

医学英语词汇学

English Medical Terminology

第2版

- 主审 白永权
- ■主编 朱 元 李 莹

中国出版集团

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Preface to the Second Edition

Two years after the publication of *English Medical Terminology* (first edition), we are glad to see that the book has served as a useful instrument for many students and instructors of medical English. This book is intended to provide medical students with an efficient and hand-on experience of medical terminology learning. For this purpose, we have selected 664 combining forms, prefixes and suffixes which are used at high frequency in composing English medical vocabulary. Also, over 1200 medical terms (anatomical, clinical and pharmaceutical) are presented in the order of body systems to illustrate the formation rule of medical terms and to cultivate a command of core medical terms among users. In addition, descriptions about each body system are provided in a plain and nontechnical manner to promote contextualized vocabulary learning. A variety of exercises are designed to keep our users active and alert when they use the book.

In the new edition, we have added a glossary of all the medical terms that are included in the book, together with their phonetic symbols and Chinese equivalents for our user's reference. To help students locate the word elements in each chapter, we added index to all prefixes, suffixes and combining forms at the back of the book. Also, Pinyin (which was designed in the first edition for the sake of overseas students studying medicine in China) has been removed since the book now enjoys wider readership among Chinese medical students.

We have made every effort to provide accurate information. However, there is no guarantee that the book will be free of errors. Hence, we are grateful for any feedback and suggestions for further improvement. Last but not least, we would like to extend our sincere gratitude to the editor Wang Menghua and all our users for their valuable suggestions and comments that have made this new edition possible.

Zhu Yuan Li Ying Feb. 20, 2016

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Preface to the First Edition

After thousands of years of development in medicine, a massive medical terminology system has been built up. The size of medical vocabulary is the biggest in all scientific fields which can be proven from the mere fact that a medium-sized medical dictionary would easily contain more than 100,000 terms. How to comprehend and use such terms is a gigantic problem facing the biomedical and health-related researchers and professionals.

It is never easy to understand and remember the massive medical terminology. Fortunately medical terms share some distinctive features that make these terms both comprehensible and expressive. Most terms are derived from ancient Greek and Latin, and can be divided into smaller word parts such as prefixes, suffixes, roots and combining vowels. Recognizing such word parts is key to understanding medical terminology.

This book is intended to help medical students to master medical terminology in a quick and easy way. The book explains and illustrates nearly 700 medical word parts which give rise to tens of thousands of medical terms. Through the explanation of the word parts and the exercises, readers can discover the features and rules of medical word formation and can both increase the size of their medical vocabulary and develop the ability to analyze the new terms they have never met before.

The book contains 15 chapters. The first three chapters introduce the general rules of medical word formation, pronunciation, prefixes and suffixes. The rest twelve chapters explain the word parts related to body structures and body systems. Each chapter begins with an introduction of general medical knowledge and is followed by the explanation of word parts. The word parts in each chapter are organized into different groups ranging from surgical procedures to pathological conditions. Following every group of word parts are exercises. When all the word parts of each chapter are explained, integrated exercises are provided to consolidate what readers have learnt. At the end of each chapter, we also provide the explanations for pathological conditions and diseases related to each chapter so that the readers could also gain some medical knowledge while studying this book.

This book is compiled for undergraduate and postgraduate students in medical schools and universities. Also the book could be helpful to health practitioners who want to increase

their medical vocabulary. Meanwhile, to facilitate the oversea medical students learning Chinese, we added Chinese explanations and Pinyin to each word part.

We are grateful to many who assisted in the preparation of this book, particularly the support from Project 985. Without this precious knowledge, time and support, this book could not be published.

Editors Jun. 23, 2013

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Chapter 1 General Introduction



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Part One Overview of Medical Terminology

What is medical terminology?

Medical terminology is a special vocabulary used by health professionals for accurately describing the human body and its associated components, conditions (both healthy and diseased) and processes. Effective medical communication is only possible if the medical terms and their well – defined concepts are known and used correctly. The western medical knowledge originated from ancient Greek and Rome. As a result, words and word parts derived from Greek and Latin languages prevail in medical terminology. It is estimated that over seventy five percent of medical terms are based either on Greek or Latin, which explains why most medical terms have etymological background and can be divided into meaningful component parts.

How to study medical terminology?

It is a daunting task trying to memorize tens of thousands of medical terms. Fortunately, most medical terms can be decomposed into smaller word parts, and the learning and memorization of the terms can easily be achieved through breaking them into component parts. As long as the meaningful word parts are properly understood, one can easily figure out the meanings of the complex medical terms.

Part Two Structure of Medical Term

What's the structure of medical terms?

Medical terms contain high density of information and often squeeze an entire phrase into a single word through the combination of meaningful word parts. These word parts include: roots, prefixes, suffixes, combining vowels and combining forms. Familiarity with these word parts is essential in the understanding of medical terms. Take the word

"polyneuritis" for example. The word is composed of a prefix poly-, a root neur/, and a suffix-itis. To figure out what this word means, all one needs to do is to identify the meanings of these three word parts.

The **root** is the fundamental unit of each medical term and forms the primary meaning of the term. Unlike general English words in which roots can usually stand alone, most roots in medical terms need to be combined with other parts. A slash (/) is used to indicate the root, and in the above example, the root *neur*/ means *nerve*.

The **suffix** is the word ending that follows a root. The suffix usually modifies the meaning of the root or indicates its grammatical function. In this book, suffixes are indicated by a hypen (-) in the front. The meaning of the suffix-itis is inflammation.

The **prefix** is the word part added before a root. The prefix can also modify the meaning of the root and is followed by a hyphen. The meaning of *poly*- is *many*.

