 4. it is (缩略形式) _____ | 5. Uu (同音词) _____ | 6. hi (同义词) _____ |

C. 单词识记。

- | | | | |
|--------------|---------------|--------------|--------------|
| 1. 早上 _____ | 2. 下午 _____ | 3. 晚上 _____ | 4. 谢谢 _____ |
| 5. 怎样 _____ | 6. 姓名 _____ | 7. 你 _____ | 8. 英语 _____ |
| 9. 列表 _____ | 10. 夹克衫 _____ | 11. 这个 _____ | 12. 地图 _____ |
| 13. 钥匙 _____ | 14. 钢笔 _____ | 15. 尺子 _____ | 16. 拼写 _____ |
| 17. 请 _____ | 18. 橙子 _____ | 19. 黄色 _____ | 20. 绿色 _____ |
| 21. 蓝色 _____ | 22. 黑色 _____ | 23. 白色 _____ | 24. 颜色 _____ |
| 25. 和 _____ | | | |

D. 用 am, is, are, a, an 填空。

- | | | | |
|----------------------|-----------------------|-----------------------------|------------------|
| 1. What _____ this? | 2. How _____ you? | 3. I _____ Helen. | 4. It _____ red. |
| 5. It's _____ ruler. | 6. It's _____ orange. | 7. It's _____ English book. | |

VII. 单项选择。

- () 1. — Colin, what's this in English? — _____.
A. This is a pen B. It's a pen C. It's pen
- () 2. It's _____ blue. It's _____ blue ruler.
A. a; \ B. \; a C. a; a
- () 3. — _____ is that quilt? — It's black.
A. How color B. What color C. What's color
- () 4. — What's your name? — _____ name is Jim.
A. My B. His C. I'm
- () 5. — Hello, Eric. — _____.
A. Yes B. Hello, Alice C. Thank you
- () 6. — Good morning, Miss Liu! — _____.
A. Hello B. Hi C. Good morning
- () 7. — Hello! My name _____ Frank. — Hello! I _____ Karen.
A. is; is B. am; am C. is; am

- () 8. —How are you, LiLei? —
 A. How are you? B. Good. C. I'm fine, thanks.
- () 9. The pen _____ black.
 A. am B. is C. are
- () 10. "I" _____ a word (单词) and a letter (字母).
 A. am B. is C. are

VIII. 从 II 栏中选出 I 栏各句相应的答语。

- | I | II |
|--------------------------------|-----------------------------|
| () 1. What's this in English? | A. It's green. |
| () 2. How are you? | B. K-E-Y, key. |
| () 3. Hello! Frank. | C. Fine, thank you. |
| () 4. Good afternoon, class. | D. It's an orange. |
| () 5. What color is your pen? | E. Hello! Eric. |
| () 6. How do you spell it? | F. Good afternoon, teacher. |

IX. 把下列句子重新排序,使其组成一段完整的对话。

- A. What's this in English?
 B. Good afternoon, Bob.
 C. Thanks.
 D. Q-U-I-L-T.
 E. Spell it, please!
 F. It's a quilt.
 G. Good afternoon, Eric.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____

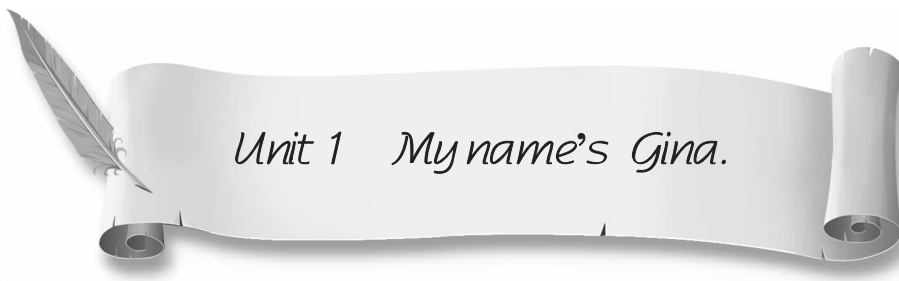
X. 补全对话,每空一词。

- A: Good morning!
 B: (1) _____ (2) _____! How are you?
 A: I'm (3) _____, (4) _____. How are you?
 B: (5) _____ OK.



