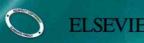
英文影印版

医学英语教程 THE LANGUAGE OF MEDICINE

· 最新修订版 ·

Davi-Ellen Chabner 主编

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主 编 Davi-Ellen Chabner

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For Catherine ("Kay") F. Scott

With enduring gratitude for your vision, inspiration, and encouragement from the very beginning.



AND

To Gus, Ben, Bebe, Solomon, Amari, and Louisa

You make it all worthwhile.



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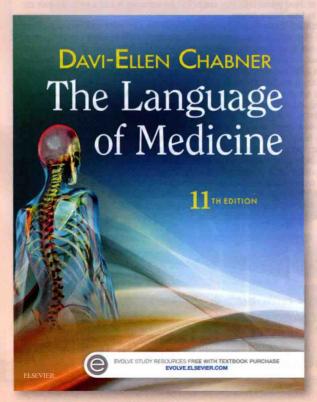
Preface*

WELCOME TO THE 11TH EDITION OF THE LANGUAGE OF MEDICINE

The continuing focus of this new edition is its cutting-edge relevance to real-life medical practice. Drawing on the newest technology, state-of-the-art medical procedures, and treatments, *The Language of Medicine* brings medical terminology to life. The newly-drawn dynamic images and up-to-date photography plus compelling patient stories further illustrate medical terminology in action.

I am honored that this text continues to be the book instructors return to, year after year, because their students tell them that it works! As a student, you will find that *The Language of Medicine* speaks to you no matter what your background or level of education. It is written in simple, non-technical language that creates an exceptionally accessible pathway to learning. Since it is a workbook-text combination, you engage and interact on practically every page through writing and reviewing terms, labeling diagrams, and answering questions. Terminology is explained so that you understand medical terms in their proper context, which is the structure and function of the human body in health and disease.

Throughout the process of writing this text over its 11 editions, I have listened to hundreds of students and instructors and incorporated their insightful suggestions.



Expert medical reviewers have once again helped me to ensure that the terminology included reflects cutting edge clinical practice. New information and illustrations throughout are the result of recommendations from all those who have so generously provided feedback. My continuing goal in writing The Language of Medicine is to help you not only learn medical terminology but also to enjoy learning! You will find that medical terminology comes alive and stays with you when you use my interactive, logical, and easy-to-follow method. Undeniably, the study of this language requires commitment and hard work, but the benefits are great. Knowledge of medical terminology will give you a strong start in your career.

本版基于原版第 11 版进行影印修订

NEW TO THE 11TH EDITION

While the essential elements of *The Language of Medicine* remain in place, the new 11th edition is even more relevant to real-life medical situations.

The 11th edition includes helpful hints to point out important facts and make things clear. There are also new, first-hand stories of medical conditions and procedures. These personal accounts make medical terminology more understandable.



IN PERSON: HODGKIN LYMPHOMA

When I began noticing persistent back pain and fatigue in 2006, my doctor and I didn't take the symptoms seriously until 2007, when I noticed I was losing weight and short of breath. I saw a lung specialist, who took a chest x-ray and discovered a mass the size of a grapefruit in my mediastinum. Immediately, my stress level went sky high, and being 25 in New York City on my own (my family was in California and my mother was going through metastatic breast cancer treatment), I felt afraid and alone.

I was scheduled for a PET-CT scan and visited a friend who was a radiation oncologist. She was alarmed by my symptoms and appearance

and through her father, a medical oncologist, immediate contact with a cancer specialist. The results from the bronchoscopy with a biopsy, and a bone marrow biopsy c I had Stage 2B Hodgkin lymphoma with "bulky disease" mass) in my mediastinum. This diagnosis was really scar watching my mother go through her difficult battle with made me realize that if I emulated her positive attitude, i life easier for my entire family.

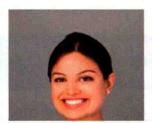
The treatment was six cycles of chemotherapy. After tw I shaved my head. A Powerport was installed in my upper more quickly and with less pain. Because I was so young, I menopause, to preserve my fertility.

Three months into my treatment a PET-CT showed that I would need radiation to my chest after the che chemotherapy, I was having a difficult time coping with Nevertheless, I rallied and traveled to Boston for 4 weeks felt lucky to be receiving this cutting-edge treatment, del the country.

