

乐理与技巧教本 Theory & Technic for the Young Beginner 幼童本

PRIMER B • 初级 B



BY JAMES BASTIEN

KIOS NEIL A. KIOS MUSIC COMPANY • SAN DIEGO, CALIFORNIA

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亲爱的教师和家长们：

幼童本《乐理与技巧教本——A 级》与幼童本《钢琴教本——A 级》是一页一页地互相配合使用，以便使儿童对音乐的每一概念都有完整的认识。故使用时请对照《钢琴教本》的目录，在《乐理与技巧教本》的每一页上也有详细说明。

这套特别为 5 岁、6 岁儿童所设计的教程——幼童本《乐理与技巧教本》，其内容包括一些写作教程和简短的乐曲、技巧的练习。它们之间完全互辅的。当乐理融为学习钢琴的一部分时，儿童便更能够深入了解所弹的乐曲，也就更容易学得好。

我们衷心地祝福——此套教程能带给您有效且成功的钢琴教学效果。并祝教学愉快！

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乐理与技巧教本

Theory & Technique

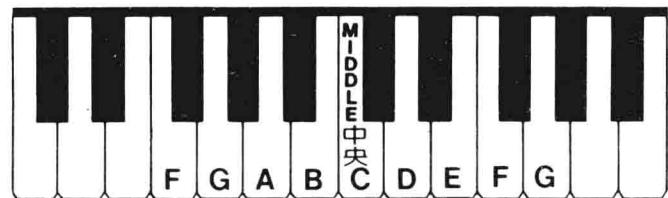
for the Young Beginner—PRIMER B • 幼童本 初级 B

钢琴教本
This Book
Piano

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为使儿童学琴有成就感,每当通过一个课程,教师或学生可在相应的横线上画“√”记号

中央 C 位置 Middle C Position



右手 R.H. 1 2 3 4 5

左手 L.H. 5 4 3 2 1



1. 从中央 C 位置开始画出右(左)手的四分音符, 弹奏并唱出音名。

Draw quarter notes in the middle C position. Play and name these notes.

C D E F G

拼音游戏,

Note-Spelling Fun!

2. 先将下列音名写出。再弹奏并唱这些中央 C 位置的音名。

Write the letter names of these notes to spell words.

Play and name these notes in the middle C position.

3. 用四分音符画出下列各音符，并边弹边唱。

Draw these notes. Use quarter notes. Play and name these notes.

C E G F E D E C

4. 用四分音符画出下列各音符，并边弹边唱。

Draw these notes. Use quarter notes. Play and name these notes.

F G A G A B C C

5. 弹奏此曲，
并唱出音名。
Play this music
and name the notes.

小猫儿

Cats

Sneakily 鬼祟地

1

小猫儿
Cats have claws.

有利爪，
Cats have paws.

爬 上 树
Cats can climb

去 玩 要！
an - y time!

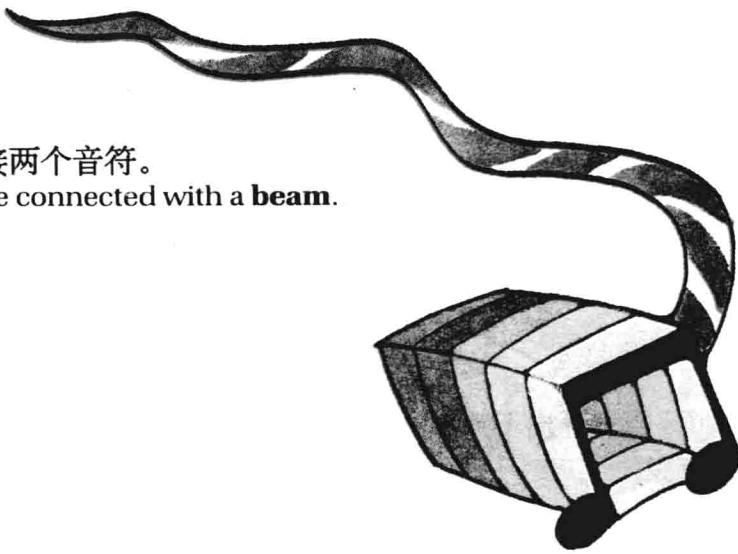
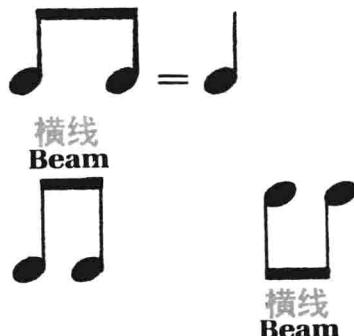
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双八音符

