



目标英语阅读阶梯系列 (第2代)

# 英语扩充词汇 阶梯阅读

精通 5000 词汇

周庆华 贺广贤 景蓉



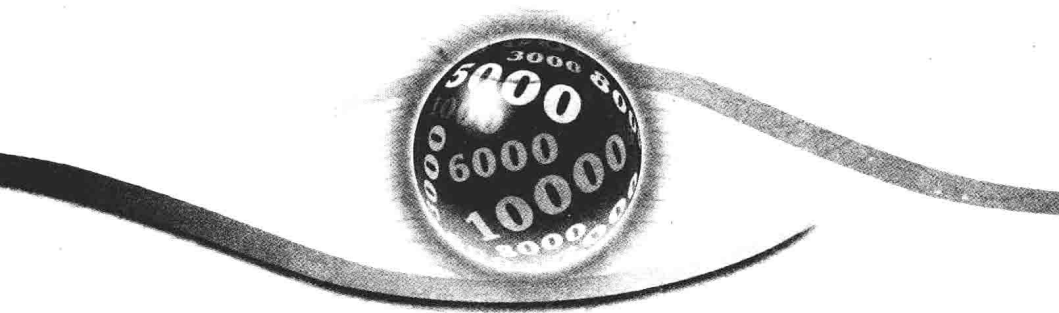
西安交通大学出版社

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· 西安 ·

## 内 容 简 介

本书为第2代“目标英语阅读阶梯系列”书第五册,编写词汇量基于5 000词左右。全书共收集文章55篇,内容涉猎广泛,包括社会生活的许多方面,如科学技术、政治经济、求职面试、医疗保健等等。本书体裁多样,有议论文、说明文和记叙文。风格迥异,思想深邃,趣味盎然。读者不仅从中可领略到语言文字运用的奥妙独到之处,而且在思想认识深度上会有一定的升华。本书融知识性、趣味性和可读性于一体,注重学生阅读能力的培养和扩大词汇量。每篇文章均有难句分析、难点注释,以及阅读理解练习和关于重点词汇、词组的练习。每5篇后编有一个总结练习,以起到复习、检查之目的。

为方便读者自学和深入理解原文,本书另配有汉语译文。

本书既可作为大中专学生及中级英语培训班的阅读教材,也可作为其他各类读者的英语课外读物。

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“目标英语阅读阶梯系列(第1代)”出版以来,一直受到英语学习者的偏爱。在全国各地各种畅销书评奖中,该系列书多次被评为畅销书。许多外文书店、新华书店将其列为畅销上榜图书。一些中学、中专、大专院校,将一些合适的分册作为阅读补充教材。该系列书经久不衰,已成为英语阅读图书中的精品。

科技日新月异,世界变化万千,伴随着时代的步伐,新的语言现象不断涌现,人们嘴上总是挂着一些“时髦”词。过去的一些老文章似乎不能满足英语学习者的需求。图书市场渴望新的阅读的呼声越来越高,尽快编写“目标英语阅读阶梯系列(第2代)”的动力应运而生。

在英语学习过程中,词汇学习的重要性再强调也不过分。这不仅因为词汇量本身就是衡量英语水平的一个重要标准,还因为词汇量对听、说、读、写、译五项技能掌握的制约作用:词汇量大,能加速这些技能的掌握;词汇量小,则会成为学习的一个瓶颈。

英语学习者无疑都认识到了这一点,在词汇方面投入了大量的时间和精力,但往往事倍功半。究其原因,主要是因为对词汇学习的长期性认识不足,急于求成,想一蹴而就,导致方法不当,以孤立地记单词或盲目使用各种词汇练习册为主。这些方法最初可能有一定的效果,但随着词汇量的增加,其不足就暴露无遗:单调机械,枯燥乏味,使大多数人难以坚持下去,从而视英语学习为畏途,降低了学英语的兴趣。

阅读,为我们打开了一个全新的世界。实践证明,阅读是扩充词汇量切实可行、卓有成效的方法。在鲜活、生动的上下文中,学习者不但记下了单词本身,又可同时熟悉词的用法和搭配,有助于他们掌握和准确地应用这些词汇。

