

TOEFL® iBT 新托福一遍通系列 · 基础篇

新托福

Developing
Skills for the

TOEFL® iBT

一遍通

Reading

阅 读

应试指南 基础篇



高等教育出版社
Higher Education Press

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出版说明

2005年9月,美国教育考试服务中心(ETS)在美国本土首次推出全新改版后的托福考试——托福网考(TOEFL® iBT, Internet-Based Test),2006年9月,托福网考开始在国内实施。这一改革,一方面使托福考试在形式、分值、题型及内容上都发生了重大变化,特别是考试形式更是发生了根本性的转变:从传统的纸考(paper-based)变化为网考;另一方面从出题理念也发生了转变:由过去考查考生的“语言能力”(以词汇、语法为核心)转变为考查“交际能力”(实际运用语言的综合能力)。也就是说,过去应试者的高分在很大程度上表现出来的是对语言结构和形式的认知和理解能力(linguistic competence),而不是语言的表达和交际能力(communicative competence)。后者不仅表现为语言的形式能力(formal competence)和理解能力,更重要的是体现在语言应用者的社会文化能力(sociocultural competence)、语篇能力(discourse competence)和交际策略能力(strategic competence)方面。

2007年,高等教育出版社从美国Compass Publishing出版集团引进一套极具权威性的托福网考备考丛书*Mastering Skills for the TOFEL® iBT*,改编成《TOEFL® iBT新托福一遍通系列(冲刺篇)》,该系列丛书包括五本教材:

- TOEFL® iBT新托福一遍通 听力应试指南(冲刺篇)
- TOEFL® iBT新托福一遍通 口语应试指南(冲刺篇)
- TOEFL® iBT新托福一遍通 阅读应试指南(冲刺篇)
- TOEFL® iBT新托福一遍通 写作应试指南(冲刺篇)
- TOEFL® iBT新托福一遍通 综合应试指南(冲刺篇)

该系列一经推出就博得广大读者的一致认可和好评,短时间内被众多培训机构选作托福网考的培训教材。同时,培训机构和读者也纷纷反馈信息:目前对托福网考基础阶段的教程需求量加大,但市场上缺少有针对性的基础类教材,希望我们能够提供帮助。为此,我们把美国Compass Publishing出版集团*Mastering Skills for the TOFEL® iBT*的姊妹篇*Building Skills for the TOFEL® iBT*和*Developing Skills for the TOFEL® iBT*进行梳理和改编,推出《TOEFL® iBT新托福一遍通系列(基础篇)》。基础篇系列包括四本教材:

- TOEFL® iBT新托福一遍通 听力应试指南(基础篇)
- TOEFL® iBT新托福一遍通 口语应试指南(基础篇)
- TOEFL® iBT新托福一遍通 阅读应试指南(基础篇)
- TOEFL® iBT新托福一遍通 写作应试指南(基础篇)

基础篇系列听、说、读、写分项技能(Skills)部分设计完全从基础阶段的“能力和水平”测试目标出发,在材料选择、题型设计、难度控制上编排合理,从易到难,从短到长,循序渐进。对于基础阶段的考生具有极大的指导作用,为继续学习冲刺篇和取得新托福高分奠定坚实的基础。

基础篇系列听、说、读、写实战演练(Practice Test)部分针对TOEFL® Internet-Based Test考试要求,为考生提供最接近真实考题的考前模拟训练。考生可通过本系列的单项或综合实战训练,熟练掌握新托福的考试题型、考题内容和应考技巧等,迅速提高英语实际应用能力和托福网考的应试能力。

该系列配套的www.successibt.com在线模拟测试系统为考生提供TOEFL® iBT身临其境的真实体验,考生可用随书附赠的学习卡卡号和密码登录模拟测试系统。

高等教育出版社

2008年5月

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Introduction to TOEFL® Reading

What to Expect on the TOEFL® Test

The TOEFL® test (Test of English as a Foreign Language) is an Internet-based test designed to assess English proficiency in non-native speakers who want to achieve academic success as well as effective communication. Most people take the TOEFL® test to gain admission into universities and colleges where instruction is in English. Additionally, many employers, government agencies, etc. use the scores to determine a person's English ability. It is not meant to test academic knowledge or computer ability, and as such, questions are always based on materials found in the test (computer tutorials are available for those not familiar with the PC). We have designed this practice book to be as similar as possible to the actual computer-based test in format and appearance in order to better prepare you for the TOEFL® test.

The TOEFL® test, like this book, is divided into four sections: reading, listening, speaking, and writing.

