

全国高等职业技术教育卫生部规划教材  
供临床、护理、医学影像技术、口腔工艺技术、药学、检验等专业用

# 英语

下册

● 主 编 汤先觉  
● 副主编 唐崇文 罗前珍



人民卫生出版社

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# 全国高等职业技术教育卫生部 规划教材出版说明

医学高等职业技术教育作为我国高等教育的重要组成部分，近年来发展迅速，为保证教育质量，规范课程设置和教学活动，促进我国高等职业技术教育的良性发展，卫生部教材办公室决定组织编写全国医学高等职业技术教育教材。2001年11月，卫生部教材办公室对我国医学职业技术教育现状（专业种类、课程设置、教学要求）进行了调查，并在此基础上提出了全国医学高等职业技术教育卫生部规划教材的编写原则，即以专业培养目标为导向，以职业技能的培养为根本，满足3个需要（学科需要、教学需要、社会需要），力求体现高等职业技术教育的特色。同时，教材编写继续坚持“三基、五性、三特定”的原则，但基本理论和基本知识以“必须、够用”为度，强调基本技能的培养，特别强调教材的实用性与先进性；教材编写注意了与专业教育、中等职业教育的区别。考虑到我国高等职业技术教育模式发展中的多样性，在教材的编写过程中，提出了保障出口（毕业时的知识和技能水平），适当兼顾不同起点的要求，以体现教材的适用性。从2002年4月起，卫生部教材办公室陆续启动了检验、影像技术、药学、口腔工艺技术、护理、临床医学专业等专业课和专业基础课卫生部规划教材的编写工作。

2003年4月，卫生部教材办公室在山东淄博召开了“全国医学高等职业技术教育文化基础课、医学基础课和五年一贯制临床医学专业卫生部规划教材主编人会议”，正式启动了高等职业技术教育文化基础课、医学基础课卫生部规划教材的编写工作。文化基础课和医学基础课共计14种，供各高等职业技术专业用。

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# 前　　言

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自 20 世纪 90 年代末以来，我国高等专科教育、高等职业教育飞快地发展着。各地高职高专纷纷挂牌成立。为了适应这一大好形势，适应社会主义经济发展对高职高专提出的更高要求，卫生部教材办公室于 2003 年 4 月在山东省淄博市召开了一次教材编写会议，决定出版一套全国高职高专教育卫生部规划教材（约 30 个学科）。这本英语教材就是其中的一种。本英语教材分上下两册，共 50 个单元。上册 24 个单元，下册 26 个单元，学完上下两册约需 250 个学时。上册每单元由五个部分组成，即课文 A、课文 B、技能训练、语法知识、会话，内容主要以日常社会生活为主；下册每单元为五个部分组成，即课文 A、课文 B、技能训练、写作、会话，内容主要以医学科普为主。

本教材强调培养学生的实际运用能力，突出基本原理、基础知识、基本技能，以够用为度。在编写过程中，尽量做到注意教材的实用性、先进性、多样性，以至适合不同程度的学生。

本教材在编写过程中，承蒙安徽省蚌埠铁路局汤朝东工程师审阅，并提出许多宝贵意见。在打印过程中得到安徽省巢湖职业技术学院刘素芬、季金道及其他老师的帮助，在此一并表示感谢！

由于编者水平有限，加上时间仓促，书中难免有疏漏之处，恳请老师和同学们指正。

编　　者  
2003 年 10 月

# CONTENTS

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<b>UNIT 25</b>	.....	1
Text A	Nursing Services in the Future	1
New Words and Expressions	.....	1
Notes	.....	3
Comprehension Check: Choose the best answer	.....	3
Vocabulary and Structure	.....	4
Text B	The New Doctor	6
New Words and Expressions	.....	7
Notes	.....	8
Comprehension Check: Choose the best answer	.....	8
Exercises	.....	9
Writing	.....	10
Dialogue: Registration	.....	10
<b>UNIT 26</b>	.....	12
Text A	How to Live to 100	12
New Words and Expressions	.....	13
Notes	.....	14
Comprehension Check: Choose the best answer	.....	15
Vocabulary and Structure	.....	15
Text B	Never Too Old	18
New Words and Expressions	.....	18
Notes	.....	19
Comprehension Check: Choose the best answer	.....	20
Exercises	.....	20
Writing	.....	21
Exercises	.....	21
Dialogue: Seeing the Doctor	.....	22

