

赖世雄

中级美语^上

同步练习册

> 美语从头学项目组 编

Intermediate English Workbook

教材同步：题目设置紧扣教材重点，一课一练，学精学透。
全面检测：覆盖语法、词汇、听力、口语、阅读全方位题型。
设置科学：每课均设约30分钟题目，难度均衡，设置合理。

经典美语教材《中级美语·上》配套同步练习册
一课一练，紧扣教材，巩固学习，高效提升

听力音频下载地址：

www.ivyenglish.com.cn>免费园地>下载专区

<http://www.flp.com.cn/main>>资源下载>MP3下载



扫描二维码，回复

“练习册”，收听听力练习音频



外文出版社
FOREIGN LANGUAGES PRESS
全国百佳出版社

>> 美语从头学

爱上英语的第一站
www.ivvenglish.com.cn

赖世 中级美语^上

> 美语从头学项目组 编

同步练习册

Intermediate English Workbook

 外文出版社
FOREIGN LANGUAGES PRESS
全国百佳出版社

图书在版编目 (C I P) 数据

赖世雄中级美语. 上同步练习册 / 美语从头学项目组编. — 北京: 外文出版社, 2016
(美语从头学)

ISBN 978-7-119-10656-4

I. ①赖… II. ①美… III. ①英语—美国—习题集 IV. ①H319.6

中国版本图书馆CIP数据核字(2016)第306335号

选题策划: 知语文化

特约编辑: 贾志敏

责任编辑: 李春英

装帧设计: 柏拉图

印刷监制: 冯浩

赖世雄中级美语. 上同步练习册

作 者: 美语从头学项目组

出版发行: 外文出版社有限责任公司

地 址: 中国北京西城区百万庄大街24号 邮政编码: 100037

网 址: <http://www.flp.com.cn> 电子邮箱: flp@cipg.org.cn

电 话: 008610-68320579 (总编室)

008610-68995964/68995883 (编辑部)

008610-68995852 (发行部)

008610-68996183 (投稿电话)

印 制: 北京欣睿虹彩印刷有限公司

经 销: 新华书店 / 外文书店

开 本: 880 mm×1230 mm 1/32

印 张: 8.5

字 数: 250千字

版 次: 2017年5月第1版第1次印刷

书 号: ISBN 978-7-119-10656-4

定 价: 24.00元 (平装)

版权所有 侵权必究 如有印装问题本社负责调换 (电话: 68995852)

前 言

本套练习册专门为使用“美语从头学”系列的同学编写,为“美语从头学”系列的同步练习册。

本套练习册分为六本,分别为:

《赖世雄美语音标同步练习册》

《赖世雄美语入门同步练习册》

《赖世雄初级美语·上同步练习册》

《赖世雄初级美语·下同步练习册》

《赖世雄中级美语·上同步练习册》

《赖世雄中级美语·下同步练习册》

本套练习册的特色:

1. 与教材完全同步: 题目设置紧扣教材重点,一课一练,学精学透。
2. 听说读写全面检测: 覆盖语法、词汇、听力、口语、阅读全方位题型。

3. 题量设置均衡科学: 每课均设 30 分钟题目,难度均衡,设置合理。

4. 播音级专家录音: 美籍老师录制听力音频,听力、发音同时练就。

如何使用本套练习册?

1. 本套练习册可配合课本一课一练,学一课做一课。练习完之后

再核对书后的答案。

2. 大家做完练习要认真检查并仔细思考出错的地方。试题中所有的知识点都在我们课本的讲解中。如果大家还是有所疑惑,我们专家团队还为本套练习册的每一道试题做了详细的解析,读者可通过我们的官网 www.ivyenglish.com.cn 进入线上题库。线上题库里为每一道题都做了非常详细的答案解析。

3. 我们在此介绍一下我们的美语从头学线上题库。线上题库的检测手段更多样化、智能化,具有极强的互动性。同学们可以按照自己的程度和要求任意组合试题,系统会自动产生一套你的专属试题。相信你一定会爱上这种酣畅淋漓的练习方式。同学们可以扫描封底的二维码,直接进入题库。或者登录我们的官网 www.ivyenglish.com.cn, 然后再点击进入题库。

此外,参与本书编写的老师有姜瑶、白瑞芝、杜欢、刘拴发、纪燕、贾志敏。在此美语从头学项目组对各位老师的辛苦努力表示衷心的感谢。

相信本套练习册对学习“美语从头学”系列的读者会非常有用。这套练习册可以有效地帮助你自我检测、查漏补缺、迅速提升!祝大家学习成功!

