

CET710分百篇训练丛书



# CET4

LISTENING

COMPREHENSION 100

大学英语四级考试

听力100篇

孙倚娜 主编



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## 前言

作为从事大学英语教学二十多年、已出版过多本大学英语听力教材的高校教师,我们编写这本教材的宗旨就是帮助英语学习者科学有效地提高英语听力水平,并迅速提高英语听力考试成绩。本教材的精彩之处在于:

### 1. 我们了解英语学习者当前的需要

据我们了解,绝大多数刚刚告别中学的大学新生以前从未接受过系统的英语听力训练,跨入大学校门之际,学生非常渴望提高自己的英语听力,听懂大学课堂上的英语讲课和讲座,听懂英语广播电视和各国人士的英语交谈;而面对大学英语四级等英语考试的压力,更渴望获得听力考试项目的高分。为此他们常常在寻觅有助于实现上述目标的听力训练教材。针对学生当前的英语学习需求,依据他们的实际英语基础,我们专门编写了这本教材,力求帮助学生实现英语听力水平的突破性提高。

### 2. 我们审时度势地确定编写目标

2004年1月教育部《大学英语课程教学要求(试行)》(教高厅[2004]1号)明确指出“大学英语的教学目标是培养学生的英语综合能力,特别是听说能力”,全国大学英语四、六级考试也正在调整测试内容,加强对语言交际能力,特别是听说能力的测试。因此我们认为,本教材应该积极而及时地配合教育部的《要求》和改革后的大学英语四、六级考试,加强学生听说能力的培养。

### 3. 我们提供更科学有效的听力训练方法

根据对最新外语教学理论与教学方法的研究,我们认为本教材的编写应该充分体现英语听力训练中的科学有效性。本教材遵循“交际”和“任务型”教学法原则,将听说训练进行有机结合,通过环环相扣的练习设计,尽可能地使学生进入真实的交际氛围,产生真实的交际欲望,完成真实的交际任务,实现从输入到输出的外语运用过程,帮助学生以听促说,以说促听。在练习的编写上,我们注意引导学生在听力训练过程中合理使用注意力,做到先听懂大意,然后获取更多的细节信息;先重视对篇章的理解,后注意对局部的理解。

### 4. 我们强调培养英语学习者的自主学习能力

本教材所有内容的设计和布局都充分体现“user friendly”原则,并注意发挥学生的自主学习能力。每单元的训练任务设计都由易到难,并在书后配有听力原文和练习答案,以便学生在没有教师的环境下独立完成听力训练。

我们还在“Speaking Task”部分设计了“Focus on the Useful Expressions and Sentences”项,培养学生重视使用高频率“词块”的习惯;在听力原文上也标注了《大学英语课程教学要求(试行)》中的积极词汇,以便学生进一步扩大积极词汇量。

## 5. 我们力求帮助英语学习者提高听力考试分数

根据我们的外语教学经验,要在英语听力考试中获得高分,除了注意上述提到的科学训练规律,还必须在听力训练的量上达到一定程度,也就是说,听力训练量越大,就越有可能提高听力考试分数;同时听力训练的题型必须具备针对性。因此,本教材既提供大量训练的机会,又涵盖各种题型的训练,既有选择题,又有主观题,特别是包括了大学英语四级考试改革后增加的长对话等训练内容,以期帮助学生通过足量实战训练突破性地提高听力考试成绩。总之,这是一本“一种设计,多种功能”的好教材。

(本教材为江苏省教育厅高校哲学社会科学研究课题[编号:BG104305]成果之一。)

编者

2006年5月



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# Unit 1

## Will Linda Say Yes?



### Listening Tasks

#### Section A

**Directions:** In this section, you will hear a passage. At the end of the passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the three choices marked A), B), and C).

1. A) A waiter.  
B) A bus driver.  
C) A ticket collector in a cinema.
2. A) Because traffic is heavy in Chicago.  
B) Because there are snow, wind and wild drivers.  
C) Both A and B.
3. A) To a nice restaurant.  
B) To the cinema.  
C) To a bank.
4. A) Because he is handsome.  
B) Because he has much money in the bank.  
C) Because he understands her and she understands him.

#### Section B

**Directions:** Learn the following words. Then listen to the passage for the second time and write "T" (true) or "F" (false) for each statement you hear.



Chicago *n.* 芝加哥(美国城市名)  
appetite *n.* 食欲, 胃口

1. ( )      2. ( )      3. ( )      4. ( )

## Section C

**Directions:** Listen to the passage for the third time and write down the missing words according to what you have just heard.

