

Application ability  
English  
Ability  
全国高职高专英语课程系列教材

# 高等学校 英语应用能力实训教程

(2016年修订版)

孟小宇 主编

東季大學出版社

全国高职高专英语课程系列教材

# 高等学校英语应用能力实训教程

(2016 年修订版)

主 编 孟小宇

副 主 编 董广钧 胡建国

参加编写者 付新梅 姜邱焰 王 珩

宋春燕 王永兴 童平雄

東華大學 出版社

· 上 海 ·

## 图书在版编目(CIP)数据

高等学校英语应用能力实训教程:2016年修订版/孟小宇  
主编. —上海:东华大学出版社,2016.8  
ISBN 978-7-5669-1107-0

I. ①高… II. ①孟… III. ①英语水平考试—高等职业  
教育—教材 IV. ①H310.42

中国版本图书馆CIP数据核字(2016)第176282号

## 《全国高职高专英语课程系列教材》编委会名单

策 划 鲁 可 华玉香

总主编 李有贵 骆河芊

主 审 李 倩 刘桂林

责任编委名单 (按姓氏笔画为序)

万雪琴	马 莹	王亚平	王 娟	王 敏	王 静	白 雪	任 惠
刘 洋	孙灵侠	朱青松	朱俊华	纪 红	吴 琳	张晓东	张 勤
张 瑜	李有贵	李红梅	李 玲	李 倩	杨 芳	陆蓓蓓	陈 云
周 捷	孟小宇	金 艳	赵 露	涂丽萍	阎 勇	黄 伟	黄 琼
董 敏	鄢菁萍	廖永清					

责任编辑 曹晓虹

封面设计 姚大斌

## 高等学校英语应用能力实训教程(2016年修订版)

孟小宇 主编

出版发行 东华大学出版社(上海市延安西路1882号 邮政编码:200051)

联系电话 编辑部 021-62379902

营销中心 021-62193056 62373056

出版社网址 <http://www.dhupress.net>

天猫旗舰店 <http://dhdx.tmall.com>

印 刷 江苏省南通印刷总厂有限公司

开 本 787mm×960mm 1/16

印 张 13.5

字 数 579千

版 次 2016年8月第2版

印 次 2016年8月第1次印刷

ISBN 978-7-5669-1107-0/H·737

定价:27.60元

## 出版说明

为配合高职高专公共英语教学,我们以“高职高专教育英语课程教学基本要求”(以下简称“基本要求”)为指导,以“高等学校英语应用能力考试大纲和样题”(以下简称“考试大纲”)为依据,组织了一批具有丰富教学经验的老师编写出这本《高等学校英语应用能力实训教程(2016年修订版)》。本书旨在帮助学生在修完“基本要求”所规定的内容后,了解和熟悉高等学校英语应用能力考试(PRETCO)的题型,巩固所学知识,提高学生英语运用、应试等综合能力。

本书所编的模拟题基本涉及了“基本要求”所规定的全部要求。模拟试题内容新颖,题材广泛,语言知识和应用文体的覆盖面宽。此外,本书覆盖了“考试大纲”所列的所有题型。同学们使用本书时应遵循“实践第一”的原则,自己将题目先做一遍,然后再对照答案及解说进行检查,或听老师在课堂上讲解,注意领会老师的解题思路和解题方法,真正弄懂、弄通。本书由10套模拟试题、听力材料及参考答案和详解组成。

本书适用于高等职业学校、普通高等专科学校、成人高等学校的学生,更适用于参加“高等学校英语应用能力考试”的学生进行考前训练。本书既可作为高职高专学生复习迎考及平时练习的辅导材料,也可供其他具有同等英语水平的涉外人员使用。

