

# Forward English

for Practical Purposes

## 前景大学英语(基础版)

李桂兰 徐小贞 ◆ 总主编

Forward English  
Ample practice to apply and reinforce listening and speaking  
Intensive training in reading comprehension ability  
Strategies to improve the ability of practical writing

综合教程 3



复旦大学出版社  
www.fudanpress.com



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# 《前景大学英语（基础版）综合教程3》

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# 前言

《前景大学英语(基础版)》系列教材是根据目前大学本科教育阶段学生的实际英语水平而编写的一套低起点教材。该教材强调文化类课程的文化性、工具性、实践性和应用性,使学生掌握一定的英语基础知识和基本技能,培养学生在日常生活和职业场景中的英语应用能力。本系列主要供全国本科院校中各层次艺术、体育专业学生使用,同时也适合入学时未学过英语或英语基础薄弱的学生使用。

本系列教材根据大学英语教学大纲中的基础模块的要求,包括以下系列教材:

- 《前景大学英语(基础版)综合教程》(预备级,1—3册);
  - 《前景大学英语(基础版)综合教程教学参考书》(预备级,1—3册);
  - 《前景大学英语(基础版)自主练习》(预备级,1—3册);
  - 《前景大学英语(基础版)视听说教程》(预备级,1—3册);
  - 《前景大学英语(基础版)视听说教程教学参考书》(预备级,1—3册),
- 以及相关配套使用的英语语法、写作、口语、听力等教材。

## 编写原则

- 遵循语言学习的规律,针对学生英语基础薄弱的现状从零基础开始,由浅入深,循序渐进,阶梯式上升;
- 帮助学生进一步学习英语基础知识,培养听、说、读、写、译等语言技能,初步形成职场英语的应用能力;
- 强调所选语言材料的科学性、文化性、趣味性、实践性和应用性。

## 教材构成

- 本系列教材的《综合教程》、《教学参考书》和《自主练习》均附有配套光盘,内容涵盖基础英语听、说、读、写、译等基本技能。

- 《综合教程》共四册,每册十个单元,其中第五、第十单元是期中与期末复习总结、测试单元。

### 教材特色

- 《综合教程》与《视听说教程》同步,构建完整的语言知识体系;
- 强调语言技能教学的整体性,注重培养学生的语言综合应用能力;
- 起点合理,难度适中,循序渐进;
- 选材语言规范、生动、新颖、实用,实现语言学习与文化知识学习的有机结合;
- 本教程练习设计覆盖面广,词汇复现率高,形式多样,内容丰富,由浅入深,能够有效地帮助学生打好最基本的语言基础;
- 注重对学生进行英语听、说、读、写、译基本功的训练,培养学生整体理解以及摄取特定信息的能力。

### 使用说明

- 《前景大学英语(基础版)综合教程》每册十个单元(第五、第十单元是期中与期末复习总结、自测单元)。每单元教学内容分为三个部分,教师可根据规定的课时数有选择地完成。

第一部分为 Text,该部分由 Dialogue 导入,其内容已涉及课文的语法要点和关键词,为更好的理解课文做了铺垫。

第二部分为 Grammar,针对中国学生的语法弱点进行分类讲解,该部分简明扼要,讲求实用。第一、二、三册后附有详细的语法说明,供教师和学习者参考。

第三部分为 Reading Practice。该部分是与课文相配合的辅助阅读材料,是对课文的拓展,旨在帮助学生扩充词汇量,扩大知识面,提高自主学习能力。

Reading for Fun 包括英文谚语和不同情境下的日常用语,旨在培养学生学习、体味与欣赏英语和英美文化的能力。

- 针对不同部分,设计了词汇、语法、翻译和写作练习。

词汇练习注重相关生词和短语的理解和使用,练习形式活泼多样,词汇复现率高,有助于学

生巩固所学知识,将知识转化成技能。

语法练习对中国学生比较容易出错的语法点进行操练,目的是培养学生的语感,让学生使用规范的语言进行交流。

翻译练习从短语翻译到句子翻译再到语篇翻译,主要是让学生能够将课文中的词语和表达方式准确地应用到句子的翻译和语篇的翻译中,并进而应用到语言交际中。

写作练习:本教程从第四册开始增加写作练习,让学生了解写作就是以语言文字为手段表情达意、传递信息、交流思想感情。通过第一、二、三册的学习,学生积累了一定的词汇量,掌握了一些表达法,在此基础上,从最基础的描述一种物体开始,逐步到段落写作,再到篇章写作。