My radiation treatment ended in 2008, and a follow-t treatment. I remember when the doctor told me that the outside and cried on a bench for an hour. More recently, I'v I'm relieved when the scan is clear, but I am also afraid developing a secondary cancer as a result of the extensive in 2013, I've been getting regular mammograms, and be-I'm taking thyroid hormone to treat hypothyroidism.

I know that my Hodgkin lymphoma experience will alwa attitude, which has enabled and empowered me to start about the future.

> Lenore Estrada is the CEO and Co-Founder of Three to bring awareness to the economic, social communities. She is also the President of the Boar

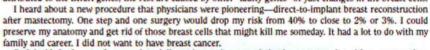


IN PERSON: PROPHYLACTIC MASTECTOMY

This first-person narrative describes a woman who elected to undergo prophylactic mastectomy.

Whenever May rolls around I think about my surgery and the decision I made many years ago to have prophylactic mastectomies. I grew up in a family of strong women. They were determined to work, play sports, and raise their families, except they all had breast cancer. It was a bump in the road for each one of them and, at age 36, I had 4 children, a wonderful career and a husband and abnormal mammograms. I had friends, holidays, and biopsies, and being a physician (radiation oncologist) and the daughter of a medical oncologist, I was worried about my own health.

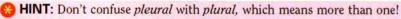
When my mother tested negative for the BRCA gene, it did not relieve my anxiety. It just intensified it. What was causing the breast cancer in my family? Genetic counselors explained that only about 15% of breast cancer can be attributed to the BRCA genes; the rest are caused by other "faulty genes" or just changes in the breast cells.



So I decided, after much research and discussion, to have prophylactic mastectomies with reconstruction. On a Tuesday in the first week of May 2006, I had my surgery. My mother was there when I woke up from anesthesia, and I have never seen her so relieved. My husband took care of the kids, closed the car doors for me, and took over mowing the lawn for a while. I didn't discus my surgery, especially not with the freedom that Angelina Jolie did in 2013. In 2006, no one had heard of my surgery; they couldn't even pronounce the name of it. But I was convinced that it meant I might very well "dodge a bullet."

Nine years later, I smile when I see morning television shows talk about the "Angelina Effect"-implants and breast reconstruction, nipples, and risk reduction, all in the same story. It's wonderful that women can talk about their "faulty parts" without feeling shame. It's a great example for our daughters as well.

In March of 2015, Angelina wrote another op-ed discussing her oophorectomy and salpingectomy surgery (removal of both ovaries and both fallopian tubes). Women with BRCA genes have an increased risk not only for breast cancer but also for ovarian cancer. And this was the disease that took Angelina's mother's life. Ovarian cancer, unlike breast cancer, is often diagnosed at a very late stage. A majority of breast cancers are diagnosed at stage 1 or 2 or even at a "pre-cancer" DCIS [ductal carcinoma in situ] stage. Ovarian cancer, on the other hand, often is diagnosed after the cancer has already spread. Angelina also discussed another "taboo" subject: Removing ovaries and the fallopian tubes in a premenopausal woman (Angelina was 39 years old at the time of her surgery) sends her into early menopause. Hot flashes, skin changes, dryness (you know where) are hard topics to discuss in public. She put it out there, front and center, to destignatize the subject for all women.



HINT: You may be familiar with a TIA (transient ischemic attack), which is a "mini-stroke" that occurs when blood is held back from tissue in the brain.

New (3) HINTS make things clear and point out important

B HINT: The extra n in -thyronine (pronounced THĪ-rō-nēn) avoids the combination of two vowels (o and i).



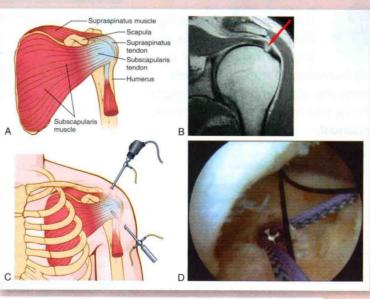
New clinical photographs and drawings dynamically illustrate medical terminology, conditions, and treatments.

