

New Vision English 新思维英语

> 外语教学与研究出版社 FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

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前言》

随着经济的不断全球化,作为世界上使用最广泛的语言,英语日益成为一种世界通用语言和国际交往的重要工具。2005年国务院颁布了《国务院关于大力发展职业教育的决定》,把发展职业教育特别是中等职业教育作为经济社会发展的重要基础和教育工作的战略重点。为满足职业学校教学的需求,经过充分调研和论证,我们编写了《新思维英语》这套教材。

《新思维英语》共四册,每册都配有教师用书和磁带。本教材主要适用于以初中毕业为起点的中高职学生以及具有初中以上水平的广大英语爱好者。第一、二册注重基础训练和强化,第三、四册意在巩固和提高。该教材以教育部《中等职业学校英语教学大纲(试行)》为依据,以培养学生实际应用英语的能力为目标,贯彻以人为本、因材施教、循序渐进的编写理念,旨在增强学生的实践能力及适应社会的能力,使其更好地掌握科学文化知识,提高其思想道德品质和身心素质,帮助学生培养良好的审美情趣、创新精神,从而全面发展,成为社会主义建设需要的高素质人才。

教育是育人的事业,也是建设社会主义和谐社会的基础,是实现社会和谐的重要手段。只有和谐的教育才能培育出和谐的人,只有和谐的人才能构建和谐社会。爱因斯坦说:"学校的目标始终应当是:青年人在离开学校时,是作为一个和谐的人,而不是作为一个专家。"我国历史上把教育的职责概括为:传道、授业、解惑。显然,人的心灵的陶冶、品格的塑造、素质的提高是教育的要旨。《新思维英语》教材以素质教育作为指导思想,以培养学生多元的思维方式和积极的生活态度为宗旨,听说及课文部分所选语料融科学性、知识性、哲理性、趣味性为一体,内容涉及自然、地理、历史、文化、体育、知识性、哲理性、趣味性为一体,内容涉及自然、地理、历史、文化、体育、身心健康、社会生活等多方面,不仅可以使学生轻松地掌握英语知识,在潜移默化中培育学生学会怎么做人、做事;语法以"够用"为度,表述通俗、易懂、易学;练习针对性强,题量适当,课上练习与课后作业并重等作形式多样,实用性强;教师用书解释详尽,重点突出,条理清晰。整套教材使学生在愉悦之中接受教育、掌握知识,全面提高英语应用能力和综合素质。



寓教于乐,激发学习兴趣是《新思维英语》的基本原则。本套教材体系设计新颖,每册共八个单元,每单元分为 Learn to Say, Learn to Read, Learn to Use, Learn to Write 四大模块。每四个单元后提供一套试题,该试题以"全国英语等级考试 (PETS)"为依据设计题型,并融所学知识于其中。如果每周四课时,建议每单元在七个学时内完成,剩余课时可作为学生自测及教师讲评。其中听说部分两个课时,阅读部分三个课时,语法和写作部分各占一个课时,各校也可以根据实际课时数灵活调整教学进度和教学计划。

《新思维英语》由郑仰成任总主编,史洁、毛文学任副总主编。第一册由赵萱主编,第二册由崔建农主编,第三册由张萍主编,第四册由史洁主编。全书听说部分由崔建农和孔祥燕执笔;正文和练习部分由史洁执笔;语法部分由张萍、陈亚杰执笔;写作部分由赵萱、刘利斌执笔。最后,由总主编和副总主编对全书进行了统稿。

本书编写中欠妥之处在所难免,希望广大读者及教育界同仁批评指正,以便修订时加以完善。

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Speaking and Listening Wolunteer Work

Dialog 1

(Becky is talking to her mom, who is a doctor.)

Becky: Mom, I've been thinking about doing some volunteer work.

Becky's mom: Really? Why? Any specific reason?

Becky: I feel so useless nowadays...as if I'm not alive. I want to have some purpose in life, and I want to give other people a purpose to live, too. I want to make a difference in this world, even if it's a small difference.

Becky's mom: Well, have any ideas on what you might want to do?

Becky: I was thinking about volunteering to help out with church, but they obviously have more than enough people already.

Becky's mom: Yeah, you should volunteer somewhere that really needs your help.

Becky: I want to work in a pediatric ward. I want to be surrounded by kids, even if they're sick. They are always so cute to look at! And I think the children may need my help.

Becky's mom: All right then, we may ask the doctors in the pediatric ward, ask them if any of them needs a free assistant.

Becky: Thanks mom!

Dialog 2

(Jack and Li Jun are talking about what they are going to do for the Beijing Olympics.)

Jack: I'm very glad to know Beijing will be the host city for the Olympics in the year 2008.

Li Jun: Me too. All of us feel proud about it.