XI. 按要求改写句子,每空一词。

1. It is a ruler. (对画线部分提问) _____ it?
 2. The key is yellow. (对画线部分提问) _____ is the key?
 3. I am fine. (对画线部分提问) _____?
 4. 这个用英语怎么说? (翻译成英语) _____?
 5. 请拼写它。 (翻译成英语) _____.



基础训练

I. 选出你听到的内容。

- () 1. A. I B. my C. nine
 () 2. A. Jim B. Jenny C. Gina
 () 3. A. 94928 B. 59428 C. 49528
 () 4. A. His name is Tony Miller. B. Her name is Gina Smith.
 C. My name is Mike Green.
 () 5. A. Nice to meet you. B. Hello. C. Nice to see you.

II. 选出与你听到的句子意思相符的图画,将图下的字母填入序号中。



A

Jack



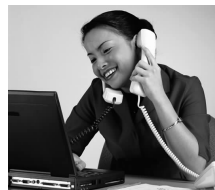
B

Gina



C

Cindy



D

Helen



E

Linda

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

III. 听对话,选择正确答案。

对话 A:

- () 1. What is her name? A. Gina. B. Jones. C. Gina Miller.
 () 2. What's his family name? A. Tony. B. Smith. C. Miller.

对话 B:

- () 3. What is his name? A. Kim Green. B. Jim Green. C. Jim Smith.
 () 4. What's his ID number? A. 3. B. 7. C. 6.
 () 5. What is his phone number? A. 468489. B. 548639. C. 5535879

IV. 按要求完成下列各词。

A. 填入正确的单词将下列算式补充完整。

1. five + _____ = nine 2. two+five= _____ 3. _____ - two = seven
 4. _____ - one = five 5. two×five = _____ 6. _____ × nine = zero
 7. _____ ÷four = two 8. nine÷ _____ = three

B. 用括号内所给词的适当形式填空。

1. _____ (I) name is Helen.
2. Her _____ (one) name is Kim.
3. _____ (he) telephone number is 689.
4. What's _____ (you) name?
5. _____ (she) family name is Green.

V. 单项选择。

- () 1. — Nice to meet you. — _____.
A. Thank you B. OK C. Nice to meet you, too
- () 2. — Hello, Gina. — _____, Nick.
A. Hello B. Oh C. Fine
- () 3. _____ a girl, my name is Jenny.
A. She's B. I'm C. He's
- () 4. — What's her telephone number? — _____.
A. It's 786-1356 B. It's Jim@260.net C. I'm 88567301
- () 5. — Excuse me. _____ Miss Wang? — Yes, I am.
A. Are you B. Is she C. Is he
- () 6. This is _____ clock. It's _____ old clock.
A. \ a B. a; an C. a; \
- () 7. — How are you, Miss Zhang? — _____.
A. Yes, I am B. My name is Miss Zhang C. Fine, thank you
- () 8. My name's Alex Cooper. Alex is my _____ name. Cooper is my _____ name.
A. first, last B. last, first C. last, family
- () 9. His name _____ Jack.
A. Is B. is C. are
- () 10. — Hello, is this your pen? — _____.
A. Hello B. Yes, thank you C. No, this is my ruler
- () 11. 初次遇到新朋友问好时说: _____
A. Nice to meet you. B. How old are you? C. OK.
- () 12. 早上遇到老师说: _____
A. What's your name? B. Good morning. C. Good afternoon.
- () 13. 询问所拿物品如何用英语表达时说: _____
A. What's this in English? B. What's your phone number? C. And how are you?
- () 14. 询问对方名字时说: _____
A. What's you name? B. You are what name. C. What's your name?
- () 15. 询问色彩时说: _____
A. What's this? B. What color is it? C. What's your name?

VI. 从 II 栏中选出 I 栏相应的答语。

I

- () 1. What's your name?
- () 2. How are you?
- () 3. What's this in English?
- () 4. What's her name?
- () 5. Spell it, please.
- () 6. What's his name?
- () 7. Good evening!
- () 8. What color is it?
- () 9. Hello! Jack.
- () 10. What's Tom's telephone number?

