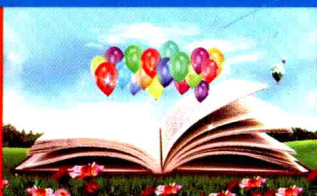




应用型本科院校“十二五”规划教材/外语类

College English Speed Reading 2

大学英语快速阅读2



- 适用面广
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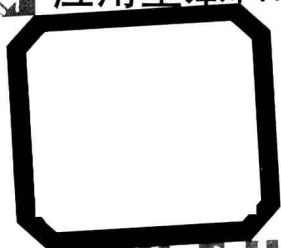
主编 黄晶伟 董志友 肖 巍



哈尔滨工业大学出版社
HARBIN INSTITUTE OF TECHNOLOGY PRESS



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大学英语快速阅读2



主 编 黄晶伟 董志友 肖 巍
副主编 徐 涛 张亚红



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内 容 简 介

本书是为应用型本科院校学生编写的英语快速阅读教材。旨在用科学的阅读方法指导学生通过大量的快速阅读训练,帮助学生养成良好的阅读习惯,提高快速阅读能力。全书共 10 章。每章围绕一个话题组织 5 篇阅读文章,并配以相应的阅读理解问题,书后给出了阅读理解问题的参考答案。本书既适合课堂教学,又可供学生课外独自训练。

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序

哈尔滨工业大学出版社策划的《应用型本科院校“十二五”规划教材》即将付梓,诚可贺也。

该系列教材卷帙浩繁,凡百余种,涉及众多学科门类,定位准确,内容新颖,体系完整,实用性强,突出实践能力培养。不仅便于教师教学和学生学学习,而且满足就业市场对应用型人才的需求。

应用型本科院校的人才培养目标是面对现代社会生产、建设、管理、服务等一线岗位,培养能直接从事实际工作、解决具体问题、维持工作有效运行的高等应用型人才。应用型本科与研究型本科和高职高专院校在人才培养上有着明显的区别,其培养的人才特征是:①就业导向与社会需求高度吻合;②扎实的理论基础和过硬的实践能力紧密结合;③具备良好的人文素质和科学技术素质;④富于面对职业应用的创新精神。因此,应用型本科院校只有着力培养“进入角色快、业务水平高、动手能力强、综合素质好”的人才,才能在激烈的就业市场竞争中站稳脚跟。

目前国内应用型本科院校所采用的教材往往只是对理论性较强的本科院校教材的简单删减,针对性、应用性不够突出,因材施教的目的难以达到。因此亟须既有一定的理论深度又注重实践能力培养的系列教材,以满足应用型本科院校教学目标、培养方向和办学特色的需要。

哈尔滨工业大学出版社出版的《应用型本科院校“十二五”规划教材》,在选题设计思路上认真贯彻教育部关于培养适应地方、区域经济社会发展需要的“本科应用型高级专门人才”精神,根据黑龙江省委书记吉炳轩同志提出的关于加强应用型本科院校建设的意见,在应用型本科试点院校成功经验总结的基础上,特邀请黑龙江省9所知名的应用型本科院校的专家、学者联合编写。

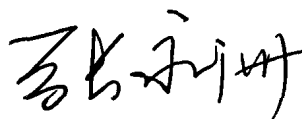
本系列教材突出与办学定位、教学目标的一致性和适应性,既严格遵照学科

体系的知识构成和教材编写的一般规律,又针对应用型本科人才培养目标及与之相适应的教学特点,精心设计写作体例,科学安排知识内容,围绕应用讲授理论,做到“基础知识够用、实践技能实用、专业理论管用”。同时注意适当融入新理论、新技术、新工艺、新成果,并且制作了与本书配套的 PPT 多媒体教学课件,形成立体化教材,供教师参考使用。

《应用型本科院校“十二五”规划教材》的编辑出版,是适应“科教兴国”战略对复合型、应用型人才的需求,是推动相对滞后的应用型本科院校教材建设的一种有益尝试,在应用型创新人才培养方面是一件具有开创意义的工作,为应用型人才的培养提供了及时、可靠、坚实的保证。