Two Eighth Notes

双八音符等于一个四分音符。中间以横线来连接两个音符。

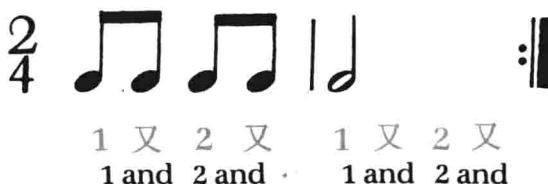
Two eighth notes equal one quarter note. They are connected with a **beam**.



6. 将下列音符两个音中间加一横线,使形成双八音符。
Add a beam to these pairs of notes to form two eighth notes.



双八音符可数成:一又二又
Eighth notes may be counted with
numbers by saying "and" after the number.



7. 拍手并数下列拍子。
Clap and count the following rhythm.



数: 1 又 2 又
或: 双 八 四 分
Count: 1 and 2 and
or: two eighths quar-ter

8. 弹奏下面曲子,并利用本页所教的数算方式大声数拍子。
Play this music and count aloud. Use either of the counting systems shown
on this page.

Kites 风 筝

风 筝 飞
Kites fly high

上 高 天,
in the sky.

我的 飞 最
See mine fly-ing

高!
by!

技 巧
Technic

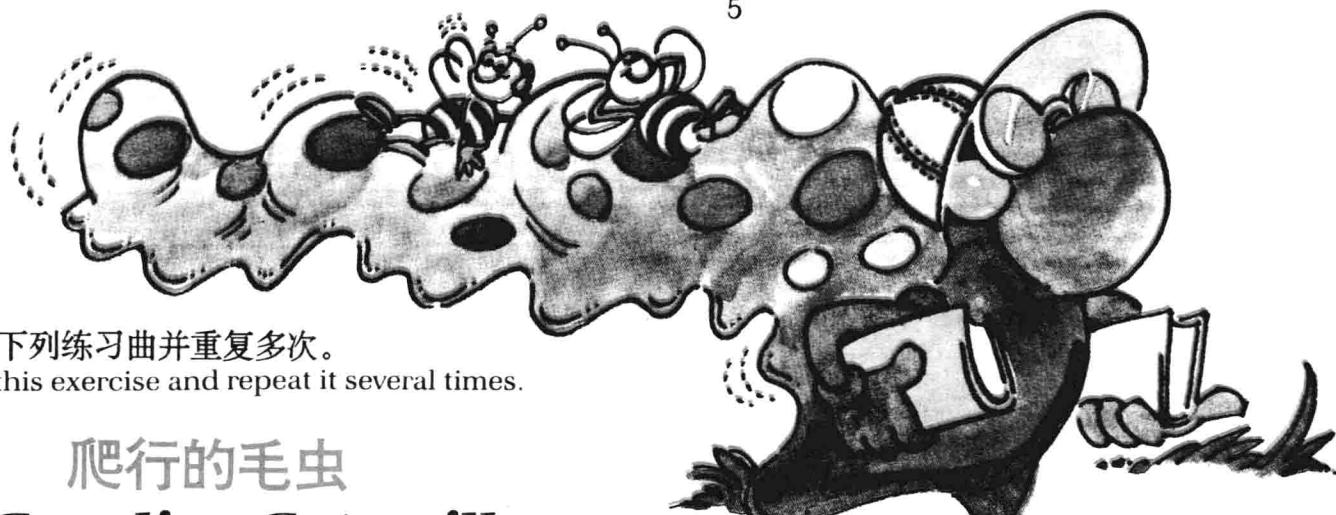
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9. 弹奏下列练习曲并重复多次。
Play this exercise and repeat it several times.

Bees in Spring 春天的蜜蜂



1 5



10. 弹奏下列练习曲并重复多次。
Play this exercise and repeat it several times.