II

- a. Her name is Alice.
- b. Good evening.
- c. It's a key.
- d. Tony.
- e. It's blue.
- f. Hello, Dale.
- g. I'm fine.
- h. My name is Mike.
- i. J-A-C-K-E-T.
- j. It's 393.

VII. 从方框中选择适当的句子补全对话。

- A: 1. A: Is this your friend?
 B: Good afternoon. B: Yes.
 A: 2? A: What's her name?
 B: I'm Kim Brown. B: 4.
 A: Nice to meet you. A: Hi!
 B: 3. C: Hi! Here's my name card.
 A: 5.

- a. Thanks.
- b. Nice to meet you, too.
- c. Good afternoon.
- d. Her name is Linda Black.
- e. What's your name?

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

VIII. 连词成句。

1. what's / name / your / last _____?
2. is / Alan / name / my _____.
3. name / what / family / her / is _____?
4. number / is / 701-5432 / my / telephone _____.
5. you / are / how _____?

IX. 按要求改写句子,每空一词。

1. Her phone number is 632-5546. (改为否定句) Her phone number _____ 632-5546.
2. His first name is Tony. (改为一般疑问句) _____ Tony?
3. My name is Jim Green. (对画线部分提问) _____ is your _____ name?
4. His phone number is 7654321. (对画线部分提问) _____ his phone number?
5. She is Mary Green. (改为同义句) _____ Mary Green.

X. 根据汉语句意完成句子,每空一词。

1. 他叫什么名字? _____ is _____?
2. 吉娜,你的电话是多少? _____ is your _____, Gina?
3. 她姓什么? What is _____?
4. 见到你很高兴。 _____ to _____.
5. 我叫玛丽·汗德。 _____ Mary Hand.

综合训练

I. 阅读理解。

A. 阅读短文,判断正(T)误(F)。

Hello, I'm Cindy Smith. This is my friend. His name is Bob Brown. His phone number is six four seven nine three zero five. And this is my friend, too. Her first name is Gina. Her last name is Green. 2548764 is her phone number.

- () 1. Gina Green is her friend.
 () 2. Bob's (鲍勃的) last name is Jones.
 () 3. Gina's family name is Green.
 () 4. 6479305 is Bob's phone number.
 () 5. Gina's phone number is two four five eight seven six four.

B. 阅读下面的短文,制作一张学生卡。

My name is Milk Miller. I'm a boy. I'm not 12. I'm 11. I'm not in Grade (年级) Eight. I'm in Grade Seven. I'm in Class(班级) Three. My phone number is 65872. I'm from (来自) the USA (美国). I'm in Yinchuan No.7 Middle School (第7中学).

Name: (1) _____	Sex: (性别) Boy / Girl (2) _____
First name: (3) _____	Family name: (4) _____
Age: (5) _____	Tel: (6) _____
Class: (7) _____	Grade: (8) _____
Nationality (国籍): (9) _____	School: (10) _____

II. 书面表达。

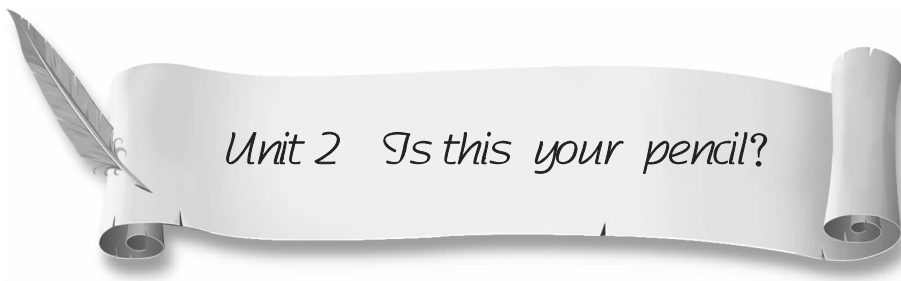
A. 根据 ID 卡的内容介绍你的朋友。

First Name: Linda	Last Name: Green	Sex: girl	Age: nine	Phone number: 982028
-------------------	------------------	-----------	-----------	----------------------

I have a good friend. She is Linda Green. She is a (1) _____. (2) _____ first name is Linda. Her family name is (3) _____. She is (4) _____. Her phone number is (5) _____.

