

成人高等教育公共课系列教材

(专升本·第一册)

# 综合英语教程

总主编 王亚光 本册主编 李 利

Integrated  
Skills  
of  
English

辽宁大学出版社

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辽宁大学出版社

## 图书在版编目(CIP)数据

综合英语教程:专升本.第1册/王亚光总主编;李利本册主  
编. —沈阳:辽宁大学出版社,2010.1  
(成人高等教育公共课系列教材)  
ISBN 978-7-5610-5990-6

I. ①综… II. ①王…②李… III. ①英语—成人教育:高  
等教育—教材 IV. ①H31

中国版本图书馆 CIP 数据核字(2010)第 008990 号

---

出 版 者:辽宁大学出版社

(地址:沈阳市皇姑区崇山中路 66 号 邮政编码:110036)

印 刷 者:沈阳市第二市政建设工程公司印刷厂

发 行 者:辽宁大学出版社

幅面尺寸:185mm × 260mm

印 张:17.75

字 数:310 千字

出版时间:2010 年 1 月第 1 版

印刷时间:2010 年 1 月第 1 次印刷

责任编辑:胡家诗

封面设计:陈景泓 徐澄玥

责任校对:李岱泽

---

书 号:ISBN 978-7-5610-5990-6

定 价:28.50 元

联系电话:024 - 86864452

邮购热线:024 - 86864452

网 址:<http://www.lnupshop.com>

电子邮件:[lnupress@vip.163.com](mailto:lnupress@vip.163.com)

# 前 言

《综合英语教程》作为成人高等教育公共课系列教材之一,是参照原国家教委颁发的《全国成人高等教育英语课程教学基本要求》,结合近年来成人高等教育教学的实际情况,由教学一线教师精心编写的。全套教材由《综合英语教程(专科)》两册和《综合英语教程(专升本)》两册组成。可以供高等学校夜大、函授、高等专科学校、高职高专等院校选用。

《综合英语教程(专升本)》教材具有如下特点:编写目标明确,专门为高等学校成人英语教学量身定做;内容难易适中,满足成人高等教育英语课程教学的基本要求;知识技能并重,符合全国学士学位英语统考课程考试的要求;一线教师执笔,充分考虑课堂教学实际需求。

《综合英语教程(专升本)》第一册词汇总量约为 600 词,每篇课文单词总量控制在 30~40 个左右,适合当前成人教育本科学生水平。每个单元由听力、阅读、语法和轻松时刻等部分组成。听力部分参照高等学校大学英语三级、四级考试的考试题型和难度,旨在提高学生的听力水平;阅读由精读和泛读两个模块组成,是学习词汇和句式结构的核心部分,课文内容尽量做到主题一致,有相关性,课后配备了相关练习题;语法部分则系统介绍了英语语法的基本规则,并配有相应的练习题;轻松时刻精选八首经典诗歌,其内容情趣高雅,可以作为学习的调节。

本教材在选材上侧重内容丰富、主题健康、语言规范、难易适中的文章,选文均出自近年国内外出版的书刊杂志,为适合教学,我们对部分内容做了适当删改。

本系列教材由王亚光担任总主编,负责制定编写方案和编辑体例。本册由李利任主编,参与编写人员有王亚光、李利、李华钰、王欣、李晓光、

张莹、吕冰、李艳龙。尚菲菲老师为本套教材版式设计付出了很多努力。

由于编者水平有限,加之时间紧迫,本套教材一定还有许多不尽如人意之处,恳请使用本套教材的同仁和读者提出宝贵的意见和建议,以便再版时修正。

编 者

2009 年 12 月

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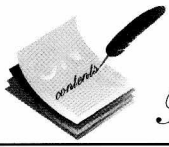


# Unit One



If you raise your children to feel that they can accomplish any goal or task they decide upon, you will have succeeded as a parent and you will have given your children the greatest of all blessings.

—B. Tracy



# Part One Listening

## **Section A**

*Directions : In this section, you will hear 5 short conversations. At the end of each conversation, a question will be asked about what was said. Listen carefully and decide which is the best answer.*

1. A. A public school.  
B. An international college.  
C. The third-largest one in the world.  
D. An independent university in the nation.
2. A. She gets along beautifully with him.  
B. She would do anything if Brown kept loving her.  
C. She regrets having met him.  
D. Everything between them goes smoothly.
3. A. He is a hero.  
B. He tries to be a hero.  
C. He indicates that the woman is crazy.  
D. He never considers himself a hero as the woman thinks.
4. A. On campus.  
B. At a travel agency.  
C. At an accommodation agency.  
D. In a house property company.
5. A. A golf player.



- B. A politician.
- C. A historian.
- D. A philosopher.