● 为打好语音基础,第一册设计了语音练习。通过大量的音标练习和单词拼读练习,让学生掌握最基本的单词拼读和拼写规律,为以后自学奠定基础。

本教材对内容安排和练习形式都做了不少新的尝试,特别是在选材方面,我们力求所选材料语言规范、地道;内容新颖,富有时代感;题材广泛,涉及人文、科技、经济、社会、文体、艺术、历史等方面;体裁多样,不拘泥某种文体。

感谢复旦大学出版社的大力支持,感谢所有为本书的出版付出辛劳、提供支持和帮助的人。本教材的编者在编写过程中参阅并借鉴了部分国内外相关教材、资料,在此一并致以诚挚的谢意!

本系列教材编写组



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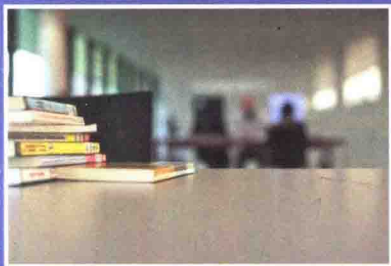




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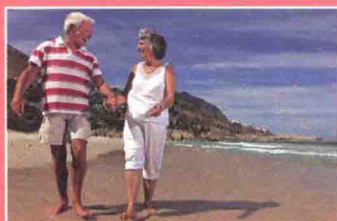
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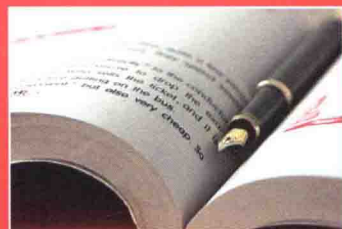


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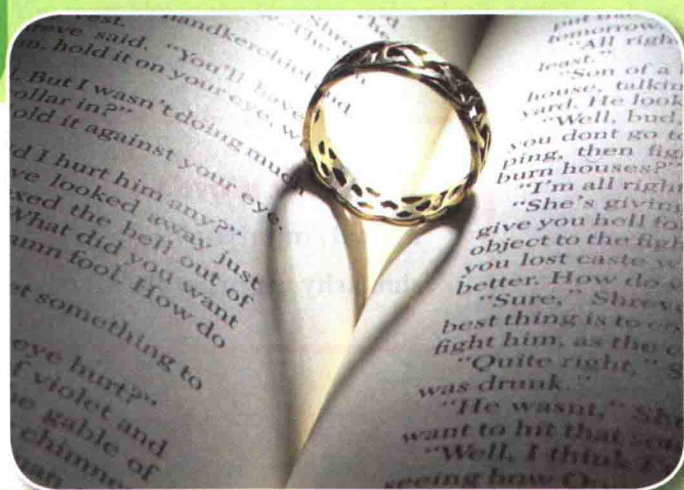
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# Unit

# 1

## Love





## 对话



## Dialogue

### On Friendship and Love



Hi, Tom, what kinds of qualities do you look for in your friend?



I like people who are open and friendly. They should be sincere, and I believe that a friend in need is a friend indeed.



Honesty is very important to me. I don't like making friends with dishonest people.



Yeah, without honesty there is no trust in friendship.



What about love? What's important in your attitude towards love?



Love is about mutual understanding and respect. Love isn't about how to find out the similarities; it's about how to respect the differences!



Well said!



Love is all between the two. I love you not because of who you are, but because of who I am when I am with you. To the world you may be one person, but to one person you may be the world.



Love is really great!



### 词汇 New Words

**mutual** /'mju:tʃuəl/ *a.*

共同的; 相互的

**similarity** /,sɪmɪ'lærəti/ *n.*

相似; 类似



### 词组和短语 Phrases and Expressions

in need

需要中的

find out

发现; 查明 (真相等)

Complete the following dialogue according to the hints given below.

A: Hi, Tom, \_\_\_\_\_ (你看起来不开心). What happened?

B: Nothing good. I just had a little \_\_\_\_\_ (和……拌嘴) my girlfriend.

A: What's the trouble?

B: She complained much about \_\_\_\_\_ (我的着装风格). I like casual dress too much.

