



附赠DVD一张

吉他流行技巧 与练习



TIPPS
TRICKS
& LICKS

米夏埃尔·郎格 专辑
Michael Langer SPECIAL



现代吉他演奏教程
清晰地讲解
Modern guitar playing methods
clearly explained

12首从简单到中级难度的
吉他独奏作品
12 easy to moderately difficult compositions
for solo guitar

Doblinger
奥地利
道布林格音乐出版社
提供版权

SMPH
上海音乐出版社
WWW.SMPH.SH.CN

图书在版编目(CIP)数据

吉他流行技巧与练习 / 米夏埃尔·郎格编著.

—上海：上海音乐出版社，2009.11

ISBN 978-7-80751-561-6

I . 吉… II . 米… III . 六弦琴—奏法 IV . J623.26

中国版本图书馆 CIP 数据核字 (2009) 第 171916 号

书名：吉他流行技巧与练习

编著：米夏埃尔·郎格

出品人：费维耀

责任编辑：陶 天

音像编辑：李 林

封面设计：陆震伟

印务总监：李霄云

上海音乐出版社出版、发行

地址：上海市绍兴路 74 号 邮编：200020

上海文艺出版总社网址：www.shwenyi.com

上海音乐出版社网址：www.smpsh.sh.cn

电子信箱：smpshmail@163.com

印刷：上海文艺大一印刷有限公司

开本：640 × 978 1/8 印张：7 乐谱 56 面

2009 年 11 月第 1 版 2009 年 11 月第 1 次印刷

印数：1—3,000 册

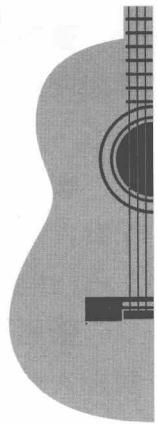
ISBN 978-7-80751-561-6/J · 511

定价：28.00 元（附 DVD 一张）

告读者：如发现本书有质量问题请与出版社联系

电 话：021-64310542

吉他流行技巧 与练习



TIPPS
TRICKS
& LICKS

米夏埃尔·郎格 专辑
Michael Langer SPECIAL



本书将向你展示如何演奏现代吉他独奏曲。书中包含12首从简单到中级难度的独奏曲，每首曲子都配有简明扼要的说明文字，帮助你理解乐曲的背景和创作意图。

现代吉他 Modern guitar
演奏教程 playing methods
清晰地讲解 clearly explained

12首从简单
到中级难度的
吉他
独奏作品
12 easy to
moderately difficult
compositions
for solo guitar

米夏埃尔·朗格

他是一个懂得如何将民间音乐、布鲁斯、爵士乐和拉丁音乐融合在一起，从而形成自己独特风格的维也纳吉他演奏家和作曲家。作为一个音乐家，他曾获得“美国指弹吉他音乐节”的一等奖，同时还被《吉他演奏家》杂志称为“杰出的木吉他指弹演奏家”。

作为一名教师（米夏埃尔·朗格在位于林茨市的布鲁克纳音乐学院和维也纳音乐学院担任古典吉他的指导），他从事教育以及流行音乐和古典吉他的教学已经许多年了。

更多关于他的书籍、音像、音乐会以及工作室的信息请浏览他的网页：
www.michaellanger.at

This Viennese guitarist and composer understands how to blend Folk, Blues, Jazz, and Latin elements into a definitive personal style. As a musician, he won First Prize in the American Fingerstyle Guitar Festival, and was credited by Guitar Player magazine with the title "Best Acoustic Fingerstyle Guitarist".

As a teacher (Langer leads classes for classical guitar at the Bruckner Conservatory in Linz and at the Conservatory in Vienna), he has been occupied for several years with the didactics of classical guitar and popular music.

More information about CDs, books, concerts, and workshops at his home page:
www.michaellanger.at

© 2005 by Ludwig Doblinger (Bernhard Herzmansky) KG, Wien-München
© 2009 by Shanghai Music Publishing House

设计和注释：米夏埃尔·朗格 (Michael Langer)
中文翻译：阳军
英文翻译：诺曼·梅瑞姆斯 (Norman Merems)

