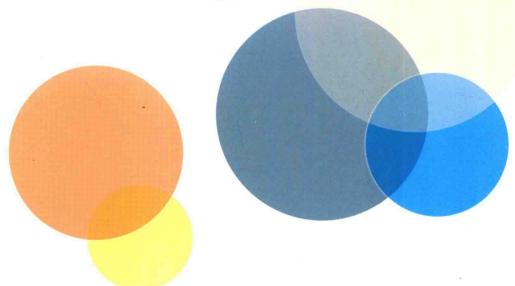
高校转型发展系列教材



# 英语综合实训教程

全春阳 主编 / 庄天赐 符蕊 副主编



## 英语综合实训教程

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**清华大学出版社** 

### 内容简介

本书共有9个单元,每个单元由四部分组成。学法指导部分,内容主要涉及本单元的思想内容、主要语言现象和语法点、学习目的及所要达到的要求等;精读部分包括背景知识、单词、课文正文、注释及练习,课文的选用体现了英美民族的文化特点,适合我国大学英语教学,保证了材料中英语的准确和地道;泛读部分内容难度适当降低,旨在拓宽学生视野,扩大学生词汇量,培养其对英语阅读的兴趣;英语理论知识部分的设置,旨在便于学生自学和更系统地掌握相关英语理论知识,本部分以中文为主,语言简洁、系统。

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本书旨在全方位提高学生英语水平,指导思想和框架设计充分体现了当代教育科学研究的最新成果,将科学的教学理论、学习理论和学习过程中学生心理健康的维护贯穿其中,可大大提高教师的教学效率和学生的学习效率。

本教材融精读、泛读、写作等分科教学内容于一书,融精读、泛读、写作等各种知识和能力的培养和训练于一体,旨在全面培养学生读、写、说、译等综合能力,纠正学生对英语学习条块分割的错误概念。

本教材为综合性教材,体现了英语作为一种语言系统所具有的整体功能。对学生来说,本书可使其通过对部分内容的接触,迅速熟悉该教材,一种教材多种用途,通过一个主题训练多种能力,提高了学生的学习效率;对教师来说,通过对教材内容全方位的把握和对学生的各种语言能力的训练,可以全面提高教师的教学组织能力和教学水平。必须指出的是,这种综合性教学活动方式正在引领当代教学改革的潮流,在教学活动中体现了创新精神,同时也起到了良好的教学效果。

本教材含有大量专有名词注释,帮助同学们解决听说、记忆专有名词困难的问题。各单元第四部分英语——理论知识的编写由专人承担,保证了该部分的系统性和各单元之间的相互衔接。

由于时间紧张及编者水平所限,本书在编写的过程中难免出现疏漏。请同学和老师们在使用过程中,提出宝贵建议和意见,以便今后校订。

编 者 2017年3月

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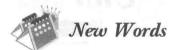
### **Love Stories**



### **Learning Guide**

What is love? Some people say love is patient and kind. Others believe that it is just a lie. Life without love might be easy, or not. A romantic relationship is so admired by girls. However, the couple in **Text A** is an exception. Following the story of Ken and his wife, we may see that a sense of humor could be more attractive than flowers and candlelight. **Text B** depicts a family which takes thunder as a special gift. It lets them know that no matter where in the world they might be, they're linked together as a family. According to **Text C**, the stock market is the world of money which made people lose themselves.

### Dinner for Two



\*linger/'lingə/

porch/po:tf/

courtship/'ko:t\_fip/

patriotic/ pætri 'otik/

acquainted/ə'kweintid/

pace/peis/

overseas/ puva si:z/ mission/'mifən/

△ defv/di 'fai/

\*anniversary/ æni və:səri/

celebrate/'selibreit/

alertness/a'la:tnis/

conventionally/kən ven sənli/

halfway/'hæf'wei/ sigh/sai/

∧ veer/via/

napkin/'næpkin/

straw/stro:/

flatly/'flætli/

△ methodically/mi 'θɔdikəli/

徘徊

v. be slow in leaving, especially out of reluctance; tarry 逗留,

n. a structure attached to the exterior of a building often forming a covered entrance 门廊

