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# 大学英语四级 经典范文 200篇

100个四级易考话题  
100篇外教原创精品范文  
100篇英文原版阅读名篇  
亮点词汇及短语归纳



## 100 Topics for CET4 Writing

Carol Rueckert / 著

编 译 / 董丽哲 李安玲 管 雯

编 审 / 林学明

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—— *200* 篇 ——



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## 前 言

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要写出好作文，最现实的办法是多背、多读经典范文。这本书包含的大量文章素材和写作思路，不仅让你平时的写作得心应手，而且能帮助你考试获取高分。

本书 100 个题目涵盖课程学习、大学教育、网络、锻炼与健康、课外活动、工作与事业、社会生活、品德与修养、实用书信及图表说明 10 个主题。100 个题目是在历年真题的基础上归纳、总结、预测出来的，体现真题出题规律，具有较高的针对性和仿真度。

100 篇外教原创经典范文、100 篇名篇选读涉及近年来最受关注的社会事件、现象、争论焦点，可以让你接触到最新的写作素材、参考多样的写作思路、吸收新颖的写作论点。每篇的“思路点拨”让你知其所以然，逐渐形成快速有效的写作思路。书后附亮点词汇及短语，为文章增光添彩。

作者是在中国高校教过英语写作的外教。每篇范文都按照考题要求和评分标准来写，既有同学们喜闻乐见的“套路”、“模版”，也有新颖的角度和地道鲜活的语言。本书不仅通过外教原创的范文让你学到真正的英语，还提供更多有用的例句让你的表达更加丰富。

总之，这本经典范文集最有价值之处就在于真实和原创。如果你能把书中精彩的表达方式据为己有，高分一定属于你！

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# Choosing Electives for a Rounded Education

## 1 选修课程有助实现全面教育

### 名篇选读

Whether you have already decided on a career path, or if you're looking to broaden your horizons, a wide variety of elective courses will expand your personal and professional networks, while also leading to a fulfilling educational experience.

While every degree program has specific requirements, electives allow students to test the waters outside their main area of focus. By exploring elective options, you may gain a new perspective into your professional calling. Regardless of whether or not your electives lead you to a new career, electives allow potential job-seeking candidates when applying for work. In fact, employers seek candidates who have well-rounded backgrounds. Showing a diverse academic background, along with your career focus, demonstrates that you are versatile and enjoy learning.

While electives often provide students with new opportunities and a fulfilling educational experience, studies are also revealing that electives actually promote better thinking and learning. For example, in considering art electives, researcher confirmed that “more and more business leaders are realizing that arts education helps to prepare young people for the workplace, acknowledging that arts education develops collaborative skills, technological competencies, flexible thinking, and an appreciation for diversity.”

Furthermore, the elective study of foreign or native languages also leads to a better understanding of vocabulary, grammar, mechanics, and communicative skills. In studying any of the language arts courses, students tend to see an improvement in their overall speaking and written abilities.

In most cases, majors and areas of focus allow for free options to choose your own non-core classes. Indeed, you are expected to complete

the pre-requisite classes, along with two to three related electives. Ultimately, when choosing electives, you must be sure that the courses will still support your degree and program. With free electives, however, you can generally take the classes that interest you.

来源: <http://www.communitycollegereview.com/articles/27>

无论你是否决定了职业方向, 还是希望拓宽视野, 多样的选修课程将扩展你的人际网络及专业领域, 从而实现完整的教育经历。

每个专业对于课程都有具体要求, 选修课能让学生尝试专业之外的领域。通过尝试不同的选修课程, 你可以从新的视角来审视职业规划。不管选修课程是否让你转变职业方向, 它的确能让你在找工作时拥有更多机会。事实上, 雇主想找的是全面发展的人才。你可以通过扎实的专业知识和多样化的学术背景, 向雇主展示你的多才多艺和勤奋好学的品质。

通过选修课学生不仅能获得更多机会并充实教育经历, 同时研究还显示选修课的确能改善思考和学习的方式。研究人员证实, 关于艺术类选修课, “越来越多的商业高层人士已经意识到艺术教育能让年轻人将来的工作做好准备, 同时艺术教育还有助于协作精神、技能发展、锻炼灵活的思考方式, 并学会接纳认可多元化。”

此外, 学习外国或本国语言课程也能提高学生对于词汇、语法、结构和交际功能的理解。通过语言艺术课程的学习, 学生整体的口头和书面表达能力都会有所提高。

在大多数情况下, 除专业和核心课程之外, 学生可以自由选择非核心课程。但事实上你要先完成先修课程以及两三个相关选修课。最后一点, 在选修课程时你必须确信所选课程将有助于你的专业学习。虽然是自主选修的课程, 但你通常要选的应该不是你感兴趣的课程。

### 生词和词组

- electives *n.* 选修
- competency *n.* 胜利, 能力
- appreciation *adj.* 欣赏
- collaborative *adj.* 协同的
- flexible *adj.* 灵活
- pre-requisite *adj.* 先决条件的

## 作文练习

Write a composition on your opinion of optional courses at universities. Your composition should be in more than 120 words and based on the following outline:

- 大学生有机会上选修课
- 并非所有人都满意选修课制度
- 选修课给大家的好处

## 参考范文

### On Optional Courses of Universities

For the last few years, university students have been given the chance to choose a few optional courses in addition to the mandatory courses of their majors.