## Section B

*Directions : In this section, you will hear a dialogue and 5 questions. Listen carefully and decide which is the best answer.*

- 6. A. Personality and knowledge.  
B. Personality and grades.  
C. Grades and experience.  
D. Knowledge and experience.
- 7. A. Michigan.  
B. New York University.  
C. Columbia University.  
D. Beloit.
- 8. A. Michigan.  
B. New York University.  
C. Columbia University.  
D. Not mentioned.
- 9. A. He is a reporter.  
B. He is a publisher.  
C. He is a football player.  
D. He is a doctor.
- 10. A. Newspaperman.  
B. TV reporter.  
C. Doctor.  
D. Teacher.



**Section C**

*Directions : In this section, you will hear a dialogue 2 times. Listen carefully to fill in the blanks with the exact words you have just heard.*

M: Excuse me, can you show me how to find some books on modern science and technology?

W: Sure. You must be a 11 \_\_\_\_\_.

M: Yes, I am from the 12 \_\_\_\_\_ of Engineering.

W: Welcome to the library.

M: Thanks.

W: Now you can use any of our 13 \_\_\_\_\_ terminals to access our databases.

M: This is my first time in the library I 14 \_\_\_\_\_ if you could possibly show me how to use the computer.

W: No problem. It's easy. You can 15 \_\_\_\_\_ on either the books or the periodicals database. You can also enter the author's name or the title of the book you want. If you don't have either, you can type in the key words.

M: I see. Thank you so much.

W: Anytime.



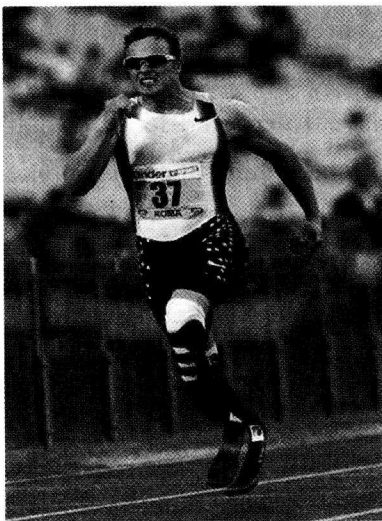
## Part Two Reading

### Intensive Reading

#### Text A We Never Told Him He Couldn't Do It

Pre-reading Questions:

1. What is the limit of your ability?
2. What impact does parents' encouragement have on their children?



When my son Joey was born, his feet were **twisted** upward with bottoms resting on his on his **instep**. As a first-time mother, I thought this looked **odd**, but I didn't really know what it meant. It meant that Joey had been born with **clubfeet**. The doctors **assured** us that with **treatment** he would be able to walk **normally**, but would probably never run very well. The first three years of his life, Joey spent in **surgery**, **casts** and **braces**. His legs were **massaged**, worked and exercised and, yes, by the time he was

seven or eight you wouldn't even know he'd had a problem if you watched him walk.



If he walked great **distances**, like at the **amusement** parks or on a visit 15  
to the zoo, he **complained** that his legs were tired and that they **hurt**. We  
would stop walking, take a break with a **soda** or ice cream **cone** and talk  
about what we had seen and what we had to see. We didn't tell him why his  
legs hurt and why they were weak. We didn't tell him this was **expected due**  
to his **deformity** at birth. We didn't tell him, so he didn't know. 20

The children in our neighborhood ran around as most children do during  
play. Joey would watch them play and, of course, would jump right in and  
run and play too. We never told him that he probably wouldn't be able to run  
as well as the other children. We didn't tell him he was different. We didn't  
tell him, so he didn't know. 25

In seventh grade he decided to go out for the cross-country team. Every  
day he trained with the team. He seemed to work harder and run more than  
any of the others. Perhaps he **sensed** that the abilities that seemed to come  
**naturally** to so many others did not come naturally to him. We didn't tell him  
that although he could run, he probably would always **remain** in the back of 30  
the **pack**. We didn't tell him that he shouldn't expect to make the "team".  
The team runners are the top seven runners of the school. Although the **entire**  
team runs, it is only these seven who will have **potential** to **score** points for  
the school. We didn't tell him he probably would never make the "team" so  
he didn't know. 35

He continued to run four to five miles a day, every day. I'll never forget  
the time he had a 103-degree fever. He couldn't stay home because he had  
cross-country practice. I worried about him all day. I expected to get a call  
from the school asking me to come get him and take him home. No one  
called. 40

I went out to the cross-country training area after school, thinking that if  
I were there, he might decide to **skip** practice that evening. When I got to the  
school, he was running along the side of a long tree-lined street, all alone. I  
pulled up **alongside** of him and drove slowly to keep **pace** with him as he  
ran. I asked how he felt. "Okay," he said. He only had two more miles to 45  
go. As the sweat **rolled** down his face, his eyes were **glassy** from his fever.  
Yet he looked **straight** ahead and kept running. We never told him he  
couldn't run four miles with a 103-degree fever. We never told him. So he



didn't know.

