

05 | 感谢朋友帮忙

情境会话 | Conversation

MP3 Track 005

- A:** Oh, thank you so much, Bob. If you hadn't helped me last week, I wouldn't have finished the job **on time**.
- B:** It's nothing. We are good friends and colleagues, aren't we? And you often help me.
- A:** It was such a difficult project. Without you, I wouldn't have **completed it alone**. So I have to say thank you, **anyhow**.
- B:** Glad I could help. If there's anything else I can do next time, please let me know.
- A:** I will. And you, too.


A: 噢，非常感谢你，鲍勃。上周如果不是你帮忙，我就无法按时完成工作。

B: 没什么。我们是好朋友，又是同事，不是吗？而且你也经常帮我。

A: 这个项目这么难，没有你的话，我独自一人根本无法完成。所以无论如何，我还是要谢谢你。

B: 很高兴帮得上忙。如果下次还有什么我能做的，请告诉我。

A: 我会的。你也是。

 关键单词 & 短语 | Words & Phrases

| | | |
|----------|-------------|-------|
| finish | /'fɪnɪʃ/ | 动词 完成 |
| on time | | 短语 准时 |
| complete | /kəm'pli:t/ | 动词 完成 |

| | | |
|-----------------|---------------|-----------|
| gratitude | /'grættɪju:d/ | 名词 感激(之情) |
| mention | /'menʃən/ | 动词 提起 |
| a piece of cake | | 短语 小事一桩 |



超实用精选短句 | Useful Sentences

- Thanks for your gift.
谢谢你送的礼物。
- I really like it.
我真的很喜欢。
- You're so sweet.
你好贴心。
- May I open it?
我可以打开吗?
- What a lovely hat!
好漂亮的帽子!
- This is the best gift I've ever got.
这是我收到过的最好的礼物。
- This is a big surprise, thank you.
这真是个大惊喜, 谢谢你。
- This is exactly what I am looking for.
这正是我一直想要的。
- You know me very well.
你很了解我。
- I'm so moved.
我很感动。



你一定要知道! | More Tips

我们通常会说: Oh! My God! (噢! 我的天哪!), 也可以比较含蓄地说: Oh! My gosh!, 或者更优雅地感叹: Good gracious! (天哪!)

a piece of cake 表示一件事很容易, 不需要花什么力气就可以完成。

14 | 慰问失去亲人的朋友

 情境会话 | Conversation

MP3 Track
014

A: I was shocked to hear that your mother-in-law passed away last week. She was such a kind woman, and treated me as her own daughter.

B: Yeah. My wife still cannot accept it. She's so sad that she has not returned to work yet.

A: When will the funeral be?

B: Next Tuesday.

A: There's never anything that can be said to make it better, but I hope you will count on me for help if necessary.

B: Thank you so much.

A: 听说你岳母上周过世，我感到很震惊。她是个很亲切的人，对我就像对自己的女儿一样。

B: 是啊。我太太仍然无法接受这个事实。她很难过，到现在还无法回去上班。

A: 葬礼什么时候举行？

B: 下星期二。

A: 现在说什么也没用，不过如果需要帮忙，尽管开口。

B: 太谢谢你了。

 关键单词 & 短语 | Words & Phrases

| | | |
|---------------|---------|----------|
| shocked | /ʃɒkt/ | 形容词 震惊的 |
| mother-in-law | | 名词 岳母；婆婆 |
| pass away | | 短语 去世 |
| treat | /tri:t/ | 动词 对待 |

02 | 去KTV唱歌

情境会话 | Conversation

MP3 Track
022**A:** How about going to the KTV after work?**B:** I'm an idiot musically. I can't sing.**A:** Don't worry. It'll be great fun. You can just relax and enjoy your drink.