此次修订,由付新梅(test 1)、董广钧(test 2)、姜邱焰(test 3)、孟小宇(test 4、9、10)、王琲(test 5)、宋春燕(test 6)、王永兴(test 7)、胡建国(test 8)、童平雄(听力整合)等老师参与完成。我们希望本书能对广大读者及考生有所裨益。由于时间仓促,编者水平有限,书中不妥或错漏之处在所难免,恳请广大读者与同行不吝赐教。

# Contents

高等学校英语应用能力等级考试(A/B级)简介 .....	1
PRETCO Simulated Test 1 .....	6
PRETCO Simulated Test 2 .....	19
PRETCO Simulated Test 3 .....	31
PRETCO Simulated Test 4 .....	43
PRETCO Simulated Test 5 .....	56
PRETCO Simulated Test 6 .....	69
PRETCO Simulated Test 7 .....	81
PRETCO Simulated Test 8 .....	94
PRETCO Simulated Test 9 .....	107
PRETCO Simulated Test 10 .....	119
Tape Scripts for Listening Comprehension and Keys .....	130

## 高等学校英语应用能力等级考试(A/B级)简介

高等学校英语应用能力考试(Practical English Test for Colleges,简称PRETCO)是在教育部高教司指导下的全国范围的英语测试,是为反映和评价高等学校专科层次(高等专科教育、高等职业技术教育、成人高等教育)修完英语课程的在校生英语应用能力而设立的标准化英语水平考试。本考试于1998年经高教司批准向部分省、市、自治区推荐试行,2000年正式实施。发展至今,本门考试已为20余省、市、自治区采用,起到了推动高职高专英语课程以“实用为主,应用为目的”的教学改革的目的,并逐渐为人才市场所认可。



### 一、考试性质

本考试的目的是考核考生的语言知识、语言技能和使用英语处理有关一般业务和涉外交际的基本能力,其性质是教学—水平考试。

本考试既测试语言知识也测试语言技能,既测试一般性语言内容,也测试与涉外业务有关的应用性内容,并侧重后者,实用性内容约占60%。

### 二、考试级别

高等学校英语应用能力考试以《高职高专教育英语课程教学基本要求(试行)》(简称《基本要求》)为依据,将教学要求分为A级要求和B级要求,该考试也相对应的分为A级考试和B级考试。A级考试为高职高专学生应该达到的标准要求,B级考试略低于A级考试,是过渡性的要求,AB级的能力要求相当于大学英语三级水平,参加哪一个级别的考试由各院校和考生自己决定。A级覆盖《高职高专英语课程教学基本要求》的全部内容,需要掌握3400个英语单词以及由这些单词构成的常用词组;B级要求略低,需要掌握2500个英语单词以及由这些单词构成的常用词组。

### 三、报名资格

1. 高职高专和成人高专院校修完英语课程《基本要求》A级或B级规定内容的学生均可自愿报名参加。

2. 考生可根据本校规定报考 A 级或 B 级。
3. 毕业生离校后不能再参加该类考试。
4. 凡已取得 A 级或 B 级考试合格证书者,不得再报名参加同一级别考试。

#### 四、考试时间

本考试每年举行两次,上半年一般在 6 月下旬举行,下半年一般在 12 月下旬或下一年度的元月上旬举行,具体时间一般在四、六级考试的次日。

#### 五、应试要求

##### 1. 词汇

A 级:认知 3 400 个英语单词(包括入学时要求掌握的 1 600 个词)以及由这些词构成的常用词组,对其中 2 000 个左右的单词能正确拼写,英汉互译。学生还应结合专业英语学习,认知 400 个专业英语词汇。