Two weeks later, the day before the second to the last race of the season, the names of the “team” runners were called. He was in seventh grade. The other six team members were all eighth-graders. We never told him he probably shouldn't expect to make the “team”. We never told him he couldn't do it. We never told him he couldn't do it so he didn't know. He just did it.

55

(642 words)

### New Words

<b>twist</b> [twɪst]	v.	扭弯, 扭歪; 扭伤
<b>instep</b> [ˈɪnstɛp]	n.	脚背
<b>odd</b> [ɒd]	adj.	奇特的, 古怪的
<b>clubfoot</b> [ˈklʌbˌfʊt]	n.	弯脚; 畸形足
<b>assure</b> [əʃʊə]	v.	保证, 担保; 使安心
<b>treatment</b> [ˈtriːtmənt]	n.	治疗, 疗法
<b>normally</b> [ˈnɔːməli]	adv.	正常情况下, 通常, 一般说来
<b>surgery</b> [ˈsɜːdʒəri]	n.	外科手术; 外科(学)
<b>cast</b> [kɑːst]	n.	【医】固定用敷料; 石膏
<b>brace</b> [breɪs]	n.	【医学】支架; 支柱, 支持物
<b>massage</b> [ˈmæsɑːʒ, məˈsɑːʒ]	n.	按摩(术), 推拿(法)
<b>distance</b> [ˈdɪstəns]	n.	距离, 路程
<b>amusement</b> [əˈmjuːzmənt]	n.	娱乐, 消遣; 乐趣
<b>complain</b> [kəmˈpleɪn]	v.	诉苦, 抱怨
<b>hurt</b> [hɜːt]	v.	惹起痛苦; 伤害, 伤痛
<b>soda</b> [ˈsəʊdə]	n.	苏打水, 汽水
<b>cone</b> [kəʊn]	n.	圆锥, 锥形物
<b>expect</b> [ɪksˈpekt]	v.	期待, 预期, 预料
<b>due</b> [djuː]	adj.	起因于……, 由于(to)
<b>deformity</b> [diˈfɔːmɪti]	n.	畸形, 残废, 残疾
<b>sense</b> [sens]	v.	感觉到; 觉得
<b>naturally</b> [ˈnætʃərəli]	adv.	生来; 天然地
<b>remain</b> [rɪˈmeɪn]	v.	剩余, 剩下



<b>pack</b> [pæk]	n.	一伙(人)
<b>entire</b> [in'taɪə]	adj.	整个的,完全的,全部的
<b>potential</b> [pə'tenʃəl]	adj.	潜在的;有潜势的
<b>score</b> [skɔ:]	v.	得分,得胜
<b>skip</b> [skip]	v.	跳过,略过
<b>alongside</b> [ə'lɒŋ'saɪd]	adv. & prep.	在……的侧面;与……并排
<b>pace</b> [peɪs]	n.	步速;速度;进度
<b>roll</b> [rəʊl]	v.	卷拢,卷捆,卷起
<b>glassy</b> ['glɑ:si]	adj.	玻璃质的,玻璃状的
<b>straight</b> [streɪt]	adv.	直,直接,一直

## Phrases and Expressions

take a break	休息一下
due to	因为,由于
at birth	在出生时
go out	出去
pull up	停车
keep pace with	跟上,与……同步
roll down	滚落

## Proper Names

Joey [ˈdʒəʊi]	乔伊
---------------	----







## Exercises

### ➤ Reading Aloud

#### I. Read the following paragraph until you can say them from memory.

In seventh grade he decided to go out for the cross-country team. Every day he trained with the team. He seemed to work harder and run more than any of the others. Perhaps he sensed that the abilities that seemed to come naturally to so many others did not come naturally to him. We didn't tell him although he could run, he probably would always remain in the back of the pack. We didn't tell him that he shouldn't expect to make the "team". The team runners are the top seven runners of the school. Although the entire team runs, it is only these top seven who will have the potential to score points for the school. We didn't tell him he probably would never make the team, so he didn't know.

### ➤ Comprehension of the Text

#### II. Answer the following questions.

1. What's wrong with the author's son Joey?
2. What would Joey's parents do if he walked great distances?
3. What did Joey sense when he went out for the cross-country team?
4. Why did the author worry about her son all day?
5. When were the names of the "team" runners called? Was Joey on the list?

#### III. Decide whether each of the following statements is true or false according to the text. Write the letter "T" for true, "F" for false before each statement.

- \_\_\_\_\_ 1. Joey was born with clubfeet.
- \_\_\_\_\_ 2. By the time he was seven, if you watched him walk, you would know he had a problem.
- \_\_\_\_\_ 3. We didn't tell him the weakness of his legs was expected due to his deformity at birth.
- \_\_\_\_\_ 4. He was persuaded to stay at home when he had a 103-degree fever.