DVD:
摄影和编辑：菲利克斯·瓦格纳 (Felix Wagner)
吉他示范：米夏埃尔·朗格
2004年11月录制于维也纳

目 录 /Contents

手掌闷音/Palm Mute	4
《理发师拉格》/Hairdresser's Rag	
出音法/Articulation	5
《她疯狂洗牌》/Her Shuffling Madness	
复调/Polyphony	6
《库尔特布鲁斯》/Blues for Kurt	
复合节奏/Polyrhythms	7
《拜奥布鲁斯》/Baiāo in Blue	
装饰音/Ornaments	8
《离开利物浦》/The Leaving of Liverpool	
手指预置/Sequential Planting	10
《摇滚练习曲》/Rock-Etude	
力度/Dynamics	12
《黄油和苍蝇》/Butter & Fly	
重音模式/Groovy Lines	13
《放轻松》/Be Easy	
拇指敲奏/Thumb Percussion	14
《灵活的酷猫》/Cool Cat Snap	
强奏敲击/Backbeat Percussion	15
《推 动》/Drive By	
单指敲奏/One-Finger Percussion	16
《有些地方很低》/Some Place Low Enough	
手指预置与幽灵音符/Ghost Notes with Sequential Planting	18
《胡椒与烧酒》/Pepper & Corn	
DVD目录	48
	50
	52
	54
五线谱	5
吉他六线谱	6
五线谱	7
吉他六线谱	8
五线谱	10
吉他六线谱	12
五线谱	13
吉他六线谱	14
五线谱	15
吉他六线谱	16
五线谱	18
五线谱	20
吉他六线谱	22
五线谱	24
五线谱	26
吉他六线谱	27
五线谱	28
五线谱	30
吉他六线谱	31
五线谱	32
五线谱	33
吉他六线谱	34
五线谱	36
五线谱	38
吉他六线谱	39
五线谱	40
五线谱	41
吉他六线谱	43
五线谱	44
五线谱	45
吉他六线谱	46
五线谱	47
五线谱	48
吉他六线谱	50
五线谱	52

手掌闷音 Palm Mute

诀窍/TRICK

在琴码上闷音

提示/TIPP

通过手掌的大鱼际部分对低音弦进行制音，你就可以获得手掌闷音的效果。

这种技巧可以使你在较高音和较低音之间获得一种不同的音色。

在许多吉他的拉格泰姆音乐中，其低音声部（乐谱上：音符的符干向下）通常是弹奏最低的三根琴弦；高音声部（符干向上）弹奏三根高音弦。例如：D大和弦和D小和弦以及相邻和弦，其中交替的低音常常要求弹奏第三弦（请看《理发师拉格》的第二行和第四行乐谱）。

在钢琴的拉格泰姆音乐中，各声部必须保持必要的独立性：钢琴演奏者的左手以四分音符的时值均匀弹奏低音（=吉他弹奏者的拇指）；其右手则弹奏具有强烈切分感觉的旋律（吉他弹奏者的食指、中指和无名指）。

努力将手准确地放在琴码上，右手以细微的动作对低音弦进行制音时，其他的高音弦还能继续保持自由的振动发音。这种不同音色的结合让人感觉仿佛是两件乐器在同时演奏。

还有一个让人愉悦的效果：缩短低音的时值（首先是开放的空弦）。持续的长音不再必须由左手控制了。

在DVD中，我弹奏第一部分（开始的四行乐谱）时运用了手掌闷音技巧，第二部分则没有。

Damping the strings at the bridge

With the Palm Mute effect, you damp the bass strings with the ball of the hand.

This results in a difference in tone color between the upper and lower voices.

The lower voice (in the music: note stems pointing down) of many guitar rags is played on the three lower strings; the upper voice (note stems pointing up) is played on the three higher strings. Exception: D major and D minor and neighboring chords, where the alternating bass is often played on the 3rd string (see lines 2 and 4 of Hairdresser's Rag).

The musical origin and model for the necessary independence of voices is the piano ragtime: the pianist's left hand plays quarter-note basses on the even-numbered beats (=guitarist's thumb); his right hand plays the strongly syncopated melody (guitarist's index, middle, and ring fingers).

Try to place the ball of your hand so precisely on the bridge that the lower strings are slightly damped, but so that the upper strings can vibrate and sound freely. The different tone colors (timbres) give the impression of two instruments playing together.

An agreeable secondary effect: the bass notes sound shorter (above all on the open strings). The prolonged sound no longer has to be controlled by the left hand.

On the DVD I play the first part (first four lines) with Palm Mute, the second part without damping the basses.

片段/LICK



片段 1

手掌闷音 -----

理发师拉格/Hairdresser's Rag

献给Andi

拉格泰姆-弹奏/Ragtime-Picking

米夏埃尔·朗格



$\text{♩} = \frac{3}{8}$

1 手掌闷音 -----

I. I. 2# 3 2 1# 2 -----

I. I. 3 2 1# 2 -----

放开**) -----

I. I. 4 3 2 1# 2 -----

I. I. 3 2 1# 2 -----

I. 4 3 2 1# 2 -----

*) * = 制音记号: 3指触碰第4弦进行制音。

Damping sign: the 3rd finger touches the 4th string and damps it

**) 放开 = 停止制音, 将右手手掌的大鱼际部分从琴弦上移开。(大鱼际就是大拇指根下的那块肌肉——译者注)

End of the palm mute effect, lift the ball of the hand from the strings again.