n. a man's courting of a woman; seeking the affections of a woman (usually with the hope of marriage) 求爱

adj. feeling, expressing, or inspired by love for one's country 爱国的;有爱国心的

adj. known by or familiar with another 了解的, 知晓 (某

n. a speed or rate of motion, development, or change 速度; 节

adv. in a foreign country 在向海外; 在向国外

**n.** an operation that is assigned by a higher headquarters 使 命,任务

v. resist or confront with resistance 不服从: 拒绝

n. the date on which an event occurred in some previous year (or the celebration of it) 周年纪念, 周年纪念日

v. mark (a significant time or event) with a social gathering or enjogable actioity 庆祝, 庆贺

n. the process of paying close and continuous attention 警戒, 机敏

adv. in a conventional manner 按照惯例, 照常套, 照老例 adj. at a point midway between two extremes 半途的, 中间的

v. give an utterance made by exhaling audibly 叹气, 叹息

v. turn sharply; change direction abruptly 猛然转向, 突然变向

n. a piece of cloth or paper to protect clothing; wipe mouth,

etc. 餐巾: 餐巾纸

n. a thin paper or plastic tube used to suck liquids into the mouth 吸管

adv. in a methodical manner 有条理地, 有条不紊地: 井 然地

adv. in an unqualified manner 漠然地; 干脆地; 直截了当地

choke/tfauk/

v. have difficulty in breathing, swallowing, or speaking (尤指

感情激动而) 哽咽

upend/Ap'end/

giggle/'gigl/

upside down/ Apsaid dawn/

v. become turned or set on end 颠倒, 倒放

n. a foolish or nervous laugh 咯咯地笑, 傻笑

adj. being in such a position that top and bottom are reversed

颠倒的

\*grill/gril/

swing/swin/

v. cook over a grill 烧烤

v. change location by moving back and forth (使) 摇摆, (使)

摇荡

mop/mop/

n. a cleaning implement consisting of absorbent material fastened to a handle, for cleaning floors (擦地板用的) 拖把.

bump/bamp/

downright/'daon\_rait/

v. knock against with force or violence 冲撞

adv. completely and without restriction or qualification;

sometimes used informally as intensifiers 彻底地, 完全地

△ muffle/'mʌfəl/

colleague/'koli:g/

v. conceal or hide 压抑, 捂住

n. a fellow member of a profession, staff, or academic faculty;

an associate 同事, 同僚

toss/tos/

v. throw lightly or casually or with a sudden slight jerk (轻轻

或漫不经心地) 扔, 抛, 掷

trash/træf/

n. worthless or discarded material or objects; refuse or

rubbish 垃圾: 废物

\*unbridled/An braidld/

roaring/'ro:rin/

candlelight/'kændl\_lait/

adj. unrestrained; uncontrolled 不受约束的; 放纵的

adj. very lively or successful; thriving 极大的; 轰动的

n. illumination from a candle or candles 烛光



### Phrases and Expressions

to leave for

to take place

to feel sorry for

to go away from a place to another 出发去 (某地)

to happen; occur 发生, 进行, 举行

to have regret or sorrow or a sense of loss over something done

or undone 同情, 怜悯; 为……感到遗憾

far from

at a great distance from 远离的

in the service of

to communicate by letter 写信给

to write to at lunch

taking the midday meal 在吃午饭时

to come back

to return to a place where one has been before, or return to a

previous activity 返回;回来

on leave

being absent with permission from work or duty 休假中

in the performance of duties by a soldier 为 ······服务的

to get married to take in marriage 结婚

to go overseas to go to a foreign country 到国外

be on a mission be on an operation that is assigned by a higher headquarters 承

担一项任务

to set out to take the first step or steps in carrying out an action 动身, 出发

to turn out to prove to be in the result or end 结果是, 原来是

to arrive at to reach a destination, either real or abstract 到达,来到

to head for to go or travel towards 朝……方向走去 to yell at to utter a sudden loud cry at 对……吼叫 to attempt to to make an effort or attempt 试图, 企图