希望本系列教材在使用过程中,通过编者、作者和读者的共同努力,厚积薄发、推陈出新、细上加细、精益求精,不断丰富、不断完善、不断创新,力争成为同类教材中的精品。

黑龙江省教育厅厅长



前 言

《大学英语快速阅读2》是应用型本科院校规划教材之一,是黑龙江省新世纪高等教育教学改革工程项目“基于地方民办高校英语专业现状的学生自主学习策略培养模式研究与实践”的成果之一。全书是根据教育部于2007年7月颁布的《大学英语课程教学要求》,结合应用型本科院校学生的实际情况,参照英语快速阅读自身的特点编写而成。快速阅读文章分10章,每章由5篇同一话题的快速阅读文章组成,阅读文章长度从每篇500词过渡到800词左右,遵循由浅到深,由易到难的原则编排而成。

在《大学英语快速阅读》编写中,主要注重以下几点:

一、强调自主学习

应《大学英语课程教学要求》中“增强其(学生)自主学习能力”的要求,本书首先介绍了常见的快速阅读技巧,便于学生有意识地将其运用到阅读中进行训练,逐渐培养良好的阅读习惯,有效地提高阅读速度。

二、选材主题鲜明

本书中所选的文章内容新颖、话题广泛,涉及公众人物、气候、旅行、体育、医疗卫生、军事国防、家庭生活等方面,主题鲜明,系统性强。注重趣味性、信息性、知识性和新颖性。文章内容贴近生活,人文气息浓郁。每单元的5篇文章围绕同一个主题设计,便于教师在教学中根据学生的情况和个人的需要有所取舍;可部分用于课堂教学,其余的文章布置学生课外阅读。

三、练习设计合理

练习形式主要为单项选择题、判断对错题和词汇练习。题目设计考查文中细节事实、内容推理、词义猜测、段落主旨、文章主题、作者意图等,适合训练学生推测、略读、寻读、猜测等各种不同的阅读技巧,以提高其阅读速度和准确性。

本书由黄晶伟统筹策划,每人负责编写的章如下:黄晶伟编写 Chapter 3, Chapter 9;董志友编写 Chapter 8, Chapter 10;肖巍编写 Chapter 2, Chapter 4, Chapter 6;徐涛编写 Chapter 1, Chapter 7;张亚红编写 Chapter 5。

最后,衷心感谢哈尔滨德强商务学院外语系主任乔梦铎教授,于长福副院长对教材编写给予的支持和有益指导,并提出了宝贵建议。同时感谢哈尔滨工业大学出版社各位编辑的敦促、鼓励和细致的工作。

由于编者水平有限,书中难免有不足和疏漏之处,恳请各位专家、读者批评指正。

编 者
2012 年 4 月

Contents

Chapter 1 Public Figures (I)	1
Passage 1 Oprah Winfrey's Last Show: Tears and Pride	1
Passage 2 China and Asia Savor Li Na's Win	5
Passage 3 Yao Retirement Risks NBA Profile in China	9
Passage 4 Beyonce's Father Denies Stealing from Her	13
Passage 5 A True Figure of Strength	17
Chapter 2 Tourist Attractions	20
Passage 1 Greenland	20
Passage 2 Disneyland	25
Passage 3 Statue of Liberty	28
Passage 4 Ski Resorts	31
Passage 5 The Yin and the Yangtze	35
Chapter 3 Marriage and Family life	40
Passage 1 Big Spenders Add Sparkle to Chinese Wedding Market	40
Passage 2 Will the Market Kill Your Marriage?	44
Passage 3 Independent Women Enjoy Better Marriage	50
Passage 4 A Day for Love	55
Passage 5 Spring in Beijing	59
Chapter 4 Sports (I)	63
Passage 1 Street-Ball	63
Passage 2 London 2012: A Year to Go and All Is Well?	67
Passage 3 The Origin and Development of Football	71
Passage 4 Rock Climbing	75
Passage 5 Water Skiing—Safety Measures	79
Chapter 5 Climate	83
Passage 1 Will Climate Change Make Life Harder for Girls?	83
Passage 2 Durban and Everything That Matters	87
Passage 3 Untitled	91

