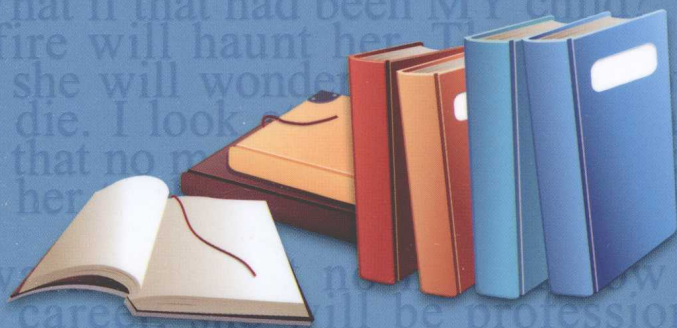


# 大学英语学生主体式 阅读教程

2

总主编：夏伟蓉

主 编：付鸿军 陈荣泉



外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS



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外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

北京 BEIJING

## 图书在版编目(CIP)数据

大学英语学生主体式阅读教程. 2 / 夏伟蓉主编; 付鸿军等分册主编; 韩新雷等编. — 北京: 外语教学与研究出版社, 2010.8

ISBN 978-7-5600-9935-4

I. ①大… II. ①夏… ②付… ③韩… III. ①英语—阅读教学—高等学校—教材 IV. ①H319.4

中国版本图书馆 CIP 数据核字 (2010) 第 162344 号

出 版 人: 于春迟

责任编辑: 郑建萍

封面设计: 涂 俐

版式设计: 付玉梅

出版发行: 外语教学与研究出版社

社 址: 北京市西三环北路 19 号 (100089)

网 址: <http://www.fltrp.com>

印 刷: 中国农业出版社印刷厂

开 本: 787×1092 1/16

印 张: 8.5

版 次: 2010 年 8 月第 1 版 2010 年 8 月第 1 次印刷

书 号: ISBN 978-7-5600-9935-4

定 价: 16.90 元

\* \* \*

购书咨询: (010)88819929 电子邮箱: [club@fltrp.com](mailto:club@fltrp.com)

如有印刷、装订质量问题, 请与出版社联系

联系电话: (010)61207896 电子邮箱: [zhijian@fltrp.com](mailto:zhijian@fltrp.com)

制售盗版必究 举报查实奖励

版权保护办公室举报电话: (010)88817519

物料号: 199350001

# 前言

## 一、编写背景

教育部 2007 年颁布的《大学英语课程教学要求》(以下简称《课程要求》)将大学英语的教学目标定为培养学生的英语综合应用能力,注重英语语言知识与应用技能、学习策略,从而使他们在今后的工作和社会交往中能用英语有效地进行口头和书面的信息交流,同时增强其自主学习能力,提高综合文化素养,以适应我国社会发展和国际交流的需要。根据《课程要求》的规定,培养和增强学习者的学习主体意识和自主学习能力成为大学英语不可或缺的教学任务。

在飞速发展的信息时代,英语资料浩如烟海,人们迫切需要提高自身的英语阅读能力。一方面要提高阅读速度,在阅读中获取所需信息,另一方面要通过阅读提升英语水平,二者缺一不可。《大学英语学生主体式阅读教程》把学生放在主体的位置考虑其编写原则和内容,目的是使学生在阅读中学会阅读,提高英语自主阅读的能力,进而提高学生英语阅读方面的应用能力,实现《课程要求》提出的对学生阅读能力的培养目标。

## 二、编写原则

1. 《大学英语学生主体式阅读教程》的编写充分考虑到学生学习的主体性和自主性。在此前提下,英语阅读被看成是一种学习能力提高的过程和学生在阅读中成长的过程。教材的编写注重学生阅读活动的设计,精心安排阅读篇章中的难点和重点,创造学习空间,引发学生探求和思考,为学生提供展示自己的平台,培养学生自主学习精神。