要达到通过阅读扩充词汇的目的,选材是否得当至关重要。“第2代”的编写对编者们提出了更高要求。参编老师多位是一线教英语的教授、副教授,经验丰富,这使系列书质量有了可靠保证。本系列书在选材方面力求难度适中、语言规范、体裁多样,



同时兼顾知识性、趣味性。所选篇章多来自以英语作为母语的 国家，并有强烈的时代感，以使读者能“乐之，好之”，沉浸在阅读的愉悦中，在开阔眼界、获取信息的同时，英语水平不知不觉上了一个新台阶。编者们站在学习者的立场上，对短文中超纲词汇和难点均加注释，以帮助读者深入阅读，并从字里行间领会作者的意图和文章内涵。此外，“第2代”还配套出版了“汉语译文”，这有助于读者更深刻、准确地理解原文，便于自学。每篇短文后的阅读理解和词汇练习题的编写，均从实用性和针对性出发，力图在提高读者英语水平的同时，对于那些参加各类考试的读者也有所帮助。

同样，还是那句老话：攀登峭壁总没有沿梯而上轻松。读者要使阅读轻松有效，一定要根据自己的实际情况选准适合自己水平的分册。“第2代”同样是8本，其词汇量分别为1 000, 2 000, 3 000, 4 000, 5 000, 6 000, 8 000, 10 000。朋友，摘取桂冠的“云梯”再一次展现在你的面前，时间珍贵，不要再错过时机。通过这架“云梯”，你可以积累语言素材，培养良好的语感，达到语言运用自如的目的。通过“第2代”系列的学习，掌握了书中的关键词、重点词，并理解了其中的各种语言现象，可以说您已达到非英语专业研究生英语水平，从而为出国留学、工作打下了坚实的基础。

希望本系列书再次激起你智慧的火花、情感的涟漪、学英语的活力，这是我们永恒的心愿。读者在使用本系列书过程中，如有什么感想，要求或建议，请与我们联系，并欢迎投稿。

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晨风

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孙子对爷爷身上老带有零钱感到不可思议。在孙子的追问下,爷爷道出了一段因零钱而引起的浪漫爱情。



“Grandfather change!” the counter-lady exclaimed to the man who held my hand.

“Excuse me?” my grandfather asked, jangling (刺耳响) a pocketful of loose coins with his

hǎngǐ!

other hand.

“Grandfather change,” she repeated, pointing to his pocket.

“Hmmm.” He nodded, “of course,” and flashed his natural, closed-lipped smile as he used that change to pay for a coffee and hot chocolate.

At our table, I slurped (吸食) a pile of **whipped cream**<sup>1</sup> from the steaming cup. My grandfather reclined in his chair and took successive sips of coffee while, as usual, **clinking those quarters**<sup>2</sup>.

“Grandpa,” I licked a **sugary tuft**<sup>3</sup> from my mouth. “You always have change. Ever since I was a little kid” — he grinned with protruding (突出) cheeks — “**doesn't it bug you?**”<sup>4</sup> You know? All that extra weight and stuff?”

He stared at me — his cheerful expression unchanged — but it was like he was looking at something else. Soon, he **sniffed** and sat up. “No bother at all. You see, it's for your grandmother.”

“Um,” I mumbled. My grandmother had died ten years ago, when I was around two. But my grandfather always talked about her, waving fingers over whichever picture he had handy, telling so many stories, he made me feel like I knew her after all.

Yet I'd never heard this before.

“I don't get it.”

1. 搅打过的奶油。

2. 使两角五分的硬币叮当作响。

3. 粘在嘴边的糖末

4. 难道它不烦你吗?

“Well, son, it's **sorta**<sup>5</sup> how we met.”

“You gave her a bunch of money?”

He blew air through his <sup>1</sup>nostrils (鼻孔), his chest heaved and his stomach shook — his way of laughing. “Not exactly. It was during **the Great Depression**<sup>6</sup>.”

Having finished the whipped cream, I began work on the cocoa while my grandfather spoke.

“I was lucky, see, I had a job at a coffee shop — not like this one, understand, because we served pancakes and such. One day, I came out and saw her standing by...” He closed his eyes.

“Oh, there's a vision.” <sup>7</sup>vizani 景象

He sighed, “I was terrible shy, I tell you! But it must've been love-at-first-sight because I stood up and walked right over.”