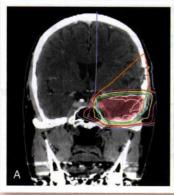


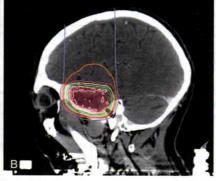














HOW TO USE THE BOOK

The Language of Medicine makes learning easy. The book guides and coaches you step by step through the learning experience. Don't get overwhelmed! Approach learning systematically, step by step. I've helped you study each chapter by organizing the information in small pieces. Icons are provided to help you navigate the sections of the text.



VOCABULARY

The following list reviews many of the terms introduced in this chapter. Short definitions and additional information reinforce your understanding of the terms. All of the terms are included in the Pronunciation of Terms section later in the chapter.

absorption Passage of materials through the walls of the small intestine into the bloodstream amino acids Small building blocks of proteins (like links in a chain), released when proteins are digested. amylase Enzyme (-ase) secreted by the pancreas and salivary glands to digest starch (amyl/o). anus Terminal end or opening of the digestive tract to the outside of the body. Blind pouch hanging from the cecum (in the right lower quadrant appendix [RLQ]). It literally means hanging (pend/o) onto (ap-, which is a form of ad-).

Digestive juice made in the live up (emulsifies) large fat globule bilis, meaning gall or anger), p

composed of bile pigments (col

After basic material in the chapter is introduced, the key terms you need to

learn are presented in Vocabulary lists. These lists help you study and stay focused.



TERMINOLOGY

Write the meanings of the medical terms in the spaces provided.

COMBINING FORMS

COMBINING FORM	MEANING	TERMINOLOGY MEANING			
adenoid/o	adenoids	<u>adenoid</u> ectomy			
		adenoid hypertrophy			
alveol/o	alveolus, air sac	<u>alveol</u> ar			
bronch/o bronchi/o	bronchial tube,	<u>bronchospasm</u>			
	bronchus	This tightening of the bronchus is a chief characteristic of asthma and bronchitis.			
		bronchiectasis			
		Caused by weakening of the bronchial wall from infection.			
		bronchodilator			
		This drug causes dilation, or enlargement, of the opening of a bronchus to improve ventilation to the lungs. An example is albuterol, delivered via an inhaler.			
		bronchopleural			
		A bronchopleural fistula is an abnormal connection between the			
		bronchial tube and the pleural cavity (space). Occurring as a result of lung disease or surgical complication, this can cause an air leak into the pleural space.			
bronchiol/o	bronchiole, small	bronchiolitis			
	bronchus	This is an acute viral infection occurring in infants younger than 18 months of age.			
capn/o	carbon dioxide	hypercappia			



hile

You cannot get lost using The Language of Medicine. You learn and engage in small incremental steps. The book imparts the most important concepts, allowing you to concentrate on what is essential.

Anabolic Steroids

These drugs are similar to androgens (male hormones) in their effects on the body. They build up protein within cells,



Metabolism and the Thyroid Gland

The thyroid gland secretes thyroid hormone (thyroxine, or T4), which stimulates metabolism in cells. Increased levels of hormone speed up metabolism (increased energy and weight loss) and decreased levels of hormone slow down metabolism (sluggishness and weight gain).



Epinephrine and Adrenaline

These are the SAME hormone! Two different names for the same substance secreted by the adrenal glands (above the kidneys).

Throughout the text, Spotlights enhance the relevance of medical terms.



PRACTICAL APPLICATIONS

CASE STUDY: A PATIENT'S ACCOUNT OF ULNAR NERVE NEUROPATHY

I am definitely not one of those ambidextrous people. I am a true righty, so the "experiment" of making me a lefty out of necessity didn't go so well. Over the past decade, I had slowly lost sensation in my right pinky, and a fair amount of function, in my right hand. You might think that I should have taken care of treating it when it initially presented itself with an electric shock down my arm from hitting my "funny

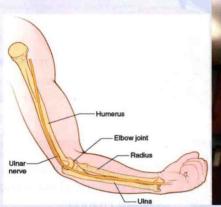


FIGURE 10-25 Pathway of ulnar nerve running behind the elbow joint (median epicondyle of the humerus) and toward the hand.



Medical terminology is connected

to real life with case reports and case studies throughout the text and on the companion Evolve website.