Passage 4 Too Old to Care about Tomorrow	95
Passage 5 What Are the Effects Caused by Climate Change?	99
Chapter 6 Travel	102
Passage 1 Holiday Travel Survival Guide	102
Passage 2 Lost in Paris	107
Passage 3 How to Quit Working on Vacation	111
Passage 4 Wild Things	115
Passage 5 Cheap Flights for the Holidays? Read This Now!	119
Chapter 7 Public Figures (II)	123
Passage 1 Grammy Spotlight Shines on Adele	123
Passage 2 “I’m Not a Hero. I Just Want a Quiet Life”	128
Passage 3 Whitney Houston’s Death; Singer’s Doctors to Be Questioned about Sedative Prescriptions	133
Passage 4 Lesson for Lin from the Ming Dynasty	137
Passage 5 Obama Tax Reform Outline Draws Skeptics	141
Chapter 8 Medical and Health Care	146
Passage 1 Beyond Insulin; Seeking a Cure	146
Passage 2 A Prick in Time Saves Nine	150
Passage 3 HIV Mutates Swiftly to Trick Our Immune Systems; Study	154
Passage 4 Universal Flu Vaccine Possible with Lab-made Antibodies	157
Passage 5 Act Now or Risk a Fatal TB Outbreak; WHO	161
Chapter 9 Sports (II)	166
Passage 1 Bryant Scores 61 Points to Power Lakers over Knicks	166
Passage 2 Marijuana Pipe Picture Could Still Burn Phelps; Analyst	170
Passage 3 Ronaldo Still Has Midas Touch	174
Passage 4 Nadal Shows Federer No Mercy in Open Final	177
Passage 5 China Curls Its Way to Top of the World	181
Chapter 10 Military and National Defence	185
Passage 1 Britain to Start Iraq Withdrawal Today	185
Passage 2 Cementing Military Bonds	189
Passage 3 Officials; DPRK Rocket Launch Imminent	193
Passage 4 China Protests Diaoyu Islands Stance	197
Passage 5 DPRK Test; Japan, U. S. Mount Defenses	201
Keys to Exercises	205

Chapter 1

Public Figures (I)

Passage 1 Oprah Winfrey's Last Show: Tears and Pride

Suggested Reading Time: 7.5 minutes

Starting Time: _____

There was only one guest on the final episode of “The Oprah Winfrey Show”—Oprah Winfrey.

Winfrey walked out on a stage for the last time to a standing ovation from an audience filled with friends and family, including her longtime boyfriend Stedman Graham, film maker Tyler Perry, her fourth-grade teacher Mrs. Duncan and her former Baltimore talk show co-host Richard Sher.

“There are no words to match this moment,” began Winfrey, clad in a pink dress with ruffles cascading down the front.

But somehow Winfrey, striking a more reverent tone than the preceding days when a parade of surprise celebrity guests saluted the media mogul, found the words over the next hour to express her gratitude to her audience, her staff and even God for allowing her to fulfill her calling.

“It’s no coincidence that a lonely little girl who felt not a lot of love... it’s no coincidence that I grew up to feel the genuine trust, validation and love from you,” she said toward the end of the show, addressing her audience in the studio and the one watching her from television sets in 150 countries.

“You and this show have been the greatest love of my life,” she said, choking back tears.

With only a single pink chair on stage, Winfrey held court, telling the audience that today she would not be giving away cars nor were there any trinkets hidden beneath their seats. Instead, Winfrey used her final show, the 4,561st, to thank the audience that made hers the No. 1 talk show for its entire 25-year run.

She reminisced about her various hair styles and earrings “the size of napkins,” showing a few clips from her early years, when she first came to Chicago to host “AM Chicago” before it became “The Oprah Winfrey Show.”

Early on, Winfrey discovered she needed an audience to make magic and she pulled in her staff, friends and people off the street. She was soon getting feedback from her audience, citing a letter from Carrie in Anne Arbor, Mich., who wrote the first week Winfrey went national, “Watching you be yourself makes me want to be more myself.”

Winfrey, who has always said she wanted to be a teacher, said her show became her classroom and in some cases she did the teaching and other times, the learning. Over her final hour on television, she reiterated the lessons that she has learned and imparted to her audience over the years.

They included finding your calling, remembering the Golden Rule, taking responsibility for your life and allowing God or grace to work in your life.

Winfrey did not shy away from invoking God, saying that the secret to her success has always been “my team and Jesus.”