Jack: What do you plan to do for this big event?

Li Jun: If I am lucky enough, I will be a volunteer for the games.

Jack: Tell me why you want to be a volunteer.

Li Jun: I think being a volunteer would be a very important experience for me. And my work would be a valuable contribution to the success of the games. By the way, were you ever a volunteer for the Olympics when you were in the U.S.?

Jack: It's too bad I haven't had the chance. When the Olympics were held in the U.S., I was still too young.

Li Jun: Will you be a volunteer at the Beijing Olympics?

Jack: I'll be glad if I can.

Speaking Practice

Group discussion

For this task, you are required to discuss the following two topics:

- 1. Why are volunteers important to the success of the Olympics?
- 2. What are the qualities of a good volunteer for the Olympics?

Role-play

For this task, you are required to make up short conversations based on the situations below.

A is a volunteer in the Olympic Park. B is a foreign friend. B is asking A the way to the Aquatic Center and A is showing him/her the way.

Useful Words and Phrases

Olympic Games 奥运会 Olympic Village 奥运村 Organizing Committee 组委会

Opening Ceremony 开幕式

Closing Ceremony 闭幕式

Mascot 吉祥物

Podium 颁奖台

Olympic Torch 奥运火炬

International Olympic Committee 国际

奥委会

Olympic Anthem 奥运会圣歌

Olympic Trial 奥运会选拔赛

Olympic Theme Song 奥运会主题歌

Olympic Delegation 奥运会代表团

Useful Expressions

- One of the most rewarding experiences is to do volunteer work. 最有意义的经历之一就是 做志愿者工作。
- There are many different opportunities and locations at which you can volunteer to be of help. 作为一名志愿者,你有很多机会,并在不同的场合为他人提供帮助。
- There are various reasons as to why you should immerse yourself in volunteer work.
 有很多原因可以解释为什么你应该投身到志愿者活动中。
- You will most likely feel proud and good about yourself, and will continue to strive doing good deeds. 你会为自己感到骄傲和自豪,决心继续做好事。
- The experiences and knowledge you gain from doing various volunteer works will make you a worldlier, well-rounded individual. 从事志愿工作的经历及从中获得的知识能够让你 变得更加成熟。

Listening Practice

Listen to the	he conversations	and answer	the questions.	(听对话,	回答问题。)

Conversation 1:

- 1. What kinds of job did the woman do?
- 2. What are more important to be understood, accent or vocabulary and good sentence structure?

Conversation 2:

- 1. What are the qualifications for such a volunteer to teach Chinese in foreign countries?
- 2. Need the volunteer to master the language of the country he or she is assigned to?
- Listen to the passage and decide whether the following statements are true (T) or false (F). (听短文,判断对错。)

 () 1. The lady wanted to buy a bird that could speak.
 () 2. The clerk said the bird could sing in four languages.
 - 3. At the shop the lady didn't examine the bird carefully.
 - () 4. The lady telephoned the pet shop to complain.
 -) 5. The bird could still be a good singer.

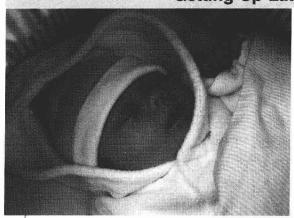
Listen to	the passage	and fill in	the missing	words.	(听短文,	填空。)
Work side	by side with				107.2	2 4

Work side-by-side with	people and	another culture like never
before—it's the experience of a li	fetime. As an internation	
Solutions, you're making a mear	ningful, worl	king side-by-side with local people
and sharing in the	of the community that	warmly you. You're
experiencing another culture like	never before and really	getting to know its people. You'll
gain new perspectives and insig	Water Brown Control	and yourself. It's an exciting and
personally inspiring experience,	and you'll	memories that will be with you
forever.		Julius you



Reading for Progress

Getting Up Late Is Laziness?



Do you find getting up in the morning so difficult that it's painful? This might be called laziness, but Dr. Kleitman has a new explanation. He has proved that everyone has a daily energy cycle.

During the hours when you labor through your work you may say that you're "hot". That's true. The time of

day when you feel most energetic is when your cycle of body temperature is at its peak. For some people, the peak comes during the forenoon. For others, it comes in the afternoon or evening. No one has discovered why this is so, but it leads to such familiar words as: "Get up, John! You'll be late for work again!" The possible explanation to the trouble is that John is at his temperature-and-energy peak in the evening. Much family quarreling ends when husbands and wives realize what these energy cycles mean, and which cycle each member of the family has.

You can't change your energy cycle, but you can learn to make your life fit it better. Habits can help, Dr. Kleitman believes. Maybe you're sleepy in the evening but feel you must stay up late anyway. Counteract your cycle by, to some extent, habitually staying up later than you want to. If your energy is low in the morning, but you have an important job to do early in the day, rise before your usual hour. This won't change your cycle, but you'll get up earlier and work better at your low point.

