



高等院校英语课程“十二五”规划系列教材

新起点

Starting Anew:

# 大学英语听说教程

*CEC Listening and Speaking*

总主编 张隆胜 曹 彬



主编 盛 萍 许晓艳



高等院校英语课程“十二五”规划系列教材

# 新起点

# 大学英语听说教程

*Starting Anew:  
CEC Listening and Speaking*

总主编 张隆胜 曹 彬  
主 编 盛 萍 许晓艳  
副主编 张 琴 卓至元  
编 者 孙婉婷 夏 静 卓至元  
杨玉婉 胡水周 朱翠霞  
李 蜜 李宇笛



## 新出图证(鄂)字 10 号

### 图书在版编目(CIP)数据

新起点大学英语听说教程(2) / 张隆胜, 曹彬主编. 盛萍, 许晓艳分册主编.  
—武汉: 华中师范大学出版社, 2012. 1  
ISBN 978-7-5622-4924-5  
I. ①新… II. ①张… ②曹… ③盛… ④许… III. ①英语—听说教学—高等学校—教材 IV. ①H319.9

中国版本图书馆 CIP 数据核字(2011)第 079759 号

### 新起点大学英语听说教程(2)

---

主编: 盛萍 许晓艳©

责任编辑: 章光琼

责任校对: 罗艺

封面设计: 甘英

编辑室: 高校教材编辑室

电话: 027-67867364

出版发行: 华中师范大学出版社

社址: 湖北省武汉市珞喻路 152 号

电话: 027-67863426(发行部) 027-67863280 027-67861321(邮购)

传真: 027-67863291

网址: <http://www.ccunpress.com>

电子信箱: [hscbs@public.wh.hb.cn](mailto:hscbs@public.wh.hb.cn)

印刷: 湖北恒泰印务有限公司

督印: 章光琼

字数: 195 千字

开本: 787mm×1092mm 1/16

印张: 10

版次: 2012 年 1 月第 1 版

印次: 2012 年 1 月第 1 次印刷

印数: 1—5000

定价: 20.00 元

欢迎上网查询、购书

---

敬告读者: 欢迎举报盗版, 请打举报电话 027-67861321

# 前 言

《新起点大学英语听说教程》(Starting Anew: CEC Listening and Speaking) 是根据 2007 年 7 月教育部高等教育司颁布的《大学英语课程教学要求》为普通高等学校学生进行大学英语听说训练而设计编写的教材。《大学英语课程教学要求》规定大学英语的教学目标是培养学生的英语综合应用能力,特别是听说能力,使他们在今后学习、工作和社会交往中能用英语有效地进行交际。该教材遵循以学生发展为本的人本主义教育观,力求引导学生充分运用他们的理解能力和逻辑思维能力,加强有意义学习和主动发现语言规律的探索式学习。教材体现了英语语言教学法和语言学研究的最新成果,能切实满足学生提高英语听说能力的迫切需要。

在编写过程中,我们注重强调以下几点:在内容选择上,注重材料的思想性和人文性;在教学理念上,突出以学生为中心、以教师为主导;在教学模式上,提倡任务型、互动式小组活动。教材信息量大,听力训练形式多种多样,口语训练循序渐进,单元主题由浅入深,并且与大学生的实际生活紧密相关,为大学生充分发挥学习过程中的主观能动性、提高学习效率提供了很好的接触生动语言的平台。

本套教材共分四册,每册十个单元,每单元由五个部分组成,这五个部分围绕同一相关主题设计。其主要特点为:

1. 每个单元列出本单元的学习要点,将任务贯穿于整个



学习过程当中，以完成任务的过程为学习过程，旨在提高学生的目标意识，既见树又见林。

2. 列出了每个单元应掌握的学习策略，有的放矢；把语言学习与现实生活结合起来，注重用英语来交流思想；培养学生终生学习的能力，强化自主学习意识。

3. 选择生动有趣的学习主题，再将主题巧妙地分解成既实际有用又便于操作的若干任务，注重产出性技能的训练和积累，有效地培养学生实际应用语言的能力。

4. 口语部分是听力部分的自然延伸和操练发展，突出实用性、趣味性、多样性、启发性和探索性。

5. 文化指南指导学生全面深入地获取并掌握与各主题有关的语言文化知识，通过丰富的语料激发学生对西方文化的探索之心，提高学生的综合文化素养和跨文化交际的能力。

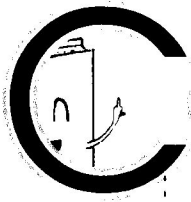
6. 听力自测是学生课堂学习的延伸和应用，可作为学生课后的补充听力练习，方便学生拓展听力练习并自测学习效果。

7. 英文歌曲和诗歌欣赏既可以提高学生的学习兴趣，又可以检验学生的英语综合运用能力。

尽管本书编者在编写过程中付出了大量的时间和精力，但是一本教材不可能解决所有问题，难免存在疏漏之处，因此敬请广大读者不吝赐教，以便我们在以后的修订中日臻完善。

本书编者

2011年9月



# CONTENTS

## Unit 1 Dining Out

Part One	Getting into the Topic	002
Part Two	Listening Tasks	003
Task One	Short Conversations	004
Task Two	Long Conversations	005
Conversation 1	Tea	005
Conversation 2	Ordering Food in a Restaurant	006
Task Three	Short Passages	007
Passage 1	Using a Napkin in a Restaurant	007
Passage 2	Choosing a Restaurant	009
Part Three	Speaking Out	010
Ordering Food		010
Part Four	Testing Yourself	012
Part Five	Enjoying Yourself	013
Song	Restaurant	013

## Unit 2 My Favorite Holidays

Part One	Getting into the Topic	016
Part Two	Listening Tasks	017
Task One	Short Conversations	018
Task Two	Long Conversations	019
Conversation 1	An Evening at Home	019
Conversation 2	Easter	020
Task Three	Short Passages	022

Passage 1	Thanksgiving Day	022
Passage 2	Halloween	024
Part Three	Speaking Out	025
Describing	Holidays	025
Part Four	Testing Yourself	026
Part Five	Enjoying Yourself	027
Song	When Christmas Comes to Town	027

### Unit 3 How to Keep Fit

Part One	Getting into the Topic	030
Part Two	Listening Tasks	031
Task One	Short Conversations	032
Task Two	Long Conversations	033
Conversation 1	I'm on a Diet to Lose Weight	033
Conversation 2	I didn't Sleep a Wink Last Night	034
Task Three	Short Passages	036
Passage 1	Exercise to Keep Fit	036
Passage 2	Take Your Brain for a Walk	037
Part Three	Speaking Out	039
Describing	a Cold	039
Part Four	Testing Yourself	040
Part Five	Enjoying Yourself	041
Song	Lemon Tree	041

### Unit 4 Traveling

Part One	Getting into the Topic	044
Part Two	Listening Tasks	045

Task One	Short Conversations	046
Task Two	Long Conversations	047
	Conversation 1 On a Flight	047
	Conversation 2 Checking-out	048
Task Three	Short Passages	050
	Passage 1 Holiday Pay in the USA	050
	Passage 2 Backpacking	051
Part Three	Speaking Out	053
	Welcome Speech by the Local Guide	053
Part Four	Testing Yourself	055
Part Five	Enjoying Yourself	056
	Song Traveling Light	056

---

## Unit 5 Do You Have a Pet?

Part One	Getting into the Topic	058
Part Two	Listening Tasks	060
	Task One Short Conversations	060
	Task Two Long Conversations	061
	Conversation 1 Having a Pet	061
	Conversation 2 Going to the Zoo	063
	Task Three Short Passages	064
	Passage 1 Transporting Animals	064
	Passage 2 Animal Shelter	066
Part Three	Speaking Out	067
	Getting a Puppy!	067
Part Four	Testing Yourself	069
Part Five	Enjoying Yourself	070
	Song Black Cat	070