“God is love,” she said. “God is life and your life is always speaking to you.”

Winfrey implored her audience to embrace their “light and use your life to serve the world.”

Through her show, Winfrey said she was able to drop the veil on people’s lives and have them speak their truths, whether they were addicts, abusers or abused. Though she said she has no regrets, the one thing she wished she could have done more of was expose the horrors of child sexual abuse.

One of her proudest moments, she said, singling out Tyler Perry, was when 200 men who had been victims of sexual abuse stood in her audience holding pictures of them as boys.

After giving out a new e-mail address, oprah@oprah.com, Winfrey said, "I won't say goodbye, I'll just say until we meet again, to God be the glory."

Walking through the audience, she stopped to hug and kiss her steady, Graham, as well as others. Then she stood under the lights one last time, her hands outstretched as if to soak in this final moment, before leaving.

As the credits rolled, listing her Harpo team, which will remain in Chicago while she moves full-time to Los Angeles and her network OWN, Winfrey is seen kissing, hugging and crying with her staff members. The final image is of Winfrey, with her cocker spaniel Sadie tucked under her arm, walking off alone.

(692 words)

Finishing Time: _____

Comprehension Exercises

I. Select the best choice for each of the questions or incomplete statements according to the passage you read.

- () 1. There were so many people on the final episode of "The Oprah Winfrey Show" EXPECT _____.
A. her friends and family members
B. her ex-workmate
C. a talk show guest
D. Tyler Perry
- () 2. What number makes Oprah Winfrey's show the No. 1?
A. 25
B. 150
C. 4651
D. 4561

- () 3. What did Oprah Winfrey host when she first came to Chicago?
- A. The Oprah Winfrey Show.
B. AM Chicago.
C. Talk Show.
D. Final Show.
- () 4. According to Winfrey, what is the secret to her success?
- A. Her hard work.
B. Her audience.
C. Her team and God.
D. Jesus Christ.
- () 5. It can be concluded from the passage that Oprah Winfrey _____.
A. will meet the audience again
B. will retire soon
C. will continue "The Oprah Winfrey Show"
D. will remain in Chicago

II. Decide whether the following statements are TRUE (T) or FALSE (F) according to the passage.

- () 6. Oprah Winfrey was the only guest herself on the final episode of her show.
- () 7. The number 4,561 made her show become No. 1 for its entire 25-year run.
- () 8. Oprah Winfrey hosted "The Oprah Winfrey Show" when she first came to Chicago.
- () 9. According to Oprah Winfrey, the secret to her success is due to her hard work.
- () 10. Oprah Winfrey is sure that she will continue "The Oprah Winfrey Show" in the future.

Passage 2 China and Asia Savor Li Na's Win

Suggested Reading Time: 7 minutes

Starting Time: _____

Li Na's landmark French Open victory sparked celebrations and recognition throughout Asia on Sunday, while China's state media told its athletes to learn from her as they prepare for the London Olympics. "She is now the pride of Asia," said retired Thai player Paradorn Srichaphan.

Li's victory over defending champion Francesca Schiavone on Saturday came at 11 p. m. in Beijing on a holiday weekend, but Chinese state television rebroadcast the match Sunday and it was on the front pages of most newspapers.

People's Daily, the flagship paper of the ruling Communist Party, put a large color photo of Li kissing her trophy at the top of its front page under the headline "Li Na Reached the Summit of the Grand Slam."

Li's career had blossomed since she pulled out of China's government-run sports training system in 2008. That will likely raise questions about the costly system, which has produced Olympic champions in gymnastics and track and field—along with other racket sports such as badminton and table tennis—but has a poor record in more commercial sports such as tennis and golf.

Chinese sports officials publicly congratulated each other in an apparent effort to link the government to the victory, even though Li trains independently.

The Chinese Olympic Committee and other agencies expressed "heartfelt congratulations" in a joint letter to the government's Tennis Sports Management Center, according to the state Xinhua News Agency.

"There is no doubt this will encourage and inspire Chinese athletes in other fields to undergo hard training, strengthen their confidence and make excellent achievements in the London 2012 Olympics," said the letter.

Elsewhere in Asia, the victory was front-page news in Japan and HongKong, though tennis has only a small regional following.