2. 《大学英语学生主体式阅读教程》在内容上做到文理兼顾,注意语言材料与文化内容的融合,经典性与时尚性融合。选材绝大部分为近年来的原版英语文章,广泛涉及不同英语国家社会、经济、政治、科技、文化、生活等方面的热门话题。内容丰富新颖、贴近时代,既兼顾语言基础知识训练,又突出通过阅读达到语言知识的扩展和深化的目的。

3. 《大学英语学生主体式阅读教程》充分考虑各册之间难度的递进和知识的系统性,帮助学生循序渐进地提高英语阅读能力和应用能力,同时兼顾大学英语四级考试改革后对阅读的要求,在每个单元之后设计了与之相匹配的练习,使学生在提高阅读能力的前提下顺利通过四级考试。

## 三、适用对象

本套教材共四册,可供非英语专业中等程度的学生在基础阶段使用,也可供广大英语爱好者、自学者作为英语阅读教材使用。学习者通过循序渐进的阅读和自主阅读过程的体

验,提高自身的英语阅读能力和用英语获取信息的能力,同时了解英语国家的政治、科技、历史、文化和风土人情,拓宽知识面。

#### 四、教材结构及练习设置

1. 《大学英语学生主体式阅读教程》(1-4) 每册设 10 个单元, 每单元 5 篇文章, 其中深度阅读 2 篇, 快速阅读 2 篇, 另有 1 篇“选词填空”或“简短回答问题”交替出现在 10 个单元中。
2. 在每篇深度阅读后面, 设计了“长句难句过关”的练习, 选择篇章中 1 至 2 个较长、较复杂的句子, 对其中的难点进行启发式点拨及翻译技巧的训练, 帮助学生扫除阅读长难句的障碍。此外, 还设计了以单元主题为基础的“英语词块学习日积月累”练习, 启发和帮助学生在阅读中关注“词块”的学习, 学会地道的英语表达, 通过阅读提升综合运用英语词汇的能力。
3. 快速阅读练习的设置以训练学生略读和查读能力为主, 包括判断题(Y、N、NG)及选择题。
4. 所有练习均有参考答案附在每册教材之后, 以方便学生自学。
5. 本套教材训练学生以下阅读技能:
  - ★ 辨别和理解中心思想和重要细节
    - 1) 理解明确表达的概念或细节
    - 2) 理解隐含表达的内容(如总结、判断、推论等); 通过判断句子的交际功能(如请求、拒绝、命令等)理解文章意思
    - 3) 理解文章的中心思想(如找出能概括全文的要点等)
    - 4) 理解作者的观点和态度
  - ★ 运用语言技能理解文章
    - 5) 理解关键词语在文中所表达的意思
    - 6) 根据上下文猜测不认识的词和短语的意思
    - 7) 理解句间关系(如原因、结果、目的、比较等)
    - 8) 理解篇章(如通过词汇及语法承接手段在文章中所起的作用来理解篇章各部分之间的关系)
  - ★ 运用专门的阅读技能
    - 9) 略读文章, 获取文章大意
    - 10) 查读文章, 获取特定信息

编者

2010 年 3 月

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## Unit 1

# Genuine Feelings

### Part One Reading in Depth

#### **P**assage A

#### The Other Side of Rejection

That hot, **sticky** day in July started like any other summer day, but as it wore on my mother grew more and more angry, and upset. The reasons came out in a **jumble of** strange, conflicting accusations she and her new boyfriend hurled at me. They said I stole from them and that I was trying to break them up. Then they said I was planning to do something evil.

I'd been sent to my room, but every hour or so the door would open and the *barrage* ( 连续的 ) of screaming resumed. My 10-year-old mind couldn't grasp what was happening. I slept and cried and **longed for** the day to end. By nightfall mom made no sense at all. At one point I woke up to see her standing over me, scissors in one hand and *jagged* ( 长短不齐的 ) hunks of my long hair in the other. I hoped it was a nightmare.

