



普通高等教育“十三五”规划教材

韩伟主编

大学英语 晚听教程 (第三版 上册)

ENGLISH LISTENING PRACTICE



科学出版社

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北 京

内 容 简 介

本书是根据教育部《大学英语课程教学要求》、新考纲及学生的实际情况而编写的听力自主训练教程。本书以星期为单位编排内容,每周安排四天时间(Monday-Thursday)的训练。每天的练习形式和训练重点有所不同,力求让学生循序渐进地提高听力水平。

本书分为上、下两册。上册由十个单元组成,每个单元分为四个部分。第一部分(Monday)包括四篇短篇新闻,第二部分(Tuesday)包括八个短对话和两个长对话,第三部分(Wednesday)包括三篇短文。这三部分录音会播放两遍,第一遍,学生完成题目;第二遍,自我检查。第四部分(Thursday)为整套四级听力模拟试题,按四级考试要求播放。

本书适合作为高等院校各专业英语四、六级考试参考用书,也可作为英语培训机构或具有一定基础的英语学习者的学习资料。

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举报电话:010-64030229; 010-64034315; 13501151303

本书编写人员

主 编：韩 伟

副主编：许 莉 王凤元 郑洪波

参 编：（以姓氏拼音为序）

崔惠普 车淑英 丁海珍 冯小春

黄河清 胡 莹 胡 珏 兰秀珍

李 力 鲁阿凤 隋成梅 盛囡囡

王小敏 王 颖 王月芬 吴 奕

杨 蕾 叶爱香 郁 欣 张俊丽

甄桂春 郑春芬 郑 卓 周素玲

前言

为了适应我国高等教育新的发展形势,深化教学改革,提高教学质量,教育部颁布了《大学英语课程教学要求》。新“要求”提出培养学生的英语综合应用能力,特别是听说能力,使其能在今后的工作和社会交往中用英语有效地进行口头和书面信息的交流。为体现新的教学要求的精神,全国大学英语四、六级考试也进行了相应的调整,从考试内容到题型都有了重大变化。

现行四、六级考试题型的听力部分分值比重达到 35%,总体而言,难度较大,对考生提出了较高的要求。因此,学习者更应该注意语言基本功,从提高实际英语能力出发,循序渐进,切实打下良好的听力基础。

一、大学英语四级考试听力简介

四级考试的听力部分是整个试卷的第二部分,在写作之后,过程为 25 分钟左右。该部分的分值占总成绩的 35%,具体如下表所示。

测试内容	测试题型	题量	读音遍数	分值比例
短篇新闻 3 段	选择题(单选)	7	1 遍	7%
长对话 2 篇	选择题(单选)	8	1 遍	8%
听力篇章 3 篇	选择题(单选)	10	1 遍	20%

二、听力技巧简介

(一) 影响学生听力理解的主要因素

- 1) 语音:很多学生自身发音不够准确,这对其辨别听到的内容构成了很大的障碍。
- 2) 语速:由于大多数老师在课堂上授课语速较慢,学生接触的听力材料又不够多,所以遇到较快语速的听力材料,适应起来有一定的困难。
- 3) 语法:学生自身语法基础的薄弱也会影响其对听力材料的理解。
- 4) 词汇:学生英语词汇量的大小及掌握的熟练程度,也是影响其听力水平的一个因素。