**Unit 6 Applying for a Job**

Part One	Getting into the Topic	072
Part Two	Listening Tasks	073
Task One	Short Conversations	074
Task Two	Long Conversations	075
Conversation 1	Looking for a Chance	075
Conversation 2	Jumping on the Opportunity	076
Task Three	Short Passages	078
Passage 1	Job Interview Tips	078
Passage 2	Fit Yourself to a Job	079
Part Three	Speaking Out	081
I Want to Get a Different Job		081
Part Four	Testing Yourself	082
Part Five	Enjoying Yourself	083
Song	Please Mr. Postman	083

**Unit 7 A Virtual World**

Part One	Getting into the Topic	086
Part Two	Listening Tasks	087
Task One	Short Conversations	088
Task Two	Long Conversations	089
Conversation 1	A New Smartphone	089
Conversation 2	The E-mail Stuff	091
Task Three	Short Passages	092
Passage 1	I Want to Start My Blog	092
Passage 2	Google eBooks	094
Part Three	Speaking Out	095



Talking about How You Use Modern Technology to Communicate	095
Part Four Testing Yourself	097
Part Five Enjoying Yourself	098
Song Dreams	098

## **Unit 8 Going Out for a Walk**

Part One Getting into the Topic	100
Part Two Listening Tasks	101
Task One Short Conversations	102
Task Two Long Conversations	103
Conversation 1 Yao Has Retired	103
Conversation 2 Let's Watch the Olympics	105
Task Three Short Passages	106
Passage 1 Football in the UK	106
Passage 2 Guide to Taekwondo	108
Part Three Speaking Out	109
Describing Your Favorite Sport	109
Part Four Testing Yourself	110
Part Five Enjoying Yourself	111
Song Knocking on Heaven's Door	111

## **Unit 9 Studying Abroad**

Part One Getting into the Topic	114
Part Two Listening Tasks	115
Task One Short Conversations	115
Task Two Long Conversations	117

Conversation 1	International Transfer	117
Conversation 2	Study Abroad Programs	118
Task Three	Short Passages	119
Passage 1	I Like Studying Abroad	119
Passage 2	Homestay	121
Part Three	Speaking Out	122
Introducing Your Country		122
Part Four	Testing Yourself	124
Part Five	Enjoying Yourself	125
Song	Home	125