Because it has become known that some students end up spending more time on their elective classes than on their required classes, not everyone is entirely satisfied with this system. In fact, some students have even had to drop out of university because of failing grades due to the amount of time and effort spent on the optional classes.

However, I believe that optional courses provide students with many benefits. Not only are students given a platform to pursue some of their own interests, but they are also forced to make some decisions on their own, which is an important aspect of adulthood.

### 大学选修课

最近几年来,除了上专业必修课之外,大学生们还有机会选学一些选修课。/大家都知晓的一点却是,有些学生最后往往花费很多的时间在选修课上,因此忽略了必修课程,所以并非所有人都完全赞同这种选课制度。事实上,有些学生因为选修课占用了大量时间,导致专业课挂科,而不得不退学。/不过,我认为选修课会让学生们受益匪浅。这不仅给学生们提供了一个平台来发展自己的个人爱好,而且迫使他们独立做决定,这种抉择的能力是衡量一个人成熟与否的重要因素。

## 更多有用的句子

- ① More and more students are now able to choose optional courses at universities.  
现在,越来越多的学生有机会在大学里选读选修课程。
- ② It is widely known that university students are not always able to prioritize.  
众所周知,大学生并不总能判断事物的优先次序。
- ③ Some students might simply take classes that are perceived to be easy rather than classes that will help them in the future.  
有些学生只选择看起来容易的课程,而不是那些对自己的未来有所帮助的课程。
- ④ Every student should have the right to choose a few of the classes that they take.  
每个学生都有权利选择一些自己想学的课程。
- ⑤ Hopefully this trend will continue in the future.  
希望这种趋势将来可以一直保持下去。

## 词汇及表达法

- optional course 选修课程
- drop out 退学
- due to 由于,应归于
- pursue v. 追求,从事,获取
- on one's own 独自地,独立地

## 思路点拨

首段作者以大学选修课的普及引出文章论题。第二段作者先介绍他人对选修课的看法:选修课占用学生太多的时间和精力。并以有些学生的经历为例。第三段作者表明自己的观点:选修课让学生们受益匪浅,包括两方面:1. 提供给学生表现自我的平台;2. 也能够促使他们独立自主不断成熟。

## 名篇选读

Extensive reading has the potential to help language learners become better readers and make improvements in other aspects of their skills.

There is no cheaper or more effective way to develop learner autonomy than extensive reading. Reading is, by its very nature, a private, individual activity. It can be done anywhere, at any time of day, and at the speed they are comfortable with. They can visualize and interpret what they read in their own way. They can ask themselves questions (explicit or implicit), notice things about the language, or simply let the story carry them along.

Extensive reading is the most readily available form of comprehensible input, especially in places where there is hardly any contact with the target language. Study has confirmed that the only reliable way to learn a language is through massive and repeated exposure to it in context: precisely what extensive reading provides. If carefully chosen to suit learners' level, it offers them repeated encounters with language items they have already met. This helps them to consolidate what they already know and to extend it.

There is also a well-established link between reading and writing. Basically, the more we read, the better we write. Commonsense would indicate that as we meet more language, more often, through reading, our language acquisition mechanism is primed to produce it in writing or speech when it is needed.

The virtuous circle — success leading to success — ensures that, as we read successfully in the foreign language, so we are encouraged to read more.

The benefits of extensive reading extend beyond reading. 'Reading maketh a full man' as Bacon reminds us. Many students have a rather limited experience and knowledge of the world they inhabit both cognitively and affectively. Extensive reading opens windows on the

world seen through different eyes. The educational function of extensive reading can never be emphasized enough.

来源: <http://www.teachingenglish.org.uk/articles/extensive-reading-why-it-good-our-students%E2%80%A6us>

<http://eca.state.gov/forum/vols/vol42/no4/p12.htm>

泛读能帮助语言学习者更好的阅读, 并提高他们其他方面的技能。

在培养学习者自主性方面, 没有比泛读更便宜有效的方法了。阅读就其本质来说是一种私人和独立的活动。人们能在任何地方, 任何时候, 以他们感到舒服的速度进行阅读。在阅读过程中, 他们可以用自己的方式想象和理解所读的内容。他们可以问自己各种(浅显或深奥的)问题, 学习语言使用, 或仅仅欣赏故事情节。

阅读是最现成的可理解性输入形式, 特别是当人们几乎无法接触目标语言的时候。研究证实学习语言唯一可靠的方法是在语境中大量反复的接触这种语言, 而泛读正好提供了这种条件。如果阅读材料经过仔细挑选来适合学习者的水平的话, 学习者就能重复接触学过的内容, 将有助于巩固他们已有的知识并加以扩充。

阅读和写作能力也是密切相关的。一般来说阅读量越大, 写作能力就越好。通常, 我们在通过阅读更多更频繁的接触到语言之后, 我们的语言习得机制在需要写作或演讲时就能自然而然的产生良好效果。