爬行的毛虫

The Crawling Caterpillar



1



1

C 位置 C Position

C D E F G

C D E F G

在中线(第三线)
上或上方的音符，
用下符干。
Notes **on or above**
the middle line
have **down stems**.

在中线(第三线)
以下的音符，
用上符干。
Notes **below** the
middle line have
up stems.

11. 在低音谱表上,画出 C 调五指位置两次。
Draw the C position notes in the **bass clef** two times.

C D E F G C D E F G

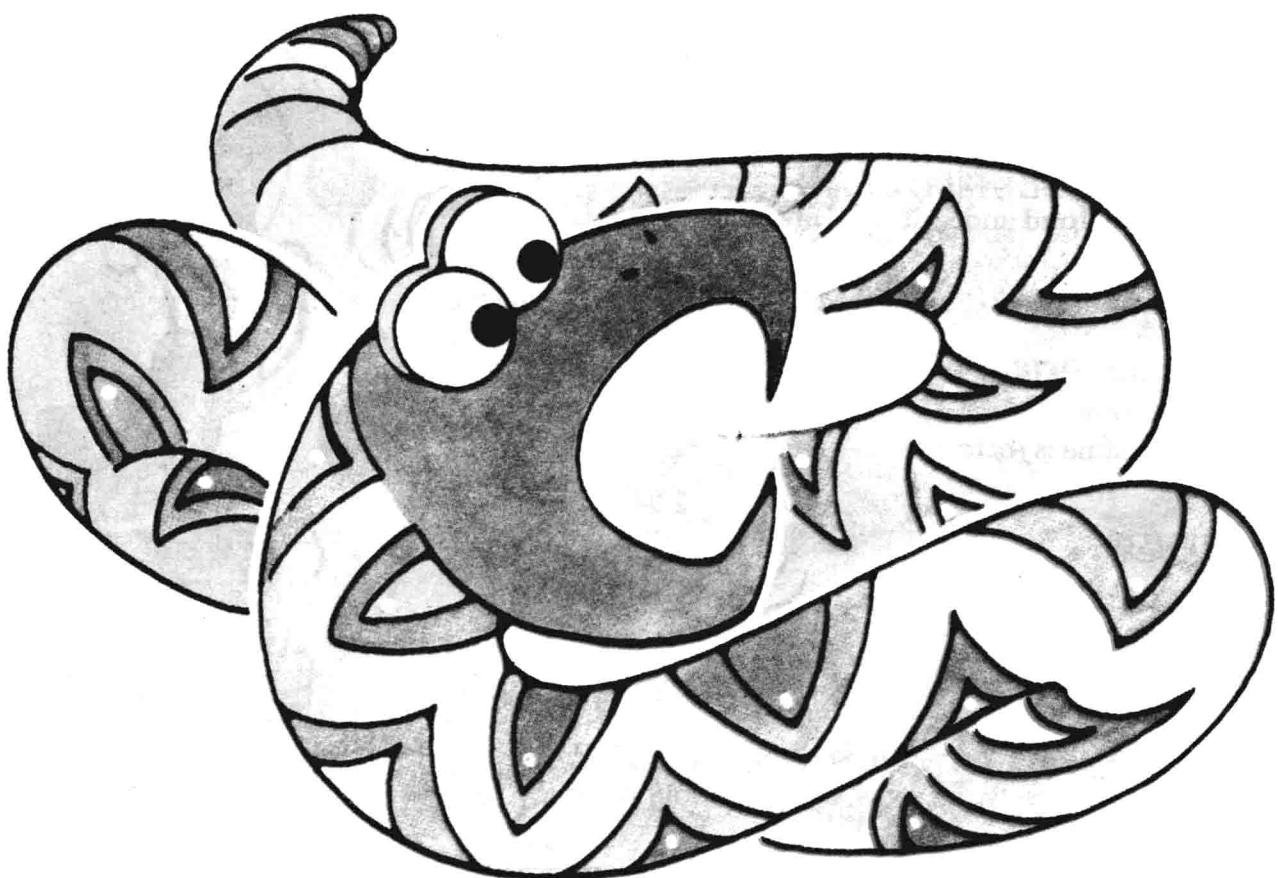
12. 在高音谱表上,画出 C 调五指位置两次。
Draw the C position notes in the **treble clef** two times.