The understanding of a medical term usually starts from the suffix. Once the suffix is identified, you can then move back to the beginning and finish the rest of the term. Hence, the explanation of polyneuritis is "the inflammation (-itis) of many (poly-) nerves (neur/).

What's the combining form?

To make a medical term easier to pronounce, a **combining vowel** is often used to link the root and the suffix or to link the two roots. The letter o is the most commonly used combining vowel. Occasionally, i can also serve as the combining vowel, as in the word centimeter.

The **combining form** refers to the root joined with a combining vowel. The combining form for *nerve* is neur/o. The term neurology is composed of a combining form neur/o and a suffix-logy (meaning the study of).

The combining vowel is not always present in medical terms. It is omitted if the suffix itself begins with a vowel. In the term *neuritis*, the combining vowel is taken away because the suffix-itis (meaning inflammation) begins with a vowel.

The omitting of the combining vowel only applies when the combining form joins with a suffix. When two combining forms join together, however, the combining vowel shall be maintained even if the second one begins with a vowel. Look at *gastroenterology*, the term contains two combining forms *gastr/o* (meaning *stomach*) and *enter/o* (meaning *intestine*)



and one suffix-logy. Notice how we retain the o in gastr/o when we join it with another combining form that also begins with a vowel. Also, based on what you have learned above, you can probably figure out that the meaning of gastroenterology is the study of stomach and intestine.

Exercise 1
Fill in the blanks with the terms you have learned in the above passage.
1. The foundation of a term is called
2. The is the word ending that modifies the meaning of the term or indicate
its grammatical function.
3. The is the word element added to the beginning of a term.
4. The letter that links a suffix to a root, or a root to another root is called
5. A combining form is a with a/an attached.
Exercise 2
Decide whether each of the following statements is true (T) or false (F) .
1. "O" is the only combining vowel used in medical terms.
2. Definition of medical terms usually begins with defining the suffix first, the prefix
second, and the root(s) last.
3. When a suffix beginning with a vowel is attached to a combining form, both the
combining vowel and the vowel in the suffix are omitted.
4. When two combining forms join together, the combining vowel of the first one i
omitted if the second one begins with a vowel.

Part Three Pronunciation of Medical Terms

Stress

Most medical terms contain many syllables (*multisyllabic*) and are, thus, quite long. Generally speaking, for multisyllabic vocabulary, the stress falls on either the second to the last syllable or the third to the last syllable.

The stress is placed on the second to the last syllable with words ending in "ic", "ia", "sion" or "tion".

e.g.

sTAtic

Vision

cePHAlic

inCIsion

neuRALgia

soLUtion

dysPLAsia

opeRAtion

The stress is placed on the third to the last syllable with words ending in "cy", "ty", "gy", "ous" or "al".

e.g.

conSIstency

sponTAnious

sensiBIlity

CORtical

psyCHOlogy

CERvical

There are always exceptions to the above rules. However, when pronouncing medical terminology, you won't be wrong too far if you place the stress somewhere around the combining vowel, or, if the combining vowel is omitted, on the initial vowel of the suffix.

e.g.

cardiOlogy

arthRItis

encephaLOpathy

neuROma

duodeNOstomy

aNEmia

heMOlysis

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Sound omission

For certain letter combinations, when they appear at the beginning of a term, their first letter is not pronounced; when they appear in other positions, the first letter has the usual pronunciation. For example,

- & Initial gn has the "n" sound as in gnathitis ($næ^{\dagger}\theta aitis$); elsewhere, it is pronounced as in prognosis ($prog^{\dagger}nousis$).
- Initial pt has the "t" sound as in ptosis ('tousis); elsewhere, it is pronounced as
 in September (sep'tember).
- % Initial pn has the "n" sound as in pneumonia (njur'mounta); elsewhere, it is pronounced as in hypnosis (htp:nousis).
- & Initial ps has the "s" sound as in psychology (sai'kplad3i); elsewhere, it is pronounced as in hips (hips).

Confusing sounds

Some consonants that might lead to confusion in pronunciation include:

- & c before a, o, u and at the final position of a term has the "k" sound, as in *cardiac* ('kardı_iæk).
- & c before e or i has the "s" sound, as in thoracic (θ_D 'ræsik).
- % g before a, o, u has the "g" sound, as in gonad ('gpnæd).
- \circledast g before e or i has the "j" sound, as in gingivitis ($d_3ind_3e^ivaitis$).
- * Initial x has the "z" sound, as in xerodermia (ziərə'dəmiə); elsewhere, it sounds like x in wax (wæks).
- ♦ ph has the "f" sound, as in phrenic ('frenik).
- ♦ ch has the "k" sound, as in chronic ('kronik).
- The combination rh and rrh has the "r" sound, as diarrhea (daiə riə), and rhinitis (rai naitis).



Pronounce the following terms. Pay attention to the underlined letter (s).

1.	chord	6.	psychiatry
2.	xenophobia	7.	pharmacy
3.	laryngeal	8.	rheumatic
4.	laryngotomy	9.	gnathic
5.	thoracic	10.	gastralgia

Part Four Spelling of Medical Terms

Alternative spellings

The spellings of diphthongs (double vowel) are often different in British and American English. In British English, the unpronounced vowel tends to be retained in spelling, whereas in American English, the word is recorded as it sounds. In this book, the American spelling system is adopted. Here is the list of the alternative spellings.

Alternative spelling	British	American
ae for e	aetiology	etiology
	faeces	feces
	haematology	hematology
oe for e	oedema	edema
	diarrhoea	diarrhea
	coeliac	celiac
our for or	tumour	tumor
re for er	fibre	fiber

Confusing spellings

Be careful of the terms with confusing spellings. Some medical terms have similar