PRACTICAL APPLICATIONS

CASE STUDY: TARGETED THERAPY FOR LUNG CANCER

In 2008, Sarah Broom was a 35-year-old literature instructor and poet living in New Zealand. Married with two young sons, she was pregnant with her third child when she noticed shortness of breath accompanied by a persistent cough. An x-ray of her lungs during her 7th month of pregnancy showed a large mass in

During an exam by an orthopedic elbow specialist, testii right hand muscles. My grip strength was also affected and than my right.

Surgery was scheduled immediately with hopes of halting sensation in my pinky. My surgeon performed an Eaton proc its vulnerable path to a position over the medial epicondyle placed sutures to hold the ulnar nerve in its new place unche created a little "curtain" with the fascia to keep the nerve the nerve to take a "short cut" on the way to my hand w keeping it away from the bony prominence of the elbow.

When I awoke from the anesthesia, I could immediatel hand. I had tingling in my previously numb fingers and soc my palm. These findings demonstrated the return of the au one lung. After a cesarean section (her daughter was born safely), she had a biopsy and other tests, which revealed advanced lung cancer. Sarah was a nonsmoker.

The doctors in New Zealand told her that her care would be palliative and that she had only a few months to live.

Sarah was desperate to explore every option, and through a personal connection, she sent her biopsy slides to the MGH Cancer Center in Boston. The slides were analyzed using cutting edge technology, and her tumor was found to have a mutation called EML4-ALK, which occurs in only 5% of lung cancers. The doctors at MGH knew of a new drug called crizotinib that was being evaluated to treat lung cancers with this specific mutation. Finding a specific mutation in a tumor and targeting that mutation with particular drug is a cutting edge approach to cancer treatment.



Sarah was given the new drug—and her tumors shrunk! She was in remission for over 2 years. In 2010, the tumors returned, and Sarah traveled back to Boston for further drug treatment, which was not successful. She developed brain metastases,

Her doctors in Boston knew of one more targeted therapy drug called ceritinib that was still in clinical trials and therefore would not be available for patients. However, through coordinated and persistent efforts, the pharmaceutical company allowed her advance, compassionate access to the drug, and it worked for 2 years! Because it was seen that this drug was effective against lung cancer in patients with relapsed



Study sections organize information and help you learn.

STUDY SECTION 5

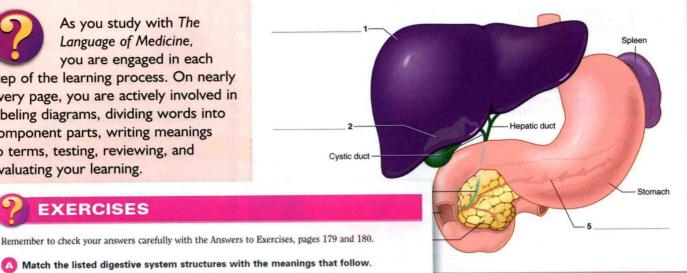
Practice spelling each term, and know its meaning.

transverse (axial) plane

anterior (ventral)	Front surface of the body.
deep	Away from the surface.
distal	Far from the point of attachment to the trunk or far from the beginning of a structure.
frontal (coronal) plane	Vertical plane dividing the body or structure into anterior and posterior portions.
inferior (caudal)	Below another structure; pertaining to the tail or lower portion of the body.
lateral	Pertaining to the side.
medial	Pertaining to the middle or near the medial plane of the body.
posterior (dorsal)	Back surface of the body.
prone	Lying on the belly (face down, palms down).
proximal	Near the point of attachment to the trunk or near the beginning of a structure.
sagittal (lateral) plane	Lengthwise, vertical plane dividing the body or structure into right and left sides. From the Latin <i>sagitta</i> , meaning arrow. As an arrow is shot from a bow it enters the body in the sagittal plane, dividing right from left. The midsagittal plane divides the body into right and left halves.
superficial	On the surface.
superior (cephalic)	Above another structure; pertaining to the head.
supine	Lying on the back (face up, palms up).

Horizontal (cross-sectional) plane dividing the body into upper and lower portions.