B 级:认知 2 500 个英语单词(包括入学时要求掌握的 1 000 个词)以及由这些词构成的常用词组,对其中 1 500 个左右的单词能正确拼写,英汉互译。

##### 2. 语法

掌握基本的英语语法规则,在听、说、读、写、译中能正确运用所学语法知识。

##### 3. 听力

A 级:能听懂日常和涉外业务活动中使用的结构简单、发音清楚、语速较慢(每分钟 120 词左右)的英语对话和不太复杂的陈述,理解基本正确。

B 级:能听懂涉及日常交际的结构简单、发音清楚、语速较慢(每分钟 110 词左右)的英语简短对话和陈述,理解基本正确。

##### 4. 口语

A 级:能用英语进行一般的课堂交际,并能在日常和涉外业务活动中进行简单的交流。

B 级:掌握一般的课堂用语,并能在日常涉外活动中进行简单的交流。

##### 5. 阅读

A 级:能阅读中等难度的一般题材的简短英文资料,理解正确。在阅读生词不超过总词数 3% 的英文资料时,阅读速度不低于每分钟 70 词。能读懂通用的简短实用文字材料,如信函、技术说明书、合同等,理解正确。

B 级:能阅读中等难度的一般题材的简短英文资料,理解正确。在阅读生词不超过总词数 3% 的英文资料时,阅读速度不低于每分钟 50 词。能读懂通用的简短实用文字材料,如信函、产品说明等,理解基本正确。



## 6. 写作

A级:能就一般性题材,在30分钟内写出80—100词的命题作文;能填写和模拟套写简短的英语应用文,如填写表格与单证,套写简历、通知、信函等,词句基本正确,无重大语法错误,格式恰当,表达清楚。

B级:能运用所学词汇和语法写出简单的短文;能用英语填写表格,套写便函、简历等,词句基本正确,无重大语法错误,格式基本恰当,表达清楚。

## 7. 翻译(英译汉)

A级:能借助词典将中等难度的一般题材的文字材料和对外交往中的一般业务文字材料译成汉语。理解正确,译文达意,格式恰当。在翻译生词不超过总词数5%的实用文字材料时,笔译速度每小时250个英语单词。

B级:能借助词典将中等偏下难度的一般题材的文字材料译成汉语。理解正确,译文达意。

## 六、考试方式与具体考试内容(B级)

考试方式为笔试,包括五个部分:听力理解、词汇用法和语法结构、阅读理解、翻译(英译汉)和写作(或汉译英)。考试范围限于《基本要求》B级所规定的全部内容。

### 第一部分:听力理解(Listening Comprehension)

测试考生理解所听问题并做出恰当回答的能力、理解简短对话的能力和听写词语的能力。听力材料的语速为每分钟100词。

听力材料以日常交际和简单的业务交际内容为主。词汇限于《基本要求》的“词汇表”中B级2500词的范围,交际内容涉及《基本要求》中的“交际范围表”所列的B级听力的范围。本部分的得分占总分的15%。测试时间为15分钟。

### 第二部分:词汇用法和语法结构(Vocabulary and Structure)

测试考生运用词语和语法知识的能力。测试范围限于《基本要求》中的“词汇表”B级(2500词)和“语法结构表”所规定的全部内容。本部分的得分占总分的15%。测试时间为15分钟。

### 第三部分:阅读理解(Reading Comprehension)

测试考生从书面文字材料获取信息的能力。总阅读量约800词。

本部分测试的文字材料以一般性阅读材料(科普、文化、社会、常识、经贸、人物等)为主,也包括简单的应用性文字,不包括诗歌、小说、散文等文学性材料,其内容能为各专业学生所理解。

阅读材料涉及的语言技能和词汇限于《基本要求》中的“阅读技能表”中与B





级要求相应的技能范围和“词汇表”B级中2 500 词的范围;阅读材料涉及的应用性内容限于《基本要求》中“交际范围表”B级所规定的读译范围,如:便条、通知、简短信函、简明广告、简明说明书、简明规范等。主要测试以下阅读技能:

1. 了解语篇和段落的主旨和大意。
2. 掌握语篇中的事实和主要情节。
3. 理解语篇上下文的逻辑关系。
4. 了解作者的目的、态度和观点。
5. 根据上下文正确理解生词的意思。
6. 了解语篇的结论。
7. 进行信息转换。