<b>UNIT 27</b>	.....	23
Text A Gulf War Syndrome--A Medical Mystery	.....	23
New words and Expressions	.....	24
Notes	.....	25
Comprehension Check: Choose the best answer	.....	25
Vocabulary and Structure	.....	26
Text B Are Mobile Phones Safe?	.....	29
New Words and Expressions	.....	30
Notes	.....	30
Comprehension Check: Choose the best answer	.....	31
Exercises	.....	31
Dialogue: Cold	.....	32
<b>UNIT 28</b>	.....	33
Text A Diet to Prevent Cancer	.....	33
New Words and Expressions	.....	34
Notes	.....	35
Comprehension check: Choose the best answer	.....	35
Vocabulary and Structure	.....	36
Text B Rich Living Brings New disease	.....	38
New Words and Expressions	.....	39
Notes	.....	40
Comprehension Check: Choose the best answer	.....	41
Exercises	.....	41
Dialogue: Pneumonia	.....	42
<b>UNIT 29</b>	.....	43
Text A The First Woman Doctor in the World	.....	43
New Words and Expressions	.....	44
Notes	.....	45
Comprehension Check: Choose the best answer	.....	45
Vocabulary and Structure	.....	46
Text B X-rays Penetrating a Century	.....	49
New Words and Expressions	.....	50
Notes	.....	51
Comprehension Check: Choose the best answer	.....	51
Exercises	.....	52
Writing	.....	53
Exercises	.....	53
Dialogue: Hypertension I	.....	54
<b>UNIT 30</b>	.....	55

Text A Computers in Health Care .....	55
New Words and Expressions .....	56
Notes .....	56
Comprehension Check: Choose the best answer .....	57
Vocabulary and Structure .....	58
Text B Computer-based Patient Records .....	60
New Words and Expressions .....	61
Notes .....	62
Comprehension Check: Choose the best answer .....	62
Exercises .....	63
Dialogue: Hypertension II .....	64
<b>UNIT 31 .....</b>	<b>65</b>
Text A How to Cope With Insomnia .....	65
New Words and Expressions .....	66
Notes .....	67
Comprehension Check: Choose the best answer .....	68
Vocabulary and Structure .....	69
Text B Self-medication .....	71
New words and Expressions .....	72
Notes .....	73
Comprehension Check: Choose the best answer .....	73
Exercises .....	74
Dialogue: Heart Disease .....	75
<b>UNIT 32 .....</b>	<b>76</b>
Text A Generation XXL .....	76
New Words and Expressions .....	77
Notes .....	78
Comprehension Check: Choose the best answer .....	78
Vocabulary and Structure .....	79
Text B Obesity—an Issue for Debate .....	82
New Words and Expressions .....	82
Notes .....	83
Comprehension Check: Choose the best answer .....	83
Exercises .....	84
Writing .....	85
Exercises .....	85
Dialogue: Anaemia .....	85
<b>UNIT 33 .....</b>	<b>86</b>
Text A The War Against Stroke .....	86

New Words and Expressions .....	87
Notes .....	88
Comprehension check: Choose the best answer .....	89
Vocabulary and Structure .....	89
<b>Text B An Effective Method of Relaxing .....</b>	<b>92</b>
New Words and Expressions .....	93
Notes .....	94
Comprehension Check: Choose the best answer .....	94
Exercises .....	95
<b>Dialogue:</b>	
An Upset Stomach I .....	95
<b>UNIT 34 .....</b>	<b>97</b>
Text A Diseases Plague Humanity Again .....	97
New words and Expressions .....	98
Notes .....	99
Comprehension Check: Choose the best answer .....	100
Vocabulary and Structure .....	100
<b>Text B Do You Have Hepatitis C .....</b>	<b>103</b>
New Words and Expressions .....	104
Notes .....	105
Comprehension Check: Choose the best answer .....	105
Exercises .....	106
<b>Dialogue: An Upset Stomach II .....</b>	<b>107</b>
<b>UNIT 35 .....</b>	<b>108</b>
Text A Four Medical Revolutions .....	108
New Words and Expressions .....	109
Notes .....	110
Comprehension Check: Choose the best answer .....	111
Vocabulary and Structure .....	111
<b>Text B Applied Bionics .....</b>	<b>114</b>
New Words and Expressions .....	115
Notes .....	115
Comprehension Check: Choose the best answer .....	116
Exercises .....	116
<b>Writing .....</b>	<b>117</b>
Exercises .....	118
<b>Dialogue: Chronic Hepatitis .....</b>	<b>118</b>
<b>UNIT 36 .....</b>	<b>119</b>
Text A The War on Disease Goes Miniature: Nanomedicine .....	119