to come to a close to reach to the end of 渐近结束

to turn to to direct one's interest or attention towards; go into (把注意力

等)转向

to burst into to force out or release suddenly and often violently 爆发出

to look for to try to locate or discover, or try to establish the existence of

寻找



1. Vietnam: 越南

2. Valentine's Day: 情人节 (每年2月14日)

3. fast-food place: 快餐店4. nonsmoking area: 无烟区

5. the smoking section: 抽烟区

6. fries: 油炸土豆条



### Pre-reading Activities

- 1. Is your parents' marriage a romantic one? How do you feel about them?
- 2. Right now most of young men expect a romantic relationship but not marriage. Do you think it acceptable?
- 3. If you want to have a romantic relationship with someone, what will do to make he/she feel its romance?



1. Ken and I met and saw each other just three times before he left for Vietnam. He never gave me flowers or candy. There were no moonlight walks, no **lingering** good-byes on the front **porch**. Our **courtship** took place by mail.

- 2. I felt sorry for him, far from home in the service of his country. Writing to him seemed almost a **patriotic** duty. But as we got better **acquainted**, our letter-writing **pace** increased to as many as three a day. I started driving home at lunch to collect the mail.
- 3. Then Ken came back on leave, and we surprised ourselves by getting married and going overseas together. Romantic? Not really, because then he left on a three-week mission, making our honeymoon a by-mail event too.
- 4. We didn't set out to **defy** romantic customs; it just turned out that way, and stayed that way. We had been married seven years before we remembered our **anniversary**—and then only because my mother phoned to wish us a happy one. It took another ten years for us to notice Valentine's Day.
- 5. To **celebrate** our **alertness** that year, we decided to have a **conventionally** romantic evening: a quiet, just-the-two-of-us dinner at a nice restaurant.
- 6. When we arrived at the restaurant, we were told there would be a 40-minute wait, and so we headed for another nice, but not so romantic place. About **halfway** to our second choice, Ken realized that the restaurant would not honor our credit card and we were low on cash. I **sighed** and said, "I do have enough for a fast-food place." Clearly, we were **veering** far off the conventional course.
- 7. While Ken placed the order, I gathered **napkins** and **straws** and went to select a romantic spot in the nonsmoking area. There I found a woman **methodically** turning chairs up onto tables. "This section's closed," she said.
- 8. "But it's the only nonsmoking area," I protested. She pointed across the room. "You can sit over there."
  - 9. "That's the smoking section," I argued.
  - 10. "I know," she said flatly. "But you don't have to smoke."
- 11. I started to protest but stopped to **choke** back a laugh. Maybe because she thought I was going to cry, she removed the **upended** chairs from a table and said, "This okay?" I thanked her and, after she had gone, sat **giggling** until Ken arrived with the hamburgers.
- 12. Surrounded by a forest of **upside down** chair legs, we had our Valentine dinner. It wasn't exactly quiet, what with **grill** workers yelling at each other in the kitchen past the **swinging** door near our table. But it was just the two of us, if you didn't count the person with the **mop** who kept **bumping** our chairs.
- 13. At least it was an evening out. And we did have fun. In fact, by the time Ken had finished the last of my fries, we were **downright** silly. The comic elements of the evening had not escaped us, and our attempts to **muffle** our laughter made everything seem funnier.
- 14. Just as our romantic dinner was coming to a close, that swinging door to the kitchen flew open. We turned to see a kitchen worker, talking with a **colleague**, **toss** a large, full **trash** bag through the doorway without even glancing in our direction. The bag came to rest inches from our feet. This final touch proved to be too much for us, and we burst into **unbridled** laughter.
  - 15. It's often said that one of the main qualities women look for in men is a sense of humor.

006

By such a measure, then, our Valentine dinner was a **roaring** success. Pity the poor women who get only flowers and **candlelight**.

摘自:《英语世界》第15卷(下卷)总99(8/1996)期,99页至102页.