## Unit 10 Energy

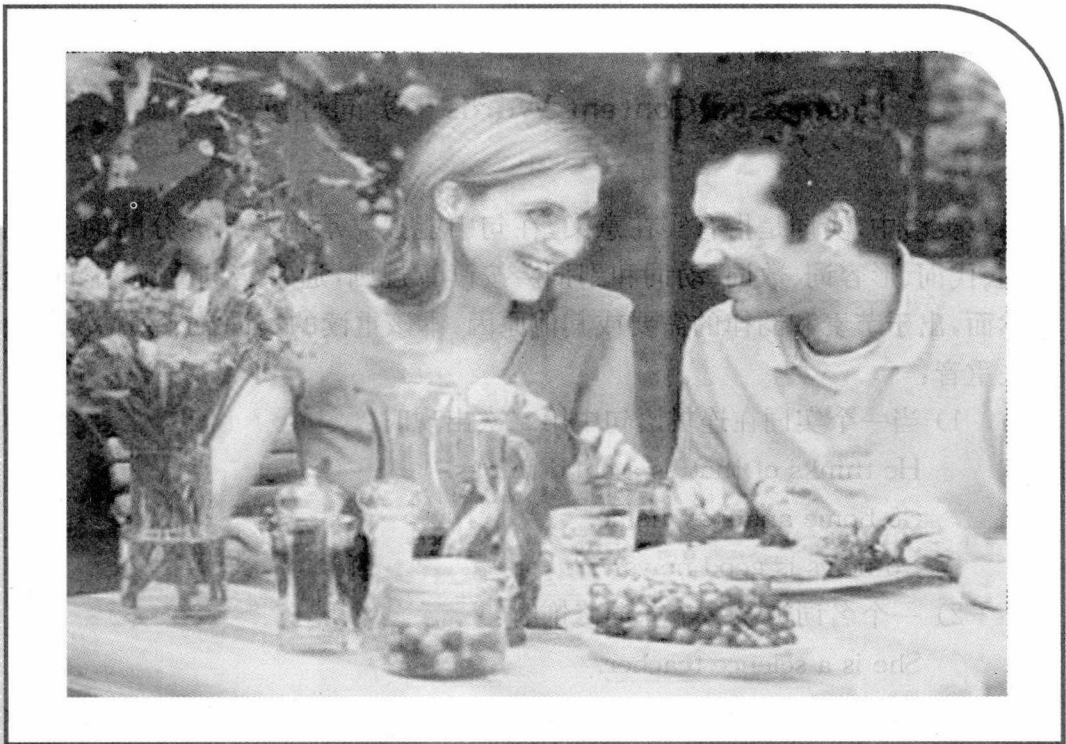
Part One	Getting into the Topic	128
Part Two	Listening Tasks	129
Task One	Short Conversations	130
Task Two	Long Conversations	131
Conversation 1	The Drought Conditions are Severe!	131
Conversation 2	Saving Energy	132
Task Three	Short Passages	134
Passage 1	Nuclear Energy: Safe or not?	134
Passage 2	Renewable Energy	135
Part Three	Speaking Out	137
Saving Energy		137
Part Four	Testing Yourself	138
Part Five	Enjoying Yourself	139
Poem	Haven	139

## Appendix Glossary

140

# Unit 1

## Dining Out



## Getting the Gist ●●●●●

Improving pronunciation of unstressed content words.

掌握实词轻读,改进语音语调。

Understanding conversations and passages about dining out.

听懂有关出外就餐的对话和短文。

## Part One Getting into the Topic

### Unstressed Content Words 实词轻读

英语中,实词是指有实在意义,在句中能独立承担语句成分的词,包括名词、代词、形容词、数词、动词和副词。按读音规则,通常实词重读,虚词弱读。然而,出于节奏和韵律的需要或其他原因,本该重读的实词在下列情况下会丧失重音:

- 1) 当一个实词在连贯语句中第二次出现时:

He thinks of that as a child thinks.

Go home and stay home.

No news is good news.

- 2) 一个名词被另一个名词修饰时:

She is a science teacher.

- 3) each other、one another、so on and so forth 中的 on 和 forth;代词 one、a kind of (a sort of);反身代词 himself、myself 等用作宾语而不是加强语气时:

Which book do you want? The small one.

- 4) what 和 how 用作感叹词时:

What a good day it is!

How beautiful she is!

- 5) this 在这些短语中:this morning/afternoon/evening.

**I. Directions:** You will hear a short dialogue. Please read the dialogue after the speaker and pay attention to the underlined words in each sentence.

M: What would you like for dessert?

W: What do you have?

M: I have apple pie, ice cream, chocolate cake, and fruit cocktail.

W: Can I have apple pie with ice cream?

M: Of course. I made one this morning, so it's lovely and fresh.

W: I love your homemade apple pie. How delicious it is! Can I have another glass of lemonade as well?

M: Sure. Can you get it yourself? It's in the refrigerator.

**II. Directions:** You will hear a short passage. In each sentence, there are some words missing. Please listen carefully and then supply the missing words.