C D E F G C D E F G

13. 写出下列音符的音名,并弹奏。
Write the names of these notes. Play them.

右手
R.H. 3

左手 5
L.H. C



14. 弹奏下列练习曲，并重复多次。首先以两手分开练习。

Play this exercise and repeat it several times. You may play it hands separately.*

C大调练习 *Workout in C*

*给老师的建议：本练习可指导学生开始就用两手一起弹奏。

Teacher: This practice direction is only a suggestion. You may want the student to begin with both hands.

力度 Dynamics

表示音乐强弱的记号叫做力度记号。

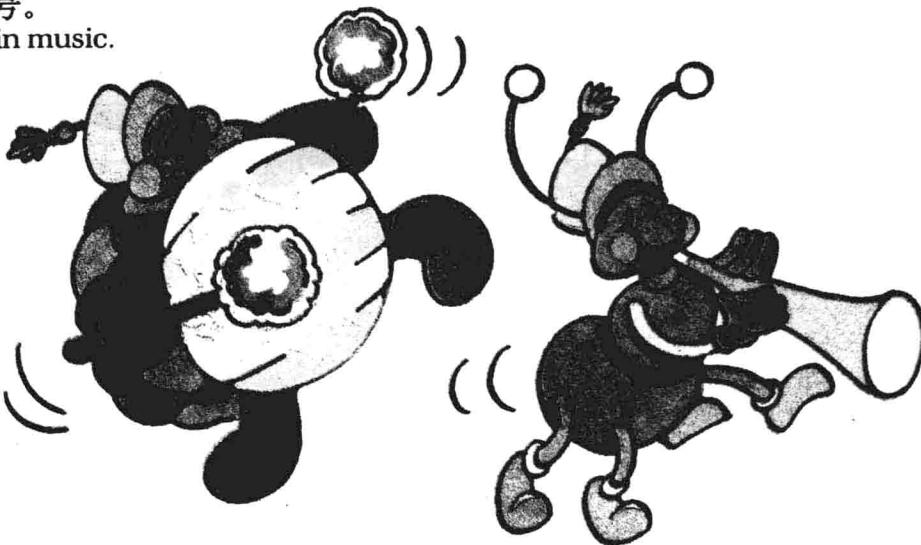
Dynamics are **loud** and **soft** signs in music.

f 意思是强。

意大利文是 **forte**.

f means **loud**.

Its Italian name is **forte**.



p 意思是弱。

意大利文是 **piano**.

p means **soft**.

Its Italian name is **piano**.

15. 先照虚线描出 2 个 **f** 记号, 再画出 4 个 **f** 记号。

Trace the first two **f** signs, then draw four more.



16. 先照虚线描出 2 个 **p** 记号, 再画出 4 个 **p** 记号。

Trace the first two **p** signs, then draw four more.



17. 先念歌词, 再根据歌词内容在每行谱子前面画出力度记号, 并弹奏此曲。

Read the words of this song. At the beginning of each line, write the dynamic sign that matches the words of that line. Play this piece.

Our School Band 学校乐队

竖笛声音
Hear the clar-i -

多柔和,
net so soft.

