

# 大学英语辅导

(精读1—4)·修订本

## COLLEGE ENGLISH COACHING

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● 四川大学出版社 ●

College English Coaching (IR1—4)

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四川 大 学 出 版 社

1996 年 · 成都

(川)新登字 014 号

责任编辑:李勇军

封面设计:冯先洁

技术设计:李勇军

责任印制:张 凡

大学英语辅导(精读 1—4)

(修订本)

四川大学出版社出版发行

(成都市望江路 29 号)

新华书店经销

郫县犀浦印刷厂印刷

787×1092mm

16 开本

26.5 印张

660 千字

1996 年 4 月第 2 版

1997 年 3 月第 2 次印刷

印数:40001—48000 册

ISBN 7-5614-0512-X/H·21

定价:21.00 元

# 前 言

《大学英语》(文理科本科用)系列教材是由复旦大学、北京大学、南京大学、中国人民大学等多所高校合作编写(上海外语教育出版社出版),国家教委审定批准在全国使用的一套统编教材,广大师生对这套教材反映良好。由于这套教材全部课文均选自原著,取材广、难度大、要求高,与学生的实际水平尚有差距。并且内容多、课时少,要使绝大多数学生两年学完后达到国家教委要求的“四级”水平,困难多,难度大。广大学生渴望有一本既有利于课前预习,又有益于课后复习,既能减轻学习负担,又能掌握知识,还能达到学习要求的参考书。为了满足这一要求,我们根据多年教学实践的经验合作编写了《大学英语辅导》(精读1—4),参加编写工作的有四川大学教师吴晓红(Book One 1—5 单元)、曾祖选(Book One 6—10 单元)(Book Two 9—10 单元)、余国强(Book Two 1—8 单元)、吴显洪(Book Three 6—10 单元)、四川师院教师孔丽(Book Three 1—5 单元)、西南交大教师解秀琴(Book Four 1—5 单元)和范怡红(Book Four 6—10 单元),该书由四川大学教师吴显洪同志设计、统稿、订稿,并由四川省高校公共外语教学研究会顾问冯思刚教授审校,并于1992年11月出版。

《大学英语辅导》(精读1—4)从1992年11月出版至今虽仅短短三年多时间,由于广大读者的厚爱,已四次重印,印数好几万册,读者遍及全国。为了报答广大读者对该书的关心和厚爱并应广大读者的要求,我们对《大学英语辅导》进行了适当的修改。修订本对原书中某些例句进行了更换,删繁就简,对某些常用词汇和短语以及难点进行了补充,尤其是增补了某些常用的、难掌握的词汇的用法,同时,每册十单元后增加了一套自测题。修订后的《大学英语辅导》内容更丰富、知识更全面、质量更高,相信对广大读者帮助会更大,也会更加受到广大读者的厚爱。

根据教材体制,《大学英语辅导》(精读1—4)分课编排,每课分词汇(Vocabulary)、短语(Phrases and Expressions)、难点注释(Explanatory Notes)和词语辨析(Discrimination)四部分。每部分都包括课文、练习和阅读的内容(每两部分间均空一行以示区别)。词汇部分主要是课文、练习、阅读部分中出现的生词,生词均用中文解释,每个生词的解释包括该词在课文中的含义及其它一至二种(如果有)常用意思;短语亦用中文解释并配有例句和中文译文;难点注释主要是课文中难以理解的句子、重要句型、语法现象和常用且重要的词汇进行解释性中文注释,并对练习和阅读部分出现的难点适当

加以注释；词语辨析部分主要结合教学和四、六级考试，对课文中出现的某些词汇或短语在意义和用法上容易与某些常用词汇或短语混淆进行区别，使学生能更好地掌握。《大学英语辅导》(精读1—4)对高校文理科本科生自学和教师教学都是一本很好的工具书。

参加《大学英语辅导》(精读1—4)修订工作的有四川大学副教授吴显洪(Book Four)、副教授余国强(Book One)、副教授曾祖选(Book Two)、教师吴晓红(Book Three)。修订本亦由四川大学副教授吴显洪同志设计、统稿、审稿和订稿。崔跃萍、张兰林等同志参加了本书的资料整理和校对工作，四川大学出版社李勇军编辑在本书策划、出版过程中，做了大量工作，在此谨表谢意。我们经验不多，学识浅薄，疏漏谬误之处势所难免，望读者和同行多提宝贵意见，以便下次修订时参考修正。

