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中学生阅读协会编写组





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前 言

教育部制定的《英语课程标准》的总体目标是培养学生的综合语言运用能力。而综合语言运用能力的形成是建立在学生语言技能、语言知识、情感态度、学习策略和文化意识等素质整体发展的基础上。首当其冲的语言技能中有关阅读目标的量化描述是:除教材外,课外阅读量三级(初一)应累计达到 4 万词以上;四级(初二)应累计达到 10 万词以上;五级(初三)应累计达到 15 万词以上;六级(高一)应累计达到 20 万词以上;七级(高二)应累计达到 30 万词以上;八级(高三)应累计达到 36 万词以上。

与时俱进,我们组织了北京市重点中学有着丰富教学经验的特高级教师,从浩瀚的原文资料中摘录并编写了这套精美的丛书——《轻松系列英语活页阅读》,它让我们在步入英美文化长廊、欣赏着他乡异国优美的文字材料的时候,在阅读实践中提高阅读能力,实现《英语课程标准》所规定的教学要求。我们奉献出的这套丛书是作为主教材之外的课外阅读辅助材料。我们根据学生的年龄特点和认知能力,逐级扩展文化知识的内容和范围,同时依照《英语课程标准》的词汇量要求分成三级至八级六个级别,每一级 100篇,共计 600篇。本套丛书选材较为精美、内容广泛、体裁多样、语言流畅、难度适中,有较强的可读性和较高的实用性。我们遵循英语学习规律,力求使每册书均能以新的视角出现。我们同时在每篇短文后精心设计练习题,命题的原则是贴近中考、会考、高考的阅读能力的考查点,使之在使用中更有信度、区分度。

初中学生使用的三级、四级、五级三册书共选了 300 篇文章。从语言上讲,是逐渐展示各种常用语言现象;从文体上讲,分为叙述文、描写文、说明文、议论文和应用文等者可以中容上进与社目常生活、名人逸事、寓言神话、宇宙星球、广告新等。它贴近学生的接触范围,生动准确,丰富学生,文章的选择既有哲学伦理,又有智力上的创意思维。它融语言教育和文化教育于一书,智慧培养贯彻全套书的始终。本书在使用时有助于培养学生的阅读技能,改进阅读方法,又注意思维方法的培养和阅读能力的提高。

本书的特点:

1. 每级阅读根据词汇量区分,相对独立成册;

- 2. 以活页形式排版,便于教师在课堂上指导做限时阅读,以培养学生快速阅读、攫取信息的能力;
- 3.《五级阅读理解能力训练》把注释词都放在文章的后面,目的是不让 提示中的中文干扰学生的思路,同时有助于培养学生从上下文中猜词义的 能力。

本套书由于编写时间紧,难免会出现不尽如人意的地方,请指正。

中学生阅读协会编写组



の姓名

A friend's grandfather came to America from Eastern Europe. After being processed at Ellis Island, he went into a cafeteria in lower Manhattan to get something to eat. He sat down at an empty table and waited for someone to take his order. Of course nobody did. At last, a woman with a plate full of food sat down opposite him and told him how a cafeteria worked.

"Start out at the end," she said, "Just go along the line and pick out what you want. At the other end they'll tell you how much you have to pay."

"I soon learned that's how everything works in American," the grandfather told a friend. "Life is like a cafeteria here. You can get anything you want only if you are willing to pay the money. You can even get success, but you'll never get it if you wait for someone to bring to you. You have to get up and get it yourself."

注:process 办理(入境检查); cafeteria 自助餐厅; willing 愿意

根据短文内容选择正确答案:

- 1. Which is the best title for the text?
 - A. From Eastern Europe to America.
 - B. Life is Like a Cafeteria in America.
 - C. How to Eat in a Cafeteria.
 - D. Eating in an American Cafeteria.
- 2. Maybe the old man came from ____
 - A. Poland(波兰)

B. Australia

C. Canada

- D. Egypt (埃及)
- 3. From the text, we know if you want to get success in America, you should
 - A. get help from your friends
 - B. Know how a cafeteria works
 - C. get up again if you fail
 - D. Try to get it by yourself











Donald was not very good at math.

He could not understand the teacher's explanations.

の姓名

Even when the teacher explained something a second time, Donald still could not understand it.

"Never mind," Donald told himself. "I'm quite good at other subjects.

I'll cheat in the math exam, then I won't be in trouble."

"I'll sit next to the boy who's best at math," he thought, "And copy down his answers."

The day of the exam came, and Donald sat next to Brian Smith, who was always at the top of the class in math.