New Words and Expressions .....	120
Notes .....	121
Comprehension Check: Choose the best answer .....	122
Vocabulary and Structure .....	122
<b>Text B World's First Digital Hospital .....</b>	<b>125</b>
New Words and Expressions .....	126
Notes .....	127
Comprehension Check: Choose the best answer .....	128
Exercises .....	128
Dialogue: Chronic Hepatitis .....	129
<b>UNIT 37 .....</b>	<b>130</b>
Text A New Minimal Invasive Techniques .....	130
New Words and Expressions .....	131
Notes .....	132
Comprehension Check: Choose the best answer .....	133
Vocabulary and Structure .....	133
Text B Mechanical Arm Guides the Surgeon's Hand .....	136
New Words and Expressions .....	137
Notes .....	138
Comprehension Check: Choose the best answer .....	138
Exercises .....	139
Dialogue: Laceration .....	140
<b>UNIT 38 .....</b>	<b>141</b>
Text A A Child Without a Parent .....	141
New Words and Expressions .....	142
Notes .....	143
Comprehension Check: Choose the best answer .....	143
Vocabulary and Structure .....	144
Text B Are Test-tube Babies Risky? .....	146
New Words and Expressions .....	147
Notes .....	148
Comprehension Check: Choose the best answer .....	149
Exercises .....	149
Writing .....	150
Exercises .....	151
Dialogue: A Road Accident .....	152
<b>UNIT 39 .....</b>	<b>153</b>
Text A How to Live Like a Millionaire .....	153
New Words and Expressions .....	154

Notes .....	155
Comprehension Check: Choose the best answer .....	156
Vocabulary and Structure .....	156
<b>Text B Childless—And Free .....</b>	<b>159</b>
New Words and Expressions .....	160
Notes .....	160
Comprehension Check: Choose the best answer .....	161
Exercises .....	161
Dialogue: Fracture .....	162
<b>UNIT 40 .....</b>	<b>163</b>
Text A Does Brain Exercise Work .....	163
New Words and Expressions .....	164
Notes .....	165
Comprehension Check: Choose the best answer .....	165
Vocabulary and Structure .....	166
<b>Text B Battling Alzheimer's .....</b>	<b>169</b>
New Words and Expressions .....	169
Notes .....	170
Comprehension Check: Choose the best answer .....	170
Exercises .....	171
Dialogue: Appendicitis .....	172
<b>UNIT 41 .....</b>	<b>173</b>
Text A The Quest for Artificial Blood .....	173
New Words and Expressions .....	174
Notes .....	175
Comprehension Check: Choose the best answer .....	176
Vocabulary and Structure .....	176
<b>Text B Artificial Skin Goes on Trial .....</b>	<b>179</b>
New Words and Expressions .....	179
Notes .....	180
Comprehension Check: Choose the best answer .....	181
Exercises .....	181
Writing .....	182
Exercises .....	182
Dialogue: Appendicitis .....	183
<b>UNIT 42 .....</b>	<b>184</b>
Text A New Weapons Against Pain .....	184
New Words and Expressions .....	185
Notes .....	186