Major Changes in the Internet-Based TOEFL® (iBT)

● General

- ⇒ The test measures all four language skills equally; a speaking section is included.
- ⇒ The Test of Spoken English® (TSE)® will now be part of the TOEFL®. Test takers will no longer take the TSE as a separate test.
- ⇒ Order of sections on the test:
 - Reading
 - Listening
 - (10-minute break)
 - Speaking
 - Writing
- ⇒ The test is approximately four hours long and can be taken in one day.
- ⇒ Tests are administered through the Internet in test centers around the world.
- ⇒ There is no structure section, as there was on past tests.
- ⇒ Note-taking is allowed in every section.
- ⇒ The test is a linear exam, not computer adaptive; each test taker receives the same range of questions.
- ⇒ The scores will be viewed online.

● Reading/Listening

- ⇒ Passages for Reading and Listening are longer than those in the Computer-Based TOEFL (See introduction of individual sections for further details).

● Speaking/Writing

- ⇒ Tasks for Speaking and Writing include integrated questions that require more than one skill to complete, i.e., reading and/or listening, then speaking or writing.
- ⇒ For the speaking section, test takers speak into a microphone, and their responses are digitized and sent to the Education Testing Service(ETS) Online Scoring Network.
- ⇒ For the writing section, test takers must type their responses.

The New Test Format

Section	Number of Questions	Time (minutes)	Score
Reading	3–5 passages <ul style="list-style-type: none"> • 12–14 questions each • 700 words per passage 	60–100	30 points
Listening	4–6 lectures <ul style="list-style-type: none"> • 6 questions each • 500–800 words (4–6 min.) 2–3 conversations <ul style="list-style-type: none"> • 5 questions each • 400–500 words (2–3 min.) 	60–90	30 points
BREAK		10	
Speaking	2 independent tasks <ul style="list-style-type: none"> • 1 personal experience • 1 preference/choice 2 integrated tasks (Read–Listen–Speak) <ul style="list-style-type: none"> • Reading 100 words • Conversation 200 words (1–2 min.) • Lecture 200–300 words (1–2 min.) 2 integrated tasks (Listen–Speak) <ul style="list-style-type: none"> • Conversation 200 words (1–2 min.) • Lecture 200–300 words (1–2 min.) 	20	30 points
Writing	1 independent task (same as TWE) 1 integrated task (Read–Listen–Write) <ul style="list-style-type: none"> — Reading 250–300 words — Lecture 250–300 words (2 min.) 	50	30 points
Total		200–270	120 points

How this book is organized

There are four main sections and one practice test in this book.

Introduction	Understanding what each section requires you to do
Chapter 1	Practicing basic skills with short reading passages
Chapter 2	Developing the skills with longer reading passages
Chapter 3	Focusing on summarizing information
Practice Test	Practicing with questions designed according to the real test format

Test-taking and study tips

The only way to be certain of an excellent TOEFL® score is to be able to read, write, understand, and speak English like an educated native speaker. You have no doubt been developing your ability in these areas for many years now. Unfortunately, this is not something one can accomplish by studying in the traditional way. However, research conducted over the years by applied linguists, psychologists, and educators has yielded a considerable amount of information on the best methods for refining these skills for the purposes of standardized tests. By keeping the following test taking tips in mind, you can optimize your study habits and achieve the highest possible scores with the level of language proficiency you have obtained.

General study tips:

- Prepare a study area for yourself. This should include the following:
 - ⇒ A comfortable chair and spacious table/desk
 - ⇒ Suitable lighting
 - ⇒ Good ventilation and air quality; an open window or a house plant are good ideas
 - ⇒ An area free of distractions such as outside noises/television/radio (unless of course you are using the television/radio to study listening)
 - ⇒ Proper space to keep all the materials you will need when studying, such as books, paper, pens/pencils, a tape recorder or other recording device, and if possible, a computer with Internet access
- Study regularly over a long period of time. Do not study to the point of physical/mental exhaustion, as this has been shown to be ineffective in retaining information.
- “Cramming,” i.e., studying intensely for long periods before an exam, is less effective, as it strains your general health and well-being and does not lead to good long-term retention of information/skills.