1. Ray tries to \_\_\_\_\_ all the passengers.
2. They talk about their lives and hopes \_\_\_\_\_ the future.
3. This Sunday Ray is taking Linda to \_\_\_\_\_ restaurant.



## Speaking Task

**Directions:** Listen to the passage again and try to retell what you have heard from the recording. You should try to use the useful expressions and sentences in the following box when retelling the passage.

### Focus on the Useful Expressions and Sentences

1. His salary is good, but he has a difficult job.
2. Traffic is heavy in Chicago.
3. Ray tries to be polite to all the passengers, (...).
4. eat out
5. hopes for the future



# Unit 2

## Photographer (I)



### Listening Tasks

#### Section A

**Directions:** In this section, you will hear a passage. At the end of the passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

1. A) An actress.  
B) A photographer.  
C) A director.  
D) A driver.
2. A) An actor.  
B) A bodyguard.  
C) An actress.  
D) A football star.
3. A) Some of her fans.  
B) Her mother and her guard.  
C) The hotel manager and her driver.  
D) A companion and a guard.
4. A) Because he wanted to have it in his book of photographs.  
B) Because he thought she was beautiful.  
C) Because he thought she was talented.  
D) Because he was in love with her.
5. A) She always tried to avoid her fans.  
B) She didn't like photographers.  
C) She was tall and pretty.  
D) She had a beautiful car.





## Section B

**Directions:** Learn the following words and phrase. Then listen to the passage for the second time and write "T" (true) or "F" (false) for each statement you hear.

sooner or later 迟早	companion <i>n.</i> 同伴
guard <i>n.</i> 保镖	talent <i>n.</i> 才能

1. (     )      2. (     )      3. (     )      4. (     )

## Section C

**Directions:** Listen to the passage for the third time and write down the missing words according to what you have just heard.

\_\_\_\_\_ the actress and the others \_\_\_\_\_ a car and drove away.  
The photographer \_\_\_\_\_ them in his car. "Just one prize picture," he said.  
"That's all I really want." He knew this book of photographs would \_\_\_\_\_.



## Speaking Task

**Directions:** Listen to the passage again and try to retell what you have heard from the recording. You should try to use the useful expressions and sentences in the following box when retelling the passage.

### Focus on the Useful Expressions and Sentences

1. He had seen people walk in and out of the hotel across the street.
2. cameras of all sizes
3. She was tall, beautiful, and wearing fashionable clothes.
4. She has beauty and talent (...).
5. one prize picture



# Unit 3

## Photographer (II)



### Listening Tasks

#### Section A

**Directions:** In this section, you will hear a passage. At the end of the passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

1. A) The director's car.  
B) A jewelry store.  
C) A fashionable clothing store.  
D) An expensive restaurant.
2. A) A jewelry store and a restaurant.  
B) An art store and a clothing store.  
C) A church and a restaurant.  
D) A clothing store and a restaurant.
3. A) Her best friend.  
B) Her guard.  
C) A famous director.  
D) Her manager.
4. A) Because she couldn't stand Frank's following her all the way and taking pictures of her.  
B) Because she was angry with the director who laughed at her.  
C) Because she had to stand while waiting to be served.  
D) Because she didn't like the wine and atmosphere of the restaurant.

#### Section B

**Directions:** Learn the following words and phrases. Then listen to the passage for the second time and write "T" (true) or "F" (false) for each statement you hear.



close-up *n.* 特写镜头      shot *n.* 拍摄, 镜头  
leave alone 不打扰      terrific *a.* 非常好的  
hold on to 抓牢

1. ( )      2. ( )      3. ( )      4. ( )

## Section C

**Directions:** Listen to the passage for the third time and write down the missing words according to what you have just heard.

- Frank parked his car \_\_\_\_\_ it. The actress and her companion got out and \_\_\_\_\_. Frank waited \_\_\_\_\_ the guard had entered the store.
- "She really didn't seem to \_\_\_\_\_." He decided to continue \_\_\_\_\_ the actress. He wanted to \_\_\_\_\_ he got a good shot.
- His face felt \_\_\_\_\_ and his hair was \_\_\_\_\_ with wine, but that didn't \_\_\_\_\_. These pictures were \_\_\_\_\_ it.



## Speaking Task

**Directions:** Listen to the passage again and try to retell what you have heard from the recording. You should try to use the useful expressions and sentences in the following box when retelling the passage.

### Focus on the Useful Expressions and Sentences

- close-up shots
- Now please leave me alone.
- He wanted to make sure he got a good shot.
- an expensive restaurant on the city's east side
- showed him to a table
- Frank held tightly on to his camera.