Words: 622

四级词汇	专业四级词汇	六级词汇	专业八级词汇	超纲词汇	生词总数	生词占课文 比例
28	24	4	2	4	36	5.8 %



### Notes

1. honor our credit card: 用信用卡支付

2. just-the-two-of-us: 只有我们两个人

3. low on cash: 现金不够

4. comic elements: 喜剧元素

5. final touch: "使某物趋于完美的最后一招"(此处具讽刺意味)



### **Exercises**



### Brainstorming

- I Work in the small groups. Read the text again, think about the following questions carefully, and then discuss them in groups.
  - 1. If you were the man in this story, what should you do to make this dinner more romantic?
  - 2. In your opinion, what is a real romantic dinner like?
  - 3. Do you love eating out? What is a real nice restaurant look like?
  - 4. If you were taken to the smoking area for a meal you don't like, what will you do then?
  - 5. What should one couple do at the Valentine's Day?



### Comprehension of the text

### II Fill in the blanks with information you get from the text.

1. After seeing each other just three times before	Ken left for Vietnam, our	
pace increased to as many as three times a day, our	took place by mail too.	
2. We surprised ourselves by getting	after Ken came back on	
3. Until my mother phoned to wish us a happy	, did we remember that	we had

	ater, we noticed the	
	romantic evening at a nice	to
celebrate that day for a		
	wait when we arrived at t	he restaurant, so we
	ot so place.	
6. We had our dinner area.	by a forest of	legs in the
	op who kept our ch	airs, it was just the two
	workers at each other	
past the door nea		
	oming to a, we sa	
	a large, full	
	in our	
- The sharp a party seek	vords given. Change the form where n	
mission halfway acquainted	I sigh trash colleague napkin t	oss and a state of
1. I am with the	names of at least eight such people.	
2. Put out the		
3up the hill, the	engine packed up.	
	nim.	
6. He is a of mine.		
7. The boys left their dirty	at the table.	
8. She with relief	when she heard the good news.	
IV Complete each of the follo	wing sentences with the correct form	of the word given in
each bracket.		
1. The (cele	brate) of Christmas is a custom.	
2. He was represented as a true	(patriotic).	
	tionally) dictates that a minister sho	
situation.		
4. The rabbit seems to be very	(alertness) all its life.	
5. We are only casual		
6. A scientist is usually a	(methodically) person.	
7. He began to	(roaring) when I took the chocolat	e away.
8 He learned to	(unbridled) his temper	

attempt to	look for	set out	turn out	far from	come back	leave for	arrive at
1. We're		Rome ne	ext week.				
2. Why are	the police		A FIRE	_you?			
3. They tra							
4. He		get in tou	ich with th	em but wit	hout success.		
5. He said	he was a d	octor; but	t later he _		to be a ch	eat.	
6. One day	a letter fro	om my fa	ther		_ the school.		
7. A visitor	arrived ju	st as we v	were	7.	for th	e airport.	
8. I'm goir							
The passa	ach case, o	answer s					a maximum og passage and cor-
For a wron	ng word,				e in the blanl		at the end of the
line.							
For a miss	ing word,						
mark the p	osition of	the missi	ng word w	rith a "^" s	sign and write	the word y	you believe to be
missing in the b	olank provi	ded at the	e end of the	e line.			
For an unn	necessary v	vord,					
cross out t	he unneces	ssary wor	d with a s	lash " / " a	and put the w	ord in the b	olank provided a
the end of the li	ine.						

When ^ art museum wants a new exhibit, it never buys

During the past 100 years, astronomers have discovered the quasars,

But all these pale next the discoveries Edwin Hubble made in a few remarkable years in the 1920. At the time, most of his colleagues believed the Milky Way galaxy, a swirling collection of stars a few hundred thousand light-year across, made the entire cosmos. But peering deep into space from the chilly summit of Mount Wilson, in Southern

things in finished form and hangs them on the wall. When a natural history museum wants an exhibition, it must often

pulsars, black holes and planets orbiting distant suns.

build it.

California, Hubble realized that the Milky Way is just one of millions of galaxies which dot an incomparably larger setting.