Comprehension Check: Choose the best answer .....	186
Vocabulary and Structure .....	187
<b>Text B Jagged Little Pill .....</b>	<b>189</b>
New Words and Expressions .....	190
Notes .....	191
Comprehension Check: Choose the best answer .....	192
Exercises .....	192
Dialogue: Migraine .....	193
<b>UNIT 43 .....</b>	<b>194</b>
Text A Conversation with a Gorilla .....	194
New Words and Expressions .....	195
Notes .....	196
Comprehension Check: Choose the best answer .....	197
Vocabulary and Structure .....	197
Text B The Cooperative Spirit in the World of Animals .....	200
New Words and Expressions .....	201
Notes .....	202
Comprehension Check: Choose the best answer .....	202
Exercises .....	203
Dialogue: Ophthalmitis .....	203
<b>UNIT 44 .....</b>	<b>205</b>
Text A The Pill for Men .....	205
New Words and Expressions .....	206
Notes .....	207
Comprehension Check: Choose the best answer .....	208
Vocabulary and Structure .....	208
Text B Japan May Finally Swallow the Pill .....	211
New Words and Expressions .....	212
Notes .....	213
Comprehension Check: Choose the best answer .....	213
Exercises .....	214
Writing .....	215
Exercises .....	216
Dialogue: Acute Otitis Media .....	216
<b>UNIT 45 .....</b>	<b>217</b>
Text A What the Future Has in store .....	217
New Words and Expressions .....	218
Notes .....	219
Comprehension Check: Choose the best answer .....	220

Vocabulary and Structure .....	220
<b>Text B How Gene Transfer May Save Lives? .....</b>	<b>223</b>
New Words and Expressions .....	224
Notes .....	225
Comprehension Check: Choose the best answer .....	225
Exercises .....	226
Dialogue: Epistaxis .....	227
<b>UNIT 46 .....</b>	<b>228</b>
Text A Thalidomide Is Coming Back .....	228
New Words and Expressions .....	229
Notes .....	230
Comprehension Check: Choose the best answer .....	230
Vocabulary and Structure .....	231
Text B Aspirin: Not Just for Your Heart .....	233
New Words and Expressions .....	234
Notes .....	235
Comprehension Check: Choose the best answer .....	235
Exercises .....	236
Dialogue: Acute Attack of Chronic Tonsillitis .....	237
<b>UNIT 47 .....</b>	<b>238</b>
Text A AIDS: Global Lessons from a Global Epidemic .....	238
New Words and Expressions .....	239
Notes .....	240
Comprehension Check: Choose the best answer .....	240
Vocabulary and Structure .....	241
Text B The Nation's Worst Public Problem .....	243
New Words and Expressions .....	245
Notes .....	245
Comprehension Check: Choose the best answer .....	246
Exercises .....	246
Writing .....	247
Exercises .....	247
Dialogue: Pulpitis .....	248
<b>UNIT 48 .....</b>	<b>249</b>
Text A On the Horizon .....	249
New Words and Expressions .....	250
Notes .....	251
Comprehension Check: Choose the best answer .....	252
Vocabulary and Structure .....	253

Text B Healing the Brain .....	255
New Words and Expressions .....	256
Notes .....	258
Comprehension Check: Choose the best answer .....	258
Exercises .....	259
Dialogue: Tinea Pedis .....	260
<b>UNIT 49 .....</b>	<b>261</b>
Text A New Hope for Cancer .....	261
New Words and Expressions .....	262
Notes .....	263
Comprehension Check: Choose the best answer .....	264
Vocabulary and Structure .....	265
Text B Cancer still a Tough Issue to Solve .....	267
New Words and Expressions .....	268
Notes .....	269
Comprehension Check: Choose the best answer .....	269
Exercises .....	270
Dialogue: Examinations of Urine and Stool .....	271
<b>UNIT 50 .....</b>	<b>272</b>
Text A Reaching Out for World Health .....	272
New Words and Expressions .....	273
Notes .....	275
Comprehension Check: Choose the best answer .....	275
Vocabulary and Structure .....	276
Text B Dial F for Fear .....	278
New Words and Expressions .....	279
Notes .....	280
Comprehension Check: Choose the best answer .....	281
Exercises .....	282
Writing .....	282
Exercises .....	284
Dialogue: Receiving New Patient .....	284
<b>Common Abbreviations .....</b>	<b>285</b>
<b>Subjects .....</b>	<b>289</b>
<b>VOCABULARY .....</b>	<b>292</b>