The next morning one glance in the mirror told me my nightmare was real. I had a few long *wisps* ( 小束 ) of hair among uneven *stubble* ( 头发茬 ). Mom finally woke up. She took one look at me and made a phone call. She asked Child Protection Services to take me away. She told the agency that she was afraid she would hurt me.

Her lips pressed tightly together, she packed a small bag with clothes and a toothbrush. We waited in the living room in silence. I remember thinking: "Where did my mother go? Who is this?"

When the man from Child Protection Services drove up, mom **flung** the bag at him, **shoved** me outside and locked herself behind the screen door.

"Get her out of here!" She said. "Just take her and go."

"Mom!" I screamed. "I'm sorry. I don't want to go away! Mommy, please!"

The man put me inside his car, buckled my seat belt and closed the door. My heart beat so violently that I felt the blood pounding in my ears. He backed the car down the drive. I stretched

my neck. Mom stood in the doorway, getting smaller and smaller. I *squirmed* ( 蠕动 ) in the seat and pressed my face and hands against the window, desperately trying to get my mother's attention. The man turned onto the street. Mom faded from view.

I love my mother. For much of my life we had been a team. She was beautiful, outgoing, fun and generous. A woman who would give our last dollar to anyone in need. She loved everyone she met and offered all we had.

Unfortunately, her generosity **got us into trouble**. People **abused** her kindness. She never learned. Though she rarely talked about it, eight months before my birth she and my father opened their home to a stranger needing a place to stay. That stranger killed my father and shot my mother seven times, all because he wanted a little bit of money.

She never fully recovered from the loss and the horrible events of that night. She longed for someone to take care of her, but she was a terrible judge of character. She fell in with the wrong people and got involved with shady dealings that put our lives in danger. When things became unbearable she escaped into drugs. Things weren't always bad. There were plenty of good times. But in the summer of 1996 my mother began to unravel.

The man from Child Protection Services drove me to an emergency foster home in San Lorenzo, California, where I met Mrs. Lawrence, an 80-year-old black woman. There I was, a thin, nearly bald, white girl, rejected by her mother, deathly afraid of everything. In those dark days Mrs. Lawrence and the people in her church wrapped their loving arms around me.

My social worker located my father's sister and her husband. They'd lost track of us during one of our many moves. The social worker said they wanted me to live with them. Why me? I wondered. My own mother doesn't want me. Why would they want me? I said good-bye to Mrs. Lawrence and my newfound friends. Then I moved once again.

I had to pinch myself plenty of times in the days to come. I had my own bedroom, regular meals, family fun, church... and love.

I came to understand nothing that happened had been my fault. I've grown up these last seven years. I found my new mom and dad. I was not alone any longer. Over time my birth mom and I repaired the damage and forged a new relationship. Now when I visit her I see the old, fun-loving person she was.

Words to learn

1. sticky	adj.	湿热的
2. a jumble of		一大堆
3. long for		渴望得到
4. fling	v.	扔; 抛
5. shove	v.	使劲猛推
6. get sb. into trouble		给某人造成麻烦
7. abuse	v.	滥用

## I Tackling difficult sentences 长句难句过关

1. The next morning one glance in the mirror told me my nightmare was real. (Line 1, Para. 3)  
 点拨：本句主语为 glance，这个由无灵名词承担的主语在中文里是否该调整？用原文中的宾语 me 来作中文的主语是否更符合中文的行文习惯？

• Your translation of the sentence:

---

2. My heart beat so violently that I felt the blood pounding in my ears. (Line 1, Para. 8)  
 点拨：英语为形合语言，即连接成份较多；汉语为意合语言，连接成分相对较少。因此，句中的 so... that 是否有必要译为“如此……以至”？blood 一词在译文中该如何灵活处理？

• Your translation of the sentence:

---

## II Accumulating your lexical chunks 词块学习日积月累

Do you know how to translate the following chunks? You can find out your translation right in the passage you have just read.