**《大学英语辅导》(精读1—4)修订者**

1996年2月于四川大学

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# Book One



## Unit One

### How to Improve Your Study Habits

#### I. Vocabulary

adapt/ə'dæpt/vt.  
regularly/'regjuləli/ad  
inevitably/in'evitəbli/ad.  
adverbial/əd'və:bjəl/a. & n. [C]  
paragraph/'pærəgrɑ:f/n. [C]  
definition/ˌdefi'nɪʃən/n. [U]  
column/'kɒləm/n. [C] [U]  
italicize/i'tælisaɪz/vt.  
phrase/freɪz/n. [C]  
pursue/pə'sju:/vt.  
suffix/'sʌfiks/n.  
diligent/'dɪlɪdʒənt/a.  
proof/pru:f/n. [U]  
betrayal/bɪ'treɪəl/n. [U]  
shirk/ʃə:k/v.  
versatile/'və:sətaɪl/a.  
dean/di:n/n. [C]  
announce/ə'naʊns/v.  
remedial/ri'mi:djəl/a.  
participate/pɑ:'tɪsɪpeɪt/v.  
public school  
department/di'pɑ:tmənt/n. [C]  
inform/in'fɔ:m/v.  
optimistic/ˌɒptɪ'mɪstɪk/a.  
illiterate/i'lɪtərɪt/n. [C] & a.  
grammar school  
responsibility/ri'spɒnsə'bɪlɪti/n. [U] & n. [C]  
add/æd/v.  
multiply/'mʌltɪplaɪ/vt. & vi.  
subtract/səb'trækt/vt.  
sum/sʌm/n.  
fee/fi:/n. [C]  
deficiency/di'fɪʃənsi/n. [U]  
guarantee/ˌɡærən'ti:/vt.  
conceptional/kən'sepʃənəl/a.  
rage/reɪdʒ/n. [C] [U]

改编  
定期地,有规律地,经常地  
必然地  
a. 状语的,副词的 n. [C] 状语  
段;节  
定义  
栏;(报刊上的)专栏  
用斜体印刷  
短语;片语  
从事;追赶;追求;进行,实行  
后缀;字尾  
勤奋的;努力的  
证据;证明  
背叛  
逃避;躲避  
多才多艺的  
教务主任,系主任  
通知,通告,宣布;通报  
补救的,救济的;改造的  
分享;参与  
(英国)私立学校;公学,[美国]公立学校  
(大学中的)系科;(商业机构的)部门;行政区  
通知,报告,告诉  
乐观的;有信心的  
n. [C] 文盲 a. 文盲的,不识字的  
(英国)文法学校(一种中等学校设有文学或古典作品的课程,以别于工艺或技术学校)  
n. [U] 职责;任务 n. [C] 责任;负责  
增加,加添;继续说  
vt. 乘;成倍地增加;增加 vi. 增多;繁殖  
减去,扣除  
算术题目;总计;金额  
费,报名费,会费  
缺陷,缺乏  
担保;保证  
想象的,构想的  
盛怒;狂暴;强烈的欲望

#### II. Phrases and Expressions

make a list of (P1, L. 6) 列表,开列

Please make a list of the things I must buy. 请将我必须购买的东西列一个单子。

**fill in** (P. 1, L. 7) 填写, 填充, 填满

You got the date wrong when you were filling in the cheque. 你在填写支票时把日期搞错了。

They filled in sunken places with stones. 他们用石块填平了坑坑洼洼。

**be sure to do** (P. 1, L. 9): 千万要..., 一定要...

Be sure to write and give me all the news. 务必写信告诉我所有的消息。

Be sure not to make the mistake again. 一定不要再犯这样的错误。

**decide on** (P. 1, L. 8) 决定, 选定

The society decided on a lecture series and appointed a committee to determine the speakers, dates, etc. 学会决定举办系列讲座, 并委派一个委员会具体择定讲演人、日期等。

She has decided on art as a career. 她已决定选择艺术为职业。

**set aside** (P. 1, L. 9): 留出, 拨出; 驳回; 放在一边

Each week she tried to set aside a few dollars. 她设法每周积蓄几美元。

Let's set aside our personal feelings. 让我们撇开个人的情感。

**be aware of** (P. 2, L. 1): 意识到, 知道, 觉察到

He is aware of his danger. 他意识到自己的危险。

He was not aware of having done wrong. 他没认识到他做错了。

**look over** (P. 2, L. 20): 迅速查看; 从...上面看过去; 原谅

The auditors are looking over the bank's books. 查帐员正在查看银行的帐本。

She looked over her spectacles. 她从眼镜上方看出去。

**make good (full, the best) use of** (P. 2, L. 26): 很好(充分、尽量)使用

You must make good use of any opportunities you have of practising English.

你该好好利用所有机会练习英文。

You should make the best use of your time. 你应该尽量利用自己的时间。

**go over** (P. 2, L. 29): 复习、温习; 视察; 仔细检查

It is important to go over your lessons regularly. 定期复习功课很重要。

It is a pleasure to go over a good road in a car. 乘汽车在平坦的大路上奔驰是件乐事。

**lead to** (P. 2, L. 35): 导致...; 通往...; 领往...

The error of a pointsman led to a fatal railway disaster.

扳道工的失误造成了重大的铁路事故。

All roads lead to Rome. 条条道路通罗马。

**share with** (P. 2, L. 44) 与...分享; 与...共用

We must share everything with the people. 我们必须与人民同甘共苦。

He hates having to share the hotel bedroom with a stranger.

他讨厌和陌生人合住一间旅馆房间。

**be made up of** (P. 9, L. 29): 由...组成, 由...构成

The committee is made up of five members. 这个委员会由五名成员组成。

Are all animal bodies made up of cells? 所有动物体都是由细胞组成的吗?

**in addition** (P. 9, L. 30): 另外, 还有, 并且

You need money and time, in addition, you need diligence.