Do you read the \_\_\_\_\_ on the food you buy? If you don't, it is time to educate yourself and start reading the labels of \_\_\_\_\_ you buy for yourself and your \_\_\_\_\_. What are those food labels really \_\_\_\_\_? A food label is like a \_\_\_\_\_ — \_\_\_\_\_ tells you what's in the food you eat. Don't you want to know what you're putting into your body? In order to plan a healthy \_\_\_\_\_, you must know how to read a \_\_\_\_\_ label.

## Part Two Listening Tasks

### Study Tip

**Focus on the main idea.** The main idea is the central or most important idea which gives the paragraph purpose and direction, such as to inform, to explain, to narrate, to compare, to argue, to persuade, etc. So it's necessary for us to learn to recognize the main idea. Usually it is stated in a topic sentence, which, more often than not, is the first sentence of a paragraph. Sometimes it is hinted at by the sentences in the paragraph as a whole.

注意听大意。大意即核心或最重要的观点,它表达了文章的目的和方向,如告知、解





10. A) He is going to order some food.      B) He is going to check something.  
C) He is going to eat out.                  D) He is going to pay.

## Task Two

## Long Conversations

### Conversation 1 Tea

#### Words and Expressions

tea-bag *n.* 茶包

squeeze [skwiz] *vt.* 挤压

diffuse [di'fju:z] *vi.* 扩散, 传播

**I. Directions:** You will hear a long conversation. Listen carefully and choose the best answer to each of the following questions.

1. What is the main topic of the conversation?  
A) How to make tea.                                  B) How to make milk.  
C) How to drink tea.                                D) How to drink milk.
2. When making a cup of tea, what will the woman put in first?  
A) The tea bag and the water.                    B) The water and the milk.  
C) The tea bag and the sugar.                    D) The sugar and the milk.
3. What else will the woman do before pouring in the milk?  
A) Squeeze the tea bag.                            B) Stir the water.  
C) Let the tea bag diffuse for a while.        D) Warm up the milk.
4. When should the milk be put in first, according to the conversation?  
A) When you don't have enough time to make tea.  
B) When you make a cup of tea.  
C) When you make a pot of tea.  
D) When you are using a tea bag.
5. According to the woman, why do you have to put the milk in first when making a pot of tea?  
A) To keep the flavor of the tea.                B) To reduce the flavor of the tea.  
C) To keep the tea pot clean.                    D) To follow the tips.

**II. Directions:** Listen to the conversation again and fill in the blanks with the information you hear.

When you make a (1) \_\_\_\_\_ of tea, there is a (2) \_\_\_\_\_ way to do it. If you use a tea bag, you should put it in with the (3) \_\_\_\_\_. Then you (4) \_\_\_\_\_ in the water and let it (5) \_\_\_\_\_. You should make sure not to (6) \_\_\_\_\_ the tea bag. The milk should be put in last. Give it five or ten minutes to let the tea bag (7) \_\_\_\_\_ before (8) \_\_\_\_\_ in the milk. But if you make a pot of tea, you should put the milk in first and then put the tea in second.

## Conversation 2 Ordering Food in a Restaurant

### Words and Expressions

starter ['stɑ:tə] n. (主菜之前的) 开胃小吃

cheese sandwich 芝士三明治

New York Strip Steak 纽约牛排

well-done 全熟

chef [ʃef] n. 大厨

**I. Directions:** You will hear a long conversation. Listen carefully and choose the best answer to each of the following questions.

- Where did the conversation probably take place?
  - In the man's house.
  - In a restaurant.
  - In a supermarket.
  - In a grocery store.
- What did the man want for an appetizer?
  - Coke.
  - Milk.
  - Chicken soup.
  - Ice cream.
- What did the man order for his main course?
  - Steak and cheese.
  - A sandwich and cheese.
  - Grilled steak.
  - Steak and a sandwich.
- How would the man like the steak prepared?
  - Well-done.
  - Medium.
  - Medium-rare.
  - Rare.
- How much money did the man give to the waitress as a tip?
  - \$ 6.75.
  - \$ 3.25.
  - \$ 7.65.
  - \$ 10.