悦耳声音
It is pleas-ing

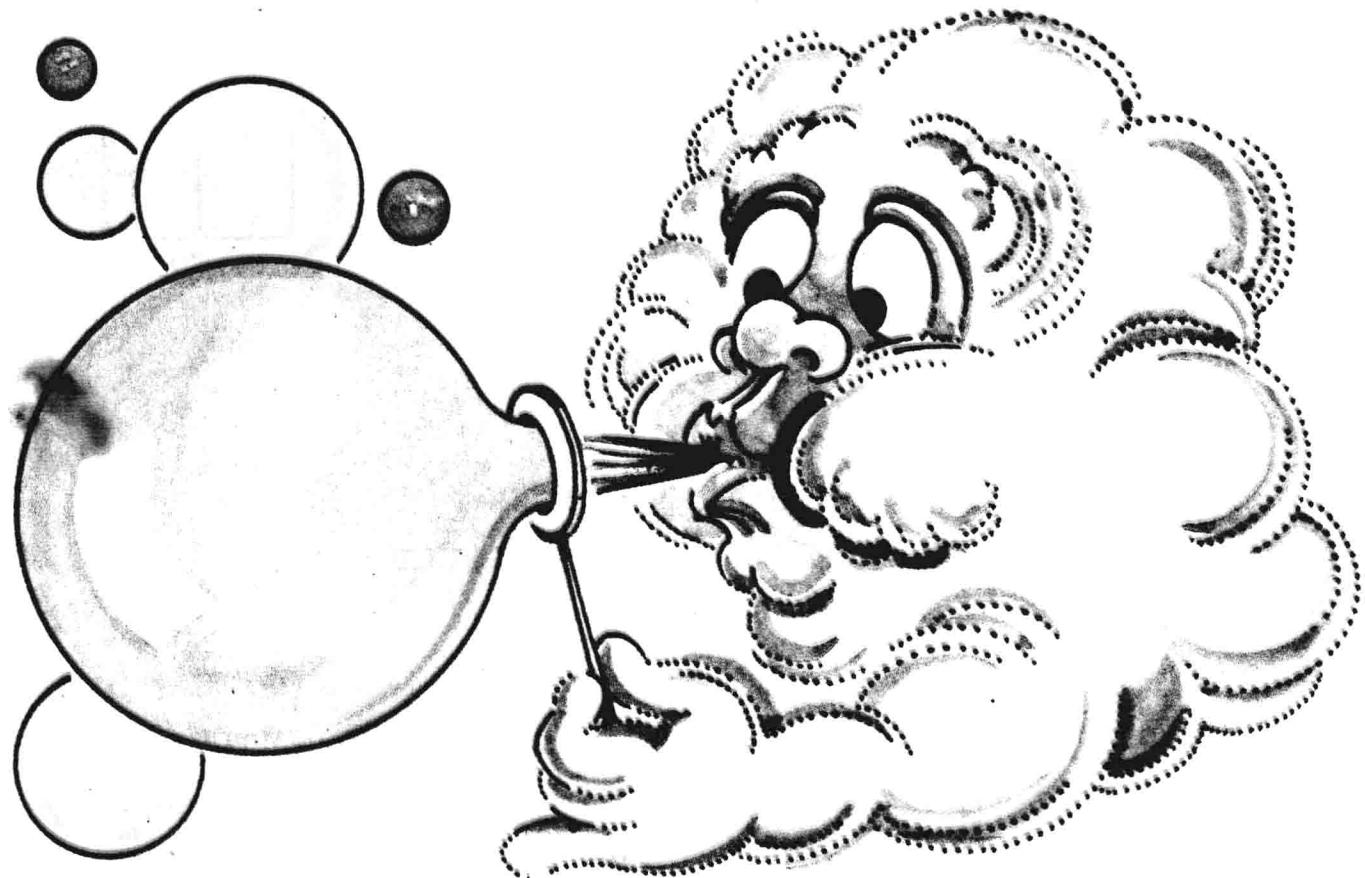
真好听。
to the ear.

鼓手大声
Hear the drum-mer

敲着鼓,
play-ing loud.

咚咚声音
"Boom,boom" goes the

多响亮!
sound so clear!



18. 弹奏下列练习曲，并重复多次。

f-p 的意思是第一遍用 **f**(强音)弹奏；第二遍用 **p**(弱音)弹奏。

Play this exercise and repeat it once.

f-p means to play first time **f** (loud), the second time **p** (soft).

听那风声

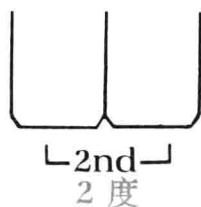
Hear the Wind Blow!