5) 文化差异:不少学生缺乏对西方文化背景知识的了解,如习语、典故等,会给听力理解带来一定困难。

6) 心理因素:紧张、焦虑、恐惧等心理状态会对听力理解造成较大的影响。

(二) 听力技巧

1. 听前:浏览+预测

在录音播放之前,抓紧时间浏览给出的选项和文字资料,并尽量从中发现一些背景信息和解题线索,这对之后的解题有很大的帮助。

2. 听中:抓住主题和关键

在整个听音过程中,要尽量全神贯注,沉着应战。在听懂大意的基础上,抓住重点,

并力求快速记录一些关键词或重要信息。

3. 听后：辨别异同，果断作答

听完后，根据记忆和记录，快速在选项中寻找符合原文的一项，不要反复犹豫，应尽量果断。

三、本书特点

本书为学生独立学习提供了一个良好的平台，也是学生备考四、六级考试的必要材料来源。为了帮助考生更好地适应现行的四、六级考试，本书着力体现以下主要特点。

1) 紧扣大纲，针对性强。形式上模拟四级题型，包括短篇新闻、对话和短文，可供学生模拟练习和实战训练。

2) 选材科学，代表性强。内容涉及日常生活、社会习俗、体育、历史、文化、经济、法律以及科学技术等方面，使考生能够在备考过程中有的放矢，事半功倍。

3) 使用方便，操作性强。本书提供免费的录音文件，学习者可在电脑上使用，也可使用便携电子设备收听。

4) 匠心独具，系统性强。本书的编写体系别具一格，按星期编排练习，让学习者每日有所练，日积月累最终提高听力水平。

本书是综合编者多年教学经验和实践的心血之作。在此，特别感谢很多一线教师为本书编写所提供的无私帮助。由于编者水平有限，书中难免有疏漏之处，恳请广大读者和同行不吝指正。

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试 题



Unit 1



Monday

Directions: In this section, you will hear four news reports. At the end of each news report, you will hear two questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

News Report One

1. A) In California. B) In New York. C) In Washington. D) In Florida.
2. A) The US government doesn't know any information about the shooter.
B) Apple wants to help FBI to get information from the phone.
C) The iPhone from the shooter is unlocked.
D) Apple head wouldn't damage encryption for millions of other users.

News Report Two

3. A) More than 24 minutes. B) No more than 24 minutes.
C) More than 48 minutes. D) No more than 48 minutes.
4. A) Because he wants to skip lots of practice.
B) Because he will retire soon.
C) Because he will have a surgeon on his left foot.
D) Because it can limit the impact on his surgically repaired left foot.

News Report Three

5. A) 167. B) 170. C) 176. D) 187.
6. A) Students are taught in more than two languages.
B) Students are provided by bilingual programs.
C) Courses are not involved in any other cultures.
D) These programs will help students earn money in the future.

News Report Four

7. A) Life sentence.

- B) Death penalty.
 - C) Twelve years of reform through labor.
 - D) The exile from DPRK.
8. A) Trafficking in drugs.
- B) Manslaughter.
 - C) Stealing secret information from DPRK.
 - D) Illegally breaking into DPRK's territory.

Tuesday

Directions: In this section, you will hear eight short conversations and two long conversations. At the end of each conversation, one or more questions will be asked about what was said. After each question there will be a pause. During the pause, you must read the four choices marked A), B), C) and D) and decide which is the best answer.

Short Conversations

- | | |
|---|--------------------------------------|
| 1. A) Manager and customer. | B) Bank clerk and customer. |
| C) Assistant and boss. | D) Salesgirl and customer. |
| 2. A) In the post office. | B) In the hotel. |
| C) On the train. | D) At the airport. |
| 3. A) Carl is a heavy smoker. | |
| B) Carl is trying to give up smoking. | |
| C) Carl prefers filter tips. | |
| D) Carl is used to smoking with a cigarette holder. | |
| 4. A) About 9:30. | B) After 9:50. |
| C) At 10:00. | D) Before 11:50. |
| 5. A) All the spiders are poisonous. | B) All the spiders are harmless. |
| C) Some of the spiders are lovely. | D) Some of the spiders are harmless. |
| 6. A) He couldn't find Professor Smith's classroom. | |
| B) He didn't understand the lesson. | |
| C) Professor Smith speaks too slowly. | |
| D) Professor Smith kept the class late. | |
| 7. A) He prefers staying at home because he doesn't like to travel. | |
| B) He prefers taking a plane because the bus is too slow. | |
| C) He prefers taking a bus because the plane makes him nervous. | |
| D) He prefers travelling with the woman. | |
| 8. A) She doesn't enjoy going to the beach. | |

- B) The beach was closed.
- C) There wasn't enough food for every one at the barbecue.
- D) The barbecue was cancelled because of the weather.