B. 你叫王芳,请写一篇短文介绍你的情况。包括姓、名、电话号码等基本情况。文章开头已经写好。

Hello, my name is _____



基础训练

I. 选出你听到的词语或句子。

- | | | |
|--------------------------|---------------|---------------|
| () 1. A. my | B. your | C. his |
| () 2. A. notebook | B. watch | C. baseball |
| () 3. A. dictionary | B. sharpener | C. computer |
| () 4. A. how | B. what | C. what color |
| () 5. A. Excuse me. | B. Thank you. | C. That's OK. |

II. 听问句,选择正确应答语。

- | | | |
|---------------------------------|--------------------|------------------|
| () 1. A. My name is Cindy. | B. It's an eraser. | C. Yes, it is. |
| () 2. A. It's my pencil. | B. P-E-N. | C. No, it isn't. |
| () 3. A. It's a map. | B. It's green. | C. It's 5269178. |
| () 4. A. Jim Smith. | B. Jim. | C. Smith. |
| () 5. A. I'm fine. | B. I'm Eric. | C. How are you? |

III. 听对话和问题,选择正确答案。

- | | | |
|---------------------------|---------------------|-------------------|
| () 1. A. 545983. | B. 234642. | C. 134876. |
| () 2. A. Green. | B. Miller. | C. Smith. |
| () 3. A. Yes, it is. | B. No, it isn't. | C. Yes, it isn't. |
| () 4. A. P-E-N. | B. B-A-S-E-B-A-L-L. | C. K-E-Y. |
| () 5. A. It's red. | B. It's yellow. | C. It's blue. |

IV. 按要求完成下列各词。

A. 根据句意及首字母提示写出单词,使句子完整。

- It's an E_____ book.
- What's your name, p_____ ? —My name is Cindy.
—S_____ it ,please.
- H_____ are you? —I'm fine.
- This is my pen, it's n_____ your pen.
- She is in our (我们的) s_____ (学校), too.

B. 汉译英。

1. 电子游戏 _____
2. 用英语表达 _____
3. 他的词典 _____
4. 我的橡皮 _____
5. 她的英语书 _____
6. 那块手表 _____
7. 一把尺子 _____
8. 请原谅 _____
9. 失物招领 _____

C. 用 I, me, my, you, your, it 填空。

1. _____ am OK. And _____?
2. _____ am a girl, _____ name is Mary.
3. Are _____ Milk?
4. —Jane, is this your ruler?
—No, _____ isn't. It's her ruler. _____ ruler is blue.
5. Excuse _____. What's this in English?
6. What's _____ name?

V. 单项选择。

- () 1. This is _____ case. That's _____ eraser.
A. a; an B. an; an C. a; a
- () 2. —How _____ you spell pen? —P-E-N, pen.
A. is B. am C. do
- () 3. Please call Jenny _____ 536-4428.
A. in B. to C. at
- () 4. _____, Sonia. Is this your dictionary?
A. Sorry B. Excuse me C. Thank you
- () 5. —_____ you Kate? —Yes, I _____.
A. Are; am B. Are; is C. Is; are
- () 6. —Is that a watch? —_____.
A. Yes, it is watch B. No, this is a watch C. Yes, it's a watch
- () 7. What's _____ name, please?
A. it B. you C. her
- () 8. I found _____ keys.
A. a B. a set of C. a set
- () 9. —_____ your baseball? —Yes, it is.
A. It is B. Is that C. That is
- () 10. —Is that your backpack? —Yes, it is. It's _____ backpack.
A. my B. her C. his

VI. 连词成句。

1. in / is / English / that / what _____ ?
2. pen / you / how / spell / do _____ ?
3. school / is / ID / card / that / my _____ .
4. case / the / lost / found / and / watch / is / your / in _____ .
5. this / pencil / is / your _____ ?

