

韩国E&C工作室 著
秦晓静 译

★ 星火英语
spark

人气美剧

100

主题

掀起短句风暴

第一辑



越狱、老友记、绯闻女孩、绝望主妇、欲望都市、实习医生格蕾

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3000个地道短句活学活用

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3000个美剧表达举一反三

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用美剧学习英语

● 陷入美剧漩涡的美剧一族

美剧热风头正劲,甚至一度出现了“美剧一族”和“美剧废人”这样的专有词汇。当然,这股美剧热最初源于电视剧的带动,但是我们更希望看到美剧热转化为英语学习的热潮。“post 应试英语”时代提倡“英语听说”,从这方面来讲,美剧是最好的英语学习资料。美剧是美国电视剧的简称,美国电视剧能够真实再现美国生活,因此它是一种不用亲临其境也能最大限度体验美国生活的英语学习资料。尽管偶有例外,如 *CSI* (《犯罪现场调查》) 这样的美剧就反映不了日常生活;但是,像 *Friends* (《老友记》)、*Desperate Housewives* (《绝望主妇》) 和 *Sex and the City* (《欲望都市》) 这种主要以日常对话为主的美剧,就称得上是英语学习宝库中的珍宝。

● 用美剧快速提升英语能力

现在,我们欣赏美剧,就如同将美国搬到自己家中一般生动鲜活,但随之而来的疑问——如何学习英语——却挥之不去。会说的语句听不懂,听得懂的语句又不会说……有些人知道美剧有帮助,就按照别人推荐的方法,在不看字幕的情况下练习听和写。但这也只适用于有一定英语基础的人,对于其他人而言,则好比让只爬过小山的人去攀登珠穆朗玛峰般不切实际。为此,我们向英语基础较弱的学习者推荐如下学习方法:

1. 阅读阶段: 观看美剧时, 阅读字幕。→ 熟悉日常英语表达方式。
2. 学习阶段: 学习大量美剧英语语句。→ 原本跟不上的人物对话仿佛放慢了速度般——入耳。
3. 实战阶段: 学会美剧语句后, 练习听无字幕美剧。→ 渐渐听懂更多的单词和语句, 对掌握美剧英语产生信心。

● 一口气赶上美剧英语

《人气美剧 100 主题掀起短句风暴》汇集了时下热播美剧中的常用短句, 收录主要短句 2000 余个、2000 个对话和剧中经常出现的 3000 个例句。现在, 英语能力不仅仅体现在考试分数上, 更要有实际的听说能力。因此, 美剧就成了非常理想的学习资料。只要不畏难, 坚持学习, 大家的英语会话水平就能得到极大提升。本书将帮助广大美剧爱好者体会美剧的精妙之处, 帮助大家提高英语水平。

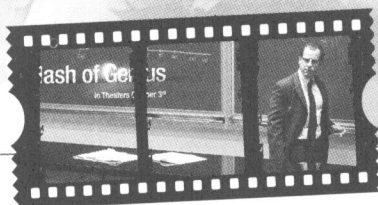
学习方法 Learning Method

001

Ways to check if something has been understood
用于确认对方是否听懂自己所说的话

You Got It?

你懂了吗?



You got it? 你懂了吗?

释义 The speaker is asking "Did you understand the meaning of what was said?" He wants to know if he was clearly understood.

强化 You got that? 你听懂了吗?

A: You need to be at the airport at 7 a.m.. You got it?

你早晨七点要到机场, 听懂了吗?

B: Sure, I got it. I'll be there on time.

哦, 知道了, 我会准时到达的。

Watch her closely, you got it? 看紧她, 知道了吗?
Nobody moves. You got that? 大家都别动, 知道吗?

美剧表达

Do you hear me? 1. 你听懂我的话了吗? 2. (无线电话) 能听到我说话吗?

释义 This is a way of asking if a person has physically heard something that has been said. It is similar to asking "Am I loud enough to be heard?"

强化 Did you hear me? 你能听到我说话吗?
(Do) You hear? 1. 能听得见吗? 2. 听懂(我的话)了吗?

A: This place needs to be cleaned before you leave. Do you hear me?

离开之前, 把这里打扫干净, 听见了吗?

B: Yeah. It's impossible not to hear you because you're shouting so loud.

听见了。你说得那么大声, 怎么可能听不见?

