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NEW

新大学英语

同步练习

1

Experiencing English

Workbook



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总主编 王海啸 余渭深
主 编 王海啸

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前 言

体验式教学思想自古就有，但一直到20世纪才形成较为系统的体验式教育理念。在第二语言教学领域，人们已经普遍认识到语言、认知和社会知识是三个既有区别，又相互紧密联系的系统。语言学习的过程就是对新的语言系统不断体验，认知，再体验，再认知的过程。语言不但是外部世界在人脑中的反映，也是人们认识、体验外部世界的结果。

近年来，外语教学界所提倡的交际式外语学习强调语言的使用在外语教学中的重要作用。这一点也为体验式外语教学所提倡。但也有越来越多的研究表明，在外语教学中过分强调教学活动的交际性，忽略学习者对学习活动的反思，对新的语言现象的注意和有意识的练习，也不利于有效的外语学习。因此，体验式外语教学在强调语言使用的同时，也注重学习者对自身学习过程的认识。不同的学习者会有不同的学习风格和学习目的。因此，他们也可能选择不同的学习内容，使用不同的学习方法。外语学习的过程应该是一个不断体验和不断反思的过程。

我国大学英语教学现阶段所实施的《大学英语课程教学要求》指出，大学英语“是以英语语言知识与应用技能、跨文化交际和学习策略为主要内容”；大学英语教学应“促进学生个性化学习方法的形成和学生自主学习能力的发 展。”。应允许并使 学生能够“选择适合自己需要的材料和方法进行学习”。这些理念和要求与体验式外语教学思想有高度的一致性。本教材正是遵循这样的理念与要求编写的。

不同的教材编写理念主要体现在对语言材料的选择、编排和处理上。传统的外语教学往往根据语言难度选择和编排在内容上互不相关的语言材料。然后再将一份份完整的语言材料拆开来教授给学生。比如在阅读教学中，教师会在教学中将完整的阅读篇章分割成词汇、句子、段落、篇章结构等不同的形式呈现给学生。外语学习的过程基本上就是处理语言碎片的过程。本教材主张语言学习的过程是学习者对自己的语言体系不断创建和不断完善的过程。学习者不但需要从外界吸收语言形式，还要创造性地使用已有的语言材料，完成实际的交际任务，最终实现构建自己新的语言体系的目的。这也正符合《大学英语课程教学要求》所提出的“培养学生的英语综合应用能力”，“同时增强其自主学习能力，提高综合文化素养，以适应我国社会发展和国际交流的需要”这一总体教学目标。

为此，本教材的每一个单元都是围绕一个具有实际意义的项目来设计的。项目的完成涉及一系列的语言活动。单元学习的结果即是意味着项目的完成。而每一个项目的结果都会落实在一个完整的语言形式上，或者是一个演讲，或者是一份研究报告，或者是一次辩论。单元学习过程就是运用不同的语言材料和语言技能完成项目的过程。

在教材构成上，《综合教程》和《同步练习》为有机整体。前者所涉及的教学活动主要是围绕项目的完成而设计的。后者则更加强调对语言形式的学习，以及对相关技能的拓展性训练。这也是遵循体验式教育理念所提倡的教学原则。

本书为《同步练习》系列第一册，共8个单元，每个单元包含两项内容。第一项内容是为《综合教程》相应单元中的第一至第三部分提供补充或延伸性质的语言活动；第二项内容是围绕《综合教程》相应单元第三部分的语言材料中所出现的词汇与句型所编写的练习，供学习者在完成本单元四个部分学习任务的基础上对相关语言点进行巩固性练习。教材的最后还提供了练习的参考答案。

本教材是我们对体验式外语教学理念在我国大学英语教学中的应用的一次新的尝试。由于编者水平有限，教材中如有疏漏和其他不尽完善之处，还请广大师生提出宝贵意见和建议。

编者

2011年12月

Contents

Unit 1	Introducing People.....	1
Unit 2	Developing Hobbies.....	10
Unit 3	Politeness and Courtesy	17
Unit 4	Having a Healthy Diet.....	28
Unit 5	Internet Addiction.....	38
Unit 6	Describing Scenic Spots	47
Unit 7	Learning About Learning Strategies	56
Unit 8	The Beatles vs. Michael Jackson.....	64
Answer Key	72