音 程

Measuring Intervals

2 度 一个音到相邻的另一个音间的
2nd 距离, 叫做二度。

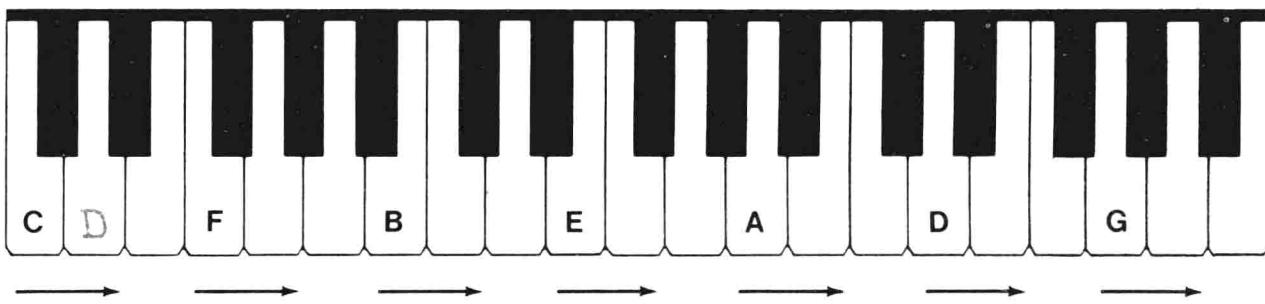
The distance from one key to the next key is a **2nd**.



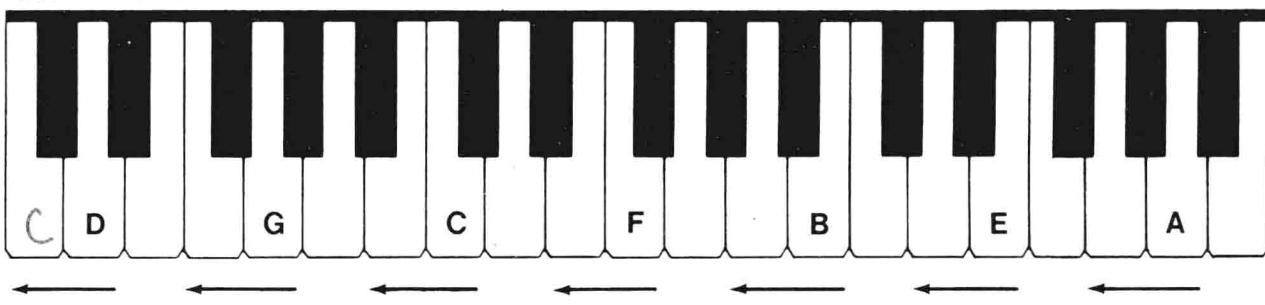
谱表上二度音程的记法是从线到相邻的间, 或从间到相邻的线上音。
On the staff a 2nd is either line to space or space to line.

向上二度
Up by 2nds 向下二度
Down by 2nds

19. 写出下面字母右方二度的音名, 并用左手或右手在钢琴上弹出这些二度音。
Write an interval of a 2nd **up** from the given letters. Play these intervals on your piano. Use either hand



20. 写出下面字母左方二度的音名, 并用左手或右手在钢琴上弹出这些二度音。
Write an interval of a 2nd **down** from the given letters. Play these intervals on your piano.
Use either hand.



21. 将下列音符, 依照箭头向上或向下的指示, 画出它的二度音。弹奏并唱出音名。
Draw a note an interval of a 2nd from the given note. Draw the note above if the arrow is up, or below if the arrow is down. Play and name these notes.



22. 弹奏下列练习曲，并重复多次。

Play this exercise and repeat it once.