I want an explanation, James, do you hear me? 詹姆斯, 我需要一个解释, 明白吗?
Helen, you're history! Do you hear me? 海伦, 你过时了! 知道吗?
You're everything to me, you hear? 你是我的全部, 知道吗?
Did you hear me? I said she is married. 你听明白我的话了吗? 我说她结婚了。

美剧表达

001

一句话的核心短句应用情境说明, 中英对照

Main Title

从各个主题中挑选出的代表性短句。通过题目, 读者就能了解该主题所处的情境

释义

给出核心美剧短句简单易懂的英文解释, 方便学习者正确掌握短句含义

学习方法 Learning Method

You startled me! 你吓到我了!

释义 This means "I didn't expect to see you."
It is a way of saying that one person surprised the speaker by being somewhere unexpected.

A: Geez, you startled me! What are you doing here?

真是的, 你吓了我一跳! 在这儿干什么呢?

B: I found your key and let myself into your apartment.
我找到了你的钥匙, 就进来了。

You startled me. Your house is crawling with rats. 吓死我了, 你家有窝老鼠。
Tom is startled and cuts his finger. 汤姆吓得砍到了自己的手指。

A: Sorry we startled you. 很抱歉吓到你了。

B: Oh, un, that's okay. I, I just didn't expect to see anybody up here. 哦, 嗯, 没事儿。我, 我不知道上面有人。

I did a double take. 因惊讶又看了看。/ 吓了一大跳。

释义 The speaker is expressing a feeling of surprise that made him look at something a second time to check if he was seeing it accurately. It is a way to say "I looked again to see if it was real."

强化 do a double take 恍然大悟

A: When you drove up in your new Porsche sports car, I did a double take.

看到你开着辆新的保时捷跑车, 我很吃惊。

B: I know. Most of my friends can't believe I bought it.

我知道, 很多朋友都不相信是我买的。

He walked into the office and did a double take when he saw Cindy. 他去办公室的时候, 看到辛迪吓了一大跳。

More Expressions

- Fancy that! 真想不到! (Wow!) 不会吧?
- Imagine that! 太让人吃惊了!
- My eye / foot! 天哪! 没这回事! (I don't believe it.)
- She almost had a fit. 她大吃一惊。
- Isn't that something? 怎么会那样?
- I almost jumped out of my skin. 我大吃一惊。

强化

收录了与核心短句相关的短句及其补充说明

对话

通过实际对话掌握核心短句用法

美剧表达

掌握核心短句在美剧中的运用, 使学习者通过美剧对话而非杜撰对话学习地道口语

More Expressions

补充短句

使用说明

特色

1. **100 个主题**：精选美剧中最常出现的 100 个主题，汇集同一主题下出现的高频短句。
2. **总结美剧短句**：网罗热播美剧中的常用英语短句，收录包括 2000 多个核心短句在内的共计 3000 多个短句。
3. **英文释义**：运用通俗易懂的英语阐述 2000 多个核心短句，使学习者体会到美剧中所使用的短句的精准含义。
4. **美剧短句实战应用**：仅仅了解短句本身对看懂并理解美剧并无帮助，因此，本书收录了大量的美剧短句应用实例，在帮助读者掌握短句应用的同时，了解其更加灵活、准确的使用方法。
5. **Native 录音**：2000 多个核心短句及对话均由美国人录音完成，用纯正地道的发音朗读，提高学习者的英语能力。

构成

1. 100 个主题

收录美剧中常见的 100 个主题中的 3000 多个短句，集中归类记忆，帮助学习者事半功倍地掌握美剧英语。

2. 英文释义

与中文解释相比，美剧短句的英文解释更加准确。书中像英英词典一样给出了核心美剧短句简单易懂的英文解释，使学习者能够清楚地了解到美剧短句在具体情况下该如何应用。

3. 强化

收录核心短句的应用型短句或相关短句，学习者可以同时接触多样化信息。必要之处，附有补充说明，方便学习者触类旁通。

4. 对话

本部分收录了将实际美剧短句应用其中的对话，使学习者了解这一短句的实战应用方法，并配以原声录音，可以同步提高学习者的听力水平。

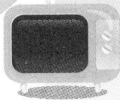
5. 美剧表达

学会美剧短句与听懂和理解美剧短句是两个不同的概念。这些短句是怎样在美剧中使用的，又是用于怎样的上下文中，是需要广大学习者掌握的重要内容。本书精选了丰富的可灵活运用例句，将会对学习者的理解和学习美剧及活学活用大有裨益。