Unit

1

Introducing People

Part One

1. The following sentences are taken from an introduction about the famous American television and movie actress, Jennifer Aniston. Rearrange them to form a coherent paragraph.
- Jennifer had her first taste of acting at age 11 when she joined the Rudolf Steiner School's drama club.
 - Jennifer was raised by her mother and her father landed the role of Victor Kiriakis on the daytime soap opera "Days of Our Lives" (1965).
 - She began her professional training as a drama student at New York's High School of the Performing Arts.
 - Born in Sherman Oaks, California, Jennifer Aniston spent a year of her childhood living in Greece with her family.
 - It was also at the Rudolf Steiner School that she developed her passion for art.
 - In 1987, after graduation, she appeared in such off-Broadway productions as "For Dear Life" and "Dancing on Checker's Grave."
 - Her family then relocated to New York City where her parents, John Aniston and Nancy Dow, divorced when she was 9.
 - With the success of the series "Friends" (1994), Jennifer has become famous and sought-after as she has turned her fame into movie roles during the series hiatus.

Correct order: (1)_____ (2)_____ (3)_____ (4)_____ (5)_____ (6)_____ (7)_____ (8)_____

2. Complete the following table about yourself.

1) Your name:	_____
2) Your age:	_____
3) Your hometown:	_____
4) Your family:	_____ _____
5) Your major:	_____
6) Your reasons for choosing your current major:	_____ _____
7) Your plans for the future, especially after obtaining a bachelor's degree:	_____ _____
8) Your hobbies and interests:	_____ _____ _____
9) Your strength of character:	_____
10) Some of the honors and prizes you have won:	_____ _____
11) Some of the books you have read:	_____ _____ _____
12) Some of the places you have been before:	_____ _____ _____

3. Write a paragraph which gives a brief description of yourself.

4. Read other people's descriptions of themselves and give comments on their writing.

Part Two

5. Read the following list of information about John Lennon, the famous rock star. Write coherent paragraphs introducing John Lennon for the webpage posting of a rock & roll club on campus.

John Winston Ono Lennon (9, October 1940 — 8, December 1980)

- English rock musician, singer, songwriter, and peace activist
- One of the founding members of *The Beatles*
- He and Paul McCartney formed one of the most influential and successful songwriting partnerships of the 20th century.
- Writer of some of the most popular music in rock and roll history
- Ranked the second most successful songwriter in UK singles chart history after McCartney
- Rebellious in nature with a biting wit
- Released solo albums including *John Lennon / Plastic Ono Band* and *Imagine*
- Most famous songs including "Give Peace a Chance" and "Imagine"
- Self-imposed "retirement" to raise his son between 1977 and 1980
- Released a new album *Double Fantasy* which later won the 1981 Grammy Award for Album of the Year
- Murdered less than one month after the release of his last album

Write your introduction here:

6. A self-introduction is a major part of job interview. Read the passage below and answer the questions that follow.

Once you have been invited to an interview you must get ready to create the image of someone they will surely want to hire above all other job applicants. Everybody has an opinion as to how you do that, but what do you actually do and what do you say? Self-introduction is your key to interview success because you are starting from a baseline position where they have no experience of who you are or what you are like.

Yes, they should have read your resume and cover letter you sent in, but that only gave them enough for them to want to see you in person. Now you are going to meet the hiring manager in person, you have a one-off make or break opportunity to get them to see you as the only person they want to employ.

As you know, interviewers will often rely heavily on their first impressions, to the extent that the interview becomes merely a confirmation of that first impression, either good or bad.

So if self-introduction is your key to interview success, the first and most important aim is to create a positive first impression. Everybody has an opinion as to how you do that: look them in the eye, give them a firm handshake, speak up and don't mumble; know your stuff. All good ideas, but what do you actually do and what do you say?

Create A Favorable First Impression

The way to create a favorable first impression is to be sure you appear confident and open. When you meet your interviewer for the first time, make eye-contact at the introduction and repeat the interviewer's name as you shake hands and thank them for inviting you to the interview. As you get seated, smile to indicate you are ready to get down to business.

What often follows is the invitation to tell them about yourself which allows you to commence your self-introduction that is so important to your interview success. This is the phase where you develop the rapport that will carry you through to the positive outcome at the end of the interview.

Because self-introduction is your key to interview success, you must have previously prepared exactly what you are going to say. This is not some lengthy story about your life, but a short focused statement that sounds interesting to the listener. You make it interesting by keeping

it short (less than 3 minutes) and by showing that you are interested in both the job and the organization. This means you need to do some research about the business beforehand.