两只猴子 *Monkey Twins*

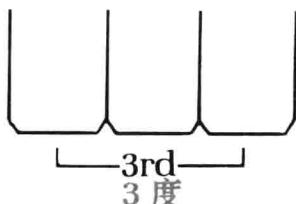
1

f-p

5

12
3度
3rd

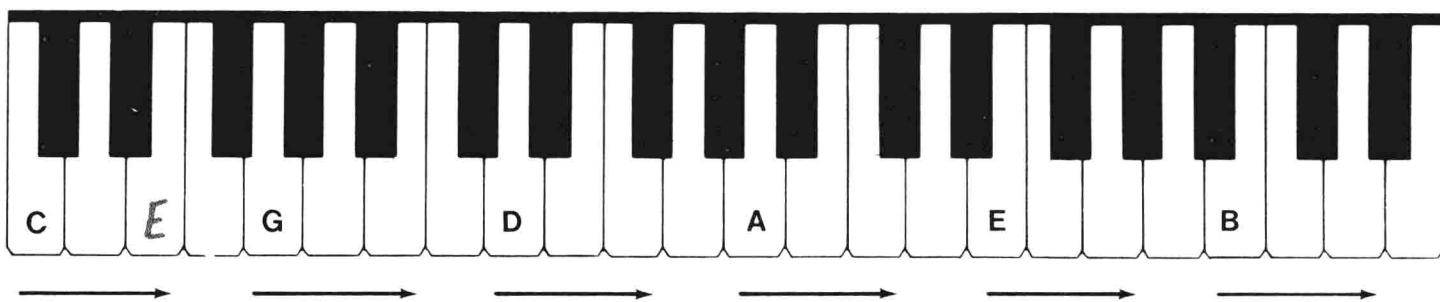
跳一个琴键即是三度。
One skipped key is a **3rd**.



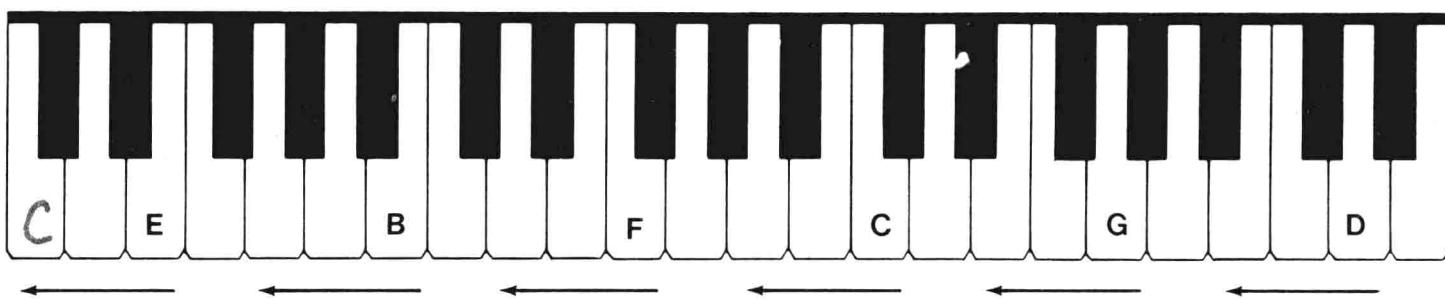
三度音是线到相邻的线或间到相邻的间内音。
On the staff a 3rd is either line to line or space to space.



23. 写出下面字母右方三度的音名，并用左手或右手在钢琴上弹出这些三度音程。
Write an interval of a 3rd **up** from the given letters. Play these intervals on your piano.
Use either hand.



24. 写出下面字母左方三度的音名，并用左手或右手在钢琴上弹出这些三度音程。
Write an interval of a 3rd **down** from the given letters. Play these intervals on your piano.
Use either hand.



25. 将下列音符，依照箭头向上或向下的指示，画出它的三度音。弹奏并唱出音名。
Draw a note an interval of a 3rd from the given note. Draw the note above if the arrow is up, or below if the arrow is down. Play and name these notes.

Two musical staves. The top staff is in treble clef and the bottom is in bass clef. Each staff has six notes. Below each note is a vertical arrow pointing either up or down, indicating whether to draw the note above or below the given note to form a 3rd interval.



26. 弹奏下列练习曲，并重复多次。
Play this exercise and repeat it once.

三只长颈鹿 *Three Giraffes*

1

f-p

3/4

5

3/4

Musical notation for the first measure of the 'Three Giraffes' exercise. It consists of two staves. The top staff is in treble clef and has a '1' above it. The bottom staff is in bass clef and has a '5' below it. Both staves have a '3/4' time signature. The music starts with a forte dynamic (*f*) followed by a piano dynamic (*p*). The notes are eighth notes.