6. More Expressions

除了核心短句，还有许多使用频率相对较低、知之有益但弃之可惜的短句，本书也做了相关的收录，供学习者参考。

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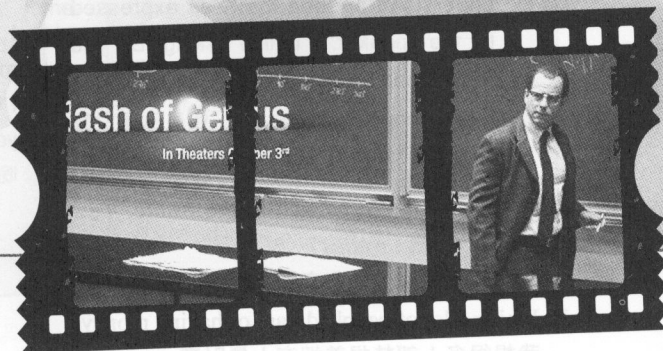
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You Got It?

你懂了吗?



You got it? 你懂了吗?

释义 The speaker is asking "Did you understand the meaning of what was said?" He wants to know if he was clearly understood.

强化 You got that? 你听懂了吗?

A: You need to be at the airport at 7 a.m.. **You got it?**

你早晨七点要到机场, 听懂了吗?

B: Sure, I got it. I'll be there on time.

哦, 知道了, 我会准时到达的。



美剧
表达

Watch her closely, you got it? 看紧她, 知道吗?

Nobody moves. You got that? 大家都别动, 知道吗?

Do you hear me? 1. 你听懂我的话了吗? 2. (无线电话) 能听到我说话吗?

释义 This is a way of asking if a person has physically heard something that has been said. It is similar to asking "Am I loud enough to be heard?"

强化 Did you hear me? 你能听到我说话吗?
(Do) You hear? 1. 能听得见吗? 2. 听懂(我的话)了吗?

A: This place needs to be cleaned before you leave. **Do you hear me?**

离开之前, 把这里打扫干净, 听见了吗?

B: Yeah. It's impossible not to hear you because you're shouting so loud.

听见了。你说得那么大声, 怎么可能听不见?



美剧
表达

I want an explanation, James, do you hear me? 詹姆士, 我需要一个解释, 明白吗?

Helen, you're history! Do you hear me? 海伦, 你过时了! 知道吗?

You're everything to me, you hear? 你是我的全部, 知道吗?

Did you hear me? I said she is married. 你听明白我的话了吗? 我说她结婚了。

You know what I mean?

1. 知道什么意思了吗? 2. (陈述句) 你也知道的。

释义 This is a way of asking if a person has understood an idea that was expressed by the speaker. It is like asking "Do you understand my idea?"

强化 If you know what I mean,... 如果你明白我的意思……

A: I'd really like to be rich in the future. **You know what I mean?**

我真想将来成为一个富翁, 你明白吗?

B: I think a lot of people dream of having money.
我想很多人都梦想着拥有大量财富。

美剧表达

I need more time. You know what I mean? 我需要更多的时间, 你明白吗?

I had a great time with Jill last night, if you know what I mean. 你也知道的, 昨晚我和吉尔度过了一个美妙的夜晚。

(Do you) Know what I'm saying?

知道什么意思吗? / 你觉得呢?

释义 It asks "Do you understand what I said?"
The speaker wants to know if a person has understood the idea or concept that was expressed.

强化 See what I'm saying? 知道什么意思吗?
If you know what I'm saying? 你明白我在说什么吧?

A: I think we need to get some sleep now. **Know what I'm saying?**

我们得睡会儿了, 明白吗?

B: But I'm not tired enough to go to bed yet.
我还没有累到想要睡觉的程度。

美剧表达

You have to get this done by Friday. Know what I'm saying? 周五之前你要完成它, 明白了吗?

I'm probably gonna be in the mood for dance. You know what I'm saying? 我想跳舞了, 明白吗?

Do you understand what I'm saying? 你听懂我的话了吗?

Do I have to spell it out (for you)? 到底要怎么样你才能明白?