本部分的得分占总分的35%。测试时间是40分钟。

#### 第四部分:翻译——英译汉(Translation — English to Chinese)

测试考生将英语正确译成汉语的能力。所译材料为句子和段落,包括一般性内容(约占60%)和实用性内容(各约占40%);所涉及的词汇限于《基本要求》的“词汇表”中B级(2 500 词)的范围。本部分的得分占总分的20%。测试时间为25分钟。

#### 第五部分:写作/汉译英(Writing/Translation — Chinese to English)

测试考生套写应用性短文、填写英文表格或翻译简短的实用性文字的能力。本部分的得分占总分的15%。测试时间为25分钟。

B级测试项目、内容、题型及时间分配表

序号	测试项目	题号	测试内容	题型	百分比	时间分配
I	听力理解	1—15	问话、对话、听写	多项选择、填空	15%	15 分钟
II	语法结构	16—35	词汇用法、句法结构、词形变化	多项选择、填空	15%	15 分钟
III	阅读理解	36—60	语篇,包括简单的一般性和应用性文字	多项选择、填空、简答、匹配	35%	40 分钟
IV	英译汉	61—65	句子和段落	多项选择、段落翻译	20%	25 分钟
V	写作/汉译英		应用性文字(便条、通知、简短信函、简历表、申请书等)	套写、书写或翻译	15%	25 分钟
合计	65 + 1				100%	120 分钟

## 七、评分标准及证书发放

本考试按百分制计分,满分为100分。A级60分及60分以上为及格;85分及85分以上为优秀。B级60分及60分以上为及格;85分及85分以上为优秀。考试成绩合格者发给“高等学校英语应用能力考试”相应级别的合格证书。



# PRETCO Simulated Test 1

## Part I

## Listening Comprehension

(15 minutes)

**Directions:** This part is to test your listening ability. It consists of 3 sections.

### Section A

**Directions:** This section is to test your ability to give proper responses. There are 5 recorded questions in it. After each question, there is a pause. The questions will be spoken **two times**. When you hear a question, you should decide on the correct answer from the 4 choices marked A), B), C) and D) given in your test paper. Then you should mark the corresponding letter on the Answer Sheet with a single line through the center. Now the test will begin.

- |                        |                       |
|------------------------|-----------------------|
| 1. A) Never mind.      | B) Thanks a lot.      |
| C) Yes, of course.     | D) With pleasuse.     |
| 2. A) Hold on, please. | B) It's interesting.  |
| C) That's nothing.     | D) He'll all right.   |
| 3. A) Next month.      | B) So long.           |
| C) Very funny.         | D) Two weeks.         |
| 4. A) It's too late.   | B) Yes, it is.        |
| C) Take it easy.       | D) It doesn't matter. |
| 5. A) Of course.       | B) You are welcome.   |
| C) It was excellent.   | D) Yes, I do.         |

### Section B

**Directions:** This section is to test your ability to understand short dialogues. There are 5 recorded dialogues in it. After each dialogue, there is a recorded question. Both the dialogues and questions will be spoken **two times**. When you hear a question, you should decide on the correct answer from the 4 choices marked A), B), C) and D) given in your test paper. Then you should mark the corresponding letter on the Answer Sheet with a single line through the center.



6. A) 11:00. B) 11:50.  
C) 12:00. D) 12:10.
7. A) To see the woman. B) To send the e-mail.  
C) To go to the bank. D) To write a letter.
8. A) The woman will drive tonight. B) The woman doesn't like fruit.  
C) The woman has given up smoking. D) The woman is leaving now.
9. A) In a bank. B) In a restaurant.  
C) In a hospital. D) In a bookstore.
10. A) Tell her the price. B) Wait for a while.  
C) Examine her computer. D) Go shopping with her.

### Section C

**Directions:** In this section you will hear a recorded short passage. The passage is printed in the test paper, but with some words or phrases missing. The passage will be read **three times**. During the second reading, you are required to put the missing words or phrases on the Answer Sheet in order of the numbered blanks according to what you hear. The third reading is for you to check your writing. Now the passage will begin.