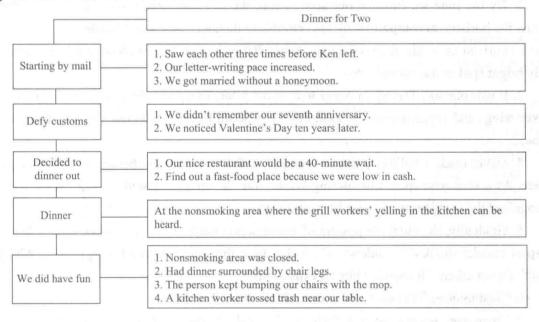
Hubble went to on trump even that achievement by showing that this galaxy-studded cosmos is expanding, a finding that prompted Albert Einstein acknowledge and retract what he called "the greatest blunder of 5. my life". Hubble did nothing less, as short, than invent the idea of the 6. universe and then provides the first evidence with the Big Bang theory. 7. which describes the birth and evolution of the universe. He discovered the cosmos, and in doing so found the science of cosmology.

Hubble would have been consoled by the fact his name adorns the Hubble Space Telescope, which probes the cosmos to depths he could have imagined but would have fully appreciated.



### Structure Analysis

VII According to the text, you may follow the following suggestions in order to know why the dinner was not a conventional romance.





### Structured Writing

VIII Take a look at the following paragraph based on the outline below:

Major Issue: Having a romantic dinner for two.

Suggestions: (A) At a special day like Valentine's Day or an anniversary: (B) Find a romantic place. A conventionally romantic, quiet, evening at a nice restaurant. (C) To create a romantic atmosphere. Prepare some flowers and candles. (D) To make sure it's a just-the-two-of-us dinner. (E) Make your meal looks decent, but not fast-food. (F) Choosing a favorite area of smoking/nonsmoking. (G) A good service is important.

### Sample Paragraph:

Every year at Feb. 14<sup>th</sup>, the couples and lovers would like to have a conventionally dinner at a fine place. This kind of romantic event will also take place at the special date when it is their wedding anniversary. Traditionally, people would find a quiet and nice restaurant to have a decent meal by the two of them.

IX Write a composition according to the previous structure analysis.

### Text B

### Sounds of Home

- 1. The weather had been unusually warm for May in Brandon, Mississippi. My wife Pat and I were **nursing** a Sunday-morning cup of coffee on our **deck** and watching **thunderheads** build rapidly into **mountainous** clouds on the southern **horizon**. There was **barely** any **breeze**, and the **humidity** was so thick you could almost roll it in your **palms**.
- 2. By the time we finished our second cup, the sky had turned black. Lightning danced across the horizon, accompanied by low, rumbling thunder. Only seconds after the first drops of rain had driven us inside, the phone rang. When Pat picked up the receiver, her face became the only bright spot in that gloomy day.
- 3. It was our son, David, an Army helicopter pilot. Three months earlier, he had earned his silver wings and begun a one-year assignment in South Korea, stationed near the demilitarized zone.
- 4. David made a valiant effort to sound cheerful, but we knew better from the tone of his voice. As a man who spent time during World War II on a minuscule South Pacific island, I recognized the symptoms of acute homesickness.
- 5. Gradually, the **curative** powers of conversation made us all feel better, until a **booming clap** of thunder shook the windows only inches from the phone Pat and I were using. "What was that?" David asked. "It sounded like an **explosion**."
  - 6. "Just thunder," Pat said. "It's been raining here all week."
  - 7. There were several seconds of silence. "David," I asked, "are you still there?"
- 8. "I was thinking about what mother said 'Just thunder.' Other than the two of you, do you know what I miss most of all what many of the men say they miss? Thunder. We have rain, wind, snow and some **violent** storms, but it never thunders."
- 9. "Remember, Dad, when I was a boy?" he continued. "How the two of us would **stretch** out on the floor and listen to the thunder? How you'd laugh to keep me from being afraid?"
  - 10. "I remember," I said, trying to **ignore** the **lump** in my throat.
  - 11. "I wish I were there now to listen with you," he said softly.