As you study with The Language of Medicine, you are engaged in each step of the learning process. On nearly every page, you are actively involved in labeling diagrams, dividing words into component parts, writing meanings to terms, testing, reviewing, and evaluating your learning.



EXERCISES

Remember to check your answers carefully with the Answers to Exercises, pages 179 and 180.

anus cecum colon

duodenum

9. throat

esophagus gallbladder ileum jejunum

liver pancreas pharvnx sigmoid colon

1. consists of ascending, transverse, descending, and sigmoid sections

2. small sac under the liver; stores bile

3. first part of the large intestine

4. end of the digestive tract opening to the outside of

5. second part of the small intestine

6. tube connecting the throat to the stomach

7. third part of the small intestine

8. large organ in the RUQ; secretes bile, stores sugar,

10. lowest part of the colon

11. first part of the small intestine

12. organ under the stomach; produce in

ABBREVIATIONS

E 23			
ACL	acromioclavicular (joint) anterior cruciate ligament of the knee	NSAID	nonsteroidal anti-inflammatory drug—often prescribed to trea musculoskeletal disorders
ANA	antinuclear antibody—indicator of systemic lupus erythematosus	OA ORIF	osteoarthritis open reduction (of fracture)/inte
BKA BMD	below-knee amputation bone mineral density	ortho	fixation orthopedics (or orthopaedics)
C1 to C7	cervical vertebrae	OT	occupational therapy—helps pat with impaired musculoskeleta

and explained in each body

Abbreviations are listed

system chapter.

ction (of fracture)/internal

cs (or orthopaedics)

nal therapy-helps patients paired musculoskeletal

function perform activities of daily

work-



REVIEW SHEET

calcium

This Review Sheet and the others that follow each chapter are complete lists of the word elements contained in the chapter. They are designed to pull together the terminology and to reinforce your learning by giving you the opportunity to write the meanings of each word part in the spaces provided and to test yourself. Check your answers with the information in the chapter or in the Glossary (Medical Word Parts-English), at the end of the book. It's a good idea to tab the Glossary so that you can easily locate it.

patients and joints

atosus

arthroplasty rthroplasty



A Review Sheet at the end of each

chapter helps you organize and test yourself on what you have learned!

Combining Forms

enter/o

COMBINING FORM	MEANING	COMBINING FORM	MEANING
aden/o	diam'r	hem/o, hemat/o	Campain stary
arthr/o		hepat/o	remind you nised by
bi/o	A second	iatr/o	
carcin/o	-	leuk/o	
cardi/o		log/o	
cephal/o		nephr/o	
cerebr/o	e primaring	neur/o	
cis/o	Care Care	onc/o	
crin/o		ophthalm/o	
cyst/o	The second second	oste/o	
cyt/o		path/o	
derm/o, dermat/o		ped/o	
electr/o		psych/o	
encephal/o		radi/o	

ren/o



PRONUNCIATION OF TERMS

To test your understanding of the terminology in this chapter, write the meaning of each term in the space provided. In addition, you may wish to cover the terms and write them by looking at your definitions. Make sure your spelling is correct. The CAPITAL letters indicate the accented syllable. The page number after each term indicates where it is defined or used in the book, so you can easily check your responses. You will find complete definitions for all of these terms and their audio pronunciations on the Evolve website.

TERM	PRONUNCIATION	MEANING	Calaria may
abdomen (47)	ĂB-dō-měn		
abdominal cavity (47)	ăb-DŎM-ĭ-năl KĂ-vĭ-tē		
adipose (41)	ĂD-ĭ-pōs		
anabolism (37)	ă-NĂB-ō-lĭzm		
anterior (52)	an-TĒ-rē-ŏr		
cartilage (41)	KĂR-tĩ-lĩj		
catabolism (37)	kă-TĂB-ō-lĭzm		
caudal (52)	KĂW-dăl		
cell membrane (37)	sĕl MĚM-brān		
cephalic (52)	SĚF-ă-līk		
cervical (51)	SĚR-vĩ-kăl		
chondroma (56)	kŏn-DRŌ-mă		
chondrosarcoma (56)	kŏn-drō-săr-KŌ-mă		
chromosome (37)	KRŌ-mō-sōm		



The Pronunciation of Terms section shows you how to pronounce each

new term in the chapter and gives you the chance to practice writing its meaning. You can also hear these terms pronounced on the companion Evolve website. The answers to the Pronunciation of Terms section are found on the Evolve website as well.