(In the KTV)

A: Alan, would you like to pick several songs first?**B:** Well, English songs, Japanese songs and Chinese songs, which kind should I start with?**A:** How about this? Start with me. I'll sing a song of Jay Chou.**A:** 下班后一起去 KTV 唱歌怎么样?**B:** 我是个乐盲, 不会唱歌。**A:** 别担心, 会很好玩的。你在一边喝饮料休息也可以。
(在 KTV)**A:** 艾伦, 你要不要先选几首歌?**B:** 嗯, 英文歌、日文歌, 还有中文歌, 我到底该先唱什么呢?**A:** 这样怎么样? 我先开始吧, 我唱一首周杰伦的歌。

关键单词 & 短语 | Words & Phrases

| | | |
|-----------|--------------|----------|
| idiot | /'ɪdiət/ | 名词 白痴 |
| musically | /'mju:zɪkli/ | 副词 在音乐方面 |
| sing | /sɪŋ/ | 动词 唱歌 |
| great fun | | 短语 很好玩 |

| | | |
|---------|------------|--------|
| menu | /'menju:/' | 名词 菜单 |
| special | /'speʃəl/' | 名词 特价品 |
| soup | /su:p/' | 名词 汤 |

超实用精选短句 | Useful Sentences

- Do you have a reservation?
您预订了吗?
- We need a table for four.
我们需要一张四人桌。
- We are a group of four.
我们有四个人。
- The house is full now.
餐厅现在满了。
- We don't have a free table at the moment.
我们现在没有空桌。
- Your dishes are ready.
您的菜准备好了。
- Who's going to pick up the tab?
哪位要结账呢?
- I'll take it.
我来付钱。
- Let me treat you this time.
这次我请客。
- Do you want separated bills or just one single bill?
你们要分开结账还是一起付?

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到饭店就餐时, waiter (服务员) 会问你: **May I take your order now?** (现在点菜吗?)。你也可以问服务员: **What's your recommendation?** (你推荐什么呢?)。最后结账时, 你可以说: **Check, please.** 或 **May I have the bill?**

20 | 上网

情境会话 | Conversation

MP3 Track
040**A:** What are you doing, Peter?**B:** I am surfing the Internet.**A:** Internet again? What's so interesting about the Internet? What on earth are you doing in front of the computer day and night?**B:** Millions of things. I can check e-mails, look up information or play online games. But mostly I chat with my friends from all over the world.**A:** Wow, it sounds interesting.**B:** Come on! Just have a try. You'll like it.**A:** 彼得，你在干什么呢？**B:** 我在上网啊。**A:** 又是上网？网上到底有什么好玩的？你日日夜夜坐在电脑前面究竟在干些什么呀？**B:** 能干的事情太多了。查收电子邮件、搜资料或是玩网络游戏，不过大部分时间我都是在跟世界各地的朋友们聊天。**A:** 哇，听起来很有趣。**B:** 来吧，试一下！你会喜欢的。

关键词 & 短语 | Words & Phrases

| | | |
|--------------------|--------|----------|
| surf the Internet | | 短语 上网 |
| on earth | | 短语 到底，究竟 |
| day and night | | 短语 日日夜夜 |
| online game | | 名词 网络游戏 |
| chat | /tʃæt/ | 动词 聊天 |
| all over the world | | 短语 世界各地 |

Part

3

日常生活篇



超实用精选短句 | Useful Sentences

- Sorry.
抱歉。
- I feel really sorry.
我真的很抱歉。
- It's my fault.
是我的错。
- I apologize.
我道歉。
- My bad.
是我的错。
- I feel terribly sorry about that.
对于那件事我感到非常抱歉。
- Sorry to have kept you waiting.
抱歉让您久等了。
- I'm terribly sorry that I forgot to do my homework.
非常抱歉，我忘记写作业了。
- Sorry for being rude.
失礼了，真抱歉。
- Please excuse my bad memory.
请原谅我记性不好。
- My apologies.
我道歉。



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表达歉意的时候，除了可以说：I am sorry. (对不起。)，也可以说：I apologize. (我道歉。)，Please forgive me. (请原谅我。)。 “超实用精选短句”中的 terribly sorry 是“非常抱歉”的意思。terribly 意为“非常”，如：He is terribly sick. (他病得很厉害。)

05 | 请勿吸烟

情境会话 | Conversation

MP3 Track 045

A: Excuse me, but this is a non-smoking area.

B: I'm sorry.

A: If you'd like to smoke, you can go **outside**.

B: How can I get outside?

A: Go **straight** and **turn right** immediately after the **manager's** office, and then you will **find** your way.

B: Thank you. Sorry for the inconvenience.