如果能够用外语流利阅读, 人们的阅读量就会增加, 这种成功促进更进一步成功的良性循环就能得以实现。

泛读的好处并不仅限于阅读。培根说过, “读书使人渊博”。很多学生无论从认知上还是情感上对于世界的了解和知识都很有限, 泛读提供了从不同角度看世界的方式, 因此对于泛读的重要性怎么强调也不为过。

### 生词和词组

- visualize *vt.* 形象化; 想像, 设想
- explicit *adj.* 明确的; 清楚的; 直率的; 详述的
- implicit *adj.* 暗示的; 盲从的; 含蓄的
- comprehensible *adj.* 可理解的
- consolidate *vt.* 巩固, 使固定; 联合 • acquisition *n.* 获得物, 获得
- mechanism *n.* 机制; 技巧; 原理 • primed *adj.* 准备好的

## 作文练习

Write a composition on the benefits of reading outside the college curriculum. Your composition should be in more than 120 words and based on the following outline:

- 目前学生阅读减少
- 阅读有很多好处
- 你对大学生课外阅读的趋势所持的看法

### 参考范文

#### **The Benefit of Reading Outside the College Curriculum**

With the advent of television, computers, and the Internet, reading has become more and more of a rarity.

However, reading books in one's spare time has many benefits. First of all, unlike television or movies, books allow you to use your imagination to picture the setting, the characters, and their lives. Secondly, reading can be done anywhere there is enough light. It doesn't require electricity, expensive gadgets, or access to the Internet. Thirdly, while reading can be entertaining, it can also help to expand your knowledge on any number of subjects.

Although fewer people now partake in reading outside the college curriculum, there are plenty of sound reasons for this trend to change. I only hope that we will see an increase in reading outside the college curriculum in the future.

### 大学生课外阅读的好处

随着电视、电脑和互联网时代的到来，人们用于阅读的时间越来越少。/但是，闲暇时间读书会有很多的好处。首先，不同于电视或电影的是，书籍可以让你发挥自己的想像力去描绘场景、人物以及他们的生活。其次，人们可以在任何光线充足的地方阅读，不需要电的供应，昂贵的仪器设备或者网络。再次，读书可以怡情，而且可以增长任何学科的知识。/虽然课外阅读的人比以前少了，不过有很多合理的理由能够解释这一趋势。我只是希望将来更多的人养成课外读书的习惯。

## 更多有用的句子

- ① Technology such as television and computers has caused a decrease in reading outside the college curriculum.  
电视和电脑等现代技术的出现造成了课外阅读数量的下降。
- ② Obviously, there are many benefits to reading for leisure.  
显然, 闲暇时间读书有许多好处。
- ③ Unfortunately, with all the required reading that university students must deal with, there is often little time for reading anything else.  
不幸的是, 除去必须完成的阅读任务, 大学生用来阅读其他书籍的时间已所剩寥寥。
- ④ Although reading textbooks can be dull, reading other kinds of books on related topics can make the required material more interesting.  
虽然阅读教科书非常无聊, 不过相关主题的其他读物却会使必须的阅读过程更加有趣。
- ⑤ It is my hope that more people will take advantage of the libraries around them by reading books outside the college curriculum.  
希望更多的学生能够充分利用周围的图书馆资源, 课外多读一些书。

### 词汇及表达法

- curriculum *n.* 课程
- advent *n.* 开始, 出现, 到来
- rarity *n.* 稀有, 稀缺
- access to 访问, 登录, 接入
- partake in 参与, 分享

### 思路点拨

第一段作者以当今人们阅读现状引出论题, 指出人们投入阅读的时间越来越少。第二段第一句为总括, 认为阅读让人受益匪浅, 随后分三个方面详细说明阅读的好处, 分别为: 1. 有利于发挥想象力; 2. 阅读条件便利; 3. 阅读能让人增长知识。第三段作者发出呼吁, 希望更多的人养成阅读的好习惯。



## 名篇选读

Often times we study independently thinking that studying by ourselves would be an effective way of studying. Some says studying alone will make you concentrate more compared to studying in a group. However, studying with a group has more advantages than studying independently. According to statistics, students who study with their peers have high marks than those who studies independently.

More information will be shared by all the members in the group unlike in studying alone which there is only one person thinking. As they say, two heads is better than one. In a group study, interactions of the members will give information faster which would be an effective way of studying. Some of your group members may know something that you do not know. They may bring up these ideas for your knowledge of it.

Each member motivates each other while studying. The other group members can encourage you to study hard. It is a good environment to study where you see all the other members studying. You will have the feeling that there is someone out there who shares the same burden with you. You may become more committed in studying if you see the other members depending on your participation and cooperation.

Interaction in a group study will also enhance your social skills. While studying, you will learn to communicate with your co-member. You will also find it easier to ask questions to your co-members than in class. Questioning would increase your knowledge and it will eventually boost your confidence. As your social skills increases this would also mean that your leadership and cooperation would be enhanced, which is not just needed in schools but also in the society.

Studying within a group is an effective way to study. It has many advantages than studying independently but it does not necessarily mean