Hello, everyone. This is the caption(机长) speaking. 11 to Flight JK 900 leaving for Chicago.

Our flight time today is 2 hours and 35 minutes, and we will be flying at an average altitude(高度) of 31,000 feet. The 12 in Chicago is a quarter past twelve (12:15), and the current weather is cloudy, but there is a chance of 13 later in the day. We will 14 at Gate 7 at the Chicago Airport.

On behalf of our Airlines, I wish you an enjoyable 15 in Chicago. Sit back and enjoy the flight.

### Part II

### Vocabulary and Structure

(15 minutes)

**Directions:** This part is to test your ability to use words and phrases correctly to construct meaningful and grammatically correct sentences. It consists of 2 sections.

### Section A

**Directions:** There are 10 incomplete statements here. You are required to complete



each statement by choosing the appropriate answer from the 4 choices marked A), B), C) and D). You should mark the corresponding letter on the answer sheet with a single line through the center.

16. What are the essential differences \_\_\_\_\_ selling and marketing?  
A) between B) from  
C) among D) for
17. Jack called the airline to \_\_\_\_\_ his flight to Beijing this morning.  
A) improve B) believe  
C) confirm D) insure
18. It was in the year of 2012 \_\_\_\_\_ they set up a branch company in China.  
A) as B) that  
C) what D) which
19. You'd better \_\_\_\_\_ advice before making a project plan.  
A) put down B) take in  
C) turn out D) ask for
20. Young people now live a life-style \_\_\_\_\_ their parents could hardly dream of.  
A) which B) why  
C) when D) where
21. While traveling in France, he \_\_\_\_\_ some everyday French.  
A) gave up B) picked up  
C) drew up D) got up
22. Hardly \_\_\_\_\_ at the office when the telephone rang.  
A) I arrived B) I had arrived  
C) did I arrive D) had I arrived
23. To work \_\_\_\_\_ with the machine, you must read the instructions carefully.  
A) firstly B) naturally  
C) efficiently D) generally
24. We'll have to continue the discussion tomorrow \_\_\_\_\_ we can make a final decision today.  
A) unless B) because  
C) when D) since
25. If you have three years' work experience, you will be the right \_\_\_\_\_ for this

job.

A) person

B) passenger

C) tourist

D) customer

### Section B

**Directions:** There are 10 incomplete statements here. You should fill in each blank with the proper form of the word given in brackets. Write the word or words in the corresponding space on the Answer Sheet.

26. It is reported that the sports meet, was (successful) \_\_\_\_\_ organized.
27. Some people think (much) \_\_\_\_\_ about their rights than about their duties.
28. It is reported that foreign car sales in the country (rise) \_\_\_\_\_ by 8% last year.
29. The adviser recommended that Mary (start) \_\_\_\_\_ the training program as soon as possible.
30. The job pays well and you get a 20-day holiday a year, it's certainly an (attract) \_\_\_\_\_ offer.
31. It (announce) \_\_\_\_\_ yesterday that the game was to start in a week.
32. Because many people will come to the meeting, we need some (addition) \_\_\_\_\_ chairs.
33. No reader is allowed (take) \_\_\_\_\_ any reference book out of the reading-room.
34. The course is designed to provide a general introduction to computers and (practice) \_\_\_\_\_ skills training.
35. We've only got one day in Paris, so we'd better (make) \_\_\_\_\_ the best use of the time.

### Part III

### Reading Comprehension

(40 minutes)

**Directions:** This part is to test your reading ability. There are 5 tasks for you to fulfill. You should read the reading materials carefully and do the tasks as you are instructed.

#### Task 1

**Directions:** After reading the following passage, you will find 5 questions or



unfinished statements, numbered 36 to 40. For each question or statement there are 4 choices marked A), B), C) and D). You should make the correct choice and mark the corresponding letter on the Answer Sheet with a single line through the center.

