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# THE MEMORY OF SHANGHAI

上海老建筑的前世今生

OLD ARCHITECTURE IN SHANGHAI



To me

建筑受到如此普遍而强烈的关注,在我们的经验里还是很少有的事情。上海世博,世界各国各地的场馆无不以最独特和最性格,张扬着各自最响亮的主张。上海,承办如此盛会之际,好整以暇地端出了自己百年来积累的最富国际化,也最有咀嚼意义的老建筑新样貌。本书遴选了沪上58家典型的优秀老建筑改建项目,生动而翔实地表现了偌大上海即"万国建筑博览会"的内涵,在图文并茂地介绍各建筑特点及其新功能的同时,也给读者一个识读上海的文字地图,诚挚希望美丽快乐的阅读也是切身感受美丽快乐的开始。

Today it is a unique experience for us that the arts of architecture are so widely taken into great account for common life. On the occasion of World Expo 2010 taking its presence in Shanghai, varieties of exhibition accommodations with specific nationality features are respectively exclaiming and boasting their distinctive natures and ideals, which is also the case of Shanghai, the host of World Expo 2010. Selected from a large amount of its architecture relics reserved for the past century or so, in this book a total of 58 classical cases, ranging from native traditions to international significations, are deliberately represented with pictured details on both structural and functional focuses, out of which Shanghai, the so famed *Treasury of World Architectures*, is hence interpreted to confirm its relative competences and capacities. Besides the above, for our readers certain kind of vivid and overall impressions on Shanghai, as well as delighted literary experiences, can also be achieved from this book, which is a guide for a live enjoyment in Shanghai.

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LA VILLA ROUGE



#### 宝丽会馆

B'LAVII



宝丽会馆坐落于上海历史风貌保护区湖南路285号,其建筑最早是宋庆龄建造的儿童保育院,历经岁月,在宝丽会馆接手前,这里一共住了27户人家,户均面积只有15平方米左右,整个中庭都变成了水电线间,走廊上搭着简易厨房,原本老洋房的面貌已难以辨认。宝丽会馆接手以后,对整个空间进行了重新规划和设计装修,去除居民生活留下的杂乱痕迹,重现建筑本身的结构美感。根据原建筑的结构,并结合现代生活的需求,新空间共设计出9种不同类型的14间精品客房及套房。其中,不少房间内都拥有超大的度假SPA式浴缸,一楼房间的浴缸则都靠着落地玻璃窗,窗前轻纱浮动,窗外数百平米的花园草坪茵绿,堪称城市中心最华美、幽静的享乐之地。

除了酒店设计和服务特色,宝丽会馆所在的位置也独一无二。湖南路是上海市中心少数不通公交车的街道,保存完好的花园洋房住家大多是身份隐秘的要人,同时又遍布上海稀有的豪宅物业。入住湖南路本身,就犹如置身于一段城市传奇。湖南路所在的街区也是上海的历史文化风貌保护区,附近的安福路、五原路、武康路、复兴西路等街道都是上海城市优雅气质的代表。从湖南路出发,可以深入体验最具特色的城市文化生活。与此同时,宝丽会馆想住客之所想,编制了若干条上海城市漫游路线。从宝丽会馆出发,交通便利,步行、慢跑、骑车或乘车,都有适合的主题路线推荐,比如周边特色咖啡馆、跟着电影游武康路、上海特色老字号等,住客将会在酒店帮助下,获得非同寻常的游城体验。

Located at the No.285, Hunan Road, the site of the B'LAVII once served as a children house sponsored by famous Madam Soong Qingling. Before the B'LAVII opening its business here, there are more than twenty families living inside this mansion. Although the fundamental structures of this site were innovated and refreshed, the historic relic and traces are evidently perceptible here and there. Now under the running and supervision of the B'LAVII, the mansion could provide a total a of 14 pieces of apartments and a huge area for SPA service.

The very venue of the mansion is an unique site in the downtown, Shanghai. Along the Hunan road there are about more than ten private villas inside which many personages live and work. This area can be recognized as a special center for the display of unique social complex of Shanghai. So near the B'LAVII you can also have various experiences by resorting to any other entertainment facilities.

<sup>1.</sup> 幽靜惬意的庭院,让人仿佛忘了这是身处城市中心。 Tranquil courtyard in the downtown of Shanghai.

<sup>2.</sup> 抢眼的中国红,从连通一楼与二楼的架长楼梯到二、三楼的栏杆,很中国,更摩登。 Bright redness and long staircase tell typical Chinese traditional features.



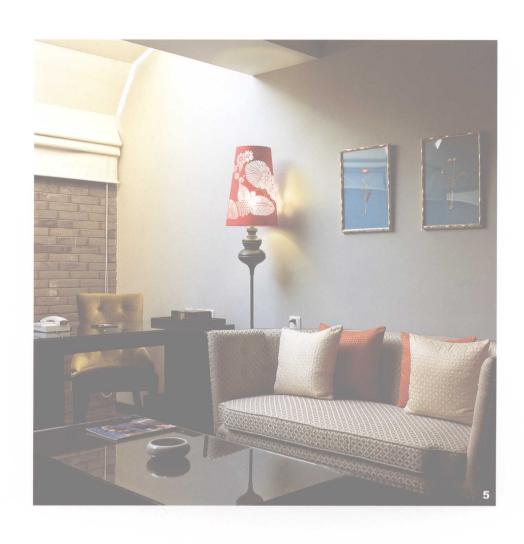




3. 带有阁楼的套间,光线充足,打开门,即是让人豁然开朗的公共区域,中西合璧的细节让人欣喜!