A: 抱歉，这里是非吸烟区。


B: 对不起。

A: 如果您想抽烟，可以到外面去。

B: 怎么出去啊？

A: 直走，过了经理的办公室后马上右转，您就出去了。

B: 谢谢。抱歉给您带来不便。

 关键词 & 短语 | Words & Phrases

| | | |
|---------------|-------------------|------------|
| outside | /aʊt'saɪd/ | 副词 在外面；向外面 |
| straight | /streɪt/ | 副词 笔直地 |
| turn right | | 短语 向右转 |
| immediately | /ɪ'mi:diətli/ | 副词 立刻，马上 |
| manager | /'mænɪdʒə/ | 名词 经理 |
| find | /faɪnd/ | 动词 找到 |
| inconvenience | /,ɪnkən'vi:niəns/ | 名词 不便 |

08 | 提出投诉

 情境会话 | Conversation

MP3 Track
048

A: I ordered a computer and paid for it last week.
But it hasn't been **delivered so far**.

B: I'm sorry. Can I have your order number?

A: Please wait a moment. Got it. It's 00351.

B: Sorry, miss. The model you ordered has been
out of stock for two weeks.

A: That's **none of my business**. I think your
salesman should have informed me.

B: I'm terribly sorry. Could you leave your
telephone number so that we can call you
after we check the **situation** with the shipping
department?

A: 我上周订了一台电脑，还付了钱，但是到现在还没送来。


B: 对不起，请问您的订单号是多少？

A: 请稍候。找到了，是 00351。

B: 小姐，很抱歉。您订的型号已经缺货两周了。

A: 那不关我的事。我觉得你们的售货员应该通知我啊。

B: 真的很抱歉，您能否留下电话号码，等我们向发货部门查明情况后给您打电话？

 **关键词**单词 & 短语 | Words & Phrases

| | | |
|---------------------|-----------|-----------------|
| order | /'ɔ:də/ | 动词 订货 |
| deliver | /dɪ'lɪvə/ | 动词 递送 |
| so far | | 短语 到目前为止 |
| out of stock | | 短语 缺货 |
| none of my business | | 短语 不关我的事 |

| | | |
|-----------|----------------|-------|
| inform | /ɪn'fɔ:m/ | 动词 通知 |
| situation | /,sɪtʃu'eɪʃən/ | 名词 情况 |

超实用精选短句 | Useful Sentences

- I believe that you can do better.
我相信你可以做得更好。
- Are you kidding me?
你是在给我开玩笑吗?
- You will have to redo it.
你必须重做。
- I can't stand it anymore.
我无法再忍受了。
- It's a rip-off.
这是冒牌货。
- Please turn the music down a little bit. Thanks.
请把音乐声关小点, 谢谢。
- This is not what I expected.
这不是我预想的那样。
- Have you tried your best?
你已经尽力了吗?
- Stop nagging me.
不要再对我唠叨了。
- You need to watch your attitude.
你需要注意你的态度。

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get 的用法很多, 比如有人跟你解释一个问题后问你懂没有, 会说: **Do you get it?** (你听懂了吗?), 而你可以回答: **Yes, I got it.** (我懂了。)。在文中的对话里, **get** 意为“拿到”, 如: —**Did you get the keys?** (你拿钥匙了吗?), —**Got it.** (拿了。)

09 | 邮寄包裹

情境会话 | Conversation

MP3 Track
049

A: I want to send this small parcel to Canada.

B: By airmail or surface mail?

A: How different are the rates?

B: Your parcel weighs 420 grams, and it will cost 213 yuan by air, or 69 yuan by sea.

A: By sea, please.

B: Please fill out this form, and then take your parcel to the counter on the left-hand side.

A: All right. Thank you very much.

A: 我想把这个小包裹寄到加拿大。

B: 空邮还是平邮？


A: 邮费有什么区别？

B: 您的包裹重 420 克，空邮是 213 元，平邮则是 69 元。

A: 那就平邮吧。

B: 请填写好这张单子，然后把包裹拿到左边的柜台。

A: 好的，非常感谢。

 关键词 & 短语 | Words & Phrases

| | | |
|----------------|------------|-------------|
| parcel | /'pɑ:rsəl/ | 名词 包裹 |
| airmail | /'eəmeɪl/ | 名词 航空邮件 |
| surface mail | | 名词 平邮，水陆路邮政 |
| by air | | 短语 航空邮寄 |
| by sea | | 短语 水路邮寄 |
| fill out | | 短语 填写 |
| left-hand side | | 名词 左边 |

11 | 坐地铁

 情境会话 | Conversation

MP3 Track 051

- A:** How long will it take to go to the zoo **by taxi**?
- B:** It **depends on** the traffic. But why don't you take the subway?
- A:** Oh, I haven't been to this city for years. How is the **construction** of the subway system?
- B:** Several lines have been completed. You can take Line 4. It's really **convenient**.
- A:** Are the trains safe and comfortable?
- B:** Well, I should say so. The trains don't **swing unsteadily** even when they go very fast.

A: 坐出租车去动物园得花多少时间?


B: 那要看交通状况。但你为什么不坐地铁去?

A: 噢, 我很多年没来这个城市了。地铁系统建得怎么样啦?

B: 好几条线路都完工了。你可以坐 4 号线去, 真的很方便。

A: 列车安全、舒适吗?

B: 嗯, 可以这么说。即使列车飞速行驶, 车身也不会摇晃。

 关键单词 & 短语 | Words & Phrases

| | | |
|--------------|----------------|--------------|
| by taxi | | 短语 搭出租车 |
| depend on | | 短语 视……而定 |
| construction | /kən'strʌkʃən/ | 名词 建设 |
| convenient | /kən'vi:niənt/ | 形容词 方便的 |
| swing | /swɪŋ/ | 动词 摇晃 |
| unsteadily | /ʌn'stedɪli/ | 副词 不稳当地, 摇晃地 |

15 | 药房买药

情境会话 | Conversation

MP3 Track
055

A: I have a sore throat. I think I've caught a cold. Could I have some medicine?

B: These are for colds. But if you do not feel better tomorrow, you'd better see the doctor. The doctor will give you a prescription.

A: I'd like to buy eye drops.

B: Which brand do you want?

A: I'm not sure. Are they all the same?

B: No. Some are for general use, the others are for specific ailments.

A: I only need one bottle for general use.

A: 我喉咙痛，我想我是感冒了。可以买一点药吗？

B: 这些药是治感冒的。但如果你明天还没有好转，最好去看医生。医生会给你开处方。


A: 我想买眼药水。

B: 你想要什么牌子的？

A: 我不知道，都一样吗？

B: 不，有些是普通治疗用的，有些则是治疗特殊疾病用的。

A: 我只需要一瓶普通治疗用的。

 关键词 & 短语 | Words & Phrases

| | | |
|--------------|------------|--------|
| sore throat | | 名词 喉咙痛 |
| catch a cold | | 短语 患感冒 |
| medicine | /'medsən/ | 名词 药物 |
| eye drops | | 名词 眼药水 |
| ailment | /'eilmənt/ | 名词 小病 |