Get off to a slow start which saves your energy. Get up with a comfortable yawn and stretch. Sit on the edge of the bed a minute before putting your feet on the floor. Avoid the troublesome search for clean clothes by laying them out the night before. Whenever possible, do such work in the afternoon and save tasks requiring more energy or concentration for your sharper hours.

Words and Expressions

laziness /ˈleɪzɪnɪs/	n.	懒惰
explanation /ˌeksplə¹neɪ∫ən/	n.	解释,说明
energy /'enədʒɪ/	n.	能量
cycle /'sarkl/	n.	周期,循环
labor /'leibə(r)/	vi.	劳动,工作
energetic /ˌenə'dʒetɪk/	adj.	精力充沛的
temperature /'temparitfa(r)/	n.	体温;气温
peak /pi:k/	n.	顶点,顶峰
forenoon /'fɔ:nu:n/	n.	午前,上午
	adj.	午前的,上午的
familiar /fəˈmɪljə(r)/	adj.	常见的, 日常用的
trouble /'trabl/	n.	麻烦
quarrel /'kwbrəl/	n. & vi.	争吵,争论
realize /'rɪəlaɪz/	vt.	了解,知道
counteract / kaontə'rækt/	vt.	抵制,阻碍;中和
habitually /həˈbɪt jʊəlɪ/	adv.	习惯性地
yawn /jɔ:n/	vi.	打呵欠
stretch /stretʃ/	vt.	舒展 (肢体); 伸懒腰
edge /edʒ/	n.	边,边缘
troublesome /'trablsom/	adj.	麻烦的
require /rɪˈkwaɪə(r)/	vt.	要求;需要
concentration /ˌkɒnsenˈtreɪʃən/	n.	集中(注意力);专心
energy cycle		能量周期
at one's peak		在高峰期

make one's life fit it better at one's low point get off on the edge of lay out

设法使某人的生活更好地适应它 在某人的低落期 (使) 动身, (使) 开始 在……边缘 布置,安排

Note

人生至少有三分之一的时间在睡眠,清代李渔说过 "养生之诀,当以睡眠为先"。莎士比亚把睡眠称为"生命 宴席"上的滋补品。睡眠是一切精力的源泉,良好的睡眠 可以使你精力充沛。闻鸡起舞,早睡早起历来被国人视为 金科玉律,甚至于勤奋的表现。但是,晚睡晚起也大有人 在,毛泽东可以说是榜样。两种习惯的优劣,目前尚难下 定论。不过, 养成固定睡眠的习惯, 保证充足的睡眠, 有 助于身体免疫系统抵御机制的形成,这应当是勿庸质疑的。

Reading Practice

ID Choose the best answer to complete the statement according to the passage. (根 据课文选择正确答案。)

- 1. The passage is mainly about
 - A. getting up late is laziness
- B. daily energy cycle

C. getting up is painful

- D. the time to get up
- 2. We can conclude from the passage that laziness is
 - A. getting up late

- B. staying up late
- C. your energy cycle is at the low point
- D. you are full of energy
- 3. Do the followings to save energy EXCEPT
 - A. getting off to a slow start
 - B. getting up with a comfortable yawn and stretch

C. sitting on the edge of the bed a minute D. looking for the clean clothes in the early morning 4. Much family quarreling can be avoided if A. husbands and wives know more about energy cycle B. husbands and wives know each other's energy peak C. both A and B D. husbands and wives are not lazy 5. According to the passage which of the following is NOT true? A. We can know nothing about energy cycle. B. Habit can help to fit the energy cycle. C. No one knows why energy cycle differs from person to person. D. When your cycle is at peak you feel energetic. **①** Match the words or phrases in Column A with those in Column B. (将A列中 的单词或短语与B列中的解释连在一起。) A 1. painful A. do sth. to reduce or prevent the bad effects 2. concentration B. happen or do every day 3. energetic C. need sleep 4. daily D. suffering of body or mind 5. at peak E. not go to bed

6. sleepy

7. stay up

8. counteract

9. quarrel

10. require

F. demand, order

G. being attentive or undivided

H. angry argument, violent disagreement

I. at the highest point, value, etc.

J. full of vigor

Ⅲ Translate the following sentences into English. (将下列句子译成英语。)

- 1. 她是个那么可爱的小姑娘,以至于人人都喜欢她。(so/such...that)
- 2. 杯子上的指纹 (fingerprints) 证明他是凶手。(prove)
- 3. 她的事业正处于鼎盛时期。(at one's peak)
- 4. 他昨天上学迟到了。(be late for)
- 5. 他们从摊在书桌上的一堆书中挑出了几本有用的。(lay out)