-
- Psychologists have discovered a principle called “state-specific memory.” This means you remember things better in the same conditions than you learned them. So, for example, if you always study math at night, you will do better on a math exam at night. Use this concept to your advantage. If you know when and under what conditions you will take the TOEFL®, simulate these in your study environment and habits. For example, if you will take the TOEFL® on a Sunday afternoon from your computer at home, then make a point to study at this computer on Sunday afternoons.
 - Be well rested on the day of the exam. Do not stay up all night studying. Also, eat healthy foods including fruits and vegetables.
 - Be relaxed and confident. Do the best that you can and do not worry excessively about any mistakes or uncertainties.

Registering for the TOEFL®

Students must get registration information for the TOEFL® test. Registration information can be obtained online at the ETS website. The Internet address is www.ets.org/toefl. The website provides information such as testing locations, costs, and identification requirements. The website also provides other test preparation material.

The registration information, such as the test center location, identification requirements, and costs, will vary depending on the country in which you take the test. Be sure to follow these requirements carefully. If you do not have the proper requirements in order, you may not be able to take the test. Remember that if you register online, you will need to have your credit card information ready.

What the TOEFL® scores can be used for

The primary use of TOEFL® test scores is for acceptance into institutions such as universities and colleges where English is the primary language of instruction. As noted earlier in this introduction, a great number of universities and other institutions require a certain TOEFL® test score for admission. It is estimated that about 4,400 such institutions require the TOEFL® for admission.

The exact calculation of a TOEFL® test score is complicated and probably not necessary for the student to understand. It is helpful to know, however, that each section in the Internet-based test is worth the same amount of points. The highest possible score on the iBT is 120 points. Each particular institution, for example, a university, will have its own specific score requirements for admission. For that reason, it is very important to check with each institution individually to find out what its admission requirements are. For example, a passing score at one university may not be a passing score at another university. It is the responsibility of the student to find out what the requirements are for each institution.

Although the primary use of TOEFL® test scores is for admission into English language institutions, there are a number of other places which require TOEFL® scores. For example, many companies and corporations worldwide may also request TOEFL® scores for employment.

Certainly, doing well on the TOEFL® is important for students in many ways. Remember, practice makes perfect. We hope that you will take full advantage of this practice book and study hard. Your hard work and dedication will provide you with the best opportunity to do well on the TOEFL®, and to meet your goals for the future.

Reading

In the reading section, you will be required to read three to five passages on varying topics. After each passage, you will answer twelve to fourteen questions that test your ability to understand vocabulary, sentence structure, and factual information as well as implied information and the writer’s intention. You will not be permitted to see the questions until after you have read the passage. While answering the questions, you will be permitted to look back at the reading. You do not need any previous knowledge on the topic in order to answer the questions correctly.

● Passage Types:

- 1. Exposition — Material that provides information about or an explanation of a topic
- 2. Argumentation — Material that presents a point of view about a topic and provides supporting evidence in favor of a position
- 3. Narrative — An account of a person’s life or a historical event

● Question Types:



Questions 1 through 10 will be multiple-choice questions much like those found on older versions of the TOEFL®. The following list explains the types and number of each type of question on the test. Questions will not necessarily appear in this order.

Question Type	Number	Task
Vocabulary	2	choose the best synonym
Pronoun Reference	1	identify the noun to which a pronoun is referring
Factual Information	4	select details or facts provided in the passage, including one negative fact question identifying something that is not in the passage, or not true according to the passage

Organization and Purpose	1	identify the author's method in explaining his or her point, or tell why the writer has mentioned something
Inferences	1	draw an inference from the passage by choosing an answer that is something not actually said in the passage, but is implied or can be inferred
Paraphrase	1	choose the best paraphrase to demonstrate your understanding of part of the passage or a sentence and your ability to analyze the meaning of the designated part of the passage

The 11th and 12th questions for each passage are not multiple-choice and are question types not found on older versions of the TOEFL®. The 11th question is a sentence insertion activity, and the 12th question can be one of two types of activities: either a chart or a summary question.

Sentence Insertion

This question shows you a sentence that could be added to the passage. You must decide where the sentence would best fit in the passage. While you are reading you will notice several icons that look like this  on the actual Internet-based test. You will be required to click on the square  where you feel the new sentence should be added. For the purposes of this practice test, you can simply choose the letter beside the appropriate square. This question tests how well you understand the organization of the passage.

Category Chart

In passages on topics that explain groups or categories of information, you will most likely be asked to demonstrate your understanding of the groups or categories mentioned in the reading by completing a chart. There will be two or three categories and six to nine choices. Four to seven of these choices should be placed in a chart or table listing characteristics of the groups or categories. Two choices will not be used.