1. 拆散他们 \_\_\_\_\_
2. 参与不明不白的交易 \_\_\_\_\_
3. 引起某人的注意 \_\_\_\_\_
4. 失去联系 \_\_\_\_\_
5. in silence \_\_\_\_\_
6. plenty of good times \_\_\_\_\_
7. hurl accusation at sb. \_\_\_\_\_
8. press one's face against window \_\_\_\_\_

## III Reading for understanding 阅读理解

**Directions:** After reading the passage carefully, choose the best answer from the four choices marked A, B, C and D.

1. The stranger killed the author's father just because he \_\_\_\_\_.  
 A. needed a place to stay                      B. needed some money  
 C. hated the author's father                      D. hated the author's mother
2. The word "generosity" (Line 1, Para.10) means \_\_\_\_\_.  
 A. nobility of mind                      B. hostility  
 C. generality                      D. generalization
3. According to the passage, when the author grew up, she lived with \_\_\_\_\_.  
 A. her aunt      B. her mother      C. Mrs. Lawrence      D. her foster parent
4. The author believes that she was rejected by her mother just because of \_\_\_\_\_.  
 A. stealing      B. poverty      C. love      D. hatred

#### IV Translation 翻译

Directions: Complete the sentences by translating into English the Chinese given in the brackets.

1. The family business had declined, and they were forced to leave Munich to live in Milan, Italy, \_\_\_\_\_ (在那里他们有亲戚).
2. Papa had struggled to keep us together after mama died, \_\_\_\_\_ (可是失业迫使他与我们分离).

#### Passage B

##### Mother's Love

Time is running out for my friend. While we are sitting at lunch she casually mentions she and her husband are thinking of starting a family. "We're taking a **survey**," she says, half-joking. "Do you think I should have a baby?"

I look at my friend, trying to decide what to tell her. I want her to know what she will never learn in childbirth classes. I want to tell her that the physical wounds of child bearing will heal, but becoming a mother will leave her with an emotional wound so raw that she will be **vulnerable** forever.

I consider warning her that she will never again read a newspaper without thinking: "What if that had been MY child?" That every plane-crash, every house-fire will **haunt** her. That when she sees pictures of starving children, she will wonder if anything could be worse than watching your child die. I look at her carefully manicured nails and stylish suit and think that no matter how sophisticated she is, becoming a mother will **reduce** her to the primitive level of a bear protecting her cub.

I feel I should warn her that no matter how many years she has invested in her career, she will be professionally **derailed** by motherhood. She might arrange for child care, but one day she will be going into an important business meeting, and she will think her baby's sweet smell. She will have to use every ounce of discipline to keep from running home, just to make sure her child is all right.

I want my friend to know that every decision will no longer be routine. However decisive she may be at the office, she will second-guess herself constantly as a mother.

I want to describe to my friend the excitement and happiness of seeing your child learn to hit a ball. I want to capture for her the belly laugh of a baby who is touching the soft fur of a dog for the first time. I want her to taste the joy that is so real it hurts.

My friend's look makes me realize that tears have formed in my eyes. "You'll never regret it," I say finally. Then, squeezing my friend's hand, I offer a prayer for her and me and all of the mere mortal women who **stumble their way into** this holiest of callings.



## Words to learn

1. survey	<i>n.</i>	考虑
2. vulnerable	<i>adj.</i>	易受伤害的
3. haunt	<i>v.</i>	萦绕
4. reduce to		使变为
5. derail	<i>v.</i>	干扰
6. stumble one's way into		蹒跚走入

## I Tackling difficult sentences 长句难句过关

1. I want to tell her that the physical wounds of child bearing will heal, but becoming a mother will leave her with an emotional wound so raw that she will be vulnerable forever. (Line 2, Para. 2)

点拨：该长句由主从复合句与并列句构成，翻译时应注意切分点，即 *that* 引导的从句和 *but* 引导的并列句。从句中的 *child bearing* 和独立句中的 *becoming a mother* 在意义上有所重复，可考虑省略翻译法。

• Your translation of the sentence:

---

2. Then, squeezing my friend's hand, I offer a prayer for her and me and all of the mere mortal women who stumble their way into this holiest of callings. (Line 2, Para. 7)

点拨：句中 *prayer for* 是个多枝共干结构，即介词 *for* 有三个介宾，可考虑用重复法翻译。*who* 引出的定语从句可考虑用前置法翻译。

• Your translation of the sentence:

---

## II Accumulating your lexical chunks 词块学习日积月累

Do you know how to translate the following chunks? You can find out your translation right in the passage you have just read.