理发师拉格/Hairdresser's Rag TAB

拉格泰姆—弹奏/Ragtime-Picking

米夏埃尔·朗格

The tablature consists of six horizontal staves, each representing a guitar string (T, A, G, E, D, B from top to bottom). Each staff has six vertical columns representing six beats. Fret numbers (1-4) are indicated above the strings, and pick direction arrows are shown below them. Slurs and grace notes are also present. The first staff includes a note about "手掌闷音" (palm muting).

*) * = 制音记号：3指触碰第4弦进行制音。

Damping sign: the 3rd finger touches the 4th string and damps it

**) 放开 = 停止制音，将右手手掌的大鱼际部分从琴弦上移开。

End of the palm mute effect, lift the ball of the hand from the strings again.

出音法 Articulation

与古典音乐中的术语相同:

Familiar terms from classical music:

— Legato

连奏，音符间
平滑的连接/
smooth and
connected

• Staccato

断奏，短促而清楚的发音，
音与音之间完全断开/
notes short and clearly
separated from each other

• Portato

断连奏，稍微持续 –
处于连奏和断奏之间/
sustained – between
legato and staccato +
accent

> Akzent

重音，强调重音/
emphasis

练习 EXERCISE



EXERCISE

诀窍/TRICK

幽灵音符：类似敲击的效果

提示/TIPP

制造一个无确切音高的音符（来自流行音乐）。

标记“”（六线谱：括号中的数字）标示了弹奏的位置。
手指轻轻触碰琴弦，但并不将弦按在指板上；右手正常弹奏。
其结果就是产生出一种接近其音高的敲击音色。

片段2展现了如何在旋律中穿插魔鬼音符的技巧。

Ghost Notes: Percussive Effect

Articulation possibility (from pop music) for an unaccented note.

The symbol  (Tablature: number in brackets) shows the playing position. The playing finger does not press the string onto the fingerboard but only touches it lightly; the right hand plays normally. The result is a percussive sound of the approximate pitch.

Lick 2 shows how one can insert Ghost Notes into a melody.

片段/LICK

片段 2

她疯狂洗牌/Her Shuffling Madness

古老的摇摆乐/Old Swing

米夏埃尔·朗格

The sheet music consists of six staves of musical notation, likely for a single instrument like a piano or guitar. The notation includes various note heads, stems, and rests, with several grace notes indicated by small 'x' marks. Measure numbers are present above the first and second staves. The key signature changes frequently, including major and minor keys with different sharps and flats. The time signature is mostly common time (4/4). The music features dynamic markings such as '>' (forte) and '<' (piano), as well as performance instructions like 'i m >' and 'L.' (ritenando).

I.

1.

2.

3.

4.

5.

6.

II.

1.

2.

3.

4.

5.

6.

7.

她疯狂洗牌/Her Shuffling Mandness TAB

古老的摇摆乐/Old Swing

米夏埃尔·朗格

The tablature consists of six horizontal lines representing the strings of a mandolin. The top line is labeled '音乐' (Music) and features a rhythmic pattern with a bracketed '3' above it. The subsequent five lines are labeled T, A, B, T, A, B from top to bottom. Each line contains a series of vertical tick marks indicating the position of each fret. Fingerings are written above the strings: (2), 1, 0, 0; (2), 1, 0, 0; 2, 0, 0; 0, 2, 0; 0, 0, 3. Performance techniques include slurs, grace notes (indicated by small numbers like 3, 2, 1 above the main note), and dynamic markings (>, =, -). Measure lines separate the sections of the tablature.

1. T 1 A 3 B (3) 3 (3) 1 (3) 3 (3) 1 (3) 3 (3) 1 (3) 3 (3) 2 3 2 1

2. T 3 A 1 B 1 0 0 3 0 2 1 2 3 2 1 4 (2) 1 (2) 3 (2) 1

3. T 4 A 2 B 2 4 4 4 4 4 4 4 4 4 3 1 0 1 (2) 1 0 ~ 0 (3) 0 3

4. T 2 A 0 B 1 0 0 3 0 (2) 1 0 ~ 0 4 3 1 0 (2) 1 0 ~ 0 0 3

5. T 2 A 3 B 0 2 1 0 ~ 0 0 0 2 0 2 0 2 1 0 ~ 0 2 3 2 1 0 2 1

6. T 1 A 1 B 0 1 2 0 3 4 : 3 2 4 1 0 1 2 0 2 3 2 1 0 2 1

复 调 Polyphony

诀窍/TRICK

两个在节奏和旋律上均保持各自独立性格的声部

提示/TIPP

在类似《库尔特布鲁斯》的二声部作品中，如果你以一个主奏吉他的感觉来弹奏旋律，同时以另一个贝司的感觉来弹奏低音线条，那么音乐就会显得很有生气。如果所有的旋律都有其各自的旋律特点（经常用连线指示，例如第3、4小节），那么真正的挑战就来了。