VII. 按要求改写句子,每空一词。

1. That is a pen. (对画线部分进行提问)
_____ that?
2. It's M-A-R-Y. (对画线部分进行提问)
_____ do you _____ ?
3. That's her ring. (改为否定句)
_____ her ring.
4. It is my computer. (改为一般疑问句,并作否定回答)
_____ computer?
_____, _____.
5. Is that a key? (作肯定回答)
_____, _____.

VIII. 从 II 栏中选出 I 栏各句相应的答语。

I

- () 1. Is that your notebook?
- () 2. How do you spell ring?
- () 3. What's that in English?
- () 4. Is this a basketball?
- () 5. How are you?

II

- A. Yes, it is.
- B. No, it isn't. It's her notebook.
- C. R-I-N-G, Ring.
- D. It's a backpack.
- E. I'm fine. Thanks

IX. 把下列句子重新排序,使其组成一段完整的对话。

- A. Yes, it is. Thank you.
 - B. Hi, Mike. I lost my ID card.
 - C. It's Gina Brown.
 - D. Is this your ID card?
 - E. What's the name on the card?
1. _____ 2. _____ 3. _____ 4. _____ 5. _____

综合训练

I. 完形填空。

This boy is Peter Smith. His 1 name is Peter. His 2 name is Smith. This is 3 school. His school 4 number is 20048567. His teacher is Miss White. Miss White 5 a good teacher. Li Ming is a Chinese boy. Li Ming is his good friend 6 school. Look! 7 a pencil sharpener. Is 8 pencil sharpener Li Ming's? I don't know. Let's 9 Li Ming 10 495-6548.

- | | | |
|--------------------|------------|-----------|
| () 1. A. first | B. family | C. last |
| () 2. A. first | B. good | C. last |
| () 3. A. you | B. that | C. his |
| () 4. A. computer | B. ID card | C. phone |
| () 5. A. is | B. am | C. are |
| () 6. A. in | B. at | C. of |
| () 7. A. What's | B. This's | C. That's |
| () 8. A. a | B. the | C. an |
| () 9. A. call | B. answer | C. look |
| () 10. A. in | B. at | C. to |

II. 阅读理解。

A. 阅读短文,选择正确答案。

Look! I'm Tony. This is a pencil case. It's orange. It's my pencil case. What's in the pencil case? A ruler is in it. It is my ruler. The ruler is blue and red. That is a pencil. It is black and white. It is not my pencil. Look! That girl is Lucy. It is her pencil. That boy is Tim. I found his green pen in the pencil case. I call Tim at 69730011. It is his telephone number.

- | | | |
|--|-----------------------|----------------|
| () 1. What color is the pencil case? | | |
| A. It's orange. | B. It's blue and red. | C. It's green. |
| () 2. _____ has (有) a pencil. | | |
| A. Tony | B. Lucy | C. Tim |
| () 3. _____ found the pen in the lost and found case. | | |
| A. Tony | B. Lucy | C. Tim |
| () 4. I am Tony. Is my telephone number 69730011? | | |
| A. Yes. | B. No. | C. OK. |

B. 阅读对话,帮助他们找到自己的物品,用线条连接。

A: Look, what's that?

B: It's a pencil case. Is it yours, Jane?

A: No, it isn't. Oh, I know, it's Sue's. That pen is Sue's, too.

B: Is this her book?

A: No, it's my book. My name — "Jane" is on it.

B: And is this your eraser?

A: No, this is Bill's eraser. And what's this, Sam?

B: It's a ruler. It's my ruler. What about this pencil?

A: That's my pencil.

B: Here you are.

A: Thanks.



Sam

Jane

Bill

Sue

III. 任务型阅读。

Found:

Is this your watch?

It's blue.

Please call Alice at 60987712.

根据招领启事回答问题。

1. What is lost? _____
2. What color is it? _____
3. Who (谁) found (发现) it? _____
4. What's the telephone number? _____
5. Is Alice a good girl? _____

IV. 书面表达。

根据汉语提示完成下列启事。

Jane 丢了英英词典, David 捡到了一本笔记本。请你分别替他们写一份失物启事和招领启事。

电话: Jane 495-3539, David 685-6034。

_____:

_____:
