



新编大学英语

NEW COLLEGE ENGLISH

同步导读与随堂笔记

2



主编 马德高 于蕾
中央民族大学出版社

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第二册

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前 言

浙江大学编著的《新编大学英语》(外语教学与研究出版社)推出了全新的“以学生为中心的主题教学模式”,强调对学生英语“听、说、读、写、译”各方面能力的综合提高。教材起点高,信息量大,语汇丰富,在尝试变革传统的大学英语教学模式的同时,对学生的自学能力提出了更高的要求。

《新编大学英语同步导读与随堂笔记》正是针对这一情况而编写的,目的在于在最大程度上帮助学生扫除学习上的障碍,及时、高效地把握教材内容,理解和掌握重点、难点,节省预习时间,增强学习效果。

基于上述目标,《新编大学英语同步导读与随堂笔记》每一分册均严格参照教材同步编写,分为十二个单元。每个单元内包括五个部分,其中,Part One: Preparation 中对课堂口语练习提供了补充参考词汇与示范(sample); Part Two: Listening-Centered Activities 中给出了练习答案及听力材料原文,便于学生对照检查自己的听力理解情况; Part Three: Reading-Centered Activities 是本书的重点内容,包括单元内所有课文(课内阅读及课后阅读)的详细辅导。每篇课文的讲解又分为六项内容,分别是:A. 文化背景知识; B. 单词助记; C. 重点词组; D. 语言难点解析; E. 课后练习详解; F. 参考译文。文化背景知识有助于读者把握单元主题,理解课文内涵,而单词助记部分则提供了大量一词多义的英汉对照解释、同义词、反义词,并伴有丰富的例句,同时给出了四级同根派生词及常用短语搭配,能有效地帮助读者全面掌握更多的词汇。此外,在 B、C、D、E 各部分,穿插有大量的近义词、形似词辨析,相信定会对读者有所裨益。在 Part Four: Further Development 中,我们同样给出了口语练习的参考示范,并对每一篇作文提供了范文。在最后的 Part Five: Quiz 中,我们对原教材所附的小测验(Quiz),作出详细的解答,便于读者在进行自测后,及时对照检查。

在内容上,本书的详尽程度超出了其他同类辅导书,同时,在版式设计上也匠心独运,为读者预留了随堂笔记的空间,便于读者记下问题或教师讲解的其他内容,真正实现了辅导书与笔记本的合二为一。本教材采用 16 开的形式,与原教材完全配套。我们相信,它一定能成为您学习《新编大学英语》的良伴。

参加本书编写的还有:徐立乐,朱恒华,乔修娟,杨斌

本书虽经反复修改,仍可能有不妥或错漏之处,恳请广大读者批评指正。

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Unit 1

Food

Part One

Preparation

1. Check Your Vocabulary

[Additional words for reference 补充参考词汇]

Food

Vegetable	tomato 番茄, 西红柿 cucumber 黄瓜 eggplant 茄子 bean 菜豆 pepper 胡椒 potato 马铃薯 carrot 胡萝卜 cauliflower 菜花, 花椰菜 pumpkin 南瓜 broad bean 蚕豆 cabbage 卷心菜 garlic 蒜 chive 葱 fennel 茴香 lettuce 莴苣 celery 芹菜 onion 洋葱 leek 韭菜 radish 萝卜 mushroom 蘑菇 pea 豌豆
Fruit	apple 苹果 pear 梨 apricot 杏 peach 桃 grape 葡萄 banana 香蕉 pineapple 菠萝 plum 李子 watermelon 西瓜 orange 橙 lemon 柠檬 mango 芒果 strawberry 草莓 cherry 樱桃 pomegranate 石榴 fig 无花果 persimmon 柿子 peanut 花生 date 枣 chestnut 栗 lychee 荔枝
Meat	meat 肉 beef 牛肉 lamb 羊肉 steak 牛排 chop 连骨肉, 排骨 pork 猪肉 ham 火腿 bacon 咸肉 sausage 香肠 chicken 鸡 turkey 火鸡 duck 鸭 fish 鱼
Cereal	cereals, grain 谷物 coarse, grain 谷粒 barley 大麦 oats 燕麦 sorghum 高粱 wheat 小麦 maize 玉米 (美作: corn) maize cob 玉米棒子 (美作: corn cob) rice 稻
others	chips 炸薯条, 炸土豆片 (美作: French fries) mashed potatoes 马铃薯泥 noodles 面条, 挂面 macaroni 通心粉 broth 肉汤 milk 奶 cheese 奶酪 butter 奶油 bread 面包 slice of bread 面包片 egg 蛋 boiled eggs, soft-boiled eggs 水煮蛋 fried eggs 煎蛋 poached eggs 荷包蛋 biscuits (英) 饼干, (美) 小面包 spices 调料

Drink

drink 饮料 mineral water 矿泉水 Pepsi 百事可乐 tea 茶 coffee 咖啡 orange juice
桔子原汁 Coke 可口可乐 Sprite 雪碧 lemon juice 柠檬原汁 lemonade 柠檬水
beer 啤酒 white wine 白葡萄酒 red wine 红葡萄酒 champagne 香槟酒 cocktail
鸡尾酒 liqueur 白酒, 烧酒 vodka 伏特加 whisky 威士忌 brandy 白兰地

2. How Much Do You Know About Food?

1) A 2) B 3) C 4) C 5) B 6) A 7) C 8) B 9) C 10) A

随堂笔记

阅读笔记

随堂笔记

3. Comparing Diets

[Additional words for reference 补充参考词汇]

nutrition 营养	to chew 嚼	to swallow 吞咽
to nibble, to peck 细嚼	appetite 胃口	overfeeding 吃得过多
gluttony 暴食	greed 贪嘴	diet 食谱

[Sample 示范]

Step one

- 1) — This is not a healthy diet. First, he eats too much. Second, he has too much sugar, which is harmful to his health.
— On the whole, it is a healthy diet. Apart from the fact that the food is too much for a 10-year-old boy, his diet includes most of the nutrients necessary for a healthy body.
- 2) Diet of a 10-year-old Chinese boy on a typical day
Breakfast: one or two eggs, a cup of milk, one or two pieces of bread, etc.
Lunch: rice or steamed bread, fish or meat, vegetables, etc.
Supper: rice or steamed bread or noodles, vegetables, fish or meat, soup, etc.
Snack during the day: some fruit, candies, cookies, drinks, etc.
- 3) Difference between the British boy and a Chinese boy:
A. The British boy eats a wider variety of things.
B. The British boy eats more than a Chinese boy.

Step two

1) Different Diet

[Sample 示范]

Student A

Breakfast: some porridge, one egg, some fried-sticks

Lunch: rice, fish or meat, some vegetables

Supper: rice, noodles, fish or meat, some vegetables

Snack during the day: an apple, several cups of Coke

Student B

Breakfast: a cup of milk, some bread

Lunch: dumpling(jiaozi), some vegetables

Supper: noodles, fish or meat, some vegetables

Snack during the day: some candies

2) Advice on the improvement of the diet:

A. Student B should have some fruit every day.

B. Student A should drink some milk every day.

C. Both A and B should add some varieties in their diets, because different foods contain different nutrients the body needs.

Part Two

Listening-Centered Activities

Listening I

A. Keys to exercises 练习答案

阅读笔记

Ex. 1.

- 1) 226 2) 7:30 a.m. 3) orange juice 4) grapefruit juice
5) bacon, eggs, and tomato 6) two soft-boiled eggs
7) toast, butter 8) lemon tea

Ex. 2.

[Sample 示范]

Waitress: Can I help you?

Customer A: We'd like to have our breakfast.

Waitress: What would you like to have?

Customer A: I'd like to start with fruit juice, fresh orange juice.

Waitress: Ok, sir. (turn to Customer B) What do you prefer, Madam?

Customer B: Well, I'd like some apple juice. And then, bacon, eggs and some toast with butter please.

Customer A: Oh, I'd like to have some cornflakes with whole milk and two boiled eggs.

Waitress: All right. Please wait a moment. Your breakfast will soon be ready.

B. Tapescripts 听力材料内容

Guest: Hello, Room Service. This is Room 226. We'd like to order breakfast for tomorrow.

Floor waiter: Yes, sir. What would you like?

Guest: We'd like to start with fruit juice, orange for me and grapefruit for my wife. Fresh juice, please. Not canned or frozen.

Floor waiter: Right, sir. One fresh orange and one fresh grapefruit.

Guest: Good. And then bacon, eggs, and tomato for me and two soft-boiled eggs for my wife, and toast, butter, and marmalade. Do you have different marmalades?

Floor waiter: Yes, sir. We'll put a selection of preserves on your tray. And is it tea or coffee?

Guest: Tea, please, but with lemon, not milk.

Floor waiter: Very good. And when is it for?

Guest: Oh, about 7:30 would be fine.

Floor waiter: Fine, and could you give me your name, sir?

Guest: It's Sands. Mr. and Mrs. Sands, Room 226.

Floor waiter: Thank you, sir.

Listening II

A. Keys to exercises 练习答案

Ex. 1.

- 1) to take out, cardboard, plastic, plastic, tight-fitting
2) board, menu, order, microphone, twenty yards
3) knives, forks, everything, tray

Ex. 2.

- 1) Efficient and friendly
2) Their friendliness is natural and isn't entirely because they hope to get a high tip