A: \_\_\_\_\_ (这不是大问题). You should have a talk with her. Maybe you should \_\_\_\_\_ (做出一些改变).

B: Maybe you're right. I'll give it a try.

Create a new dialogue according to the situation given below.

Nate has just got a part-time job in KFC. You meet him at the Internet café and talk with him about his experience. Please make a dialogue about this situation.

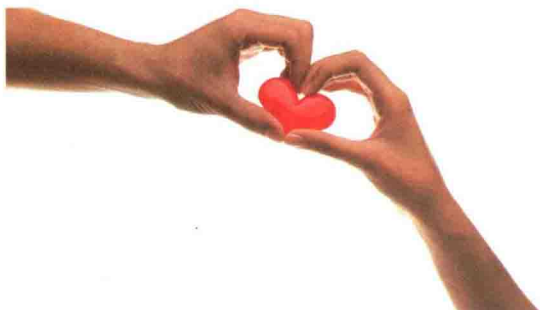
## 课文



Text

### Find Lasting Love

A healthy, loving relationship can enhance many aspects of your life, from your emotional and



mental well-being to your physical health and overall happiness.

Life as a single person offers many rewards; however, if you're ready to share your life with someone and want to build a lasting, worthwhile relationship, life as a single person can also be very frustrating.

For many of us, finding someone we want to share our lives with can seem like an impossible task. Even if you have a history of relationships that don't last or if you feel burned out by traditional and online dating, you can still learn how to find lasting love.

Finding the right romantic partner is often a difficult journey. Perhaps you grew up in a household where there was no role model of a solid, healthy relationship and you doubt that such a thing even exists. Or maybe your dating history consists only of short, abrupt relationships and you don't know how to make a relationship last. You could be attracted to the wrong type of person or making the same bad choices, due to an unresolved issue from your past. Whatever the case may be, it's important to believe that a healthy romantic relationship for you exists in the future.

It's important to recognize that relationships are never perfect and always require lots of work, compromise, and a willingness to resolve conflict in a positive way. To find and build any relationship worth keeping, you may need to start by re-assessing some of your misconceptions about dating and relationships that can prevent you from finding lasting love.

### 词汇 New Words

**enhance** /ɪn'hɑ:ns/ *v.*

提高(价格、质量、吸引力等); 加强

**aspect** /'æspekt/ *n.*

方面

**emotional** /ɪ'məʊʃənəl/ *a.*

感情(上)的, 情绪(上)的

<b>overall</b> /'əʊvəɹɔ:l/ <i>a.</i>	全面的, 总的
<b>reward</b> /rɪ'wɔ:d/ <i>n.</i>	报答; 奖赏; 酬金
<b>frustrate</b> /frʌ'streɪt/ <i>v.</i>	挫败; 使沮丧
<b>romantic</b> /rəʊ'mæntɪk/ <i>a.</i>	有浪漫色彩的
<b>household</b> /'haʊshəʊld/ <i>n.</i>	家庭, 户
<b>consist</b> /kən'sɪst/ <i>v.</i>	组成, 构成
<b>abrupt</b> /ə'brʌpt/ <i>a.</i>	突然的; 意外的
<b>unresolved</b> /ʌnrɪ'zɒlvd/ <i>a.</i>	未解决的
<b>issue</b> /'ɪʃju:/ <i>n.</i>	问题, 议题
<b>recognize</b> /'rekəɡnaɪz/ <i>v.</i>	认出; 意识到
<b>compromise</b> /'kɒmprəmaɪz/ <i>n.</i>	妥协; 折中
<b>willingness</b> /'wɪlɪŋnɪs/ <i>n.</i>	乐意; 愿意
<b>resolve</b> /rɪ'zɒlv/ <i>v.</i>	解决
<b>assess</b> /ə'ses/ <i>v.</i>	评定, 评估 (性质、质量等)
<b>misconception</b> /ˌmɪskən'sepʃən/ <i>n.</i>	误解
<b>prevent</b> /prɪ'vent/ <i>v.</i>	预防, 防止

### 词组和短语 Phrases and Expressions

<b>burn out</b>	(使) 精疲力竭; (怒气、热情等) 消失
<b>consist of</b>	由……构成
<b>due to</b>	由于
<b>prevent sb. from doing sth.</b>	阻止某人做某事





## 阅读理解

### Reading Comprehension

■ Answer the following questions according to the text.