● **Example:**

Frogs	Toads	
_____	_____	(A) bumpy, dry skin
_____	_____	(B) eggs in a chain
_____	_____	(C) build nests
_____	_____	(D) shorter legs
_____	_____	(E) eggs in a bunch
		(F) have live babies
		(G) longer legs
		(H) smooth, wet skin
		(I) bulging eyes

● **Correct answers:**

Frogs	Toads
<u>smooth, wet skin</u>	<u>bumpy, dry skin</u>
<u>longer legs</u>	<u>shorter legs</u>
<u>eggs in a bunch</u>	<u>eggs in a chain</u>
<u>bulging eyes</u>	

- **Not used:** build nests, have live babies

The chart questions are worth up to 3 points if there are five key items and 4 points if there are seven key items. Partial credit is given for this question format.

Summary

In this type of question, you will be presented first with an introductory sentence for a possible summary of the passage. You will then find a set of additional sentences. Three of these sentences belong in a summary paragraph, and the others do not. Your job is to decide which sentences belong. Incorrect choices will either present ideas that are not in the passage or ideas that do not belong in the summary because they are only minor ideas.

● **Example:**

First sentence of introduction:

Animals in the desert have different ways to live with little water.

- ⇒ Camels can live for a long time without water.
- ⇒ Desert plants do not need much water.

- ⇒ Desert reptiles and birds don't sweat.
- ⇒ Larger animals get the water they need from things they eat.
- ⇒ At night, desert temperatures can drop below 10 degrees celsius.
- ⇒ Some animals stay underground to keep water in their skin.

● **Correct answers:**

First sentence of introduction:

Animals in the desert have different ways to live with little water.

- ⇒ Desert reptiles and birds don't sweat.
- ⇒ Larger animals get the water they need from things they eat.
- ⇒ Some animals stay underground to keep water in their skin.

● **Not used:**

- ⇒ Camels can live for a long time without water. (minor detail)
- ⇒ Desert plants do not need much water. (incorrect information)
- ⇒ At night, desert temperatures can drop below 10 degrees celsius. (minor detail)

The summary questions are worth up to 2 points each.

Study Tips for Reading:

- Practice reading passages of academic English regularly (the Internet can be a great source of practice materials).
- Become a master of vocabulary and constructions:
 - ⇒ Make it your goal to understand all the words you come across when studying.
 - ⇒ Keep a vocabulary notebook listing new terms and their definitions. Write out the definitions in English. Only refer to bilingual dictionaries as a last resort. Set aside a period of time every week to review your new vocabulary. Practice it by writing out your own sentences using the words.
 - ⇒ Master any and all grammatical and rhetorical constructions you encounter. Discover their meanings and uses by asking a teacher or doing an Internet search and viewing multiple examples of their use. You can keep a notebook of constructions as well.
- Learn how to take notes. You are permitted to take notes during the reading section of the TOEFL®. Note-taking is NOT writing down every word of the reading. A good idea is to note the main idea, and then note the information that supports this main idea. Note-taking must be learned, and it takes time. The better your note-taking skills, the easier you should find the TOEFL® reading section, as well as other sections of the iBT TOEFL®.
- Do not use a pencil or your finger when you are reading. Your eyes move faster than your finger, so you slow yourself down if you trace lines with a pencil or finger while reading.

Test management:

- Questions cannot be viewed until after the passage has been read.
- You will be allowed to study the reading as you attempt the questions.
- Use the Review icon at the top of the screen to return to previous questions you may wish to revise or recheck.
- There is a glossary available. Simply select the particular word with the cursor to find its meaning.
- When reading passages, ask yourself the following questions:
 - ⇒ What is the main idea of the passage?
 - ⇒ How is the main idea developed/supported in the passage?
- For each paragraph/new point in the passage, ask yourself why the author mentions this and how it relates to the main idea.
- Keep in mind that you have about 60 minutes to read 3 passages and answer 12 questions per passage. This means roughly 20 minutes per set of passage and questions. Try to pace yourself accordingly. For each set of questions, first answer all of the questions that you can answer easily. You can then go back and answer more difficult questions. If you find that you have exceeded 20 minutes for a particular section, it is best to guess an answer and move on to the next section rather than remain on a particularly difficult question for several minutes.

Chapter 1

Short Passage Skill Practice

Skill A Understanding Details

Skill B Identifying Topics and Paraphrasing

Skill C Recognizing Coherence

Review A–C

Skill D Understanding Referents and Vocabulary

Skill E Making Inferences and Establishing Purpose

Skill F Completing Summaries and Tables

Review A–F