美语从头学项目组

目 录

Lesson 1	Rome Wasn't Built in a Day	1
	罗马不是一天建成的	
Lesson 2	How to Improve Your English	5
	如何提高你的英文	
Lesson 3	The City of Song	7
	音乐之都	
Lesson 4	He Who Hesitates Is Lost	11
	迟疑者将丧失良机	
Lesson 5	Bungee Jumping	13
	蹦极	
Lesson 6	Nothing Ventured, Nothing Gained	17
	不入虎穴,焉得虎子	
Lesson 7	Doctor Death.....	19
	死亡医生	
Lesson 8	No Hearts or No Brains?	23
	铁石心肠还是没脑筋?	
Lesson 9	Be Thoughtful	25
	为别人着想	
Lesson 10	What Are Friends For?	29
	要不然要朋友干嘛?	
Lesson 11	Power Without Pollution	32
	只要能源,不要污染	
Lesson 12	Stop the Noise	36
	别吵了	
Lesson 13	Health Comes First	39
	健康至上	
Lesson 14	Quit Cold Turkey	43
	断然戒烟	
Lesson 15	Don't Rely on Luck!	45
	勿心存侥幸!	
Lesson 16	Study or Flunk	49
	用功读书或考试砸锅	
Lesson 17	A Computer Car	51
	电脑汽车	

Lesson 18	Nothing Is Perfect	55
	天下无“完”事	
Lesson 19	Blame It on Men	58
	都怪男人	
Lesson 20	A Weighty Problem	62
	“沉重”的负担	
Lesson 21	Coffee Bathing	64
	咖啡浴	
Lesson 22	Whisky or Coffee?	67
	威士忌还是咖啡?	
Lesson 23	Earthquake Survival Tips	69
	地震时如何自保	
Lesson 24	Just Like a Woman	72
	像个女人一样	
Lesson 25	Restaurant Dos and Don'ts	74
	餐厅礼节	
Lesson 26	The Missing Tip	78
	失踪的小费	
Lesson 27	Thank Your Lucky Stars	80
	福星高照	
Lesson 28	Going on a Diet.....	84
	节食	
Lesson 29	Just a Dream	87
	噩梦一场	
Lesson 30	Yes, Sir	90
	是的, 老师	
Lesson 31	Good Feng Shui in New York	92
	纽约好风水	
Lesson 32	Goldfish, Souls and Coffee Tables	96
	金鱼、灵魂和茶几	
Lesson 33	A Deadly Current	98
	死亡暗流	
Lesson 34	A Lifesaving Kiss	101
	救命的一吻	
Lesson 35	A Sense of Security	103
	安全感	
Lesson 36	The Sex Maniac	107
	大色狼	
Lesson 37	Garbage Could Mean Money	109
	垃圾即黄金	

Lesson 38	That's Fashion	112
	那才叫做时髦	
Lesson 39	At the Foreign Exchange	114
	出国结汇	
Lesson 40	Changing Money	118
	兑换外币	
Lesson 41	Getting a Tan.....	120
	晒黑	
Lesson 42	Roast Beef.....	123
	烤牛肉	
Lesson 43	Hi-tech Romance	125
	高科技恋情	
Lesson 44	Better Off with E-mail?	128
	电子邮件会更好?	
Lesson 45	Tough Guys Do Dance	130
	硬汉也跳舞	
Lesson 46	Anything for a Kiss	133
	为了吻不惜一切	
Lesson 47	Fast-food Talk	135
	快餐趣谈	
Lesson 48	Fast Food, Slow Service	138
	急惊风遇上慢郎中	
Lesson 49	Stop Snoring!	140
	别打呼了!	
Lesson 50	Laser Cures Snoring	143
	激光可治打鼾	
Lesson 51	Thanksgiving	145
	感恩节	
Lesson 52	A Thanksgiving Get-together	148
	感恩节团聚	
Lesson 53	Monkeying Around	150
	猴子吃大餐	
Lesson 54	Variety Is the Spice of Life	153
	人生要多彩多姿	
Lesson 55	Life after Death.....	155
	死而复生	
Lesson 56	Baby Trouble.....	158
	生儿育女的烦恼	
Lesson 57	New Asian Generation	160
	亚洲新生代	

Lesson 58	Like Father, Like Son	163
	有其父必有其子	
Lesson 59	About Moral Values	165
	道德价值观	
Lesson 60	How to Attract Boys	168
	如何吸引男孩子	
Lesson 61	Touring by Taxi	170
	出租车逍遥游	
Lesson 62	Keep the Change	174
	不用找了	
Lesson 63	The Dying Languages	176
	消亡的语言	
Lesson 64	Speak the Same Language	180
	说同样的语言	
Lesson 65	Italian Culture	182
	意大利文化	
Lesson 66	It's Nap Time	186
	现在是午睡时间	
Lesson 67	All That Glitters Is Not Gold	188
	中看未必中用	
Lesson 68	Don't Judge a Book by Its Cover	191
	勿以貌取人 (谚语)	
Lesson 69	Mean What You Say	193
	说话算话	
Lesson 70	A Promise Is a Promise	196
	君子一言, 驷马难追	
Lesson 71	Earth in Danger	199
	地球危机	
Lesson 72	Saving the World	203
	拯救世界	
Lesson 73	Don't Be a Fish out of Water	206
	不要觉得别扭	
Lesson 74	Get with It, Bob	210
	别土了, 鲍勃	
参考答案		212
听力原文		244