“Excuse me,” I said, could I buy you a coffee?’ But before she answered, I stuffed my hands into my pockets and — **lo and behold**<sup>7</sup> — I didn't have any money — not one **red cent!**<sup>8</sup>”

My grandfather's stomach quaked <sup>8</sup>kwelik 震动, 颤抖 once more, “I must've turned five shades myself — and when she asks what's wrong, I just shook my head and told the truth, sure **she'd brush me off with a laugh**<sup>9</sup>.”

“You see, laugh she did! But when she's finished, she says she's never been so flattered in her life! — that I must've thought **she's something**<sup>10</sup> if I didn't even think how to pay for our date!”

He grasped his cup with both palms. “Yep,

5. [美口]近似,有几分,可以说是

6. 指美国30年代的经济大萧条

7. 你瞧(表示惊讶的感叹词)

8. 一分钱,一便士

9. 她会笑着拒绝我。

10. 在此表示她很漂亮、迷人的意思。

it was love, all right. And ever since, I vowed to always keep change in my pocket."

"But Grandpa!" I blurted. "If you did have money, she'd never have gone out with you!"

"Smart boy," he smiled. "You see, I ain't been out with another woman since."

He reached out to mess my hair and his coins jangled again, though this time it was caused by his gently shaking stomach.

## Exercises

### 1. Reading Comprehension

1) Why did the counter lady shout 'Grandfather change' at my grandpa?

A) Because it was the way that she greeted my grandpa.

B) Because she wanted my grandpa to pay cash.

C) Because she was playing a joke on my grandpa.

D) Because she knew that my grandpa had coins in his pocket.

2) The author thought it \_\_\_\_\_ for his grandpa to take the change all the time.

A) convenient

B) nice

C) troublesome

D) foolish

3) The age of the author is \_\_\_\_\_.

A) about 12

B) 12

C) about 10

D) 10

4) Where did the grandfather meet his wife for the first time?

A) In the street.

B) In a party.

C) Outside a shop.

D) In a bar.

5) The reason why the grandfather always had change in his pocket is that \_\_\_\_\_.

A) he liked to move his fingers with the coins

B) he wanted to remember the first meeting with his wife forever

C) he liked to buy things with small money

D) he liked collecting coins

2. Match words in Column 1 with their equivalents in Column 2.

Column 1

- 1) recline **D**  
 2) protrude **E**  
 3) successive **B**  
 4) jangle **A**  
 5) vow **C**

Column 2

- A) jingle or produce a harsh sound  
 B) without stopping  
 C) swear or promise  
 D) lie down or rest  
 E) stick out

3. Complete each sentence with an appropriate word from the list given, making changes where necessary.

vow, nostril, protrude, exclaim, successive, recline, jangle

- 1) We were amazed by the magician when he smoked with one cigarette in his mouth and two in his nostrils.
- 2) Her mother was so tired after work that she reclined on the sofa as soon as she came back home.
- 3) For three successive years, Mr. Robert is always the first to come to the company.
- 4) After she saw Tom drink with his ex-wife in the bar, she vowed that she would never see him again.
- 5) The little girl had a terrible dream in which a monster with protruding teeth was going to kill herself.
- 6) When the lady saw the boy who mugged her two days ago in the shop, she exclaim for help to catch him.
- 7) When the bell jangled midnight, people didn't know what had happened.

作者以轻松幽默的笔调表达了他对精神恋爱的看法。  
男人和女人之间的交往能保持柏拉图式的纯精神爱慕吗？



Hollywood may not teach us much except that the world is populated with beautiful people and that the few ugly guys always get the super-model. Personally, I'd like to live in this fantasy world. Mmm... **Cameron Diaz**...<sup>2</sup>

However, until virtual reality grants my wish to never leave my house and hang out with the Sports Illustrated swimsuit models in perpetuity (for ever),<sup>3</sup> I'm stuck in this miserable dump of a

1. 美国电影片名。它讲述了男女主人公通过因特网恋爱的故事。

2. Cameron Diaz 当今美国正走红的电影明星

3. 永远和体育杂志上的泳装模特呆在一起(厮混)。

world.