你需要金钱和时间,此外,你还需要勤奋。

He has two cars and in addition a motorboat. 他拥有两辆轿车,还有一艘汽艇。

**meet with** (P. 9, L. 34): 遭遇;和...邂逅,撞见;偶然发现

He met with an accident on the way to Sydney. 在去悉尼的途中他遭遇到一起事故。

She met with a striking phrase in a book. 她在书里偶然发现了一条醒目的片语。

**to a certain (large, great, good) extent** (P. 10, L. 16): 在某种(很大)程度上

The matter was carried to a foolish extent. 这事弄到荒谬的地步。

It was to a certain extent his own fault. 这在某种程度上是他自己的过错。

**send off** (P. 11, L. 1): 送别,给...送行,寄出,发出

A large crowd went to the airport to send him off. 一大群人前往机场为他送行。

Please see that the parcels are sent off at once. 请务必把这些包裹立即送出去。

**participate in** (P. 11, L. 5): 分享;参与

I participate in your suffering and joy. 我和你同甘共苦。

The organization invited the world to participate in an international exposition.

这个组织邀请世界各国参加国际博览会。

**keep up with** (P. 11, L. 6): 跟上,赶上,不落后

This course is designed to make slow students keep up with their lessons.

安排这个课程是让差生不致于把功课落下。

The big man walked too fast for the little boy to keep up with him.

那个大个子男人走得太快,小男孩跟不上他。

**enroll in** (P. 11, L. 16) 报名参加;注册

I enrolled in a history course. 我报名参加修历史课。

He was enrolled in a register of electors in 1994. 他在1994年就被登入选举人名册。

**after all** (P. 11, L. 27): 依然,尽管;毕竟,到底

After all it is not so hard as it looks. 这毕竟不如看起来那样难。

I know he hasn't finished the work, but, after all, he is very busy.

我知道他未完成这项工作,但是要记得,他可是个忙人。

**fly into a rage (anger, temper, passion)** (P. 12, L. 4): 勃然大怒

He flew into a great passion. 他勃然大怒。

**in general** (P. 12, L. 18): 一般地,大体上;多数,大部分

In general your plan is good. 你们的方案总的来看是好的。

People in general like her. 大多数人都喜欢她。

**be familiar with** (P. 12, L. 30): 熟悉,同...相好;通晓...

I have been familiar with him for years. 我跟他熟悉已有几年。

Before you leave home for the United States, you should be familiar with the English language. 在你出国赴美之前,你应该通晓英语。

**keep up** (P. 13, L. 13): 继续,不停;维护,维持

The enemy kept up their attack all day. 敌人整天不停地进攻。



How much does it cost you to keep up your large house and garden?

维护你的大房子和花园需要多少花费?

**in a way** (P. 13, L. 28) 有几分,稍微;在某种意义上

The work was well done in one way. 那工作在某方面做得很好。

Can I help you in any way? 我能帮点什么忙吗?

**describe...as** (P. 13, L. 30): 把...描绘成...

He was described as being very clever. 据说他很聪明。

He described his suffering as a prisoner of war. 他描述了自己当战俘所遭受的苦难。

**in contact with** (P. 13, L. 39): 同...接触,跟...保持联系

Have you been in contact with your sister recently? 近来你和你妹妹有联系吗?

Our troops are in contact with the enemy. 我们的部队已与敌军接触。

**blame for** (P. 13, L. 27): 对...负责,归咎于...,认为...对...负责

Movies have been blamed for the crime wave. 电影被认为应对犯罪率上升负责。

I have nothing to blame myself for. 我没有什么可以责怪自己的。

**keep sth. in mind** (P. 14, L. 2): 记住...

Keep what I say in mind. 记住我的话。

You have to be home by 11 o'clock. Keep that in mind. 你得在11点以前回家,记住这一点。

## III. Explanatory Notes

### 1. How to improve your study habits. (the Title)

怎样改进你的学习习惯。

improve; vt&vi. (使)更好、改善、改良、提高。例如:

I want to improve my English. 我要提高英语水平。

I think your English is improving. 我认为你的英语正在改进中。

She is improving in health. 她的健康状况正在好转。

improve upon/on: 对.....作出改进

I am unable to improve on his suggestion. 我提不出比他更好的建议。

Tom has improved on his first attempt (at drawing). 汤姆的(绘画)习作比第一次有了改进。

### 2. Sound too good to be true? (P. 1, L. 2)

听起来好得难以置信?

这是个省略句,补充完整即: Does it sound too good to be true? 句末念升调。

sound 在此用作系动词,后跟形容词表语good,意为“听起来”。例如:

This sounds like a fiction. 这简直象编造的故事一样。

This name sounds familiar. 这个名字听起来很耳熟。

类似此种用法的动词还有: smell (闻起来), taste (尝起来)等用作联系动词,后接形容词作表语。例如:

The flowers smell sweet. 花朵散发芳香。

Good medicine tastes bitter to the mouth. 良药苦口。

It tastes fine (delicious). 这东西尝起来很好吃(味道很好)。

### 3. This is not necessarily the case, however. (P. 1, L. 3)