1. 修剪过的指甲 \_\_\_\_\_
2. 孩子的捧腹大笑 \_\_\_\_\_
3. 情感的伤痛 \_\_\_\_\_
4. 身体的伤痛 \_\_\_\_\_
5. start a family \_\_\_\_\_
6. starving children \_\_\_\_\_
7. stylish suit \_\_\_\_\_
8. take a survey \_\_\_\_\_

### III Reading for understanding 阅读理解

**Directions:** After reading the passage carefully, choose the best answer from the four choices marked A, B, C and D.

1. To be a mother means to \_\_\_\_\_.  
A. read a newspaper without thinking      B. beautify nails and wear fashionable clothes  
C. be sensitive in feelings                      D. be interested in disasters
2. The word "sophisticated" (Line 5, Para. 3) means \_\_\_\_\_.  
A. sensitive and inexperienced                  B. having many parts  
C. having lost natural simplicity                D. simple and primitive
3. In the author's opinion, becoming a mother is something \_\_\_\_\_.  
A. terrible                  B. regrettable                  C. worrying                  D. sacred

### IV Translation 翻译

**Directions:** Complete the sentences by translating into English the Chinese given in the brackets.

1. Don't trust him, \_\_\_\_\_ (不管他说什么或做什么).
2. We must do something, \_\_\_\_\_ (不论多么微不足道).

## Part Two Fast Reading

### Passage C

**Directions:** Go over the passage quickly and answer the questions. For questions 1-7, mark Y (for YES) if the statement agrees with the information given in the passage; N (for NO) if the statement contradicts the information given in the passage; NG (for NOT GIVEN) if the information is not given in the passage; For questions 8-10, complete the sentences with information given in the passage.

#### Jefferson's Children

My brother, Frank, was about three and I was four and a half when, as fifth great-grandsons of Mr. Jefferson, we first laid flowers on his grave in 1952. I have a clear memory of the weeks we spent in the early 1950s at Wild Acres, the last piece of land owned by our branch of the Randolph family in Virginia. We would play all morning in the creek behind the house. After a lunch of beaten biscuits and ham and fresh lemonade, we would be bathed and combed and dressed in shorts and white shirts and leather shoes, and our great aunts would usher us in to see Gran, our great-grandmother Mary Walker Randolph.

Frank and I would stay for an hour in her bedroom, listening to her stories. Her grandfather was Thomas Jefferson Randolph. His grandfather was Thomas Jefferson. Thus Mary Walker

Randolph grew up with a man who had spent 34 years of his life with Mr. Jefferson. Between my ears and Mr. Jefferson's lips were only two people, one of whom was sitting in the room with us.

My great-grandmother never told us that her grandfather had told her that Mr. Jefferson had had two families—one with his wife, Martha, from whom we were descended, and one with his slave Sally Hemings. People didn't talk about *miscegenation* (人种混杂; 混血), not in Virginia back when it was still a crime. They didn't, and most especially they didn't accuse Mr. Jefferson of the crime of "race mixing". But there was another reason: our great-grandfather was one of the founders of the Monticello Association, which has clung to its oral history that someone—anyone—other than Mr. Jefferson fathered Sally's children.

But what of the oral history of the other Sally Hemings descendents who, because I invited them, were accepted as guests by the Monticello Association at the family reunion for the first time in its 86-year history?