# UNIT 25

## Text A Nursing Services in the Future

New opportunities are becoming available for the nursing profession. A number of competitive alternatives to hospitals are springing up, including surgicenters, urgent care centers, hospices, and out-patient dialysis centers. Sleeping disorder, eating disorder and pain control centers top the list of new and promising opportunities of nurses. In fact, one of the exciting aspects of today's changing health care climate is the wide variety of managerial opportunities to be developed. Because of the current trends which are affecting today's health care climate, it is easy to predict what new and challenging trends lie in our near future.

Hospitals are now faced with the problem of nurses still being viewed as the submissive "Florence Nightingale". Nurses are no longer willing to accept this role. The stereotype of the nurse doing "women's work" or as a "domestic house-keeper of the sick" must be superseded by the new model of clinical expert and knowledge-based professional practitioner if nurses are to fulfill their potential.

Predictably, technology is another trend that continues to impact on the future of nursing. Nurses will find such new devices as a machine that disintegrates kidney stones noninvasively, eliminating the need for many conventional stone removal procedures such as surgery. There will be NMR (nuclear magnetic resonance) tomography, which uses a pulse-shaped, high-frequency magnetic field to "look inside" the patient. No longer is the computer a tool for the data processing department. Nurses are expected to use on most nursing stations in hospitals. Hand-held computers that record information at the bedside are becoming popular.

Nursing in the 21st century will be far more highly differentiated than today. The major trend will be toward greater authority and more public/community contact. These current, predictable, and future forecasts raise hope and concerns for us all. The key factor here is the attitude with which we face these challenges. We should see them as "hurdles" to be met rather than "road blocks" to our success. Just as a specialist declares, "Many of the new roles haven't been invented yet. We, you and I, will have the opportunity to invent them. What an interesting time to be a nurse—and what a fantastic time to be a nurse in a leadership position."

### New Words and Expressions

competitive	adj.	竞争的, 竞赛的
spring	v.	(sprang, sprung) move quickly and suddenly upward or forwards as if by jumping 跳跃, 跳起

surgicenter	n.	( <i>surgi</i> + <i>center</i> ) <美> (为门诊病人做小手术的) 手术中心
spring up		(突然)出现,涌现
urgent	adj.	very important and needing to be dealt with quickly or first 紧急的,紧迫的
hospice	n.	a hospital for people with incurable illnesses (晚期病人的) 医院,临终医院
out-patient	n.	a person who goes to a hospital for treatment while continuing to live home 门诊病人
dialysis	n.	〈医〉透析,透析
top	v.	成为……之冠
promising	adj.	showing signs of likely future success 大有希望的,很有前途的
climate	n.	the general feeling or opinions of a group of people at a particular time 风气,气候
managerial	adj.	of or concerning a manager or management 经理的,管理的
predict	v.	see or describe (a future happening) in advance 预告,预见
challenging	adj.	needing the full use of one's abilities and effort; difficult, but in an interesting way 富有挑战性的,需要充分发挥能力的,困难而有趣的
submissive	adj.	gentle and willing to obey orders 服从的,顺从的,恭顺的
Florence Nightingale		(人名)佛罗伦丝·南丁格尔
stereotype	n.	模式化见解,老框框
domestic	adj.	of or in the house or home 家里的,家务的
supersede	v.	take the place of esp. as an improvement 取代(一般指旧事物),接替
clinical	adj.	临床的
practitioner	n.	a person who works in a profession, esp. a doctor or lawyer 开业者(尤指医生或律师)
impact	v.	to have an effect on 冲击,对……有影响
disintegrate	v.	to break up into small pieces (使)破碎,分解,(使)崩溃,瓦解
noninvasively	adv.	非侵害地
conventional	adj.	〈常贬〉按惯例的,因袭守旧的
removal	n.	(an act of) removing 移动,搬动,迁移
procedure	n.	a set of actions necessary for doing something (做事情的) 步骤,手续
magnetic	adj.	having the qualities of magnet; having a powerful attraction