Long Conversations

Conversation One

- 9. A) Make a public speech. B) Attend a meeting.
- C) Attend a lecture. D) Do shopping.
- 10. A) She likes public speaking. B) She lacks the skills of public speaking.
- C) She is good at public speaking. D) She is used to doing public speaking.
- 11. A) He is natural in front of the audience.
- B) He can control his audience.
- C) He never fails in any performance.
- D) He seems to have enough confidence in his speech.
- 12. A) Practices his speech over again. B) Learns his speech by heart.
- C) Gives an outline. D) Writes every word of his speech.

Conversation Two

- 13. A) On his face. B) In the bathroom.
- C) In his office. D) Above the mirror.
- 14. A) His fishing rod. B) His wallet.
- C) His pants. D) His bait.
- 15. A) Forgetful. B) Tolerant. C) Indifferent. D) Lazy.

Wednesday

Directions: In this section, you will hear three passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

Passage One

- 1. A) The name of a German town. B) A resident of Frankfurt.
- C) A kind of German sausage. D) A kind of German bread.
- 2. A) He sold fast food. B) He raised dogs.
- C) He was a cook. D) He was a cartoonist.
- 3. A) Because the Americans found they were from Germany.
- B) Because people thought they contained dog meat.

C) Because people had to get used to their taste.

D) Because it was too hot to eat right away.

Passage Two

4. A) It has been proven to be the best pain-killer.

B) It is a possible cure for heart disease.

C) It can help lower high body temperature effectively.

D) It reduces the chance of death for heart surgery patients.

5. A) It keeps blood vessels from being blocked.

B) It speeds up their recovery after surgery.

C) It increases the blood flow to the heart.

D) It adjusts their blood pressure.

6. A) It is harmful to heart surgery patients with stomach bleeding.

B) It should not be taken by heart surgery patients before the operation.

C) It will have considerable side effects if taken in large doses.

D) It should not be given to patients immediately after the operation.

Passage Three

7. A) The advantages of living in the countryside.

B) The natural beauty of the countryside.

C) A healthy lifestyle by people living in the countryside.

D) A brief introduction to the countryside of both Britain and America.

8. A) Clean, safe, and convenient.

B) Vast green areas with few people to be seen.

C) Public services are within the walk distance.

D) Many go to work in towns with few working on farms.

9. A) Many beautiful areas and national parks are preserved in Britain.

B) Britain has long and rugged coastline.

C) Many Americans, young or old, like to live in the countryside.

D) Some people have to drive to pick up their mails in the main road.

10. A) Because of its environment.

B) Because of its safety.

C) Because of its beauty.

D) Because of its ideal place for relaxation.

Thursday

Section A News Reports

Directions: In this section, you will hear three news reports. At the end of each news report,

you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

News Report One

1. A) 200 years. B) 300 years. C) 400 years. D) 500 years.
2. A) To the British Queen. B) To the Spanish Queen.
- C) To the British King. D) To the Spanish King.

News Report Two

3. A) Because Los Angeles means “the angels” in Spanish.
- B) Because it is believed that angels once lived there.
- C) Because people in Los Angeles are mostly Christians.
- D) Because the name originates from Christianity.
4. A) City of Flowers and Sunshine.
- B) The Big Apple.
- C) The Entertainment Capital of the World.
- D) La-La Land.

News Report Three

5. A) Violent incidents in South Israel.
- B) Violent incidents in North Lebanon.
- C) Violent incidents in South Lebanon.
- D) Violent incidents in North Israel.
6. A) They wounded two reporters and a boy.
- B) They wounded two reporters and ten boys.
- C) They wounded two reporters and killed a boy.
- D) They killed two reporters and wounded a boy.
7. A) Because they saw a young man preparing to throw a firebomb.
- B) Because they saw a young man preparing to throw stones.
- C) Because they saw a young man preparing to fire rockets.
- D) Because they saw a young man preparing to clash with the police.

Section B Long Conversations

Directions: In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).