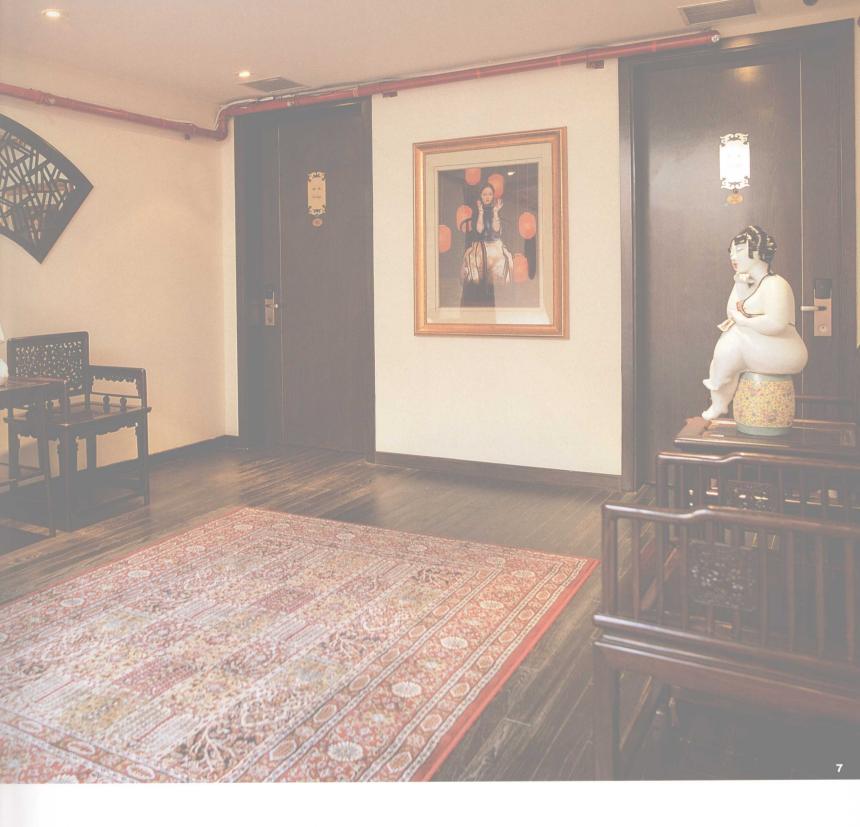
Apartment affiliated with a lofty, and abundant sunshine pervading in the public area.

4. 整个老房子给人极为温暖的感觉,搭配简洁的黑色楼梯,轻盈但不失优雅。 Soft warm pervading in the old room, with black staircase in a primitive style.









5. 简洁但不失色彩的卧室处处透着温馨。

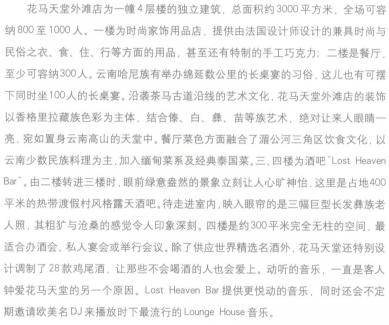
Living room decorated with plain colorfulness.

- 6. 客房的布局合理但不失韵味,体现着酒店所推崇的精致生活态度。 Guesthouse well disposed and equipped, representing the exquisite life.
- 7. 中式家具配上西式的地毯, 生动和谐。

Furnishings in Chinese tastes are well disposed with carpet in western flavor.

### 花马天堂

LOST HEAVEN



整个花马天堂外滩店的装饰艳丽而浓重。总经理尹维恒也是设计师,他向我们坦诚了对于云南的热爱,因此在空间装饰上力求将原汁原味的香格里拉美景展现在人们面前,无论是那些由经典纹样演化来的餐厅靠椅,还是依据少数民族首饰造型放大设计而成的灯具,餐厅及酒吧内的各色装饰都花了他不少的心血。底楼的家饰店更可看出他提升店铺形象的价值诉求,"比起楼上的原汁原味,底层的家饰店更具时尚特色,抽象了的艳丽通过另一种方式诠释了香格里拉。"



Located at Yanan Road, this case is the second location of the hugely popular Yunnan restaurant Lost Heaven. It comes with a large terrace for art shows and a two-floor bar and club, also with a long, lavish balcony. Waltzing up from the restaurant on the second floor, it feels gloriously plush and over the top, but the owners have worked hard to get the details right, too, with not only Yunnan but also Tibetan, Burmese and Thai influences to the decorations.

As to the food services, tamarind is used widely in Yunnan cuisine. The Simmered Vegetable in Tamarind Juice is a new addition to the menu. The vegetable is simmered just right, still rendering it crunchy and the tamarind not overpowering. The Burmese Beef Curry generously flavoured with cinnamon and fennel was very fragrant though a little mild compared to curries from India, Indonesia and Malaysia. Cooked with other Yunnan spices, the bite-sized chunks of beef are soft and tender, with the curry better suited to local and Western taste buds. While the restaurant serves a comprehensive drink list, the Pu'er tea, the common beverage of Yunnan folk, complemented the various dishes well. Lost Heaven features the traditional food of the various ethnic minorities meticulously prepared using unique ingredients and with precious knowledge from Yunnan chefs.

<sup>1.</sup> 花马天堂外滩店的外景。

An view of the Lost Heaven.

<sup>2.</sup> 位于三楼的酒吧 "Lost Heaven Bar"。 The Lost Heaven Bar on the third floor.