Subways are underground trains, which usually operate 24 hours a day. They are found in larger cities and usually run between the suburbs and the downtown area. Maps and schedules are available from the ticket office. If you take the subway often, you can save money by purchasing a monthly pass(月票).

City-operated buses run on various routes(线路) and are designed to be at certain places at certain times. Maps and schedules may be posted at certain stops, or they may be available at local banks, libraries, the student union, or from the bus drivers. Buses run mainly during the day. Fare is paid by exact change in coins, or by monthly passes.

Taxis are generally more expensive in the United States than in other countries. If you use a taxi, be sure you ask the amount of the fare before you agree to ride. The driver usually expects a tip(小费) of 15 percent of the fare.

36. According to the passage, subways are underground trains, which usually run \_\_\_\_\_.

- A) within downtown areas
- B) away from city centers
- C) in or outside big modern cities
- D) between suburbs and city centers

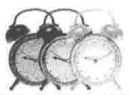
37. You can get the maps and schedules of the subways \_\_\_\_\_.

- A) at bus stations
- B) at local banks
- C) in any bookstores
- D) from the ticket offices

38. From the passage we learn that \_\_\_\_\_.

- A) buses are always available in 24 hours
- B) bus riders have to buy monthly passes
- C) bus fare is paid by exact change in coins
- D) buses are the best means of transportation

39. When you take a taxi, you'd better \_\_\_\_\_.



- A) buy a monthly pass
  - B) ask about the fare first
  - C) agree on the amount of the tip
  - D) pay by the exact change in coins
40. The passage mainly tells us about \_\_\_\_\_.
- A) the bus and train fares in the US
  - B) the ways of paying a taxi in the US
  - C) the public transportation in the US
  - D) the advantage of subways in the US

## Task 2

**Directions:** This task is the same as Task 1. The 5 questions or unfinished statements are numbered 41 to 45.

### Letter 1

Dear Ann,

I am going to give a dinner party next month. I want my guests to enjoy themselves and to feel comfortable. What is the secret of giving a successful party?

**Mary**

### Letter 2

Dear Mary,

Cook something that would let you spend time with your guests. If a guest offers to help you in the kitchen, accept the offer. It often makes people feel more comfortable when they can help.

Before serving dinner, while your guests make small talks in the living room, offer them drinks. Some guests may like wine, but make sure to provide soft drinks for people who don't.

At the dinner table, let your guests serve themselves. Offer them a second serving after they finish, but don't ask more than once. Most guests will take more if they want.





Perhaps the most important rule of all is to be natural. Treat your guests as you want them to treat you when you're in their home—that is, act naturally toward them, and don't try too hard to be polite. Have a good time in a pleasant atmosphere.

**Ann**

41. From the first letter we learn that Mary \_\_\_\_\_.  
A) is asking for advice on giving a dinner party  
B) knows the secret of giving a pleasant party  
C) is going to attend a dinner party  
D) has successfully held a party
42. Ann's first piece of advice is that Mary should \_\_\_\_\_.  
A) get the food ready before the guests arrive  
B) keep the guests away from the kitchen  
C) spend some time with the guests  
D) accept the guests' offer to help
43. Ann suggests that Mary offer drinks \_\_\_\_\_.  
A) while the guests are having small talks  
B) when all the guests have arrived  
C) after the guests finish small talks  
D) after the dinner comes to an end
44. When having dinner, the guests are expected to \_\_\_\_\_.  
A) eat their food slowly  
B) help the host serve food  
C) serve each other at the table  
D) help themselves to more food
45. The most important rule for Mary to follow in treating her guests is to \_\_\_\_\_.  
A) be as polite as she can  
B) let them feel at home  
C) prepare delicious food  
D) create a formal atmosphere

### Task 3

**Directions:** The following is a notice from the police. After reading it, you should