Donald carefully copied Brian's answers on to his own exam paper.

At the end of the exam, the teacher collected the papers and graded them.

Then she said, "Well, boys and girls, I've decided to give a prize to the student who got the highest grade. It's difficult for me to decide whom to give the prize to, however, because two students, Donald and Brian, got the same grade."

"Let them share it," one of the other students said.

"I've thought about that," the teacher said, "But I've decided to give the prize to Brian."

Donald was angry when he heard this. He stood up and said, "That's not fair. I got the same grade as Brian."

"That's true," the teacher said. "However, Brian's answer to Question 18 was 'I don't know'. Yours was 'Neither do I'."

- 1. Donald decided to cheat in the math exam because _____
 - A. he was always at the top of the class in math
 - B. he understood the questions
 - C. he was not very good at math
 - D. the math teacher did not explain the questions carefully
- Donald got a high grade in math because _____.







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	A. the teacher explained the questions carefully
	B. math was his best subject
	C. the questions were easy
	D. he copied from another boy
3	. Donald got the same grade as Brian because
	A. both boys were good at math
	B. Donald cheated
	C.Brian copied Donald's answers
	D. the questions were very easy
4.	The teacher knew it was Donald who cheated because
	A. his answers were the same as Brain
	B. he wrote: "I don't know." as an answer
	C. he got the same wrong answers as Brian
	D. he wrote the words "Neither do I"
5.	In the end, we can learn that
	A. both Brian and Donald won the prize
	B. neither of Brian and Donald won the prize
	C. Brian won the prize

D. Donald won the prize

OUMEI Middle School Changping, Beijing May 2nd, 2003

Dear James,

How are you getting on with your studies?

の姓名

It's Saturday today. I'm sitting at the desk. I'm writing a letter to you. I'm going to tell you about things in Beijing.

Beijing is different from London. In our country cars drive on the left side of the road, but here cars drive on the right side. Most people go to work by bus or by bike. The rush hours are from six to eight in the morning and five to seven in the afternoon. People in China work eight hours a day, five days a week. They usually begin the day's work at eight in the morning, and rest on Saturday and Sunday.

I have Chinese classes every morning from Monday to Friday. The students in our class are from many countries. We're all working hard and friendly. The Chinese students are ready to help us with our lessons, we also help them a lot with their English. We're getting along very well.

That's all for today. Please write to me soon.

Yours, Elizabeth

注:rush hours 高峰时间

A. America.

- 1. Where does Elizabeth stay now?
 - - C. China. B. England.
- D. France.
- 2. People drive cars on _____ in London.
 - A. the same side in Beijing as
 - B. the left side of the road
 - C. the right side of the road
 - D. both sides of the road









	在一个人,我们就是一个人的时候,我们就是一个人的时候,我们就是一个人的时候,我们就是一个人的时候,我们就是一个人的时候,我们就是一个人的时候,我们就是一个人的时
3.	How long do the rush hours in a day in Beijing usually last?
	A. They last two hours.
	B. They last three hours.
	C. They last over five hours.
	D. They last about four hours.
4.	In Elizabeth's class, students do not have Chinese classes
	A. at weekends
	B. except Sunday
	C. on weekdays
	D. every morning
5.	In China people work a week.
	A. from six to eight o'clock
	B. from Monday to Saturday
	C. from morning to night

D. from Monday to Friday



●姓名

Students in many countries are learning English. Some of these students are small children. Others are teenagers. Many are adults. Some learn at school, others by themselves. A few learn English by hearing the language over the radio, on TV, or in films. One must work hard to learn another language.

Why do all these people want to learn English? It is difficult to answer this question. Many boys and girls learn English at school because it is one of their subjects required (要求) for study. They study their own language and maths and English. Some people learn it because it is useful for their work. Many people learn English for their higher studies, because at college or university some of their books are in English. Other people learn English because they want to read newspapers or magazines in English.

根据短文内容选择正确答案:

5. Which of the following is right?

1.	Teenagers, adults and	learn English.	
	A. workers	B. farmers	
	C. children	D. people	
2.	People learn English		
	A. at schools	B. over the radio	
	C. on TV	D. not all in the same way	
3.	3. Different kinds of people want to learn English		
	A. together with other subject	s	
	B. for different reasons		
	C. for their work		
	D. for higher studies at college	es	
4.	4. From this passage we know that		
	A. we can learn English easily	•	
	B. English is very difficult to learn		
	C. English is learned by most people in the world		
	D. English is a useful languag	e but one must work hard to lear	











A. We don't need to learn any foreign languages.

- B. We can do well in all our work without English.
- C. English is the most important subject in schools.
- D. We should learn English because we need to face the world.