1. What can a healthy and loving relationship enhance?
2. Why is finding the right romantic partner often a difficult journey?
3. What does a relationship require?
4. What may one need to do to find and build any relationship worth keeping?
5. What can prevent one from finding lasting love?



## 语言练习

### Language Practice

#### I. Find the right definition in Column B that matches the word in Column A.

##### Column A

1. enhance
2. assess
3. abrupt
4. consist
5. misconception
6. prevent
7. willingness
8. resolve
9. physical
10. overall

##### Column B

- a. sudden and unexpected
- b. to make up
- c. to improve; to make things better
- d. misunderstanding
- e. to keep from
- f. to evaluate
- g. of body
- h. intention
- i. total; whole
- j. to settle; to handle; to deal with

#### II. Fill in the blanks with the given words. Change the form if necessary.

resolve

assess

romantic

frustrate

consist

emotional

mental

enhance

prevent

recognize

1. It's healthier to release \_\_\_\_\_ than to bottle it up.
2. Derik has a weird hairstyle and enjoys a great \_\_\_\_\_ on campus.
3. She looks at the house and \_\_\_\_\_ its market value.
4. Huge efforts are made to \_\_\_\_\_ the problem.
5. He doesn't look good, because he's suffering from severe \_\_\_\_\_ disorder.
6. Passing the English examination should \_\_\_\_\_ your chances of getting the post.
7. Nobody can \_\_\_\_\_ him from running the risk.
8. How many players does a baseball team \_\_\_\_\_ of?
9. It is said that Frenchmen are the most \_\_\_\_\_ people in the world.
10. Women are often said to be more \_\_\_\_\_ than men.

### III. Fill in the blanks according to the following passage.

#### The Magical Ingredients of Love Relationships

Love is such a powerful human emotion that experts are constantly studying it. They've discovered that love has three main qualities.

1. **Attraction** is the "chemistry" part of love. It's all about the physical interest that two people have in each other. Attraction is also what's behind the nervous-but-excited way we feel when that person is near.
2. **Closeness** is the bond that develops when we share thoughts and feelings that we don't share with anyone else. When you have this feeling of closeness with your boyfriend or girlfriend, you feel supported, cared for, understood, and accepted for who you are. Trust is a big part of this.
3. **Commitment** is the promise to stick by the other person through the ups and downs of the relationship.

These three qualities can be combined in different ways to make different kinds of relationships. For example, closeness without attraction is the kind of love we feel for best friends. We share secrets and personal stuff with them, and they stand by us. But we are not romantically interested in them.

Attraction without closeness is more like a crush. You're attracted to someone physically but don't know the person well enough yet to feel the closeness that comes from sharing personal experiences and feelings.

Romantic love is when attraction and closeness are combined. For people falling in love for the first time, it can be hard to tell the difference between the intense, new feelings of physical attraction and the

deeper closeness that goes with being in love.

1. The three qualities of love are \_\_\_\_\_.
2. Attraction is the chemistry part of love. It's all about \_\_\_\_\_ between the two.
3. \_\_\_\_\_ is a big part of closeness, the second quality of love.
4. If two people show the quality of closeness, they may share \_\_\_\_\_.
5. Romantic love is when \_\_\_\_\_ are combined and it can be hard to tell the difference between attraction and closeness.

#### IV. Translate the following sentences into English or Chinese.

1. 航班因糟糕的天气而取消。( due to )
2. 真正的美是由内在美和外在美构成的。( consist of )
3. 适当的运动能够促进身体健康。( enhance )
4. 没有人能阻止他环游世界。( prevent... from )
5. 步入社会我们应该靠自己解决问题。( resolve )
6. You'll meet many guys on your path to finding the one who's right for you, but you should avoid a few types at all cost. They might start out as perfectly decent men while they're trying to get your attention, but once they show their true colors, you may want to head for the hills.



### 阅读练习



### Reading Practice

#### Passage One

#### Love in Cross Culture

I fell in love with the minister's son the winter I turned fourteen. He was not Chinese. For Christmas I prayed for the boy, Robert. When I found out that my parents had invited the minister's family over for Christmas Eve dinner, I cried in panic. What would Robert think of our shabby Chinese Christmas? What would he think of our noisy Chinese relatives who lacked proper American manners?