Lesson 1

Rome Wasn't Built in a Day

罗马不是一天建成的

本课学习重点

1. 疑问词 how、who、what 引导的名词性从句的构成及用法。
2. First、Second、Third 表“第一点、第二点、第三点”。

一、单项选择

请选择下列各句中正确的一项。

1. What he said was quite right; _____, I would do everything to help him.
(A) therefore (B) but
(C) because (D) or
2. When changing lanes, a driver should use his turning signal to let other drivers know _____.
(A) he is entering which lane (B) which lane he is entering
(C) is he entering which lane (D) which lane is he entering
3. Have you got any idea _____ the party is to be held?
(A) what (B) which
(C) that (D) where
4. Can you give me some tips _____ how to study English?
(A) of (B) on
(C) in (D) for
5. — Should I take a day off?
— _____.
(A) You will (B) Never mind
(C) You're OK (D) It's up to you

二、完形填空

请选择方框中的单词并使用适合的形态将下列句子补充完整。

afraid build depend shy
thick-skinned international rewarding

1. Rome wasn't _____ in a day.
2. English is known as an _____ language.
3. So, never be _____ to ask for help, even if you think you really don't need it.
4. Ruby, a _____ girl, dare not ask her crush out on a date.
5. If you want to be a good salesman, you must be _____.
6. You can _____ on him, for he is a man of his word.

三、翻译

请将下列句子翻译成中文或英文。

1. Don't be afraid to ask questions.

2. First, don't swim too far out. Second, don't swim immediately after eating.

3. 学英语可以使我们受益，也可能是白白浪费时间。

4. 脸皮厚一点，大声说出来。

5. 他住在哪里仍然是个谜。

四、改错

下列短文中有 8 处错误，请你圈出并改正。

English is a international language. Therefore, it is necessary for us to learn it. It can be rewarding or just waste of time. It's up on you. It depends on how do you study it. Here are some tips in learning English.

At first, don't be afraid of make mistakes. Second, you must not be shy. Be thick-skinned and speak up! Final, you must be patient. Remember, "Rome wasn't built in a day."

- | | | |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |
| 7. _____ | 8. _____ | |

五、阅读理解

请阅读下列短文，并根据文章内容选出正确的答案。

If you want to learn English effectively, a good dictionary is a must. Certainly we should be thinking of online dictionaries in the Internet time. They're free and the wireless Internet makes them more and more accessible. But as you know, publishers make money on books and CDs, so their online dictionaries are always limited in some way. Typical limitations are: lack of recorded pronunciations, missing phonetic transcriptions, smaller number of example sentences.

Moreover, an online dictionary is slower to use than a dictionary that's installed on your computer. When you look up dozens of words every day, it can really hurt your motivation if your dictionary slows you down.

Therefore, my opinion is that online dictionaries are a useful resource when you want to get some extra information about a word, but for serious everyday work, online dictionaries are not necessarily a good choice.

- What is the best title for this passage?
 (A) A Dictionary's History
 (B) The Review of Online Dictionary
 (C) How to Use a Software Dictionary
 (D) The Real Dictionary of the Time
- What is the advantage of an online dictionary according to the passage?
 (A) It is usually free of charge.
 (B) It has American and British pronunciation.
 (C) It can enhance your motivation.
 (D) It has more information than a book dictionary.
- Which of the following is not true?
 (A) Online dictionaries are always limited in some way.
 (B) An online dictionary is faster to use than a software dictionary.
 (C) An online dictionary can help you get some extra information.
 (D) Dictionaries are an essential tool for an English learner.

六、回答问题

请根据本课内容回答下列问题。

1. Why do we need to learn English?
2. According to this lesson, what are the tips on learning English?
3. How do you understand the saying "Rome wasn't built in a day"?

七、复述课文

请将本课内容用你自己的话复述一遍。

Lesson 2

How to Improve Your English

如何提高你的英文

一、听力选择

请听下面一篇短文, 并根据你所听到的内容选出正确的答案。短文读两遍。

1. What's the topic of the speech?
 - (A) How to learn English well.
 - (B) Take an interest in English.
 - (C) Speak English as much as possible.
 - (D) How to improve spoken English.
2. What's the second tip on learning English well?
 - (A) Don't be afraid to lose your face.
 - (B) Be interested in English.
 - (C) Make notes carefully.
 - (D) Listen to the teacher carefully.
3. Which of the following isn't mentioned in this speech?
 - (A) Watch English movies.
 - (B) Sing English songs.
 - (C) Keep a diary in English.
 - (D) Attend an English Corner.