Here I'll tell you what separates me and Frank from our Hemings cousins. The oral history of the Hemings descendents has not been accepted by historians because it was a history passed along by slaves. It is a history that has been criticized unfairly and denied by the Monticello Association because many feel that if we come to accept that Mr. Jefferson had a family with Sally Hemings, this somehow damages his reputation.

It's hard for me to understand how you do further damage to the reputation of a man who owned slaves. It gave me hope for Mr. Jefferson's reputation when I learned that he loved Sally, and that he loved their children enough to free them, alone among the 200 slaves he owned in his lifetime. It gave me hope to learn that she loved Tom enough that, for the last nine years of her life after he died in 1826, Sally walked two or three times a week the six-plus miles up the mountain from her home to the *cemetery* (墓地) to tend his grave.

It gives me hope that 47 years after Frank and I laid flowers on the grave of Mr. Jefferson, my daughter Lilly laid flowers on his grave not only with her cousins from Mr. Jefferson's family with Martha but with her cousins from Mr. Jefferson's family with Sally.

This is an emotional issue for many of my white cousins because it involves the southern land and race. In denying rights to our black cousins, they have demanded documents as proof—birth certificates, even a letter from Mr. Jefferson himself acknowledging paternity. These pieces of paper do not exist: Slaves were not permitted to write or keep records of births, and Mr. Jefferson did not record the births of Sally's children as his because to have done so would have been to commit political and cultural suicide.

Well, you cannot wish away the emotional *entanglements* (纠纷) of history any better than you can confirm them with papers and letters and official certificates, and this is how it should be, for a history *devoid* (缺乏) of emotion has no soul, and a history without soul is a history without meaning.

So we'll be back, Frank and his family, and me and my family, and my sisters and their families. This year we invited 35 of our Hemings cousins. Next year we'll bring 100, maybe more. We'll be back with our Hemings cousins at the Association's annual reunion year after year after

year, until they relent. Hopefully, a day will come when this won't be a story about land and blood and race. One day it will be a story about American family.

1. Wild Acres is the last piece of land owned by the branch of the Hermings family in Virginia. (     )
2. Thomas Jefferson was the grandfather of Marry Walker Randolph. (     )
3. One of Mr. Jefferson's two wives is black. (     )
4. The Manticello Association denied the oral history of the Hermings descendents for the sake of Mr. Jefferson's honor. (     )
5. During his lifetime, Mr. Jefferson freed 300 slaves and their children. (     )
6. Mr. Jefferson recorded the births of Sally's children as his for political and cultural reasons. (     )
7. The author's white cousins and black cousins are always on bad terms. (     )
8. Sally loved Tom enough to \_\_\_\_\_.
9. In the last sentence of the last paragraph, "American family" refers to \_\_\_\_\_.
10. In this passage, the author expressed the hope of \_\_\_\_\_.

## **P**assage D

**Directions:** Go over the passage quickly and answer the questions. For questions 1-7 there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter with a single line through the centre. For questions 8-10, complete the sentences with information given in the passage.

### **Gifts of the Heart**

In this hustle-bustle world we live in, it's so much easier to charge something on a credit card rather than give a gift of the heart.

And gifts of the heart are especially needed during the holidays.

A few years ago, I began to prepare my children for the fact that Christmas that year was going to be a small one. Their response was, "Yeah sure, mom, we've heard that before!" I had lost my credibility because I had told them the same thing the previous year, while going through a divorce. But this year was definitely going to be different.

A week before Christmas, I asked myself, "What do I have that will make this Christmas special?" In all the houses which we had lived in before the divorce, I had always made time to be the interior decorator. I had learned how to wallpaper, to lay wooden tile, to sew curtains out of sheets and even more. But in this rental house there was little time for decorating and a lot less money. Plus, I was angry about this ugly place, with its red and orange carpets and green walls. I refused to put money into it. Inside me, an inner voice of hurt pride shouted, "We're not going to be here that long!"

Nobody else seemed to mind about the house except my daughter Lisa, who had always tried to make her room her special place.