Strengths And Achievements

In your self-introduction you will include some examples of your strengths and achievements which relate directly to the requirements of the new job. This must also demonstrate your personal qualities that you apply when you are doing the job because the type of person you are is often far more important than just having the ability to do a job.

The way you outline your self-introduction, in particular the way you speak, tells the interviewer whether you are confident in your abilities so you must rehearse it well, but don't try to be what you are clearly not — you'll only be found out at a later date. Get a friend to listen to your self-introduction with a critical ear, because if it sounds false it will set the alarm bells ringing with the interviewer who will detect that it is not the real you and destroy the rapport you were building up. Practice speaking faster or more slowly, louder or quietly and try to vary it throughout.

When you have prepared your self-introduction, ask yourself this question: "What does the interviewer need?"

The answer is that the interviewer needs to identify the best candidate to hire, whilst keeping the costs to a minimum and the fewer people interviewed the better. The need is also for the person who appears to be the best "fit" in terms of both personality and technical ability. Also remember that they may need to justify their decision to hire you, to someone higher!

1) Why is a self-introduction important for a job interview?

2) What particular information does the author recommend that you include in your self-introduction?

3) What does the interviewer want to get from your self-introduction?

Part Three

7. Prepare for an interview for a part time job in your college library.

Step 1 What would you like to tell the interviewer about yourself? Check the items that you think are relevant. You can add more information in the blank spaces.

■ Name

- Gender
- Age
- Family
- Hometown
- Department
- Major
- Reasons for choosing the major
- Hobbies and interests
- Books you've read
- Places you've been before
- Reasons for choosing the job
- _____
- _____

Step 2 Work in small groups. Compose your self-introduction and present it to your group.

Language Practice

8. Fill in the blanks with the words given below in their appropriate forms.

raise administer set run restore incessant
 legendary malnourished massive overwhelming respectable withdrawn

- 1) They _____ the old building and opened it to the public.
- 2) I seemed to spend my life _____ errands for people.
- 3) The concert will _____ funds for AIDS research.
- 4) Those nurses were trained to _____ painkillers.
- 5) He blends right into the crowd of teenagers. Only his accent _____ him apart.
- 6) The explosion made a(n) _____ hole in the ground.
- 7) About 38% of the children in this country are _____.
- 8) Economic growth has averaged a(n) _____ 2.5 percent.
- 9) There was a real Arthur on whom the _____ king was based.
- 10) They complained about the _____ noise from the nearby factory.
- 11) A(n) _____ majority voted against his proposal.
- 12) Following her son's death, she became _____ and rarely went out.

9. Can you tell those words apart? Fill in the blanks with the words in their appropriate forms.

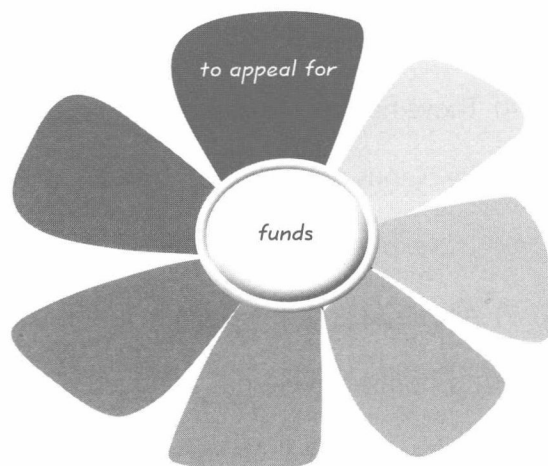
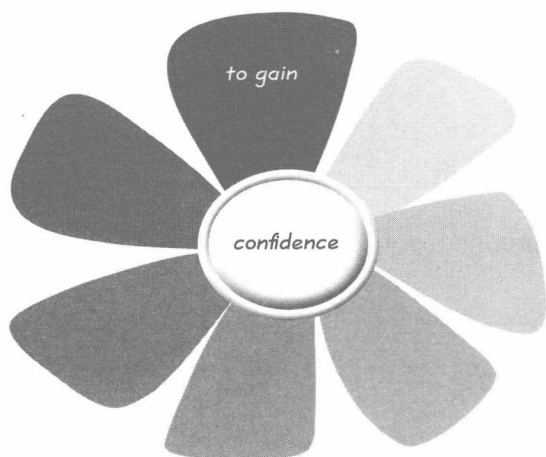
{	incidence	the frequency with which something occurs
	incident	an event which is either unpleasant or unusual

- 1) A youth was seriously injured in a shooting _____ on Saturday night.
- 2) Smokers had the highest _____ of colds.