ALSO AVAILABLE

evolve **STUDENT EVOLVE RESOURCES** (COMPLIMENTARY ACCESS INCLUDED WITH PURCHASE OF THIS TEXT)

All student resources are now available online on the Evolve website. The student website accompanying this new edition is packed with activities, games, additional information, and video clips to expand your understanding and test your knowledge. Chapter by chapter you will find quizzes, case studies, examples of medical records, and a wealth of images to illustrate terminology. Additionally, on the website, you can hear the terms corresponding to the Pronunciation of Terms section in each chapter (more than 3,000 terms in all). Access your resources at: http://evolve.elsevier.com/Chabner/language.

New to the Student Evolve Website for the 11th Edition

- Updated interface enabling convenient online access to your resources.
- The Mobile Dictionary has been updated for this edition. Access this complimentary resource from the Evolve site on your desktop or mobile device and have easy access to definitions of all terms found in the text. This resource helps you study each chapter and also will be a reference for you in the workplace. Each definition has been crafted carefully to explain terms using plain, nontechnical language.



 The Quick Quiz feature has also been revised, enabling students to get a snapshot assessment of their knowledge of a chapter's content.

iTerms Study Companion (for sale separately)

- The iTerms audio study guide provides pronunciation and enables you
 to hear each term pronounced with its definition, in a portable format.
 This audio companion is available for download. Also included are
 short review quizzes and coaching tips to help you make the most of
 your study.
- The iTerms Study Companion, Mobile Dictionary, Quick Quizzes, and updated Flash Cards have been optimized for use on mobile devices, providing convenient access for on-the-go studying.



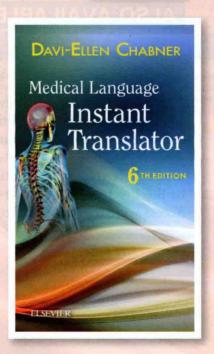
MEDICAL LANGUAGE INSTANT TRANSLATOR (for sale separately)

The Medical Language Instant Translator is a uniquely useful resource for all allied health professionals and students of medical terminology. It is a pocket-sized medical terminology reference with convenient information at your fingertips!

 NEW updates to correlate with the revision of The Language of Medicine

INSTRUCTOR'S RESOURCE MANUAL

The Language of Medicine Instructor's Resource Manual (includes instructor's manual, ExamView test bank, PowerPoints, and an image collection) is available with even more new quizzes, teaching suggestions, crossword puzzles, medical reports, and reference material. The image collection



contains all figures and photos from the 11th edition. The instructor materials plus a test bank can be accessed online at http://evolve.elsevier.com/Chabner/language.

The fundamental features you have come to trust in learning and teaching medical terminology remain strong in this new edition. These are:

- · Simple, nontechnical explanations of medical terms.
- Workbook format with ample space to write answers.
- Explanations of clinical procedures, laboratory tests, and abbreviations related to each body system.
- Pronunciation of Terms sections with phonetic spellings and spaces to write meanings of terms.
- Practical Applications sections with case reports, operative and diagnostic tests, and laboratory and x-ray reports.
- Exercises that test your understanding of terminology as you work through the text step by step (answers are included).
- Review Sheets that pull together terminology to help you study.
- Comprehensive glossaries and appendices for reference in class and on the job.

Each student and teacher who selects *The Language of Medicine* becomes my partner in the exciting adventure of learning medical terms. Continuity is crucial. Continue to communicate with me through email (daviellenchabner@gmail.com) with your suggestions and comments so that future printings and editions may benefit. A website connected to *The Language of Medicine* and dedicated to helping students and teachers is located at http://evolve.elsevier.com/Chabner/language. I hope you will tell me about additional resources you would like to see on that website so that we can make it an even more useful part of the learning process. You should know that I still experience the thrill and joy of teaching new students. I love being in a classroom and feel privileged to continue to write this text. I hope that my enthusiasm and passion for the medical language are transmitted to you through these pages.

Work hard, but have fun with The Language of Medicine!



DAVI-ELLEN CHABNER

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