の姓名

	TV PROGRAMMES					
Channel 1		Channel 2				
18:00	Around China	17:15	Computers today			
18:30	Children's programme	18:10	Foreign arts			
19:00	News	18:30	English classroom			
19:30	Weather report		Animal world			
19:40	Around the world	19:25	China 2002			
20:10	TV play; Sisters	20:20	Sports			
21:00	English for today	21:00	TV play; Guo Lanying			
21:15	Popular music	21:45	English news			
21:55	Talk show	22:05	On TV next week			
		1				

- 1. If you want to know something about Japan, which of the following programmes would be the best one?
 - A. Weather report.
 - .B. China'2002/6/21.
 - C. Around the world.
 - D. Animal world.
- 2. You are a basketball fan. You may watch TV at _
 - A. 19:00 Channel 2
 - B. 19:40 on Channel 1
 - C. 20:20 on Channel 2
 - D. 21:15 on Channel 1
- 3. How long does the TV play "Sisters" last?
 - A. 30 minutes.
 - B. 50 minutes.









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Passage 5

- C. 90 minutes. D. 120 minutes. 4. You can watch the _____ programmes if you want to learn English on TV. A. News in English B. English classroom C. English for today D. All the above 5. Tom likes playing computer games, he often watch _____ on _ A. 17:15 computers today, Channel 2 B. 21:00 English for today, Channel 1
 - C. 21:15 Popular music, Channel 1
 - D. English news, Channel 2

◎姓名



Yesterday was Sunday. Tom's grandpa decided to take Tom to the forest. They set out very early. Mother gave them a basket of food and said, "Now don't forget to have breakfast at eight and lunch at one. I want you to come back home by six." As they walked along, Tom suddenly stopped and asked, "How can we tell what time it is in the forest without a watch?"

Grandpa laughed, "Don't worry. We'll be told by the flowers." Tom was surprised.

"Each flower opens its petals at a certain time. It folds them up again, at a certain time, too. Look!"

Grandpa pointed to a pool, "Those are water lilies. They wake up at eight o'clock every morning and open their petals to the sun."

That meant it was time for breakfast. Then they walked on. Time flew quickly in the forest. They had lunch and walked on again. Then Grandpa said, "It's time to start back home. Look, the water lily is folding its petals. That means it's after four o'clock." On the way home Grandpa said, "Next year, we'll plant a flower clock in our garden."

注:petal 花瓣; fold 合拢; lily 百合花

1. Tom's grandpa decided to take Tom to		
	A. the garden	B. the zoo
	C. the forest	D. the hill
2.	Mother asked them to come back	k home
	A. at seven	B. after lunch
	C. by six	D. before supper
3.	Grandpa could tell the time by _	•
	A. the sun	B. flowers
	C. watch	D. food
4.	They had in the forest.	
	A. one meal	B. only breakfast







C. two meals

- D. only lunch
- 5. When water lilies open their petals to the sun, it's _____
 - A. four o'clock in the afternoon
 - B. time to go back
 - C. eight o'clock in the evening
 - D. time for breakfast



の姓名

Stamps for the White Olympics

The Winter Olympics is also called the White Olympics. At this time, many colourful stamps are published to mark the great Games. The first stamps marking the opening came out on January 25, 1932 in the United States for the 3rd White Olympics. From then on, publishing stamps during the White Olympics became a rule.

During the 4th Winter Olympic Games a group of stamps were published in Germany in November 1936. The five rings of the Olympic were drawn on the front of the sportswear. It was the first time that the rings appeared on the stamps of the White Olympics.

In the 1950s, stamps of this kind became more colourful. When the White Olympics came, the host countries as well as the non-host countries published stamps to mark those Games. China also published four stamps in February 1980, when Chinese sportsmen began to take part in the White Olympics.

Japan is the only Asian country that has ever held the White Olympics. Altogether 145 million stamps were sold to raise money for this sports meet.

Different kinds of sports were drawn on these small stamps. People can enjoy the beauty of the wonderful movements of some sportsmen.

注:published 发行; countries 东道主; raise 筹集

- The White Olympics and the Winter Olympics
 - A. are the same thing
 - B. are different games
 - C. are not held in winter
 - D. are held in summer
- 2. The world made it a rule to publish stamps to mark the great world Games
 - A. after the year 1936
 - B. after the 3rd White Olympics