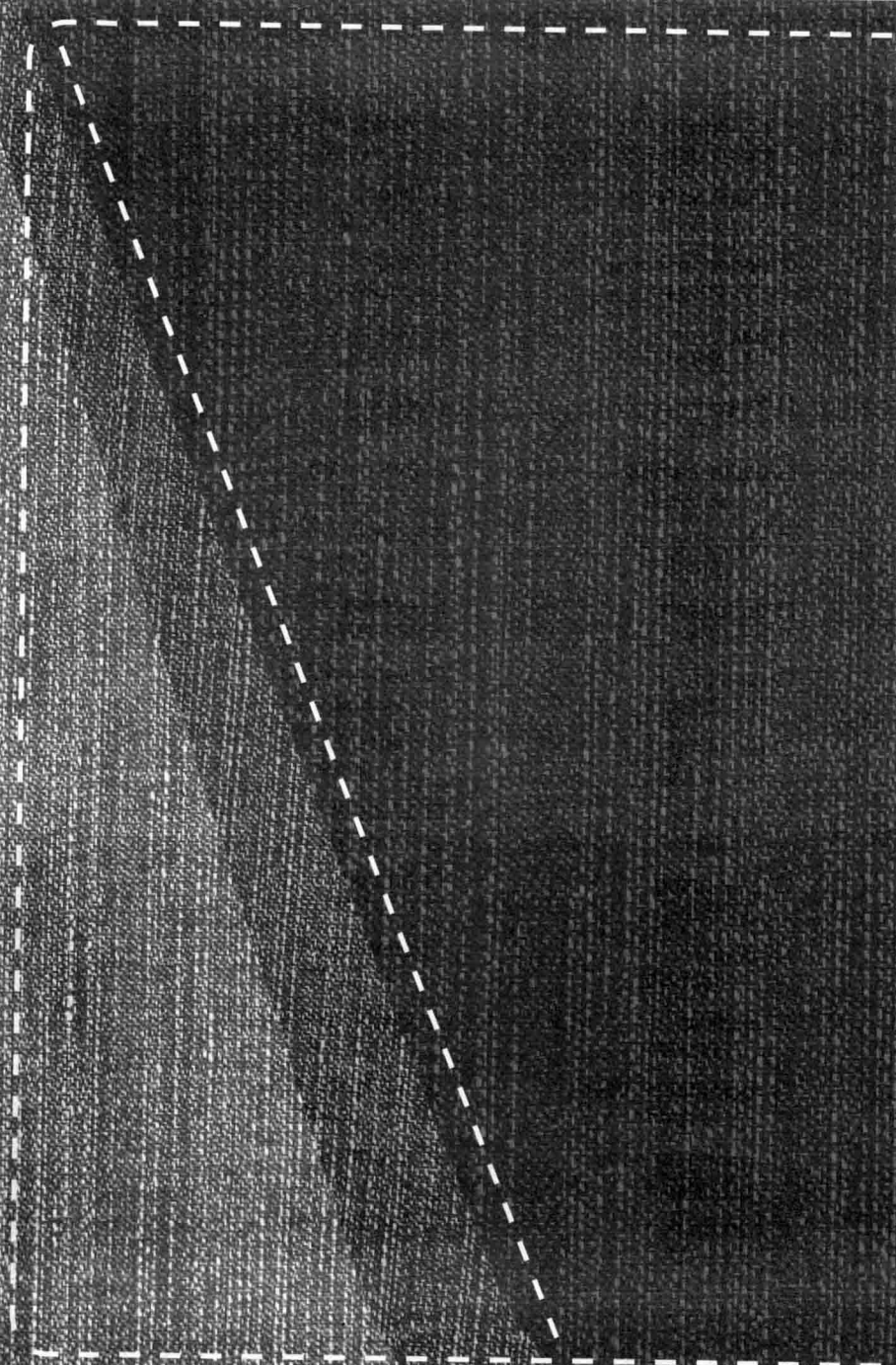
28 | 盛装打扮

情境会话 | Conversation

MP3 Track
068**A:** How come you **got up** so early today?**B:** I had to. I am going to a party at noon.**A:** But it's only 7 am!**B:** I know. But I need to make a lot of **preparations** for the party.**A:** Such as?**B:** I have to **put on makeup** and decide what to wear.**A:** I see.**B:** Right! I need to make myself look perfect.**A:** 你今天怎么这么早就起床啦?**B:** 我必须早起。我中午要去参加一个聚会。**A:** 不过现在才早上7点啊!**B:** 我知道。但我得为派对做很多准备呢。**A:** 比如?**B:** 我得化妆, 还要挑衣服。**A:** 原来如此。**B:** 没错! 我得让自己看起来光彩照人。

关键词 & 短语 | Words & Phrases

| | | |
|---------------|-----------------|---------|
| get up | | 短语 起床 |
| preparation | /,prepə'reiʃən/ | 名词 准备 |
| such as | | 短语 比如 |
| put on makeup | | 短语 化妆 |
| I see | | 短语 我明白了 |



15 | 减肥

情境会话 | Conversation

MP3 Track 085

A: Look! I am getting fatter.

B: To be honest, you do look a little plump, but not fat.

A: I know I have put on more weight. None of my clothes fit me well. I have to lose some weight!

B: What do you plan to do?

A: I'll eat fruit instead of snacks.

B: That's all?

A: Well, what do you suggest?

B: I think you should exercise more.

A: 看！我又变胖了。

B: 说实话，你看起来确实有些丰满，但不是很胖。

A: 我知道我又胖了。我的衣服都穿不上啦。我得减肥了！


B: 你打算怎么做呢？

A: 我打算吃水果，不吃零食了。

B: 就这样？

A: 那你建议我怎么做呢？

B: 我认为你应该多运动。

 关键词 & 短语 | Words & Phrases

| | | |
|---------------|---------|------------|
| to be honest | | 短语 老实说 |
| plump | /plʌmp/ | 形容词 丰满的 |
| put on weight | | 短语 体重增加，变胖 |
| fit | /fɪt/ | 动词 合身 |
| lose weight | | 短语 减肥 |
| plan | /plæn/ | 动词 计划 |