首先要分别练习旋律和低音线条，思考如何在同时弹奏它们时，发挥它们各自最大的表现力（出音法、力度），然后同时弹奏两个声部。在弹奏一个声部的同时唱着另一个声部也是一个很好的练习方法。复调显然对你的听觉有更加苛刻的要求；你不仅要同时弹奏它们，而且还要同时听到它们。

Two voices with rhythmically and melodically independent voices

The music in a two-voiced piece such as „Blues for Kurt“ becomes lively if you play the melody like a lead guitarist and the bass line like a bass guitarist would play it. If both voices have melodic characters (always indicated with slurs, e.g. bars 3 and 4), this quickly becomes a real challenge.

First learn the melody and bass line separately, and discover how you can play each one alone with the most expression (articulation, dynamics). Then put the two voices together again. A very good practice method is the simultaneous singing of one voice and the playing of the other. It clearly appears that polyphony is actually an ear-training; you have to be able not only to play both voices together, but also to hear them both.

练习

EXERCISE

片段/LICK



片段
3

库尔特布鲁斯/Blues for Kurt

献给Konrad Ragossnig

13

音乐

$\text{♪} = \text{♪}^3 \text{♪}$

米夏埃尔·朗格

The sheet music consists of eight staves of musical notation for a wind instrument, likely a recorder. The key signature is A major (no sharps or flats). The time signature varies between common time and 3/4 time. The music features various note heads (circles, squares, triangles) and stems, with slurs and grace notes. Fingerings are indicated below the notes, such as '3' above a note, '1#>' below a note, and '2-2' above a note. Articulation marks like 'sl.' (slur) and dynamic markings like 'p' (piano) are also present. The music is divided into measures by vertical bar lines.

库尔特布鲁斯/Blues for Kurt TAB

米夏埃尔·朗格

The tablature consists of six horizontal staves, each representing a string of a six-string guitar. The strings are labeled T (top), A, B, G, D, and E (bottom). Fret numbers are indicated above the strings, and vertical tick marks below the strings indicate where to press the strings. The first staff includes a small diagram at the top left showing a eighth-note followed by a sixteenth-note, with a bracket above it labeled '3'.

Staff 1: Shows a sequence of open strings and fretted notes. It includes a grace note (open string) before the first note, and several slurs and grace notes throughout the measure.

Staff 2: Shows a sequence of open strings and fretted notes. It includes a grace note (open string) before the first note, and several slurs and grace notes throughout the measure.

Staff 3: Shows a sequence of open strings and fretted notes. It includes a grace note (open string) before the first note, and several slurs and grace notes throughout the measure.

Staff 4: Shows a sequence of open strings and fretted notes. It includes a grace note (open string) before the first note, and several slurs and grace notes throughout the measure.

Staff 5: Shows a sequence of open strings and fretted notes. It includes a grace note (open string) before the first note, and several slurs and grace notes throughout the measure.

Staff 6: Shows a sequence of open strings and fretted notes. It includes a grace note (open string) before the first note, and several slurs and grace notes throughout the measure.

诀窍/TRICK

同时弹奏两种（甚至更多）具有独立性格的节奏

Simultaneous playing of two (or more) independent rhythms

提示/TIPP

拜奥是一种源自巴西东北部的音乐形式。你可以很清楚地看到其低音表现为3-3-2的节奏特点，同时高音声部是八分音符规则的持续运动。



当低音和旋律为不同节奏时，前面介绍的首先分别练习这些不同的节奏并熟练掌握它们的方法在这里同样有效，然后再将它们放在一起弹奏。

Baião is a musical style from northeastern Brazil. You can easily recognize the basic rhythm 3-3-2 in the bass, while the upper voice moves in regular eighth-notes.

When the bass and melody have different rhythms, it again makes sense to practice these rhythms separately and to bring each one to "groove". Then put the two voices together again.

Upper voice: You can produce the staccato best with your right hand by quickly returning the fingers to the strings. The predominant eighth-notes receive a clear accent.

练习

EXERCISE

低音声部：这是拜奥音乐中的一种基本节奏型。三个位于D弦上的音符必须和Surdo（一种巴西鼓）同时发声。可将前两个八分音符弹奏得短促些，第三个八分音符弹成时值稍长的重音。

Lower voice: This is the basic rhythm of the Baião. The three notes on the D-string should imitate the sound of the surdo, a Brazilian bass drum. Play the first two basses rather short, the third long and with an accent.

练习

EXERCISE

片段/LICK