But I digress (离题). Something else that Hollywood seems desperate to teach is that men and women can **co-exist in platonic bliss**<sup>4</sup>. Very few times has this been bluntly **called into question**<sup>5</sup> as it was in "When Harry Met Sally." In it, Billy Crystal says repeatedly that it is impossible for men to be friends with women because they are always thinking about sex. Meg Ryan refuses to accept his opinion.

Hilarity ensues. / *hɪlə'ɪrɪtɪl n. 狂笑, 欢笑*

This one conversation illustrates **what men have long held dear and women have denied**<sup>6</sup>. Even the aforementioned movie turns away from its dialogue <sup>1042: / 在利阿理科的</sup> when the two characters **consummate their "friendship"**<sup>7</sup>. *ɪ'greɪn/*

Finally, a grain of truth from the barren (贫瘠的) wasteland of entertainment. Now I don't pretend to speak for everyone. I'm sure many men feel that they can honestly maintain a relationship with a female friend in much the same way they would with a dude (花花公子). Of course, these guys are often deluded. *ɪ'dɪlu:ɪd, deliberately mislead*

Fact is, men see the world differently than women do. For men, the world is split into that which is conquerable and sports. Women fall into the former category... and occasionally the latter. Mmm... women's volleyball.

Call it biology, call it cultural, but don't question it. Accept the fact that men look at their female friends as future ex-girl-friends. If women

4. 共处于柏拉图式(精神恋爱)的幸福之中。
5. 对……提出疑问

6. 男人长期热衷而女人否认的

7. 将他们的友谊推到高峰,即坠入爱河。

are puzzled by this fact, men are just as confused at why women insist on going to the bathroom in pairs.

Now this doesn't mean that men won't put up a pretense of friendship in order to hang out with an <sup>可爱</sup>attractive girl. It's just important to remember that men think about sex **a zillion times a second**<sup>8</sup> and if a woman is around, guess who's in those thoughts. We desperately try to bury our thoughts and see women as just one of the guys, albeit (虽然) guys with certain differences.

<sup>15=hit</sup>In general, we are really lousy (恶心的) at it. <sup>Maazi/多克子的</sup>

So ladies, please accept the fact that men are only interested in one thing — sports. I'm not sure if that was my point, but my mind is racing at a zillion times a second.

8. 每秒无数次

## Exercises

### 1. Reading Comprehension

- In the author's opinion Hollywood teaches us \_\_\_\_\_.
  - that the world is full of common-looking people
  - how to make friends with the beautiful ladies
  - much that beautiful people always marry those with the same charm
  - much that the few ugly men can have the most beautiful women as their friends
- The Hollywood movie named "When Harry Met Sally" \_\_\_\_\_.
  - shows that men and women can stay together and be good friends without sex
  - fails to show that a man and a woman can be good friends without sex
  - shows that Billy Crystal's idea of the relationship between men and women is



wrong

D) shows that Meg Ryan has the same idea as Billy Crystal

3) According to the author men \_\_\_\_\_.

A) think that the world is composed by two categories and women belong to one of them

B) hold the same idea as women in seeing the world

C) are wiser than women as they see the world differently than women do

D) prefer sports to women

4) Which statement can best represent the author's idea?

A) We can honestly maintain a relationship with a female friend in much the same way we would with a man.

B) Men will not look at their female friends as future girl-friends.

C) Men are only interested in one thing — sports.

D) The platonic relationship between men and women doesn't exist.

5) According to the author, when a man is together with a woman, he \_\_\_\_\_.

A) treats her in the same way as he does to one of his male friends

B) probably thinks her as his future girl-friend

C) feels very nervous and cannot talk

D) likes to show off in front of her

2. Match words in Column 1 with their equivalents in Column 2.

Column 1

Column 2

1) perplex

A) unproductive or unfruitful

2) fantasy

B) complete or achieve

3) barren

C) time without end, eternity

4) perpetuity

D) confuse

5) consummate

E) daydream

3. Complete each sentence with an appropriate word from the list given, making changes where necessary.

barren, consummate, perpetuity, fantasy, ensue, perplex, delude, desperate

1) I think he is out of his mind. He is so \_\_\_\_\_ in his work that he has not had any food for three days.

2) She will never forget the man who saved her life in the earthquake and she will keep that man's image in her mind in \_\_\_\_\_.

3) After the mayor left the school, a heated dispute among teachers \_\_\_\_\_.