3/4

3/4

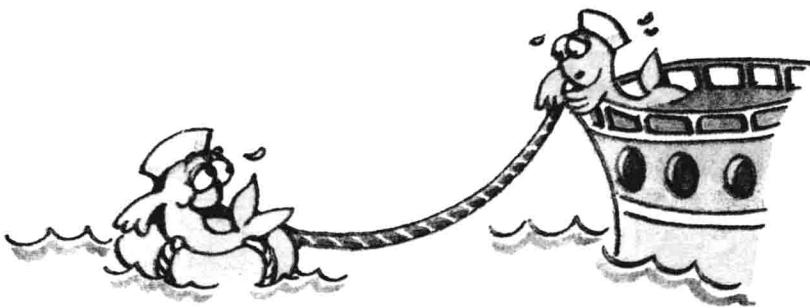
Musical notation for the second measure of the exercise, continuing from the first staff. It consists of two staves. The top staff has a treble clef and a '3' above it. The bottom staff has a bass clef and a '3' below it. Both staves have a '3/4' time signature. The notes are eighth notes.

圆滑线

The Slur

圆滑线是一弧形线，加在两个或两个以上音符的上方或下方，表示要圆滑地弹奏。

The **slur** is a curved line over or under two or more **different** notes that are to be played legato (smooth, connected).



27. 在下列音符上方，画出一圆滑线，并圆滑地弹奏。

Draw a slur **over** these notes.
Play these notes legato.

- 在下列音符下方，画出一圆滑线，并圆滑地弹奏。

Draw a slur **under** these notes.
Play these notes legato.

28. 在下列音符下方加上圆滑线，并圆滑地弹奏。

Draw a slur **under** these notes. Play these notes legato.

The Tie 结合线

结合线是一弧形线，用来结合在同线上或同间内的两个音符。弹第一个音后要保持两个音的时值。

The **tie** is a curved line which connects notes that are on the **same** line or space.
Play the first note and hold it for the value of both notes.



29. 把下列相同的两音符画上结合线，并把拍数的总和写在下方横线上。

Draw a tie to these pairs of same notes. Write the total number of counts for the tied notes on the lines below.

2 counts (2 拍)

30. 在每一乐句弧线的最后音符,数完三拍后,手腕要提起来,表明分开乐句。

Lift your hand at the end of each slur with an up wrist motion. Lift on count 3.

手 提 起!

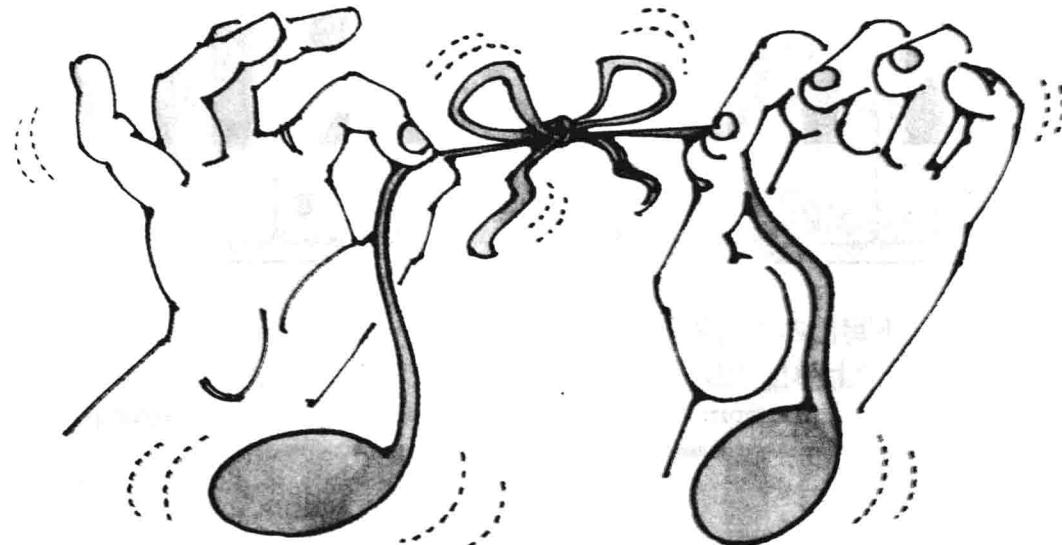
Lift That Hand!

手提起
lift hand

手提起
lift hand

手提起
lift hand

手提起
lift hand



31. 在每一乐句弧线的最后音符,数完四拍后,手腕要提起来,表明分开乐句。

Hold the tied notes. Lift your hand at the end of the slur on count 4.

结合的音符

Tie Those Notes!