释义 This is a question that asks if someone needs something explained more deeply in order to understand it. It is like asking "Should I say it to you more clearly?"

强化 I have got to spell it out for you. 我来给你仔细解释一下。

A: Why are Bob and Martha looking so sad?
为什么鲍勃和玛莎看起来不高兴?

B: **Do I have to spell it out for you?** They've been arguing.
一定要我说得这么清楚吗? 他俩吵架了。

Are you with me?

1. 理解我的话吗? 2. 你会站在我这边吗? / 你会支持我吗?

释义 This asks "Have you understood me so far?" The speaker wants to know if someone has understood what was said.

强化 We're with you. 我们站在你这边。/ 我们支持你。

A: How are we going to pass this exam?
我们怎样才能通过这次考试呢?

B: We'll just have to study all night. **Are you with me?**
我们得彻夜攻读了, 知道吗?

美剧
表达

Are you with me on this? 听懂了吗?

So are you with me or not? 你站在我这边吗? / 你支持我吗?

I get the point. 我知道什么意思了。

释义 This usually indicates that the speaker has completely understood something. It is a way of saying "I see what you mean."

强化 You take my point? 听明白我的意思了吗?

A: I don't want anyone smoking in this building.
我不希望任何人在这幢楼里抽烟。

B: **I get the point.** I won't do that.
知道, 我不会的。

Do I make myself clear?

听懂我的话了吗? / 理解我的话吗?

释义 This is asking "Have you understood?" The speaker wants to know if everyone has understood something important that was said.

强化 I didn't make myself clear. 是我没有说明白啊。

A: I don't allow cell phones to be used in class.

Do I make myself clear?

上课时间不准使用电话, 听懂我的话了吗?

B: But sir, what if there is an emergency call from my parents?
但是, 老师, 要是父母打过来紧急电话呢?

美剧
表达

Did I make myself clear? I'll say it again.
听明白我的话了吗? 我再说一遍。

I'm going to need a little bit more compensation. Do I make myself clear? 我
需要更多一点儿的补偿, 你明白我的话吗?

Is that clear? 明白我的话吧？/ 知道什么意思吧？

释义 This is similar to previous phrase. It is asking if an important thing the speaker said was understood. It is like asking "Did you understand what I said?"

A: I don't ever want to see you again. **Is that clear?**

我再也不想见到你，听懂了吗？

B: Fine! Here is your engagement ring back.
好啊！拿走你的订婚戒指。

美剧表达

You can't have a vacation this year. Is that clear? 你今年没有休假，听懂了吗？

Get the message? 听懂（什么话）了吗？

释义 This is a somewhat rude and curt way of asking if someone understood something clearly. It means "Do you understand what I said?"

A: Sara, why don't you ever talk to me anymore?
萨拉，你为什么不愿意和我说话了？

B: Because you're a loser. I don't like you. **Get the message?**
因为你是个笨蛋，我不喜欢你，听懂了吗？

Don't you see? 你不知道吗？

释义 Often this is a way of asking a person "Can't you understand?" The speaker may not be sure if someone understands something.

强化 Don't you see how / when S + V? 你不知道……吗？ (= Isn't it clear that S + V?)

A: How are we going to get enough money to buy a house?
我们怎样才能有足够的钱买套房子啊？

B: **Don't you see?** We'll both have to get jobs and save our salaries.
你还不知道吗？我们两个都要工作，积攒工资才行。

美剧表达

This won't help, don't you see? 这不管用，你不知道吗？

I do love you. Don't you see? Don't you understand? You're the love of my life. 我爱你。你不明白吗？不知道吗？你是我的今生挚爱。

This won't help, don't you see? 这起不了什么作用，你不知道吗？

Don't you know? 你不知道?

释义 Usually this expresses surprise that a person doesn't have information. It is similar to saying "I can't believe that you didn't get that information."

A: Have you seen Jenna around the office recently?

你最近在办公室见过珍妮娜吗?

B: **Don't you know?** She had an accident and is in the hospital.

你不知道吗? 她出事故住院了。

More Expressions

- Need I say more? 还需要我再多说吗? / 不用多说你也明白吧?
- Am I getting through on this? 关于这个问题, 你听明白我说的了吗? / 理解我的话了吗?
- Are you catching my drift? 听懂我的话了吗?
- (Do you) Get my drift? 知道什么意思吗? / 理解了吗?