二、一问一答

请根据你所听到的句子给予正确的回答或回应。每题播出两次。

- | | |
|-------------------------------------|------------------------|
| 1. (A) Quite well. | (B) I'm fine. |
| (C) It's a joke. | (D) It doesn't matter. |
| 2. (A) Why not? | (B) You can do it. |
| (C) Fine, thank you. | (D) Are you kidding? |
| 3. (A) Because I worked hard on it. | (B) Congratulations. |
| (C) You deserve it. | (D) Are you joking? |
| 4. (A) I had my lunch. | (B) Not so well. |
| (C) My English isn't improving. | (D) How come? |

三、开放式问答

请听以下问题,每题播出两次。听完两次后,请在1分30秒内回答完毕。
回答时不一定要用完整的句子,但在作答时间内尽量表达。

四、单项选择

请选择下列句子中正确的一项。

1. How come _____ show up at the party?
(A) didn't you (B) you didn't (C) can you (D) did you
2. _____ do you eat so much?
(A) Why (B) How come (C) What (D) How
3. If you don't follow your teacher's advice, how can you _____?
(A) go (B) change (C) improve (D) kid
4. — Hi, how is it _____?
— Fine, thank you.
(A) doing (B) do (C) going (D) go
5. He was just _____ you when he said he fell in love with you.
(A) depending (B) kidding (C) tipping (D) rewarding
6. How are you _____ in your music lesson?
(A) doing (B) going (C) making (D) coming

五、补全对话

请根据中文提示将下列对话补充完整。

Mack: Hey, Don! How are you doing in your English class?

Don: (1) _____ (恐怕不怎么理想。)

Mack: What's the problem?

Don: I'm not improving. (2) _____ (告诉我,为什么你的英语那么棒?)

Mack: Well, uh... I have an American girlfriend.

Don: Aha! That's it. (3) _____ (我现在知道该怎么做了。)
(He runs off.)

Mack: Hey, come back! (4) _____ (我只是在开玩笑!)

六、角色扮演

请你和你朋友扮演一个英语学霸和英语菜鸟,编一组讨论英语学习方法的对话。

七、复述

请你将本课对话用自己的话复述一遍。

Lesson 3

The City of Song

音乐之都

本课学习重点

1. 动名词 listening、going 等作主语。
2. 动词短语简化成分词结构连接句子。
3. 地点名词 + be the home of... 某地是……的故乡。
4. 地点名词 + be home to... 某地是……的所在地。
5. No wonder + 主语 + 动词 难怪……。

一、单项选择

请选择下列各句中正确的一项。

1. _____ public toilets is often free of charge.
(A) Using (B) Use
(C) Used (D) Uses
2. _____ on the top of the hill, I can see the whole valley.
(A) To stand (B) Standing
(C) Being standing (D) Stand
3. No wonder _____ the most outstanding student; he studies so hard.
(A) is he (B) he is
(C) he being (D) was he
4. The abandoned building is home _____ mice and insects.
(A) to (B) of
(C) in (D) at
5. At meal time, the roads turn out to be alive _____ lots of people walking on the sidewalk.
(A) in (B) on
(C) with (D) of

二、完形填空

请选择方框中的单词并使用适合的形态将下列短文补充完整。

wonder especially listen fill go birthplace alive charge

_____ 1 _____ to music is the favorite pastime of many people around the world. This is _____ 2 _____ true for people living in Vienna, the city of song. Being the home of Mozart, this city is the _____ 3 _____ of classical music and the waltz.

Music _____ 4 _____ the air in Vienna. Going to public concerts is often free of _____ 5 _____. And don't forget, Vienna is also home to the world famous Vienna Boys' Choir. No _____ 6 _____ people say Austria is always _____ 7 _____ with the sound of music.

三、完成句子

请根据提示完成句子。

1. My wildest dream is to travel all over the world. (替换划线部分)

2. go / public concerts / often / charge / free (请根据关键词完成句子)

3. He was sick of studying. He ran away from home. (请将两句话合成一句话)

4. He was not satisfied with the result. He decided to try again. (请将两句话合成一句话)

5. listen / music / favorite / pastime / many people / the world (请根据关键词完成句子)

四、改错

圈出句子中错误的单词或短语，并加以改正。

1. The newlyweds traveled in the world over for their honeymoon.
A B C D
2. Tom is specially nice to girls, so he is popular with girls.
A B C D
3. He sat in the corner listen to the teacher's lecture.
A B C D