{	respectable	considered by society to be acceptable, good or correct
	respective	relating to two or more persons or things regarded individually
	respectful	showing proper respect

- 3) The children in our family are always _____ to their elders.
- 4) We all went back to our _____ homes to wait for the news.
- 5) He came from a _____ middle-class family.

10. Find 6 more verbs or verb phrases that can be used with the nouns at the center of the colored flowers.



11. Translate the following English sentences into Chinese.

- 1) In the old days, doctors had administered their own anesthetics, so there was a demand for this relatively new work, which would bring more prestige to her and more money for us.
- 2) I always thought I did a better job on it because I played it with memories of my first sight of the city.
- 3) When I ran for President, the people of New Orleans twice gave me overwhelming victory margins, assuring Louisiana's electoral votes for our side.
- 4) They are the magnets that keep pulling me down the Mississippi to New Orleans.
- 5) If she only knew that it was I, not she, who should have felt ashamed.
- 6) If we did let her join, it was so we could gang up and laugh at her.
- 7) The class had been enjoying Fred's prank but became increasingly uneasy.
- 8) She cast off the label of loser that our class had given her and made something of herself.

12. Complete the sentences by translating the Chinese in brackets into English.

- 1) Mother and I came home to her parents' house on Hervey Street in Hope, _____
_____ (我会度过后来4年的地方).
- 2) That old house _____ (在那时的在我看来是又

大又神秘) and still holds deep memories today.

- 3) For more than fifty years, from that first trip, New Orleans _____
_____ (就一直对我有着独特的魅力).
- 4) I think I did well in the interview _____ (一部
分原因是我感觉很自在) there.
- 5) She _____ (一直在班级垫底), never seeming
to benefit from the teacher's help.
- 6) Still, no one dared _____ (出面维护) Beth
for fear of Fred's vengeance.
- 7) As Beth's sobs became louder, Mrs. Washek _____
(责怪她干扰课堂).
- 8) I _____ (过去常看见她独自走着) in the
crowded hallways.

Unit 2

Developing Hobbies

Part One

1. Read the article and complete the following activities.

Choosing a Hobby

A hobby is something that one likes to do in one's spare time. The Oxford Dictionary defines hobby as a favorite activity that a person does for pleasure and not as his or her regular business. In short, a hobby is one's favorite pastime.

There are three important things to think about when deciding to start a hobby: how much time your hobby will take, how much money will be involved, and your likes and dislikes. Since a hobby should be something you like to do in your spare time, one of the first things to do when looking for a hobby is to sit down and think about the types of things you like to do or would like to learn to do.

Once you've chosen a hobby that you want to develop, consider joining a club or visiting someone else who has the same hobby. Local colleges and related websites sometimes offer courses you can take to learn about your hobby and how to begin. By doing this you can find some help to get you started. This is also a good way to meet new people who share your interests.

After learning the basics, keep practicing. It's the only way to become good at your new hobby. Once you have become an expert at your new hobby, don't stop doing it. The whole idea of developing a hobby is to keep it a regular part of your life.

Developing a hobby can offer a number of benefits. It allows you to set aside a little time for yourself, which can sometimes help you think more clearly. Hobbies help keep your minds and hands active. A hobby can also be an ideal way to relax and unwind from a busy day, allowing you to relieve stress. If you join a group of people with the same interests, having a hobby can broaden your social life.

There are many hobbies to choose from. The following list offers some suggestions: cooking, gardening (inside or outside), scrapbooking, photography, jewelry making, drawing, reading, volunteering, golfing, fishing, collecting, star gazing, bird watching, etc. Choose something you really like to do and get started. Before you know it, you will have a hobby!

- 1) Answer the following questions based on the information from the above passage.
 - ① What is a hobby?
 - ② How can we start and develop a hobby?
 - ③ What benefits can hobbies bring to people?
- 2) Many factors will influence our choice of hobbies. Besides those mentioned in the article, what are some other important factors that may affect our choices?

2. Write a paragraph which gives a brief description of your hobbies.

3. Read other people's descriptions of their hobbies and give comments on their writing.

Part Two

4. Work in groups. Choose a celebrity you admire most. Find out some basic information about the person's life such as his / her home, family, occupation and hobbies. Role-play a party scene. Pretend that you are this person but do not disclose your identity. After 10 minutes of mingling, each student reports how many celebrities they have identified and what he / she has learned about their hobbies. The one who identifies the most wins.